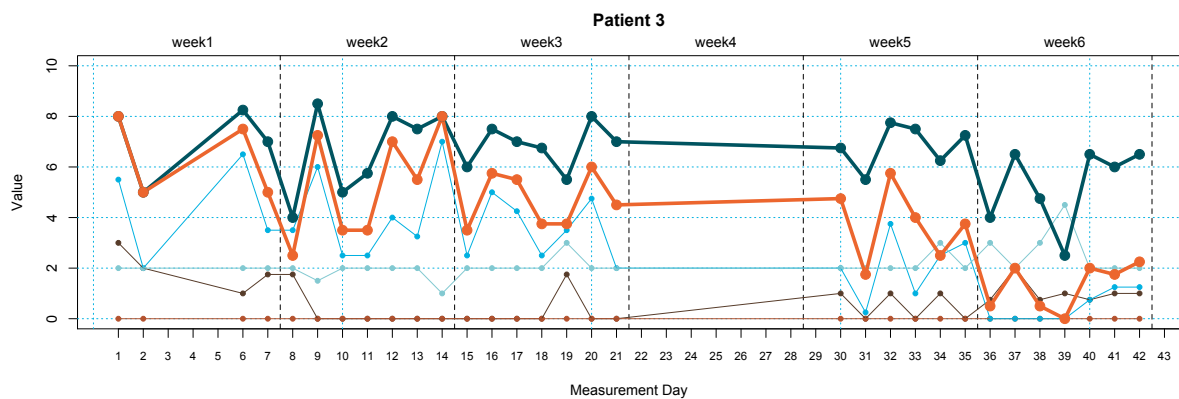
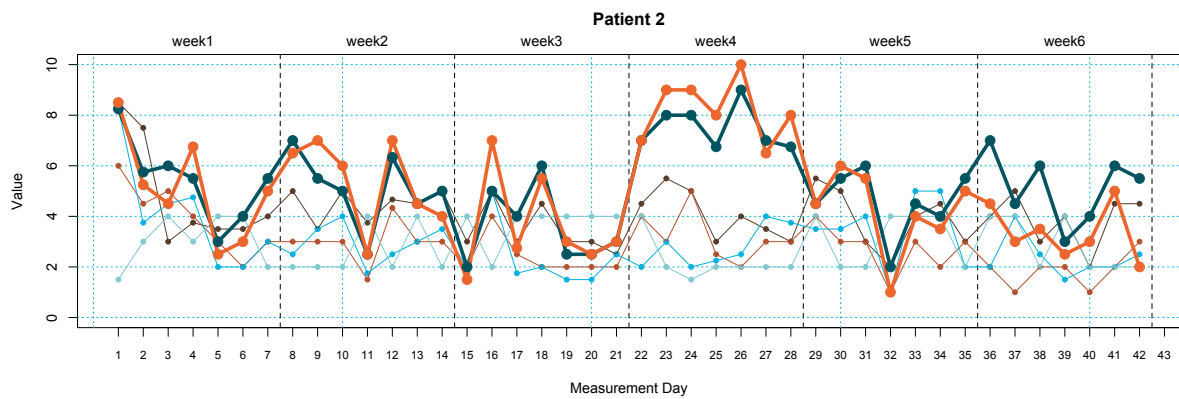
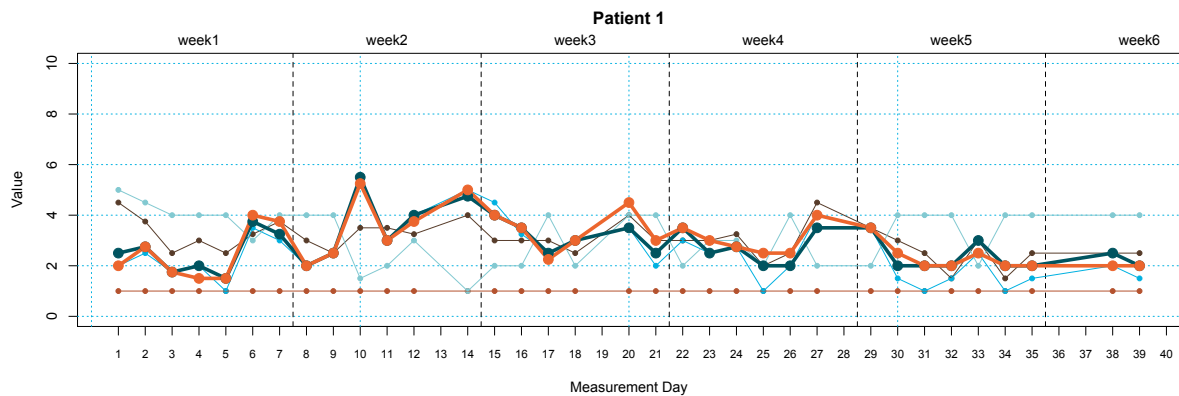
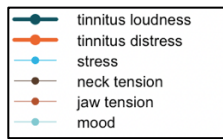
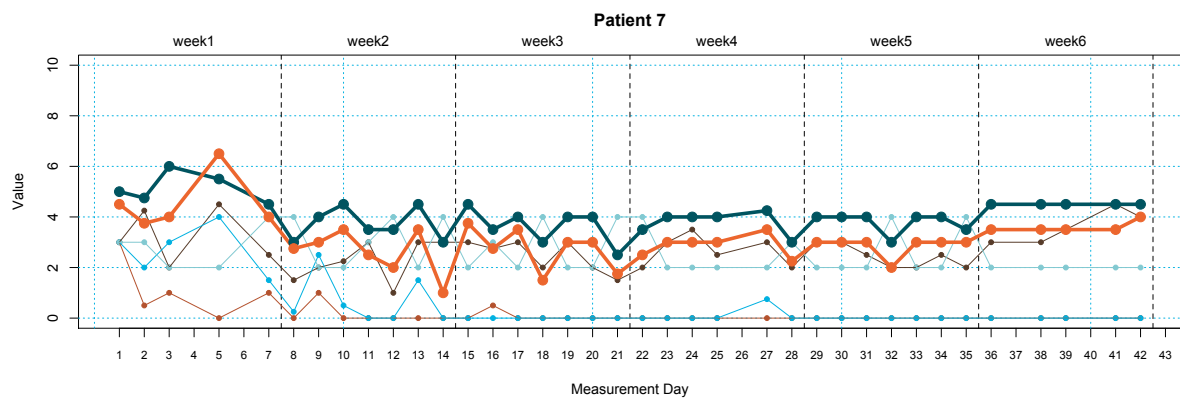
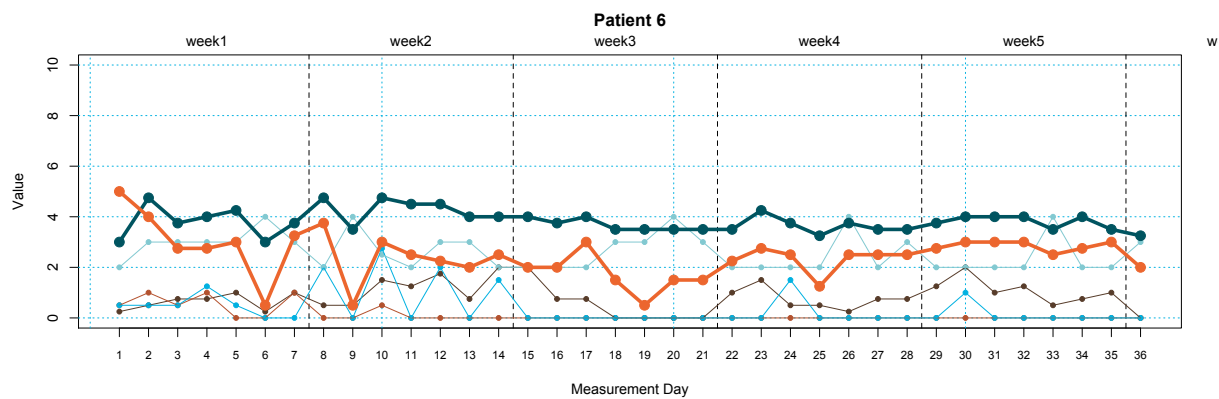
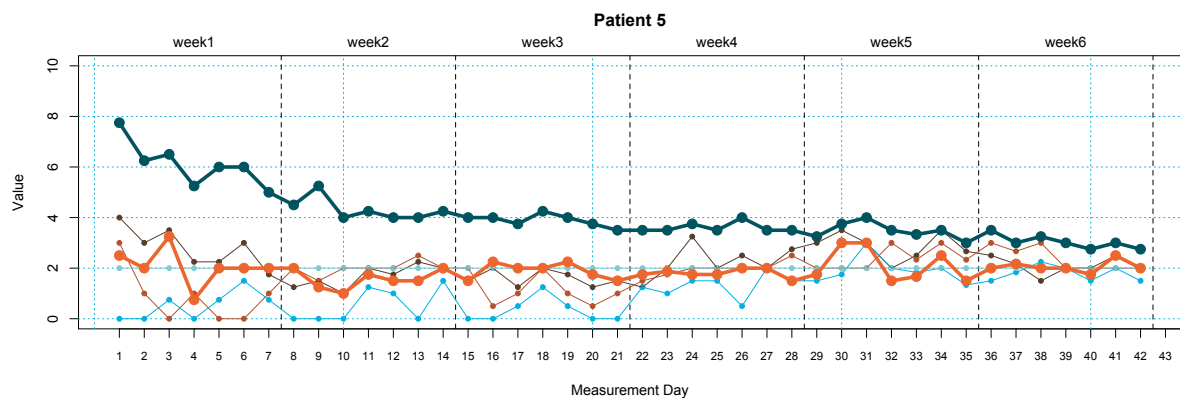
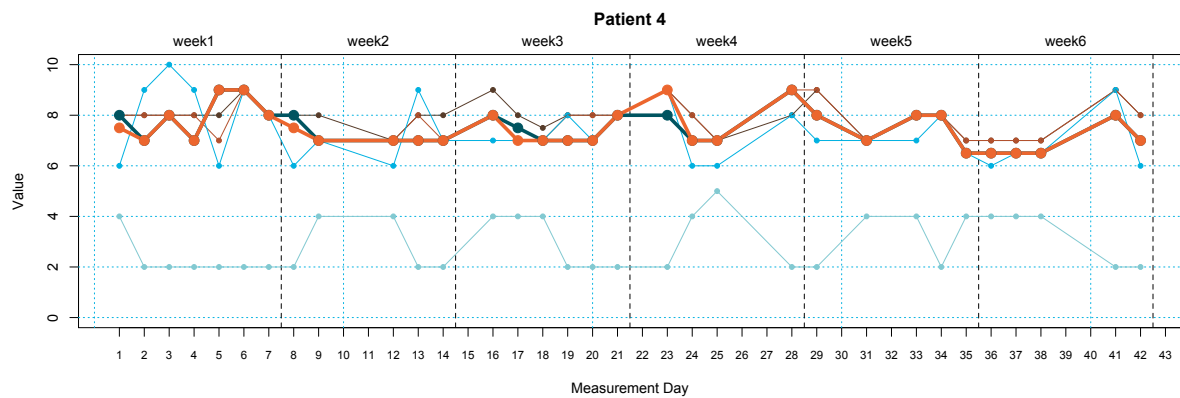
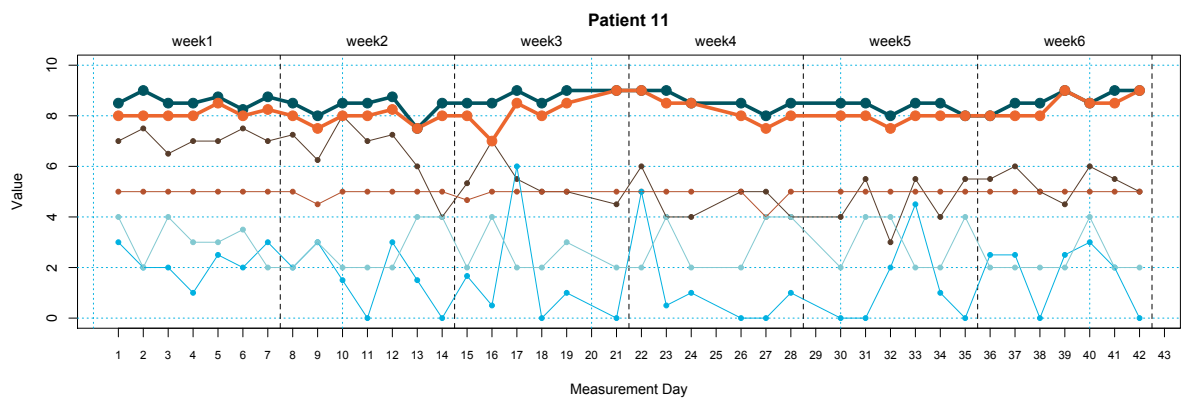
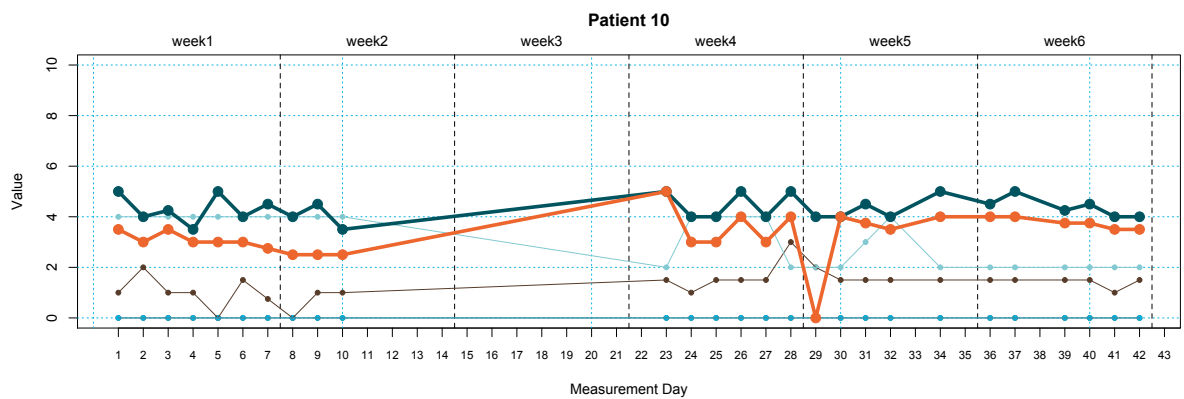
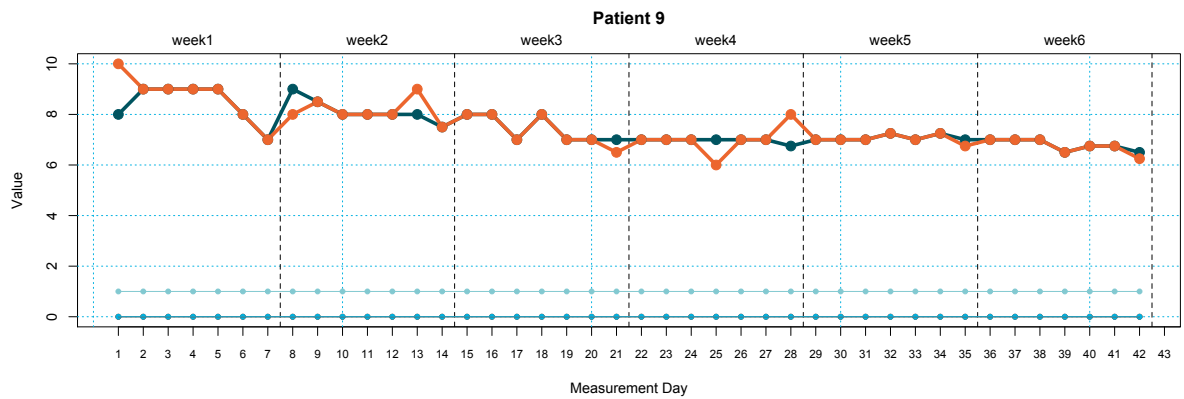
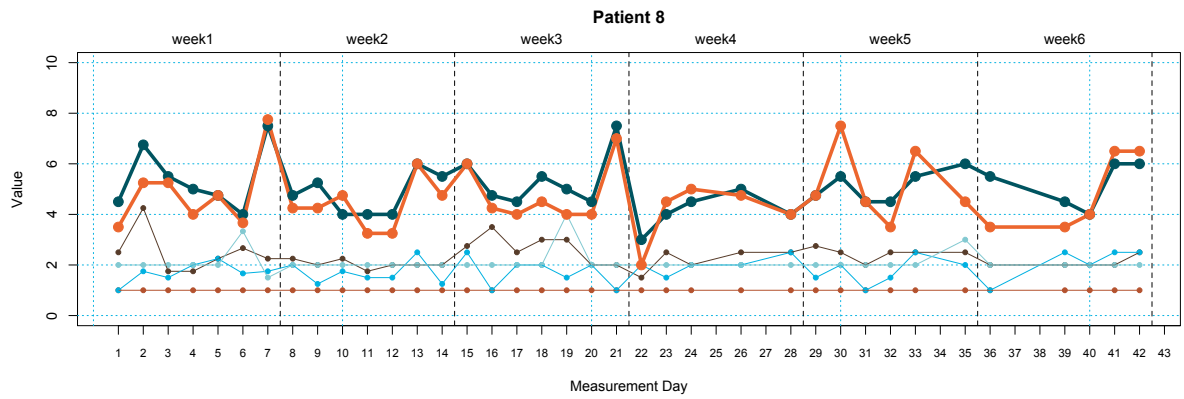
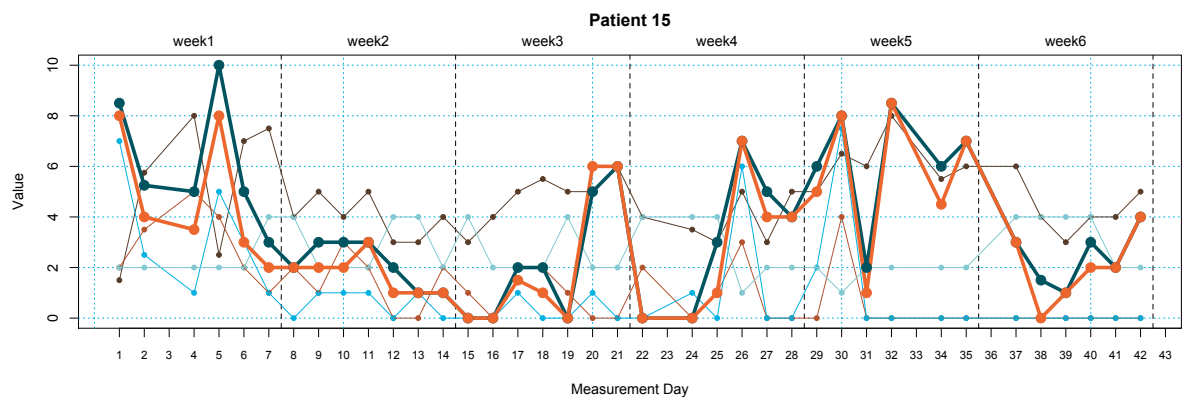
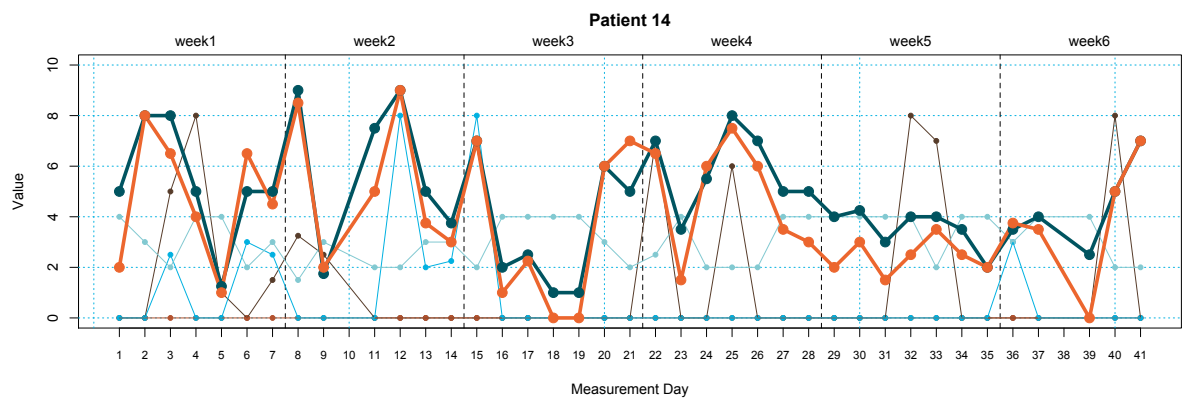
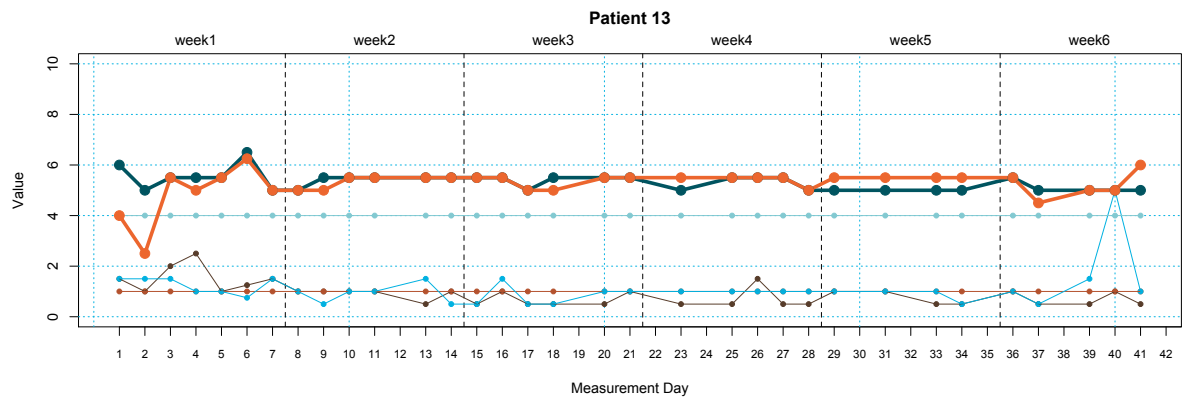
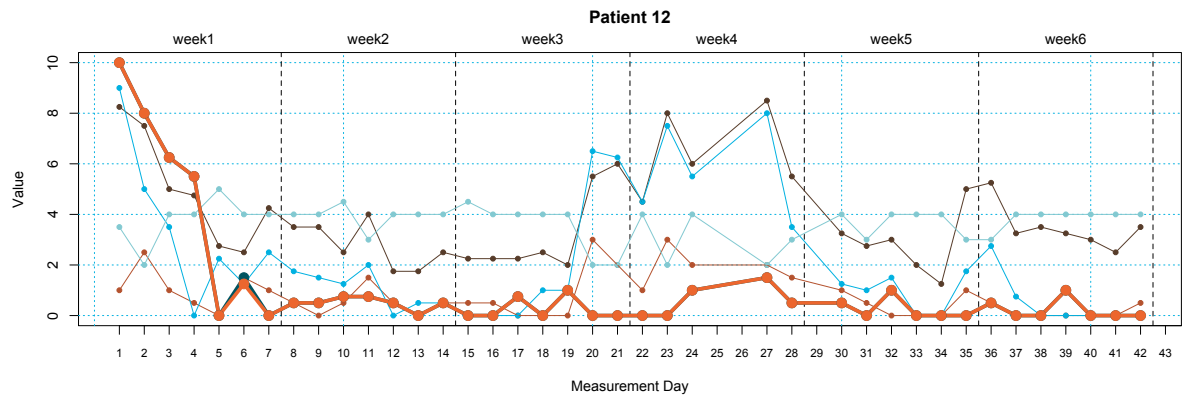


**S1. Supplemental Material. Visualization of the individual data in the study group over the six-week period.** Tinnitus loudness and tinnitus distress as the main outcome variables are drawn in thick lines.

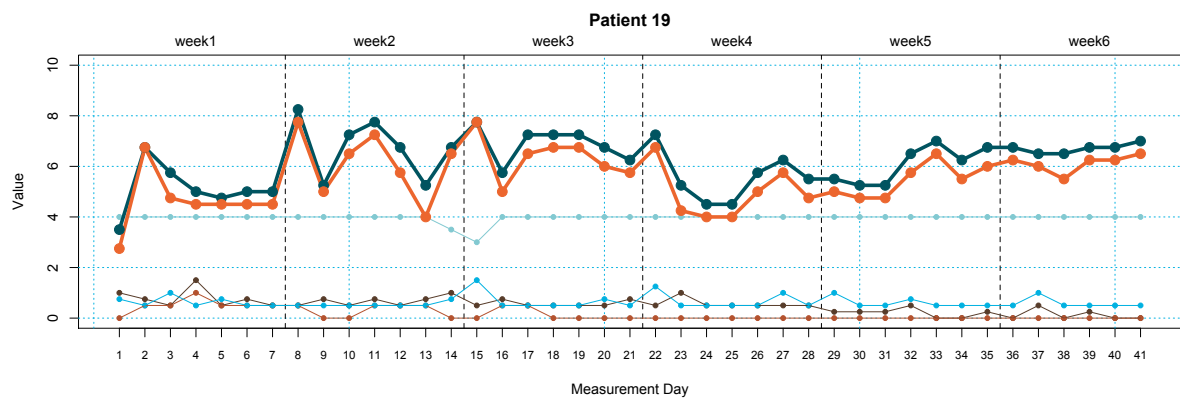
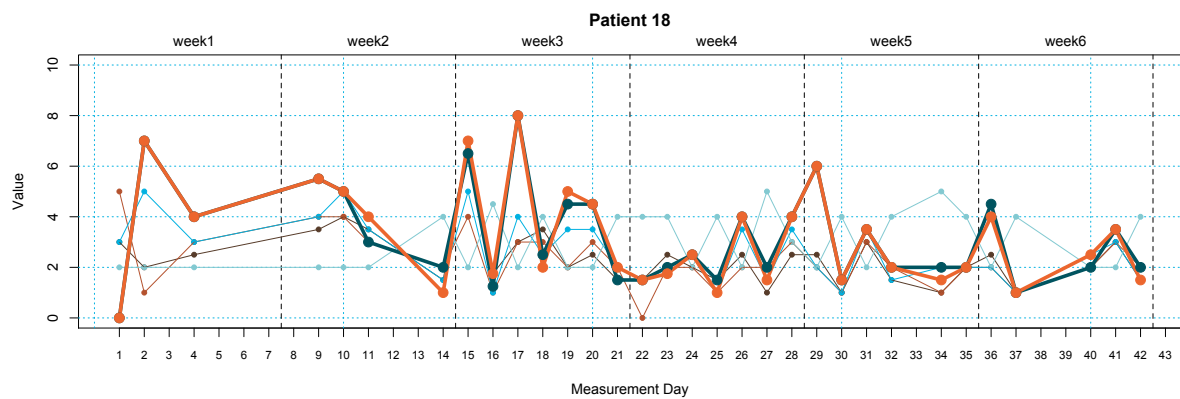
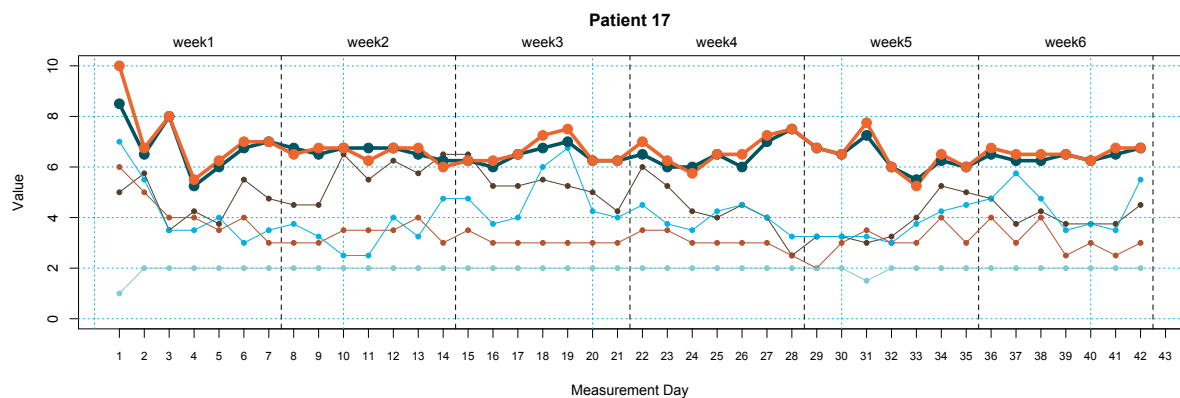
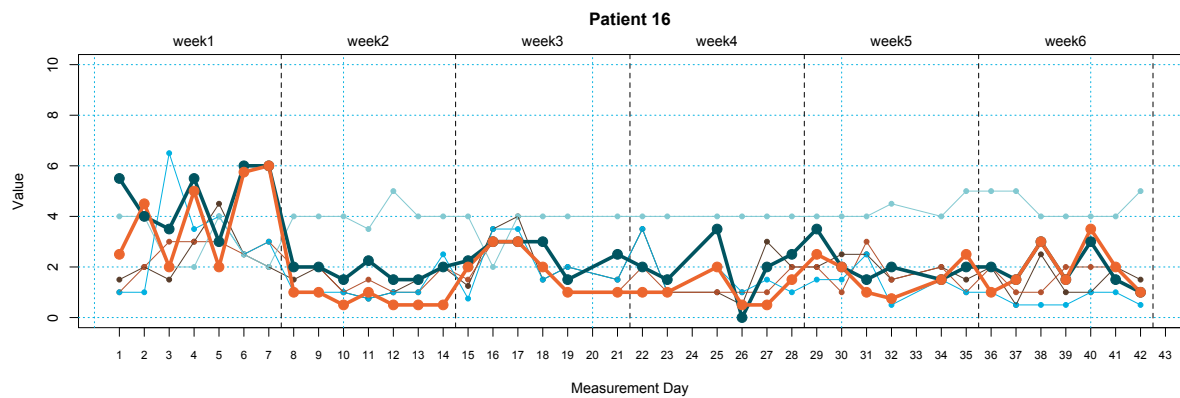


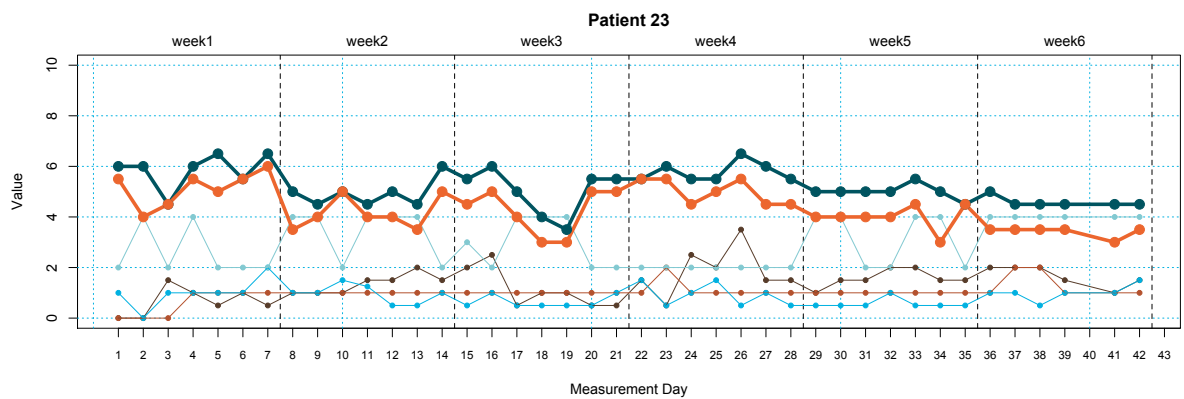
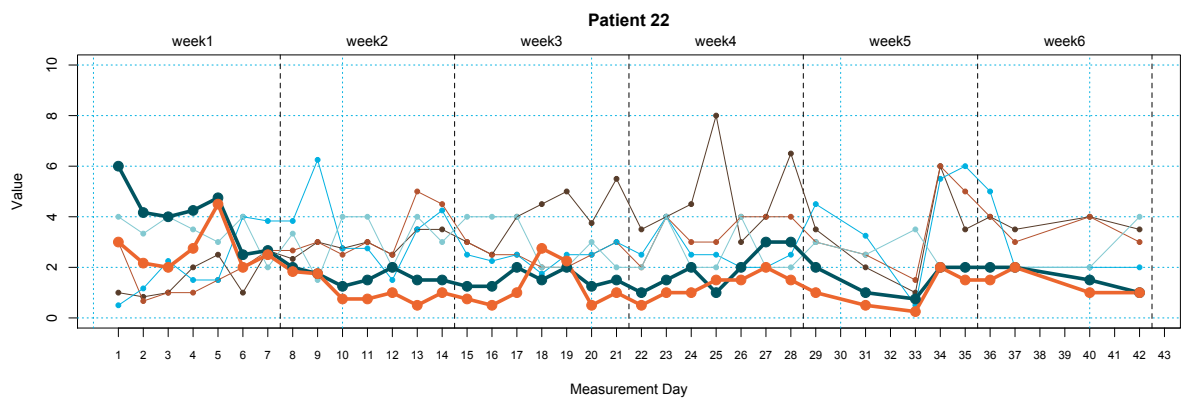
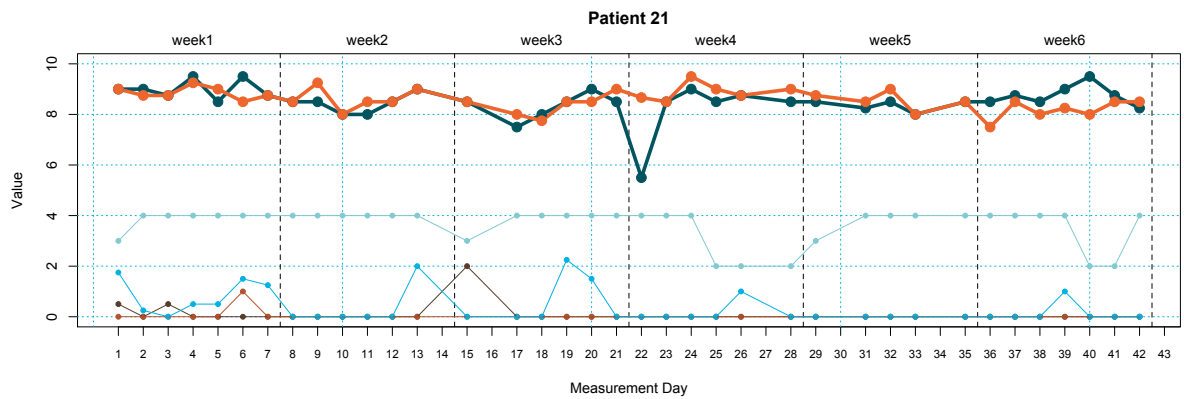
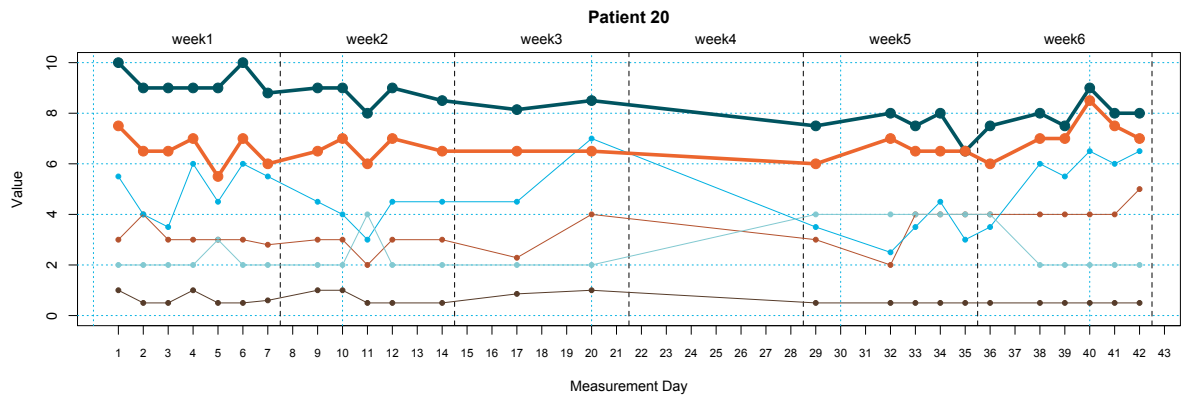


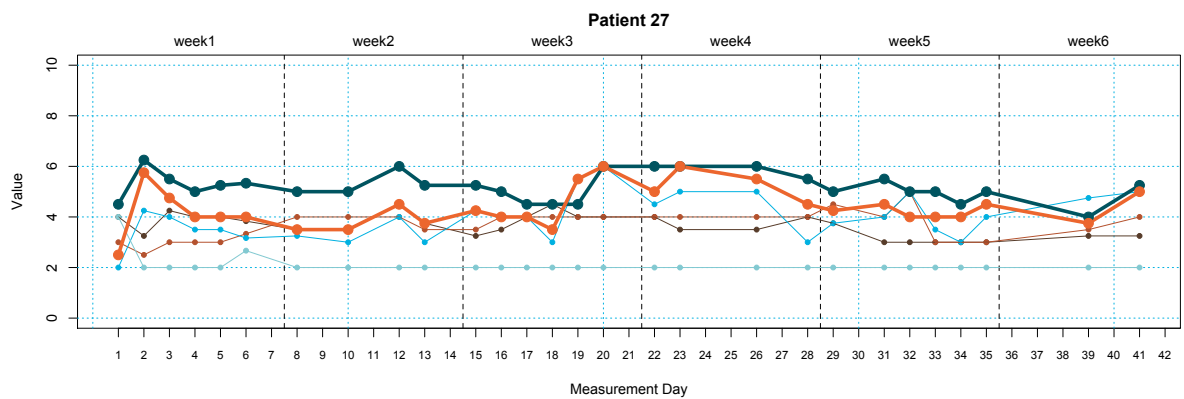
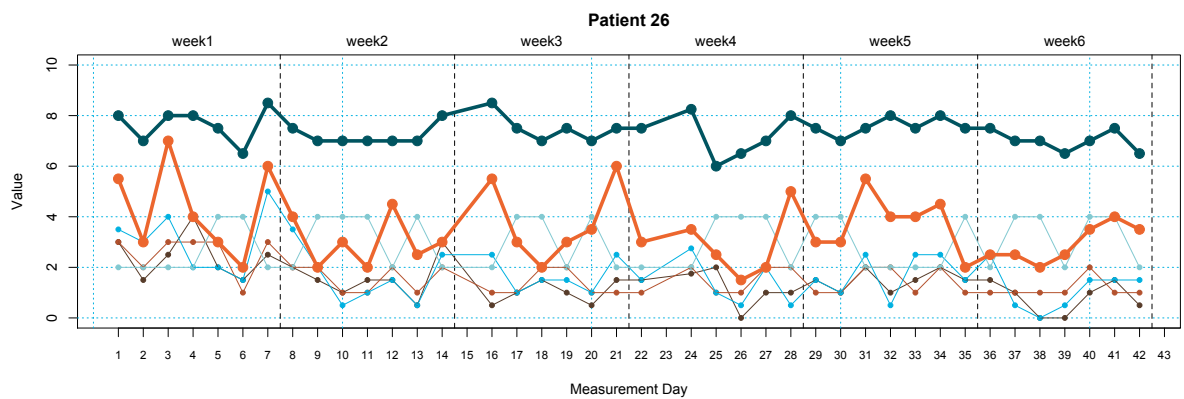
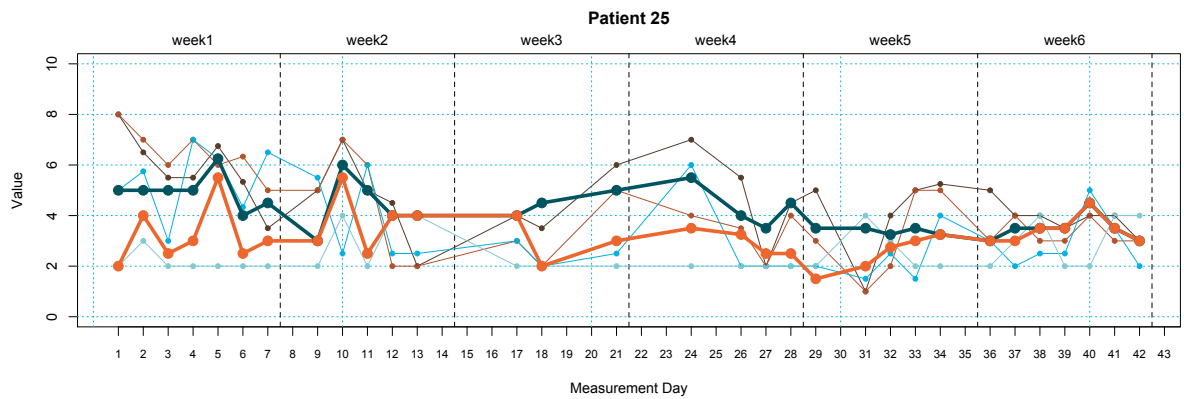
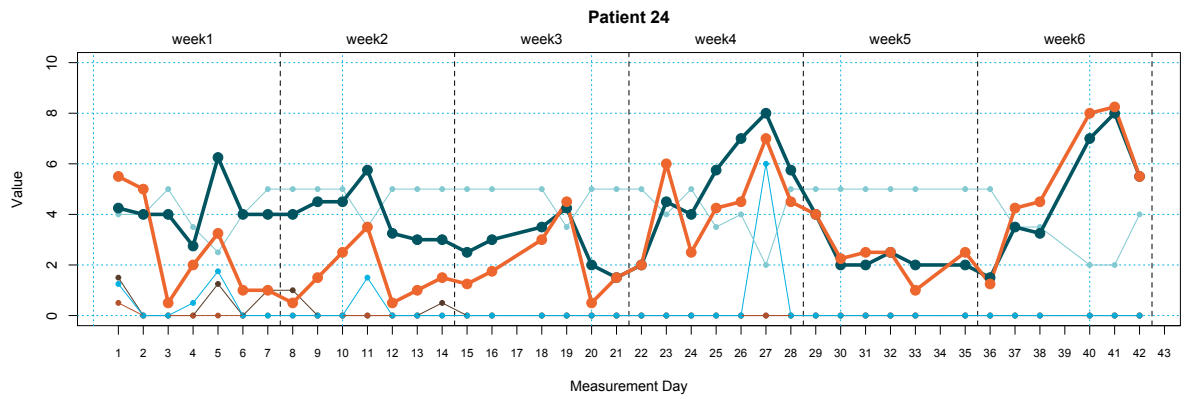


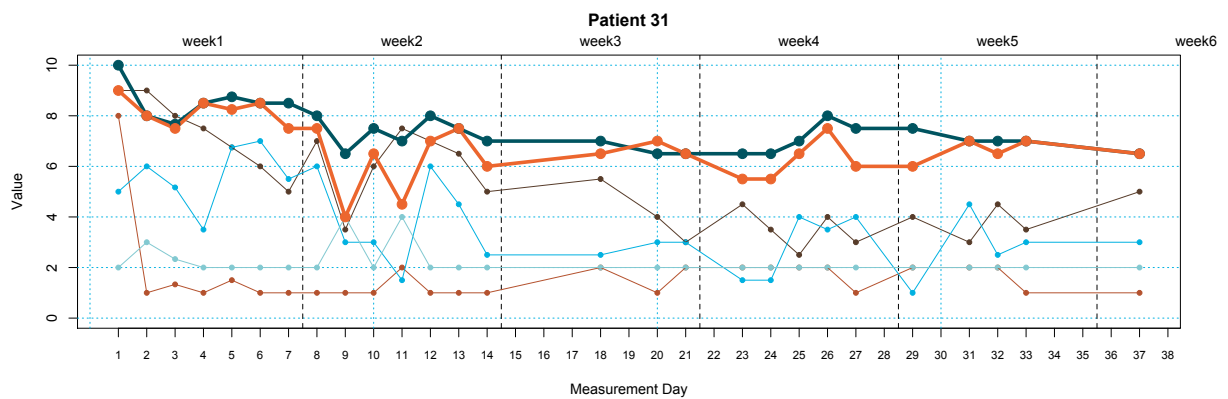
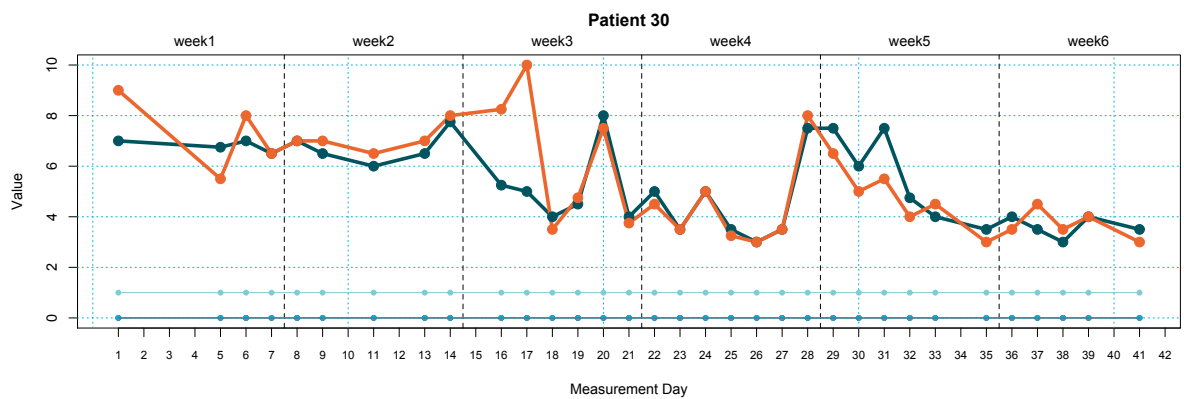
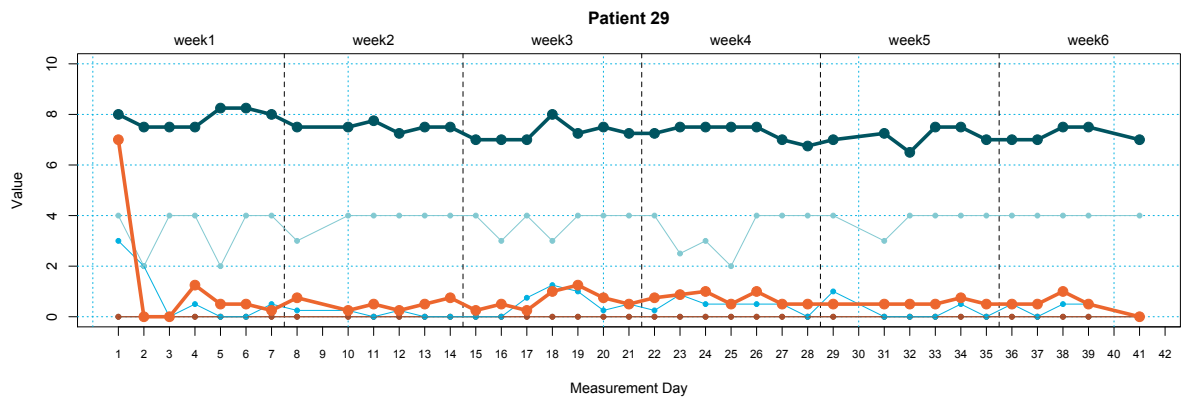
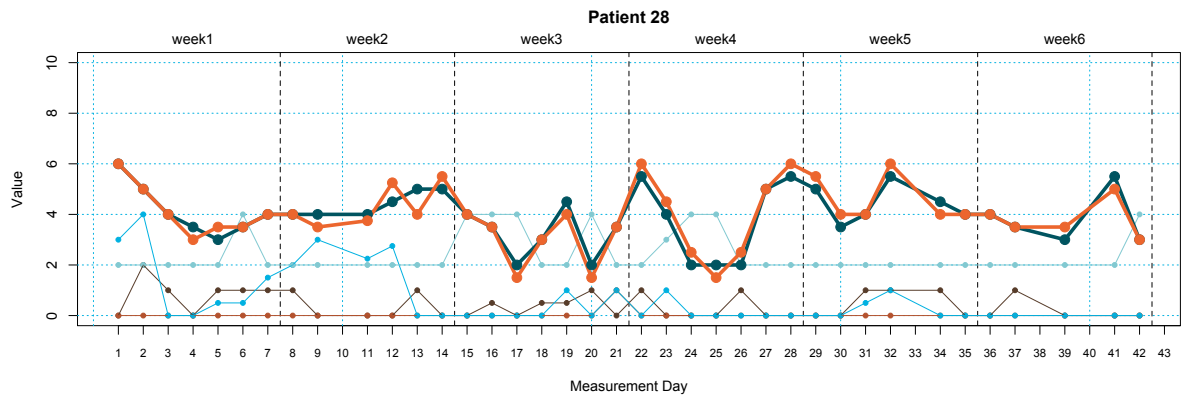


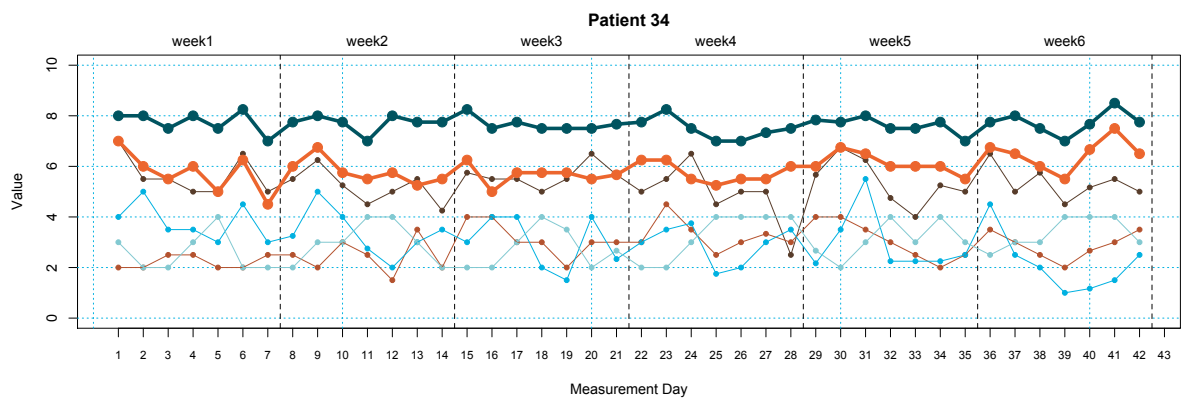
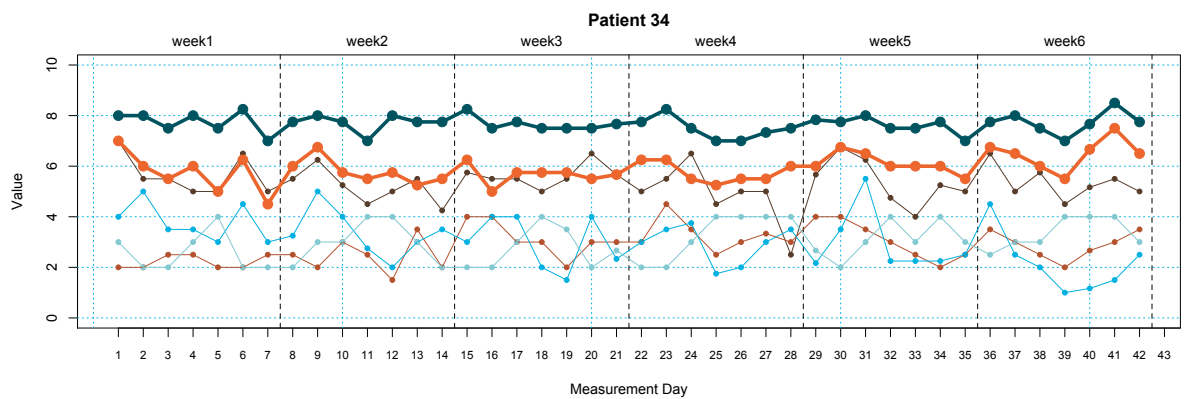
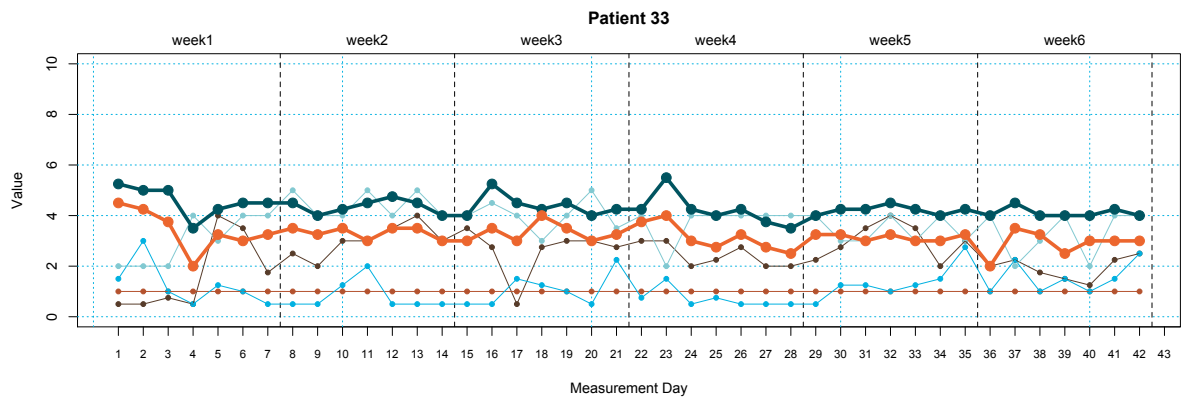
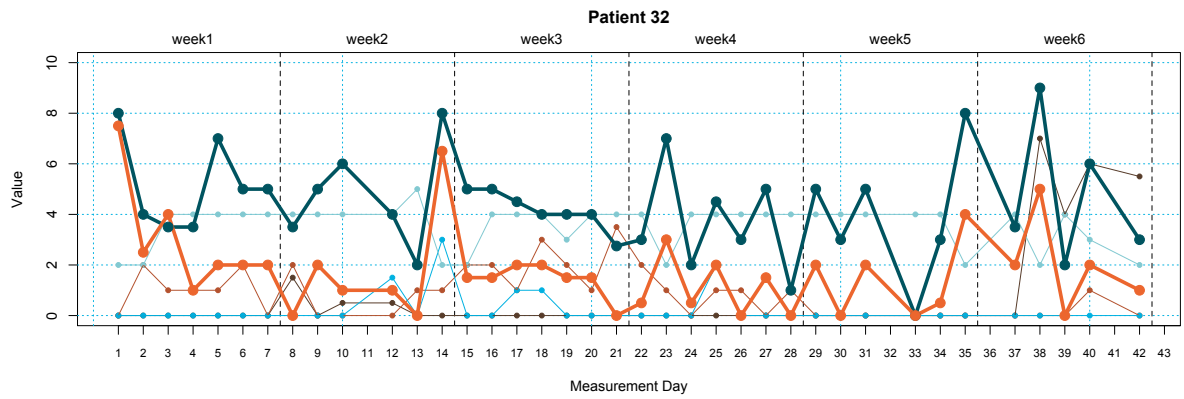


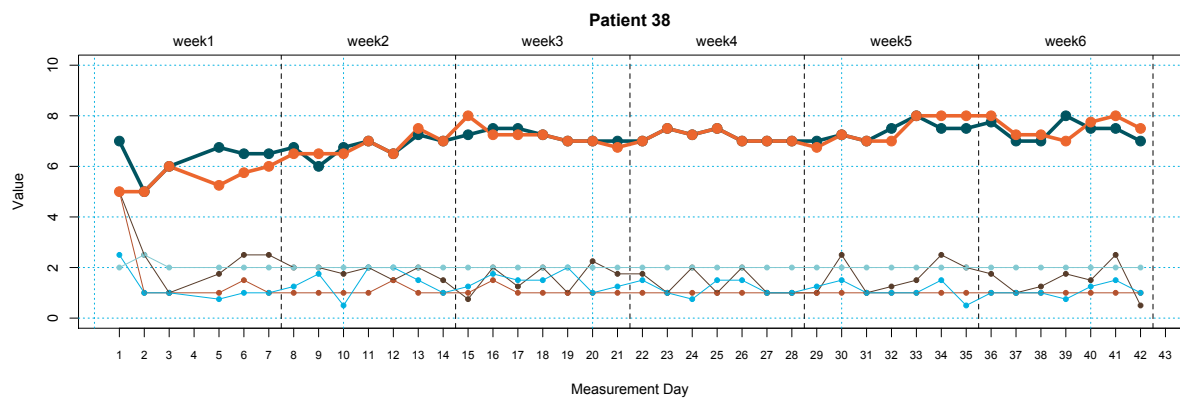
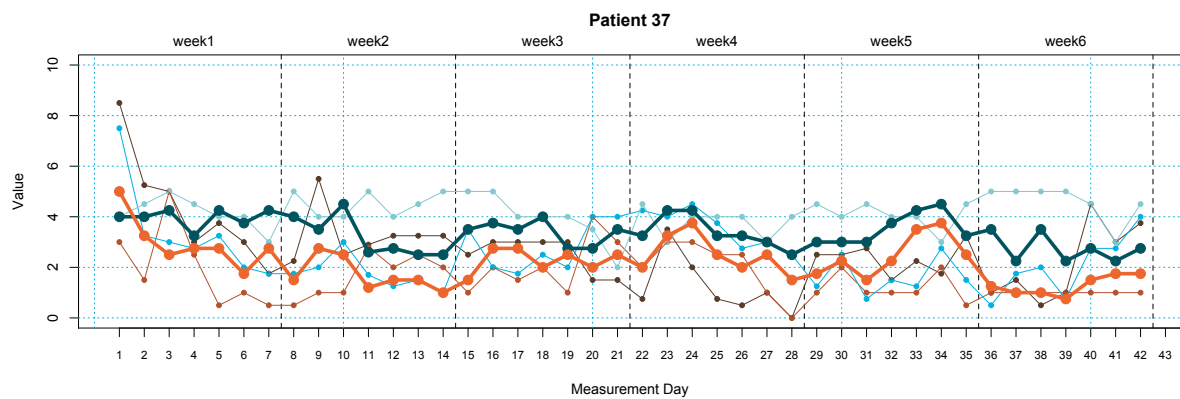
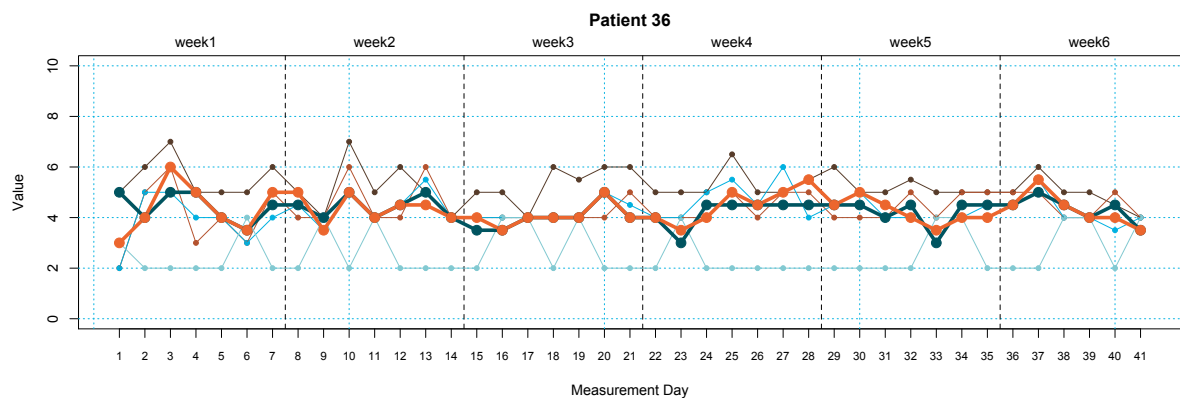
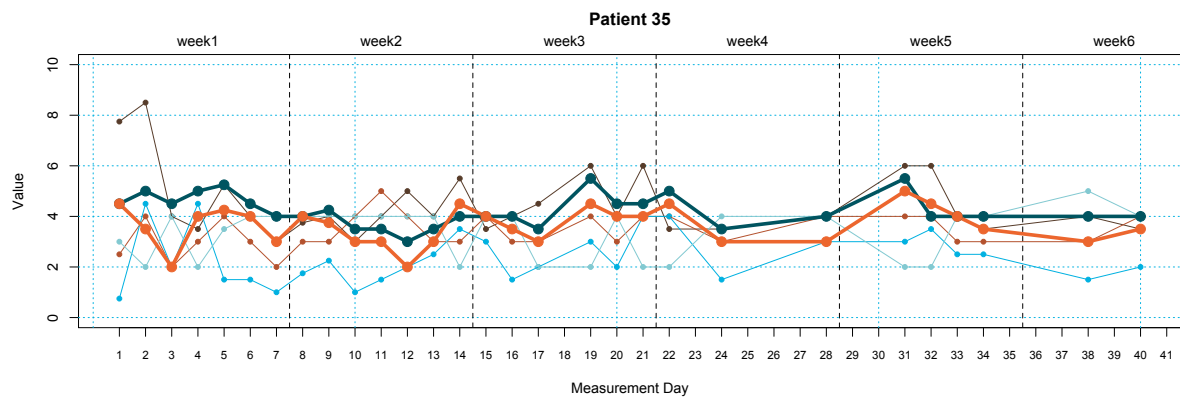


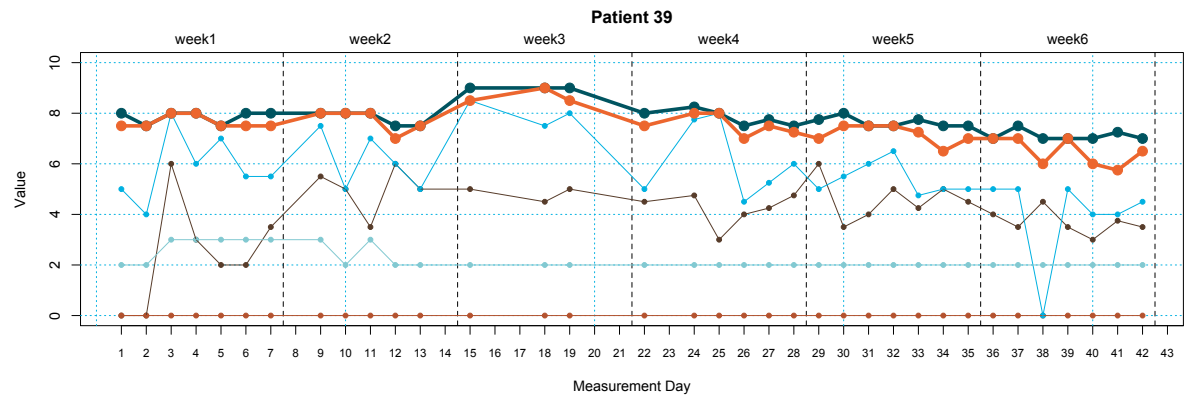












**S2. Supplemental Material. Overview of the linear regression estimated in the study group.** Estimates are summerized and mean  $\pm$  standard deviation are provided in the table together with the range of estimates [min; max] .

Symptom	Intercept	Slope
Tinnitus Loudness	5.72 $\pm$ 1.79 [3.16; 9.13]	-.023 $\pm$ .027 [-.098; .030]
Tinnitus Distress	4.70 $\pm$ 2.13 [.97; 8.84]	-.018 $\pm$ .036 [-.118; .060]
Stress	2.65 $\pm$ 1.89 [ .07; 7.84]	-.022 $\pm$ .033 [-.107; .045]
Tension in the jaw muscles	2.17 $\pm$ 1.82 [.022; 7.81]	-.008 $\pm$ .029 [-.087; .051]
Tension in the neck muscles	3.00 $\pm$ 2.29 [-1.06; 8.16]	-.013 $\pm$ .037 [ -.144; .085]
Mood	2.84 $\pm$ .85 [1.00; 4.44]	.000 $\pm$ .016 [-.055; .035]