

**Table S1.** The risk of bias in non-randomized studies of interventions (ROBINS-I) assessment tool, including the grading of the individual eight domains.

First Author ( <i>year</i> )	Overall bias	Confounding	Selection of participants into the study	Classification of interventions	Deviations from intended interventions	Missing data	Measurement of outcomes	Selection of the reported result
Hall (2021)*	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Masset (2021)	Moderate	Critical	Low	NI	Low	Low	Moderate	Low
Benotmane (2021)	Moderate	Critical	Low	NI	Low	Low	Low	Low
Chavarot (2021)	Moderate	Critical	Moderate	NI	Low	Low	Low	Low
Bello (2021)	Serious	Critical	Low	NI	Low	Low	Serious	Low
Werbel (2021)	Moderate	Critical	Low	NI	Low	Low	Moderate	Low
Westhoff (2021)	Moderate	Critical	Low	NI	Low	Low	Low	Low

*Grading options include: Low, Moderate, Serious, Critical, or No Information (NI)*

\*ROBINS-I is not applicable to randomized control trials.