

**Table S1.** Experimental design for free phenolic extractions.

RunOrder	Amplitude (%)	Time (min)	Solvent : solid ratio
1	40	8	15
2	80	6	10
3	80	4	15
4	40	6	20
5	60	8	20
6	60	6	15
7	80	6	20
8	60	6	15
9	60	8	10
10	60	6	15
11	40	4	15
12	60	6	15
13	60	4	20
14	60	4	10
15	80	8	15
16	60	6	15
17	40	6	10

**Table S2.** Experimental design for bound phenolic extractions.

RunOrder	Amplitude (%)	Time (min)	NaOH concentration (M)
1	40	6	1.0
2	60	8	1.0
3	60	8	1.0
4	60	6	0.5
5	60	8	1.0
6	60	6	1.5
7	60	10	0.5
8	80	10	1.0
9	80	8	1.5
10	60	10	1.5
11	80	6	1.0
12	60	8	1.0
13	40	8	0.5
14	40	10	1.0
15	60	8	1.0
16	80	8	0.5
17	40	8	1.5

**Table S3.** Determination of levels of extraction variable for free phenolics.

Amplitude (%)	Time (mins)	Solvent-solid ratio	TPC (mg GAE/g)	TPhC (mg PGE/g)	DPPH (mg TE/g)	
20	4	10:1	16.83 ± 1.46	1.32 ± 0.09	39.14 ± 1.58	
40			18.08 ± 1.00	1.56 ± 0.13	50.43 ± 2.50	
60			19.68 ± 1.13	1.64 ± 0.09	47.07 ± 0.74	
80			23.16 ± 1.15	1.16 ± 0.8	58.11 ± 2.24	
100			20.15 ± 1.39	1.33 ± 0.10	43.16 ± 0.47	
40	2		15.58 ± 0.99	0.41 ± 0.02	36.96 ± 0.84	
	6		18.36 ± 0.10	1.16 ± 0.01	45.95 ± 2.68	
	8		20.58 ± 1.34	1.45 ± 0.11	51.72 ± 0.46	
	10		23.22 ± 1.63	1.44 ± 0.09	38.65 ± 1.95	
	4		15:1	25.08 ± 1.69	1.79 ± 0.06	88.49 ± 0.27
			20:1	17.5 ± 0.37	1.00 ± 0.08	56.07 ± 0.40
			25:1	16.28 ± 0.84	0.25 ± 0.01	94.61 ± 4.21
			30:1	14.7 ± 1.04	1.63 ± 0.05	96.16 ± 2.26

**Table S4.** Determination of levels of extraction variable for bound phenolics.

Amplitude (%)	Time (mins)	NaOH concentration	TPC (mg GAE/g)	TPhC (mg PGE/g)	DPPH (mg TE/g)	
20	4	2.0	5.88 ± 0.21	0.48 ± 0.01	7.33 ± 0.18	
40			5.91 ± 0.02	0.61 ± 0.02	7.20 ± 0.12	
60			6.39 ± 0.32	0.62 ± 0.02	7.40 ± 0.22	
80			6.53 ± 0.18	0.65 ± 0.02	7.81 ± 0.27	
100			6.41 ± 0.02	0.53 ± 0.02	7.67 ± 0.26	
40	6		6.66 ± 0.41	0.70 ± 0.01	7.48 ± 0.33	
	8		6.73 ± 0.41	0.85 ± 0.02	7.06 ± 0.08	
	10		6.20 ± 0.63	0.69 ± 0.06	6.69 ± 0.07	
	12		6.09 ± 0.24	0.66 ± 0.01	6.81 ± 0.02	
	4		0.5	7.01 ± 0.02	0.79 ± 0.01	8.05 ± 0.50
			1.0	7.22 ± 0.02	0.93 ± 0.02	8.70 ± 0.02
			1.5	6.00 ± 0.17	0.69 ± 0.06	7.39 ± 0.15
			2.0	5.91 ± 0.02	0.61 ± 0.02	7.20 ± 0.12

**Table S5.** Regression equation and correlation coefficient of reference phenolic compounds studied.

Compound name	RT (min)	Wavelength (nm)	Regression Equation	Correlation coefficient (r)
Phloroglucinol	17.576	254	y = 1.7721x - 5.7251	0.994
Gallic acid	21.37	280	y = 2.2745x - 6.333	0.980
4-hydroxybenzoic acid	41.844	254	y = 62.27x + 131.23	0.991
Catechin	49.769	254	y = 41.401x + 56.597	0.992
Chlorogenic acid	52.424	320	y = 13.421x - 13.635	0.997
Syringic acid	55.544	254	y = 15.567x + 21.217	0.998
Epicatechin	61.998	254	y = 1.2394x - 0.4619	0.990
Epigallocatechin	64.629	280	y = 7.313x + 3.3	0.998
Sinapic acid	79.016	320	y = 29.514x - 51.96	0.984

\* RT: retention time.