

Supplementary Table S1.

Quality assessment of included observational studies using the New-Castle Ottawa Scale

	SELECTION				COMPARABILITY	OUTCOME			Total
	Representativeness of the exposed cohort	Selection of the unexposed cohort	Ascertainment of exposure	Demonstration that the outcome of interest was not present at the start of the study	Comparability of cohorts on the basis of the design or analysis	Assessment of outcome	Was follow-up long enough for outcomes to occur?	Adequacy of follow-up of cohorts	
Hakim et al. 2016	*		*	*	**		*		6
Chang et al et al., 2016	*		*	*	**	*	*	*	8
Cui et al., 2020			*		**				3
Godos et al., 2018	*		*		**				4
Miyake et al., 2018	*		*		**				4
Miyake et al., 2018	*		*		**				4
Nagata et al., 1999	*		*		**				4
Richard et al., 2014	*		*		**				4
Rosli et al., 2019	*		*		**				4
Woo et al., 2006	*		*		**	*			5

¹NOS high-quality choices are identified with a star. A maximum of 1 star is applied for each item within the Selection and Outcome categories, and a maximum of 2 stars for Comparability. NOS, Newcastle-Ottawa Scale; ref, reference.