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# Folic Acid/Methotrexate Functionalized Mesoporous Silica Nanoflakes from Different Supports: Comparative Study

# Martyna Trukawka<sup>1,\*</sup>, Krzysztof Cendrowski<sup>1</sup>, Wojciech Konicki<sup>2</sup> and Ewa Mijowska<sup>1</sup>

- <sup>1</sup> Department of Nanomaterials Physicochemistry, Faculty of Chemical Technology and Engineering, West Pomeranian University of Technology, Szczecin, Piastów Ave. 42, 71-065 Szczecin, Poland; kcendrowski@zut.edu.pl (K.C.); emijowska@zut.edu.pl (E.M.)
- <sup>2</sup> Department of Integrated Transport Technology and Environmental Protection, Maritime University of Szczecin, H. Pobożnego St. 11, 70-507 Szczecin, Poland; w.konicki@am.szczecin.pl
- \* Correspondence: martyna.barylak@zut.edu.pl

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**Abstract:** Herein, we present a facile synthesis route for the mesoporous silica nanoflakes on two types of templates and evaluate their potential as potential drug delivery systems. Silica materials are attractive due to their biocompatibility, low cytotoxicity, high surface area, and tunable pores. In addition, they can be multifunctionalized. These properties were used to create multifunctional drug delivery systems combining folic acid as a target molecule and methotrexate (MTX) as an anticancer drug. The silica nanoflakes were formed using graphene oxide and double-layered hydroxide as templates, respectively. After the removal of matrices, the silica flakes were functionalized by folic acid and loaded with methotrexate. The differences in drug release performance and structural stability were analyzed with respect to the detailed physicochemical characterization of the produced silica nanoflakes.

**Keywords:** silica flakes; anticancer drugs; targeted therapy; drug carrier; multifunctional drugs; folic acid/methotrexate

# 1. Introduction

In recent years, 2D materials have become more and more popular. This was started in 2004 when Novoselov, Geim, and co-workers successfully received graphene by exfoliating graphite with Scotch tape. Layered materials, due to their unique physicochemical properties, can be used in many areas such as chemistry, electronics, and material engineering [1]. In addition, the large surface area of 2D materials makes them suitable for catalysis [2] or sensing. There are also records reporting derivative 2D materials including mesoporous silica on graphene, graphene oxide, or reduced graphene oxide. Yang and co-workers have described the synthesis of mesoporous silica on graphene using cetyl trimethyl ammonium bromide (CTAB) as a structure-directing agent. They believe that this material can be potentially used for lithium ion storage [3]. Wang et al. have successfully synthesized a composite of mesoporous silica with aligned channels vertically to the surface of single-layer graphene oxide. This material shows interesting semi-conductive behavior and sensing property [4]. Guardia and his co-workers have reported the synthesis and characterization of small-size mesoporous silica nanoparticles on graphene and explored the effect of experimental parameters such as pH value and the amount of raw materials on the properties and morphology [5]. Liu et al. have described the synthesis of sandwich-like nanosheets from reduced graphene oxide and mesoporous silica with size tunable vertical mesochannels by an oil-water biphase stratification. They assume that the resultant



nanosheets would have a prospect in a large-molecule-weight drug delivery system, which would have both chemical and photothermal therapeutic functions [6].

There is also a report on the formation of a mesoporous silica shell on the surface of double-layered magnesium and aluminum hydroxide (LDH). This research has demonstrated precise control of the thickness and the pore diameter of the mSiO<sub>2</sub> shell on the LDH Mg/Al surface by adjusting the relative amount of LDH Mg/Al or tetraethyl orthosilicate (TEOS) and using the soft template with various hydrocarbon chain lengths [7].

Mesoporous silica and other forms of silica are attractive because of their unique properties such as a hydrophilic surface that is suitable to adsorb some functional groups, tunable size (60 nm-10 µm) [8], ease of surface functionalization, and low cost of nanoparticles production [9,10]. However, one of the most important features of silica, thanks to which it can be used in biomedical applications, is its biocompatibility [11] and high specific surface area [12]. Both pristine and functionalized silica spheres have been widely studied for bioapplications—among others, for the storage and release of drugs [13,14], biosensing [15] and tracking cells [16], hyperthermia [17], and phototherapy [18]. There are also reports regarding functionalization of the silica surface with specific functional groups for targeting purposes. Antibodies [19], aptamers [20], and folic acid [21] have been used for this assignment. Most of the reports are about solid or mesoporous spheres. The flake-like structure of the silica is not yet well studied in this regard. According to the literature, it is possible to produce the nano- and mesoporous silica flakes. Shan et al. have successfully synthesized lotus-leaf-like nanoporous silica flakes using 1-hexadecylamine and tetraethylorthosilicate. They determined that the thickness of the flakes is dependent on the concentration of TEOS. Their structure showed better adsorption properties than its microspheric analogues. The authors also supposed that flake-like properties may allow using them as a support for catalysts [22]. Xiao and co-workers have reported the preparation of silica nanoflakes using dual-template synthesis. The pore architectures and morphologies were controlled by the F127 block copolymer and the self-assemblies chiral low-molecular-weight amphiphiles, respectively [23].

Our previous studies concerning the flake-like structures yielded very promising results. The synthesis and characterization of mesoporous silica flakes obtained on a graphene oxide template for use as a carrier of anticancer drug was presented. The mesoporous silica flakes were able to pack significant amounts of the drug, and its release was long-term [24]. In addition, both the pristine flakes and the complex with the drug have been tested for biocompatibility and cytotoxicity. Their biodistribution in internal organs has been also evaluated. The cytotoxicity of the nanoflakes-methotrexate (MTX) complex in reference to MTX showed similar cytotoxic potential against cancer cells. These data have provided useful information for designing drug delivery systems, which may improve anticancer efficacy and decrease side effects [25]. The obtained results inspired the authors to create a multifunctional structure. Functionalization with targeting molecules allows fully exploiting the potential of mesoporous silica flakes in anticancer drug delivery. In this contribution, we present the synthesis and characterization of mesoporous silica flakes obtained on two different templates: graphene oxide and double-layer magnesium and aluminum hydroxide. These matrixes were removed before functionalization with folic acid and anticancer drug loading. Folic acid was used as the targeting molecule, because some of the cancer cells have over-expressed folate receptors on their surfaces and are able to attract nanostructures functionalized with folic acid [26]. Methotrexate as a model anticancer drug was used. It is one of the earliest anticancer drugs and is extensively used in lymphoma, acute lymphoblastic leukemia, and osteosarcoma, among others. By inhibiting metabolic pathways, it prevents the synthesis of purine bases, which are necessary elements in the structure of DNA. The consequence is a disorder in the synthesis of DNA as well as RNA and proteins, which leads to the inhibition of cell division and to apoptotic cell death [27]. In this work, the physicochemical properties of mesoporous silica flakes produced on two types of matrices functionalized with folic acid were checked and compared. The effect of this functionalization on the ability to load and release the drug has also been tested.

#### 2. Materials and Methods

## 2.1. Materials

Graphite was purchased from Alfa Aesar (synthetic, 99.9995%, 325 mesh). Orthophosphoric acid, sulfuric acid, hydrochloric acid, ammonia, and ethanol were obtained from Chempur (Piekary Slaskie, Poland). Magnesium nitrate hexahydrate, hexadecyltrimethylammonium bromide (CTAB), tetraethyl orthosilicate (TEOS), (3-aminopropyl)triethoxysilane (APTES), folic acid, and methotrexate (MTX) were bought from MERCK (MERCK, Darmstadt, Germany). Potassium permanganate and aluminum hydroxide were purchased from Avantor Performance Materials Poland S.A. (Gliwice, Poland).

#### 2.2. Synthesis of Mesoporous Silica Flakes

Graphene oxide was prepared by the oxidation of natural graphite flakes according to the modified Hummers method. Briefly, a mixture of orthophosphoric acid and sulfuric acid (15:120 mL) was added to KMnO<sub>4</sub> (6 g) and graphite (1 g). It was heated while stirring to 50 °C for 20 h. After cooling down, 150 mL of ice and 1 mL of  $H_2O_2$  was added to the resulting product. The obtained material was centrifuged and washed with water, 30% HCl, and ethanol twice before vacuum drying.

Next, 100 g of graphene oxide (GO) was dispersed in a mixture of water (100 mL), ethanol (120 mL), and CTAB (240 mg). Afterwards, ammonia (0.225 mL) was added. The suspension was sonicated until stable dispersion was obtained. Then, 0.375 mL TEOS was added and stirred for 24 h. The product was dried at 80 °C for 10 h and placed in an oven at 700 °C to remove CTAB and graphene oxide sheets. The material was designated as mSiO<sub>2</sub> after GO.

To obtain LDH Mg/Al, at first, Mg(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O and Al(OH)<sub>3</sub> was calcinated for 4 h in an oven at 600 °C. Then, Al<sub>2</sub>O<sub>3</sub> (102 mg) and MgO (162 mg) were dispersed in water (40 mL). The stable suspension was placed in an autoclave at 110 °C for 5 days. The product was centrifuged, washed with water twice, and dried at 80 °C for 10 h. The procedure of mesoporous silica on the surface of LDH Mg/Al formation was the same as for graphene oxide. However, the step to remove the matrix from LDH Mg/Al has been added. The product after the removal of CTAB was placed in HCl for 48 h. After this time, the material was filtered, washed with water, and dried at 80 °C. The sample was designated as mSiO<sub>2</sub> after LDH Mg/Al.

#### 2.3. Folic Acid Functionalization

Both samples (mSiO<sub>2</sub> after GO and mSiO<sub>2</sub> after LDH Mg/Al) were functionalized following the same method. At first, 100 mg of flakes were dispersed in 100 mL of toluene and placed under reflux. After reaching the set temperature, 5  $\mu$ L APTES was added to the mixture and the reaction was carried out for 1 h. After this time, the samples were centrifuged and dried at 40 °C.

Then, 10 mg of folic acid was dispersed in 200 mL of isopropanol with 50 mg of EDC·HCl and 30 mg of NHS. After 3 h, 50 mg of mSiO<sub>2</sub> after GO or mSiO<sub>2</sub> after LDH Mg/Al was added to the mixture and stirred overnight. The product was centrifuged and vacuum dried.

#### 2.4. Drug Loading

MTX was dissolved in water (0.5 mg/mL). After drug dissolving, silica flakes were added at a ratio of 1:2 (MTX: mSiO<sub>2</sub>\_FA). The mixture was stirred for 20 h and then centrifuged, washed with water, and dried at 37  $^{\circ}$ C

#### 2.5. Release Study

The release study of MTX from mSiO<sub>2</sub> after GO\_FA\_MTX and mSiO<sub>2</sub> after LDH Mg/Al\_FA\_MTX was performed using the bath technique at 37 °C. About 2.8 mg of the nanomaterials were added into the flasks containing 100 mL of deionized water or phosphate-buffered saline (PBS) (MERCK, Darmstadt, Germany). The flasks with solutions were placed in a constant temperature bath and agitated with a

magnetic stirrer in order to achieve homogeneity. When the desired temperature was reached, the  $mSiO_2_FA_MTX$  was added into the flask. At set intervals, 1 mL was taken from the solution to separate the solution and solid phase (centrifugation at 6000 rpm for 3 min). The concentrations of MTX after desorption in the supernatant solution were determined spectrophotometrically using a UV–vis spectrophotometer GENESYS 10S (Thermo Fisher Scientific, Waltham, MA, USA) at an  $\lambda$ max value of 307 nm. Each experiment was performed three times, and the results are given as average values.

#### 2.6. Degradation of Silica Flakes

The experiment of silica flakes degradation was carried out by placing 3 mg of silica flakes in 3 mL of deionized water, phosphate buffer saline, or Dulbecco's Modified Eagles Medium (MERCK, Darmstadt, Germany). At designated intervals (24, 48, and 72 h) each material was collected by centrifuging and washed with water and ethanol to get rid of the remaining solvent.

#### 2.7. Characterization Techniques

The composition of the samples and their structure was analyzed by transmission electron microscopy (TEM; Tecnai F30, Thermo Fisher Scientific, Waltham, MA, USA) using an FEI Tecnai G2 F20 S Twin with an accelerating voltage of 200 kV, and X-ray dispersion spectroscopy (EDX, EDS, EDAX, Mahwah, NJ, USA). The morphology of the samples was investigated by scanning electron microscopy (SEM; VEGA3 TESCAN, Brno, Czech Republic), which was acquired in the 30 kV acceleration voltage. In order to study the thickness of obtained silica flakes, atomic force microscopy (AFM) (Nanoscope V Multimode 8, Bruker AXS, Mannheim, Germany) was employed. The analysis of the sample composition was made using an Invia Renishaw Raman spectroscope, with a spectral range from 2100 to 100 cm<sup>-1</sup>, using a laser with a length of 785 nm (Renishaw, New Mills Wotton-under-Edge, UK). Thermogravimetric analysis (TGA; TA Instrument, New Castle, DE, USA) was carried out on 10 mg samples using a DTA-Q600 SDT TA at a heating rate of 10 °C/min from room temperature to 900 °C in air. The crystallographic phase identification was performed using an X'Pert Philips PROX-ray diffractometer (XRD; X'Pert PRO Philips diffractometer, Co. Ka radiation, Almelo, Holland). The specific surface area of the samples was measured through the adsorption of the N2 isotherm using the Micromeritics ASAP® 2420 (Micromeritics ASAP®, USA) instrument, interpreted with the Brunauer-Emmett-Teller model. IR absorption spectra were acquired on the Nicolet 6700 FT-IR spectrometer (Thermo Fisher Scientific, Waltham, MA, USA).

#### 3. Results

#### 3.1. Silica Nanoflakes Characterization

The morphology of the obtained materials was studied with transmission electron microscopy and scanning electron microscopy. Figure 1A presents graphene oxide and Figure 1B,C reveals the morphology of obtained silica flakes after GO removal. LDH Mg/Al and the formed silica flakes on them are presented in Figure 1D–F, respectively. The porous structure of silica flakes obtained on both templates is clearly visible. In the flakes obtained on LDH Mg/Al, a mesoporous shell was also deposited on the edges (see Figure 1F). In the case of flakes obtained on graphene oxide, it can be assumed that the deposition took place only on the planes of graphene oxide.



**Figure 1.** Transmission electron microscopy image of graphene oxide (GO) (**A**) and silica flakes obtained on GO (**B**,**C**); double-layered magnesium and aluminum hydroxide LDH (**D**) and obtained on LDH Mg/Al (**E**,**F**).

Elemental analysis of silica flakes and templates were carried out using X-ray dispersion spectroscopy as the TEM mode. Supplementary Materials Figure S1 shows an EDX analysis of templates and silica flakes after removal of the templates. Elemental analysis of graphene oxide confirmed that the sample consists of carbon and oxygen. In an EDX spectrum of LDH Mg/Al, there are signals from oxygen, aluminum, and magnesium. For both samples, the analysis showed that they consist of oxygen and silicon elements. The analysis confirms that the templates were effectively removed from the silica flakes. All the samples have copper signals that originate from the TEM grids.

The thickness and size distribution of the nanostructures were estimated using atomic force microscopy. Basing on analysis of the AFM images (Figure 2), it was determined that the size of the flakes formed on the graphene oxide template is in the range of 40–220 nm, with the peak in the range of 80–100 nm. The flakes fabricated on the LDH Mg/Al were in the range of 200–1000 nm with the peak in the range of 400–500 nm. The obtained materials differed in thickness as well. The flakes obtained on the LDH Mg/Al template were larger and thicker than those obtained on graphene oxide. Flakes of mSiO<sub>2</sub> after GO thickness were  $\approx$ 4 nm, while those of mSiO<sub>2</sub> after LDH Mg/Al were  $\approx$ 6.5 nm.





**Figure 2.** Atomic force microscopic images (**A**,**D**), flakes size distributions (**B**,**E**), and height profiles (**C**,**F**) of selected mSiO<sub>2</sub> after GO (upper panel) and mSiO<sub>2</sub> after LDH Mg/Al (lower panel).

Figure S2 presents XRD patterns of GO, mSiO<sub>2</sub> after GO, LDH Mg/Al, and mSiO<sub>2</sub> after LDH Mg/Al. The GO and LDH Mg/Al pattern exhibits strong, characteristic peaks corresponding to the (002) plane of GO and (003), (006), and (009) planes of LDH [28]. After purification, silica flakes show the broad peak at 22° indicating that the flakes are composed only from amorphous silica. The detailed pattern analysis and XRD patterns are presented in the supporting information. Raman analysis presented in the supporting information (images A and B in Figure S3) proved that the pristine template was GO and LDH Mg/Al, and after purification, obtained flakes are composed of silica.

The surface area, pore volume, and diameter distribution of the mesoporous silica flakes  $(mSiO_2)$ from both templates (Table 1) were calculated using the Brunauer, Emmett, and Teller (BET) method (isotherms and pore diameter distribution are presented in the supporting information). Figure S4A presents N<sub>2</sub> adsorption/desorption isotherms and the pore size distribution of both samples. From the multipoint BET isotherm, total surface areas were calculated to be 738 m<sup>2</sup>/g and 839 m<sup>2</sup>/g for mSiO<sub>2</sub> after GO and mSiO2 after LDH Mg/Al, respectively. The isotherms, identified as type IV according to the International Union of Pure and Applied Chemistry (IUPAC) classification, are typical for mesoporous materials [29]. The volume of pores reached the value of 0.1501 cm<sup>3</sup>/g (according the Barrett, Joyner and Halenda method—BJH method), while their diameters (Figure S4B) were estimated in the range between 1.95 and 6 nm, with the peak in the range from 1.95 to 3 nm, for  $mSiO_2$  after GO. For the flakes after removal of LDH Mg/Al, the pore volume was calculated to be  $0.052 \text{ cm}^3/\text{g}$ (followed by the BJH method), and their diameters were in the range of 2.2 and 4.85 nm (Figure S4B). The contribution of pores with a larger diameter causes the specific surface area of the flakes after GO to be lower. In addition, the thickness and size of flakes for porous structures is crucial. The specific surface area is closely related to these dimensions, and despite the smaller diameter and pore volume, the overall surface area would be higher if the flakes are larger and thicker. The synthesis procedure of mesoporous silica, as well as pore volume and diameter distributions, is consistent with literature data, where CTAB was used as surfactant for synthesis MCM-41 type nanostructures [30,31].

Sample	SBET (m²/g)	VTOTAL (cm <sup>3</sup> /g)	Pore Size (nm)	Flake Size (nm)	Flake Thickness
mSiO <sub>2</sub> after GO	738	0.1501	1.95–6 (1.95–3)	40–220 (80–100)	~4
mSiO <sub>2</sub> after LDH Mg/Al	839	0.052	2.2–4.85 (2.2–3.4)	200–1000 (400–500)	~6.5

**Table 1.** Brunauer, Emmett, and Teller (BET) surface area, pore size, and volume of silica flakes.

To confirm the functionalization of silica flakes with folic acid, spectra from Fourier-transform infrared spectroscopy (FTIR) were recorded (Figure 3). The spectra of all samples show bands characteristic for silica. The band at 460 cm<sup>-1</sup> and 585 cm<sup>-1</sup> corresponded to the out of plane of Si–O bonds. The strong peaks that appeared at around 1089, 960, and 812 cm<sup>-1</sup> are due to the stretching vibration of Si–O–Si, Si–OH, and Si–O, which are specific peaks of the silica nanoparticles, and the broad band around 3400 cm<sup>-1</sup> can be attributed to the O–H groups [32]. The band around 1640 cm<sup>-1</sup> belongs to adsorbed water. In both samples after functionalization, characteristic peaks for folic acid appeared. The peak at ≈665 cm<sup>-1</sup> or ≈730 cm<sup>-1</sup> can be attributed to (C–H) of CH<sub>2</sub> groups of FA. The band at ≈1510 cm<sup>-1</sup> belongs to the aromatic rings vibration (C=C) of FA. The intensity of the peak at 1704 cm<sup>-1</sup> increased, which is probably due to the formation of amide bonds between the FA and nanoflakes [34].



**Figure 3.** FTIR spectra of silica flakes functionalized with folic acid: mSiO<sub>2</sub> after GO\_FA (**A**) and mSiO<sub>2</sub> after LDH Mg/Al\_FA (**B**).

Most of the vibrational bands from folic acid in Raman spectrum (Figure 4) are in the range from 600 to 1700 cm<sup>-1</sup>. The peak at  $\approx$ 1610 cm<sup>-1</sup> can be related to the stretching vibration of N-H. The band  $\approx$ 1570 cm<sup>-1</sup> derives from C=N. The bands at 1359 cm<sup>-1</sup> and 1302 can be described as a rocking vibration of CH. The peaks at 1198 cm<sup>-1</sup> and 682 cm<sup>-1</sup> can be related to C=C [35–37]. These most characteristic bands of folic acid are detected in the samples after folic acid functionalization, confirming the effective attachment of folic acid to the silica flakes formed both on LDH Mg/Al and on GO templates.



**Figure 4.** Raman spectra of silica flakes functionalized with folic acid: mSiO<sub>2</sub> after LDH Mg/Al\_FA (**A**) and mSiO<sub>2</sub> after GO\_FA (**B**).

Figure 5 shows the FTIR spectra of both types of silica flakes functionalized with folic acid and loaded with MTX. The band at 1398 cm<sup>-1</sup> observed in both spectra indicates the existence of hydrogen bonds that could be formed between the drug and the silica flakes (Figure 5). It could also be related to the C-H bond stretching vibrations [38,39]. The band centered at 1450 cm<sup>-1</sup> in both samples corresponds to the symmetric stretching mode of the COO- group, indicating the successful interaction of MTX and silica flakes [40]. It is also noteworthy that after packing the drug, in both samples, the peak corresponded to the N-H bonds disappears. Therefore, it can be assumed that the drug interacts with silica flakes not only by hydrogen bonding, but it also attaches to amino groups, thus forming an amide bond, as confirmed by the peak at 1540 cm<sup>-1</sup>, corresponding to the C-N bond [41].



**Figure 5.** FTIR spectra of silica flakes functionalized with folic acid loaded with methotrexate (MTX): mSiO<sub>2</sub> after GO\_FA (**A**,**B**) and mSiO<sub>2</sub> after LDH Mg/Al\_FA (**C**,**D**).

The thermogravimetric analysis (Figure S5) was carried out for silica flakes functionalized with folic acid and loaded with drug to determine the weight percentage of organic substances in the obtained structures. The obtained results allowed calculating that in the sample after functionalization with folic acid, 20 wt % of mSiO<sub>2</sub> after LDH Mg/Al belongs to organic molecules and 23 wt % of mSiO<sub>2</sub> after GO belongs to organic molecules. While for the samples after drug loading, the weight percentage of organic components was 50 wt % and 49 wt % for mSiO<sub>2</sub> after LDH Mg/Al and mSiO<sub>2</sub> after GO, respectively.

### 3.2. Drug Release

Drug release was carried out in deionized water (Figure 6A) and phosphate buffer saline solution (Figure 6B) at 37 °C. The equilibrium is achieved faster for mSiO<sub>2</sub> after LDH. It was achieved in PBS after 2 h and in H<sub>2</sub>O after 4 h, reaching 100 wt % and 80 wt %, respectively. Whereas, in the case of mSiO<sub>2</sub> after GO, small amounts of drug were still released even after 24 h, eventually reaching 99 wt % in PBS and  $\approx$ 93 wt % in water. At the early stages of the experiment, the immediate release of large amounts of drug was observed in both systems. It was not observed in earlier studies on non-functionalized mesoporous flakes [24]. It can be assumed that the presence of folic acid on the surface of the flakes blocks the drug penetration into the pores of the structures. Instead, it adsorbs on their surface and immediately releases after contact with solutions. In the case of mSiO<sub>2</sub> after GO, up to 80 wt % of the drug was adsorbed on the surface, while the rest of the amount of the drug filled the pores. However, in the case of mSiO<sub>2</sub> after LDH, even about 90 wt % of the drug could be adsorbed on the surface. These differences are due to the pore volume, which is three times larger in  $mSiO_2$  after GO than for mSiO<sub>2</sub> after LDH, so more drug could be adsorbed in the pores of the structure. This can also be confirmed via comparison of their release profiles in water. Since the solubility of methotrexate in water (0.171 mg/mL) [42] is much weaker than in PBS (1 mg/mL), the drug with  $mSiO_2$  after GO shows a gradual release, while with mSiO<sub>2</sub> after LDH,  $\approx$ 60 wt % is released immediately. This confirms that in the case of  $mSiO_2$  after GO, some of the drug must be desorbed from the pores, not just from the surface of the material. According to the presented FTIR (Figure 5), drug adsorbed on the surface of silica flakes are not only bound by the physical interactions, but it also attaches to amino groups, thus forming an amide bond. Except for the influence on drug releasing from silica flakes, the pore structure and drugs molecules bonding to their surface form the stability of silica flakes in the PBS solution. Our previous research shows that flake structures rapidly degrade. Therefore, this study was carried out to verify whether the different types of silica nanoflakes template affect this process as well.



Figure 6. MTX releasing profiles in water (A) and phosphate-buffered saline (PBS) solution (B) at 37 °C.

#### 3.3. Degradation of Silica Flakes

Recently, the degradation of silica structures has been widely investigated. Especially, this is crucial for biological applications because it is important that the material after its functionality (e.g., drug delivery) can be removed from its location without adversely affecting the cells. Silica materials

are degraded due to hydrolysis of siloxane bonds (-Si-O-Si-). The current state of the art reports that factors such as size [43], shape [44], or porosity [45] may be important in the degradation rate of silica structures.

Basing on TEM images (Figures 7 and 8), it can be conclude that both kinds of silica flakes did not degrade in water, but PBS or medium had a huge influence on the materials' morphology. However, mSiO<sub>2</sub> after GO placed in PBS (Figure 7D–F) first lose their porosity, without significant changes to the overall shape of the flake. After 48 h in medium (Figure 7H), newly formed structures appeared, even though the porosity of the flakes is still visible. In the case of mSiO<sub>2</sub> after LDH Mg/Al, the overall shape of the flakes is maintained throughout the experiment, but the change in the porosity of the sample is also detected. The deformation appeared in the form of large holes in the nanoflakes structure.



**Figure 7.** Transmission electron microscopy image of mSiO<sub>2</sub> after GO immersed in water (**A**–**C**), the PBS solution (**D**–**F**) and medium (**G**–**I**) for 24 h (images **A**,**D**,**G**), 48 h (**B**,**E**,**H**), and 72 h (**C**,**F**,**I**).



**Figure 8.** Transmission electron microscopy image of mSiO<sub>2</sub> after LDH immersed in water (A–C), the PBS solution (D–F) and medium (G–I) for 24 h (images A,D,G), 48 h (B,E,H), and 72 h (C,F,I).

Such differences in the process of flake degradation can be related to different effects. It can be e.g., due to the volume and size of the pores. Similar observations were described by B. Gouze and co-workers [46]. mSiO<sub>2</sub> after GO has a smaller specific surface area, and at the same time their pore size is slightly smaller, but the volume is almost three times larger than in the case of mSiO<sub>2</sub> after LDH. It is probable that the faster degradation of flakes after GO is caused by the solvent molecules, which are able to penetrate the structure faster and deeper. However, the fact that during the degradation of these flakes new and amorphous structures appear can be associated to the thickness of the flakes. The thin structure of the mSiO<sub>2</sub> after GO exhibits a short diffusion path of the dissolved SiO<sub>2</sub>. The hydrolyzed silica during degradation did not settle on the flakes but was released into the solution. The newly formed silica particles such as spheres can be seen on Figure 7H,I. On the other hand, in the mSiO<sub>2</sub> after LDH, the blocking pores and degradation of silica flakes after a shorter period of time can be detected. No additional silica structures were observed.

#### 4. Discussion

The relationship between specific surface, pore type, and degradation rate was described by H. Yamanda et al. [43]. According to their research, not the size of the nanoparticles but rather the correlation with the specific surface and porosity of the structure is crucial in the degradation process of silica structures. Therefore, on one hand, it can be assumed that for mSiO<sub>2</sub> after GO, which is characterized by pores, a larger volume will be more suitable for drug delivery systems. However, the size of the nanoflakes and structures formed during degradation should also be taken into account. From previous reports on the interaction of nanoparticles with cells, it can be concluded that 600 nm particles are worse endocytosed by cells than spherical nanoparticles (size distribution from 80 to 150 nm) [47]. This is also confirmed by other reports; e.g., Lin et al. show that well-ordered mesoporous silica nanoparticles with a size of  $\approx$ 110 nm have been high-efficiently internalized into mouse fibroblast cells [48]. In addition, the shape can be important in these processes. It has been proven that longitudinal nanoparticles (longer dimension  $\approx$ 110–150 nm) penetrate cells better than longitudinal nanoparticles with smaller dimensions or spheres [49,50]. Therefore, it can be assumed that  $mSiO_2$  after GO can exhibit better potential use as drug delivery systems due to both a larger pore volume and smaller flake size. It can also be assumed that the newly formed structures during degradation will not penetrate the cells as easily as nanoflakes. However, the flakes should be subjected to further investigation.

## 5. Conclusions

We presented synthesis routes of silica flakes fabricated on two types of templates: on graphene oxide and Mg–Al layered double hydroxide. Both types of silica flakes have been functionalized by folic acid and anticancer drug (MTX). Detailed spectroscopic analyses allowed proving that the drug interacts with silica flakes not only via hydrogen bonding, but also via amide bond formation. Interestingly, different structural properties affected their drug release profiles.

In all experiments there was at least 80 wt % drug release observed. The release, in water as well as in PBS solution, from mSiO<sub>2</sub> after GO was slower and more gradual than from mSiO<sub>2</sub> after LDH. For the first structure, the release stopped after 30 h, reaching 90 wt % in water and  $\approx$ 99 wt % in PBS solution. Drug release from mSiO<sub>2</sub> after LDH Mg/Al occurred almost immediately in both media (water and PBS). The equilibrium was achieved in PBS after 2 h, while in H2O, it was achieved after 4 h, reaching 100 wt % and 80 wt %, respectively. This can be explained by the smaller pore volume of these structures allowing the drug adsorption only on the surface and not into the pores of the material

Both kind of flakes also degraded differently in the solutions. In water, none of the petals showed the changes in morphology. In contrast, the PBS solution and medium significantly affected the structure of the flakes. However, mSiO<sub>2</sub> after GO placed in PBS and medium lost their porosity, and newly formed structures appeared. In the case of mSiO<sub>2</sub> after LDH Mg/Al, the overall shape of the flakes is maintained throughout the experiment, but a change in the porosity of the sample is also detected. The deformation appeared in the form of large holes in the nanoflakes structure. According

to the TEM analysis, the degradation occurs faster for the flakes made from GO. These differences can be noticed after 48 h.

Analyzing the data, it can be assumed that  $mSiO_2$  after GO can be more suitable as a drug delivery system due to the following: (i) the larger volume of pores in which the drug can be accumulated, and (ii) the smaller size of flakes that would more easily penetrate the cells. The obtained results are promising, but they require further research, primarily biological, to determine whether this folic acid functionalization combined with silica flakes will be effective in targeted anticancer therapies.

**Supplementary Materials:** The following are available online at http://www.mdpi.com/2076-3417/10/18/6465/s1, Figure S1: X-ray dispersion spectroscopy (EDX) elemental spectra of silica flakes and the templates; Figure S2: XRD patters of mSiO<sub>2</sub> after GO (A) and GO and mSiO<sub>2</sub> after LDH Mg/Al and LDH Mg/Al (B); Figure S3: Raman spectra of mSiO<sub>2</sub> after GO (A) and GO and mSiO<sub>2</sub> after LDH Mg/Al and LDH Mg/Al (B); Figure S4: BET isotherms (A) and diagrams of pore diameter distribution (B) of mSiO<sub>2</sub> after GO and mSiO<sub>2</sub> after LDH Mg/Al; Figure S5: Thermogravimetric analysis of silica flakes functionalized with folic acid.

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