



Effects of Solids Accumulation on Greenhouse Gas Emissions, Substrate, Plant Growth and Performance of a Mediterranean Horizontal Flow Treatment Wetland

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Abstract: In treatment wetlands (TWs), solids accumulation can result in hydraulic malfunction, reducing the operation life, and it could enhance biological activity by favoring biofilm development. It is still unknown whether the solids accumulation can affect greenhouse gas (GHG) emissions. This study aims to evaluate the solid concentration along a horizontal flow (HF) TW, and its role in GHG emissions, hydraulics, treatment performance, and vegetation development (Phragmites australis (Cav.) Trin. ex Steud.). The study was carried out in an eight-year-old full-scale HF-TW located in the Mediterranean region (Sicily, Italy). To collect data inside the HF unit, nine observation points (besides the inlet and the outlet) along three 8.5-m-long transects (T1, T2, and T3) were identified. The first transect (close to the inlet zone) showed a hydraulic conductivity (Ks) reduction approximately one order of magnitude higher than the other two. Results highlighted that GHG emissions increased during the summer, when the temperature and solar radiation were higher than in the rest of the year, matching the macrophyte growth rate. Theoretical methane (CH_4) emissions followed the trend of volatile solids (VS), which was around 3.5 and 4 times in T1 to T2 and T3. Pore clogging affected carbon dioxide (CO₂) emissions, which decreased from T1 to T3, with maximum monthly values in T1 (21.4 g $CO_2 \cdot m^{-2} \cdot d^{-1}$) being approximately double with respect to T2 (12.6 g $CO_2 \cdot m^{-2} \cdot d^{-1}$) and T3 (10.7 g $CO_2 \cdot m^{-2} \cdot d^{-1}$) observed in July. The same trend for chemical oxygen demand (COD) removal efficiency, decreasing from T1 to T3, was observed. Notwithstanding this behavior, the final effluent quality was very satisfactory, with an average value of COD removal efficiency above 90%.

Keywords: wastewater treatment; carbon dioxide emission; clogging; horizontal flow; *Phragmites australis*

1. Introduction

Treatment wetlands (TWs) are systems increasingly used worldwide to treat different types of wastewater (WW) [1] by removing mineral and organic pollutants through both physical and biochemical processes [2–4]. Besides the reusable effluent, they integrate water service management and reduce the resource demands for freshwater [5]. However, managers often have to face pore clogging, a complex and challenging phenomenon that affects TWs during their operational life [6]. In addition, the new century's challenges, namely global warming and climate change, have pushed several authors to study TWs also in terms of environmental sustainability. It is well recognized that in such nature-based systems, organic matter is removed through carbon dioxide (CO₂) and methane (CH₄) evolution, and they can act as a carbon (C) sink or source. More than 200 papers have been published in international peer-reviewed journals [4,7] considering CO₂ emission and sequestration, as well as CH₄ emissions in TW concerning numerous factors: TW types; meteorological [8], hydrological [9], operational, and lifespan conditions [10]; and



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Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). vegetation [4]. In addition, some authors highlighted that the permeability variation of a TW substrate would affect greenhouse gas (GHG) flows and their interactions with the underlying groundwater [11,12]. Moreover, pore clogging generally causes the rise of the water table. This TW condition creates anaerobic (anoxic) soil, which can store CO₂ and release CH₄ by decreasing the decomposition rate [13]. In addition, aerobic degradation is the predominant process responsible for organic matter removal, and the accumulation of insoluble organic matter in TWs can reduce the organic matter removal rate [14], even if the total treatment capacity of a partially clogged horizontal flow (HF) unit could remain satisfactory [15]. To the best of our knowledge, no studies have been conducted on the effects of solids accumulation on GHG emissions in Mediterranean conditions. To fill this gap, the proposed study aims to evaluate the effects of solids accumulation on the GHG emissions, substrate, plant growth, and performance of a Mediterranean eight-year-old full-scale HF-TW planted with *Phragmites australis*.

2. Materials and Methods

2.1. Study Site and Experimental Design

This study was performed in a full-scale HF-TW (Figure 1) located in Catania (South Italy, 37°26' N; 15°01' E) in the Mediterranean basin. The hybrid TW consists of three in-series connected units, one HF, and two vertical flows (VF1 and VF2). The TW has been operating since 2014 as a support for the primary sequence batch reactor (SBR) system. VF1 and VF2 allow for the treatment WWs and nitrification of ammonia to nitrate. The HF unit, with a surface area of 400 m² and a project flow rate of 30 m³ · d⁻¹ (split into two batch phases every day), serves as the tertiary treatment step. It has been designed to reduce organic matter and suspended solids (SS) concentrations. The HF filtering unit is 1% slope, 0.6 m deep on average, filled with volcanic gravel (8–10 mm, 0.41 porosity) and planted with *P. australis* at a density of approximately 4 rhizomes per m². During the experiments, the water table was kept constant at 0.30 m from the HF surface to facilitate substrate sampling operations. To collect data, besides the inlet (P0) and the outlet (P10), nine observation points, three 8.5-m-long transects (T1 at 8.5 m, T2 at 17 m, and T3 at 25.5 m), were considered. Each transect was equipped with three piezometers of 0.30 m depth inserted inside the HF unit and placed at a 3 m distance from each other. Observed data were calculated by averaging the three observation points in each transect (from P1 to P9) at the same distance from the inlet, since no significative difference (p < 0.05) was observed in the three sampling points for each distance for the studied parameters. The T1 area was afflicted by a severe hydraulic conductivity reduction ($Ks = 660 \text{ m} \cdot \text{d}^{-1}$) in comparison to T2 and T3, which showed $Ks = 6508 \text{ m} \cdot \text{d}^{-1}$ and $Ks = 6104 \text{ m} \cdot \text{d}^{-1}$, respectively [16]. The HF vegetation has been harvested every year (at the end of January) when the shoot vegetation is maximum.



Figure 1. HF layout and experimental setup—black diamonds are bulk substrate sampling points; circles are piezometers, squares are aboveground biomass sampling points, and numbers are wastewater sampling points.

2.2. Weather Data

A weather station (Campbell Scientific—General Research-Grade Weather Station— GRWS100), able to record different climatic variables, was installed close to the TW plant to record the following meteorological data: air temperature, wind speed and direction, rainfall, and relative humidity. The HF influent flow rate and the HF effluent WW discharge volume, combined with precipitation data measured by the meteorological station, were used to estimate the evapotranspiration (ET) rates of *P. australis* during the vegetative period. The ET was calculated using a water balance approach [17].

2.3. Water Quality

The water flow rate was daily collected and recorded at the inlet and outlet using a flow-measurement device (B-Meters MUT 2200 EL). WW samples were collected at the inflow and outflow wells and at the nine piezometers installed in the HF unit. Biochemical oxygen demand (BOD₅, mg·L⁻¹), chemical oxygen demand (COD, mg L⁻¹), total nitrogen (TN, mg L⁻¹), total phosphorous (P, mg L⁻¹), and total suspended solids (TSS, mg L⁻¹) were calculated according to the reported method [18]. The removal efficiency (*RE*, %) of the system was calculated as follows (1):

$$RE(\%) = (1 - \frac{C_{out}}{C_{in}}) \cdot 100 \tag{1}$$

where C_{out} and C_{in} are the pollutant concentrations in the effluent and inflow points, respectively. In particular, the COD, *RE*, was evaluated also for each transect.

2.4. Accumulated Material Characterization and Vegetation Study

Substrate samples mixed with belowground biomass and organic matter were collected at 2 points around each piezometer (n = 18 samples). A depth of 0.30 m was explored as most of the plant root apparatus was concentrated in the system's upper layer [19]. At each sampling point, a 0.20-m-diameter by 0.30-m-long sharp-end steel tube was inserted in the unit substrate to avoid the collapse of the lateral wall inside the hole and to collect the material samples. The steel tube was inserted in the unsaturated zone of the HF system surface. Then, the bulk sample inside the tube was extracted by a soil scoop (0.005 m³). Laboratory analyses were performed to characterize the sampled material in terms of concentrations of accumulated total solids (TS, g·m⁻³), volatile solids (VS, g·m⁻³), and plant root biomass (PRB, g·m⁻³) [20]. Moreover, in each transect, three 1 m² parcels were outlined to study *P. australis* aboveground volume in terms of the number, height, and circumference of culms from January to December 2021.

2.5. Greenhouse Gas Emissions

The monitoring activities were performed from January to December 2021. Daily CO_2 emissions were measured after plant cutting when shoot vegetation coverage was = 0% up to the end of the year. The static stationary chamber technique [3,21] was used to estimate in situ CO_2 emissions in T1, T2, and T3 of the HF unit. Further details of the constructive and operational features, apparatus setting, and calibration are described by Barbera et al. [3] and Zhao et al. [21]. The chamber was positioned with its bottom part (0.2 m) permanently inserted in each fixed HF sampling point to calculate cumulative CO_2 daily emissions. For each transect, two replicated measures around each piezometer were acquired. Theoretical CH_4 emissions were calculated as a function of the BOD₅ loaded into the HF unit and its related emission, as suggested by Barbera et al. [22]. This method is defined as a good practice approach for countries with limited data [23]. The EF was obtained using the following Equation (2).

$$EF = B_0 \cdot MCF \tag{2}$$

where B_0 indicates the maximum CH₄ generation capacity. In this study, a default value of 0.6 (kg·CH₄)·(kg·BOD₅)⁻¹ has been applied [24]. *MCF* indicates the CH₄ correction factor for TW type (*MCF* = 0.1 for HF-TW [24]).

2.6. Data Analysis

Statistical analysis in this study was performed using *Minitab* software v.21.1. CO_2 emissions and organic biomass fraction among T1, T2, and T3 were evaluated by analysis of variance (ANOVA). The non-parametric Kruskal–Wallis test with p < 0.05 was performed to check the CO_2 emission differences and the aboveground biomass growing in the three transects. Statistical significance between two average values of TS, VS, PRB was tested by a two-tailed *t* test (p = 0.05), assuming a normal distribution for these variables. The multiple linear regression model was applied to check the relationship between the observed CO_2 emissions and the weather variables. According to the influent and effluent concentrations of BOD₅, COD, NH₄⁺-N, TN, TP, and TSS, the statistical difference in the average *RE* values was calculated using the ANOVA.

3. Results and Discussion

3.1. Weather Data

The meteorological data recorded during the experimental period showed typical characteristics of Mediterranean environments, with average annual rainfall of approximately 626 mm and an average annual air temperature of 18.3 °C, ranging from a minimum of 9.8 °C up to a maximum of 31.6 °C, with average relative humidity of 39.8%. The discussed timespan was characterized by cumulative solar radiation of 214.34 MJ·m⁻²·d⁻¹ and an average wind speed of around $1.72 \text{ m} \cdot \text{s}^{-1}$, with a prevailing wind direction of 247.50° north. The average daily ET was 6.80 mm $\cdot d^{-1}$ and showed the highest value (14.61 mm $\cdot d^{-1}$) at the end of July. The lowest value was recorded at the end of January (0.96 mm $\cdot d^{-1}$). As highlighted in several studies [4,8,25,26], the environmental conditions may influence directly and indirectly the vegetation development, the microbial communities, and their level of activity. The linear regression analysis performed in this study suggests a linear association of observed CO₂ emissions with both the average air temperature ($R^2 = 0.75$) and the average solar radiation ($R^2 = 0.63$) recorded during the observation period (Figure 2). This result agrees with the positive correlation highlighted in more than 200 reviewed papers [4]. Instead, no significative regression was found between the CO_2 emissions and rainfall or humidity variables.



Figure 2. Linear regressions between the average monthly CO₂ emissions from the HF unit and the average air temperature values (blue line) and the average solar radiation values (red line) documented during the observation period (January–December 2021). Yellow circles and blue diamonds are solar radiation and temperature data, respectively.

It was found that there was a significant correlation between the average air temperature and CO₂ emissions in a pilot-plant scale HF-TW vegetated with *Chrisopogon zizanioides* and *P. australis* [3,4]. Moreover, Zhu et al. [27] reported a positive correlation of CO₂ flow rates through the culms with solar radiation in a HF-TW unit vegetated with *P. australis*. Regarding CO₂, similarly, it was highlighted that there was a positive correlation with solar radiation but only for *Cyperus* papyrus [3,4], supporting the suggestion that not only the vegetation's presence has a significant impact on the GHG emissions from TW, but also the plant genotype [28,29].

3.2. Water Quality

COD removal increased significatively from T1 to T2 to T3 for the whole observation period. In T1, the range of COD removal monthly variability was 6–14%, with a mean value of 10%; in T2, it was 14–40%, with a mean value of 24%; in T3, it was 17–58%, with a mean value of 33% (Figure 3). The lowest COD-RE observed in the T1 transect could be due to the pore clogging phenomenon, which causes a unit useful volume loss and a rise in the water table, generating anaerobic (anoxic) zones. As is well known, aerobic degradation is the predominant process responsible for COD removal, and the accumulation of insoluble organic matter in the HF unit may reduce the COD removal rate [14]. This behavior is in line with a study that found that the amount of COD degradation is related to the effective porous volume of the filler [30]. Notwithstanding the lower COD-*RE* in the first part of the HF unit, the effluent quality was good during the whole observation period, with an average value of COD-RE above 90% [31,32]. In fact, the treatment performance of a partially clogged HF unit may remain satisfactory [15]. Table 1 shows the average concentrations and the RE of the main pollutants obtained from the water sample analysis collected at the inflow and outflow of the HF unit during the monitoring campaign (2021).

Table 1. Average concentrations and removal efficiencies with standard deviation (\pm SD) of the physicochemical parameters detected at the inflow (in) and outflow (out) of the HF-TW during the experimental period (January–December 2021).

Water Quality Parameter	HF In (mg·L ⁻¹) (\pm SD, <i>n</i> = 12)	HF Out (mg·L ⁻¹) (±SD, $n = 12$)	Removal Efficiency (%) $(\pm SD, n = 12)$
COD	164.4 (±17.1)	38.4 (±13.1)	76.6 (±7.3)
BOD_5	129.11 (±28.5)	8.2 (±4.3)	93.6 (±1.8)
TSS	62.2 (±39.4)	4 (±5.8)	99 (±0.8)
N-NH ₄	12.8 (±10.6)	0.1 (±0.1)	99 (±0.4)
Total N	76 (±28.5)	26.9 (25.8)	74.3 (±30)
Total P	16.6 (±9.1)	10.2 (±11.1)	54 (±15)

Pollutant concentrations of the final effluent were low ($4 \pm 5.8 \text{ mg} \cdot \text{L}^{-1}$ of TSS, $0.1 \pm 0.1 \text{ mg} \cdot \text{L}^{-1}$ of N-NH₄⁺, 26.9 ± 25.8 mg $\cdot \text{L}^{-1}$ of N_{tot}, and 10.2 ± 11.1 mg $\cdot \text{L}^{-1}$ of P_{tot}), notwithstanding the high initial concentrations at the inlet stage ($62.2 \pm 39.4 \text{ mg} \cdot \text{L}^{-1}$ of TSS; $12.8 \pm 10.6 \text{ mg} \cdot \text{L}^{-1}$ of N-NH₄⁺, 76 ± 28.5 mg $\cdot \text{L}^{-1}$ of N_{tot}, and 16.6 ± 9.1 mg $\cdot \text{L}^{-1}$ of P_{tot}). Therefore, results evidenced the key role of the HF unit, which provided an efficient reduction in TSS (up to 99 ± 0.8%), N-NH₄⁺ (up to 99 ± 0.4%), N_{tot} (up to 74.3 ± 30%), and P_{tot} (up to 54 ± 15%). The effluent quality was outstanding, and the BOD₅, COD, and TSS values were below the Italian law discharge limits (35 and 125 mg $\cdot \text{L}^{-1}$, respectively). The HF unit provided a very high average reduction in TSS and BOD₅, allowing for the limits fixed by the Italian law to be respected. The high TN reduction confirmed that both processes (nitrification and denitrification) were efficient.



Figure 3. Temporal trend and comparison between the aboveground vegetation volume (cm³ per m²) and CO₂ emissions (mg·m⁻²·h⁻¹) documented in the three transects during the experimental campaign. Red squares, blue circles, and yellow diamonds are the average values of CO₂ emissions observed in T1, T2, and T3, respectively, during 2021. White squares, circles, and diamonds are average values of the aboveground vegetation volume of *Phragmites australis* documented in 2021.

3.3. Accumulated Material Characterization

In T1, TS concentrations varied between 3088.61 and 5646.41 $g \cdot m^{-3}$ with an average value of 4320.48 ± 471.45 g·m⁻³ (CV = 0.10). The VS concentration varied from 1550.07 to 2157.12 g·m⁻³ with an average value of 1355 ± 115.15 g·m⁻³ (CV = 0.08), and the volatile fraction accounted for 51% of the total TS concentration. T2 showed a TS concentration ranging between 656.01 and 1152.43 g·m⁻³ with an average value of 920.48 \pm 77.28 g·m⁻³ (CV = 0.08); meanwhile, T3 is characterized by a TS concentration that ranges between 467.89 and 1055.08 g·m⁻³ with an average value of 846.48 \pm 61.4 g·m⁻³ (CV = 0.12). The volatile fraction in T2 and T3 accounted for 27.7% and 25% of the total TS concentration, respectively. The higher VS average concentration value in T1 with respect to the rest of the HF unit may be explained as an effect of the organic matter accumulation close to the inlet area. Moreover, the VS average value's trend with respect to the distance from the inlet has a strong negative correlation ($R^2 = -0.98$) with the K_s one (Figure 4). Similarly, other authors [19] observed a significative increase in VS close to this zone. This result is in line with the Ks reduction observed close the inlet zone [16], which has been highlighted as an expected consequence of organic matter accumulation due to the WW type and supply also in other studies [32,33]. TS and VS did not have significative temporal trends during the observation period.



Figure 4. Data comparison with the distance from the inlet of volatile solid average values (VS, $g \cdot m^{-3}$); *Ks* average values ($m \cdot h^{-1}$) reported [16] ($m \cdot h^{-1}$), COD removal efficiency (%), and theoretical CH₄ emission ($kg \cdot year^{-1}$).

3.4. Phragmites australis Growth

The monthly aboveground vegetation volume (calculated from the number of culms, height, and circumference) showed an expected increasing trend from February to July. This trend was almost similar in the three transects from February to May (Figure 3). However, a higher growth rate was observed in T1 starting from June, and it rose until August (Figure 3). The lowest values of the monthly above vegetation volume were observed in the T1 area, which was affected by pore clogging. The PRB measured at 0.3 m belowground depth followed the same trend, with values decreasing from T1 (5646.8 g m⁻³) to T2 (1650.2 g m⁻³) and finally to T3 (656.0 g m⁻³); no significative temporal variation was observed during the experimental campaign.

3.5. Greenhouse Gas Emissions

CO₂ emissions increased during the summer, when the temperature and solar radiation were higher than in the rest of the year (Figure 2). CO_2 emissions were significantly different among T1, T2, and T3, with maximum monthly values in T1 (21.4 g·CO₂·m^{-2·d⁻¹)} being approximately double with respect to T2 (11.3 g·CO₂·m⁻²·d⁻¹) and T3 (10.7 g·CO₂) $\cdot m^{-2} \cdot d^{-1}$) observed in July (Figure 3). Minimum monthly values (10.8 g $\cdot CO_2 \cdot m^{-2} \cdot d^{-1}$) in T1, 7.4 g·CO₂·m⁻²·d⁻¹ in T2, and 4.8 g·CO₂·m⁻²·d⁻¹ in T3) were observed mainly in November. T2 and T3 had a similar trend, with lower differences observed between summer and winter months compared to those observed for T1 (Figure 3). The seasonal trend observed for CO_2 in T1 agrees with that reported by several authors [7,34–37]. In semi-arid Mediterranean conditions, there is an average CO₂ daily emission value varying between 0.8 ± 0.1 g·CO₂·m⁻²·d⁻¹ during the winter season and 24.9 ± 0.6 g·CO₂·m⁻²·d⁻¹ in the summer season [3]. A similar seasonal tendency of CO₂ emissions (varying from 11.1 to 49.0 g·CO₂·m⁻²·d⁻¹) has been observed in another Mediterranean HF-TW vegetated with P. australis under anaerobic conditions [38]. Moreover, Picek and co-authors [28] reported CO₂ emissions varying between 0.4 and 27.2 g·CO₂·m⁻²·d⁻¹ during summer and fall in an HF-TW with P. australis that treated combined sewage and stormwater runoff, but no

significant differences were highlighted by these authors when comparing the inlet and the outlet zones. In this study, the seasonal trend observed for CO₂ and the *P. Australis* volume was similar, with an R² equal to 0.74 for T1, 0.65 for T2, and 0.74 for T3. This could indicate that vegetation growth is responsible for the CO_2 emissions increase recorded during the summer season. The crucial role of vegetation growth in CO₂ emissions has been reported by numerous authors [4,39]. For example, Picek et al. [28] observed that CO₂ emissions gradually declined toward the end of the growing season. Additionally, they demonstrated that plants are an essential source of available carbon for the microorganisms in TWs. This carbon is further transformed into gaseous forms and increases carbon emissions from TWs. In this study, it has been highlighted that CH_4 emissions followed the trend of VS (Figure 4), with values decreasing from T1 (equal to 19.8 kg·CH₄·year⁻¹) to T2 (3.3 kg·CH₄·year⁻¹) and T3 (6.5 kg·CH₄·year⁻¹). The highest theoretical CH₄ emissions in T1 are probably due to anaerobic bacteria (methanogens) that increase in the HF unit's waterlogged anoxic part. Similarly, Liikanen et al. [8] measured higher methane emissions in the HF inlet zone $(10 \text{ mg} \cdot \text{CH}_4 \cdot \text{m}^{-2} \cdot \text{d}^{-1})$ than in the HF outlet zone $(4.4 \text{ mg} \cdot \text{CH}_4 \cdot \text{m}^{-2} \cdot \text{d}^{-1})$. This result may be explained by the HF influent loading [40], also resulting in the greater availability of organic substrates for bacterial biomass growth associated with the inlet zone.

4. Conclusions

Both contributors to C emissions (CO_2 -C and CH_4 -C) were the highest in the inlet zone (T1). This behavior may be explained by the different processes acting simultaneously in the TW. Firstly, the highest values of CO_2 emissions can be explained by the *P. Australis* growth rate, which was higher in T1 than in the rest of the HF system during summer, when the temperature and solar radiation increased. In particular, the increasing monthly aboveground vegetation volume trend was almost similar in the three transects from February to May; an increasing rate, higher in T1, was instead observed starting from June, and it rose in July. Similar to the monthly aboveground vegetation volume, belowground biomass measured at 0.3 m depth also decreased from T1 to T2 and T3. Secondly, pore clogging explained the highest CH_4 emissions in T1, due to the presence of anaerobic bacteria (methanogens) that proliferated in this waterlogged, anoxic part of the TW. In fact, also the solids volatile fraction was higher in T1 (around 3.5 and 4 times) than in T2 and T3. Moreover, the pore clogging caused a Ks reduction in T1 (around one order of magnitude) compared to T2 and T3, and an observed COD removal increase from T1 to T2 to T3 for the whole observation period. Notwithstanding the negative effects of the pore clogging observed in the first part of the HF unit, the effluent quality was very satisfactory over the entire observation period, with the average value of COD removal efficiency above 90%. Further investigations will be carried out with the aim of assessing the potential effects of pore clogging on the TW carbon balance.

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