



Article Design and Experiment Evaluation of Load Distribution on the Dual Motors in Cam-Based Variable Stiffness Actuator with Helping Mode

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Abstract: This paper presents a novel cam-based variable stiffness actuator (VSA). It significantly differs from its counterparts in that the external load distributes on its two motors with a small difference. It is a feasible method to improve VSA's output power, especially in compact joints, such as rehabilitation devices. The stiffness adjustment involves a spring-balanced crank-slider mechanism with a variable-length base frame. Its tunable node is the common node for force decomposition, synthesis, stiffness adjustment, and position control by setting it at the common groove of two differential variable-pitch cams. The paper establishes analytical expressions among the pressure angle of the cam pitch curve, load distribution, and its crucial design indexes and constraints. Based on this, the pitch curve synthesis method is put forward to optimize the load distribution. In addition, a reasonable tradeoff can be easily made by locally adjusting the cam pressure angle. So, the dual motors can work against the output load together in the same direction with a close amount. In the fabricated prototype, current stratification caused by the unstable friction direction has been observed. The estimation results of motor frictionless current matched the designed load distribution behavior.

Keywords: helping mode; variable stiffness; load distribution; cam synthesis; pressure angle; frictionless current estimation

1. Introduction

Compared with traditional rigid actuators, compliant actuators exhibit superior interactive performance such as elastic muscles [1–3]. They are widely researched in wearable applications, such as assistive exoskeleton [4,5] and rehabilitation devices [6,7]. As the simplest compliant actuator in its early stage, the series elastic actuator (SEA) has linear springs intentionally placed between the motor and actuator output. It turns the force control problem into a position control one [8]. This results in simple force control, great shock-absorbing, inherent security, low-energy consumption in cyclic movements, and velocity gain in explosive movements [9–11]. By introducing the stiffness adjustment module, the variable stiffness actuator (VSA) broadens the stiffness range and furtherly improves the torque control bandwidth [12,13] and dynamic performance [14,15].

However, the size, weight, and costs conflict with five other attributes that describe a VSA, i.e., output power, potential energy storage, stiffness range, efficiency, and accuracy [16]. After tradeoff design, numerous VSAs were developed to address various demands on their functionality. In addition, these designs were classified in detail according to their principles [17] and became important guidelines to their successors. VSA generally includes two motors to achieve synchronous control of stiffness and torque (or position). The size, output power, and efficiency are directly related to the load distribution on the two motors—the more evenly the load distribution, the better. For in-depth research of the load distribution, this paper re-divides the VSA into the following three categories: the



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Node for stiffness



Output

non-linear springs

VSA with independent mode (Figure 1a), the VSA with antagonistic mode (Figure 1b), and

Figure 1. VSA categories based on load distribution (a) Independent mode; (b) Antagonistic mode; (c) Helping mode (the type proposed).

For the VSA with independent mode, its output load is entirely supported by a highpower prime motor. A small-power auxiliary motor drives the stiffness adjustment mechanism. Its adjustment principles include the followings: tuning spring preload (VSM [18], RVSA [19]), varying the attachment points of the internal springs (AWAS [20]), moving the pivot point (SVSA-II [21], VSA with variable-link [22], CRM-VSA [23]), changing the physical properties of the spring [24-26]. These actuators received broad focus for their force decoupling structure: force F_{M2} perpendicular to F_{M1} at two independent nodes for two control variables (Figure 1a). It substantially simplifies the control strategy. However, the decoupling feature also makes the auxiliary motor no longer support the prime motor.

For the VSA with antagonistic mode, its output load equals the difference value of dual prime motors' output [27,28]. The two motors drive the output shaft through nonlinear springs with two antagonistic nodes [29,30]. Both the nodes can act on stiffness and position adjustment, but with opposite forces (F_{M1} and F_{M2} in Figure 1b). Rotation of the motors, in the same sense, generates a net output torque, while counter-rotation sets different stiffness [31]. This arrangement allows both motors to contribute to the stiffness adjustment and obtains a flexible structure by cable driving [32–34]. However, it also has a drawback: the motors work in antagonistic mode. Its enhanced versions include cross-coupled arrangement and bidirectional layout [35]. Significantly, the latter results in an additional mode called the helping mode. In this case, the maximum torque at the output shaft equals the sum of the two motors in a partial workspace.

For the VSA with helping mode, its output load equals the sum of dual prime motors output in the whole workspace. It arises from some unique structure designs: a force resolving generator at the output of each motor, a common node for force resolving, synthesis, position control, and stiffness adjustment. In Figure 1c, this paper deliberately decomposes the common node into three nodes for a more explicit description according to its function. On node I, the force generator resolves the output force of each motor (F_{M1} and F_{M2} in Figure 1c) into two orthogonal directions: one for position control (F_{M1}^d and F_{M2}^{d} in Figure 1c) and another for stiffness adjustment (F_{M1}^{a} and F_{M2}^{a} in Figure 1c). Then the position force components couple at node II for a bigger output $(F_{M1}^d + F_{M2}^d)$. In addition, on the node III, the net value of the stiffness force components contributes to the stiffness adjustment ($F_{M1}^a - F_{M2}^a$ or $F_{M2}^a - F_{M1}^a$ for two opposite deflection direction).

Moreover, it is also crucial to reduce the load distribution difference between the two motors, i.e., F_{M1} and F_{M2} should be as close as possible. This is very helpful in fully exploiting the two motors for output power enhancement. Another benefit can be easily guessed but not strictly: the smaller the load distribution difference, the higher the efficiency, for that heat loss is proportional to the square of the motor current. To our knowledge, the research on the VSA with helping mode in the whole workspace is very few. A classical

Common node II :

co directional forces for position

case is the VSJ in literature [36]. However its focus is not on the load distribution. Therefore, this work aims to introduce a novel cam-based VSA with the following advantages:

- 1. Antagonistic action for stiffness adjustment, cooperative support for the external load. The VSA shares a common node, as shown in Figure 1c. The force resolving generators are two symmetrical differential cams. On this node, the counter-force of the stiffness adjustment is balanced by the difference of the dual cams' force components in the joints' radial direction; the external load is supported by the sum of the cams' force components in the joints' tangential direction.
- 2. Load distribution with a small difference for a higher-level helping mode. The ratio between stiffness adjustment counter-force and output counter-force in the crank-slider mechanism can be analytically expressed. Regarding this ratio, the pressure angle of the cam pitch curve is minimized to reduce the load distribution difference on the dual motors.
- 3. Reasonable tradeoff design. Different from the strong constraint curve (such as Archimedes spiral), the pressure angle of the pitch curve can be adjusted arbitrarily to meet different design requirements and constraints, such as stiffness adjustment speed, cam local load, curvature radius of the pitch curve and load distribution. A well tradeoff can be made.

The reminder is organized as follows. Section 2 presents the principle and mechanical design. Section 3 describes the load distribution modeling. Section 4 exhibits cam curve synthesis for a more uniform load distribution. The experimental is carried out to evaluate the design result in Section 5. Finally, the conclusion is provided in Section 6.

2. Principle and Mechanical Design of the Cam-Based VSA with Helping Mode

The principle of the proposed VSA is illustrated in Figure 2a and meets the structure design characteristic of the VSA with the helping mode in Figure 1c. It can be described in two main levels. In the first level, the variable stiffness module is realized. It includes a typical crank-slider mechanism and a spring between the crank OA and coupler AC. The crank *OA* acts as the output link, and the base frame *OB* acts as the input link. The difference between the output link and input link is the deflection angle of the VSA, and the angle between crank OA and coupler AC is the deflection angle of the spring (θ and α in Figure 2a). τ_e is the external load of the VSA and its output stiffness is defined by $K = d\tau_e/d\theta$. By changing the length of frame OB, the transmission ratio $(d\alpha/d\theta)$ can be regulated, and so the stiffness [37]. Joint B is the common node for stiffness and position control and the point connected to the second level. The second level comprises two symmetrical variable-pitch cams driven by two motors (cams C_1 , C_2 and motors M_1 , M_2 in Figure 2a). On joint *B*, the external load τ_e is balanced by the two cams with torques T_{M1} and T_{M2} in the same direction, i.e., $\tau_e = T_{M1} + T_{M2}$. The cams act as the force generator shown in Figure 1c, and resolve the output force of each motor into two orthogonal directions: one for position control (F_{M1}^d and F_{M2}^d in Figure 2a) and another for stiffness adjustment (F_{M1}^a and F_{M2}^a in Figure 2a). At the same time, the length of OB can be adjusted by a differential rotation of the dual cams.





The exploded view of the CAD model is shown in Figure 2b. The differential cams consist of two independent kinematic chains (colored by blue and yellow, respectively). Motor M_1 devotes to setting the cam C_1 position, and motor M_2 to set the cam C_2 position. M_1 is a frameless DC motor with a torque constant of 36.9 mN/A and connected to a harmonic gear (CSD-17-50-2A-R, with a ratio of 50:1). The output of the harmonic gear is then connected to the cam C_1 through gear pair I with a ratio of 100:29. The two chains have the same structure. The only differences are that the ratio of gear pair II is 130:47, and the torque constant of M_2 is 25.1 mN/A. There is a magnetic ring encoder at the input shaft of the two motors, respectively, with 3200 pulses per turn. It can provide a detection accuracy of 0.001° for cam C_1 and C_2 neglecting the backlash after gear reduction. Joint *B* is a combination of two cam follower bearings, with a diameter of 19 mm and a rated load of 950 N. The outer rings of two follower bearings are set at the common groove of the cams and its inner rings are mounted on the slider through a common shaft. The slider can move along coupler AC, and the latter forms joint A with the output link. For high compactness, the torsional spring is not an independent part, but a synergy result of two adjacent parts developed from the stiffness adjustment module (leaves on the output link and leaf bearings on the coupler AC in Figure 2b) [38]. The specifications of the variable stiffness module are shown in Table 1.

Description	Symbol	Value
Spring stiffness	ks	85 Nm/rad
Angular deflection range of the spring	α	0~0.22 rad
Range of the output load	$ au_o$	0~20 Nm
Length of the crank OA	а	0.04 m
Length range of the base frame OB	ρ	0.008~0.05 m
Rated load of cam followers	$[F_b]$	950 N
Diameter of cam followers	D	0.019 m

Table 1. Specifications of the variable stiffness module.

3. The Load Distribution Modeling in a Polar Coordinate System

In this paper, the pitch curves of cam C_1 and C_2 are modeled in the part polar coordinate systems (Figure 3a). Their poles are at the same point *O*, and polar axes are denoted by x_1 and x_2 , respectively. The common node *B* is located at the cross point of the two pitch curves and is represented by polar coordinate (ρ , κ). ρ is defined as the radial distance for stiffness adjustment ($\rho = OB$) and κ is the polar angle corresponding to ρ . On the common node, the angular difference between the cam's normal and the frame *OB* is the pressure angle of the pitch curve ($\gamma(\rho)$ in Figure 3a).



Figure 3. Load distribution modeling schematics (**a**) Cam curve in the part polar coordinate system; (**b**) Static forces at the common node.

There is a general relationship among ρ , κ , γ (ρ) as,

$$\kappa = \int_{\rho_{\min}}^{\rho} \frac{1}{\rho tan(\gamma(\rho))} d\rho \tag{1}$$

Corresponding to the case in Figure 2a, the static forces at the common node is illustrated in Figure 3b. The force from the external load (τ_e) on the followers is decomposed radially and tangentially as F_d , F_a , which is called the position balance counter-force and stiffness adjustment counter-force, respectively. F_{M1} , F_{M2} are the balanced force exerted on the followers by cams C_1 and C_2 in its normal direction. Their relationship is written as,

$$\begin{bmatrix} F_{M1} \sin \gamma(\rho) + F_{M2} \sin \gamma(\rho) = F_d \\ F_{M1} \cos \gamma(\rho) - F_{M2} \cos \gamma(\rho) = F_a \end{bmatrix}$$
(2)

 $f(\rho,\theta)$ is defined to characterize the mechanical property of stiffness adjustment, i.e., $f(\rho,\theta) = F_a/F_d$. Then, there leaves,

$$\begin{cases} F_{M1} = F_d(1 + f(\rho, \theta) \tan \gamma(\rho))/2 \sin \gamma(\rho) \\ F_{M2} = F_d(1 - f(\rho, \theta) \tan \gamma(\rho))/2 \sin \gamma(\rho) \end{cases}$$

The torques T_{M1} , T_{M2} corresponding to forces F_{M1} , F_{M2} on the cams C_1 and C_2 are,

$$\begin{cases} T_{M1} = F_{M1} \sin \gamma(\rho)\rho = \tau_e (1 + f(\rho, \theta) \tan \gamma(\rho))/2 \\ T_{M2} = F_{M2} \sin \gamma(\rho)\rho = \tau_e (1 - f(\rho, \theta) \tan \gamma(\rho))/2 \end{cases}$$
(3)

where τ_e is expressed as $\tau_e = F_d \rho$.

The load ratio ϕ is defined as the smaller value of the torques on the cams over its bigger one, which can characterize the load distribution on the dual motors. When $\theta < 0$, there is $T_{M1} > T_{M2}$. Then ϕ can be,

$$\phi = \frac{T_{M2}}{T_{M1}} = \frac{1 - f(\rho, \theta) \tan \gamma(\rho)}{1 + f(\rho, \theta) \tan \gamma(\rho)}$$
(4)

When $\theta > 0$, there is $T_{M 1} < T_{M 2}$. The corresponding load ratio is,

$$\phi = \frac{T_{M1}}{T_{M2}} = \frac{1 - f(\rho, \theta) \tan \gamma(\rho)}{1 + f(\rho, \theta) \tan \gamma(\rho)}$$
(5)

From the aspect of load distribution, Equations (4) and (5) have the same physical meaning. So, it only needs to discuss the case in Figure 2a, i.e., $\theta < 0$. According to Equation (4), the operation mode of the VSA is decided by the ϕ , as Table 2 shows.

Table 2. The relationship between the operation mode of the VSA and its load ratio.

Range of ϕ	$\phi = 1$	$0 < \phi < 1$	$\phi = 0$	$\phi < 0$
Operation mode	Ideal helping mode	Normal helping mode	Independent mode	Antagonistic mode
Load distribution	$T_{M1} = \tau_e/2,$ $T_{M2} = \tau_e/2$	$\begin{array}{l} 0 < T_{M2} < \tau_e/2, \\ \tau_e/2 < T_{M1} < t_e \end{array}$	$T_{M2} = 0,$ $T_{M1} = \tau_e$	$T_{M2} < 0, \\ T_{M1} > \tau_e$

Four cases of the load distribution can be imagined. First, $\phi = 1$. The dual motors contribute equal to the external load. This is an ideal state. However, the stiffness can never be adjusted as $\gamma(\rho)$ is always zero. Second, $0 < \phi < 1$. The dual motors share the external load in the same direction with a different amount. Third, $\phi = 0$. Only one motor compensates for the external load, while the second motor is idle. Fourth, $\phi < 0$. The motors work against each other, and the difference between the two torques generates a net torque at the output link.

A feasible choice assumes the second case. The load ratio ϕ should be very close to 1, for a higher-level help mode. It requires the pressure angle γ (ρ) to be minimized. Another crucial factor is f (ρ , θ). We expect the f (ρ , θ) to be as small as possible. This is also required by the most VSAs. From this aspect, the variable stiffness module based on the crank-slider mechanism is not the best choice. However, it has some other important advantages: an analytical expression of the f (ρ , θ) and easy online reconfiguration. This is very conducive to the design, and validation analysis of load ratio.

4. Synthetic Method of the Cam Pitch Curve for an Optimal Load Distribution and Higher-Level Helping Mode

4.1. Characteristic Analysis of Stiffness Adjustment Module

There are two configurations by re-locate the position of the frame *OB* in the crankslider mechanism online, as shown in Figure 4a (AB > OA) and Figure 4b (AB < OA).



Figure 4. Two reconfigurable configurations (**a**) Configuration I: low stiffness with limited range (AB > OA); (**b**) Configuration II: infinite stiffness range (AB < OA).

Based on principles of virtual work, the output torque τ_e can be obtained as $\tau_e = \tau_s(\alpha) d\alpha/d\theta$. $\tau_s(\alpha)$ is the elastic torque of the spring with respect to the spring angular deflection α . Thus, the stiffness *K* can be described as,

$$K = \frac{d\tau_e}{d\theta} = k_s \left(\frac{d\alpha}{d\theta}\right)^2 + \tau_s(\alpha) \frac{d^2\alpha}{d^2\theta}$$
(6)

where the transmission ratio $(d\alpha/d\theta)$ is,

$$\frac{d\alpha}{d\theta} = \frac{\rho \cos \beta}{(OA \cos \alpha + \rho \cos \beta \text{sign}(AB - OA))}$$

where β indicates the angular displacement of the slider relative to *OB* in Figure 4.

According to Equation (6), it can be noted that: for the configuration I with AB > OAFigure 4a), the output stiffness *K* can be regulated with higher accuracy in a limited range ($K < k_s$) as $d\alpha/d\theta < 1$. Its output torque increases with an increasing of ρ , but is limited by the rated load of the spring (Figure 5a). For the configuration II with AB < OA(Figure 4b), $d\alpha/d\theta$ can be tuned from zero to infinite by increasing the length of frame *OB* from zero to *OA*. As a result, the VSA can change the stiffness in a much broader range (from zero to infinity) even by using softer springs. In low ρ range ($\rho \le 0.02$ m), its output torque is limited by the rated load of the spring as in configuration I. With an increasing of ρ ($\rho \ge 0.022$ m), the performance of the motors becomes the main constrained factor (Figure 5b). Due to the nonlinear characteristic of $d\alpha/d\theta$, there is nonlinear between output torque τ_e and deformation angle θ , especially in low ρ range. By reconfiguring the crank-slider mechanism online, the stiffness behavior can be changed to be compatible with different tasks requirements.

Benefitting from the concise static force relationship of the crank-slider mechanism (F_a , F_d in Figure 4), the mechanical property of stiffness adjustment corresponding to the two configurations can be expressed in a unified form as,

$$f(\rho,\theta) = F_a/F_d = \tan\beta = OA\sin\theta/(sign(AB - OA)\rho + OA\cos\theta)$$
(7)



Figure 5. Stiffness characteristic and variation of output torque: (a) configuration I: low stiffness with limited range (AB > OA); (b) Configuration II: infinite stiffness range (AB < OA).

4.2. Numerical Synthesis of the Pressure Angle of the Cam Pitch Curve

4.2.1. Minimum Pressure Angle Constrained by Bearing's Rated Load

There are two major factors that affect cam size: the range of the radial distance ρ and the pressure angle function γ (ρ). The former involves the output stiffness, and the latter relates to the load ratio. Optimal load ratio requires γ (ρ) to be minimized. It increases the forces on the follower bearings (F_{M1} , F_{M2} in Figure 4b). Considering the specifications in Table 1, the constraint equations of the bearing's rated load on γ (ρ) are as follows,

$$\begin{cases}
F_{M1} = \tau_e (1 + \tan\beta \tan\gamma(\rho))\rho^{-1}/2\sin\gamma(\rho) \leq [F_b] \\
\beta = \arcsin(a\sin\alpha\rho^{-1}) \\
\theta = \beta + \alpha \text{sign}(AB - OA) \\
\tau_e = \tau_s(\alpha)d\alpha/d\theta \leq \tau_o
\end{cases}$$
(8)

Taking both configurations into account, the numerical synthesis result of the minimum pressure angle is dashed ($\gamma_{\min}(\rho)$ in Figure 6). There appears an inflection point near $\rho = 0.014$ m on the curve. At the beginning of the curve ($\rho < 0.014$ m), a small $\gamma_{\min}(\rho)$ is allowed with a small τ_e , as the transmission ratio ($d\alpha/d\theta$) is very small. The $d\alpha/d\theta$ increases greatly with the increasing of ρ and be the main factor of a remarkable increasing $\gamma_{\min}(\rho)$. After crossing the inflection point, the $\gamma_{\min}(\rho)$ decreases slowly similar to an inverse proportion graph, for that ρ^{-1} becomes the dominant factor.



Figure 6. Numerical synthesis of the cam pitch curve pressure angle.

4.2.2. Tradeoff for Improving Stiffness Adjustment Speed Locally

According to Equation (1), the stiffness adjustment angle κ would be very big with an excessively small $\gamma_{\min}(\rho)$, when the ρ is in the low radial distance range ($\rho < 0.014$ m). In other words, the stiffness adjustment speed would be very slow in this region. In fact, the output torque can be supported by a single motor as the stiffness is very low in this

range. So, there can be a reasonable tradeoff between the load ratio and the stiffness adjustment speed by appropriately reducing the ϕ for a bigger pressure angle. The pressure angle of cam pitch curve can be adjusted locally by adding a correction function according to the design requirement. In this paper, the calculation data by Equation (8) are directly fitted in fourth-order (solid in Figure 6), after excluding the data in $\rho < 0.014$ m. The numerical synthesis formula of the cam pitch curve is,

$$\gamma_{fit}(\rho) = 20830\rho^4 - 5303\rho^3 + 531.5\rho^2 - 27.36\rho + 0.854 \tag{9}$$

4.2.3. Tradeoff for Avoiding Undercutting

The curvature radius of the pitch curve on the cam is a mathematical function of γ (ρ), ρ . It can be written as,

$$\rho_{\text{pitch}} = \frac{\rho \left[1 + \tan^2 \gamma(\rho)\right]^{3/2}}{\left|\tan^2 \gamma - \rho \gamma'(\rho) \tan \gamma(\rho) \sec^2 \gamma(\rho) + 1\right|}$$
(10)

Substituting Equation (9) into Equation (10), we can obtain the curvature radius shown in Figure 7 (solid). The minimum radius of the curvature (9 mm) is smaller than the radius of the follower bearing (9.5 mm). The undercutting problem occurs. A common choice is to locally reduce the pressure angle γ (ρ) in the low range ($\rho < 0.014$ m) with little influence on the other range. The correction term added to Equation (9) is,

$$\gamma_c(\rho) = a_c + b_c (\rho_{\min}/\rho)^{n_c} \tag{11}$$



Figure 7. Curvature radius result after tradeoff design.

By adjusting the coefficients n_c and b_c , the correction term can effectively reduce the pressure angle to solve the undercutting problem when ρ is small. Its influence decays rapidly with an increasing of ρ . Furtherly, the normal coefficient a_c is used to repair the influence on the large radial distance range. To avoid the correction term $\gamma_c(\rho)$ exceeding the limitation of the rated load of the cam follower, the $\gamma_c(\rho)$ should meet the following equations:

$$\begin{cases} \gamma_c(\rho) + \gamma_{fit}(\rho) \ge \gamma_{\min}(\rho) \\ \rho_{\text{pitch}} \ge D/2 \end{cases}$$
(12)

Setting $a_c = 0.01$, $b_c = -0.25$, $n_c = 5$ by enumeration method, the final pressure angle is graphed in Figure 6 (dotted) and the corresponding curvature radius is graphed in Figure 7 (dotted) with a minimum value of 13.6 mm. This now has become an acceptable cam, because both the minimum curvature radius, bearing rated load, load ratio and stiffness adjustment speed are compromised well. The pressure angle function of the pitch curve on the finally fabricated cam is

$$\gamma(\rho) = 20830\rho^4 - 5303\rho^3 + 531.5\rho^2 - 27.36\rho + 0.864 - 0.25(\rho_{\min}/\rho)^5$$
(13)

4.3. Comparative Analysis of Design Result

4.3.1. Analysis of Pressure Angle

Substituting Equation (13) into Equation (1), the variable-pitch curve is dashed in Figure 8. Its shape is similar to that of Archimedean spiral. However, the latter is strongly constrained with only two parameters (initial radial distance and uniform pitch), which makes it difficult to carry out the above tradeoff design. For more specific comparison, the formula of Archimedes curve accorded with the same constraints in the paper is proposed as the solid line in Figure 8, and expressed by,

$$\rho_{arc} = 0.008 + 0.015\kappa \tag{14}$$



Figure 8. Comparative analysis of the pitch curve shape.

The proposed pitch curve deviates from the Archimedean spiral with a smaller pressure angle γ (ρ) (Figure 9). It is the concrete embodiment of cam curve tradeoff design by locally adjusting the pressure angle.



Figure 9. Comparative analysis of pressure angle on the pitch curve.

4.3.2. Design Results Analysis of the Load Ratio

According to the specifications in Table 1, the load ratio design results of the two configurations with different cams curve are shown by the color contour in Figure 10 (configuration I, AB > OA) and Figure 11 (configuration II, AB < OA).



Figure 10. Load ratio comparison of configuration I (variable pitch vs. uniform pitch).



Figure 11. Load ratio comparison of configuration II (variable pitch vs. uniform pitch).

The color depth indicates the value of the load ratio ϕ . We furtherly classify the workspace (color area) with different helping levels. They are, respectively, ideal area ($\phi = 1$), full area ($0.8 \le \phi < 1$), high area ($0.6 \le \phi < 0.8$), low area ($0.4 \le \phi < 0.6$), slight area ($0 < \phi < 0.4$), independent area ($\phi = 0$) and antagonistic area ($\phi < 0$).

From the aspect of the load ratio, the helping mode with variable pitch curve shows a higher level over than that of the uniform pitch curve. The proportion of the area with different level over the whole workspace can be used to evaluate the difference of their load ratio. In configuration I, the proportion of the full area with the uniform-pitch cam (Figure 10b) slightly less than that with variable-pitch cam (Figure 10a), when the ρ is near to 0.05 m. However, as the ρ decreases, the difference rapidly enlarges, and the former even entries into the antagonistic area. This trend is more obvious in configuration II (Figure 11). These phenomena can be clearly explained by the variables in Equations (4) and (7), i.e., γ (ρ) and β . The γ (ρ) of the uniform-pitch cam is equal to that of the variable-pitch cam at $\rho = 0.05$ m. However, the former is inevitably increasing when the ρ decreases, as the curve formula in Equation (14) has been decided by the ρ range and bearing rated load. However, for the variable-pitch curve, a good tradeoff can be allowed. Its pressure angle can be arbitrarily adjusted and be well fit with the mechanical property of the stiffness adjustment module. This results a smaller γ (ρ) and a larger ϕ . As a results, the antagonistic area shrinks into the slight area and the other helping levels occupy a higher proportion. So, the dual motors can work against the output load together in the same direction with a closer amount. This phenomenon in configuration II will be more outstanding than that of configuration I, as the former has a bigger $f(\rho, \theta)$. To optimize the load ratio furtherly, the follows methods can be taken:

- 1. Changing cam followers with higher rated load $[F_b]$. With the same constraints in this paper, a smaller pressure angle γ (ρ) can be realized according to the rated load constraint equations in Equation (8).
- 2. Redesigning the variable stiffness module for a smaller $f(\rho,\theta)$. In this case, the helping level with higher value can occupy a bigger area proportion, as shown in (Figures 10a and 11a).

5. Load Ratio Validation by Experiment

5.1. Reconfigurable Prototype and Test Platform

The symmetrical cams C_1 and C_2 in Figure 12a,b were machined according the pitch curve function in Equation (13). Corresponding to the two configurations in Figure 4, there are two common grooves with a phase difference of 180°. The VSA configuration can be initialized by locating the joint *B* to common grooves I or II in Figure 12b. The former corresponds to configuration I in Figure 4a, and the latter to configuration II in Figure 4b. Joint *B* consists of two follower bearings and a common shaft (Figure 12d). Meanwhile, the common shaft is fixed on the slider, which can move along the coupler (Figure 12f). By synchronous control of the dual cams, the desired θ can be obtained. A special case is shown in Figure 12c, in which the θ can be load to 2π rad with output end fixed and a low ρ value (such as $\rho = 8$ mm). In this approach, the VSA can be switched online from configuration II to configuration I without overloading the spring. Its inverse transform can be implemented in the same way. By cams differential control, the goal ρ for stiffness adjustment can be set. Figure 12e, f are the deformed and undeformed cases of configuration I. The value of ρ and θ can be calculated according to the motors M_1 and M_2 encoders, as both the housing and the output link are fixed with the test frame (Figure 12g).



Figure 12. Test platform (**a**) Shape of cam C_1 (**b**) Two different positions of common groove for two reconfigurable configurations of VSA (**c**) Deformed VSA of configuration II (**d**) Structure of cam followers (**e**) Deformed VSA of configuration I (**f**) Undeformed VSA of configuration I (**g**) Overall structure of the test platform.

5.2. Dealing Method of Current Data with Bang-Bang Friction

In this section, the torques exerted on the cams are estimated by the frictionless driving current of the dual motors under different ρ and θ . The motors torque τ_{m1} and τ_{m2} , cams driving torque $T_{M1}(\rho,\theta)$, $T_{M2}(\rho,\theta)$ and external load τ_e meet the following static equilibrium equations:

$$\begin{cases} T_{M1}(\rho,\theta) = \tau_{m1}(N_1, I_1(\rho,\theta), \eta_1, i_1) + \tau_{f1} \operatorname{sign}(\dot{q}_1) = (1 - \tan(\beta(\rho,\theta)) \tan \gamma(\rho))\tau_e/2\\ T_{M2}(\rho,\theta) = \tau_{m2}(N_2, I_2(\rho,\theta), \eta_2, i_2) + \tau_{f2} \operatorname{sign}(\dot{q}_2) = (1 + \tan(\beta(\rho,\theta)) \tan \gamma(\rho))\tau_e/2 \end{cases}$$
(15)

where $I_1(\rho,\theta)$ and $I_2(\rho,\theta)$ indicates the current of the dual motors, τ_{f1} and τ_{f2} denote the friction of the two kinematic chains in Figure 2b, η_1 and η_2 are the efficiency, i_1 and i_2 are the gear train ratio, N_1 and N_2 are the torque constant. i_1 , i_2 , N_1 , N_2 are corresponding to the parameters in Section 2.

Under external load, the motor's relative motion trends toward its absolute equilibrium position by the position servo control. This trend decides the friction direction and can be mathematically indicated by the sign of q_i (i = 1,2), where q_i is the motor position. There are three cases according to the sign of q_i and the toggle between these cases would have great perturbation on the currents of the dual motors.

For the case of $q_i > 0$, the friction helps to work against the external load. Then this type of current can be called positive-friction current and is expressed as,

$$I_i^P(\rho,\theta) = \left(T_{Mi}(\rho,\theta) - \tau_{fi}\right) / N_i \eta_i i_i$$
(16)

In a likewise fashion, a negative-friction current is expressed as,

$$I_i^N(\rho,\theta) = \left(T_{Mi}(\rho,\theta) + \tau_{fi}\right) / N_i \eta_i i_i$$
(17)

For the last case of $\dot{q}_i = 0$, it is the frictionless current. The current, in this case, is just what we need to estimate the cams driving torque $T_{M1}(\rho,\theta)$, $T_{M2}(\rho,\theta)$ for load ratio calculation. We express this frictionless current as,

$$I_i^O(\rho,\theta) = T_{Mi}(\rho,\theta) / N_i \eta_i i_i$$
(18)

An example of the above cases is shown in Figures 13 and 14, in which $\rho = 0.048$ m and θ varies from -0.4 rad~0 rad. The positive-friction current and negative-friction current are, respectively, marked with Δ and *, apart from the frictionless current circled with an ellipse. Most of the current data jump back and forth between the former two types (blue curves in Figures 13 and 14). It represents that the friction torque direction continues to switch. An obvious current stratification can be observed and it is the basic of frictionless current estimation.

The frictionless current data are very few, as frictionless state is unstable. So, the frictionless current for dual cams should be estimated by,

$$I_i^o(\rho,\theta) = \left(I_i^p(\rho,\theta) + I_i^n(\rho,\theta)\right)/2 \tag{19}$$

where $I_i^{p}(\rho, \theta)$ and $I_i^{n}(\rho, \theta)$ are the fitted results of the positive-friction current and negative-friction current data, respectively. They are described by,

$$\begin{bmatrix} I_1^p(\rho,\theta)\\ I_1^n(\rho,\theta)\\ I_2^p(\rho,\theta)\\ I_2^n(\rho,\theta) \end{bmatrix} = \begin{bmatrix} a_{11}^\rho & a_{12}^\rho & a_{13}^\rho & a_{14}^\rho\\ a_{21}^\rho & a_{22}^\rho & a_{23}^\rho & a_{24}^\rho\\ a_{31}^\rho & a_{32}^\rho & a_{33}^\rho & a_{34}^\rho\\ a_{41}^\rho & a_{42}^\rho & a_{43}^\rho & a_{44}^\rho \end{bmatrix} \begin{bmatrix} \theta^3\\ \theta^2\\ \theta^1\\ 1 \end{bmatrix}$$
(20)

Noting that the two kinematic chains have the same transmission structure and similar gear ratio, we can approximately set $\eta_1 = \eta_2$. Then, the testing load ratio can be put into a more convenient form as,

$$\phi_{\text{test}} = \frac{N_1 i_1 I_1^o(\rho, \theta)}{N_2 i_2 I_2^o(\rho, \theta)}$$
(21)



Figure 13. Current stratification of motor M_1 (*AB* > *OA*, $\rho = 0.048$ m).



Figure 14. Current stratification of motor M_2 (*AB* > *OA*, ρ = 0.048 m).

Substituting Equation (7) into Equation (4), the theory load ratio can be calculated by,

$$\phi_{\text{theory}} = \frac{1 - \tan(\beta(\rho, \theta)) \tan \gamma(\rho)}{1 + \tan(\beta(\rho, \theta)) \tan \gamma(\rho)}$$
(22)

Again, the current data in Figures 13 and 14 are utilized to illustrate the data dealing process. The results are shown in Figures 15 and 16, in which the $I_i^{\ \ p}(\rho, \theta)$ is dashed and the $I_i^{\ \ n}(\rho, \theta)$ dotted. The estimation curve of the frictionless current is the solid in the middle according to Equation (19). The testing load ratio in Equation (21) is $\phi_{test} = 0.85$ with $\theta = -0.4$ rad. The related variables in Equation (22) are β (ρ, θ) = 0.18 rad, γ (ρ) = 0.3 rad, which can be obtained with $\theta = -0.4$ rad and $\rho = 0.048$ m according to Figure 4a and Equation (13). This leads to $\phi_{theory} = 0.9$. The test result is 5.6% smaller than its theory value.



Figure 15. Current estimation for cam C_1 (*AB* > *OA*, ρ = 0.048 m).



Figure 16. Current estimation for cam C_2 (*AB* > *OA*, ρ = 0.048 m).

5.3. Results of the Experiment

5.3.1. Measurement Range Choosing

The following two methods are taken to ensure the accuracy and validity of the load ratio estimation. Firstly, the measurement range of ρ is comprehensively considered. In Equation (19), the paper defaults that the friction of the kinematic chain remains constant. The friction mainly comes from the harmonic gear. In fact, it shows a periodic fluctuation due to manufacturing reasons. This fluctuation significantly contributes to the change of the current gap (between the dashed line and dotted line), as shown in Figures 15 and 16. This will have a significant impact on the accuracy of the evaluation results, especially when the current is small. So, the radical distance with low ϕ should be excluded, as the current of some motor will be very small in this case. We set the range to be $\phi > 0.7$, and the ρ range can be preliminarily selected according to Figures 10a and 11a. However, for estimation comparison and analysis, the measurement range should be appropriately broadened. Another important factor is stiffness. If the stiffness is too high, it is hard to gain a practical and accurate β for Equation (22), especially when the ρ is close to 0.04 m in configuration II. So, in the configuration I, the measurement range is $\rho \in [0.02 \text{ m}, 0.048 \text{ m}]$; in the configuration II, it is [0.016 m, 0.034 m].

Secondly, the deformation angle θ is loaded to its limit for a higher motor current. It is constrained by the spring deformation capacity or the nominal torque of the motor. In Equation (21), we set θ as maximum deflection angle gained in the test, and not all the points Figures 10a and 11a will be estimated for the ρ range chosen.

5.3.2. Frictionless Drive Current Estimation for the Dual Cams

The current dealing approach in Section 5.2 is applied to the whole measurement range with a negative deflection firstly ($\theta < 0$). For configuration I, the estimation results of frictionless current for cams C_1 and C_2 are plot in Figures 17 and 18. The ρ varies in the arrowed direction with a step of 0.002 m. The frictionless currents for both cams changes with a highly convergent trend in the same direction, as the deflection angle increases in the whole measurement range. Their current magnitude difference is due to the difference of torque constant and gear ratio in their kinematic chains.



Figure 17. Frictionless current estimation for cam *C*₁ in configuration I.



Figure 18. Frictionless current estimation for cam C₂ in configuration I.

The estimation results of configuration II exhibit a similar feature, as shown in Figures 19 and 20. The difference is that deflection-current curves in the large ρ value quickly become high-slope curves due to their broader stiffness. These results prove that the dual motors are always in helping mode in the measured workspace with both two configurations.



Figure 19. Frictionless current estimation for cam C_1 in configuration II.



Figure 20. Frictionless current estimation for cam C₂ in configuration II.

5.3.3. Estimation Results of Load Ratio

For the two configurations, both the maximum deflection angle θ can be obtained in the above estimation curves (Figures 17–20). Going back to Equation (21) with the maximum θ , the testing load ratios can be resulted, as shown in Figures 21 and 22 (ϕ_{test} , dashed). The former is the case for configuration I and the later for configuration II. The maximum β (ρ , θ) can be easily achieved according to the geometry relationship in Figure 4, as the radial distance ρ and maximum deflection angle θ are known. The corresponding theory load ratio are also graphed in Figures 21 and 22 (ϕ_{theory} , solid) according to Equation (22). The relative errors are marked by * ($e = (\phi_{\text{test}} - \phi_{\text{theory}})/\phi_{\text{theory}}$, asterisked in Figures 21 and 22). For configuration I, the relative error is nearly to 60% with $\rho = 0.02$ m. After that, the error converges into 30% and partially into 10% as the ρ increases from 0.038 m to 0.048 m. For another configuration, the error fluctuates within 30%.



Figure 21. Load ratio ϕ in configuration I (*AB* > *OA*).



Figure 22. Load ratio ϕ in configuration II (*AB* < *OA*).

5.3.4. Error Analysis

The estimation results of the load ratio are not satisfactory, as only part of the relative error is within 10%. The error factors include: cam manufacture accuracy, motor position accuracy, motor current noise, simplification of transmission efficiency ($i_1 \approx i_2$), friction fluctuation and insufficient stiffness of the kinematic chain. Modern industrial manufacturing capacity and mature motor control technology make the first four factors have little influence on the test accuracy of load ratio. So, the error mainly comes from the friction variation and stiffness weakening by the kinematic chains.

The stiffness weakening phenomenon will be relatively noticeable in the high stiffness but slight in the low stiffness, as the variable stiffness module is connected in series with the kinematic chains. This can be guessed by the curve comparison of angle β , which has a very significant impact on the calculation of ϕ_{theory} . In configuration I, the maximum output stiffness is limited by the spring. So, the angle β of this case is smoothly decreased as the influence of the K_c can be ignored (solid line in Figure 23). However, in configuration II, the output stiffness can be very high, even be rigid. It can be reckoned the output stiffness must be over the chain stiffness after crossing some point. In this case, the output stiffness will be weakened seriously. It will result in a bigger β than the practical value. Therefore, there is a distortion on the β - ρ curve after the ρ cross 0.025 m (dashed line in Figure 23). We can draw a conclusion that the stiffness weakening contributes mostly to the error of configuration II with large ρ , i.e., in high stiffness region.



Figure 23. Calculation results of the angle β with two configurations.

For quantitative influence analysis of friction fluctuation, the variation amplitude of the current gap is defined by $DI_i^n(\rho) = m \operatorname{ax} (I_i^n(\rho, \theta) - I_i^p(\rho, \theta))$, i = 1,2. It can be seen as a motor current response to the friction variation. Influence ratio is defined as the response current over the frictionless current: $RI_i^n(\rho) = DI_i^n(\rho)/I_i^o(\rho, \theta \max)$, i = 1,2. The results are shown in Figures 24 and 25. It can be observed that the influence of friction fluctuation put a bigger weight on the frictionless driving current of motor M_2 than that of motor M_1 , especially in configuration I with a small ρ . The reason is that the torque constant and the gear ratio of motor M_2 are smaller than that of motor M_1 . Correspondingly, the relative error e is very high in this interval. As the ρ increases, the output torque and motor current increase synchronous. This leads to a decay of the influence ratio. The relative error also decreases synchronously, as shown in Figure 21. However, it is not the case for the configuration II, as the chain stiffness weakening becomes the dominant factor.



Figure 24. Influence of friction fluctuation in configuration I.



Figure 25. Influence of friction fluctuation in configuration II.

According to the above error analysis conclusion, increasing the frictionless driving current of motor M_2 is expected reduce the influence ratio and the testing error. Based on this, the deflection direction is adjusted from negative to positive, as there is $T_{M2} > T_{M1}$. The experiment is only performed in configuration I to avoid the weaking influence of chain stiffness. In Figure 26, the frictionless drive current for the dual cams with maximum deflection angle are plot in absolute values for comparison. The current for cams C_1 and C_2 with negative deflection direction is marked by $|I_1^o(\rho, \theta \max)|$ with $\theta < 0'$ and $|I_2^o(\rho, \theta \max)|$ with $\theta < 0'$, respectively, and the opposite are expressed by $|I_1^o(\rho, \theta \max)|$

with $\theta > 0'$ and ' | $I_2^{o}(\rho, \theta \max)$ | with $\theta > 0'$. Compared with case of $\theta < 0$, the current of motor M_2 increases by a big margin when the ρ is in low range with $\theta > 0$. This margin decreases as the ϕ increases with an increasing of ρ . The variation margin is relatively small for cam C_1 , as its gear ratio and torque constant are larger. It can be noted that the relative error converges into 10% quickly as expected (Figure 27). In the positive deflection direction, the result effectively testifies the correctness of load ratio design.



Figure 26. Current comparison with different deflection direction.



Figure 27. Load ratio estimation results in configuration I with $\theta > 0$.

6. Conclusions

This paper presents a novel variable stiffness actuator (VSA) for a higher-level helping mode. The actuator mainly involves a variable-stiffness module based on a spring-balanced crank-slider mechanism and an actuation module based on dual differential cams with variable pitch curves. The two modules are connected by the non-center node of the frame. On this common node, the stiffness adjustment is realized by changing the transmission ratio of the deformation between the spring and the VSA, with a variable frame as the input link of the variable stiffness module. At the same time, the dual motors work against the external load together with a close amount.

The innovation of the proposed VSA is how the cam pitch curve is realized for optimal load distribution. A cam curve synthetic method has been presented, considering the pressure angle of the pitch curve, load distribution, stiffness adjustment speed, cam followers local load, the mechanical property of stiffness adjustment, and cam undercutting. The method shows that the smaller the pressure angle of pitch curve is, the closer the load ratio is to 1. It is at the cost of increasing the local load of the cam follower and decreasing the stiffness adjustment speed.

Furtherly, the pitch curve is synthesized after a reasonable trade-off. The actuator obtains a favorable load distribution in the whole workspace. In the fabricated prototype, motor current stratification caused by unstable friction direction has been clearly observed. The design result of the load distribution was effectively verified by frictionless current estimation after the main error factors were weakened, as the relative error converges to 10% quickly. The proposed approach can be applied to other VSA with a common node for stiffness adjustment and position control.

However, some drawbacks can also be observed. For instance, the adjustment stiffness speed should be sacrificed for a better load ratio. Fortunately, this can be compensated by a stronger motor. Insufficient stiffness in the chain was observed during measurements and should be identified and improved in the future. Moreover, the gear ratio and nominal power for the two motors did not match well, as their maximum output torque should be very close.

The proposed VSA brings some interesting problems: due to the mechanical coupling of dual motors, there is a great challenge for high-precision synchronous control. At the same time, the stiffness adjustment is no longer a separate behavior but occurs with position control. Its periodic motion and low energy consumption control strategy may be different from the traditional VSA. This will be the focus of future work.

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