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Aged Care Energy Use and Peak Demand Change in the COVID-19 Year: Empirical Evidence from Australia

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Abstract: Aged care communities have been under the spotlight since the beginning of 2020. Energy is essential to ensure reliable operation and quality care provision in residential aged care communities (RAC). The aim of this study is to determine how RAC's yearly energy use and peak demand changed in Australia and what this might mean for RAC design, operation and energy asset investment and ultimately in the healthcare plan for elderly residents. Five years of electricity demand data from four case study RACs in the same climate zone are analyzed. Statistical tools are used to analyze the data, and a clustering algorithm is used to identify typical demand profiles. A number of energy key performance indicators (KPIs) are evaluated, highlighting their respective benefits and limitations. The results show an average 8% reduction for yearly energy use and 7% reduction for yearly peak demands in the COVID-19 year compared with the average of the previous four years. Typical demand profiles for the four communities were mostly lower in the pandemic year. Despite these results, the KPI analysis shows that, for these four communities, outdoor ambient temperature remains a very significant correlation factor for energy use.

Keywords: aged care community; energy management; energy use intensity; energy peak demand; Gaussian Mixture Model; key performance indicator

1. Introduction

About 40% of global energy use is related to buildings [1,2]. Healthcare consumes a lot of energy, and healthcare buildings are often one of the most energy-intensive use buildings due to all year round 24/7 operation, health and medical needs in a restorative environment [3–5]. For example, healthcare is estimated to contribute to 4.4% of global net emissions [4]. Energy as an essential supply is critical to ensure reliable operation and quality care provision at healthcare facilities, such as hospitals or residential aged care communities (RACs). For example, electricity for space cooling and heating tends to account for the highest energy use in Australian RACs [6–8]. Nonetheless, the COVID-19 pandemic has disrupted the way aged care communities operate, promoted vulnerability and resilience considerations [9] and also resulted in changes in energy use and peak demand [10].

There have been multiple global reports, at an electrical power system level, of reduced electricity demand since the pandemic started. France, Germany, Italy, Spain and UK experienced 5% to 10% electricity demand reduction for most of 2020 [11,12]. During the COVID-19 lockdown in April 2020, New York City's peak demand dropped by 12% and 20% respectively for weekends and weekdays [13]. In Saskatchewan's power system (Canada), 5% to 15% of daily energy use reduction was observed between April and July 2020 [14]. India's energy consumption reduced by 9% to 23% in March to May 2020 [15].



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Copyright: © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Similar to the power system level, changes to energy use have been reported in industry, commercial and residential sectors. For example, energy use reductions for commercial and industry customers were seen in Australia, Belgium and India [16]. Australian businesses in the state of Victoria also experienced 5% to 10% daily demand reduction in March 2020; however, for households in the same region, electricity demand in the same period increased by about 5% [17]. UK domestic energy usage was shifted to later in the day, and some increased usage occurred during March 2020 to February 2021 [18]. Increases in residential electricity demand were also observed in lockdown periods in Canada, Ireland and USA [19,20]. These outcomes were not unexpected, given the nature of lockdowns.

There has been limited research on energy and peak demand changes in COVID-19-impacted healthcare facilities. Further, RACs are both homes and healthcare facilities, containing residential and commercial features. Residents live in those communities with general support and healthcare services provided by clinical, administrative and operational staff. These facilities may comprise a mix of resident rooms, resident shared spaces (e.g., dining rooms, activity areas, library), commercial service spaces (e.g., kitchen, laundry, building management), clinical spaces (for nursing, allied health and medical staff and consultants) and retail spaces (e.g., café, hairdresser). A previous study identified that some changes to energy use were observed during a short (6-week) COVID-19 lockdown in early 2020, but that the extent of these changes had a strong relationship with climate [10]. This paper builds on that previous work by evaluating how energy use and peak demand changed for aged care facilities in a COVID-19 year.

In terms of analyzing energy use and peak demand data, statistical tools and data analytical algorithms can be used. Visualization, such as boxplots or scatterplots, can be very intuitive to present summary statistics or show a relationship [10,21]. Another way to examine change of energy use pattern is by studying how typical demand profiles look like [22]. Clustering algorithms can be quite helpful in identifying typical profiles, such as k-means clustering [23], SPSS 2-step technique (Statistical Package for Social Science software) [24] and Gaussian Mixture Model clustering [25]. Once typical profiles are identified, visualizations can show how energy is typically used across an interval, such as a day.

Aged care facilities' energy use intensity or energy key performance indicators (KPIs) are often related to a site's total energy use, energy use per bed or per unit floor area [7,8,26,27]. These KPI studies can help support energy management decision making and investment [28,29]. To facilitate comparisons among sites, a normalized energy use KPI can be helpful, such as the energy use per patient bed [30].

This work attempts to answer the following three research questions (RQ):

- (1) Have yearly energy use and peak demand changed during the 1st COVID-19 year for residential aged care facilities? If yes, what are the changes?
- (2) Have there been any changes to typical energy use patterns (i.e., demand profiles)? If yes, what are the changes, such as timing of peak demands or shapes of profiles?
- (3) Have energy KPI values changed when the epidemic year is compared with previous years? If yes, are there energy-saving opportunities from the KPI analysis?

Please note due to lack of submetering data, the research is unable to determine what caused the changes in energy use. However, statistical methods and analysis have been used to identify significant correlation factors to the changes (more details are in Section 3.3).

Following this introduction, the next section introduces the methods used to address the research questions. Then case study results are presented, and the findings are discussed. The last section concludes the paper.

2. Methods

Overall, this research uses a case study approach, combining visuals, statistical tools and a clustering algorithm to identify the changes in yearly energy use and demand profiles for four RACs. The research method flow chart (Figure 1) shows the first step uses descriptive and summary statistics to provide an overview, such as yearly energy use and peak demands to answer RQ1.



Figure 1. Research method flow chart.

To answer RQ2, a Gaussian Mixture Modeling clustering algorithm is applied to analyze five years of 30-min interval electricity demand data to identify typical demand profiles for each community. The demand data are recorded from the communities' main gate meters which are utility revenue meters of high accuracy (Australian Standard 62052 and 62053). Based on the identified typical demand profiles, typical magnitudes of energy use, timing of peak demands and shapes of energy use patterns are analyzed.

A clustering approach, rather than an average profile or usage distribution across hours of the day, can identify typical profiles with both magnitudes and timing information linked and unlost. Magnitudes and timing may review behavior change (please note this study does not have ethics approval to proceed to human behavior studies; no behavior study is conducted in this research). Moreover, the clustering algorithm can distinguish typical profiles in relationship to climate/seasonal factors, such as temperature measurements. Clustering is data-driven. For example, the clustering outcomes are based on real temperature measurements and a site's main energy meters data over five years of time, and no arbitrary decision is made regarding defining seasons or high/low temperatures.

The third step identifies and analyzes the changes of a few energy key performance indicators for those case study communities. A range of energy use indicators in relationship with bed numbers and climate conditions are considered.

2.1. Case Study Selection

Four RACs in Southeast Queensland, Australia were selected as the case studies. The rationale behind the selection of Southeast Queensland as the context for the case studies include the region hosting an increasing number of older populations and the clusters of both naturally occurring communities and villages for aged population [31,32].

The principle for selecting those aged care communities is to minimize factors that may have impacts on energy use and peak demands. These selected communities:

- Are in the same climate zone with warm humid summer and mild winter (Australian Climate Zone 2 [33]).
- Have similar building styles and demographics.
- Have been subject to the same government lockdown measures across the 1st COVID-19 year (February 2020 to January 2021). There have been different levels of restrictions and lockdowns [34]. More detailed timing and restriction levels are in Figure 2.
- Are operated by the same not-for-profit organization with the same operational and health provision guidelines (such as restrictions for onsite group activities, exit and entry to communities).



Figure 2. Timing of lockdowns and restriction levels. Level 0: pre-COVID-19; 1: caution; 2: intermediate; 3: lockdown.

For confidentiality reasons, those communities in Table 1 are anonymized to not reveal their names or locations. In this paper, energy use for these communities is electrical energy for stationary purposes, excluding hot water (provided by gas heating).

Table 1. RAC community case studies.

| No. | Communities | Climate | Number of Beds (2020) | Building | Demographics |
|-----|-------------|---|--------------------------|---|-------------------------------------|
| 1 | Community S | • Warm humid summer, mild | 140 | Single-floor buildings | • Similar |
| 2 | Community P | winter (Zone 2) | 100 | Private en suites | demographic |
| 3 | Community L | In Southeast Queensland region | 94 | Central air conditioning | Typical mean |
| 4 | Community M | From 3 local government areas (18,821 km² area with 3.07 million people) | 60 | for shared spacesSimilar medical/support equipment | age of residents is 75 and above |

Figure 2 provides an overview of lockdown timing and restriction levels across the first COVID-19 year. There have been different levels of restrictions and lockdowns throughout the year. Level 3 is the complete lockdown, meaning no visitor is allowed and an exception is medical emergency. Level 2 is an intermediate level with some restrictions on visitors, such as age limits, flu vaccine and health status [34].

2.2. Yearly Changes

In order to address the question of changes for yearly energy use and peak demand for RACs, statistical methods are used, including: summary statistics (boxplots) for daily electricity use and peak demands in each year as well as annual total electricity use.

Peak demand is the highest rate of using electricity in a defined time duration, such as a highest kilowatt reading for a month or a year. Peak demand is important because of its impact on electrical network, for example high power and high current flow may violate the thermal limits of cables and transformers. Temperature statistics (e.g., cooling degree days (CDD24) in this climatic context) are incorporated into electricity use and peak demand analysis, as energy use can be highly correlated to temperature [10,35]. After obtaining an overall understanding of annual energy use and peak demand in these communities, the next step is to analyze typical demand profiles.

2.3. Typical Demand Profiles

To identify typical demand profiles, Gaussian Mixture Model clustering method (GMM) is used [36,37]. Critical evaluation can be then conducted to examine changes to typical demand profiles, magnitudes of demands and peak demand timing.

GMM clustering process starts with setting up an input matrix. Demand data $X = \{x1, x2, ..., x48\}$ is the input set to the clustering algorithm. An iterative expec-

tation maximization algorithm (EM) is incorporated in GMM [38,39]. An EM has two steps: expectation step (E step) and maximization step (M step).

In an E step, Equation (1) calculates posterior probabilities γ_{jk} based on ω_k (model weights), μ_k (mean) and Σ_k (covariance). Nomenclature have been included at the end of the paper.

$$\gamma_{jk} = \frac{\omega_k \phi_k(x | \mu_k, \Sigma_k)}{\sum_{k=1}^K \omega_k \phi(x | \mu_k, \Sigma_k)}$$
(1)

Note $\omega_k \in (0, 1)$ and $\sum_{k=1}^{K} \omega_k = 1$.

In an M step, weights, mean and covariance are updated with the previous E step posterior probabilities using Equations (2) to (4):

$$\omega_k = \frac{\phi_k}{N} \tag{2}$$

$$\mu_k = \frac{1}{\phi_k} \sum_{j=1}^N \gamma_{jk} x_n \tag{3}$$

$$\Sigma_{k} = \frac{1}{\phi_{k}} \sum_{j=1}^{N} \gamma_{jk} (x_{n} - \mu_{k}) (x_{n} - \mu_{k})^{T}$$
(4)

Iteration runs through the E step and the M step until a convergence is obtained without modifications to GMM configurations.

Equations (5) to (7) are GMM clustering results. In the next step, μ_k , the mean values are used to find typical profiles.

$$\psi(x) = \sum_{k=1}^{K} \omega_k \phi_k(x | \mu_k, \Sigma_k)$$
(5)

$$\phi_k(x|\mu_k, \Sigma_k) = (2\pi)^{\frac{-d}{2}} |\Sigma_k|^{\frac{-1}{2}} \exp\left\{-\frac{1}{2}(x-\mu_k)^T \Sigma_k^{-1}(x-\mu_k)\right\}$$
(6)

$$\sum_{k=1}^{K} \omega_k = 1 \tag{7}$$

Equation (8) is used in identifying typical profiles C_k . Cluster *k*'s centroid values are μ_k . Observations are x_j . The percentages of clusters within a dataset are λ_k .

$$C_{k} = x_{j},$$

$$\lambda_{k} = \omega_{k}$$

Subject to :

$$\min(|x_{j} - \mu_{k}|), \forall j \in \mathbb{N}, k \in \mathbb{N}(1, \mathbb{K})$$
(8)

 C_k are identified when a minimum distance exists between x_j and μ_k . Index *j* is a positive integer, and its value is between 1 and the size of cluster k. Index *k* is another positive integer being between 1 and K (the number of clusters).

2.4. Energy Key Performance Indicators

With the knowledge of the previous summary statistics and clustering analysis, a range of energy key performance indicators can be studied for case communities [7,8,27,28], such as site maximum peak demand in a year (kW), site electricity use per bed per day (kWh/bed/day), energy use per bed per cooling degree day (kWh/bed/CDD) and energy use per bed per heating degree day (kWh/bed/HDD).

The selection of energy KPI per CDD or per HDD may depend on seasons or climates. For example, energy KPI per CDD may be meaningful for tropical or sub-tropical regions with dominant cooling needs. When energy use is normalized to a per bed or per degree day level, a fairer energy KPI comparison among sites may become feasible (more details are in Section 3.3).

3. Case Study Results and Discussion

This section presents, in order, the results of the yearly changes, the typical demand profiles and the analysis of energy KPIs.

3.1. Yearly Changes

The yearly energy use of each case study RAC is summarized in Table 2 and depicted in Figure 3. Overall, the total energy use in the COVID-19 year tends to be lower than the previous years, with mean reductions ranging from 2.3% to 10.0%.

| Tab | ole 2. | Y | early | energy | use | in | ΜŴ | √h. |
|-----|--------|---|-------|--------|-----|----|----|-----|
|-----|--------|---|-------|--------|-----|----|----|-----|

| Year | Community S | Community P | Community L | Community M |
|--|-------------|-------------|-------------|-------------|
| 2016 (MWh) | 809 | 764 | 755 | 676 |
| 2017 (MWh) | 821 | 794 | 743 | 688 |
| 2018 (MWh) | 795 | 794 | 725 | 695 |
| 2019 (MWh) | 810 | 738 | 731 | 676 |
| COVID-19 year (MWh) | 791 | 705 | 668 | 615 |
| COVID-19 year vs previous 4-year mean | -2.26% | -8.70% | -9.55% | -9.97% |



Figure 3. Four communities' yearly energy use in MWh.

Peak demands for those community cases are presented in Table 3, showing peak demand reductions ranging from 3% to 12%. The peak demands measured in the COVID-19 year were the lowest on record for these facilities.

Table 3. Maximum peak demands over years (kW).

| Yearly Peak Demand | Community S | Community P | Community L | Community M |
|--|-------------|-------------|-------------|-------------|
| 2016 (kW) | 252 | 254 | 206 | 213 |
| 2017 (kW) | 244 | 289 | 201 | 210 |
| 2018 (kW) | 246 | 263 | 196 | 215 |
| 2019 (kW) | 244 | 246 | 195 | 199 |
| COVID-19 year (kW) | 239 | 232 | 186 | 194 |
| COVID-19 year vs previous 4-year mean | -3.20% | -11.68% | -6.78% | -7.52% |

The literature reports that energy use and peak demands are often highly correlated with outdoor ambient temperature [40–42]; therefore, the temperature distribution was also studied for the same duration.

Figure 4 shows the ambient daily maximum temperature boxplots for the case studies. All years' highest daily maximum temperatures are shown on the top of each boxplot. Red crosses above the top whiskers of boxplots or below the bottom whiskers of boxplots are outliers. Red horizontal lines inside boxplots are the medium values.



Figure 4. Daily maximum temperature distribution across sites and years. (a) Temperature for Community S, P, L; (b) Temperature for Community M.

Community S, P and L share the same temperature observation datasets and Community M uses temperature data from another government observation station [43]. For Community S, P and L, the COVID-19 year's maximum temperature had been 2.2 to 5.2 °C lower than the previous years. For Community M, the COVID-19 year's maximum temperature had been 1.7 to 4.9 °C lower than the previous years. There is also a change of upper end temperature distribution which may be a significant factor for the general downward trend in the COVID-19 year's energy use (Table 2).

For both temperature plots in Figure 4, 2016 had the highest median daily maximum temperatures (the red line in the middle of each boxplot). From 2017 to the COVID-19 year, the median daily maximum temperatures remained relatively stable.

Another potential reason for the variation in case communities' yearly energy use and peak demands is occupancy change. Table 4 shows 3 to 9% decreases in occupancy; however, those changes are not in portion with communities' yearly energy use change (in Table 2). For example, Community S had the highest percentage reduction in occupancy, but the lowest percentage reduction in energy use and peak demand. These results are consistent with another separate analysis into the correlation between occupancy and RACs' total energy use that revealed that occupancy may not be a significant influencing factor, but that temperature is highly correlated with RACs' electrical energy use across climate zones [44]. This is likely because space conditioning is typically the highest energy service in these facilities.

Table 4. Mean monthly occupancy.

| Year | Community S | Community P | Community L | Community M |
|-----------------------------|-------------|-------------|-------------|-------------|
| 2016–2019 mean occupancy | 98.62% | 97.37% | 99.36% | 97.39% |
| COVID-19 year occupancy | 89.49% | 94.38% | 95.95% | 89.30% |
| % changes | -9.13% | -2.99% | -3.41% | -8.09% |

Boxplots for daily peak demands and daily energy uses are presented in Figure 5. These boxplots, for each of the four RACs, show that medium peak demand values are relatively stable across all years, but that maximum peak demand values dropped slightly in the COVID-19 year. In terms of daily energy use, all communities, except Community S,



had lower maximum daily energy use and smaller energy use variance in the COVID-19 year compared with the previous years.

Figure 5. Daily energy use and peak demands comparisons across 5 years; (a) Community S; (b) Community P; (c) Community M; (d) Community L.

After getting an overview of how those communities used energy in the COVID-19 year compared with the previous years, the next section presents findings on typical demand profiles across those years.

3.2. Typical Demand Profiles

To show how typically energy use had been changed in the COVID-19 year, a clustering algorithm (Section 2.3) has been applied to the case studies to identify typical demand profiles over these years. Though running the algorithm, two typical profiles have been automatically identified to present daily energy use magnitudes and timing for each year: warm days' typical demand profiles (Figure 6) and cool days' typical demand profiles (Figure 7).



Figure 6. Warm days' typical demand profiles. (a) Community S; (b) Community P; (c) Community M; (d) Community L.

For warm days' typical profiles, the magnitude of the demand profile in the COVID-19 year is lower than previous years for Communities M and L and similar to the 2019 magnitude for Community P. The magnitude of the demand profile for Community S was similar to that of the previous 3 years (2017–2019) but higher than 2016. The timing of the peak demand is similar across all years for each community.

For cool days' typical profiles, daytime energy use magnitudes were mostly lower for Community M. Similarly, Community P had lower daytime demand on cool days compared with its previous years, except in comparison with 2019. For Community L's typical demand profile on cool days, the morning peak demands appeared higher than the previous years.



Figure 7. Cool days' typical demand profiles. (a) Community S; (b) Community P; (c) Community M; (d) Community L.

3.3. Energy Key Performance Indicators

Site total energy use (in kWh) and peak demand (in kW) have been discussed in previous Section 3.1. This section evaluates the benefits and limitations of using more nuanced energy KPIs.

3.3.1. kWh/Bed/Day

Case study RAC electricity use per bed per day is depicted with bar charts in Figure 8. Bed numbers are indicated on the right axis and shown with blue diamond shapes. The graphs clearly show that the COVID-19 year had a lower kWh/bed/year and that the reduction is consistent with the yearly energy use data shown in Table 2 in Section 3.1.

This KPI is beneficial in that it shows the impacts of economy of scale: higher bed numbers seem to indicate lower energy use per bed (each bed means a private bedroom in these communities). It is feasible to assume that this may be because there are a number of shared common spaces within a RAC that are required for operational and care provision purposes, regardless of the total number of beds. Another advantage of this KPI is that it is relatively easy to obtain the data needed to calculate this KPI. For example, aged care and hospitals across all jurisdictions of Australia can provide the bed numbers in a consistent manner. The limitation of this KPI, however, is that KPI does not enable detailed evaluation of the energy efficiency of the site, its systems and services. It does not allow for "like to like" comparison to enable benchmarking of energy efficiency performance. Another aspect is that this KPI is not relevant to climate conditions and a need may come up to have other KPIs in relation to climate conditions, such as energy use per bed per cooling degree days or heating degree days (kWh/bed/CDD or kWh/bed/HDD).



Figure 8. Energy KPI: kWh/bed/day comparisons.

3.3.2. kWh/Bed/CDD24

A different picture comes up when the KPI energy uses per bed per cooling degree day (kWh/bed/CDD24) is used. Cooling Degree Days (CDD) are examined because cooling is the dominant space conditioning need for the case study's climate zone (Zone 2—warm, humid summer and mild winter [33]). Heating is rarely needed for the case study, so energy use per bed per heating degree day (HDD) is not provided here. This HDD-related energy use KPI can be a future research topic for studying RACs in cooler climate zones. The base 24 °C is used because it is a recommended value by the Australian Bureau of Meteorology [45] and is a more suitable cooling setting for the demographics, rather than commonly used 21 to 23 °C space cooling setting in commercial buildings.

Despite the RACs' yearly energy reduction in the COVID-19 year (Table 2), Table 5 shows that the kWh/bed/CDD24 actually increased (1.03% to 11.39%) for three of the RACs.

| KPI | Year | Community S | Community P | Community L | Community M |
|---|---|-------------|-------------|-------------|-------------|
| kWh/bed/CDD24 | 2016–2019 mean | 11.20 | 14.91 | 23.98 | 20.67 |
| in warm months (Nov. first year to March next year) | COVID-19 year | 12.48 | 15.06 | 24.55 | 19.72 |
| | COVID-19 year vs. previous 4-year mean | +11.39% | +1.03% | +2.37% | -4.57% |

Table 5. Energy use intensity per degree day.

To find out why the kWh/bed/CDD24 increased for three communities, further critical analysis is conducted to understand how this KPI is calculated and what are the potential factors for the increase. The KPI is calculated with a site total energy use divided by its bed number and divided by the number of CDD24. An increase in the KPI may be because of an increase in the site total energy use, a decrease in the bed number or a decrease in CDD24 (or a combination of these factors).

There is a decrease in the case communities' total energy use, and the bed number remained stable for these case RACs. Then, the only possible factor for the increase in kWh/bed/CDD24 is the CDD24 values. CDD24 is calculated based on temperature datasets and 24 $^{\circ}$ C.

When all years of data are considered as shown in the first and second row of Table 6, Pearson Correlation Coefficients show that the mean daily energy use of these four RACs is highly correlated with mean daily maximum temperature in each month. If the COVID-19 year energy and temperature data are taken out and studied separately, as shown on the third and fourth row of Table 6, temperature remains as a significant factor for energy use.

| No. | Description | Community S | Community P | Community L | Community M |
|-----|--------------------------------------|-----------------------|-----------------------|-----------------------|----------------------|
| 1 | Correlation (all years data) | 0.84 | 0.74 | 0.85 | 0.91 |
| 2 | <i>p</i> -values (all years data) | 4.67×10^{-17} | $1.35 	imes 10^{-11}$ | $1.22 	imes 10^{-17}$ | 4.32×10^{-24} |
| 3 | Correlation (COVID-19 year) | 0.79 | 0.57 | 0.72 | 0.85 |
| 4 | <i>p</i> -values (COVID-19 year) | 2.35×10^{-3} | 0.05 | 8.59×10^{-3} | $5.30 	imes 10^{-4}$ |

Table 6. Pearson correlation coefficients (temperature and monthly energy use).

As such, the reduction of yearly energy use shown in Table 2 is largely correlated with a reduction in temperature (shown in Figure 4) in the COVID summer months that has been attributed to La Niña's impacts on Eastern Australia from September 2020 to March 2021 [46].

The increase in kWh/bed/CDD24 is most likely because the reduction in RACs' yearly energy use was less than the reduction in the CDD24 numbers. As shown in Table 7, the CDD24 values dropped over 14% for Community S, P and L and nearly 9% for Community M, compared with reductions in annual energy use ranging between 2.3% and 10% (Table 2).

| Table 7. Degree days calculatic | on. |
|---------------------------------|-----|
|---------------------------------|-----|

| Indicator | Year | Community S, P, L | Community M |
|-----------|----------------|-------------------|-----------------|
| CDD24 | 2016–2019 mean | 262.62 | 182.78 |
| CDD24 | COVID-19 year | 224.35 (-14.57%) | 166.55 (-8.88%) |

The benefits of using this KPI include that it contains healthcare service provision in calculation. By using ambient temperature to calculate CDD or HDD, this KPI enables an examination on how healthcare buildings are responding to climate conditions. Then, the KPI can enable a comparison among sites for healthcare energy use in relationship to climate conditions, or a comparison for a community itself over years to see how a community's energy use changed in different years of varied climate conditions.

The limitation of these KPIs is that it needs more customization when the KPI is applied to specific sites due to climatic differences and needs in space cooling or heating. Furthermore, the base temperature values for CDD or HDD need to be carefully selected to reflect site situation. There are examples or recommended base values from standards or government bodies [45,47–49]. Another issue is that the KPI may not be reliable or robust for sites in temperate climate zones or mild seasons [10]. Because CDD (or HDD) values can be small for RACs in temperate climate zones or in mild seasons, a minor change in energy use for RACs in temperate climate zones or mild seasons may lead to significant increase or decrease for the KPI.

3.3.3. Discussion of Energy KPIs

Air conditioning is often the largest energy user and a significant asset for healthcare and commercial or public buildings [50–52]. Critical evaluation of the two KPIs (kWh/bed/day and kWh/bed/CDD24) reveals that those healthcare buildings could become more responsive to the reduced needs of space cooling if those buildings are designed with more energy-efficient and resilient features, such as natural ventilation [53] and better operation strategies [54].

Table 8 summarizes the benefits and limitations for the few energy KPIs studied in the previous sections. Easiness in data acquisition can be a quite common advantage for using annual energy use, annual peak demand and daily energy use. However, those KPIs are not related to healthcare service delivery nor related to climate conditions. On the other side, kWh/bed/day and kWh/bed/CDD are related to healthcare service delivery with bed numbers in calculation. kWh/bed/CDD is further dependent on climate conditions and can be more useful in revealing energy efficiency opportunities.

| КРІ | Benefits | Limitations |
|--|--|---|
| Annual energy use (total MWh in a year) | Easiness in data acquisition for generating the KPI Provides a yearly overview Relevant to site energy bills and carbon footprint | - Not related to healthcare |
| Annual peak demand (the highest kW in a year) | Easiness in data acquisition for generating the KPI Reveals the most significant impact to grid infrastructure Relevant to peak demand charge if demand tariff is applicable [36] | Service delivery Not relevant to climate conditions No seasonal/monthly variation No detailed evaluation of site's systems or services |
| Daily energy use (kWh/day) | Easiness in data acquisition for generating the KPI | - |
| kWh/bed/day | Relates to healthcare service delivery Enables a comparison among sites or a site itself over years Relatively easy for data acquisition to calculate the KPI | Not relevant to climate conditions No detailed evaluation of site's systems or services No comparison for benchmarking energy efficiency |
| kWh/bed/CDD | Relates to healthcare service delivery Enables a comparison among sites or a comparison of a site itself over years in relation to varied climate conditions Highly relevant to air conditioning needs May reveal opportunities for better building design or operational improvement | Need customization and careful selection of base temperature values for each site May not be suitable for sites in temperate climate or mild seasons Need more data than other KPIs, e.g., weather observations |

Table 8. Summary of benefits and limitations.

For analyzing energy performance of aged care communities, a combination of these KPIs can be helpful. However, none of these KPIs still allow for comparison to establish healthcare industry benchmarks of best practice, and none relate to the service levels provided or to the healthcare plan for the residents. Further research is planned to fill the gaps.

4. Conclusions

Energy is an essential service for our industries, businesses and societies [55]. Investigation into aged care energy use and peak demand changes during the COVID-19 pandemic, hence, is critical, particularly given the vulnerable groups such as people residing in aged care facilities.

A previous study identified a general downward trend for subtropical aged care communities' energy use and power demand under the first sCOVID-19 lockdown in 2020 [10]. This research has extended the energy use and peak demand study into a whole COVID-19 year and quantified energy and peak demand differences in comparison with previous years for the aged care cases. Complete yearly datasets contain seasonal and yearly differences. The analysis based on yearly datasets can be more useful in energy management decision making compared to analysis based on short periods of lockdowns.

This research has identified a general trend of reduction in case studies' annual energy use and peak demands and discovered that the change of energy use and peak demand had been highly correlated with the temperature changes from La Niña's impact on Eastern Australia from September 2020 to early 2021. Regardless of the pandemic's impact, climate has been a significant factor in the energy use of aged care facilities.

A limitation of this research is that this research is based on available energy and climate data. There had been no controlled experiment in distinguishing impact from climate conditions and impact from COVID-19-related community operation guidelines.

This study confirms that climate is a significant and high-correlation factor to aged care facilities' energy use, prior to and during the pandemic. A few key energy performance indicators' benefits and limitations are summarized in relation to energy management decisions, climate and healthcare operation. KPIs in relation to climate conditions may help review energy efficiency and investment opportunities. Another study is on the way focusing on how energy KPIs and health are linked.

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Abbreviations

| | Acronyms: |
|-------------------|--|
| COVID-19 Or COVID | 2019 novel coronavirus [56] |
| CDD | Cooling degree days |
| EM | Expectation maximization algorithm |
| Eq | Equation |
| HDD | Heating degree days |
| GMM | Gaussian Mixture Model |
| RAC | Residential aged care community(i.e., care home, nursing home) |
| KPI | Key performance indicators |
| kW | Kilowatt |
| kWh | Kilowatt-hour |
| MWh | Megawatt-hour |
| | |

| | Symbols: |
|---|---|
| К | Number of clusters |
| k | k-th mixture component |
| N | Number of samples |
| į | j-th sample |
| d | Dimension number |
| φ | Probability density function of a component |
| x | Observations |
| ψ | Probability density function of a mixture model |
| Ċ | Cluster centres |
| λ | Cluster percentages |
| ω | Mixture weights |
| Σ | Covariance matrix |
| γ | Posteriori probability |
| μ | Mean |
| | |

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