



Advanced Metal Matrix Nanocomposites

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Abstract: Lightweight high-strength metal matrix nano-composites (MMNCs) can be used in a wide variety of applications, e.g., aerospace, automotive, and biomedical engineering, owing to their sustainability, increased specific strength/stiffness, enhanced elevated temperature strength, improved wear, or corrosion resistance. A metallic matrix, commonly comprising of light aluminum or magnesium alloys, can be significantly strengthened even by very low weight fractions (~1 wt%) of well-dispersed nanoparticles. This review discusses the recent advancements in the fabrication of metal matrix nanocomposites starting with manufacturing routes and different nanoparticles, intricacies of the underlying physics, and the mechanisms of particle dispersion in a particle-metal composite system. Thereafter, the microstructural influences of the nanoparticles on the composite system are outlined and the theory of the strengthening mechanisms is also explained. Finally, microstructural, mechanical, and tribological properties of the selected MMNCs are discussed as well.

Keywords: metal matrix nanocomposites; ultrasonication; strength; dispersion

1. Introduction

Composites are a unique class of materials invariably favored by nature in its creation and humans from prehistoric times. Composites provide a unique capability of enhancing the selected properties of monolithic materials which remains superior to the monolithic counterparts [1,2]. The enhancement in the targeted property of a metallic matrix can be controlled through the selection of type, size, and the amount of reinforcement which forms the core of composite design. The research in metal-based composites gained pace primarily in 1970s when researchers attempted, stir casting, rheocasting, and powder metallurgy routes to unify metals/alloys with ceramic reinforcements [3,4] with captivating results. Improvements in mechanical properties, such as elastic modulus, creep, damping, and wear resistance, were typically reported [5,6]. Researchers used both continuous and micron-scale discontinuous reinforcements to enhance the properties of different metallic matrices until approximately the end of the 20th century. The development of continuously-reinforced

metal matrix composites (MMCs) was limited for highly specialized sectors, such as the space segment, due to the high cost and complexity involved in the synthesis process. On the other hand, the synthesis of discontinuously-reinforced MMCs was successfully attempted using a range of processing techniques [1,7,8]. Around the year 2000, the interest in nano-materials was revived and the research gained stride in exploring the influence of nano-scale materials as reinforcement in metallic matrices [9,10]; Ni, Cu, Ti, Mg, and Al were particularly targeted. The use of nano-scale reinforcements led to hitherto unrealized promising results in improving a wide spectrum of properties pertaining to metallic matrices; often deployed reinforcements were primarily selected from oxide, carbide, boride, and nitride families. Moreover, carbon-based reinforcements, such as carbon nanotubes, buckyballs, graphene, and carbon nanoplatelets, were also critically investigated not only in metal matrix composites but also in polymer composites [11]. The following properties were enhanced due to the use of nano-scale reinforcements:

- a. Tensile and compressive behavior.
- b. Ductility or elongation to failure, a must for bend than break design philosophy.
- c. High-temperature mechanical properties.
- d. Creep.
- e. Dynamic mechanical properties.
- f. Wear resistance, including scratch resistance.
- g. Coefficient of thermal expansion.
- h. Damping.
- i. Machining.
- j. Ignition resistance.
- k. Dry/wet corrosion resistance.

The property improvement in the case of MMCs ensues from a combination of factors, such as:

- a. Judicious selection of matrix and reinforcement (including its length scale).
- b. Careful selection of primary and secondary processing routes.
- c. Heat treatment.

In the case of nano-MMCs, another important attribute that assists in property improvement is the minimization of particle-based damage mechanisms which are prevalent in micron-scale ceramic reinforcement particles. Particle damage mechanisms include:

- a. Particle breakage under the application of stress triggering the initiation of cracks.
- b. Matrix-reinforcement interfacial debonding under the application of stress.

Particle-based damage mechanisms lead to inferior mechanical properties of MMCs, especially the elongation to failure and fracture toughness, which is not desirable in engineering/biomedical applications. Accordingly, nano-MMCs enjoy a distinct advantage over micro-MMCs in many applications due to their superior combination of properties.

In addition to the choice of matrix and reinforcement, the improvement in properties of MMCs crucially depends on the processing route and the processing parameters that can provide a uniform distribution of reinforcement and a good matrix-reinforcement interface. In the case of mass production techniques, such as casting, the mixing of reinforcement in molten metal is challenging at the industrial scale without giving significant thermal exposure to reinforcement. The dispersion of ceramic reinforcement in molten metal is commonly attempted using:

- a. Stirring to ensure a vortex [1,4]; or
- b. The ultrasonic method [12–14].

In the stir-casting method, the parameters such as stirrer design, stirrer speed, and its location within the crucible are most important. Recently, ultrasonic cavitation-based dispersion of

reinforcement has been attempted [14–16] which employs the transient (to the order of nano-seconds) micro hot spots that can reach localized temperatures of about 5000 °C and pressures above 1000 atm and heating/cooling rates above 1010 °C/s [16]. Such a strong impact coupled with high temperatures becomes catalytic in breaking up the nanoparticle clusters and cleans the particle surface culminating in promising results. In addition to these dispersion methods, researchers have also attempted to integrate ceramic powders with metallic matrices applying powder preforms through squeeze casting and melt infiltration methods. Gas injection of reinforcement particles in the crucible and gas injection of ceramic particles in disintegrated melt streams, such as in spray atomization and the deposition method, have also been reported [1,17]. Importantly, the existing conventional infrastructure that is used for metal processing and fabrication in the synthesis of metal matrix composites can be used with minor modifications for easy industrial adaptability.

MMCs endowed with superior combinations of properties arising due to the material design freedom are opening up new applications in multiple engineering and biomedical sectors [18]. For example, biocompatibility, specific strength, high bio-corrosion resistance, as well as cell growth capability are important for most biomedical applications, such as those composites used as orthopedic biomaterials [18–20]. Additionally, properties such as light-weight and high-strength are simultaneously demanded in some industrial applications, like those automotive structures where lightweight but high-strength metal matrix nanocomposites are employed [21].

This review attempts to provide a comprehensive strategy based on the multi-disciplinary knowledge base from researchers in this area which will hopefully be beneficial for students, researchers, and industrialists alike. The key topics discussed are:

- a. Current state-of-the-art in the synthesis of nanocomposites.
- b. An insight into microstructural characteristics of composites.
- c. Dispersion mechanisms of nano-particles.
- d. Mechanical responses, including tensile, compressive, torsion, fatigue, and damping properties.
- e. Particular emphasis is placed on lightweight composites, such as those based on magnesium and aluminum due to their capability to mitigate greenhouse gas emissions and global warming due to a rapid expansion in the transportation sector [3].

2. Fabrication Methods

The main challenges in producing nano-particle reinforced composites (nanocomposites) are the formation of cluster (agglomeration of the particles) and non-uniform (inhomogeneous) distribution of the nano-particles within the metal matrix. Regardless of ultrasonic dispersion and its assistance in the fabrication of MMNCs, the main fabrication methods in processing and manufacturing methods are presented.

2.1. Stir-Casting

Stir-casting is a common, economical, and fairly simple method of producing metal matrix nanocomposites wherein the reinforcement particles are incorporated into the molten matrix metal (i.e., aluminum). A stirrer (impeller) is inserted into the molten metal and applies mechanical stirring with some rpm to get a uniform distribution of the particles with the molten metal. This process has been extensively used to incorporate ceramic, carbon nanotubes, graphene, and metal oxide particles to magnesium and aluminum matrices [22–25]. The main challenges of this technique are (i) the tendency of nanoparticles to cluster due to high surface area and resulting high van der Waals forces between them; (ii) poor wettability of the solid nanoparticles with the molten metal; and (iii) high density of porosity due to possible entrapment of the air induced by the rotating stirrer [26–28]. Figure 1 shows the schematic of the stir casting process. Hamedan and Shahmiri [23] studied the stir casting fabrication of A356—1 wt% SiC (aluminum powder with average grain size of 45 μ m and SiC nanoparticles with the average size of 20–50 nm) nanocomposite wherein a specific stirring rate and temperature were

identified to secure a great combination of mechanical properties; the ideal combination of stirring temperature and stirring rate were 750 °C and 700 rpm, respectively.



Figure 1. Typical stir-casting experimental setup [29].

Ezzatpour et al. [30] assessed the microstructure and mechanical properties of Al6061-nanocomposite, reinforced with nano-Al₂O₃ particles (0.5, 1, and 1.5 wt%), produced by stir-casting. Upon casting, they extruded the nanocomposite materials at 550 °C and observed enhanced strength and ductility in the extruded samples compared with un-reinforced samples; increase in yield strength and tensile strength resulted with addition of nano-Al₂O₃ while reduction in ductility. Alam et al. [31] studied the mechanical properties and the microstructure of A356 aluminum alloys reinforced with 1 to 5% nano-SiC particle produced by the stir casting process with stirring at 550 ± 50 rpm, stirring duration of 10 min, and pouring of the molten slurry at 680 ± 20 °C increase of 41% in yield strength and 45% in ultimate tensile strength (UTS) was described.

Khandelwal et al. [32] assessed the mechanical behavior of $AZ31/Al_2O_3$ magnesium alloy nanocomposites prepared using ultrasound-assisted stir casting (nano-sized alumina powder with the average size of 30 to 70 nm) with different wt% of alumina nanoparticles (0.5, 1.0, and 2.0 wt%). The melt was subjected to ultrasonic treatment (UST) under two different conditions, i.e., UST performed outside the furnace during air-cooling and nearly isothermal (Iso) UST within the furnace (see Figure 2). Grain refinement was attributed to the improved heterogeneous nucleation due to the addition of reinforcing particles. The reinforcing agent dispersed by UST greatly improved the mechanical response of the fabricated composite material (Figure 3). The coefficient of thermal expansion (CTE) as well as Orowan strengthening mechanism were the two factors contributing to the strength of the produced composites. The extensive fracture analyses revealed quasi-static cleavage fracture (brittle nature) in the iso-UST composite materials.





Figure 2. Experimental setup for ultrasonic processing of nanocomposites with UST done (a) outside, and (b) inside the furnace [32].



Figure 3. Engineering stress and engineering strain curves of (**a**) AZ31 alloy and AC-UST specimens, and (**b**) AZ31 alloy and Iso-UST specimens [32].

2.2. Disintegrated Melt Deposition (DMD)

This stir casting-derived process has extensively been used for manufacturing of Mg-based nanocomposites [33–37] where a composite slurry, based on stir casting principles, is produced first. The ensuing slurry is then passed through a pouring nozzle with an inert gas jet (i.e., argon), at a superheated temperature (i.e., 750 °C); finally, the slurry is deposited on a metallic substrate. The end product of the DMD process is an ingot which then can be hot extruded to obtain the desired shape (Figure 4). This process is mainly used to produce Mg nanocomposites as it circumvents the major drawbacks of stir casting namely high density of oxides in the nanocomposite, and withholding of the reinforcement particles, i.e., Al₂O₃, SiC, Y₂O₃, B₄C, BN, ZrO₂, ZnO, CNT, in the crucible because of density differences between the particles and the Mg alloys [3]. For instance, Srivatsan et al. [38] produced an AZ31 + 1.5 vol% Al₂O₃ nanocomposite with the alumina particles (Al₂O₃) of 50 nm size. Upon the DMD process, the ingot was extruded with extrusion ratio 20.25:1 at 350 °C to achieve 8-mm diameter bars; the overall grain size of the reinforced nanocomposite was much finer than the monolithic AZ31 alloy due to pinning effect of evenly distributed alumina nanoparticles.



Figure 4. Schematic diagram of disintegrated melt deposition setup [7].

2.3. Semi-Solid Casting (SSC)

Semi-solid casting (SSC) is a high-integrity die casting technique, wherein metal is injected into a mold cavity in a semi-liquid/solid state with a "slushy" consistency with attributes of lower energy demands and less porosity, is more easily handled and requires less post-molding machining than metal cast using high-pressure die casting. However, it is difficult to generate the globular microstructure (globular solid particles suspended in the remaining liquid phase) needed for SCC. Zinc alloy AC43A nanocomposite with 0.5 wt% SiC β nanoparticle additions were cast at a 30% solid fraction [39]. AM60/SiC nanocomposite was obtained in a uniform microstructure form via semi-solid casting and a 19.3% and 7.9% increase in the elongation and the UTS, respectively, was discerned through the addition of 0.1 vol% of the nanoparticles [40].

The combination of strength enhancement of the MMNC material with the beneficial processing of SSC was reported by DeCicco et al. [39,41] with reduced shrinkage, progressive mold filling and increased ductility for the semi-solid cast zinc alloy AC43A with 0.5 wt% SiC β (20–30 nm) nanoparticle addition compared to liquid cast monolithic AC43A zinc alloy and liquid cast AC43A/SiC nanocomposite, as shown in Figure 5.



Figure 5. Comparison of mechanical properties between liquid cast AC43A alloy, liquid cast AC43A/0.5 wt% SiC nanocomposite, and semi-solid cast AC43A/0.5 wt% SiC nanocomposites (30% solid fraction); (a) ductility comparison and (b) strength comparison [41].

The observed strength increase in the liquid cast AC43A/SiC systems is relatively small compared to other nanocomposite systems. There are no available mechanical testing results of semi-solid cast aluminum-based nanocomposites in the literature [39].

2.4. Powder Metallurgy (PM)

Powder metallurgy (PM), considered as a solid-state manufacturing method, is based upon three sequential steps: blending of the matrix metallic powders and the reinforcement particles in the desired composition, compaction to produce green compacts, and sintering using resistance or microwave (MW) energy. Upon sintering, another finishing process is applied to ensure consolidation of the produced composite which may involve equal channel angular pressing (ECAP) or an extrusion process at elevated temperatures. There are numerous advantages of PM over other manufacturing methods including:

- Ability to produce "near-net" shape components;
- Capability to integrate higher volume fractions of the reinforcement; and
- Ability to produce large batches (i.e., for automotive applications).

Recently, Simões et al. [42] successfully produced aluminum and nickel matrix composites reinforced with carbon nanotubes (CNTs) using ultrasonication-assisted powder metallurgy as the dispersion/mixture process. They mixed different contents of CNTs (0.5 to 2.0 wt%) with the metallic powders in isopropanol; upon drying, the mixtures were uniaxially compacted and then sintered at elevated temperatures at different sintering times (i.e., 90 min at 640 °C for Al/CNT nanocomposites and 120 min at 950 °C for Ni/CNT nanocomposites). The PM technique, assisted with a novel "MW sintering" has been used extensively to produce different grades of Mg matrix nanocomposites [43–46]; MW heating is used to rapidly and effectively heat up the mixed powder particles as heat is generated within the powders, internally, and radiates outward (core-to-surface), which is contrary to what occurs in the conventional sintering process (surface-to-core) [44,45].

Recently, Matli et al. [47] used the PM process involving MW sintering followed by hot extrusion to produce Al–Si₃N₄ nanocomposites (silicon nitride with volume fraction of 0.5, 1.0, and 1.5%). They ball milled the mixture for 2 h at the milling speed of 200 rpm, then compacted the blended powders under 97 bar pressure and sintered the green product, using MW sintering, at 550 °C. Finally, an extrusion ratio of 20.25:1 was used to produce extruded rods of 8 mm diameter (Figure 6); the microstructure and mechanical properties of the produced nanocomposite were examined.



Figure 6. Schematic representation of the fabrication of Al–Si₃N₄ nanocomposites [47].

Their results indicate that the Si_3N_4 addition in the aluminum matrix leads to a linear increase in yield strength and UTS along with decrease in ductility (Figure 7).



Figure 7. Representative tensile stress–strain curves (**a**) and variation in YS, UTS, and elongation with an amount of Si_3N_4 (**b**) of extruded Al– Si_3N_4 nanocomposites [47].

Pham et al. [48] utilized the PM technique to fabricate a Cu/CNT nanocomposite (CNT fraction from 0 to 3.5 wt%) and studied the effect of sintering parameters (850–950 °C for 2 h) on the mechanical properties and microstructure of the formed nanocomposite. The admixed copper powders (2–3 mm in size) with multi-walled carbon nanotubes (50 nm in diameter and 50 μ m in length) were subjected to a high-energy ball milling (6 h at 300 rpm) which were then compressed and sintered at 850, 900, and 950 °C for 2 h in a pure argon atmosphere (Figure 8). An increase in the hardness trend with increase in the volume fraction of CNTs was observed up to 3 wt% which begins to drop, probably due to clustering/agglomeration when a larger volume fraction of the reinforcements (i.e., CNT) is added (Figure 9); based on Hall–Petch theory, and due to the grain grown at 950 °C sintering temperature, the hardness value of the sample processed at 950 °C was lower than the sample fabricated at 900 °C.



Cu/CNTs material

Figure 8. The PM path followed by Pham et al. [48].



Figure 9. Dependence of the Brinell Hardness (HB) of the Cu/CNT nanocomposite on the mass fraction of the CNTs [48].

A sub-group of the PM technique for fabrication of MMNCs entails mechanical alloying upon which a high energy ball milling system is used to repeatedly cold weld, fracture, and re-weld the powder particles [49–51]. This practice is used greatly in metal matrix nanocomposites reinforced with ceramic particles since it can effectively break up the ceramic clusters and, therefore, enhances the uniform distribution of the ceramic particles in the metal matrix [52]. The main processing parameters in the mechanical alloying process comprise ball-to-powder ratio, time, and rotational speed of milling. Once the ball milling process is over, the rest of the process is similar to the PM which includes green compact and sintering; during the ball milling process, a process control agent (i.e., methanol, stearic acid, etc.) is sometimes added to prevent the formation of large powder clusters.

The ball milling process of a CNT-reinforced metal matrix bulk composite (i.e., Al/CNT nanocomposite) is shown in Figure 10 where the CNTs are integrated (partially welded) with the

matrix powder metal (i.e., aluminum) at various steps; an effective ball milling process shall produce a well-dispersed (homogenized) distribution of reinforcement particles in the metal matrix.



Figure 10. Schematic of the ball milling process (**a**). The used balls are hitting the CNTs and the matrix powder material (**b**), welding and integrating the two components (**c**), and the bounce of the powder particle to restart this process again at another spot (**d**) [53].

To produce a fine dispersion of carbides, nitrides, and oxides in a light (non-ferrous) alloy matrix another term, reaction milling (i.e., reaction milling combines mixing and attrition with solid state reactions induced by mechanical agitation), has been used [3]; the processes control agent is not added to initiate the reaction. In this case, the milling atmosphere can be inert (or active) gases like argon, oxygen, nitrogen, or air [49].

2.5. Friction Stir Processing

Friction stir processing (FSP), as a derivative of friction stir welding, is widely used by many researchers and industrialists [54–64] to incorporate nano-particles within a metallic matrix to produce bulk or surface nanocomposites. Initially, a groove is made with the base metallic material which is then filled with the desired volume fraction of the nanoparticles. Using a non-consumable rotating pin-less tool, which is plunged into the surface of the work piece, the groove is closed with the particles being encapsulated within the closed grove. In the next step, a tool with pin is used to disperse the particles, through a stirring process, with the bulk of the metallic substrate (Figure 11). The main challenge of this method is final surface finish of the processed product and uniform dispersion of the nano-sized particles within the matrix. This procedure still under development and has been used in fabrication of aluminum and magnesium based nanocomposites [63,64]; Arora et al. [65] have published a review paper on composite and nanocomposite fabrication using FSP.

Morisada et al. [54], for instance, filled multi-walled CNTs (diameter of 20–50 nm) into a groove (1 mm \times 2 mm) on the AZ31 (rolled plates with thickness of 6 mm) and employed FSP to fabricate surface composites; good distribution of the nanotubes within the matrix at 1500 rpm and traverse speed of 25 mm/min was observed after exploring various parameters along with great grain refinement (less than 0.5 µm) in the FSPed specimens. Using the FSP principles, with a constant traverse speed of 45 mm/min and a rotational speed of 800 rpm, Lee et al. [55] fabricated an AZ61/SiO₂ (average diameter of 20 nm) nanocomposite with volume fractions of 5 and 10%. Multi-pass FSP trials showed that the clustering phenomenon becomes inferior with increasing the number of the FSP

passes in addition to significant grain refinement and improvement in the mechanical properties in the FSPed samples versus the starting materials.



Figure 11. Schematic of composite manufacturing [66].

2.6. Accumulative Roll Bonding

Originally introduced by Saito et al. [67] in 1998, accumulative roll bonding (ARB) is based upon severe plastic deformations imposed by rotating rolls on stacked metallic sheets and comprise the following steps (Figure 12):

- wire brushing of metal sheet surfaces to remove the oxide layer, contaminants, etc.;
- stacking of two sheets on top of each other;
- roll bonding the sheets together up to a minimum 50% thickness reduction; and
- dividing the roll-bonded sample into piece.s

A one-piece entity can be attained following these steps and the process can be repeated many times. The process has been used for fabricating different metal matrix nanocomposites, i.e., Al/SiC [68–70], Al/Al₂O₃ [71], Al/B₄C [72], Al/CNT [73], Al/TiO₂ [74], Al/SiO₂ [75], Al/W [76,77], Al/WC [78], Al–Al₂O₃–Mg multilayer composite [79], and Mg/CNT [80].



Figure 12. Schematic of the accumulative roll bonding (ARB) [81].

Al-based (AA1100) composite reinforced with nano- tungsten trioxide (WO₃), with an average size of 80 nm and 1.0, 1.5, and 2.0 vol%, has been fabricated [81] for study of their microstructure and mechanical properties; good dispersion of nanoparticles within the matrix along with enhanced mechanical properties [81] was achieved upon 12 ARB cycles. Higher strength in the multi-pass ARBed samples is attributed to the grain refinement, strain hardening, and uniform distribution of the particles within the matrix (Figure 13).



Figure 13. 3D representation of tensile strength (**a**) and elongation (**b**) versus the volume fraction and the number of cycles [81].

3. Reinforcing Agents

The aim of reinforcement of metallic materials with nano-particles or fibers is always aimed to improve specific properties [82], typical development goals for composite materials being:

- Increase in yield and tensile strength at room temperature or elevated temperature while maintaining ductility;
- Increase of creep resistance at elevated temperatures;
- Increased fatigue strength;
- Improvement of thermal shock resistance;
- Improvement of wear resistance;
- Increase of the Young's modulus; or
- Reduction of coefficient of thermal expansion.

Ceramic nanoparticles and carbon-based nanotubes have been available in the last few years at significantly lower prices than in the 1980s or 1990s and has culminated in impressive promotion of the research and development of nanoparticle-reinforced light metals. Figure 14 shows the number of publications on metal matrix nanocomposites over the last 25 years.



Figure 14. Number of publications on metal matrix nanocomposites in Web of Science.

The requirements for ceramic nanoparticles and their use in the metallic matrix to bring about the aforementioned improvements in properties, however, are rather customized by the combination of particles and matrix; low density is a requirement in order to curb the density of the composite. Furthermore, an obligatory mechanical compatibility exists, which is provided by a small difference in the coefficient of thermal expansion. Chemical compatibility is important at the outset to prevent the particles from dissolving in the melt but, at the same time, ensures good adhesion to the matrix. The melting point of the particles should be significantly higher than that of the matrix, which is typically the case with ceramic particles. A high modulus of elasticity and high strengths are vital and so is good wettability for metallurgical processing. Finally, the reinforcement component must also be inexpensive and, therefore, economical to procure.

Carbides, borides, nitrides, and oxides are used to reinforce metallic materials in the nanoparticle form [83,84], usually produced industrially at low cost and deployed in the grinding and polishing industry; especially, SiC, B_4C , Al_2O_3 , AlN, BN, and TiB_2 are technically and economically relevant examples. Table 1 shows some relevant properties of the ceramics listed above and Table 2 lists common ceramic nanoparticles useable for metal matrix nanocomposite production.

Туре	SiC	AlN	Al_2O_3	B ₄ C	TiB ₂	TiC
Crystal structure	α: hdp	hdp	α: hdp	rhomb	hdp	cub
Lattice parameters [nm]	a: 0.307 c: 1.008	a: 0.311 c: 0.498	a: 0.476 c: 1.299	a: 0.559 c: 1.205	a: 0.303 c: 0.322	a: 0.432
Melting T [°C]	2300	3000	2045	2450	2900	3140
Young's modulus [GPa]	480	350	410	450	370	320
Density [g/cm ³]	3.22	3.26	3.98	2.53	4.49	4.92
Mohs hardness	9.6	-	6.5	9.5	-	-
CTE [10 ⁻⁶ K ⁻¹]	4.9	6.0	8.3	5.4	7.4	7.4
supplier of nanoparticles	IoLiTec Nanomaterials, Skyspring Nanomaterials, Inc., Auer-Remy GmbH, ChemPur Feinchemikalien und Forschungsbedarf GmbH, Alpha Aesar					

Table 1. Properties of common particles used as nanoparticles for metals reinforcement [85,86].

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Base	Carbide	Nitride	Boride	Oxide
Aluminium		AlN		Al ₂ O ₃
Antimony				Sb_2O_3
Boron	B ₄ C	BN		B_2O_3
Bismuth				Bi ₂ O ₃
Cerium				CeO ₂
Chromium	CrC	CrN	CrB	CrO_3 , Cr_2O_3
Cobalt				CoO, Co_2O_3, Co_3O_4
Copper				CuO
Dysprosium				Dy_2O_3
Erbium				Er_2O_3
Europium				Eu_2O_3
Gadolinium				Gd_2O_3
Hafnium	HfC	HfN		HfO ₂
Indium				In ₂ O ₃
Iron				Fe_3O_4 , Fe_2O_3
Lanthanum			LaB ₆	La_2O_3
Magnesium				MgO
Manganese				MnO_2 , MnO_3 , Mn_2O_3
Molybdenum	MoC, Mo ₂ C	MoN, Mo ₂ N	MoB, Mo ₂ B	MoO ₃
Neodymium				Nd_2O_3
Nickel				NiO, Ni ₂ O ₃
Niobium				Nb ₂ O ₅
Praseodymium				Pr_6O_{11}
Samarium				Sm_2O_3
Silicon	SiC	Si_3N_4		SiO ₂
Tantalum	TaC	TaN		Ta ₂ O ₅
Terbium				Tb ₄ O ₇
Tin				SnO_2
Titanium	TiC	TiN	TiB ₂	TiO ₂
Tungsten	WC, W_2C	WN, W_2N	WB, W_2B	WO ₃
Vanadium				VO, V ₂ O ₃ , V ₂ O ₅
Yttrium				Y ₂ O ₃
Ytterbium				Yb ₂ O ₃
Zinc				ZnO
Zirconium	ZrC	ZrN	ZrB_2	ZrO_2

Table 2. Commercially available nanoparticles.

The size and shape of nanoparticles varies greatly. The particle sizes of a few nanometers in diameter are available while their shape varies between round, block-shaped, rectangular, flat, and filamentary.

Both carbon nanotubes (CNTs) and nanodiamonds (NDs) are allotropes of carbon. Nanodiamonds were first synthesized in the USSR in the 1960s [87]. However, it took until the 1990s to develop some of applications capitalizing on their extremely hard nature with a very high Young's modulus. They have special optical properties and can be fluorescent. In addition to many possibilities in biological applications as biomarkers or drug delivery agents, they can also be used as reinforcing components in nanocomposites. Nanodiamonds can be released when biodegradable magnesium alloys degrade. They can serve as biomarkers with a fluorescent surface or can be visualized in imaging processes using their magnetic properties; nanodiamonds are the least cell-toxic carbon-based nanomaterials [88,89].

An aluminum-based composite material with 0.2 wt% nanodiamonds has been explored for its mechanical properties [90]. A powder mixture of aluminum powder and nanodiamonds is mixed and hot-pressed. As a second material, an Al-7Si alloy was mixed with nanodiamonds using ultrasound and its properties were examined; apparently, Al_4C_3 is formed in the hot-pressed nanocomposite during the manufacturing process with significantly improved mechanical properties including yield strength, tensile strength, and Young's modulus. These properties are also significantly improved in the cast material.

Using a powder metallurgy method, Gong et al. have reinforced pure magnesium with nanodiamonds and investigated the suitability of the MMNC as degradable implant material [19]; the corrosion rate being the focus of investigations. It turned out that magnesium with 1, 3, and 5 wt% nanodiamonds show a decreasing degradation rate with increasing particle content. The corrosion

rate of the MMNC with 5 wt% particles was 4.5 times lower than that of pure magnesium. The nanodiamonds do not reduce the cell viability.

CNTs are coiled graphene, which in turn are single layers of graphite, i.e., two-dimensional structures of hexagonally-arranged carbon atoms. Each carbon atom is covalently bonded to three other carbon atoms in the plane and, thus, the four-bondedness of the carbon is not fulfilled. The fourth electron is delocalized over the plane and accounts for the electrical conductivity of the graphene in the direction of the plane. Once a graphene layer is rolled up to a CNT, a three-dimensional structure ensues that bears resemblance to fullerenes. One distinguishes between single-wall and multi-wall CNTs, a major benefit of CNTs being their very high strength and high Young's modulus; tensile strengths between 13 and 52 GPa and Young's moduli between 320 and 1470 GPa could be measured at 1.36 nm thick single-wall CNTs [91]. In another study, measurements on multi-wall CNTs in which the outer shell carries the load showed tensile strengths between 11 and 63 GPa and a Young's modulus between 270 and 950 GPa [92]. This renders CNTs an ideal strengthening reinforcement material for metallic nanocomposites.

Goh et al. [93] studied pure magnesium, which was reinforced with 0.06, 0.18 and 0.3% by weight multi-wall CNTs of 20 nm diameter. A mixture of CNTs and magnesium chips were milled, compacted, and extruded. The thermal expansion coefficient was reduced by adding CNTs, as shown in Table 3; the yield strength of nanocomposites also increased with increasing CNT content (Table 3).

Material	CTE [10 ⁻⁶ K ⁻¹]	0.2 Yield Strength [MPa]	UTS [MPa]	Elongation [%]
Mg	28.57	127 ± 5	205 ± 4	9 ± 2
Mg-0.06 CNT	27.17	133 ± 2	203 ± 1	12 ± 1
Mg-0.18 CNT	26.19	138 ± 4	206 ± 7	11 ± 1
Mg-0.30 CNT	25.90	146 ± 5	210 ± 6	8 ± 1

Table 3. CTE and mechanical properties of Mg and its nanocomposites reinforced with CNTs [93].

Laha et al. [94] produced an aluminum-based nanocomposite with 10 wt% multi-wall CNTs and compared the properties with the unreinforced Al-Si alloy, also produced by plasma spray forming. The Young's modulus more than doubled from 67.5 to 120.4 GPa by the addition of CNTs, but the tensile strength increased only slightly from 79.8 to 83.1 MPa and ductility decreased. Microstructure investigations have revealed that a SiC layer has formed on the CNTs which influences the failure in the tensile test; an overview of CNT reinforced metal matrix nanocomposites can be found in [95].

4. Dispersion

One of the most important issues in MMNC manufacturing is the dispersion process of nano-particles in a metal matrix. It has been shown that the better dispersion of nano-reinforcements results in a higher performance material [8]. In this part, dispersion mechanisms are discussed with special emphasis on solidification of composite systems, cavitation, ultrasonic cavitation, and associated phenomena [96–98].

4.1. Cavitation Basics

Phenomenon. When a volume of liquid is subjected to a sufficiently large force, it may rupture and form a cavity ("bubble") and this phenomenon is termed "cavitation inception"—the start of the cavitation process [99,100]. It usually occurs when a liquid is subjected to rapid changes of pressure that causes the formation of cavities in the liquid where the pressure is sufficiently low. This pressure is usually below the saturated vapor pressure, a value given by the tensile strength of the liquid at a certain temperature [99]. Cavitation is usually divided into two classes of behavior: (1) non-inertial cavitation, and (2) inertial (or transient) cavitation [101]. When the liquid is subjected to appropriate

pressure change, the formed cavitation bubbles may oscillate in size or shape accordingly due to the changes of some form of energy input, such as an acoustic field. This phenomenon is named as non-inertial cavitation. When the liquid is subjected to relatively higher pressure, the cavitation bubbles may implode generating intense shock waves to their surrounding environment, causing inertial or transient cavitation.

Physics. According to homogeneous nucleation theory, in a pure liquid, the liquid pressure p exterior to a bubble of radius R will be related to the interior pressure p_B by [99,101]:

$$p_{\rm B} - p = \frac{2\gamma}{\rm R} \tag{1}$$

where γ is the surface tension. If the exterior liquid pressure is maintained at a constant value just slightly less than ($p_B - 2\gamma/R$), the bubble will grow in size. However, even for low-density liquid like pure water, considerably low pressure (below the saturated vapor pressure at a certain temperature) within water is required to initiate the "cavitation inception" and form cavitation bubbles. In reality, the formation of cavitation bubbles in water is generally assisted by some weak (or "hot") spots which help the bond breaking between water molecules. This is the heterogeneous nucleation of cavitation bubbles. For example, the presence of a surface in water can promote bubble nucleation [102,103]. This surface can be provided by the sides of a container, by impurities in the liquid, or by small undissolved microbubbles within the liquid.

Following the initial formation, cavitation bubbles may experience bubble growth or oscillation in size, and then collapse [5]. Consider a spherical bubble of radius R(t) as a function of time t in an infinite domain of liquid whose temperature and pressure far from the bubble are T_{∞} and p_{∞} , respectively. By assuming constant values of the liquid density ρ_L and viscosity μ_L , the dynamic behavior of bubble radius can be described by the generalized Rayleigh-Plesset equation [99,101]:

$$\frac{p_{\infty}^{V} - p_{\infty}}{\rho_{L}} + \frac{p_{B}^{V} - p_{\infty}^{V}}{\rho_{L}} + \frac{p_{G_{o}}}{\rho_{L}} \left(\frac{T_{B}}{T_{\infty}}\right) \left(\frac{R_{0}}{R}\right)^{3} = R\frac{d^{2}R}{dt^{2}} + \frac{3}{2}\left(\frac{dR}{dt}\right)^{2} + \frac{4\mu_{L}}{R}\frac{dR}{dt} + \frac{2\gamma}{\rho_{L}R}$$
(2)

The first term on the left is the instantaneous tension or driving term determined by the conditions far from the bubble, where p_{∞}^{V} is the vapor pressure far from the bubble. The second term on the left is the thermal term, in which p_{B}^{V} represents the vapor pressure within the bubble. The third term on the left is to take into account the bubble contents, where T_{B} is the bubble temperature. This means that the gaseous bubble (contains some quantity of contamination gas) with an interior partial pressure $p_{G_{0}}$ corresponding to a reference size R_{0} at a reference temperature T_{∞} is considered.

Relatively speaking, the growth of cavitation bubbles is fairly smooth, and the maximum size occurs at a minimum pressure. Their collapses are, however, quite different. The bubble collapses catastrophically, followed by successive rebounds and collapses. These rebounds may experience attenuation due to some dissipation mechanisms, e.g., the liquid viscosity. A dominant feature in the collapse of many cavitation bubbles is the development of a high-speed reentrant microjet penetrating the bubble [104,105]. This is due to the asymmetry acceleration between inward (more rapidly) and the opposite side of the collapsing bubble [104]. Interestingly, in some special cases, a bubble may oscillate in size with a certain frequency when it experiences a continuous and oscillating pressure field, such as an acoustic field [106].

Applications. Cavitation can be either harmful or desirable depending on different applications. For example, when a propeller blade is rotating through the water the latter becomes stretched and cavities (or bubbles) grow. This is the most common implementation of a cavitation process and when voids collapse the resulting pulses can cause propeller material destruction [107]. In a different application, cavitation in water induced by an ultrasonic field can be used for surface cleaning (of lenses, jewelry, surgical instruments, etc.) [108]. Ultrasonic cavitation can also be used for liquid metal processing in alloy industries. For example, hydrogen, one of the most undesirable elements causing

brittleness of Al- and Mg-based alloys, can be efficiently removed using the ultrasonic cavitation mechanism [21].

4.2. Cavitation in Composite Systems

4.2.1. Cavitation near Solid Surfaces

In contrast from cavitation in pure liquids (no contamination), the cavitation threshold (at which liquids are stretched by negative pressure comparable to the tensile strength of the liquid) for real liquids is much smaller [21]. In this case, cavitation starts earlier and bubbles nucleate from the presence of submicroscopic air pockets. This process, termed, the heterogeneous nucleation, may also be promoted by the presence of impurities, such as a solid surface. Heterogeneous nucleation at a wettable surface occurs if the surface tension of the solid/vapor interface is smaller than the surface tension of the vapor/liquid interface. For example, under ultrasonic irradiation a bubble may nucleate and form at the solid/liquid interface on the wall of a substrate or on a particle within the liquid [21,101].

For modeling the heterogeneous nucleation, the bubble nucleus is usually considered to be a spherical cap on a flat substrate [109,110]. Thus, the energy E(R) of a growing vapor bubble of radius R can be computed in the same way as that for the homogeneous nucleation case except that the interface-creating work is comprised of two parts: the gas/liquid part and gas/solid part. The energy E(R) includes the work for volume expansion, gas/liquid interface creation and gas/solid interface creation. The critical energy $E(R_C)$ at a critical radius R_C can be obtained by [111]:

$$E(R_{\rm C}) = \frac{16\pi\gamma^3 g}{3(P_{\rm B} - P_{\rm L})^2}$$
(3)

where γ is the surface tension of the liquid (or the vapor/liquid interfacial energy), and g is a shape factor of the gas bubble on the surface. P_B and P_L are the respective pressure of bubble interior and liquid. Near the solid surface, the enormous concentration of energy from the collapsing bubble may strongly impact the adjacent materials and structures [112]. This mechanism is, in fact, being used in a variety of industrial applications, such as cleaning, biomedical treatment, deagglomeration, and so on [112,113].

4.2.2. Cavitation in Molten Metal-Nanoparticle Composite Systems

One of the greatest challenges in manufacturing metal matrix nanocomposites is to disperse nano-sized ceramic particles uniformly in molten metals. This is usually problematic because nanoparticles tend to agglomerate as clusters due to the high surface energy that leads to high van der Waals attractive forces between nanoparticles. Thus, deagglomerating nanoparticle clusters are of major significance to achieve homogeneous distribution of nanoparticles in the metal matrix. Liquid metal processing assisted by external ultrasound field has been demonstrated to be an efficient way to homogenize the nanoparticle distribution in molten metal [114]. This processing is followed by appropriate solidification, e.g., a sufficiently slow cooling rate [21], which can give rise to homogeneous microstructure in the nanocomposite. Thus, the optimum enhancement effect of nanoparticles on the mechanical properties of nanocomposite can be achieved [115].

The fundamental mechanism and process of deagglomeration of nanoparticle clusters in molten metal alloys via ultrasonic treatment has been studied extensively in both experiments and modeling. The two main hypotheses of the deagglomeration mechanisms are: high-intensity ultrasonic waves generate strong cavitation [116] and acoustic streaming effects in liquid metal [117]. Transient cavitation can produce an implosive impact strong enough to break up the nearby clustered nanoparticles and disperse them uniformly in the liquid metal [116] (see Figure 15a). For example, in an aluminum melt, such implosive impact can generate pressure (depending on the proximity of the imploding bubble to the nanoparticle cluster) ranging from 1 MPa to over 4 GPa; on average, 10~400 MPa [116,118].

Moreover, acoustic streaming (a liquid flow due to an acoustic pressure gradient) is also very effective for stirring, which may contribute to the deagglomeration process (see Figure 15b). Thus far, there is no direct in situ imaging of the rupturing process of nanoparticle clusters in liquid metals during the ultrasonic cavitation process. There are many challenges; one is that liquid metals are usually optically opaque and the majority of metal alloys require relatively high temperature (above a few hundred degrees Celsius) to maintain liquidus structure; special techniques, such as X-ray imaging, are needed to "see" through the liquid metals. In addition, in situ observation requires imaging with nanoscale resolution and extremely high speed (up to on the order of 10⁵ frames per second [119]) to be able to capture both activities of nanoparticle clusters and cavitation bubbles (with radii from a few to a few hundreds of micrometers [114,120]). According to the Minnaert equation [121], the critical radius of a cavitation bubble in liquid aluminum is around 60–70 µm when the acoustic pressure is sufficiently high [114].



Figure 15. Main mechanisms of ultrasonic deagglomeration of nanoparticle clusters: (**a**) collapse of cavitation bubble; and (**b**) acoustic streaming.

Nevertheless, there are some in situ imaging experiments focused on the observation of cavitation bubble dynamics in molten metal with and without the presence of nanoparticles [120]. The influence of nanoparticles on the molten metal and cavitation bubbles can then be revealed through comparisons. In a recent experiment, the in situ synchrotron X-ray radiographic imaging of ultrasound cavitation in a molten Al-10 wt% Cu with and without the addition of Al₂O₃ nanoparticles (0.05 wt%, mean size about 80 nm) was carried out [120]. As shown in Figure 16, references [114,118,120] show the experimental setup of ultrasonic processing of molten nanocomposite system mainly consists of a furnace, crucible, and an ultrasonic probe (integrated with an ultrasound processer) generating adequate processing power inside the melt [122]. This work demonstrated that the number density of cavitation bubbles was increased two-fold when the nanoparticles were presented in the molten metal [120], implying that the introduction of nanoparticles provided a large number of heterogeneous nuclei for cavitation bubbles. It is then reasonable to hypothesize that the collapses of those cavitation bubbles may strongly impact the nearby clustered nanoparticles. Consequently, deagglomeration of those nanoparticle clusters may be achieved through ultrasonic transient cavitation. In addition, approximately 20% increased acoustic streaming or flow rate was observed in the Al-10wt%Cu melt with an addition of 0.05 wt% Al₂O₃ nanoparticles [120]. The higher flow velocity caused by the greater ultrasonic field may increase the turbulent nature of the molten nanocomposite system [120]. The increased agitation in the melt may contribute to the deagglomeration of nanoparticles though re-agglomeration might also happen depending on the local flow patterns [120].



Figure 16. In situ ultrasonic processing setup on the Diamond–Manchester imaging branchline (I13-2) of the Diamond Light Source, UK. Schematic diagram on the right-hand side shows the furnace, crucible, and the sonotrode (inset is the view along the X-ray beam) [114,118,120].

Despite very few experiments having been reported on the in situ imaging of ultrasonic deagglomeration process, a great number of ex situ trials have been performed to study the effect of ultrasonic melt treatment on the deagglomeration of nanoparticle clustering. This is usually to compare the microstructure and/or mechanical properties of the solid nanocomposite at ambient temperature before and after ultrasonic melt treatment [116]. Microscopically, the reduced size of nanoparticle clusters or more homogenous distribution of nanoparticles in the resultant nanocomposite represents the effectiveness of the ultrasonic melt treatment. As a result, mechanical properties of the metal matrix nanocomposite are enhanced [8,21]. In the nanocomposites processed by ultrasonic melt treatment, metal matrices are largely focused on aluminum [116,117,123-128], magnesium alloys [6,129-131], and transition metal alloys [8]. Typical nanoparticle reinforcers [8,132–134] include SiC, Al₂O₃, and various carbon polymorphs (e.g., graphene, carbon nanotubes, and diamond nanoparticles). During ultrasonic melt processing, nanoparticles, on the one hand, act as heterogeneous nucleation sites for cavitation bubbles and, on the other hand, alter the physical properties of the metal melt. The viscosity of the molten metal nanocomposite system increases significantly with the increase of the volume fraction of nanoparticles [135,136], thus strongly impacting the ultrasonic melt processing as well as the dynamics of cavitation bubbles in molten metal nanocomposites. Typically, a limited volume fraction of nanoparticles (up to ~5 vol% [21,137]) in the molten metals can be effectively dispersed by the ultrasonic melt treatment [136,137]. Prior studies also reported that the ultrasonically deagglomerated nanoparticles may re-agglomerate and then segregate after ultrasonic processing stops, mostly due to the attractive van der Waals forces between nanoparticles [137,138].

In view of the aforementioned experimental challenges, it is difficult to achieve direct imaging about the dynamic impact of ultrasonic cavitation bubbles on the nanoparticle clusters in molten metals. Modeling is, thus, often utilized to provide in-depth understanding of this process. The effect of ultrasonic cavitation in the melt on deagglomeration and the rate of deagglomeration can then be studied symmetrically. For example, the ultrasonic intensity (I) required for breaking up a nanoparticle agglomerate that is located at the front of a ultrasound wave in a molten metal, can be estimated by [116]:

$$I = 2W_L \left(\frac{\sigma}{D\omega\rho_L}\right)^2 \tag{4}$$

where is it assumed that the nanoparticle agglomerate is of spherical shape with a diameter of D. In Equation (4) σ is the tensile strength of an agglomerate beyond which agglomerate fractures. W_L is

the acoustic power introduced in the liquid and ρ_L liquid metal density. ω is the ultrasonic frequency. Obviously, with the reduction of agglomerate size D (below ~40–50 µm), the deagglomeration force generated by certain frequency ultrasound (on the order of kHz) increases sharply [116]. In the case of aluminum melt with the introduction of Al₂O₃ nanoparticles, modeling of the deagglomeration process using Equation (4) is in good agreement with experimental measurements [21,116].

In order to simulate the dynamic process of breaking up of nanoparticle clusters [139,140] during ultrasonic cavitation, mesoscopic-scale modeling based on multiphase (fluid and solid) granular flow model [141–143] have been developed. For example, modeling with the coupling of computational fluid dynamics (CFD) and discrete element method (DEM) has been carried out for a number of nanocomposite systems, including aluminum- and magnesium-based alloys with the addition of SiC or Al_2O_3 nanoparticles [139]. The DEM-CFD modeling demonstrates that the high velocity pulses caused by the collapsing of cavitation gas bubbles during the ultrasonic treatment are capable of breaking up the agglomerates [139]. The deagglomeration is highly dependent on the interfacial energy between nanoparticles and liquid metals, the duration and the maximum value of the velocity pulse, as well as the size of the nanoparticle agglomerates [139,140]. The deagglomeration rate of a nanoparticle clusters can be quantified [140] as the average distance from particles that initially belonged to the cluster to their geometrical center, scaled by the particle radius:

$$\Delta = \frac{1}{R_{np}N_{np}}\sum_{i} \left| \overline{x_{i}} - \frac{1}{N_{np}}\sum_{i} \overline{x_{j}} \right|$$
(5)

where N_{np} is the number of nanoparticles in a cluster, R_{np} is the radius of nanoparticle, x_i denotes the position and bar is for the vector notation. In addition, mesoscale modeling has been employed to simulate the effect of acoustic streaming (or ultrasonic stirring) on the deagglomeration process of nanoparticle clusters in molten metals. For example, CFD coupled with the dense discrete phase model (DDPM) was applied to simulate the dynamic process of nanoparticles injection into the cavitation region in the molten metals. In a simulation of injecting SiC or Al₂O₃ nanoparticles (up to 1.0 wt%) into the molten A356 aluminum alloy, the nanoparticles are distributed well in the fluid after 3 s of ultrasonic melt treatment [124,144]. Obviously, the intense flow convection induced by the ultrasonic cavitation plays an important role in the deagglomeration and dispersion of ceramic nanoparticles in molten metals [143,144].

5. Strengthening Mechanisms

The strengthening mechanisms in the context of MMNCs are briefly introduced here. The effects that ceramic nanoparticles have on yield strength always include some different strengthening mechanisms that can act in varying degrees. The contributions to the strength increase can be summed up (Equation (6)) or the root of the sum of the squares can be regarded as an overall effect (Equation (7)). The summation method is used when the effects are assumed to be independent of each other, while the root of the sum of the squares is used when the individual effects do not act independently, the latter being more the case with larger particles. It is $\Delta\sigma_{Total}$, the total increase in yield strength; $\Delta\sigma_{GR}$, the yield strength increase caused by grain refinement; $\Delta\sigma_{OR}$, the Orowan contribution to yield strength increase; $\Delta\sigma_{CTE}$, the contribution to yield strength increase due to generation of geometrically necessary dislocations (GND), that are created during cooling due to mismatch of coefficient of thermal expansion (CTE) of particles and metal matrix; $\Delta\sigma_{Mod}$, the contribution to yield strength increase due to generation of GNDs, that are created during deformation due to different elastic moduli in a deformation process after casting; and $\Delta\sigma_{Load}$, the contribution to yield strength increase due to the simple presence of a reinforcement particles with higher strength, being well bonded to the surrounding matrix.

$$\Delta \sigma_{\text{Total}} = \Delta \sigma_{\text{GR}} + \Delta \sigma_{\text{OR}} + \Delta \sigma_{\text{CTE}} + \Delta \sigma_{\text{Mod}} + \Delta \sigma_{\text{Load}} \tag{6}$$

$$\Delta\sigma_{\text{Total}} = \sqrt{\Delta\sigma_{\text{GR}}^2 + \Delta\sigma_{\text{OR}}^2 + \Delta\sigma_{\text{CTE}}^2 + \Delta\sigma_{\text{Mod}}^2 + \Delta\sigma_{\text{Load}}^2}$$
(7)

The individual contributions to increasing the yield strength will be discussed in more detail below.

5.1. Orowan

Orowan strengthening is based on hard particles that are distributed as homogeneously as possible in the matrix. These particles hinder the smooth movement of dislocations through the matrix on its slip planes. Typically, this effect can be neglected for particles with a diameter >1 μ m [145]. When the dislocations interact with a particle, they first bend around the particle. Furthermore, the dislocations on the other side reconnect with themselves and form a dislocation loop around the particle which lead to an increase in strength. The dislocation itself can then continue to propagate through the matrix. The increase in strength is inversely proportional to the interparticle distance; therefore, the smaller the particles are, the higher the strength increase that can be achieved with the same proportion by volume or weight of particles. Equation (8) describes the contribution to the strength increase by Orowan strengthening [146] and Equation (9) describes the geometric description of the interparticle distance λ [147]. It is b the Burgers vector, G_m the shear modulus, d_p the average diameter of the nanoparticles, V_p the Volume fraction of nanoparticles.

$$\Delta \sigma_{\rm OR} = \frac{0.13 {\rm bG_m}}{\lambda} \ln \frac{{\rm d}_p}{2 {\rm b}} \tag{8}$$

where

$$\lambda = d_p \left[\left(\frac{1}{2V_p} \right)^{\frac{1}{3}} - 1 \right]$$
(9)

AZ91D reinforced with 1 wt% AlN nanoparticles has been produced using an ultrasound-assisted casting process wherein the yield strength of the two materials with and without AlN nanoparticles is 144 and 100 MPa, respectively; Cao et al. [26] attributing this 44% increase to Orowan strengthening and calculated its theoretical contribution to be 35.8 MPa, whereas the missing 8.2 MPa is explained by a small grain refining effect of the nanoparticles.

A composite material based on an Mg-2Zn alloy with an SiC nanoparticle content of 14 vol% [137] was obtained via ultrasound-assisted casting of an Mg-6Zn alloy with a SiC particle content of 1 vol% SiC followed by evaporation of Mg and Zn. Orowan strengthening as a component of the increase in yield strength is calculated to be 113 MPa. The high value is a result of the small interparticle distance of such a high volume fraction of SiC nanoparticles.

5.2. Hall-Petch

The addition of ceramic particles or the primary precipitation of phases during solidification can lead to a grain refinement of the microstructure. In magnesium alloys, for example, zirconium is used for grain refinement, which can reduce the grain size in aluminum-free casting alloys by one order of magnitude. The addition of nanoparticles can therefore also lead to an increase in yield strength, which can be attributed to grain refinement. This increase in yield strength is described in Equation (10), called the Hall–Petch equation [148,149] where σ_y is the yield strength, σ_0 is the friction stress that allows dislocations to move on slip planes in a single crystal in the absence of any strengthening mechanisms, k_v is the stress concentration factor, and D is the average grain size.

$$\sigma_{\rm v} = \sigma_0 + k_{\rm v} D^{-1/2} \tag{10}$$

The increase in yield strength can also be expressed by Equation (11), premised that grain refinement was achieved by nanoparticles and exactly the same casting process was used as for

the unreinforced alloy [150]. D_{MMNC} and D_0 are the grain sizes of the nanocomposite and the unreinforced alloy.

$$\Delta \sigma_{\rm GR} = k_{\rm y} \left(\frac{1}{\sqrt{D_{\rm MMNC}}} - \frac{1}{\sqrt{D_0}} \right) \tag{11}$$

The grain refining effect of the introduced nanoparticles is very clearly illustrated when, as a part of the EU project EXOMET, a die-casting alloy AM60 was reinforced with 1 wt% AlN nanoparticles [127]. The AM60 is a commercial alloy used in the automotive industry from which, for example, steering wheels, seat frames, or housings are die-cast. The components have very good room temperature strength and ductility.

The AM60-based nanocomposite was produced using an ultrasound-assisted casting process. After adding the nanoparticles, the melt was stirred and an ultrasonic sonotrode was immersed in the melt, which emits sound at a frequency of 20 kHz. As can be seen in Figure 17, an immense grain refinement of the microstructure could be achieved by adding the AlN nanoparticles. Since both materials were produced identically, grain refinement is therefore only due to the presence of nanoparticles; a change from 1277.0 \pm 301.3 µm to 84.9 \pm 6.2 µm doubles the yield strength (+103%) and tensile strength (+115%), see Table 4, while the ductility at the same time was increased by 140% from 6.4 to 15.4% [127].



Figure 17. Microstructure of (**a**) AM60; and (**b**) AM60 + AlN [127]. Microstructure is significantly refined using the addition of AlN nanoparticle as well as by irradiating the melt by an ultrasonic transducer.

Table 4. Grain size, hardness, density, porosity proportion, and mechanical properties of AM60 reinforced by AlN reinforcing agent with ~1500% reduction in grain size and 200% improvement in yield strength [127].

Property	AM60	AM60 + AlN
Grain size [µm]	1277.0 ± 301.3	84.9 ± 6.2
Hardness [HV5]	48.0 ± 4.0	46.4 ± 6.0
Density [g/cm ³]	1.7848 ± 0.0004	1.783 ± 0
Porosity [%]	-	0.919
Yield strength [MPa]	44.9 ± 6.9	91.2 ± 3.8
UTS [MPa]	109.3 ± 19.2	235.1 ± 6.4
Elongation [%]	6.4 ± 3.4	15.4 ± 4.2

Calculations have shown that the contribution of grain refinement to the yield strength increase is the largest with 42.7 MPa, followed by the contribution of Orowan strengthening with 8.3 MPa; other contributions to the increase in strength are negligible. All properties are summarized in Table 4.

As already mentioned in Table 1, AlN has a hexagonal structure with lattice constants of a = 0.311 nm and c = 0.498 nm. These are very similar to those of magnesium (a = 0.321 nm

and c = 0.512 nm), which leads to an easy growth of magnesium on an AlN nucleus during solidification [86]. No large strains of the lattice are required and the differences in the lattice constants can be overcome after a few layers of deposited magnesium. Close matching between the AlN and Mg lattices is illustrated in Figure 18.

Figure 18. Crystallography of an AlN particle within a magnesium matrix [127].

5.3. Mismatch in the CTE

When a nanocomposite is produced by stirring nanoparticles into a metallic melt, the material cools down to room temperature after solidification. Since the nanoparticles and the metallic matrix usually have significantly different coefficients of thermal expansion (CTEs), stresses occur at the interface. The more different the CTEs are, the higher the stresses, which then generate geometrically necessary dislocations (GND) with which the differences of the CTEs can be accommodated. Similar to cold-working, GNDs increase the yield strength of the composite which can be calculated using the Equation (12) [151,152]. The expression below the square root represents the density of the dislocations generated by the CTE difference where β is the dislocation strengthening coefficient, $\Delta \alpha$ the difference in CTE, and Δ T the difference in temperature.

$$\Delta \sigma_{\text{CTE}} = \sqrt{3} \beta G_{\text{m}} b \sqrt{\frac{12 V_{\text{p}} \Delta \alpha \Delta T}{b d_{\text{p}}}}$$
(12)

It should be mentioned, however, that during the cooling from high temperature, diffusion processes can also compensate the stresses and no GNDs may be generated [153]. Furthermore, there is also evidence that the contribution of very small particles to the increase in strength due to CTE mismatch is rather negligible [153,154].

5.4. Mismatch in the Young's Modulus

GNDs can be generated not only by differences in the thermal expansion coefficients between nanoparticles and the metallic matrix, but also by differences in the Young's modulus. For this, however, forming processes such as extrusion, rolling, or forging must have been applied to the nanocomposite. The different Young's moduli generate GNDs during forming, which then increases the yield strength. Dai et al. [151] suggests Equation (13) to calculate the contribution of the difference

in Young's modulus to the increase in strength of the α material coefficient and the ε bulk strain of the composite.

$$\Delta \sigma_{\text{Mod}} = \sqrt{3} \alpha G_{\text{m}} b \sqrt{\frac{6 V_{\text{p}} \varepsilon}{b d_{\text{p}}}}$$
(13)

5.5. Load-Bearing

The load-bearing-mechanism as a strengthening mechanism in MMNCs sets the yield strengths of the nanoparticles and the metallic matrix in a volume-dependent relationship to each other. However, since nanocomposites typically contain only very low volume contents of nanoparticles, the influence of this mechanism is small, as Equation (14) also shows [155]; σ_m is the yield strength of the matrix.

$$\Delta \sigma_{\text{Load}} = \frac{1}{2} V_{\text{p}} \sigma_{\text{m}} \tag{14}$$

6. Mechanical Properties

Enhanced mechanical property is the main goal for most of MMNCs. Among different techniques, ultrasonic-assisted fabrication of metal matrix nano-composites (MMNCs) offers significant opportunities for developing structural materials possessing improved mechanical properties which are not achievable by conventional casting process. For example, ultrasonic treatment can provide uniform dispersion, as well as finer Si particle in the Al-17 wt% Si alloy, as shown in Figure 19 [105]. The wide selection of matrices (predominantly Al, Mg, and Cu), and reinforcements (carbides, oxides, and carbonaceous particles) permits the development of MMNCs with attractive mechanical properties, such as high tensile strength, creep, and fatigue resistance [117,123,126,129,131,156].

Figure 19. Importance of ultrasonic treatment to reduce the size of Si particle in Al-17%Si alloy [105].

Lan et al. [131] produced the SiC/Mg alloy (AZ91D) composites using ultrasonic-assisted casting. A good dispersion of the 30 nm SiC was observed although some clusters (~300 nm) of SiC still existed, which authors contend may be due to the partial oxidation of SiC leading to this clustering during casting. However, the 5 wt% SiC reinforcement improved the microhardness by 75%. The same Mg alloy (AZ91D) matrix reinforced with 1 wt% of nano AlN improved the yield strength by 44% and 21% at room temperature and 200 °C, respectively, compared with unreinforced AZ91D alloy while the ductility remained the same [26]. In the microstructure of the composite, the finer lamellar β phase has also been observed that suggests that nanoparticles can also refine the microstructure and improve the mechanical properties. Nie et al. [157] revealed the improved ductility in the extruded AZ91D Mg alloy reinforced with 0.5 wt% of 50 nm SiC. The yield strength, UTS, and elongation were increased for

the composites extruded at different temperatures, as shown in Figure 20; extrusion at 350 °C was the most beneficial because of higher UTS and yield strength (YS), as well as improved ductility.

Figure 20. Tensile properties of AZ91-SiC nanocomposites fabricated by ultrasonic-assisted casting followed by extrusion at different temperature [157].

In yet another similar fabrication process, the addition of 1 wt% SiC in Mg-4Zn alloy increased the UTS and elongation twice compared to unreinforced alloy attributed to the presence of nano-SiC as grain refinement; similar improvements in mechanical properties due to the presence of nanoparticles and grain refinement by ultrasonic treatment has been documented in other studies [126,129,158,159].

TiB₂ is also a promising reinforcement due to its high melting point and thermodynamic stability, especially in Al matrix where it has no interface reaction with Al. Ultrasonic-assisted casting of 5 vol% TIB₂/Al-4.5Cu improved the yield strength by 100% while the ductility is reduced by 100%. Ultrasonic dispersion has also been able to disperse carbon nanotubes (CNTs) in Mg alloy (AZ91D) that was not attainable by stir casting without ultrasonic assistance and using a dispersion agent due to the strong interface between CNTs and matrix [156]; the ensuing composite with 1.5 wt% CNTs has improved tensile strength, yield strength, and elongation by 22%, 21%, and 42%, respectively, compared with AZ91D magnesium alloy. Additional studies on MMNCs via ultrasonic-assisted fabrication are listed in Table 5 along with the reinforcement material content and percentage improvement in the tensile properties.

The introduction of ultrasonic waves also depends on the casting process, the most common being stir-casting and squeeze-casting process. Singh et al. [160] compared these two processes on the mechanical properties of AA 6061 Al alloy reinforced with nano Al_2O_3 particles (Figure 21). It can be seen that the tensile strength (Figure 21a) and hardness (Figure 21b) of composites fabricated by ultrasonic-assisted squeeze-casting is higher than the stir casting process. The authors suggested that the application of pressure during the squeeze-casting process combined with ultrasonic waves provided finer dendritic structures which culminated in higher mechanical properties compared to ultrasonic-assisted stir-casting. This study also revealed that the ultrasonic waves during both the casting processes were able to avoid agglomeration of nano- Al_2O_3 particles. However, for those samples reinforced by higher weight fraction (>2 wt%), tensile strength begins to decrease due to the clustering and agglomeration of nanoparticles.

Figure 21. Comparison of (**a**) tensile strength and (**b**) hardness of AA6061/Al₂O₃ composite fabricated by ultrasonic-assisted squeeze casting and ultrasonic-assisted stir casting processes [160].

It has been also observed that the bonding between the matrix and reinforcement plays an important role for mechanical properties, such as γ -Al₂O₃ having a higher lattice mismatch compared to α -Al₂O₃. The higher lattice mismatch of γ -Al₂O₃ resulted in a better nucleation catalyzer in A356 alloy during ultrasonic-assisted casting because it requires less under-cooling [161]. It has also been observed that uniform dispersion of nanoparticles in the metal matrix by ultrasonic-assisted casting provides a finer microstructure that helps to either maintain or improve the ductility of composites.

Matrix	wt%	% Improvement	Reference
A356	SiC = 1.5 wt%	UTS = 100%	[117]
Mg-2Al-1Si	SiC = 2 wt%	UTS = 15%	[129]
2024 Al alloy	$Al_2O_3 = 1 wt\%$	YS = 45%	[126]
Mg-6Zn	SiC = 1.5 wt%	UTS = 55%	[162]
A17075	$Al_2O_3 = 1.5 \text{ wt\%}$	UTS = 59.6%	[163]
A17075	SiC = 1 vol%	YS = 12%	[164]
A356	$Al_2O_3 = 1 wt\%$	UTS = 15%	[165]
A356	SiC = 1 wt%	UTS = 24%	[165]
Al-4.4Cu	$TiB_2 = 2 wt\%$	YS = 65%	[166]
AA6061	SiC = 1 wt%	UTS = 3%, Elongation = 100%	[167]
AA6061	$Al_2O_3 = 1 wt\%$	UTS = 6%, Elongation = 100%	[167]
AA2219	SiC = 2 wt%	UTS = 36.5%	[168]

Table 5. Percentage improvement in mechanical properties of MMNCs fabricated by ultrasonic treatment during casting.

Other mechanical properties, such as fatigue, creep, etc., have not been studied significantly to understand the influence of ultrasonic-assisted casting. One of the studies on 1 wt% AlN reinforced Mg alloy (Elektron21, Mg-2.8Nd-1.2Gd-0.4Zr-0.3Zn) showed improvement in the creep properties, as shown in Figure 22 [128]; the reinforced Mg alloy (El21) showed a lower creep rate compared to unreinforced Mg alloy. However, further studies have to be conducted on different matrices and reinforcements to bring out the beneficial effect of ultrasonic treatment during casting that can alter the other mechanical properties, including fatigue, creep, damping, etc.

Figure 22. Minimum creep rate vs. applied stress for Mg alloy (Elektron21) and Mg alloy-AlN composite at 240 °C [128].

Casting processes are beneficial in industrial settings due to easy adaption on large-scale production. However, the potential nano additives for MMNCs, namely graphene (Gr) and carbon nanotubes (CNTs), have poor wetting behavior during liquid mixing [95], a limitation that leads to utilization of the powder metallurgy (PM) route that involves solid-state processing. Several Al, Cu, Ni, and Ti matrix composites reinforced with graphene and CNT have been produced via powder metallurgy with superior mechanical properties [8,169]; some composites are listed in Table 6 along with their mechanical and tribological properties. It has been observed that during high temperature sintering, carbonaceous materials react with matrix and forms carbides, such as aluminum carbide in the case of Al matrix, which reduces the mechanical properties of composites [170,171]. To overcome this concern a rapid sintering process, such as laser sintering, has been used that has improved the mechanical properties of the composites [170,172]. These studies suggest that the PM route provides an alternative to the casting process, especially for the production of small components because the PM route generates finished products.

Matrix	Reinforcement-Content	% Improvement in Mechanical/Tribological Properties with Respect to Matrix Material	Reference
Aluminum	Gr = 1.5 wt%	TS = 63%	[173]
Al6061	Gr = 1 wt%	Flexure strength = 15%	[174]
Aluminum	Gr = 0.5 wt%	TS = 16%	[175]
AA6061	Gr = 10 vol%	E = -35%, Hardness (H) = $-13%$, COF = $-72%$.	[176]
AA2124	Gr = 3 wt%	Wear rate = -47%	[174]
Copper	Gr = 1 wt%	TS = 12%	[177]
Ti	Gr = 5 wt%	H = 200%	[172]
Aluminum	CNT = 5 wt%	TS = 100%	[178]
Aluminum	CNT~1 wt%	TS increased four times and no change in elongation	[179]
Aluminum	CNT = 5 wt%	Hardness = 28% , COF = -100%	[180]
Aluminum	CNT = 0.4 wt%	TS = 30% , Elongation reduced from 35 to 1% .	[171]
Copper	CNT = 16 vol%	H = 94%, $COF = -100%$	[181]
Ni	CNT = 10 vol%	COF = -100%	[182]
Aluminum	SiC = 10 wt%	Compressive strength = 71%	[183]

Table 6. Mechanical and tribological properties of MMNCs produced by the powder metallurgy route.

Negative sign indicates reduction in properties.

7. Tribological Properties of MMNCs

MMNCs display superior tribological properties, such as surface hardness and wear resistance [95,122,184–186]. Ultrasonic treatment has been advantageous to enhance the surface properties by uniform dispersion of nanoparticles and avoid the formation of porosity. Improvement in the surface hardness by 75% has been achieved with a reinforcement of 5 wt% of SiC in Mg alloy (AZ91D) by ultrasonic-assisted casting [131]. Using a similar casting process, Li et al. [122] observed a 20% hardness improvement in Al 356 alloy with the addition of 2 vol% SiC nanoparticles. However, very few studies have been conducted on the tribological properties of MMNCs produced by ultrasonic-assisted casting. In one of the studies on Al alloy, Harichandran et al. [187] produced the nano B₄C-Al composite by ultrasonic-assisted stir casting and conducted the dry sliding friction and wear test against EN31 hardened steel; the addition of 8 wt% B_4C decreased the wear rate by ~100% compared with pure Al (Figure 23a). The coefficient of friction has also decreased with the addition of B₄C in Al, as exemplified for Al-8 wt% B4C composites (Figure 23b). This lowering of the wear rate and the coefficient of friction was observed due to formation of a mechanically mixed layer during sliding, and such a layer acted as a solid lubricant film and protected the surfaces. B₄C-AA6061 composites were fabricated by ultrasonic-assisted casting [188] and, where the friction and wear were measured; AA6061 reinforced with 1.5 vol% of nano B₄C particle had lower weight loss (136% lesser than the unreinforced AA6061 alloy) possibly due to the improved hardness by the uniform distribution of nanoparticles that served as load-bearing elements in the matrix.

Figure 23. Tribological properties of Al-B₄C composite fabricated by ultrasonic-assisted casting: (a) wear rate, and (b) coefficient of friction variation [187].

Zinc-aluminum (ZA) cast alloys, known for good castability and high wear resistance, have been reinforced with nano-sized Al₂O₃ particles using ultrasonic-assisted stir casting [189]. Three different composites with varying amount of reinforcement (1, 2, and 3 wt%) were prepared and evaluated via the dry sliding test for a range of speed (1–2.5 m/s), load (15–60 N), and sliding distance (750–3000 m), and the wear loss was analyzed using the analysis of variance (ANOVA) to understand the significance of aforementioned parameters on wear volume. It was observed that the most important influencing parameter was sliding distance with percentage contribution (74%) followed by reinforcement content (14.4%), speed (6.5%), and load (3.5%). The higher contribution from reinforcement suggests that nano-Al₂O₃ reduced the wear volume. Other than tribological test parameters and reinforcement content, the size of the nano-reinforcement is also important to study wear resistance. Murthy et al. [168] studied the effect of SiC particle size (0.5, 1, 1.5, and 2 wt%) on stir-casted AA2219 nanocomposites fabricated by the ultrasonic-assisted process; 50 nm and 250 nm sizes of SiC were used in the matrix with the observation that the 50 nm SiC-AA2219 had 25% lower wear volume compared with the 150 nm SiC-AA2219 composites. These results also reaffirmed that ultrasonic fabrication can certainly provide uniform reinforcement of a wide range of nanoparticles sizes and improves the tribological properties.

In general, wear properties of materials are related to surface hardness; higher surface hardness provides increased wear resistance. Shafiei-Zarghani et al. [56] also corroborated the same trend by witnessing that the addition 20 vol% of Al_2O_3 (50 nm) in 6082 Al alloy increased the hardness by ~78%, which subsequently resulted in lower weight loss when sliding against tool steel (Figure 24). However, in this work, the ultrasonic treatment was not used and clusters of Al_2O_3 particles of 90 nm size were observed. It can be envisaged that addition of ultrasonic waves during casting can avoid clustering and provide a further increase in the wear properties. These studies suggest that ultrasonic-assisted fabrication is a promising technique to disperse nanoparticles and achieve significant improvement in the tribological properties.

Figure 24. Wight loss of tool steel pin with sliding distance for Al and Al₂O₃/Al composite [56].

Carbonaceous materials are well known for their lubricating properties via the formation of a tribo layer that reduces the friction [95,190] and, as described before, PM routes are often deployed when CNTs and graphene are used as reinforcement. Some of the composites listed in Table 1 show a high reduction in COF and lower wear rate. However, for SiC- and Al₂O₃-reinforced Al composites, Ünlü et al. [191] have noticed that casting process yields superior mechanical and tribological properties than the PM process; the tensile, compressive, and hardness values of casted composites were 1.5–2 times higher than the respective values of composites synthesized by the PM process due to less porosity. Similarly, both types of composites (Al₂O₃ and SiC) prepared by casting showed lower wear compared to composites prepared by the PM route, as shown in Figure 25. This concludes that it is advantageous to use the PM route for carbonaceous materials, whereas the casting route should be preferred for all other oxides/carbides.

Figure 25. Comparison of wear loss of $Al-Al_2O_3/SiC$ composites produced by the casting route or powder metallurgy. Wear loss of PM samples is higher than those samples fabricated by casting regardless of the type of reinforcing agent (Al_2O_3 or SiC) [191].

8. Conclusions, Current Challenges, and Future Remarks

Metal matrix nanocomposites (MMNCs) are lightweight, high-strength materials that have found widespread use in a wide variety of industrial and biomedical applications. A matrix usually comprising a lightweight metal, such as aluminum or magnesium, is reinforced by a variety of high-strength nano-particles, namely nano-ceramics, nano oxide/non-oxides, carbon-based nano-allotropes, elements, etc. This review aims to provide comprehensive information about the manufacturing methods, nano-reinforcing agents, dispersion mechanisms (such as cavitation de-agglomeration), underlying strengthening mechanisms, and the effects of different process parameters on mechanical, microstructural, and tribological properties.

The selection of synthesis techniques and process parameters are critical for developing MMNCs with superior properties; stir casting, disintegrated melt deposition, accumulative role bonding, and powder metallurgy are some of these most prevalent processing techniques. Among the methods, special attention has been paid to the liquid-based manufacturing processes where a homogenous good dispersion of nanoparticles in the melt is still a very challenging proposition in view of poor wettability between nano-particles and the metal host. Although the dispersing techniques (e.g., melt ultrasonication) during casting/solidification is advantageous to avoid agglomeration and enhance wetting conditions, there is still a paucity of experimental or simulation studies available to suggest the best dispersing conditions. Direct in situ imaging of deagglomeration of nanoparticle clusters in molten metals will provide a clear insight about the processing, mechanisms, and parameters of the advanced metal matrix nanocomposites. Such experiments can provide precise understanding of the deagglomeration dynamics under certain treatment processing besides large-scale atomistic modeling, which may also offer similar understanding. The hurdle is that the chemical potentials of the interfacial atoms between liquid metal alloys and ceramic nanoparticles are usually not available owing to the charge re-distribution at the liquid metal/solid nanoparticle ceramics, which can only be determined by quantum mechanics. Thus, in the future, quantum-based chemical potentials for various MMNCs systems need to be developed so that large-scale atomistic modeling can be performed to study the deagglomeration dynamics. Moreover, from the industrial perspective, the upscaling of reliable processes for industrial application of MMNCs is presently one of the most challenging issues that needs to be investigated in future activities. Finally, MMNCs are usually processed under lab-scale conditions; a continuous industrial scale has not yet been developed, wherein the melt flows into a mold and nanoparticles are continuously homogenously dispersed to reinforce the metal matrix.

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