

Supplemental Content Order

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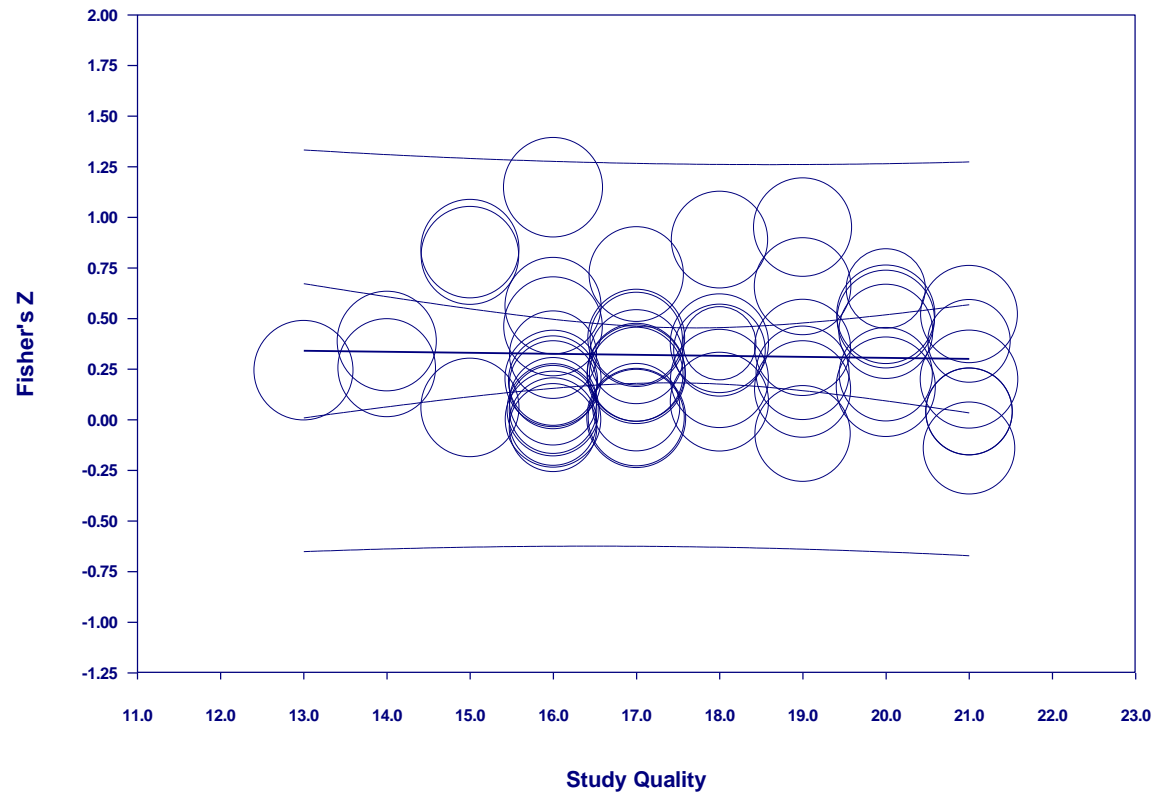
Supplement Table S1. PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	Title
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	Yes, within word limits.
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	Introduction
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	1.2.
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	2.1.
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	2.2.
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	2.2., supplement table, fig.1
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.	2.1.
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.	2.3.
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	2.3.
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or	2.3.

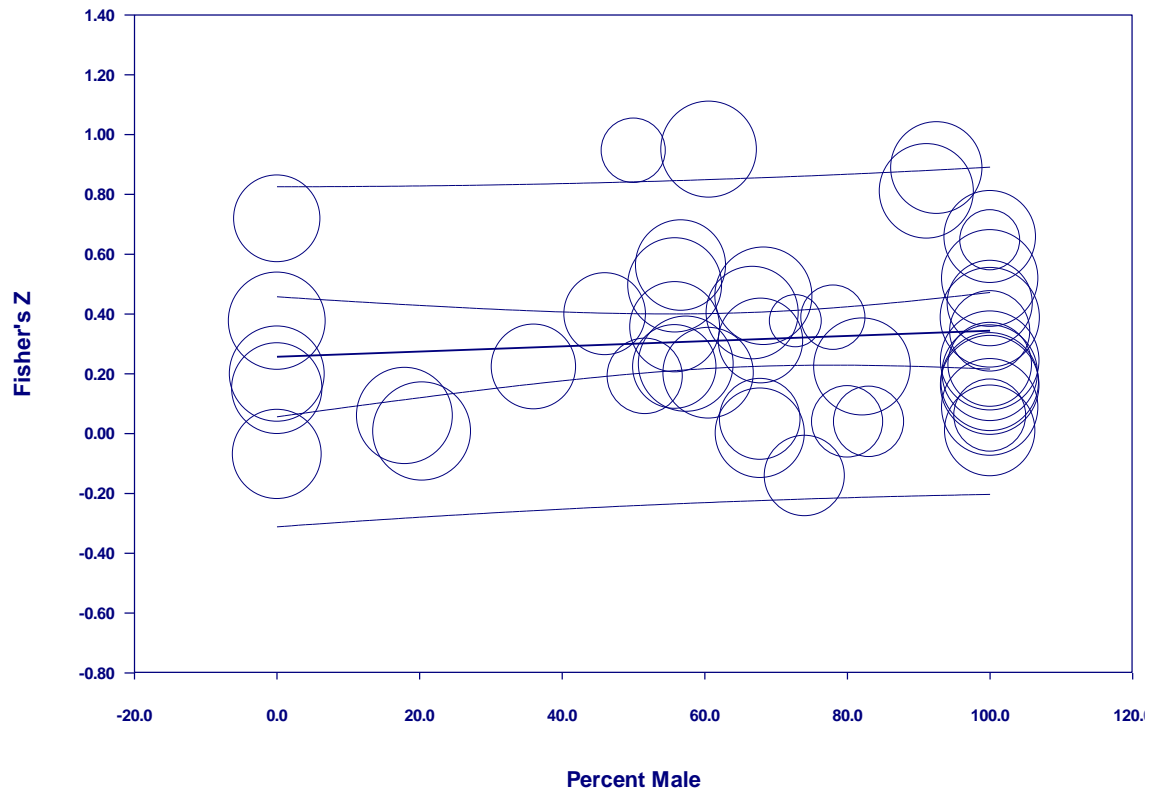
Section and Topic	Item #	Checklist item	Location where item is reported
		unclear information.	
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	2.4.
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	2.5.
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	2.5.
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	2.5.
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	2.5.
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	2.5.
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	2.5.
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	2.5.
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	2.5.
Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	2.5.
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	3.1.
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	3.1.
Study characteristics	17	Cite each included study and present its characteristics.	3.1.

Section and Topic	Item #	Checklist item	Location where item is reported
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	3.2.
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	3.2.
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	3.2.
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	3.2.
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	3.2., 3.4.
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	3.2., 3.3.
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	3.2.
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	3.5.
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	Discussion, 4.1.
	23b	Discuss any limitations of the evidence included in the review.	4.2.
	23c	Discuss any limitations of the review processes used.	4.2
	23d	Discuss implications of the results for practice, policy, and future research.	Conclusions and across discussion
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	Not registered.
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	All information provided in manuscript.
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	None to report.

Section and Topic	Item #	Checklist item	Location where item is reported
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	Reported in funding statement.
Competing interests	26	Declare any competing interests of review authors.	No competing interests
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	Supplement files and manuscript tables



Supplement Figure S1. Meta-regression plot of the relationship of study quality for each study sample and the prevent self-efficacy and sport performance relationship. Larger circles represent studies with more participants. The middle line is the regression line, the upper and lower lines are the 95% confidence intervals, and the second set (widest) upper and lower lines are the 95% prediction intervals.



Supplement Figure S2. Meta-regression plot of the relationship of percent male in each study sample and the pre-event self-efficacy and sport performance relationship. Larger circles represent studies with more participants. The middle line is the regression line, the upper and lower lines are the 95% confidence intervals, and the second set (widest) upper and lower lines are the 95% prediction intervals.

Supplement Table S2. Search results.

Source		Citation
Moritz	1	Barling, J., & Abel, M. (1983). Self-efficacy beliefs and tennis performance. <i>Cognitive Therapy and Research</i> , 7(3), 265–272. https://doi.org/10.1007/BF01205140
Moritz	2	Barnes, M. W., Sime, W., Dienstbier, R. A., & Plake, B. (1986). A test of construct validity of the CSAI-2 questionnaire on male elite college swimmers. <i>International Journal of Sport Psychology</i> , 17(5), 364–374.
Moritz	3	Bezjak JE, Langga-Sharifi E. Validation of the Physical fitness opinion questionnaire against marathon performance. <i>Perceptual & Motor Skills</i> . 1991;73:993-994. doi:10.2466/PMS.73.7.993-994
Moritz	4	Burton D. Do anxious swimmers swim slower? Reexamining the elusive anxiety-performance relationship. <i>Journal of Sport & Exercise Psychology</i> . 1988;10(1):45-61. doi:10.1123/jsep.10.1.45
Moritz	5	Caruso CM, Dzewaltowski DA, Gill DL. Psychological and physiological changes in competitive state anxiety during noncompetition and competitive success and failure. <i>Journal of Sport & Exercise Psychology</i> . 1990;12:6-20. Accessed March 2, 2022. https://search-ebscohost-com.lib-e2.lib.ttu.edu/login.aspx?direct=true&db=ofm&AN=508374807&site=ehost-live
Moritz	6	Ewart CK, Stewart KJ, Gillilan RE, et al. Usefulness of self-efficacy in predicting overexertion during programmed exercise in coronary artery disease. <i>The American journal of cardiology</i> . 1986;57(8):557-561. doi:10.1016/0002-9149(86)90834-9
Moritz	7	Ewart CK, Stewart KJ, Gillilan RE, Kelemen MH. Self-efficacy mediates strength gains during circuit weight training in men with coronary artery disease. <i>Medicine & Science in Sports & Exercise</i> . 1986;18(5):531-540. doi:10.1249/00005768-198610000-00007
Moritz	8	Feltz DL. Path Analysis of the Causal Elements in Bandura's Theory of Self-Efficacy and an Anxiety-Based Model of Avoidance Behavior. <i>Journal of Personality & Social Psychology</i> . 1982;42(4):764-781. doi:10.1037/0022-3514.42.4.764
Moritz	9	Feltz, D. L. (1988). Gender differences in the causal elements of self-efficacy on a high avoidance motor task. <i>Journal of Sport and Exercise Psychology</i> , 70, 151-166.
Moritz	10	Feltz, D. L., Landers, D. M., & Raeder, U. (1979). Enhancing Self-efficacy in High-avoidance Motor Tasks: A Comparison of Modeling Techniques, <i>Journal of Sport Psychology</i> , 1(2), 112-122. Retrieved Mar 2, 2022

Moritz	11	Feltz DL, Mugno DA. A Replication of the Path Analysis of the Causal Elements in Bandura's Theory of Self-efficacy and the Influence of Autonomic Perception. <i>Journal of Sport Psychology</i> . 1983;5(3):263-277. Accessed March 2, 2022. https://search-ebscohost-com.lib-e2.lib.ttu.edu/login.aspx?direct=true&db=s3h&AN=20724802&site=ehost-live
Moritz	12	Feltz, D. L., & Riessinger, C. A. (1990). Effects of in vivo emotive imagery and performance feedback on self-efficacy and muscular endurance. <i>Journal of Sport Psychology</i> , 72, 132-143.
Moritz	13	Garcia, A.w., & King, A. C. (1991). Predicting long-term adherence to aerobic exercise: A comparison of two models. <i>Journal of Sport and Exercise Psychology</i> , 73, 394-410.
Moritz	14	George, T. R (1994). Self-confidence and baseball performance: A causal examination of self-efficacy theory. <i>Journal of Sport and Exercise Psychology</i> , 76, 381-399.
Moritz		George 1994 sample 2
Moritz	15	George, T. R, Feltz, D. L., & Chase, M. A. (1992). Effects of model similarity on self-efficacy and muscular endurance: A second look. <i>Journal of Sport and Exercise Psychology</i> , 74, 237-248.
Moritz	16	Gould, D., & Weiss, M. R (1981). The effects of model similarity and model talk on self-efficacy and muscular endurance. <i>Journal of Sport Psychology</i> , 3, 17-29.
Moritz	17	Kane, T. D., Marks, M. A, Zaccaro, S. J., & Blair, V. (1996). Self-efficacy, personal goals, and wrestlers' self-regulation. <i>Journal of Sport and Exercise Psychology</i> , 78, 36-48.
Moritz	18	Kaplan, R M., Ries, A. L., Prewitt, L. M., & Eakin, F. (1994). Self-efficacy expectations predicts survival for patients with chronic obstructive pulmonary disease. <i>Health Psychology</i> , 73, 366-368.
Moritz	19	Kavanagh, R M., & Hausfeld, S. (1986). Physical performance and self-efficacy under happy and sad moods. <i>Journal of Sport Psychology</i> , 8, 112-123.
Moritz	20	Krane, V., & Williams, J. (1987). Performance and somatic anxiety, cognitive anxiety and confidence changes prior to competition. <i>Journal of Sport Behavior</i> , 70, 47-56.
Moritz	21	LaGuardia, R., & Labbe, E. E (1993). Self-efficacy and anxiety and their relationship to training and race performance. <i>Perceptual and Motor Skills</i> , 77, 27-34.
Moritz	22	Lee, C. (1988). The relationship between goal setting, self-efficacy, and female field hockey team performance. <i>International Journal of Sport Psychology</i> , 20, 147-161.
Moritz	23	Lerner, B.S., & Locke, EA (1995). The effects of goal setting, self-efficacy, competition and personal traits on performance

		of an endurance task. Journal of Sport and Exercise Psychology, 77, 138-152.
Moritz	24	Martin, J. J. & Gill, D. L. (1991). The relationships among competitive orientation, sport-confidence, self-efficacy, anxiety, and performance. Journal of Sport and Exercise Psychology, 73, 149--159.
Moritz	25	Martin, J. J., & Gill, D. L. (1995). The relationships of competitive orientations and self-efficacy to goal importance, thoughts, and performance in high school distance runners. Journal of Applied Sport Psychology, 7, 50-62.
Moritz	26	Maynard, I. W., & Howe, B. L. (1987). Interrelations of trait and state anxiety with game performance of rugby players. Perceptual and Motor Skills, 64, 599--602.
Moritz	27	McAuley, E. (1985). State anxiety: Antecedent or result of sport performance? Journal of Sport Behavior, 8, 71-77.
Moritz	28	McAuley, E. (1985). Modelling and self-efficacy: A test of Bandura's model. Journal of Sport Psychology, 7, 283-295.
Moritz	29	McAuley, E. (1992). The role of efficacy cognitions in the prediction of exercise behavior in middle-aged adults. Journal of Behavioral Medicine, 75, 65-88.
Moritz	30	McAuley, E. (1993). Self-efficacy and the maintenance of exercise participation in older adults. Journal of Behavioral Medicine, 76, 103-113.
Moritz	31	McAuley, E., & Courneya, K. S. (1992). Self-efficacy relationships with affective and exertion responses to exercise. Journal of Applied Social Psychology, 22, 312-326.
Moritz	32	McAuley, E., & Courneya, K. S., & Lettunich, J. (1991). Effects of acute and long-term exercise on self-efficacy responses in sedentary, middle-aged males and females. The Gerontologist, 37, 534-542.
Moritz	33	McAuley, E., & Gill, D. L. (1983). Reliability and validity of the physical self-efficacy scale in a competitive sport setting. Journal of Sport Psychology, 5, 410-418.
Moritz	34	McCullagh, P. (1987). Model similarity effects on motor performance. Journal of Sport Psychology, 9, 249-260.
Moritz	35	Miller, J. T., & McAuley, E. (1987). Effects of a goal-setting training program on basketball free-throw self-efficacy and performance. The Sport Psychologist, 7, 103-113.
Moritz	36	Murphy, S. M., & Woolfolk, R. L. (1987). The effects of cognitive interventions on competitive anxiety and performance on a fine motor skill accuracy task. International Journal of Sport Psychology, 78, 152-166.
Moritz	37	Okwumabua, M. (1985). Psychological and physical contributions to marathon performance: An exploratory investigation. Journal of Sport Behavior, 8, 163-171.

Moritz	38	Taylor, C. B., Bandura, A., Ewart, C. K., Miller, N. H., & DeBusk, R. F. (1985). Exercise testing to enhance wives confidence in their husbands' cardiac capability soon after clinically uncomplicated acute myocardial infarction. <i>American Journal of Cardiology</i> , 55, 635-638.
Moritz	39	Theodorakis, Y. (1995). Effects of self-efficacy, satisfaction and personal goals on swimming performance. <i>The Sport Psychologist</i> , 9, 245-253.
Moritz	40	Treasure, D. C., Monson, J., & Iox, C. I. (1996). Relationship between self-efficacy, wrestling performance, and affect prior to competition. <i>The Sport Psychologist</i> , 10, 73-83.
Moritz	41	Vealey, R. (1986). Conceptualization of sport-confidence and competitive orientation: Preliminary investigation and instrument development. <i>Journal of Sport Psychology</i> , 8, 221-246.
Moritz		Vealey sample 2
Moritz	42	Weinberg, R. S., Yukelson, D., & Jackson, A. (1980). Effects of public and private efficacy expectations on competitive performance. <i>Journal of Sport Psychology</i> , 2, 340-349.
Moritz	43	Wells, C. M., Collins, D., & Hale, B. D. (1993). The self-efficacy performance link in maximum strength performance. <i>Journal of Sport Sciences</i> , 11, 167-175.
Moritz	44	Wilkes, R. T., & Summers, J. J. (1984). Cognitions, mediating variables, and strength performance. <i>Journal of Sport Psychology</i> , 6, 351-359.
Moritz	45	Woolfolk, R. T., Murphy, S. M., Gottesfeld, D., & Aitken, D. (1985). Effects of mental rehearsal of task motor activity and mental depiction of task outcome on motor skill performance. <i>Journal of Sport Psychology</i> , 7, 191-197.
Search.One	1	Besharat, M. A., & Pourbohloul, S. (2011). Moderating effects of self-confidence and sport self-efficacy on the relationship between competitive anxiety and sport performance. <i>Psychology</i> , 2(7), 760-765. https://doi-org.lib-e2.lib.ttu.edu/10.4236/psych.2011.27116
Search.One	2	Arruza, J. A., Telletxea, S., De Montes, L. G., Arribas, S., Balagué, G., Cecchini, J. A., & Brustad, R. J. (2009). Understanding the relationship between perceived development of the competition plan and sport performance: Mediating effects of self-efficacy and state depression. <i>Perceptual and Motor Skills</i> , 109(1), 304-314. https://doi-org.lib-e2.lib.ttu.edu/10.2466/pms.109.1.304-314
Search.One	3	Miller, M., Carlyle, S., & Pease, R. (1992). The relationship between motivation and self-efficacy in competitive athletes participating in swimming, ice hockey, and basketball. <i>Journal of Sport Behavior</i> , 15(3), 201-208.

Search.One	4	Miller, M. (1993). Efficacy strength and performance in competitive swimmers of different skill levels. <i>International Journal of Sport Psychology</i> , 24(3), 284–296.
Search.One	5	Vilar, L., Araújo, D., Davids, K., & Renshaw, I. (2012). The need for “representative task design” in evaluating efficacy of skills tests in sport: A comment on Russell, Benton and Kingsley (2010). <i>Journal of Sports Sciences</i> , 30(16), 1727–1730. https://doi-org.lib-e2.lib.ttu.edu/10.1080/02640414.2012.679674
Search.One	6	Baretta, D., Greco, A., & Steca, P. (2017). Understanding performance in risky sport: The role of self-efficacy beliefs and sensation seeking in competitive freediving. <i>Personality and Individual Differences</i> , 117, 161–165. https://doi-org.lib-e2.lib.ttu.edu/10.1016/j.paid.2017.06.006
Search.One	7	Sklett, V. H., Lorås, H. W., & Sigmundsson, H. (2018). Self-efficacy, flow, affect, worry and performance in elite World Cup ski jumping. <i>Frontiers in Psychology</i> , 9. https://doi-org.lib-e2.lib.ttu.edu/10.3389/fpsyg.2018.01215
Search.One	8	Nicholls, A. R., Polman, R., & Levy, A. R. (2010). Coping self-efficacy, pre-competitive anxiety, and subjective performance among athletes. <i>European Journal of Sport Science</i> , 10(2), 97–102. https://doi-org.lib-e2.lib.ttu.edu/10.1080/17461390903271592
Search.One	9	Kuczka, K. K., & Treasure, D. C. (2005). Self-handicapping in competitive sport: Influence of the motivational climate, self-efficacy, and perceived importance. <i>Psychology of Sport and Exercise</i> , 6(5), 539–550. https://doi-org.lib-e2.lib.ttu.edu/10.1016/j.psychsport.2004.03.007
Search.One	10	Martin, J. J. (1995). Competitive orientation, self-efficacy and goal importance in Filipino marathoners. <i>International Journal of Sport Psychology</i> , 26(3), 348–358.
Search.One	11	Vealey, R. S. (2019). A periodization approach to building confidence in athletes. <i>Journal of Sport Psychology in Action</i> , 10(1), 26–37. https://doi-org.lib-e2.lib.ttu.edu/10.1080/21520704.2018.1496213
Search.One	12	Leonardi, T. J., Starapoli Martins, M. C., de Barros Gonçalves, C. E., Rodrigues Paes, R., & Gonçalves Moreira de Carvalho, H. J. (2019). Changes in tactical performance and self-efficacy on young female basketball players. / Variações na performance tática e na autoeficácia de jovens meninas atletas de basquetebol. <i>Brazilian Journal of Kineanthropometry & Human Performance</i> , 21, 1–9.
Search.One	13	Boat, R., & Taylor, I. M. (2015). Patterns of Change in Psychological Variables Leading up to Competition in Superior Versus Inferior Performers. <i>Journal of Sport & Exercise Psychology</i> , 37(3), 244–256.

Search.One	14	Bruton, A. M., Mellalieu, S. D., Shearer, D., Roderique-Davies, G., & Hall, R. (2013). Performance accomplishment information as predictors of self-efficacy as a function of skill level in amateur golf. <i>Journal of Applied Sport Psychology</i> , 25(2), 197–208. https://doi-org.lib-e2.lib.ttu.edu/10.1080/10413200.2012.705802
Search.One	15	Karimian, M., Kashefolhagh, F., Dadashi, M. S., & Chharbaghi, Z. (2010). The effect of relaxation and mental imagery on self-efficacy, competitive anxiety and sportive performance. <i>British Journal of Sports Medicine</i> , 44(S1), i57.
Search.One	16	Hazell, J., Cotterill, S. T., & Hill, D. M. (2014). An exploration of pre-performance routines, self-efficacy, anxiety and performance in semi-professional soccer. <i>European Journal of Sport Science</i> , 14(6), 603–610. https://doi-org.lib-e2.lib.ttu.edu/10.1080/17461391.2014.888484
Search.One	17	Pattinson, E. M., Cotterill, S. T., & Leyland, S. D. (2017). Sources of self-efficacy in springboard and highboard diving: A qualitative investigation. <i>Sport & Exercise Psychology Review</i> , 13(1), 80–91.
Search.One	18	García-Naveira Vaamonde, A. (2018). Optimismo, autoeficacia general y competitividad en jóvenes atletas de alto rendimiento. / Optimism, general self-efficacy and competitiveness in young high-performance athletes. <i>Cultura, Ciencia y Deporte</i> , 13(37), 71–81.
Search.One	19	Chase, M. A., Magyar, T. M., & Drake, B. M. (2005). Fear of injury in gymnastics: Self-efficacy and psychological strategies to keep on tumbling. <i>Journal of Sports Sciences</i> , 23(5), 465–475. https://doi-org.lib-e2.lib.ttu.edu/10.1080/02640410400021427
Search.One	20	Avugos, S., Bar-Eli, M., Ritov, I., & Sher, E. (2013). The elusive reality of efficacy–performance cycles in basketball shooting: An analysis of players’ performance under invariant conditions. <i>International Journal of Sport and Exercise Psychology</i> , 11(2), 184–202. https://doi-org.lib-e2.lib.ttu.edu/10.1080/1612197X.2013.773661
Search.One	21	Head Over Heels With Success: The Relationship Between Self-Efficacy and Performance in Competitive Youth Gymnastics. (1989). <i>Journal of Sport & Exercise Psychology</i> , 11(4), 444–451.
Search.One	22	Liu, W., & Chepyator-Thomson, J. R. (2009). Field Dependence-Independence and Physical Activity Engagement among Middle School Students. <i>Physical Education and Sport Pedagogy</i> , 14(2), 125–136.
Search.One	23	Ramsey, R., Cumming, J., Edwards, M. G., Williams, S., & Brunning, C. (2010). Examining the emotion aspect of

		PETTLEP-based imagery with penalty taking in soccer. <i>Journal of Sport Behavior</i> , 33(3), 295–314.
Search.One	24	Bueno, J., Capdevila, L., & Fernández-Castro, J. (2002). Sufrimiento competitivo y rendimiento en deportes de resistencia = Competitive suffering and performance in endurance sports. <i>Revista de Psicología Del Deporte</i> , 11(2), 209–226.
Search.One	25	Smrdu, M. (2015). First-Person Experience of Optimal Sport Competition Performance of Elite Team Athletes. <i>Kinesiology</i> , 47(2), 169–178.
Search.One	26	Lee, C. (1982). Self-efficacy as a Predictor of Performance in Competitive Gymnastics. <i>Journal of Sport Psychology</i> , 4(4), 405–409.
Search.One	27	Psychountaki, M., & Zervas, Y. (2000). Competitive worries, sport confidence, and performance ratings for young swimmers. <i>Perceptual and Motor Skills</i> , 91(1), 87–94. https://doi-org.lib-e2.lib.ttu.edu/10.2466/PMS.91.5.87-94
Search.One	28	Scanlan, T. K., & Passer, M. W. (1979). Factors Influencing the Competitive Performance Expectancies of Young Female Athletes. <i>Journal of Sport Psychology</i> , 1(3), 212–220.
Search.One	29	Zabala, M., Morente-Sánchez, J., Mateo-March, M., & Sanabria, D. (2016). Relationship Between Self-Reported Doping Behavior and Psychosocial Factors in Adult Amateur Cyclists. <i>Sport Psychologist</i> , 30(1), 68–75.
Search.One	30	Hall, H. K., & Kerr, A. W. (1998). Predicting achievement anxiety: A social-cognitive perspective. <i>Journal of Sport & Exercise Psychology</i> , 20(1), 98–111.
Search.One	31	Slimani, M., Chamari, K., Boudhiba, D., & Chéour, F. (2016). Mediator and moderator variables of imagery use-motor learning and sport performance relationships: a narrative review. <i>Sport Sciences for Health</i> , 12(1), 1–9.
Search.One	32	Rojas, N. G. (2007). Implicaciones de la autoeficacia en el rendimiento deportivo = Implications of self-efficacy in sporting performance. <i>Pensamiento Psicológico</i> , 3(9), 21–32.
Search.One	33	Beaven, C. M. (2017). Mental Rehearsal Impacts Hormones and Subsequent Sport-Specific Performance. <i>New Zealand Journal of Sports Medicine</i> , 44(1), 41–42.
Search.One	34	Bruton, A. M., Shearer, D. A., & Mellalieu, S. D. (2019). Who said “there is no ‘I’ in team”? The effects of observational learning content level on efficacy beliefs in groups. <i>Psychology of Sport & Exercise</i> , 45, N.PAG.
Search.One	35	Meijen, C., Jones, M. V., McCarthy, P. J., Sheffield, D., & Allen, M. S. (2013). Cognitive and affective components of challenge and threat states. <i>Journal of Sports Sciences</i> , 31(8), 847–855. https://doi-org.lib-e2.lib.ttu.edu/10.1080/02640414.2012.753157

Search.One	36	Efficacy Expectations and Perceptions of Causality in Motor Performance. (1987). <i>Journal of Sport Psychology</i> , 9(4), 385–393.
Search.One	37	Otten, M. (2009). Choking vs clutch performance: A study of sport performance under pressure. <i>Journal of Sport & Exercise Psychology</i> , 31(5), 583–601. https://doi-org.lib-e2.lib.ttu.edu/10.1123/jsep.31.5.583
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	cross-sectional, not prior to performance, and no description of sport performance (how measured, etc.)	Ahmad, N., Marwat, M. K., Iqbal, Y., Nizami, R., Shah, M., Saman, S., & Mehmood, K. (2022). IMPACT OF SPORT-PERFECTIONISM AND SELF-EFFICACY ON ACHIEVEMENT MOTIVATION AND SPORTS PERFORMANCE (A CASE STUDY OF INDIVIDUAL DIFFERENCES OF UNIVERSITY STUDENTS OF DISTRICT LAHORE). <i>PalArch's Journal of Archaeology of Egypt/Egyptology</i> , 19(2), 1275-1285.
	no data with efficacy and shot performance	Metan, H., & Küçük, V. (2022). The Effect of Psychological Skill Training Program and Positive Feedback on Handball Player's Self-Efficacy Beliefs and their Shot Accuracy. <i>Annals of Applied Sport Science</i> , 10(3), 0-0.