

Table S1. Anthropometric measurements of study subjects

Parameter	All	NW	OW	OB
Number of Participants	76	40 (52.6%)	20 (26.3%)	16 (21.1%)
Sex	Male	41	20 (48.8%)	14 (34.1%)
	Female	35	20 (57.1%)	6 (17.1%)
Age (years)	8.43 ± 0.16	8.38 ± 0.23	8.32 ± 0.29	8.70 ± 0.37
BMI (kg/m²)	18.42 ± 0.40	16.01 ± 0.24	19.29 ± 0.22	23.36 ± 0.80
BMI z-score	0.94 ± 0.15	-0.04 ± 0.13	1.57 ± 0.07	2.58 ± 0.13
Waist circumference (cm)	65.39 ± 1.01	60.18 ± 0.74	66.65 ± 1.11	76.87 ± 2.26
WC z-score	0.68 ± 0.08	0.15 ± 0.08	0.98 ± 0.36	1.60 ± 0.09
WHtR z-score	0.42 ± 0.09	-0.13 ± 0.10	0.73 ± 0.06	1.37 ± 0.11

Results are expressed as Mean ± SEM. The data was presented in our previously published article [7], and this table was reproduced with Journal's permission.

Abbreviation: BMI – body mass index; WC – waist circumference; WHtR – waist-to-height ratio; NW – normal weight; OW – overweight; OB – obese.