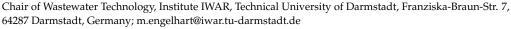




Article

Optimizing the Hydrothermal Carbonization of Sewage Sludge—Response Surface Methodology and the Effect of Volatile Solids

Tobias Blach * and Markus Engelhart



* Correspondence: t.blach@iwar.tu-darmstadt.de

Abstract: This study focuses on identifying the optimum conditions of sewage sludge hydrothermal carbonization by Box–Behnken Design and on the effects of volatile solids on heating value and on process water load. To get insight into the solid and process water characteristics, we applied the Box–Behnken Design on the hydrothermal reaction temperature (190, 220, 250 °C), reaction time (0.5, 2.25, 4 h) and pH (3.9, 5, 6.1). The response surface of the liquid phase revealed decreasing dissolved organic carbon (DOC) concentrations with increasing temperature from 9446 mg/L (190 °C) to 7402 mg/L (250 °C) at 4 h reaction time. For the same hydrothermal conditions, NH₄-N concentration increased from 754 to 1230 mg/L. Reaction temperature was identified as the most important process parameter, whereas reaction time and pH had only minor effects. Moreover, linear coefficients of the models were more decisive than the interrelation and quadratic coefficients. Volatile solids (VS) of the feedstock were found to significantly influence both the load of the process water and the change in heating value of the hydrochars. Process water load increased steadily with higher VS. The heating value only increased with more than around 65–80% VS in feedstock.

Keywords: Box-Behnken Design; hydrothermal carbonization; process water; sewage sludge

1. Introduction

In municipal wastewater treatment, the main distinction is made between primary sewage sludge (PS), waste activated sludge (WAS), including precipitation sludge from phosphorus removal, and anaerobically digested sludge (ADS). The type of sludge as well as a number of process parameters determine its elementary main components, which are in the ranges of 3.4–6.64% H, 22.8–51.20% C, 1.9–8.85% N, and 13.86–52.30% O and are usually <1.37% S [1–5]. In recent years, the treatment and disposal of sewage sludge is gaining more and more attention as its components, especially phosphorus and the chemically bound energy, are considered valuable and worth recovering. To this end, technologies such as anaerobic digestion, phosphorus extraction and combustion are widely used for sewage sludge treatment. Current trends towards renewable energies, further optimization of sewage sludge treatment processes and carbon sequestration promote alternative technologies such as the hydrothermal carbonization (HTC), which reproduces the natural coalification of organic matter in the presence of water in a technical application [6].

Both temperature and feedstock significantly determine chemical pathways and the thermochemical breakdown of the biomass structure into lower weight molecules. Due to the diverse composition of sewage sludge including polysaccharides, proteins, and lipids, it is still a challenge to define the pathways and kinetics during its hydrothermal treatment [7]. The hydrothermal carbonization changes the elemental composition of sewage sludge significantly, as dehydration and decarboxylation lead to higher C content and in contrast to lower N, H and O content [8]. A review of several studies by Wang et al. [7] shows increasing carbon content with increasing reaction temperature and reaction time



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of the hydrothermal treatment. The breakdown of molecules via dehydration and decarboxylation leads to a mass loss during HTC, resulting in a reduction of volatile solids and consequently an accumulation of inorganic material [7,9]. The mass loss is generally in a wide range up to 33%, depending on the sewage sludge properties and the hydrothermal conditions [3,5].

Depending on temperature, roughly more than 60% C remains in the solids during hydrothermal treatment. A minor amount of less than 5% C enters the gas phase as CO₂ and consequently the difference of 35–40% C is found in the process water [8]. Accordingly, the reported TOC and COD concentrations vary in a wide range between 4500 and 24,900 mg/L C and 13,000 and 66,300 mg/L O₂, respectively [10,11]. Carbonaceous compounds such as lipids were reported to hydrolyze almost completely to free fatty acids during hydrothermal treatment up to 280 °C within 15–20 min. These fatty acids have been identified mainly as acetic acid and propionic acid and are predominantly derived from unsaturated lipids [12,13]. With increasing reaction times, aldehydes, ketones and monosaccharides have been found to be degraded, while organic acids, mainly formic, lactic and acetic acid, are formed [14]. Sugars, 5-HMF and Furfural have also been proven to degrade with longer reaction times and reaction temperatures [15].

Dissolved nitrogen is predominantly present as organic nitrogen (org. N, containing proteins, amino acids, melanoidins) and ammonium (NH₄-N). The release of NH₄-N results from the deamination and decarboxylation of amino acids, which in turn are degraded from proteins [16]. Dote et al. [17] determined 19 amino acids which are almost completely present in the liquid phase as NH₄-N and organic nitrogen. Increasing shares of NH₄-N with increasing reaction temperatures and reaction times indicate an intensification of deamination processes [18]. Elevating temperatures from 150 to 270 °C increased the ratio of 30% N to over 70% N of the total nitrogen present in the process water [19]. Similar results were obtained with dewatered sewage sludge by Chen et al. [20], which show a decline of amino acids and a doubling of NH₄-N concentration in process water as temperature increases from 170 °C to 320 °C. A simultaneous decrease in carbohydrates was attributed to the Maillard's reaction and the associated formation of its recalcitrant products. Melanoidins such as aldehydes, furans, pyrroles, pyrazines and pyridines are the brownish colored reaction products of amino acids and sugars under hydrothermal conditions, which mainly contribute to the dissolved nitrogen as their polarity and consequently their solubility is higher than for proteins [21,22]. On the other hand, melanoidins were proven to decompose to char, gas, NH₄-N and other decomposed products at temperatures above 200 °C [23]. Nitrogen concentrations, in process water after the hydrothermal treatment of sewage sludge, range from 700 to 4900 mg NH₄-N/L and total nitrogen (TN) 1500-5500 mg TN/L [24,25].

The hydrothermal carbonization of sewage sludge has received growing attention in recent years. Literature shows that numerous works deal with the optimization of the process and use of the hydrochars, energy balances or the question of how to handle the resulting high loaded process water. Still, results of studies regarding the interrelation between the loads and process parameters, as well as the load level and the change in the higher heating value (HHV) is very heterogeneous and demands further investigations. With this in mind, this study aims firstly to provide structured insight into the characteristics of the hydrochars and process water and their dependence on the reaction temperature, the reaction time and the feedstock pH. A three-level full factorial design is intended to highlight the interrelation of all three parameters on the migration and transformation of carbon and nitrogen during hydrothermal carbonization. Secondly, the mass fraction of volatile solids prior to hydrothermal treatment is correlated with the process water load and the increase or decrease in the HHV after hydrothermal treatment. Since the hydrothermal carbonization transfers parts of the sewage sludge's organic and inorganic components into the liquid phase, the organics mainly determine the load of the process water and the HHV. Thus, our experiments improve the understanding of the HTC of sewage sludge and contribute to the optimization of process water treatment.

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2. Materials and Methods

2.1. Sampling

Sewage sludge samples were obtained from two municipal wastewater treatment plants (WWTP) in Germany (Table 1). The raw sewage sludge of WWTP A (RS1) contained PS and WAS and was used for the Box–Behnken Design. Additionally, PS and WAS samples were taken from WWTP B and mixed to obtain raw sewage sludge RS2 ($1/3 \, w/w$ PS and $2/3 \, w/w$ WAS) and RS3 ($2/3 \, w/w$ PS and $1/3 \, w/w$ WAS). WAS of WWTP B was diluted to 3%, 5% and 7% TS using the effluent of the same WWTP. After preparation, all samples were frozen in portions at -20 °C to avoid degradation processes in feedstock prior to HTC. Samples were thawed overnight at an ambient temperature just before each hydrothermal run.

Table 1. Overview of the tested sewage sludges. The spread of the measuring values was evaluated using the mean value and the deviation of each measured value to the mean value. The maximum deviations are $\pm 7.1\%$ for TS, $\pm 8.6\%$ for TS, $\pm 0.7\%$ for C, $\pm 2.2\%$ for H, $\pm 2.1\%$ for N, $\pm 0.8\%$ for COD and $\pm 1.5\%$ for HHV.

Tested Sewage Sludges	TS %	VS %	C %	H %	N %	HHV MJ/kg TS	COD g O ₂ /kg TS
WWTP A							
Raw sewage sludge 1 (RS1)	5.9	4.6	41.6	5.9	5.0	18.0	1201
WWTP B							
Primary sewage sludge (PS)	4.5	3.7	42.5	6.4	1.3	17.5	1177
Waste activated sludge (WAS)	9.2	6.6	36.9	6.0	6.5	16.2	1026
2nd batch WAS	9.1	6.8	36.7	5.7	6.4	16.1	1022
WAS diluted 2.33:3 w/w	7.1	5.1	36.4	5.8	6.4	16.3	1034
WAS diluted 1.67:3 w/w	5.1	3.6	37.0	5.5	6.5	16.3	1035
WAS diluted 1:3 w/w	3.1	2.2	36.6	5.4	6.4	16.1	1015
Raw sewage sludge 2 (RS2)	6.6	5.0	-	-	-	-	-
Raw sewage sludge 3 (RS3)	7.9	5.9	38.1	5.8	5.3	16.4	1197
Anaerobically digested sewage sludge (ADS)	4.2	2.4	30.9	4.6	4.4	13.1	850

2.2. Experimental Procedure

The hydrothermal experiments were performed using a 0.5 L batch reactor (midiclave Typ 3E/0.5lt, Büchi, AG, Switzerland), which is electrically heated and water cooled. The stirrer was set to 2000 rpm. A 95–98% w/w sulfuric acid was added to RS1 before the runs to adjust pH 3.9 and pH 5. The reaction time of the experiment was counted when the difference to the set temperature was <1%. Reaction temperature remained constant \pm 1% of set value during the whole experiment. It took the reactor about 0.75–2.0 h to heat up (corresponding to 1.92 \pm 0.38 °C/min) and after the desired reaction time approx. 0.75 h to cool down to ambient conditions. The pressure was equal to the vapor pressure at a given temperature (up to 41 bar max.). the total solids (TS) and the total volatile solids (VS) were analyzed and the coal slurry was centrifuged at 19,500 rpm (rcf: 22,319 g) at 20 °C for 30 min (Sigma 3K30, Sigma Laborzentrifugen GmbH, Osterode am Harz, Germany). For the following analysis of the solids, the dewatered samples were used and the liquid was analyzed from the supernatant of centrifugation. Throughout the experiments, especially at higher temperatures, strong caking occurred on the inner reactor wall, which was removed by scraping and rinsing after each run.

2.3. Hydrochar Analysis

Solid outputs were analyzed in terms of TS and VS according to DIN EN 12880:2000 and DIN EN 15936:2012 and dried at 105 °C before further analysis. A calorimeter was used to determine the higher heating value (HHV) (IKA C200, IKA®-Werke GmbH & CO. KG, Staufen, Germany) and an elemental analyzer to obtain the CHN-composition (VarioEL

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III CHN, Elementar Analysensysteme GmbH, Langenselbold, Germany). The chemical oxygen demand (COD) of the dried solids was measured according to DIN 38414 S9:1986. The analysis of each parameter was performed as duplicate or triplicate.

2.4. Process Water Analysis

Process water samples were filtered via 0.45 μm PES syringe filters before analysis. To determine dissolved organic carbon (DOC), chemical oxygen demand (COD) total nitrogen (TN) and ammonium (NH₄-N) HACH tests LCK 387, LCK 514, LCK 338, LCK 303 and a HACH Photometer DR 3900 were used (Hach Lange GmbH, Düsseldorf, Germany). UV254 was determined with a HACH Photometer DR 5000 at a cell length of 10 mm (100-QS, Hellma GmbH, Müllheim, Germany), pH and conductivity by inoLab Multi 9620 IDS (Xylem Analytics Germany Sales GmbH & Co. KG, Weilheim, Germany). The ratio of UV254 to DOC was defined as the specific UV absorbance (SUVA) in L/(mg·m).

2.5. Determination of the Reaction Intensity

The reaction intensity, as introduced by Ruyter [26], was used to evaluate the correlation of the reaction temperature and reaction time (1). This semi-empirical approach showed a good fit to experimental data and considers the greater impact of the reaction temperature compared to reaction time [27]:

$$f = 50t^{0.2}e^{-\frac{3500}{T}} \tag{1}$$

where f is the reaction intensity, t the reaction time in seconds and T the temperature in kelvin. To consider varying heating times (see Section 2.2), the mean temperature and the mean reaction times above 180 °C were used to calculate reaction intensity.

2.6. Experimental Design

To point out the effects of various process parameters and their interaction on the process water, we used response surface methodology (RSM) with Box–Behnken Design (BBD) (e.g., [28]) and three factors (reaction temperature T, reaction time t, pH) at three levels for RS1. The tested temperature was 190, 220 and 250 °C, the time was 0.5, 2.25 and 4 h and the pH was 3.9, 5, 6.1. These process parameters were chosen, since they cover a wide range of typical and technically feasible process parameters of hydrothermal treatment of sewage sludge. The runs were performed randomly. A second-order polynomial equation according to Equation (2) was used to model the investigated parameters.

$$y = \beta_0 + \sum_{i=1}^k \beta_i x_i + \sum_{i=1}^k \beta_{ii} x_i^2 + \sum_{i \le i} \beta_{ij} x_i x_j$$
 (2)

where y is the calculated response value (DOC, NH₄-N, NH₄-N/TN), x_i and x_j are the investigated variables (in this study T, t, pH), β_0 is the intercept, β_i the linear, β_{ii} the quadratic and β_{ij} the interactive constant. The model's constants were fitted to the experimental data using Microsoft Excel 2016 and Minitab 19. The coefficient of determination R² as the ratio of the sum of squared errors SSE to the sum of squared total deviations SST according to Equation (3) was used to evaluate the model's accuracy.

$$R^2 = \frac{\sum (\hat{y}_i - \overline{y})^2}{\sum (y_i - \overline{y})^2}$$
 (3)

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Since R² alone does not measure the accuracy and large values of R² are not equivalent to a good fit of the model, Baş and Hoyaci [29] suggested to also take the absolute average deviation (ADD) into account (Equation (4)).

$$AAD = \frac{\sum_{i=1}^{p} \frac{|y_{i,exp} - y_{i, cal}|}{y_{i,exp}}}{p} \cdot 100$$
 (4)

Therein, p is the number of runs, $y_{i,exp}$ and $y_{i,cal}$ are the experimental and the calculated results. To evaluate the model's accuracy further, the common interpretation of \mathbb{R}^2 and AAD should be carried out. \mathbb{R}^2 should be close to 1.0 and AAD should be as small as possible. The statistical significance of the parameters was determined by analysis of variance (ANOVA) with p-test using Minitab 19.

3. Results and Discussion

3.1. Results of Box-Behnken Design (Raw SEWAGE Sludge 1)

The results for each run for the analyzed parameters of the hydrochars (HHV) and the liquid phase (DOC, NH₄-N and NH₄-N/TN) are summarized in Table 2. Table 3 depicts the coefficients fitted to Equation (2). High R^2 and low AAD were determined for all model fits, indicating a valid correlation between measured values and modelled values.

Table 2. Variables of the BBD and the results for the solid phase and the liquid phase of RS1. The spread of the measuring values was evaluated using the mean value and the deviation of each measured value to the mean value. The maximum deviations are $\pm 0.8\%$ for HHV, 3.7% for DOC and 1.7% for NH₄-N.

	Operation Settings			Hydrochar		Liquid Phase		
Run	T °C	t h	pH -	HHV MJ/kg TS	DOC mg/L	NH ₄ - N mg/L	NH ₄ -N/TN %	
untreated	-	-	-	18.04	1458	92	26	
HTC-1	220	2.25	5	20.30	8510	975	40	
HTC-2	190	0.5	5	18.74	9160	575	26	
HTC-3	190	4	5	19.07	9395	730	32	
HTC-4	250	0.5	5	21.27	8055	980	45	
HTC-5	250	4	5	22.12	7640	1223	54	
HTC-6	220	0.5	6.1	19.25	9160	783	35	
HTC-7	220	4	6.1	20.08	8520	1045	44	
HTC-8	220	0.5	3.9	20.34	8650	858	38	
HTC-9	220	4	3.9	21.40	8335	995	44	
HTC-10	190	2.25	6.1	18.75	9320	630	27	
HTC-11	250	2.25	6.1	21.70	7545	1058	47	
HTC-12	190	2.25	3.9	19.41	8655	658	32	
HTC-13	250	2.25	3.9	21.57	7395	1110	52	
HTC-14	220	2.25	5	20.55	8365	893	40	
HTC-15	220	2.25	5	20.36	8890	905	39	

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Coefficient	Hydrochar		Liquid Phase	
eoemeient =	HHV	DOC	NH4-N	NH4-N/TN
β0	17834	-7743	-3549	-56.6
β1	13.1	115.2	32.73	0.709
β2	-27	508	-122.5	-4.2
β3	-1259	2182	65	-5.24
β12	2.45	-3.1	0.417	0.0186
β13	5.94	-3.9	-0.189	-0.0058
β23	-30.1	-42.2	16.23	0.331
β11	-0.009	-0.257	-0.0575	-0.000872
β22	-31.9	67.2	1.46	0.134
β33	-32	-105.7	-7.1	0.435
R2	0.97	0.96	0.99	0.99
AAD (%)	0.600	1.210	1.369	1.546

Table 3. Decoded constants, coefficients of the BBD and the corresponding R² and AAD for RS1.

The analysis of variance (ANOVA) can be found in the Appendix A (Tables A1–A4).

3.2. Surface Analysis of Hydrochars (Raw Sewage Sludge 1)

The HHV at intensifying hydrothermal conditions was mainly driven by the reaction's temperature (Figure 1a) and increased from $18.1~\rm MJ/kg~TS$ at $190~\rm ^{\circ}C$ for $0.5~\rm h$ to $21.0~\rm MJ/kg$ TS at $250~\rm ^{\circ}C$ for $0.5~\rm h$. Reaction time became more influential at higher temperatures, since the HHV for 4 h elevated by $1.1~\rm MJ/kg$ TS at $250~\rm ^{\circ}C$ but only by $0.6~\rm MJ/kg$ TS at $190~\rm ^{\circ}C$. This indicates that soluble compounds from hydrolysis polymerize and aromatize, which leads to the formation of additional solids, as also described by [30]. Consequently, the longer the reaction time, the more polymerization reactions take place and the higher the HHV. Furthermore, the increase in reaction temperature and reaction time resulted in an almost linear increase in HHV. Comparing the HHV of the hydrochars with that of the feedstock with $18.04~\rm MJ/kg$ TS (see Table 2), almost no positive effect could be observed at mild hydrothermal conditions. At the most intense HTC conditions at $250~\rm ^{\circ}C$ for $4~\rm h$, the HHV increased by 21% to $21.9~\rm MJ/kg$ TS.

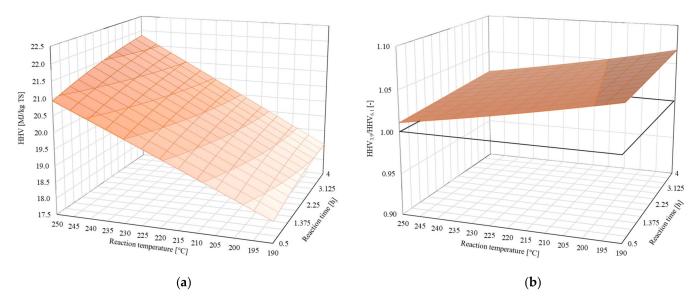


Figure 1. Response surface plots of (a) the HHV at pH = 6.1 and (b) the effect of different pH values on the HHV.

The ratio of $HHV_{3.9}/HHV_{6.1}$ in Figure 1b shows that the reduction of pH promoted a slight HHV increase. This was more pronounced at 190 °C since the HHV was about 6% higher at pH 3.9, while at 250 °C it was only about 2%. As the model shows no min-

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imum at 250 °C, an ongoing impact of acid beyond 250 °C seems likely. Acidic milieus support the formation of carbonaceous products in general. Arrhenius acids such as the used $\rm H_2SO_4$ generally promote hydrolysis, dehydration and condensation reaction [31,32], which potentially accelerate polymerization and lead to higher carbon content of the solids. An acidic environment at 200 °C has been reported to accelerate dehydration and coalification reactions while suppressing decarboxylation and hydride transfer reactions [33]. Titirici et al. [34] recommend thermal conditions below 200 °C in an acidic milieu as most of the carbon in the feedstock remains bound in the solid phase. Our findings confirm a greater benefit of an acidic environment at lower reaction conditions.

3.3. Surface Analysis of Process Water Load (Raw Sewage Sludge 1)

Figure 2a shows the response surface plot for DOC and the interaction between temperature and time for a fixed pH of 6.1. In general, the DOC concentration in process water decreased with higher reaction temperature and longer reaction times. Since temperature mainly governs hydrothermal reactions, the DOC concentration declined from 9558 mg/L at 190 °C to 8161 mg/L at 250 °C (0.5 h). Lower temperatures cause more degradation and hydrolysis processes, whereas higher temperatures lead to more polymerization reactions [35]. Polymerization reactions and the associated formation of solids reduced the DOC concentration in the liquid phase and correspond to the rising HHV in Figure 1a. For a reaction time of 4 h and an elevation in temperature from 190 to 250 °C, the reactions that took place reduced the DOC concentration by 28%. The extension of the reaction time at 190 °C and 2.25 h showed a minor local minimum with 9303 mg/L, which does not follow the overall trend. This may be attributed to the chosen design of experiments, since no corner points are tested in the experiments of the BBD [28]. Nevertheless, the model highlights the general dependencies and the interrelation between the parameters.

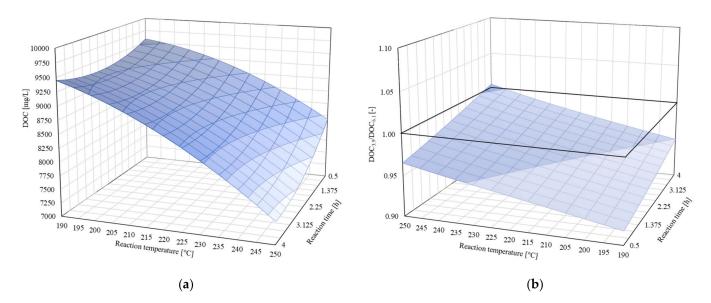


Figure 2. Response surface plots for (a) DOC at pH = 6.1 and (b) the effect of different pH on the DOC concentration.

Prolonging the reaction time from 0.5 to 4 h reduced the DOC concentration depending on the reaction temperature. At 220 °C, the DOC concentration was reduced by 5% from 9107 to 8655 mg/L and at 250 °C by 10% from 8179 to 7402 mg/L. This reduction was more distinctive for higher temperatures and thus enhanced polymerization reactions at higher temperatures and fits to the previous observation of the hydrochars. In order to minimize DOC in process water, high temperatures in combination with long reaction times seem favorable. The same trends were observed at 300 and 350 °C and the extension of the reaction time from 0.5 to 60 min by Shanableh [36]. In contrast, the general findings of our study are somewhat different to the results of Sun et al. [37], who found higher impacts on

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the DOC yields for lower temperatures. Nevertheless, the effect of the time was also less dominant than that of the temperature.

The impact of adding H_2SO_4 to the feedstock on the DOC concentration is referred to by the ratio $DOC_{3.9}/DOC_{6.1}$. Figure 2b shows, that the catalyst reduced the DOC concentration by 0.92 for T = 190~°C and t = 0.5~h. Its effect became less significant for higher hydrothermal conditions, and at 250 °C for 4 h an even larger negative effect became apparent. These findings correspond to the previous observations of a higher HHV in reverse order (Figure 1b). The decreasing effects of an acidic catalyst with increasing reaction temperature was also observed by Rogalinski et al. [38]. They observed increased liquefaction yields using CO_2 up to 260 °C and attributed this to an already increased reaction rate at temperatures above 260 °C. A study from Zou et al. [39] with marine microalgae suggests that the catalytic impact at a lower catalytic concentration might be negated by the organic acids formed during HTC as stated by Asghari and Yoshida [14]. In accordance to our study, they observed lower liquefaction yields for temperatures up to 195 °C and reaction times up to 60 min, which was attributed to polymerization. In the present study, only minor differences for the DOC concentration at pH 5 and pH 6.1 were observed. Therefore, results at pH 5 are not depicted.

To get an overview of the load of the process water before and after hydrothermal treatment without considering the different process conditions, all 15 hydrothermal runs of the BBD are summarized (Table 4). Apparently, the hydrothermal treatment of the sewage sludge was associated with a massive additional process water load compared to untreated sewage sludge. The concentration of COD was higher by a factor of 5.8, the DOC concentration by a factor of 6.7 and the absorption at 254 nm (UV254) was 11.7 times higher. Looking at the COD/DOC ratio, a shift from 2.68 to 3.10 mg O₂/mg C was observed, which shows that the organic liquid compounds of the HTC process were in a less oxidized form. Furthermore, at higher temperatures the COD/DOC ratio was greater than at low temperatures, indicating ongoing dehydration and decarboxylation reactions. Consequently, less oxygen is bound in the aromatic compounds formed during HTC and more oxygen is needed to oxidize the products of the HTC reaction. The SUVA approximately doubled with the hydrothermal carbonization from 0.82 to 1.63 L/(mg·m). The UV254 reflects aromatic compounds because its PI-electrons absorb in the UV range [40]. The higher SUVA after hydrothermal treatment suggests the excessive formation of aromatic compounds and melanoidins [21]. Stemann et al. [41] found comparable ratios for COD/DOC and SUVA of 2.8 mg O₂/mg C and 1.3 L/(mg·m). Recirculating the liquid phase to the HTC process five times led to a decrease in both parameters to 2.5 mg O₂/mg C and 0.7 L/(mg·m). Stemann et al. [41] concluded that recirculation leads to an accumulation of aliphatic, organic acids, which were not detected by UV254, whereas reactive components with a higher molecular weight tend to polymerize.

Table 4. Sum parameters to characterize the organic load of the untreated liquid phase and the hydrothermally treated liquid phase (mean value \pm standard errors of n = 15).

WWTP A	COD mg O2/L	DOC mg C/L	COD/DOC mg O2/mg C	UV254 1/m	SUVA L/(mg·m)
RS 1 (untreated)	3911	1458	2.68	1196	0.82
RS 1 (HTC)	$26,263 \pm 1221$	8506 ± 614	3.10 ± 0.13	$13,\!896 \pm 1205$	1.63 ± 0.05

Regarding NH₄-N (Figure 3a), opposite trends compared to DOC were observed. Higher temperatures and longer times also led to higher ammonium concentration in the liquid phase. The NH₄-N concentration increased from 535 mg/L at 190 °C to 926 mg/L at 250 °C (0.5 h) with a slightly flattening curve with higher temperatures. With an extension of the reaction time up to 4 h, the model illustrates an almost linear increase in the ammonium concentration. The share of NH₄-N in TN, referred to as NH₄-N-release in % in Figure 3b, was about 26% at the lowest hydrothermal conditions of 190 °C for 0.5 h.

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When the reaction temperature was increased to $250\,^{\circ}$ C, about 45% of the total nitrogen was present as NH₄-N. Prolonging the reaction time to 4 h led to an increased share of 32% at $190\,^{\circ}$ C and of 54% at $250\,^{\circ}$ C. As with NH₄-N, higher temperatures and longer reaction times increased the NH₄-N-release. The NH₄-N concentration and the NH₄-N release follow the discussed trend of a higher influence of the reaction time at higher temperatures.

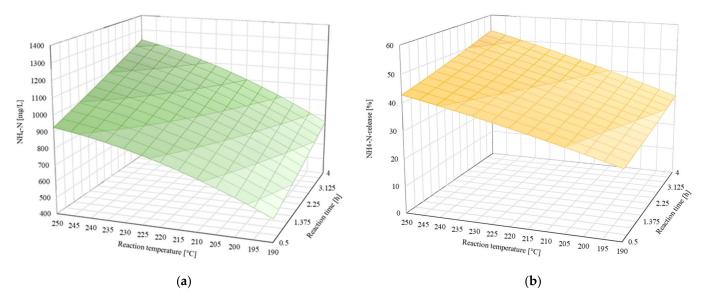


Figure 3. Response surface plots for (a) NH_4 -N at pH = 6.1 and (b) NH_4 -N release at pH = 6.1.

Since for all experiments the concentration of TN in the liquid phase remained relatively consistent at 2254 ± 84 mg/L, lower hydrothermal conditions favor hydrolysis of the solid phase nitrogen, while more intense hydrothermal conditions lead to the decomposition of dissolved nitrogen into lower molecular products with the release of NH₄-N [42]. Dissolved organic nitrogen compounds are degraded into NH₄-N, for example, as a result of deamination. Sun et al. [37] also used sewage sludge and observed a similar influence of the reaction time at 200 °C, but also discovered a higher increase in NH₄-N concentration with an extension of the reaction time from 60 to 90 min at 180 °C by more than 30%. Taking their study and the presented results into account, the reaction time becomes less significant for the nitrogen degradation somewhere between 180 and 190 °C. The share of NH₄-N in their study is within approx. 27% at 180 °C for 0.5 h to 51% at 240 °C for 1.5 h and therefore about 15% higher than in our study. Probably the higher nitrogen content of their feedstock of 7.2% (dry basis) in comparison to 5.0% (dry basis) of our feedstock is decisive.

3.4. Impact of the Volatile Solids in Feedstock Sewage Sludge on Higher Heating Value

For sewage sludge and its hydrochars, the HHV (in the range of 10.9 to 22.1 MJ/kg TS), the COD (in the range of 0.75 to 1.52 kg O_2 /kg TS) and the carbon content (in the range of 0.26 to 0.49 kg C/kg TS) strongly correlate with each other (Figure 4). The HHV and COD correlated linearly to carbon content showing high correlation factors R^2 = 0.98 and 0.96. These correlations allow only one parameter to be measured and the other parameters to be determined from it, which can be useful in case of limited analytical capabilities. With this in mind, only the HHV was discussed further below. Nonetheless, the relation of COD, HHV and carbon content must be determined for every series of tests [43].

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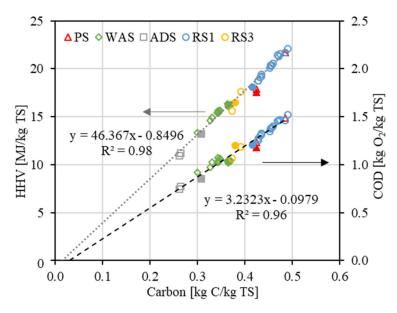


Figure 4. Relation between the HHV and the carbon content of all sewage sludges investigated (filled icons) and their hydrochars (framed icons) resulting from HTC.

Figure 4 also shows that the HHV and carbon content of some hydrochars were higher than the feedstock (e.g., PS and RS1), whereas for some hydrochars these parameters were lower (DS, WAS) than in feedstock. Hence, the hydrothermal treatment of sewage sludge does not necessarily increase the HHV of hydrochars. Figure 5 depicts the percentage change of the HHV caused by hydrothermal treatment as a function of ash content and thus of volatile solids in the feedstock. At first sight, an increase in the HHV appears to become unlikely with increasing ash content in feedstock. On the one hand, organic compounds are dissolved to a certain degree during HTC due to hydrolysis, resulting in decreasing organics content in the solids and a mass loss. On the other hand, dehydration, decarboxylation and polymerization induce carbonization and therefore a higher HHV. An ash content of around 28% seems to mark a turning point where the two effects were balanced and beyond which the hydrothermal treatment no longer affects HHV positively. Even below 28% ash content, lower temperatures of 180–190 °C often resulted in only a limited elevation. As expected, higher temperatures mostly led to higher HHVs compared to the feedstock due to decarboxylation and dehydration as well as polymerization reactions. The data also suggest that the origin of the sewage sludge and therefore its composition is less relevant for the change in HHV than the ash content of the feedstock since different sewage sludges behave similarly. Studies by Zhao et al. [2], Zheng et al. [44] and our study using WAS all follow the trend described. While Zhao et al. [2] increased the HHV of sewage sludge with 18.8% ash by up to 7% at the highest temperature of 240 °C, we measured no decrease at 250 °C and a decline of -10% at 190 °C for a WAS with 29.0% ash. The WAS used by Zheng et al. [44] had an ash content of 41.2% and their data implicate a drop in heating value of -34% at 280 °C. Kim et al. [45] carbonized ADS with an initial ash content of 26.1% and reached an increase in HHV of up to 18% at 250 °C. In contrast, the hydrothermal treatment of the ADS we used (41.5% ash) reduced the HHV by -18% (at 250 °C) to -20%(at 190 °C). For both types of feedstock (WAS, ADS), the HHV reduces when the ash content is above 20–35%. For their study, Danso-Boateng et al. [46] used PS with minor ash content of 16.0% and increased the HHV by 20% to 22%. The municipal sewage sludge used by Zhang et al. [4] contained 33.1% ash and resulted in a reduction of the HHV of -5% (at 190 °C) to -2% (at 260 °C). Prolonging the reaction time from 1 to 24 h led to a percental change of -2% (190 °C) to 4% (260 °C).

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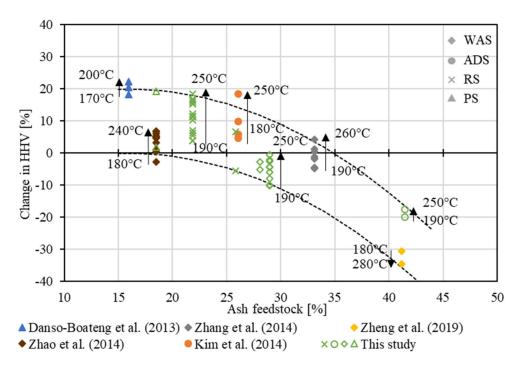


Figure 5. Correlation of the ash content of the feedstock and the change of HHV calculated by $(HHV_{hydrochar}-HHV_{feedstock})/HHV_{hydrochar}\cdot 100$. Data adapted from: Danso-Boateng et al. [46]: PS, 190 °C, 200 °C, 4 h; Zhang et al. [4]: 190 °C, 260 °C, 1 h; Zhao et al. [2]: WAS, 180 °C, 200 °C, 220 °C, 240 °C, 0.25 h, 0.5 h, 0.45 h; Zheng et al. [44]: WAS, 180 °C, 230 °C, 230 °C, 280 °C, 1 h; Kim et al. [45]: ADS 180 °C, 200 °C, 220 °C, 250 °C, 0.5 h; this study: see Table 1, 190 °C, 220 °C, 250 °C at various reaction times.

Although varying experimental setups and hydrothermal conditions make it difficult to objectively compare the results of the studies, the data show some coherence among the diverse experiments. With this in mind, it seems reasonable to consider a maximum ash content of the feedstock of 20% to 35%, beyond which an increase in the HHV seems unlikely. This corresponds to a VS of 65–80%. According to these findings, not all sewage sludges are suitable to generate a higher calorific product, by means of HTC.

3.5. Impact of Volatile Solids on Process Water Load

The concentrations of DOC or TOC and NH_4 -N in process water are related to the VS as well as carbon and nitrogen content of the feedstock sewage sludge. Table 5 summarizes the concentrations of DOC and NH_4 -N in the process water after hydrothermal treatment at varying reaction intensities for the different sludges. To obtain process water concentration from hydrothermal treatment only, the concentration change resulting from thawing was deducted.

Table 5. Resulting DOC and NH₄-N in process water of the tested sewage sludges after HTC.

WWTP A	f -	DOC mg/L	NH ₄ -N mg/L
RS1	0.13-0.42	6088–7938	483–1130
WWTP B			
PS	0.12-0.31	708–6200	53–239
WAS	0.12-0.41	4693–16,795	522-2765
RS2	0.12 - 0.28	6610-6835	347-684
RS3	0.13-0.31	9510-11,485	635-1380
ADS	0.13-0.29	2896-4108	170-448

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Depending on the reaction intensity, the DOC/VS release ratio in Figure 6a behaved differently for each type of sewage sludge: The hydrothermal carbonization of WAS resulted in a DOC/VS of 250 mg DOC/g VS at a low reaction intensity (f = 0.13) and decreased to 165 mg DOC/g VS at higher temperatures and longer reaction times (f = 0.41). Polymerization reactions, as mentioned above, can lead to an exponential decrease in the VS-specific release with increasing reaction intensity. Despite variations in VS content resulting from the dilution of WAS (see Table 1), the specific release showed no significant deviations. In contrast, Aragón-Briceño et al. [47] detected decreasing process water releases with rising solids loading from 2.5% TS to 17.5% TS and a saturation concentration of organics and ammonium beyond 17.5% TS. Presumably, our method of evaluation and smaller variations in solids loading (3.1% to 9.1%) allow no detailed observation of this effect. The DOC/VS for RS1 decreased from 166 mg DOC/g VS at f = 0.13 to 133 mg DOC/g VS at f = 0.42. Although different pH values and their effects on hydrothermal processes were not considered in the calculation of f, the curve fit is good ($R^2 = 0.81$). A contrary trend was observed for PS, as a low f (0.12) resulted in an organic load of 19 mg DOC/g VS and a high f (0.33) in an organic load of 153 mg DOC/g VS. This may be attributed to the more structured solids in primary sewage sludge, which are further decomposed with increasing reaction intensity. Similar findings with PS under less harsh reaction conditions were obtained by Danso-Boateng et al. [48]. The other sewage sludges contain basically no structured material and a maximum degradation has already been reached at a lower reaction intensity than those studied (f < 0.12). This is supported by data from Wang et al. [24], who investigated the concentration of several parameters in process water, such as TOC, as a function of f using a Chinese raw sewage sludge. They observed higher TOC concentrations up to nearly 21,000 mg/L (f = 0.14) in comparison to our RS1 with DOC = 7703 mg/L (f = 0.13). When taking into account the VS of sewage sludge, their data agreed with our results at a comparable level: starting from 230 mg TOC/g VS at f = 0.13, the TOC/VS ratio was reduced to 133 mg TOC/g VS at f = 0.41. In addition, data of Wang et al. [24] imply a further reduction of the VS-specific TOC release due to the intensified hydrothermal treatment for f > 0.41. The reduction of their TOC/VS ratio was more pronounced than in our experiments, possibly because samples were not filtered at 0.45 µm or analytical methods were different. It is important to mention that the results of Wang et al. [24] limit the extrapolation of the regression lines: the reaction intensity f = 0.14 marks a turning point with the maximum release, indicating the transition between thermal hydrolysis and hydrothermal carbonization.

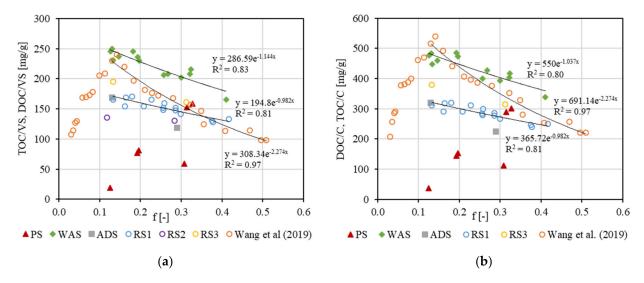


Figure 6. Curves of the ratio (a) DOC/VS (TOC/VS: data adapted from Wang et al. [24]) and (b) DOC/C (TOC/C: data adapted from Wang et al. [24]) with an increasing reaction intensity during the hydrothermal treatment of various sewage sludges.

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The trends in the specific release of DOC/TOC relative to organic carbon in the feedstock sewage sludge, denoted as DOC/C and TOC/C in Figure 6b, behaved very similarly to DOC/VS. The specific C releases of WAS and RS1 decreased from 476 mg DOC/g C and 311 mg DOC/g C at f = 0.13 to 339 mg DOC/g C and 250 mg DOC/g C at f = 0.41 (WAS) and f = 0.42 (RS1). The C-specific release can also be interpreted as a percentage of organic solids carbon which was dissolved into the process water. Taking RS1 as an example, hydrolysis at lower reaction intensities released 31% carbon into the process water and polymerization reactions at higher reaction intensities reduced the share of carbon released to 25%. This caused an increasing carbon content and an associated increasing HHV in the hydrochars, as discussed in Section 3.2. Comparing the VS-specific and C-specific release, no major differences of the overall picture can be observed. This suggests that the carbon content is not the only factor affecting the carbon release into the process water and that considering a correlation between the release of carbon in the process water and the carbon in the feedstock is not sufficient. As our analytics provide no detailed insights, further research should be carried out to identify other main drivers for the carbon release resulting from the hydrothermal treatment of sewage sludge.

The release of ammonium is also related to the VS and depicted in Figure 7a. Elevating reaction intensity increased the VS-specific release of NH₄-N for each sewage sludge. For PS, raising f led to a minor increase in the NH₄-N/VS ratio from 3.1 mg NH₄-N/g VS at f = 0.12 to 4.3 mg NH₄-N/g VS at f = 0.33. The increase in NH₄-N/VS as a consequence of a more intense reaction was more evident for WAS, as the ratio elevated from 15 mg NH_4 -N/g VS at f = 0.13 to 40 mg NH_4 -N/g VS at f = 0.41. R^2 is 0.97 for a logarithmic VS-specific correlation, which seems plausible due to the release being limited by nitrogen in the solids. The intensification of hydrothermal conditions of WAS led to a higher NH₄-N concentration by a factor of 2.6, whereas for PS the factor was only 1.4. These observations can be attributed to the different composition of the sewage sludges, as the protein content in WAS is up to 2.3 times higher than in PS in a range of 19-41% and 14-30%, respectively [7,13]. Besides, WAS contains only a few structural materials. As also assumed for DOC release, hydrothermal treatment could break down these smaller molecules to a greater extent and release more ammonium. The raw sewage sludges RS1, RS2 and RS3 are within the range of WAS and PS. Despite variations in the pH of RS1, the results showed a good correlation with $R^2 = 0.95$. The NH₄-N/VS of ADS ranged from 7 mg NH₄-N/g VS at f = 0.13 to 18 mg NH₄-N/g VS at f = 0.29. So, the nitrogenous compounds in the in ADS seem to be degraded to the same extend as for the other sewage sludges, despite the previous biological hydrolysis during anaerobic digestion. The data from Wang et al. [24] showed an almost identical curve than our data of WAS and a more linear behavior for f < 0.14. This suggests that similar behavior is likely for our sludges at lower reaction intensities and that the correlation's extrapolation is not valid.

The nitrogen-specific release of NH₄-N in feedstock sewage sludges, denoted as NH₄-N/N in Figure 7b, started with 92–249 mg NH_4 -N/g N at f = 0.12–0.13. Depending on the sewage sludge, NH₄-N was released to different degrees and resulted in 309 mg NH₄-N/g N (RS1), 471 mg NH₄-N/g N (WAS) and 695 mg NH₄-N/g N ([24]) at $f \approx 0.41$. This corresponded to a release of 30.9% to 69.5% of the total nitrogen in the sewage sludge as ammonium. Extrapolating the regressions beyond their maximum tested hydrothermal conditions suggests a limit, which is below the theoretical maximum of 1000 mg NH₄-N/g N for the sewage sludges investigated in this study. Accordingly, the hydrothermal treatment under the shown hydrothermal conditions did not decompose the entire nitrogen in the feedstock sewage sludge as ammonium. As several other studies consistently indicate no complete breakdown of dissolved nitrogen to ammonium due to hydrothermal carbonization, nitrogen remains as dissolved organic nitrogen on the one hand and in hydrochars on the other hand [17,49]. Comparing the NH_4 -N/VS and the NH_4 -N/N, some deviations become apparent. For example, the nitrogen-specific NH₄-N-release of PS did not seem to match the VS-specific NH₄-N-release in Figure 7a, as the spread of the values measured was larger. A closer look reveals that the percentage spread is identical

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but is illustrated super elevated in Figure 7b. These fluctuations might be due to the heterogeneous mixture of PS, which could have affected sampling. Nevertheless, the ratio of the NH₄-N concentration to the nitrogen in the feedstock PS showed that the degree of release is of the same magnitude. The NH₄-N/N accounted for the lower nitrogen in PS and lifted the N-specific release to a comparable level to the other sewage sludges. ADS showed a minorNH₄-N/N than the other sewage sludges. During anaerobic digestion, proteins were already hydrolyzed and present as NH₄-N in the process water (which were deducted in the graphs). This seems to limit the degradation of nitrogen resulting from hydrothermal treatment, which was not represented in the NH₄-N/VS. The lower NH₄-N/N illustrate that bonding forms of nitrogen in the feedstock sewage sludge determine the extent of NH₄-N release during hydrothermal treatment.

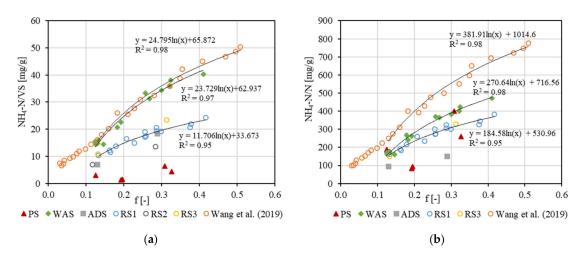


Figure 7. Curves of the ratio (a) NH₄-N/VS and (b) NH₄-N/N with increasing reaction intensity during hydrothermal treatment of various sewage sludges. Data adapted from Wang et al. [24].

4. Conclusions

The main reaction parameters on the hydrothermal treatment of sewage sludge temperature and time were predominantly described by their linear coefficients in the model fits of the BBD. The results of these model fits suggest that intensifying HTC process conditions favor the higher HHV of the hydrochars and hence coalification. Simultaneous polymerization reactions form additional hydrochars, which led to lower DOC concentrations in the process water. These reactions were accelerated at pH 3.9, but the effect of pH decreased with increasing intensity of hydrothermal conditions. For a technical application, costs and benefits in the particular case must be weighed up, as it results in a trade-off between higher reaction temperatures by additional energy input and additional operating resources by the addition of acids.

Regarding nitrogen, harsher hydrothermal conditions led to an ongoing deamination and the associated increase in NH₄-N load in the liquid phase. However, even with the most intense hydrothermal treatment of 250 °C for 4 h, a fraction of 46% remained as dissolved organic nitrogen. The high carbon and nitrogen concentrations in the process water permit no direct discharge of the process water and require extensive purification. Consistently, the treatment of the process water, the aim of the hydrochars application and the hydrothermal conditions must be adjusted to one another. This adjustment of the process steps with another requires an understanding of the level of process water load, which was shown to be mainly affected by VS as well as carbon and nitrogen content. The specific C and N release illustrated enables the estimation of process water load as a function of the type of sewage sludge and the hydrothermal conditions. This can be a useful tool for the technical application of HTC for sewage sludge treatment within the framework of a holistic management of the produced residues. As an example, the

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anaerobic digestion of process water DOC allows for the recovery of energy, which would not necessarily require low DOC concentrations in the liquid. However, no conclusions about the biodegradability can be drawn from the measurement of organic concentration alone. In order to remove ammonium, high ammonium concentrations favor stripping or, since phosphorus concentrations are also high, MAP precipitation. A possible alternative could be biological nitrogen removal. In any case, the high concentration of remaining dissolved organic nitrogen has to be mineralized in order to be eliminated from process water, e.g., by nitrification and denitrification. The development of adequate solutions is the subject of current and future research.

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Institutional Review Board Statement: This study did not involve any humans or animals, therefore this statement is excluded.

Informed Consent Statement: This study did not involve any humans or animals, therefore this statement is excluded.

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

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Conflicts of Interest: The authors declare no conflict of interest.

Appendix A

Table A1. ANOVA for the model of HHV. DF: degrees of freedom, SS: sum of squares, MS: mean squares.

Source	DF	Sequential SS	Adjusted SS	Adjusted MS	F-Value	<i>p</i> -Value
Model	9	16,817,438	16,817,438	1,868,604	16.38	0.003
Linear	3	16,545,650	16,545,650	5,515,217	48.33	0.000
T (Temperature, °C)	1	14,284,513	14,284,513	14,284,513	125.18	0.000
t (time, h)	1	1,168,156	1,168,156	1,168,156	10.24	0.024
pH (pH-value, -)	1	1,092,981	1,092,981	1,092,981	9.58	0.027
Quadratic	3	38,745	38,745	12,915	0.11	0.949
T^2	1	15	218	218	0	0.967
t^2	1	33,345	35,235	35,235	0.31	0.602
pH ²	1	5384	5384	5384	0.05	0.837
2-Way Interactions	3	233,044	233,044	77,681	0.68	0.601
T∙t	1	66,178	66,178	66,178	0.58	0.481
T∙pH	1	153,468	153,468	153,468	1.34	0.299
t∙pH	1	13,398	13,398	13,398	0.12	0.746
Error	5	570,565	570,565	114,113		
Lack of fit	3	535,270	535,270	178,423	10.11	0.091
Pure error	2	35,296	35,296	17,648		
Total	14	17,388,003				

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Table A2. ANOVA for the model of DOC. DF: degrees of freedom, SS: sum of squares, MS: mean squares.

Source	DF	Sequential SS	Adjusted SS	Adjusted MS	F-Value	<i>p</i> -Value
Model	9	5,431,550	5,431,550	603,506	13.25	0.005
Linear	3	4,789,919	4,789,919	1,596,640	35.06	0.001
T (Temperature, °C)	1	4,343,878	4,343,878	4,343,878	95.38	0.000
t (time, h)	1	161,028	161,028	161,028	3.54	0.119
pH (pH-value, -)	1	285,012	285,013	285,013	6.26	0.054
Quadratic	3	443,294	443,294	147,765	3.24	0.119
	1	210,109	198,164	198,164	4.35	0.091
t^2	1	172,770	156,433	156,433	3.43	0.123
pH^2	1	60,416	60,416	60,416	1.33	0.302
2-Way Interactions	3	198,338	198,338	66,113	1.45	0.333
T·t	1	105,625	105,625	105,625	2.32	0.188
T∙pH	1	66,306	66,306	66,306	1.46	0.282
t∙pH	1	26,406	26,406	26,406	0.58	0.481
Error	5	227,723	227,723	45,545		
Lack of fit	3	80,706	80,706	26,902	0.37	0.789
Pure error	2	147,017	147,017	73,508		
Total	14	5,659,273				

Table A3. ANOVA for the model of NH_4 -N. DF: degrees of freedom, SS: sum of squares, MS: mean squares.

Source	DF	Sequential SS	Adjusted SS	Adjusted MS	F-Value	<i>p</i> -Value
Model	9	492,059	492,059	54,673	62.54	0.000
Linear	3	475,817	475,817	158,606	181.41	0.000
T (Temperature, °C)	1	394,938	394,938	394,938	451.73	0.000
t (time, h)	1	79,501	<i>7</i> 9,501	79,501	90.93	0.000
pH (pH-value, -)	1	1378	1378	1378	1.58	0.265
Quadratic	3	10,266	10,266	3422	3.91	0.088
T^2	1	9891	9896	9896	11.32	0.02
t^2	1	98	74	74	0.08	0.783
pH^2	1	276	276	276	0.32	0.598
2-Way Interactions	3	5977	5977	1992	2.28	0.197
T∙t	1	1914	1914	1914	2.19	0.199
T∙pH	1	156	156	156	0.18	0.69
t∙pH	1	3906	3906	3906	4.47	0.088
Error	5	4371	4371	874		
Lack of fit	3	417	417	139	0.07	0.971
Pure error	2	3954	3954	1977		
Total	14	496,431				

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Table A4. ANOVA for the model of NH_4 -N/TN. DF: degrees of freedom, SS: sum of squares, MS: mean squares.

Source	DF	Sequential SS	Adjusted SS	Adjusted MS	F-Value	<i>p</i> -Value
Model	9	965,646	965,646	107,294	74.06	0.000
Linear	3	955,835	955,835	318,612	219.92	0.000
T (Temperature, °C)	1	823,866	823,866	823,866	568.66	0.000
t (time, h)	1	112,038	112,038	112,038	77.33	0.000
pH (pH-value, -)	1	19,931	19,931	19,931	13.76	0.014
Quadratic	3	4239	4239	1413	0.98	0.474
T ²	1	2707	2272	2272	1.57	0.266
t ²	1	0.511	0.625	0.625	0.43	0.54
pH^2	1	1.022	1.022	1.022	0.71	0.439
2-Way Interactions	3	5571	5571	1857	1.28	0.376
T·t	1	3801	3801	3801	2.62	0.166
T∙pH	1	0.149	0.149	0.149	0.1	0.762
t∙pH	1	1622	1622	1622	1.12	0.338
Error	5	7244	7244	1449		
Lack of fit	3	6296	6296	2099	4.43	0.19
Pure error	2	0.948	0.948	0.474		
Total	14	972,890				

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