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An Asian Summer Monsoon-Related Relative Humidity Record from Tree-Ring δ^{18} O in Gansu Province, North China

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Abstract: The monsoon fringe region in North China (NC) is also an ecologically fragile zone. Improving our comprehension of the paleoclimate variations and their driving mechanisms in this region has great significance for environmental protection and agricultural economic development. In order to provide more reliable data for future climate forecasting and reduce the effects of climatic disasters in NC, we established a 328-year stable oxygen isotope (δ^{18} O) chronology based on four *Pinus tabulaeformis* Carr. from Mt. Hasi, Gansu Province, and found that the tree-ring δ^{18} O inherited the signals of summer (July–August) monsoonal precipitation $\delta^{18}O(\delta^{18}O_P)$. Correlation function analysis indicated that the tree-ring δ^{18} O series responded significantly to the observed local relative humidity from July to August (RH_{IA}) with r = -0.65 (n = 55, p < 0.001). Based on the clear physiological mechanism, we reconstructed the RH_{IA} variations from 1685 to 2012 using a transfer function. Our reconstruction was very stable and had strong spatial representativeness, it was significantly positively correlated with Asian summer monsoon (ASM) indices, indicating that our reconstruction reflected the variations of ASM to a large extent. The RHIA series successfully captured the weakening of the ASM since the 1930s. There was a close connection between the reconstructed sequence and the East Pacific sea surface temperature (SST). Further analyses revealed that El Niño-Southern Oscillation (ENSO) and Pacific Decadal Oscillation (PDO) may play important roles in the summer monsoon precipitation in NC.

Keywords: tree-ring; North China; Asian summer monsoon; ENSO; PDO

1. Introduction

The Asian monsoon system is an active and complex part of the global climate system [1–3], influencing the agricultural production and economic development of nearly half the human population. Understanding its variation history, characteristics, and driving mechanisms is of considerable significance in solving various environmental problems in the context of global warming [4], such as frequent occurrence of floods and droughts, glacial ablation, and extreme climatic disasters. The Asian monsoon brings a lot of moisture to eastern and southern Asia in summer. During winter, the direction of air flow changes, leading to heavy rains over Indonesia, north Australia, and the southern Pacific zones. With the continuous progression of research on ASM, modern meteorological observations



(most Chinese meteorological records begin in the 1950s) are too short to recognize the historical variations of the ASM [5,6]. Therefore, some new proxy indicators have been put forward, including tree-rings, stalagmites, and lake records [7]. Compared with other suggested proxies, tree-ring has the characteristics of accurate dating, high resolution, and wide distribution [8–12]. Tree-ring width, density, and stable isotopes are effective methods that can be used to study long-term climate changes [13,14]. Nowadays, with the development of analytical technology, tree-ring stable isotopes have become a reliable proxy for reconstructing paleoclimate variations with the advantages of precise physiological mechanisms [14], more reliable climate signals [15–19], and direct usability in climate reconstruction without detrending [20–22].

Almost all of China is affected by the Asian monsoon, and rapid changes in monsoon intensity are likely to cause climatic disasters. In particular, the frequent occurrence of extreme weather events in recent years has severely affected people's living conditions and hindered the development of the social economy. A significant drought occurred in 2013 and 2014, and caused substantial economic losses in 13 provinces [23]. Massive flooding in 2016 led to serious damages in 28 provinces. In the autumn of 2016, an extended drought in Tianshui and Dingxi, Gansu Province, affected 6.28 million people, and 990,000 hectares of crops failed. Therefore, it is apparent that the study of the ASM in China is a pressing topic [7].

To date, several studies of hydroclimate variations in the monsoon fringe region have been carried out. For instance, June-August relative humidity (RH) variations over the past 205 years were reconstructed by tree-ring δ^{18} O in Ordos [7], and the reconstruction significantly correlated with existing ASM indices. April–September RH variations on Mt. Yaoshan were reconstructed [24], which successfully detected the "Ding-Wu Disaster". The July-August RH reconstruction in the Mt. Shimen region indicated that ENSO influenced the ASM and affected RH variations [25]. Additionally, the above studies captured the fact that NC has continued to be dry, and the ASM seemed to have weakened since the 1930s. Using ring-width records, it was found that this aridification trend can be related to the decreasing precipitation [17,26,27]. Mt. Hasi is located in the monsoon marginal region. It is located in a semi-arid climate zone, and the precipitation is the main limiting factor for tree growth [28]. A previous tree-ring study involved the reconstruction of a Standardized Precipitation Evapotranspiration Index (SPEI) based on ring width over the past 283 years. Tree growth responded positively to SPEI over long time scales, because it was capable of resisting water deficits but lacked a rapid reaction to drought. The10-month scale SPEI was selected to reconstruct hydroclimate variations, and some obvious drought events were captured, such as continuous drought from 1928 to 1930 and the significant aridification trend from the 1950s onwards [28]. However, for such a critical and sensitive area, these few hydroclimate results are not enough to give a deep understanding of regional climatic variations. Our principal objective was to verify whether the ASM has a weakening trend and to compare our results with published data to explore the large-scale oceanic-atmospheric coupling mechanisms affecting NC.

2. Materials and Methods

2.1. Study Area Situation

Our sampling site (37° N, 104°36′ E, 2400–2700 m a.s.l.) was located on Mt. Hasi, near the upper reaches of the Yellow River (Figure 1). The vegetation in this forest is complex and diverse, and *Pinus tabulaeformis* Carr. is the dominant local tree species, mostly growing on the shady slopes at an altitude of 2200–2700 m, with sparse distribution. The soil at the sampling site is thin dark brown soil mixed with some rocks, with a thickness of 20–40 cm. We collected 50 cores from 26 trees in September 2013. The distance between any two of the trees we sampled was approximately within 3 km, the purpose was to ensure that all samples came from the same climate condition, then we considered that the climate signals they contained were consistent.



Figure 1. Sampling site, nearby meteorological stations, and compared sites.

2.2. Tree-Ring Stable Oxygen Isotopes Experimental Method

The width of each annual ring was measured by the LINTAB measuring table (Rinntech, Germany) with an accuracy of 0.01 mm, and the COFECHA program was used for quality control and to ensure accurate calendar years of each ring [29]. Based on the successfully cross-dated tree-ring series, we developed a ring-width chronology using the ARSTAN program [30]. When removing age-related signals, we used negative exponential curve, straight line of negative slope, or horizontal line to fit each measurement series [31]. In our study, four samples from different trees without missing rings (or few missing rings) were selected for tree-ring stable oxygen isotopes studies and named as HS18A (1705-2012 CE), HS10B (1696-2012 CE), HS28A (1685-2012 CE), and HS32B (1914-2012 CE). We put the core samples under a microscope and peeled the rings off year by year using a sharp knife. Because the boundaries between earlywood and latewood in the same year were difficult to separate, the ring samples were cut annually and put in glass tubes. The Jayme–Wise method was used to extract α -cellulose [14,32]: (1) the sample was bathed in a mixture of toluene and ethanol (2:1) at 60°C for 1 h; (2) the sample was bathed in acetone solution for 1 h at 60 °C; (3) the sample was exposed three times to a mixed solution (NaClO₂ and acetic acid) water bath at 80 °C; (4) the sample was bathed in NaOH (17.5%) solution at 80 °C for 45 min and the reaction product was washed until a neutral pH was reached; (5) the cellulose was ultrasonically crushed and freeze-dried. Approximately 0.12–0.16 mg of α -cellulose was sealed into a silver capsule. We used a Delta V Advantage isotope ratio mass spectrometer connected to a high-temperature conversion elemental analyzer (TC/EA) to determine the δ^{18} O in α -cellulose. We inserted a MERCK cellulose (27.7%, Darmstadt, Germany) every eight samples to calibrate the experimental results. The δ^{18} O was calculated as

$$\delta^{18}O = (R_{\text{sample}}/R_{\text{standard}} - 1) \times 1000 \tag{1}$$

where R_{sample} and $R_{standard}$ are the ¹⁸O/¹⁶O ratios in the sample and standard, respectively. The measurement accuracy is 0.2%.

2.3. Meteorological Data

Haiyuan (36°20' N, 105°23' E, 1854 m a.s.l., 1958–2012 CE) and Huajialing (35°14' N, 105°6' E, 2450 m a.s.l., 1958–2012 CE) meteorological stations are near our sampling site, and in the same climate zone. The meteorological data are complete and there is no record of relocation (Figure 1), so we average the climate data from the two stations to represent the regional climate. As shown in Figure 2, the annual total precipitation in the study area during 1958–2012 CE was 431.00 mm, and the maximum precipitation period was from July to September, accounting for 56.18% of the whole year precipitation. July (17.48 $^{\circ}$ C) was the warmest month, and the January (-7.56 $^{\circ}$ C) was the coldest. The mean RH of the total year is 60.99%, September was the wettest month with a humidity of 73.59%, and December was the driest month with a humidity of 53.05%. The meteorological data were downloaded from the China Meteorological Service Center (http://data.cma.cn/). We also obtained the δ¹⁸O_p data of Xi'an and Shijiazhuang from the Global Network of Isotopes in Precipitation project (GNIP, http://www-naweb.iaea.org) to compare with our tree-ring δ^{18} O sequence. Aiming to explore the spatial representativeness of our reconstruction, we also used global grid precipitation data (CRUTS 4.03, 1958–2012 CE). Additionally, the correlations between reconstructed series and ENSO-related indices were calculated, such as SST (NIÑO4, NIÑO3.4, NIÑO3, and NIÑO1+2 from ERSST, Kaplan and Hadley Center data sets), the Multivariate ENSO Index (MEI from ESR), and the Southern Oscillation Index (SOI from NCEP), the above data were all retrieved from the Royal Netherlands Meteorological Institute Climate Explorer (http://www.knmi.nl/).



Figure 2. Distributions of precipitation, temperature and RH from Haiyuan and Huajialing meteorological stations from 1958 to 2012 as monthly averages.

2.4. Statistical Methods

We used Pearson's correlation coefficient (*r*) and partial correlation to explore the response of tree-ring δ^{18} O to climate factors in the study area. The mean interseries correlations (Rbar) and the expressed population signal (EPS) were calculated based on 30-year windows with a lag of 15 years over the period of 1685–2012 CE [33].The statistical parameters used to reconstruct the equation included explained variance (R^2), explained variance after adjusting for degrees of freedom (R^2_{adj}), *F* value, *p* value, and Durbin–Watson value (D/W).The split calibration-verification model was used

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to test the stability of the regression equation [34,35]. Firstly, we calibrated the meteorological data for one subperiod (1958–1984 CE, 1986–2012 CE), and then validated the reconstruction model by the remaining data (1985–2012 CE, 1958–1985 CE). The statistical parameters used in this process were sign test (*ST*), reduction of error test (*RE*), coefficient efficiency (*CE*), and product means test (*t*).

A multi-taper method (MTM) spectral analysis was performed to detect the periodicities in the reconstructed series [36]. Ensemble empirical mode decomposition (EEMD) was employed to decompose the reconstruction series, and each series was named as an intrinsic mode function (IMF) [37].

3. Results

3.1. The Chronology of Tree-Ring $\delta^{18}O$

We used the numerical mix method (NMM) [15,24] to synthesize four individual δ^{18} O series into a brand-new sequence. This method can be used to avoid the contingency of a single sample effectively [15]. The correlations between the four individual tree-ring δ^{18} O series were very significant, and the composite sequence was significantly positively correlated with individual series, which represented the variations of the local tree-ring δ^{18} O very well (Table 1 and Figure 3a). Rbar (0.57–0.82) and EPS (0.80–0.93) are shown in Figure 3b, where EPS indicates the degree of deviation of the chronology from infinitely replicable hypothetical chronology. EPS values greater than 0.80–0.85 are generally consider to capture conventional regional signals [33]. Statistical characteristics of all series are shown in Table 2.

Table 1. Correlations between the individual and composite δ^{18} O series (*r*, *n*).

Series	18A	10B	32B	28A
10B	0.59, 308	-	-	-
32B	0.69, 99	0.65, 99	-	-
28A	0.69, 308	0.64, 317	0.68, 99	-
composite	0.86, 308	0.86, 317	0.87, 99	0.90, 328

³⁸ 18A 10B32B 28A composite 36 $^{18}\mathrm{O}_{(\%)}$ 32 ŝ 30 28 26 1.0 (b) 0.9 0.8 Coefficient 0.7 0.6 EPS 0.5 Rbar 0.4 1680 1720 1760 1800 1840 1880 1920 1960 2000 Year

Figure 3. (a) The four individual and the composite tree-ring δ^{18} O time series. (b) The mean interseries correlations (Rbar) and the running expressed population signal (EPS) were calculated using 30-year windows with a lag of 15 years.

n represents the number of samples. All p < 0.001.

Statistical Parameters	18A	10B	32B	28A	Composite
Length (years)	308	317	99	328	328
Maximum (‰)	35.76	36.33	34.87	35.74	35.23
Minimum (‰)	27.97	26.63	29.21	27.31	27.31
Mean (‰)	32.07	31.31	32.31	31.54	31.68
AR1	0.28	0.52	0.38	0.32	0.36
Standard					
deviation (‰)	1.29	1.65	1.22	1.41	1.30
Skewness	-0.06	0.09	-0.27	-0.07	-0.1
Kurtosis	-0.17	0.21	-0.71	0.27	0.16

Table 2. Statistical characteristics of δ^{18} O time series.

AR1 represents the first-order autocorrelation.

3.2. Climate Response

The correlation analysis indicated that the composite tree-ring δ^{18} O was most significantly related to the RH_{JA} values recorded by the Haiyuan and Huajialing meteorological stations (1958–2012 CE) with r = -0.65 (n = 55, p < 0.001). From April of the previous year to October of the current year, there was no correlation between composite δ^{18} O sequence and temperature. The correlation between δ^{18} O chronology and precipitation was not significant except July of the current year (Figure 4). These results indicate that RH is the dominant factor controlling the δ^{18} O fractionation of trees in the Mt. Hasi region, rather than precipitation and temperature. In arid and semi-arid areas, δ^{18} O incellulose can be regarded as an indicator of RH, because during δ^{18} O fractionation, the amount of evaporation depends on stomatal conductance and the vapor pressure, which both have a close relationship with RH [14,19,25,38,39]. δ^{18} O is more likely to be enriched under low-RH conditions; thus, a negative correlation exists between tree-ring δ^{18} O and RH [18].



Figure 4. Correlation analysis of tree-ring δ^{18} O chronology and the climatic factors during 1958–2012 CE.

Since RH has a significant relationship with precipitation and temperature, we performed a partial correlation analysis between tree-ring δ^{18} O and the observed climate factors. When the temperature and precipitation from July to August were fixed, tree-ring δ^{18} O was negatively correlated with RH_{JA} (r = -0.61, r = -0.56); when RH_{JA} was fixed, tree-ring δ^{18} O was not related to the temperature and precipitation from July to August (Table 3). The differences between RH and precipitation may explain these results, precipitation refers to the total amount of rainfall, snow, and hail that reaches the ground, which represents a gauge of weather phenomena. RH is the transfer of evaporation and the process of water vapor migration, representing a complicated environmental system [24]. Precipitation and temperature have an indirect effect on the fractionation of tree-ring δ^{18} O through RH, which also explains why the RH is the dominant factor in δ^{18} O fractionation.

Table 3. Partial correlation analysis of composite δ^{18} O time series and meteorological data from July to August (1958–2012 CE).

Controlled Variable	$\delta^{18}O~VS~Mean~T_{JA}$	δ^{18} O VS P _{JA}	δ^{18} O VS RH _{JA}
Mean T _{IA}	-	-0.31	-0.61 *
P _{IA}	0.12	-	-0.56 *
RH _{JA}	-0.08	0.03	-

Mean T_{JA} represents July–August temperature, P_{JA} represents July–August precipitation, RH_{JA} represents July–August relative humidity. * represents p < 0.01.

3.3. Reconstruction of RH_{IA} during 1685–2012 CE on Mt. Hasi

According the above analyses, RH_{JA} on Mt. Hasi was reconstructed by the following transfer function

$$RH_{JA} = -3.38 \times \delta^{18}O + 180.16$$
(n = 55, r = -0.65, R² = 0.42, R²_{adj} = 0.41, F = 38.81, p < 0.0001, D/W = 2.21) (2)

where *r* is the correlation coefficient between RH_{JA} and tree-ring δ^{18} O, R^2 is the explained variance, and R^2_{adj} is the explained variance after adjusting freedom degrees. The *D*/W value [40] is used to test the first-order autocorrelation in the reconstruction series. When n = 55, a *D*/W value between 1.59 and 2.41 indicates that there is no first-order autocorrelation. Furthermore, we used the split-sample method to examine Equation (2). Both *RE* and *CE* were positive, and *RE* was greater than *CE* (Table 4), indicating that our reconstruction was stable [35].

Table 4. Characteristics of calibration and verification for RH_{JA} reconstruction on Mt. Hasi.

Calibratio	n			Verificatio	n				
Period	r	ST	t	Period	r	RE	CE	ST	t
1958–1984	0.707 **	19+/8- *	5.285 **	1985–2012	0.566 **	0.298	0.221	20+/8-*	4.818 **
1986-2012	0.565 **	21+/6- **	4.87 **	1958–1985	0.707 **	0.467	0.43	21+/7- **	5.154 **
1958-2012	0.65 **	41+/14- **	6.902 **	-	-	-	-	-	-

* represents p < 0.05, ** represents p < 0.01.

As shown in Figure 5, during the common period (1958–2012 CE), the reconstructed RH_{JA} had an excellent consistency with the observed RH_{JA} , and our reconstruction tracked the low (Figure 5a) and high (Figure 5b) frequencies of the original records very well. The reconstructed RH_{JA} in the Mt. Hasi area over the past 328 years is shown in Figure 6.



Figure 5. Comparisons between RH_{JA} of observation and reconstruction in 1958–2012 CE: (**a**) original data, (**b**) first-order difference data.



Figure 6. RH_{JA} reconstruction during 1685–2012 CE. The black curve was smoothed with a 10-year low pass filter. The red line indicated the decreasing RH_{JA} (drying) tendency in the Mt. Hasi study region since the 1930s.

3.4. Periodicities of the RH_{IA} Reconstruction

We used the MTM method to analyze the periodicities of the reconstructed sequence. The reconstruction displayed 31, 12–12.5, 6.3, 5.1–5.2, 4.2–4.3, 3.4–3.5, 3, 2.5–2.6, 2.2, and 2 years quasi-cycles at higher than 90% confidence level (Figure 7). In addition, the RH_{JA} reconstruction was decomposed into seven IMFs by the EEMD method. As shown in Figure 8, IMF1 and IMF2 had the highest variance contributions, accounting for 63.29%, representing interannual changes. IMF3 and IMF4 accounted for 11.56% and 10.92% respectively, representing interdecadal changes.



Figure 7. Multi-taper method spectrum analysis results of RH_{JA} from 1685 to 2012. The red solid line and blue dashed line indicate the 95% and 90% confidence levels respectively.



Figure 8. Results of the EEMD on RH_{JA} reconstruction. T represents the periodicities, VC represents variance contributions, IMF represents intrinsic mode function.

4. Discussion

4.1. Connection between Tree-Ring $\delta^{18}O$ and Precipitation $\delta^{18}O$

In China, ASM brings high amounts of water vapor from marine sources. As the water vapor moves inland, δ^{18} O decreases via Rayleigh fractionation with continuous rain [24]. The water in trees comes from the soil, and the isotopic signals in trees come from the isotopic signals of rainfall [14]. The tree-ring δ^{18} O inherits the δ^{18} O of atmospheric precipitation and can reflect large-scale water vapor

cycle processes [14]. In our study, we compared tree-ring δ^{18} O on Mt. Hasi with data from two nearby stations (Xi'an and Shijiazhuang, data from GNIP). Because the records were limited (about 10 years) and there were some defects, we chose a reliable period for comparison, and the results were shown in Figure 9. Because of the amount effect (the negative relationship between the amount of precipitation and $\delta^{18}O_p$) [41], although there were some differences in the $\delta^{18}O_p$ values of both stations, the variation patterns of $\delta^{18}O$ and $\delta^{18}O_p$ during the observation period were similar, which indicated that the tree-ring $\delta^{18}O$ on Mt. Hasi integrated the $\delta^{18}O$ signal of precipitation on a large scale [25].



Figure 9. Comparison between tree-ring δ^{18} O and GNIP δ^{18} O_p (July–August): (a) Xian, (b) Shijiazhuang.

4.2. Variation Features of RH Reconstruction in the Mt. Hasi Region and Its Relationship with ASM

Our reconstruction is shown in Figure 6. The mean RH_{JA} was 73.10% and the standard deviation (σ) was 4.41%. Anextremely dry year was defined as one with a humidity value lower than the mean – 1 σ (68.69%), and an extremely wet year as having a value higher than the mean + 1 σ (77.51%). In the past 328 years, there were 48 extremely dry years and 55 extremely wet years. From 1930 to 2012, there were only 5 extremely wet years, but 20 extremely dry years, accounting for 24.10% of the period, indicating the trend of aridification. This trend was also evident in Mt. Xinglong precipitation reconstruction [18], Mt. Yaoshan and Mt. Shimen RH reconstruction [24,25]. All these results suggest that the aridification tendency is widespread in NC.

Although Mt. Hasi is located in northwest China, it is still within the monsoon area. The ASM system contains the East Asian summer monsoon (EASM) and the South Asian summer monsoon (SASM, Indian summer monsoon), which are independent but interplay with each other [7]. The ASM usually affects the coast of southern China in early March, and then moves northward in two ways: gradual and rapid. It reaches the north of the Yellow River in July, which is the peak period of the ASM. In early September, it begins to retreat from north to south and wholly withdrawn in mid-October. The precipitation from July to August in NC is mostly affected by the strength of the ASM. Considering that the mean precipitation controls RH_{JA} in this region, RH_{JA} should have a connection with the ASMs. We calculated the correlations between RH_{JA} and several representative EASM indices [42,43] and SASM indices [44,45]. The results showed that the reconstructed sequence was significantly positively correlated with the ASMs (Table 5).

Monsoon Indices	RH _{JA} (1958–2012)
SASMI [44] ^a	0.39, 0.01
EASMI [42] ^b	0.30, 0.05
EASMI [43] ^c	0.32, 0.01
SASMI [45] ^d	0.27, 0.05

Table 5. Correlations between RH_{IA} and ASM indices (*r*, *p*).

^a SASMI is considered to represent a broad measure of the South and Southeast Asian (0–20° N, 40–110° E) monsoon intensity, based on differences between the zonal wind fields at the 850 and 200 hPa levels [44]. ^b EASMI is defined as the zonal wind shear (U₈₅₀–U₂₀₀) of 850 and 200 hPa in the region (0–10° N, 100–130° E) and the average monthly 160° E sea level pressure within 10–50° N minus the 110° E sea level pressure difference and normalized separately, with the two indexes added to indicate the East Asian monsoon [42]. ^c I_{EAP} = Nor (–0.25 Z_s['] [20° N, 125° E] + 0.50 Z_s['] [40° N, 125° E] –0.25 Z_s['] [60° N, 125° E]), where Z['] means the seasonal-mean 500 hPa geopotential height in summer minus climatological-mean geopotential height, $Z_s^{'} = Z^{'} \sin 45^{\circ}/\sin_{\lambda}$, λ is the latitude. Nor (X) means the normalization of X [43]. ^d SASMI is defined as areally-averaged seasonally dynamical normalized seasonality (DNS) index at 850 hPa within the South Asian domain (5–22.5° N, 35–97.5° E) [45].

Next, we focused on SASM as an example for further analysis. Although the seasonal precipitation over South Asia shows complicated patterns, the Indian summer monsoon rainfall time series can represent the index of Indian Summer Monsoon (ISM) intensity on interannual timescales [46]. Therefore, we selected the summer core-monsoon Indian rainfall (1871–2008 CE) data to represent the ISM intensity variations and compare with the reconstructed RH_{IA} sequence (Figure 10).



Figure 10. Comparison between reconstructed RH_{JA} and ISM precipitation during 1871–2008 CE. The black and blue thick lines were smoothed with a 10-year low-pass filter.

The two series were significantly positively correlated with r = 0.21 (n = 138, p < 0.01), and the decadal correlation coefficient was 0.33. In particular, for the 1930–2008 CE period (the red border area in Figure 10), the decadal correlation coefficient was 0.72. A possible reason for this is that the relation between water transport from the ISM and that over East Asia in NC is an antiphase relationship [47]. Since the 1930s, ASM seems to have been weakening, ISM water vapor transmission is weak and more ISM moisture reaches East Asia, meaning that the correlation between NC monsoon precipitation and ISM will increase. There is a close relationship between the ISM water vapor transport and the intensity of the western Pacific subtropical high in its southwestern part; the weaker (stronger) the ISM water vapor transport, the stronger (weaker) the western Pacific subtropical high in its southwestern part, which leads to more (less) water vapor being transported to East Asia [47]. We demonstrated that the reconstructed RH_{IA} series had a significant positive correlation with ASM from multiple

angles (Table 5 and Figure 10), and it represented the intensity variations of ASM on a large time scale. This relationship could be explained by the strong monsoon bringing more precipitation and thus high humidity, and vice versa [7].

The extremely dry period in the last three centuries was 1710–1720 CE, and 1713 (reconstructed RH_{JA} was 62.03%) was the driest year. According to the historical records, Jiuquan, Ganzhou, and Dongle experienced a drought in summer and autumn in 1713. Pingliang, Jingzhou, and Huating were extremely dry, crops were not harvested, and the people starved to death. Jingyuan suffered drought, the government exempted people from taxation and distributed food [48]. The wettest period was from 1865 to 1870. Two flood events were recorded in1867 (reconstructed RH_{JA} was 77.35%) and 1868 (reconstructed RH_{JA} was 83.03%). According to the literature, "In the summer of 1868, heavy rain from July to mid-August, and the Yellow River flooded many houses and farmland" [48].

Since the mean precipitation from July to August controls RH_{IA} in the study area, we calculated the spatial correlation between RH_{IA} and global grid precipitation CRUTS 4.03 in 1958–2012 CE (Figure 11). The significant spatial correlation covered central Gansu Province, northern Ningxia, northern Shaanxi, and central Inner Mongolia. This result indicated that our reconstruction was able to represent the summer hydrological climate variations over a vast region in NC. Additionally, several paleoclimate reconstructions have been published near our study area, which provided an excellent opportunity to verify our reconstruction sequence and obtain more information about climate changes. The reconstructed RH_{IA} was in reasonable agreement with the tree-ring-based reconstruction of precipitation from previous-year July to current-year June on the western Loess Plateau (r = 0.26, n = 328, p < 0.001 [49], and the decadal correlation coefficient was 0.42 (Figure 12b). We also compared our reconstruction with the nearest dryness/wetness index (DWI, 38°45' N, 106°15' E) [50] from 1685 to 2000 (Figure 12c), and the two series were significantly negatively correlated with r = -0.22 (n = 316, p < 0.001). Moreover, our reconstruction was significantly positively correlated with the tree-ring δ^{18} O-based RH_{IIA} reconstruction in Ordos [7] with r = 0.37 (n = 205, p < 0.001). After a 10-year low-pass filtering process, these correlations all increased. We noted the drying trends in all sequences since 1930, which also existed in other hydroclimate records in NC [51] and South China [52]. All these results indicate that the weakening of the ASM since the 1930s is a widespread climate phenomenon, which can be attributed to anthropogenic aerosol [53]. The aerosol emissions from Asia alone can affect the intensity of the global summer monsoon, mainly limited to the East Asia because of its proximity to the emission source. Liu [49] reconstructed the regional precipitation on the Loess Plateau and based on modeling results, put forward the suggestion that the weakening trend of ASM from 1934–2013 was mainly caused by increasing anthropogenic aerosol emissions.



Figure 11. Spatial correlation between RH_{JA} and CRUTS 4.03 (July–August) during 1958–2012 CE: (a) observed RH_{JA}, (b) reconstructed RH_{IA}. Mt. Hasi was the sampling site in this study.



Figure 12. Comparisons of tree-ring based hydroclimate reconstructions. (**a**) The RH_{JA} reconstruction in this study, (**b**) a tree-ring width-based precipitation reconstruction on the western Loess Plateau [49], (**c**) a dryness/wetness index (DWI) [50] near the sampling site (38°45′ N, 106°15′ E), (**d**) a tree-ring δ^{18} O-based RH_{JJA} reconstruction in Ordos [7]. The red lines were smoothed with a 10-year low-pass filter. The arrow lines indicated the trend of aridification since the 1930s.

4.3. Exploration of the Juvenile Effect

Studies on the juvenile effect of tree-ring stable isotope series have been mostly based on empirical analyses, and the mechanism is still being explored [54]. It is known that tree-ring width series can be influenced by the juvenile effect, because the growth of a tree is not only affected by external climate changes, but also controlled by its genetic characteristics. Therefore, the ring-width sequence also contains physiological information about the tree. The ring width is relatively narrow when the tree is young, and then increases rapidly with tree age, until it declines again after a maximum. As for whether the juvenile effect affects δ^{18} O series, this remains unclear. There was no juvenile effect found

in the oak cellulose δ^{18} O in western France, but there was a pronounced juvenile effect in its δ^{13} C and width series [55,56]. Leavitt [57] found that the tree-ring δ^{13} C exhibited a downward trend in the early period of tree growth, but cellulose δ^{18} O did not. The tree-ring δ^{18} O values of young juniper trees exhibited a juvenile effect in northern Pakistan [20]. Labuhn [58] reported that the δ^{18} O of young oak trees in southwestern France showed a 2‰ upward trend during the first 30 years. In contrast, the δ^{18} O values of pines in Spain changed by -0.089% every 10 years in the first 100 years [21]. In NC, most results to date show that cellulose δ^{18} O values have no noticeable juvenile effect [7,51,59]. We found a downward trend (-0.07%/year) in the first 20 years (1685–1705 CE); whether this was the effect of climate signals or the existence of the juvenile effect, it was important to differentiate this for accurate climate research.

We hypothesized that the downward trend of cellulose δ^{18} O was caused by actual climate changes, and that from 1685 to 1705, there must have been a process of RH increase in the study area, because the tree-ring δ^{18} O was significantly negatively correlated with RH (Figure 4). This wetting process was captured by the surrounding paleoclimate reconstructions (area I in Figure 12). For example, the ring width-based reconstruction on the western Loess Plateau exhibited a 2.75 mm/year increase from 1685 to 1705 (Figure 12b). The nearest grid point of DWI (38°45' N, 106°15' E) showed a downward trend of 0.005/year (Figure 12c). We also prepared a short sample (32B) to verify whether there was a juvenile effect in the tree-ring cellulose δ^{18} O in this study (Figure 3). As shown in Table 1, 32B and the other three cores showed similar variations at the common interval (1914–2012 CE), the correlation coefficients were between 0.65 and 0.69. This was a further evidence indicating that our $\delta^{18}O$ chronology was not affected by the juvenile effect. Additionally, during the young period (1914–1934 CE) of the short core (32B), the RH of the study area followed a pattern of slowly becoming wet first, then rapidly drying, and then quickly becoming wet again. All surrounding reconstructions captured this process (area II in Figure 12). The same dry and wet changes also appeared in the precipitation reconstructionseries of Mt. Helan [26] and Ningwu areas [60]. The above comparisons indicated that the tree-ring δ^{18} O series in this region was not affected by the juvenile effect.

4.4. Possible Factors Affecting RH Changes in the Mt. Hasi Region

We analyzed the periodicities of the reconstructed sequence by MTM method (Figure 7), the 6.3, 5.1–5.2, 4.2–4.3, 3.4–3.5, 3, and 2.5–2.6 quasi-cycles belonged to the ENSO cycle (2–7 years) [61–63]. Previous studies have described the evolution of precipitation anomalies influenced by the two action centers of ENSO during the outbreak and recession processes. One of the significant negative correlations affects summer and autumn precipitation in NC. In the developing phase of the El Niño event, convection around the Philippines weakened, and the subtropical high was more southwest, leading to more monsoonal precipitation over the Yangtze–Huaihe River Basin in China, Japan, and South Korea, while the precipitation in NC decreased and the climate was dry. During the attenuation phase of the El Niño, the opposite occurred [64].

ASM and ENSO are inextricably linked [65], and the SST is an indicator of ENSO. We considered that the observed SST data after 1950 was more reliable [66], so we calculated the correlation coefficients between the RH_{JA} sequence and SST, MEI, and SOI (Table 6). Our reconstruction was significantly negatively correlated with NIÑO1+2 and NIÑO3 SST, while the correlations with the NIÑO3.4 and NIÑO4 regions were not as good as East Pacific (EP) regions obviously. Additionally, the 2.8–6.1 cycle in IMF1 and IMF2 (Figure 8, the variance contribution to the RH_{JA} series accounted for 63.29%) also corresponded to the ENSO cycle. All of these results indicate that the ENSO strongly affects the RH_{JA} variations in the Mt. Hasi area. Previous studies used instrumental data to explain the significant negative correlation between NC precipitation and SST in the EP region [1,67], and the key to connect them was a barotropic cyclone over northeast Asia, which comprised two tropical heat sources: one was over South Asia, and another one was over the west of the North Pacific. Anomalous South Asia heating caused a zonal wave pattern over mid-latitude Asia [1], and anomalous western North Pacific heating caused a meridional teleconnection pattern [67]. During the developing phase of ENSO,

the cyclone over northeast Asian displaced southwestward, while the anomalies on the west side of the cyclone reduced the water vapor supply to NC, triggering precipitation below the normal level [68].

SST Region	Data Set	1958–2012 CE	First Difference 1958–2012 CE
NIÑO4	ERSST	-0.20, 55	-0.21
	Hadley Center	-0.15, 55	-0.10
	Kaplan	-0.16, 55	-0.25
NIÑO3.4	ERSST	-0.26, 55 *	-0.31 *
	Hadley Center	-0.22, 55	-0.31 *
	Kaplan	-0.23, 55	-0.33 **
NIÑO3	ERSST	-0.28, 55 *	-0.29 *
	Hadley Center	-0.24, 55	-0.30 *
	Kaplan	-0.27, 55 *	-0.30 *
NIÑO1+2	ERSST	-0.32, 55 *	-0.29 *
	Hadley Center	-0.25, 55	-0.26 *
	Kaplan	-0.31, 55 *	-0.30 *
MEI	-	-0.34, 55 **	-0.44 **
SOI	-	0.28, 55 *	0.37 **

Table 6. Correlations between reconstructed RH_{JA} and July to August NIÑO4, NIÑO3.4, NIÑO3, and NIÑO1+2 sea surface temperature indices from different datasets (*r*, *n*).

* represents 95% confidence level, ** represents 99% confidence level.

Although long-term Pacific SST records are not obtainable for the last three centuries, a number of El Niño and La Niña events have been reported [62]. As shown in Table 7, extremely dry years were quite matched with El Niño events, and most of the extremely dry years in NC followed El Niño events that occurred in the previous or current year. In particular, some extreme (E) and very strong (VS) events seemed to influence the climate of NC for the preceding 2 years [68], such as El Niñoin 1718 (E) and 1719 (S) matched with the extremely dry year 1719, and El Niño in 1926 (E) led to the drought in 1926 and 1927. A possible reason for this is that the ENSO events generally last 18–24 months [62]. The relationships between extremely wet years and La Niña events are shown in Table 8. All the above results suggest that ENSO has a considerable influence on hydroclimate variations in NC.

Furthermore, the inter-decadal period of 20–30 years found by MTM and IMF4 (27.3 year, the variance contribution to the reconstructed series is 10.92%) was very close to the PDO cycle. There is a clear relationship between PDO and ENSO in both time and space scales, and the PDO can be regarded as the inter-decadal climate variability of ENSO [69]. PDO is a robust recurring pattern of ocean-atmosphere climate variability with multi-decadal cycles centered over the mid-latitude North Pacific basin [70]. Many studies have reported that the observed PDO has great impacts on climate changes in NC [71–74]. A comparison between our reconstruction and reconstructed PDO series by MacDonald and Case [75] indicated that there was a close connection over the past three centuries (Figure 13). The correlation was significantly high (r = 0.61, n = 288, p < 0.001) at the inter-decadal scale by using a 25-year moving average because of the 20–30 cycle of PDO [76]. Although the comparison was not very good in some years such as 1920 and 1970, this may be caused by regime shifts of PDO. Overall, PDO has a significant impact on our study area. During the warm phase, the middle and northwest Pacific become cool and EP warms, leading to NC precipitation decrease. During the cool phase, the opposite situation occurs [77,78]. However, the mechanism of this connection is still unclear, which requires more comprehensive observed data for climate simulation and diagnostic analysis.

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Extremely Dry Years (RH _{JA})	El Niño Events (Classify)
1687 (65.20%)	1687 (VS)
1693 (68.61%)	1992 (W)
1701 (66.97%)	1700 (W)
1713 (62.03%)	1713 (M)
1719 (63.45%)	1718 (E); 1719 (S)
1728 (66.21%)	1728 (S)
1737 (67.23%)	1737 (E)
1749 (62.90%)	1748 (M)
1770 (67.20%)	1770 (VS)
1846 (67.10%)	1845 (VS)
1926 (64.17%)	1926 (E)
1927 (68.29%)	1926 (E)
1957 (68.55%)	1957 (S)
1965 (68.48%)	1965 (S)
1972 (65.30%)	1972 (M)
1982 (68.14%)	1982 (E)
1983 (67.44%)	1982 (E)
1987 (66.23%)	1987 (VS)
1988 (66.07%)	1987 (VS)
1991 (68.30%)	1991 (VS)

Table 7. Extremely dry years in the reconstructed RH_{JA} series and the El Niño events defined by Gergis and Fowler [62].

E: extreme. VS: very strong. S: strong. M: moderate. W: weak.

Table 8. Extremely wetyears in the reconstructed RH_{JA} series and the La Niña events defined by Gergis and Fowler [62].

Extremely Wet Years (RH _{JA})	La Niña Events (Classify)
1702 (77.74%)	1702 (M)
1734 (77.52%)	1733 (VS)
1742 (77.84%)	1742 (E)
1751 (78.65%)	1750 (S); 1751 (M)
1754 (80.83%)	1753 (S)
1761 (82.48%)	1761 (M)
1773 (78.54%)	1773 (W)
1802 (77.91%)	1802 (VS)
1803 (80.99%)	1802 (VS)
1805 (79.13%)	1805 (VS)
1806 (79.96%)	1805 (VS)
1870 (82.16%)	1870 (VS)
1875 (80.10%)	1875 (S)
1908 (78.44%)	1908 (S)
1918 (77.83%)	1917 (VS)
1943 (82.29%)	1943 (W)

E: extreme. VS: very strong. S: strong. M: moderate. W: weak.



Figure 13. Comparison between reconstructed PDO series [75] and reconstructed RH_{JA} over the period of 1697–1984 CE (smoothed by 25-year moving average).

5. Conclusions

In this study, we reconstructed RH_{JA} variations on Mt. Hasi since 1685 based on tree-ring $\delta^{18}O$. The spatial analysis between RH_{JA} and global grid precipitation data showed that our reconstruction was reliable and able to represent the hydroclimate variations of NC.

Additionally, there was a close link between the RH_{JA} and ASM indices. The results suggested that the RH_{JA} reconstruction on Mt. Hasi reflected the variations of ASM to a large extent. After comparison with surrounding reconstructions, we found that the current aridification trend has been widespread in NC since the 1930s, which characterized the fact that the ASM continues to weaken. The period 1710–1720 CE was the driest period in the last three centuries, and people suffered from droughts, all of which were recorded in historical documents.

ENSO had a certain influence on the climate variations in the monsoon fringe region. Furthermore, EP ENSO had a more profound impact on our study area. PDO could be regarded as the inter-decadal climate variability of ENSO, and the significant positive correlation between RH_{JA} and reconstructed PDO sequence (r = 0.61, n = 288, p < 0.001, smoothed by 25-year moving average) indicated that large-scale atmospheric circulations influenced hydroclimate variations in NC.

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