

Table S1. Narrative Review Checklist

Section/topic	#	Checklist item	Reported on page or line #
TITLE			
Title	1	Identify the report as a Narrative Review of ...	p. 1
ABSTRACT			
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	p.1
INTRODUCTION			
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	p. 1-2
Objectives	4	Specify the key question(s) identified for the review topic.	p.2
METHODS			
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	p.2 and table 1
DISCUSSION/SUMMARY			
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	p-2-8
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	p.8