

Article



# Nutrient Solution Strength Does Not Interact with the Daily Light Integral to Affect Hydroponic Cilantro, Dill, and Parsley Growth and Tissue Mineral Nutrient Concentrations

# Christopher J. Currey \*, Kellie J. Walters and Nicholas J. Flax

Department of Horticulture, Iowa State University, 2206 Osborn Drive, Ames, IA 50011, USA \* Correspondence: ccurrey@iastate.edu

Received: 24 May 2019; Accepted: 5 July 2019; Published: 17 July 2019



Abstract: Our objectives were to quantify the growth and tissue mineral nutrient concentrations of cilantro (Coriandrum sativum 'Santo'), dill (Anethum graveolens 'Fernleaf'), and parsley (Petroselinum crispum 'Giant of Italy') in response to nutrient solution electrical conductivity (EC) under low and high photosynthetic daily light integrals (DLI). Three-week old seedlings of cilantro, dill, and parsley were transplanted into nutrient-film technique hydroponic systems with one of five nutrient solution EC treatments (0.5, 1.0, 2.0, 3.0, or 4.0 dS·m<sup>-1</sup>) in greenhouses under a low (~7.0 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18.0 mol·m<sup>-2</sup>·d<sup>-1</sup>) DLI. The DLI, but not nutrient solution EC, affected culinary herb growth. For example, fresh mass increased by 21.0 (154%), 17.1 (241%), or 13.3 g (120%) for cilantro, dill, and parsley, respectively, for plants grown under high DLI compared to those grown under a low DLI; dry mass followed a similar trend. Tissue nutrient concentrations were generally affected by either DLI or EC. For those nutrients affected by DLI, concentrations increased with increasing DLI, except for potassium (K; all species) and manganese (Mn; dill). For those nutrients affected by EC, Ca and Mg decreased with increasing EC, while the remaining increased with increasing EC. When our tissue nutrient data are compared to recommended tissue concentrations, the vast majority of elements were either within or above recommended tissue ranges for cilantro, dill, and parsley. Our results demonstrate cilantro, dill, and parsley can be successfully grown across a range of EC, regardless of the light intensity of the growing environment.

**Keywords:** greenhouse; *Coriandrum sativum; Anethum graveolens; Petroselinum crispum;* electrical conductivity; photosynthetic photon flux

# 1. Introduction

Culinary herbs are widely used to enhance the flavors of foods during cooking [1]. While they are grown in fields for large-scale production and processing, fresh-cut culinary herbs are also increasingly grown under protection for year-round and value-added crop production [2]. Culinary herb production in protected culture, including greenhouses, has been increasing concomitantly with the increased popularity in fresh-cut culinary herbs [3–5]. Of the several environmental factors affecting hydroponic culinary herb production, temperature and humidity are generally more favorable and easily managed in controlled environments compared to outdoor field environments; however, mineral nutrition and photosynthetic light must be more actively managed to stimulate plant growth and development [6].

Nutrient solutions serve several functions in hydroponic crop production. In water-culture systems such as nutrient-film (NFT) and deep-flow (DFT) technique systems, nutrient solutions act as a primary substrate for roots, but also provide essential mineral nutrients to plants [7]. In recirculating hydroponic systems, nutrient solutions are recirculated and the pH and electrical conductivity (EC) are

2 of 14

adjusted periodically [8]. The target EC values to which fertilizer solutions are formulated, mixed to, and subsequently maintained at as they recirculate reflect crop requirements for promoting growth and healthy-appearing foliage [6,7]. Low EC values may be used for species with diminished nutrient requirements, while higher solution EC is used for crops with greater nutrient requirements [9]. Subsequently, crop growth may not be promoted and/or plants may be unmarketable due to visual nutrient deficiency symptoms if the EC is too low; or, if the EC is too high, salt stress may suppress growth or excess fertilizer may be poorly utilized [10,11].

In addition to nutrient solution, photosynthetic light has a pronounced effect on culinary herb yields, especially for greenhouse-produced crops. Ambient photosynthetic light varies throughout the course of the year [12], and this variability can affect crop production. During late fall, winter, and early spring, DLI is at seasonally low levels and can be sub-optimal. This can result in longer production schedules to achieve growth targets, or necessitate the use of supplemental lighting to increase DLI [13]. Alternatively, high light intensities can create other challenges, such as managing air temperatures inside the greenhouse with additional thermal energy from high levels of solar radiation. The ambient temperature can affect plant nutrient uptake [6], and nutrient solutions may need be adjusted during different times of the year [14].

We only found one report quantifying the effects of varying nutrient solution EC under different DLI for hydroponically grown culinary herbs [15], though the research only used basil (*Ocimum*) species. While basil is the most popular culinary herb grown, commercial herb producers usually grow a wide variety of genera and cultivars. In contrast to many hydroponic food crops (i.e., tomato, cucumber, pepper, lettuce, and strawberry), culinary herbs encompass a broad diversity of plant taxa, and broader studies on nutrient solution EC and DLI including more genera is warranted. Therefore, the objectives of our study were to quantify the growth responses and tissue nutrient concentrations of cilantro, dill, and parsley grown hydroponically under low or high DLI at a range of nutrient solution EC treatments.

#### 2. Materials and Methods

Sheets of 162-cell phenolic foam propagation cubes (Oasis® Horticubes® XL Multi-seed; Smithers-Oasis, Kent, OH, USA) were placed in a plastic flat (25 cm-wide × 50 cm-long), hydrated with deionized water (DI), and allowed to drain. Two seeds each of cilantro, dill, or parsley (Johnny's Selected Seeds, Albion, ME) were sown per cell, after which flats were immediately placed in an environmental growth chamber (E-41L; Percival Scientific, Perry, IA, USA) with a 24-h target air temperature of 23.0 °C and photosynthetic photon flux density (PPFD) of 390  $\mu$ mol·m<sup>-2</sup>·s<sup>-1</sup> provided by fluorescent lamps from 0600 to 2200 h The temperature and light were measured every 15 s with a naturally-aspirated temperature sensor (TMC1-HD; Onset Computer Corporation, Bourne, MA, USA) in a solar radiation shield (RS3; Onset Computer Corporation, Bourne, MA, USA) and an amplified quantum sensor (SQ-222; Apogee Instruments, Logan, UT, USA), respectively, and averages were logged every 15 min by a data logger (HOBO U12; Onset Computer Corporation, Bourne, MA, USA). Changes to air temperature and light intensity were made, based on logged averages, to maintain target setpoint. Seeds were irrigated daily with deionized water until radical emergence, after which seedlings were provided with deionized water supplemented with 100 mg·L<sup>-1</sup> nitrogen (N) from a complete, balanced, water-soluble fertilizer (Jack's Hydro FeED 16N-1.8P-14.3K; JR Peters, Allentown, PA, USA).

Three weeks after sowing seeds, each cell was thinned to a single seedling and cells were individually transplanted into nutrient-film technique (NFT) hydroponic systems. Each NFT system consisted of troughs that were 10-cm-wide, 5-cm-tall, and 203-cm-long (GT50-612; FarmTek, Dyersville, IA, USA) with a 3% slope. A 151-L reservoir (Premium Reservoir; Botanicare, Chandler, AZ, USA) held nutrient solution, which was delivered to troughs using a submersible water pump (Active Aqua 33-Watt pump; Hydrofarm, Grand Prairie, TX, USA) adjusted to provide ~1 L·min<sup>-1</sup> per trough. Transplants were placed in 3.5-cm-diameter holes cut into the top of the NFT troughs with the base of

the phenolic foam cell resting on the trough bottom on 20-cm centers for a final density of 25 plants per square meter.

Two independent, identical glass-glazed greenhouses (Ames, Iowa, USA; Lat. 42.0° N; elev. 280 m) for the low and high DLI treatments held five NFT systems each. The target DLI for low and high DLI treatments were 7.0 or 18.0 mol $\cdot$ m<sup>-2</sup>·d<sup>-1</sup>, respectively (Table 1). For both DLI treatments, a supplemental PPFD of ~180 µmol·m<sup>-2</sup>·s<sup>-1</sup> from 1000-W high-pressure sodium lamps (PL 3000; P.L. Light Systems, Beamsville, Ontario, Canada) was provided beginning at 0600 and ending at 2200 hr. However, between these times, HPS lamps turned off when outdoor instantaneous light intensity rose above or turned back on when below DLI-dependent set points for more than 15 min. In order to maintain target DLI values within and across replications in time, set points changed throughout each experiment as outdoor ambient PPFD and day length changed, but maintained the same 16-h photoperiod between treatments. Aluminized shade cloth (XLS 15 Revolux; Ludvig Svensson, Kinna, Sweden) was also utilized in the low DLI house to decrease ambient light intensity mid-day to maintain the target DLI between replications when ambient light levels were higher. A 24-hr constant air temperature of 22 °C was maintained with radiant hot-water heating and fog cooling with actual temperatures reported in Table 1. Shade curtains, HPS lamps, heating, and cooling were controlled with an environmental control system (ARGUS Titan; ARGUS Control Systems LTD., Surrey, British Columbia, Canada). The air temperature was measured every 15 s by four temperature probes (41342; R.M. Young Company, Traverse City, MI, USA) in an actively aspirated radiation shield (43502; R.M. Young Company, Traverse City, MI, USA), while the PPFD was measured every 15 s by eight quantum sensors (LI-190SL; LI-COR Biosciences, Lincoln, NE, USA) per greenhouse. Temperature probes and quantum sensors were connected to a datalogger (CR1000 Measurement and Control System; Campbell Scientific, Logan, UT, USA) with means logged every 15 min. Environmental data for three replications of the experiment are presented in Table 1.

**Table 1.** Average (mean  $\pm$ sD) daily light integral (DLI) and air temperature for hydroponic cilantro (*Coriandrum sativum* 'Santo'), dill (*Anethum graveolens* 'Fernleaf'), and parsley (*Petroselinum crispum* 'Giant of Italy') grown in nutrient-film technique hydroponic systems with a range of nutrient solution electrical conductivities (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) for 4 weeks. Data are presented for three replications of the experiment.

Replication	Target DLI (mol⋅m <sup>-2</sup> ⋅d <sup>-1</sup> )	DLI (mol·m <sup>-2</sup> ·d <sup>-1</sup> )	Air Temperature (°C)
1	7.0	$7.5 \pm 1.6$	$21.8\pm0.4$
	18.0	$18.2 \pm 2.0$	$22.1 \pm 0.7$
2	7.0	$7.4 \pm 3.0$	$22.0 \pm 0.3$
	18.0	$17.9 \pm 2.9$	$21.4 \pm 0.6$
3	7.0	$6.3 \pm 2.2$	$22.3 \pm 0.7$
	18.0	$19.2\pm4.4$	$22.2 \pm 0.6$

The nutrient solutions consisted of DI water, MgSO<sub>4</sub>·7H<sub>2</sub>O, and 16N–1.8P–14.3K fertilizer (Jack's Hydro FeED; JR Peters; Table 2) with a 5:1 target N: magnesium (Mg) ratio. The pH was measured daily with a pH probe (HI 981504 pH/TDS/Temperature Monitor; Hanna Instruments, Woonsocket, RI, USA) and adjusted to 6.0 using an alkali (K<sub>2</sub>CO<sub>3</sub>, pH Up; General Hydroponics, Sebastopol, CA, USA) to raise pH or a combination of phosphoric and citric acid (H<sub>3</sub>PO<sub>4</sub> and C<sub>6</sub>H<sub>8</sub>O<sub>7</sub>, pH Down; General Hydroponics) to decrease pH. Electrical conductivity (EC) was measured with a handheld meter (HI 9813-6 Portable pH/EC/TDS Meter; Hanna Instruments) and adjusted to 0.5, 1.0, 2.0, 3.0, or 4.0 dS·m<sup>-1</sup> daily using DI water or concentrated fertilizer (16N–1.8P–14.3K Hydro FeED; JR Peters). The solution was constantly aerated with four 15-cm long air stones (Active Aqua air stone; Hydrofarm) per system attached to a 110-L air pump (Active Aqua commercial air pump; Hydrofarm). Oxygen concentrations (8.3 ± 0.2 mg·L<sup>-1</sup>) in the nutrient solutions were measured daily with a dissolved oxygen meter (HI 9147; Hanna Instruments). Nutrient solutions were continuously circulated through a heater/chiller unit (SeaChill TR-10; TECO, Terrell, TX, USA) to maintain a water temperature of 22.0 °C.

**Table 2.** Nutrient concentrations of hydroponic nutrient solutions for (*Coriandrum sativum* 'Santo'), dill (*Anethum graveolens* 'Fernleaf'), and parsley (*Petroselinum crispum* 'Giant of Italy') grown in hydroponic systems under low (~7.0 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18.0 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC) treatments ranging from 0.5 to 4.0 dS·m<sup>-1</sup> at the beginning of the experiment, and the change ( $\Delta$ ) in concentration from the beginning to the end of the experiment (4 weeks). Each value indicates the mean of three replications.

			Nutrient Concentration (mg·L <sup>-1</sup> )										
Target DLI	EC	Time	Ν	Р	К	Mg	Ca	S	Zn	Mn	Cu	Fe	В
Low	0.5	Initial	52	21	46	12	14	32	0.17	0.1	0.05	0.60	0.08
		$\Delta$	-8	+5	+30	0	+1	-4	-0.05	+0.2	-0.003	+0.20	0
	1.0	Initial	110	47	99	23	29	62	0.39	0.3	0.11	1.37	0.16
		$\Delta$	-09	+2	+55	-2	-2	-7	-0.06	-0.1	-0.007	+0.02	0.003
	2.0	Initial	217	97	204	46	55	112	0.87	0.7	0.23	3.54	0.32
		$\Delta$	-27	-5	+175	-2	-3	-5	-0.10	-0.2	-0.02	0.43	-0.01
	3.0	Initial	320	135	296	76	89	184	1.20	1.1	0.31	4.57	0.49
		$\Delta$	-44	-6	+247	-2	0	-6	-0.08	-0.1	-0.007	+0.09	0
	4.0	Initial	396	191	428	98	117	240	1.72	2.1	0.46	7.25	0.68
		Δ	-46	-10	+203	0	-8	-6	-0.17	+1.5	-0.02	-0.49	-0.01
High	0.5	Initial	53	21	44	13	14	31	0.15	0.1	0.04	0.56	0.08
		$\Delta$	-6	+4	+29	-4	+3	-17	-0.02	+10.1	+0.05	+0.69	+0.03
	1.0	Initial	113	47	91	24	27	61	0.37	0.3	0.1	1.45	0.16
		$\Delta$	-16	+9	+65	-3	+1	-19	-0.18	-0.2	+0.01	+0.04	+0.003
	2.0	Initial	221	92	191	53	54	121	0.76	3.5	0.21	3.2	0.30
		$\Delta$	-29	-26	+136	-8	+7	-24	-0.18	-3.2	+0.007	-0.20	+0.01
	3.0	Initial	316	135	291	78	81	176	1.19	2.3	0.34	4.80	0.49
		$\Delta$	-78	-30	+255	-13	+1	-24	-0.35	-1.7	-0.08	-1.34	-0.06
	4.0	Initial	416	180	410	98	115	207	1.63	3.6	0.44	6.67	0.67
		Δ	-105	-39	+277	-11	+2	-25	-0.35	-2.6	-0.04	-0.61	-0.03

Nutrient solution samples were collected from each system before transplanting and after harvesting to determine initial and final nutrient concentrations. Nitrogen was measured with a flow-injection analyzer (QuickChem 8500; Lachat Instruments, Loveland, CO, USA). Phosphorus (P), K, Mg, calcium (Ca), sulfur (S), zinc (Zn), Mn, copper (Cu), iron (Fe), and boron (B) were analyzed by inductively coupled plasma-optical emission spectroscopy (Optima 4300 DV; Perkin Elmer, Waltham, MA, USA). Four weeks after transplanting, the number of nodes with unfolded leaves was recorded, plants were severed at the surface of the substrate, and fresh mass was immediately recorded. Shoots were then triple-rinsed in DI water, placed into paper bags, then dried for 3 d in a forced-air oven maintained at 67 °C, after which dry mass was recorded. Dried shoot tissue was analyzed at a commercial laboratory (AgSource, Lincoln, NE, USA) to determine nutrient concentrations. Determination of Kjeldahl nitrogen for all tissue samples began with standard digestion in concentrated sulfuric acid at 360 °C for ~1.5 h using a Tecator 40 block digestor. The resultant ammonium fraction was measured with a flow-injection analyzer (QuickChem 8500; Lachat Instruments) using a buffered salicylate-hypochlorite solution for color development. Determination of P, K, Ca, Mg, S, Zn, Mn, Cu, Fe, and B in all tissue samples began with initial digestion in concentrated nitric acid at 90 °C followed by three small additions of 30% hydrogen peroxide with a total time for digestion being ~1 h. Digested samples were filtered and analyzed by inductively coupled plasma-optical emission spectroscopy (Optima 4300 DV; Perkin Elmer).

The experiment was organized in a randomized complete block design with a factorial arrangement for each species. Factors included DLI (two levels) and nutrient solution concentration (five levels). There were 10 samples (individual plants) of each species per individual NFT system per replication. The experiment was repeated two additional times for a total of three replications. Analyses of variance and *t*-tests with an  $\alpha$  = 0.05 were performed using SPSS 21.0 (IBM Corp., Armonk, NY, USA), and regression analyses were performed using Sigma Plot 13.0 (Systat Software, San Jose, CA, USA). For parameters without an interaction between EC and DLI, main effects were analyzed. To analyze the main effect of EC, data were pooled across DLI within EC for each species and regression analyses were performed. To analyze the main effect of DLI, data were pooled across EC within DLI for each species and *t*-tests were performed across DLI.

#### 3. Results

#### 3.1. Nutrient Solution

The nutrient concentration in solutions varying in EC under low and high DLI changed between the initiation and termination of the experiment (Table 1). However, the magnitude in change varied with element. For example, Ca concentrations changed little throughout the course of the experiment across both DLI and all EC. Alternatively, while Mg and S concentrations decreased over the course of the experiment, reductions in Mg at higher EC values and in S concentrations at all EC treatments were more pronounced under the high DLI compared to identical solutions in the low DLI. Under both DLI treatments, K concentration increased over the course of the experiment by 29 or 30 mg·L<sup>-1</sup> for solutions maintained at 0.5 dS·m<sup>-1</sup> or by 203 or 277 mg·L<sup>-1</sup> for solutions maintained at 4.0 dS·m<sup>-1</sup>.

#### 3.2. Cilantro

Growth and development were affected by DLI, but not EC (Table 3). Fresh and dry mass and node number increased by 21.0 g, 2.44 g, and 9.0 nodes, respectively, as DLI increased from ~7 to ~18 mol·m<sup>-2</sup>·d<sup>-1</sup> (Table 4). Tissue nutrient concentrations were either affected by DLI or EC, but not their interaction. For example, while K concentrations decreased by 1.4% (a 16% difference) as DLI increased from ~7 to ~18 mol·m<sup>-2</sup>·d<sup>-1</sup>, Ca, Cu, and B concentrations increased by 0.20%, 2 mg·kg<sup>-1</sup>, or 11 mg·kg<sup>-1</sup>as DLI increased (Table 4). As EC increased from 0.5 dS·m<sup>-1</sup>, Mg and Ca tissue concentrations decreased from 0.55% to 0.40% and from 1.01% to 0.74%, respectively, while Zn concentration increased from 127 to 223 mg·kg<sup>-1</sup> (Figure 1). Tissue concentrations of N, P, S, Mn,

and Fe were unaffected by DLI and EC, and were 5.5%, 0.93%, 0.42%, 247 mg·kg<sup>-1</sup>, and 227 mg·kg<sup>-1</sup>, respectively, across treatments (data not shown).

**Table 3.** Analysis of variance for fresh and dry mass, node number, and nutrient concentrations for cilantro (*Coriandrum sativum* 'Santo'), dill (*Anethum graveolens* 'Fernleaf'), and parsley (*Petroselinum crispum* 'Giant of Italy') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivitiy (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. NS, \*, \*\*, or \*\*\* indicate non-significant or significant at  $p \le 0.05$ , 0.01, or 0.001, respectively, as determined by Fishers' *F*-test. The experiment was repeated three times.

	DLI	EC	$DLI \times EC$	DLI	EC	$DLI \times EC$	DLI	EC	$\text{DLI} \times \text{EC}$
Parameter	Cilantro			Dill			Parsley		
Fresh mass	***	NS	NS	***	NS	NS	***	NS	NS
Dry mass	***	NS	NS	***	NS	NS	***	NS	NS
Leaf no.	***	NS	NS	***	NS	NS	***	*	*
Ν	NS	NS	NS	NS	NS	NS	NS	NS	NS
Р	NS	NS	NS	***	NS	NS	***	NS	NS
Κ	***	NS	NS	***	*	*	**	NS	NS
Mg	NS	***	NS	NS	*	NS	NS	NS	NS
Ca	***	***	NS	NS	*	NS	NS	*	NS
S	NS	NS	NS	NS	*	NS	**	NS	NS
Zn	NS	**	NS	NS	*	NS	NS	*	NS
Mn	NS	NS	NS	*	**	NS	NS	NS	NS
Cu	*	NS	NS	NS	NS	NS	NS	NS	NS
Fe	NS	NS	NS	NS	NS	NS	NS	NS	NS
В	**	NS	NS	NS	NS	NS	***	NS	NS

**Table 4.** Fresh and dry mass, leaf number, and K, Ca, Cu, and B concentrations of cilantro (*Coriandrum sativum* 'Santo') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Data were pooled across EC within DLI for each species. Each value represents the mean of three replications.

Parameter	Low DLI	High DLI		
Fresh mass (g)	13.6	34.6		
Dry mass (g)	1.27	3.71		
Leaf no.	9.3	18.3		
K (%)	8.8	7.4		
Ca (%)	0.74	0.94		
Cu (mg·kg <sup>−1</sup> )	14	16		
$B(mg \cdot kg^{-1})$	51	62		



**Figure 1.** Tissue Mg, Ca, and Zn of cilantro (*Coriandrum sativum* 'Santo') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Data were pooled across daily light integrals within EC. Each symbol represents the mean of six replications with ten plants per replicate, and error bars represent the standard errors of the mean of the six replicates. \* or \*\*\* indicate significant at  $p \le 0.05$  or 0.001, respectively.

# 3.3. Dill

Fresh and dry mass and node number for dill were affected by DLI, but not EC, and increased by 17.1 and 2.4 g, and 2.5 nodes, respectively, as DLI increased from ~7 to ~18 mol·m<sup>-2</sup>·d<sup>-1</sup> (Table 5). Potassium was the only nutrient affected by the interaction of DLI and EC; all other nutrients were affected by either DLI or EC, or were unaffected. Tissue K was unaffected by EC under a high DLI (4.6% across treatments), but increased from 4.1% when grown with an EC of 0.5 dS·m<sup>-1</sup> to 5.8%–6.2% as EC increased to 1 to 4 dS·m<sup>-1</sup> under a low DLI (Figure 2). For dill, P was the only nutrient affected only by DLI, increasing by 0.3% under a high DLI compared to plants under a low DLI (Table 5). Tissue Mg, Ca, S, and Zn were not affected by DLI, but by EC; Mg and Ca decreased with increasing EC, while S and Zn increased from ~7.0 to ~18.0 mol·m<sup>-2</sup>·d<sup>-1</sup>, Mn concentration decreased by 29 mg·kg<sup>-1</sup>. Alternatively, Mn increased from 103 to 182 mg·kg<sup>-1</sup> as EC increased from 0.5 to 2.0 dS·m<sup>-1</sup>, then decreased to 161 mg·kg<sup>-1</sup> as EC further increased to 4.0 dS·m<sup>-1</sup> (Figure 3). Tissue concentrations of N, Cu, Fe, and B were 6.1%, 13 mg·kg<sup>-1</sup>, 96 mg·kg<sup>-1</sup>, and 60 mg·kg<sup>-1</sup>, respectively and were unaffected by DLI and EC (data not shown).

**Table 5.** Fresh and dry mass, leaf number, and P, K, and Mn tissue concentrations of dill (*Anethum* graveolens 'Fernleaf') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Data were pooled across EC within DLI for each species. Each value represents the mean of three replications.

Parameter	Low DLI	High DLI		
Fresh mass (g)	7.1	24.2		
Dry mass (g)	0.72	3.12		
Leaf no.	6.0	8.5		
P (%)	1.1	1.4		
K (%)	5.6	4.5		
$Mn (mg kg^{-1})$	168	139		



**Figure 2.** Tissue K of dill (*Anethum graveolens* 'Fernleaf') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>; closed symbol) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>; open symbol) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Each symbol represents the mean of three replications with ten plants per replicate, and error bars represent the standard errors of the mean of the three replicates. NS, \*, \*\* or \*\*\* indicate non-significant or significant at  $p \le 0.05$ , 0.01, or 0.001, respectively.



**Figure 3.** Tissue K, Mg, Ca, S, Zn, and Mn of dill (*Anethum graveolens* 'Fernleaf') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Data were pooled across daily light integrals within EC. Each symbol represents the mean of six replications with ten plants per replicate, and error bars represent the standard errors of the mean of the six replicates. \*, \*\*, or \*\*\* indicate significant at  $p \le 0.05$ , 0.01, or 0.001, respectively.

## 3.4. Parsley

Fresh and dry mass of parsley increased by 13.3 and 2.3 g, respectively, when grown under a high DLI compared to plants grown under a low DLI (Table 6), though EC had no effect on mass.

Alternatively, DLI and EC interacted to affect the node number on parsley (Figure 4); EC had no effect on node number for plants grown under a low DLI, whereas increasing the EC from 0.5 to  $4.0 \text{ dS} \cdot \text{m}^{-1}$  increased the number of nodes per plant by ~1. While tissue concentrations of N (4.7%), Mg (0.40%), Mn (107 mg·kg<sup>-1</sup>), Cu (10 mg·kg<sup>-1</sup>), and Fe (75 mg·kg<sup>-1</sup>) were unaffected by DLI or EC (data not shown), the remaining nutrients were affected by either DLI or EC. For example, P, S, and B concentrations increased from 0.72%, 0.48%, and 39 mg·kg<sup>-1</sup>, respectively, when grown under a low DLI to 0.90%, 0.60%, and 51 mg·kg<sup>-1</sup>, respectively, when grown under a high DLI (Table 6); K concentration decreased from 6.8% to 5.8% with increasing DLI. As nutrient solution concentrations increased from 0.5 to 4.0 dS·m<sup>-1</sup>, tissue Ca concentration decreased from 0.84% to 0.62%, respectively, whereas the Zn concentration increased from 57 to 84 mg·kg<sup>-1</sup>, respectively (Figure 5).



**Figure 4.** Node number of parsley (*Petroselinum crispum* 'Giant of Italy') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>; closed symbol) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>; open symbol) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Each symbol represents the mean of three replications with ten plants per replicate, and error bars represent the standard errors of the mean of the three replicates. NS or \* indicate non-significant or significant at  $p \le 0.05$ , respectively.



**Figure 5.** Tissue Ca and Zn of parsley (*Petroselinum crispum* 'Giant of Italy') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Data were pooled across daily light integrals within EC. Each symbol represents the mean of six replications with ten plants per replicate, and error bars represent the standard errors s of the mean of the six replicates. \* indicates significant at  $p \le 0.05$ .

**Table 6.** Fresh and dry mass, leaf number, and P, K, S and B concentrations of parsley (*Petroselinum crispum* 'Giant of Italy') 4 weeks after transplanting into nutrient-film technique hydroponic systems in a greenhouse under a low (~7 mol·m<sup>-2</sup>·d<sup>-1</sup>) or high (~18 mol·m<sup>-2</sup>·d<sup>-1</sup>) daily light integral (DLI) with a range of nutrient solution electrical conductivity (EC; 0.5 to 4.0 dS·m<sup>-1</sup>) treatments. Data were pooled across EC treatments within DLI for each species. Each value represents the mean of three replications.

Parameter	Low DLI	High DLI		
Fresh mass (g)	11.1	24.4		
Dry mass (g)	1.3	3.6		
Leaf no.	5.5	6.6		
P (%)	0.72	0.90		
K (%)	6.8	5.8		
S (%)	0.48	0.60		
B (mg·kg <sup>-1</sup> )	39	51		

# 4. Discussion

The effects of DLI on fresh and dry mass of cilantro, dill, and parsley were clear in the present study, and our results align with existing literature describing the effects of photosynthetic light on hydroponic herb growth. For example, Hälvä et al. [16] report dill fresh and dry shoot mass increases from 1.2 and 0.03 g, respectfully, under 70% shade (~325  $\mu$ mol·m<sup>-2</sup>·s<sup>-1</sup> on a sunny day) to 13.0 and 0.45 g, respectively, under no shade (~1,383  $\mu$ mol·m<sup>-2</sup>·s<sup>-1</sup> on a sunny day). Similarly, Litvin and Currey [17] report shoot fresh and dry mass of cilantro, dill, and parsley increased by 86, 175, and 71 g, respectively, as DLI increased from 2.0 to 20.0 mol $\cdot$ m<sup>-2</sup>·d<sup>-1</sup>. Based on their growth responses to DLI, parsley is classified as a medium-light plant (optimum DLI between 10 and 20 mol·m<sup>-2</sup>·d<sup>-1</sup>), whereas cilantro and dill are categorized as high- or very high-light crops (optimum DLI between 20 and 30 mol·m<sup>-2</sup>·d<sup>-1</sup> or >30 mol·m<sup>-2</sup>·d<sup>-1</sup>, respectively) [17]. When our data are taken together with other research on culinary herbs [15,17,18], they reinforce the impact of PPFD on culinary herb shoot mass, having direct implications for the profitability of commercial operations, as herbs are sold on a per-unit-mass basis. Light is less- or not limiting in the late spring, summer, and early fall for culinary herbs when ambient and greenhouse DLI are high [12]. However, under the seasonally low DLI of late fall, winter, and early spring, producers will need to decide whether to: (1) accept smaller yields, (2) increase production time to allow plants to reach a target mass; or (3) employ practices to maintain target yields such as providing supplemental lighting to enhance individual plant mass or increase planting density to maintain target mass per unit area.

While DLI affected growth and development, nutrient solution EC did not affect fresh or dry mass of cilantro, dill, or parsley. There are conflicting reports on the effect of nutrient solution concentration on hydroponic culinary herb growth. For example, Udagawa [11] reports as nutrient solution concentration increases from 1.2 to 3.6 dS·m<sup>-1</sup>, shoot fresh and dry mass of hydroponically grown dill increases from 1.87 g and 196 mg, respectively, to 7.88 g and 645 mg, respectively; thyme (*Thymus vulgaris*) follows a similar trend. On the other hand, nutrient solution EC does not affect hydroponically grown sweet basil (*Ocimum basilicum*), lemon basil (*O*. × *citriodorum* 'Lime'), and holy basil (*O. tenuiflorum* 'Holy') fresh or dry mass [15]. In the present study, and in Walters and Currey [15], nutrient solution EC was monitored and adjusted daily and nutrient solution flow in channels was maintained at 2 L·min<sup>-1</sup>. Alternatively, Ugadawa [11] adjusted nutrient solution flow, low nutrient concentrations do not limit growth due to a lack of gradient at the root [19], so inadequate flow may suppress growth. Furthermore, nutrients may be less- or not limiting for culinary herb growth under frequent replenishment and, therefore, have no growth-promoting effect when provided in higher concentrations.

Leaf number was affected differently by EC and DLI among cilantro, parsley, and dill. Whereas increasing DLI increased the leaf number of cilantro and dill, and EC had no effect, nutrient solution

EC interacted with DLI to affect the unfolded leaf number for parsley. Temperature increases with increased radiation [20], especially with high-pressure sodium lamps [21,22], which were used in this experiment. Though plant temperatures were not measured in the present study, the minimal increase in leaf number with increasing DLI for dill and parsley could likely be attributed to this effect. However, the larger increase in leaf number with increasing DLI for cilantro seems to be a more pronounced response and one, we believe, which may be attributed to limited assimilate availability in plants under the low DLI as a result of less photosynthesis.

Tissue nutrient concentrations were generally either affected by DLI or nutrient solution EC. As DLI increased, the concentration of nutrients affected by DLI increased, except for K (cilantro, dill, and parsley) and Mn (dill), which decreased (Tables 4–6). Increasing light intensity can promote nutrient uptake, thereby enhancing tissue nutrient concentrations. For example, elements including Ca and B are taken up slowly by plants [23], and increasing light can promote transpiration and, therefore, their uptake. We saw tissue Ca for cilantro and B for cilantro and parsley increase as DLI increased in this study. This agrees with previous research reporting enhanced tissue Ca and/or B from enhancing transpiration through increasing light and/or reducing humidity. For example, Frantz et al. [24] reports enhancing light and transpiration promotes Ca uptake in lettuce (Lactuca sativa). Similarly, increasing transpiration promotes Ca and B uptake for pansy (Viola × wittrockiana 'Dynamite Yellow'), petunia (Petunia × hybrida 'White Storm'), and gerbera (Gerbera jamesonii 'Festival Apricot') [25]. For those nutrients whose concentration was lower under the high DLI compared to the low DLI, uptake increased for plants when grown under the higher DLI but was not proportional to increasing dry mass. In our study, the dry mass increased with DLI for all species (Tables 4–6) as did tissue nutrient content for all micro- and macronutrients (data not shown). We attribute the diminished tissue K and Mn concentrations at higher light intensities to the "dilution effect", whereby nutrient content and growth may both be increasing, but not proportionally to one another [26].

All tissue nutrient concentrations, except for Ca and Mg, were either unaffected by EC or increased with increasing nutrient solution EC. Increases in tissue nutrient concentrations with increasing solution strength generally agrees with previous reports on hydroponic herb nutrient solution concentrations [11,15]. In our present study, EC did not affect fresh or dry mass for cilantro, dill, or parsley. Therefore, we do not believe the diminished Ca and Mg concentrations at increasing EC is from a dilution effect accompanying enhanced growth. Rather, we attribute it to competition with K. In all nutrient solutions, K increased with increasing nutrient solution EC, as well as over the course of the experiment from using alkali containing K to increase solution pH throughout the experiment (Table 2). Within the antagonistic relationship between K, Ca, and Mg [26,27], K is a particularly competitive cation [28] and likely suppressed uptake of Ca and Mg in our study.

In addition to maximizing shoot mass, hydroponic fresh-cut herb products must be healthyappearing and blemish-free from mineral nutrient deficiency symptoms. Tissue nutrient concentrations are a good indicator of nutrient status and, in comparing our data to published species-specific sufficiency ranges [29], the only nutrient with tissue concentrations below the minimum acceptable concentrations was Ca in cilantro under a low DLI or for cilantro and dill grown with nutrient solution EC ranging from 2.0 to 4.0 dS·m<sup>-1</sup> (Figures 1 and 3). For all other macro- and micro-nutrients, tissue concentrations were either within recommended sufficiency ranges or exceeded them. We believe comparing our results from this study to published sufficiency ranges from field-grown plants [29], not hydroponically grown plants in controlled environments, is still useful. Nonetheless, development and refinement of tissue sufficiency ranges specifically for hydroponically grown culinary herbs would be useful, especially given the increasing popularity of this production method.

As previously stated, it is a common practice for hydroponic crop producers to reduce the strength of their nutrient solution during summer conditions, when air temperatures are warm and light intensity is high to minimize excessive nutrient uptake and to avoid accumulation of nutrients in the root environment [14]. Walters and Currey [15] postulate it is warmer air temperatures, not high light intensities, which cause excessive nutrient uptake and, thus, the need to reduce nutrient solution

strength during the summer months. The results we present in this paper provide further support for this supposition for culinary herbs, as there was a minimal effect of DLI on tissue nutrient concentrations for cilantro, dill, and parsley. This information is especially useful for greenhouse producers who are manipulating light independently of temperature, such as utilizing supplemental light during the late fall, winter, and early spring when air temperatures are more easily controlled.

## 5. Conclusions

Growth of cilantro, dill, and parsley is promoted by increased DLI. However, nutrient solution concentrations do not need to be adjusted to accommodate these species under different DLI conditions. If nutrient solutions are replenished frequently with stock solution to maintain a target EC, cilantro, dill, and parsley can be grown at a range of nutrient solution EC values. Since culinary herbs are frequently produced in a polyculture with several other species and all provided with the same nutrient solution, the species in this study may be more amenable to changes in EC when managing fresh-cut culinary herb crop-cultural practices. Further research investigating not only nutrient ratios of specific ions (i.e., Ca and Mg) would further improve understanding of nutrient requirements of hydroponic herbs.

Author Contributions: Conceptualization, C.J.C., K.J.W. and N.J.F.; methodology, C.J.C., K.J.W., and N.J.F.; investigation, K.J.W. and N.J.F.; formal analysis, C.J.C.; writing—original draft preparation, C.J.C.; writing—review and editing, K.J.W. and N.J.F.

Funding: This research received no external funding.

**Acknowledgments:** We gratefully acknowledge Peter Lawlor for greenhouse assistance, Brianna Vest and Jacob Smith for assistance in collecting data and cleaning, JR Peters for fertilizer, and Smithers-Oasis Company for substrate. The use of trade names in this publication does not imply endorsement by Iowa State University of products named nor criticism of similar ones not mentioned.

Conflicts of Interest: The authors declare no conflict of interest.

### References

- 1. Van Wyk, B.E. Culinary Herbs and Spices of the World; Briza Publications: Pretoria, South Africa, 2014.
- 2. Wolf, M.M.; Spittler, A.; Ahern, J. A profile of farmers' market consumers and the perceived advantages of produce sold at farmer markets. *J. Food Distrib. Res.* **2005**, *36*, 192–201.
- 1998 Census of Horticultural Specialties. 1997 USA Census of Agr. Volume 3 part 4. Available online: http://usda.mannlib.cornell.edu/usda/AgCensusImages/1997/03/04/1997-03-04.pdf (accessed on 13 March 2019).
- 4. 2009 USA Census of Horticultural Specialties. 2007 USA Census of Agr. Volume 3 Part 3. Available online: https://www.nass.usda.gov/Publications/AgCensus/2007/Online\_Highlights/Census\_of\_Horticult ure\_Specialties/HORTIC.pdf (accessed on 13 March 2019).
- 2014 USA Census of Horticultural Specialties. 2012 USA Cencus of Agr. Vol. 3 Part 3. Available online: https://www.nass.usda.gov/Publications/AgCensus/2012/Online\_Resources/Census\_of\_Horticultu re\_Specialties/HORTIC.pdf (accessed on 13 March 2019).
- 6. Sonneveld, C.; Voogt, W. Plant Nutrition of Greenhouse Crops; Springer: Dordrecht, The Netherlands, 2009.
- 7. Resh, H.M. Hydroponic Food Production: A Definitive Guidebook for the Advanced Home Gardener and the Commercial Hydroponic Grower, 7th ed.; CRC Press: Boca Raton, FL, USA, 2013.
- Bar-Yosef, B. Fertigation Management and Crops Response to Solution Recycling in Semi Closed Greenhouses. In *Soilless Culture: Theory and Practice*; Raviv, M., Lieth, J.H., Eds.; Elsevier: San Diego, CA, USA, 2009; pp. 343–424.
- 9. Hochmuth, G.J.; Hochmuth, R.C. Nutrient solution formulation for hydroponic (perlite, rockwool, NFT) tomatoes in Florida. *Univ. Fl. Inst. Food Agr. Sci.* **1990**, *HS796*.
- Abou-Hadid, A.F.; Abd-Elmoniem, E.M.; El-Shinawy, M.Z.; Abou-Elsoud, M. Electrical conductivity effect on growth and mineral composition of lettuce plants in hydroponic system. *Acta Hort.* 1996, 434, 59–66. [CrossRef]
- 11. Udagawa, Y. Some responses of dill (*Anethum graveolens*) and thyme (*Thymus vulgaris*), grown in hydroponic, to the concentration of nutrient solution. *Acta Hort.* **1995**, 396, 203–210. [CrossRef]

- 12. Faust, J.E.; Logan, J. Daily light integral: A research review and high-resolution maps of the United States. *Hort. Sci.* **2018**, *53*, 1250–1257. [CrossRef]
- Currey, C.J.; Kopsell, D.A.; Mattson, N.S.; Craver, J.K.; Lopez, R.G.; Erwin, J.E.; Kubota, C. Supplemental and sole-source lighting of leafy greens, herbs, and microgreens. In *Light Management in Controlled Environments*; Lopez, R.G., Runkle, E.S., Eds.; Meister Media Worldwide: Willoughby, OH, USA, 2017; pp. 170–180.
- 14. Morgan, L. Fresh Culinary Herb Production: A Technical Guide to the Hydroponic and Organic Production of Commercial Fresh Gourmet Herb Crops; Suntec NZ: Tokomaru, New Zealand, 2005.
- Walters, K.J.; Currey, C.J. Effects of nutrient solution concentration and daily light integral on growth and nutrient concentration of several basil species in hydroponic production. *Hort. Sci.* 2018, *53*, 1319–1332. [CrossRef]
- 16. Hälvä, S.; Craker, L.E.; Simon, J.E.; Charles, J.D. Light levels, growth, and essential oil in dill (*Anethum graveolens* L.). *J. Herbs Spices Medicinal Plants* **1992**, *1*, 47–58. [CrossRef]
- 17. Litvin, A.G.; Currey, C.J. Increasing daily light integrals enhances growth of height culinary herbs grown hydroponically. *Hort Sci.* **2019**. (under review).
- 18. Beaman, A.R.; Gladon, R.J.; Schrader, J.A. Sweet basil requires an irradiance of 500 μmol·m<sup>-2</sup>·s<sup>-1</sup> for greatest edible biomass production. *Hort. Sci.* **2009**, *44*, 64–67.
- 19. Hellgren, O.; Ingestad, T. A comparison between methods used to control nutrient supply. *J. Exp. Bot.* **1996**, 47, 117–122. [CrossRef]
- 20. Faust, J.E.; Heins, R.D. Modeling shoot-tip temperature in the greenhouse. *J. Amer. Soc. Hort. Sci.* **1998**, 123, 208–214. [CrossRef]
- 21. Graper, D.F.; Healy, W. High pressure sodium irradiation and infrared radiation accelerate *Petunia* seedling growth. *J. Amer. Soc. Hort. Sci.* **1991**, *116*, 435–438. [CrossRef]
- 22. Nelson, J.A.; Bugbee, B. Analysis of environmental effects on leaf temperature under sunlight, high pressure sodium and light emitting diodes. *PLoS ONE* **2015**, *10*, e0138930. [CrossRef] [PubMed]
- 23. Bugbee, B. Nutrient management in recirculating hydroponic culture. Acta Hort. 2004, 648, 99–112. [CrossRef]
- 24. Frantz, J.M.; Ritchie, G.; Cornetti, N.N.; Robinson, J.; Bugbee, B. Exploring the limits of crop productivity: Beyond the limits of tipburn in lettuce. *J. Amer. Soc. Hort. Sci.* **2004**, *129*, 331–338. [CrossRef]
- 25. Krug, B.K.; Whipker, B.E.; McCall, I.; Frantz, J. Elevated relative humidity increases the incidence of distorted growth and boron deficiency in bedding plant plugs. *Hort. Sci.* **2013**, *48*, 311–313. [CrossRef]
- 26. Peters, C. Tissue Analyses: Testing and Interpretation. In *Water, Root Media, and Nutrient Management for Greenhouse Crops;* Merhaut, D.J., Williams, K.A., Mangiafico, S.S., Eds.; University of California Agriculture and Natural Resources Communication Services: Davis, CA, USA, 2018; pp. 193–206.
- Whipker, B.; Gibson, J.; Scoggins, H. Visual Symptoms of Nutritional and Other Disorders. In *Water, Root Media, and Nutrient Management for Greenhouse Crops*; Merhaut, D.J., Williams, K.A., Mangiafico, S.S., Eds.; University of California Agriculture and Natural Resources Communication Services: Davis, CA, USA, 2018; pp. 207–224.
- 28. Mengel, K.; Kirby, E.A. *Principles of Plant Nutrition*, 5th ed.; Kluwer Academic Publishers: Dordrecht, The Netherlands, 2001.
- 29. Bryson, G.M.; Mills, H.A.; Sasseville, D.N.; Jones, J.B.; Barker, A.V. *Plant Analysis Handbook III: A Guide to Sampling, Preparation, Analysis, and Interpretation for Agronomic and Horticultural Crops;* Micro-Macro Publishing Inc.: Athens, GA, USA, 2014.



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).