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Effect of the Growth Interruption on the Surface Morphology and Crystalline Quality of MOCVD-Grown h-BN

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Abstract: Hexagonal boron nitride (h-BN) is one promising material class for applications in DUV optoelectronics due to the layered structure and ultra-wide bandgap. The synthesis of h-BN with smooth surface morphology and high quality on dielectric substrates is the key to construct efficient functional devices thereon. In this study, we reported wafer-scale h-BN on c-plane sapphire substrates by metal organic chemical vapor deposition utilizing the flow modulation epitaxy (FME) with growth interruptions. The effect of the growth interruption location within FME on the surface morphology and crystalline quality of h-BN films was systematically investigated. The interruption after the TEB injection could promote the mobility of B adatoms, and the interruption after the NH₃ injection could further relieve the passivation of N terminal growth fronts and mitigate the parasitic gas-phase reaction between growth precursors. By simultaneously employing interruptions after TEB and NH₃ injections, the growth rate of h-BN increased significantly from 0.16 nm/min to 4.76 nm/min, and the surface roughness of 2-nm-thick h-BN was reduced to 0.587 nm. In addition, h-BN grown with an interruption solely after the NH₃ injection presented the best crystallinity because the relatively slow growth rate reduced the possibility of impurity incorporation.

Keywords: h-BN; MOCVD; FME; growth interruption



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1. Introduction

Hexagonal boron nitride (h-BN) has attracted extensive attention in the fields of photoelectronics and beyond in recent years. The B and N atoms are connected by sp² hybridized covalent bonds within the c-plane to form a graphite-like honeycomb structure, while the interlayers are bounded by weak van der Waals force [1–3]. Thanks to the special 2D layer structure and good chemical and thermal stability, van der Waals heterojunctions such as h-BN/graphene [4] and TMD/h-BN [5] have been successfully exhibited to realize atomically thin integrated circuitry [6,7]. In addition, the wide bandgap (~6 eV [8–10]) enables BN to be applied to deep-ultraviolet high-reflectivity distributed Bragg reflectors (DBRs) [11], light emitting diodes [12,13], photon detectors [14–16] and single-photon sources (SPS) [17,18].

Several deposition methods have been studied to prepare h-BN films with high crystal quality and smooth surface morphology, mainly including chemical vapor deposition (CVD), molecular beam epitaxy (MBE) [10], sputtering [19] and metal organic chemical vapor deposition (MOCVD) [20]. Among them, MOCVD can be used to attain high-quality

wafer-level h-BN with controllable thickness (1.5 nm–1.7 μm) [20–23]. Furthermore, it makes the growth of h-BN compatible with other III-nitride semiconductors and simplifies the epitaxial growth of III-nitride devices. Triethylboron (TEB) and ammonia (NH_3) are commonly used as the growth precursors. Under a conventional continuous MOCVD growth mode, the growth rate of h-BN is quite limited due to the parasitic reactions between the growth precursors and the self-terminating effect because of the Langmuir-Hinshelwood mechanism [23,24]. To address the problems, flow modulation epitaxy (FME) [25–27], that is, TEB and NH_3 are alternately supplied to the sample surface, has been developed. Kobayashi et al. reported that the growth rate of h-BN was improved by 10 times using the FME mode [25]. Yang et al. studied the dependence of crystal quality and surface morphology of h-BN layers on the precursor injection durations, and found that the optimized FME condition was when just enough NH_3 was supplied to fully convert the TEB within one cycle [27]. Nonetheless, there are still parasitic reactions due to intermix of TEB and NH_3 at switching times; islands appear on the BN surface because of the limited surface migration of B adatoms [25]. Jiang et al. claimed that introducing growth interruptions within the FME process could mitigate parasitic gas phase reactions and encourage adatoms to find equilibrium positions [28]. Kim et al. explored the role of the carrier gas on the characteristics of h-BN films grown in such modified FME mode, and proved that the crystallinity of h-BN was improved by using H_2 carrier gas because of more effective etching and regrowth processes [29]. Then they optimized the growth pressure, and concluded that an appropriate pressure could reduce the generation of the defects like nitrogen vacancies and grain boundaries [30]. However, the strategy to introduce the interruption within FME was barely discussed. In this work, we tuned the growth interruption location within FME and investigated the effects on the growth rate, the surface morphology, and the crystal quality of h-BN. It was found that the growth rate of h-BN was significantly enhanced by introducing a growth interruption after the TEB injection due to the improved surface migration of B adatoms, and further employing a growth interruption after the NH_3 injection could obtain better surface smoothness thanks to the effective remission of parasitic reactions. The h-BN film with best crystallinity was achieved when solely introducing a growth interruption after the NH_3 injection, which was attributed to the low-concentration impurity incorporation.

2. Materials and Methods

The h-BN films were grown on 2-in. c-plane sapphire substrates using a home-made high-temperature vertical showerhead MOCVD system. Triethylboron (TEB), NH_3 and H_2 were used as the B precursor, N precursor, and the carrier gas, respectively. The supply rates of TEB and NH_3 were fixed at 30 sccm and 2000 sccm, respectively. The growth pressure was 50 torr and the growth temperature was 1250 $^\circ\text{C}$. Four FME modes with different growth interruption locations were implemented. As shown in Figure 1a, the FME mode without growth interruptions denoted as NH_3/TEB consists of two steps: (1) NH_3 injection for 4 s, (2) TEB injection for 2 s. Figure 1b–d illustrate the other three FME modes with 1 s growth interruption after NH_3 injection ($\text{NH}_3/\text{Itrp}/\text{TEB}$), after TEB injection ($\text{NH}_3/\text{TEB}/\text{Itrp}$), and simultaneously after NH_3 and TEB injections ($\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$), respectively. During the growth interruption period, only H_2 was allowed into the reactor.

The surface morphology of h-BN films was investigated by scanning electron microscopy (SEM) (Hitachi, Tokyo, Japan; operated at 4.4 kV) and atomic force microscopy (AFM) (D3100, Veeco, New York, NY, USA). The thickness was estimated using the spectroscopic ellipsometer (Horiba scientific, UVISSEL PLUS, London, UK). The chemical identity of h-BN films was analyzed according to the infrared reflectance spectra using Fourier transform infrared spectroscopy (FTIR, PerkinElmer Frontier, Waltham, MA, USA) and X-ray photoelectron spectroscopy (XPS, ESCALAB 250Xi, Thermo Scientific, Waltham, MA, USA, using a monochromatic Al $K\alpha$ X-ray source). The crystalline properties were assessed by high resolution X-ray diffraction (HRXRD, Bede D1, Durham, UK) using Cu $K\alpha$ radiation ($\lambda = 1.5406 \text{ \AA}$) and Raman spectroscopy using a 532-nm excitation source

(Horiba, Kyoto, Japan). The optical properties were measured by UV-VIS transmission spectrometry (TU-1901 Spectrophotometer, PURSEE, Beijing, China). The defect-related trap states were characterized by photoluminescence with 325 nm laser source (Horiba, Kyoto, Japan).

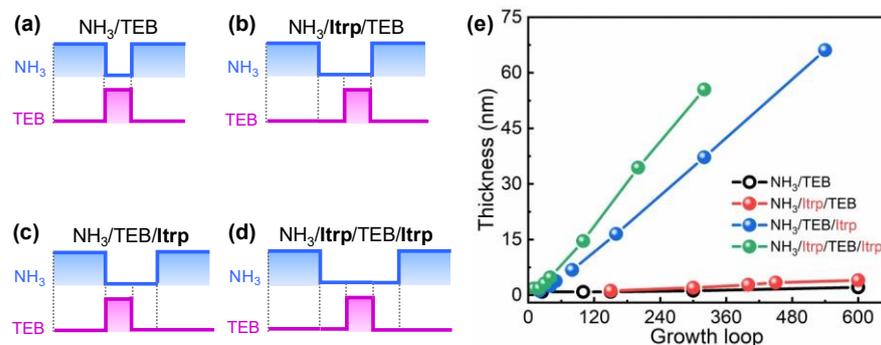


Figure 1. The schematic diagrams of (a) NH₃/TEB, (b) NH₃/Itrp/TEB, (c) NH₃/TEB/Itrp and (d) NH₃/Itrp/TEB/Itrp. (e) the thickness variations of h-BN thickness with growth loops under four FME modes.

3. Results and Discussion

The variations of h-BN thicknesses with growth loops are summarized in Figure 1e. The surface morphologies under four FME modes are given in Figures S1–S4 (Supplementary Materials). Figure 2 presents the SEM images of h-BN samples grown with fixed 150 loops for intuitive comparisons. For the NH₃/TEB mode without any growth interruption, the thickness of h-BN hardly changes with the growth loop. The growth rate is as low as ~0.16 nm/min. Many small black pits exist on the surface, which result from the H₂ etching of the sapphire substrate [26]. White BN flakes mainly nucleate around the pits. A similar situation is found in the NH₃/Itrp/TEB mode, but the growth rate slightly increases to 0.26 nm/min. As shown in Figure 2a,b, the pit densities are estimated to be $1.89 \times 10^9 \text{ cm}^{-2}$ and $1.81 \times 10^9 \text{ cm}^{-2}$ respectively for NH₃/TEB and NH₃/Itrp/TEB modes. The similar pit densities imply that h-BN films are too thin to entirely cover the surfaces of sapphire substrates. When introducing a growth interruption after the TEB injection, the BN thickness increases significantly with prolonged growth loops. The growth rates are calculated to be ~2.74 nm/min and 4.76 nm/min for samples grown in NH₃/TEB/Itrp and NH₃/Itrp/TEB/Itrp modes, respectively. The clear honeycomb wrinkled surface topographies indicate h-BN growth. The wrinkles are formed due to the thermal compression energy release of h-BN during the cooling process [20]. For the h-BN sample with the NH₃/TEB/Itrp mode, lots of 3D BN islands appear on the wrinkles, which should be attributed to the parasitic gas phase reactions [26]. The islands get larger and become the dominant morphological features with increased growth loops, implying a 3D disordered growth. When introducing growth interruptions simultaneously after the NH₃ and TEB injections (with the NH₃/Itrp/TEB/Itrp mode), the average size and the density of 3D islands decrease notably compared to those with the NH₃/TEB/Itrp mode. Therefore, we speculate the interruption after the TEB injection could enhance the surface migration of B adatoms, while the interruption after the NH₃ injection could further reduce the parasitic gas phase reactions between precursors and improve the growth rate.

The wrinkle wavelength is usually adopted to describe the size of wrinkled domains, which is estimated by measuring the average length of two crossed line segments across each domain as shown in Figure 2c,d [31]. The BN film with 150 growth loops in the NH₃/TEB/Itrp mode has a wrinkle wavelength of 153 nm. As for h-BN grown with 150 growth loops in the NH₃/Itrp/TEB/Itrp mode, the wrinkle wavelength increases to 273 nm. As the growth loop (i.e., the film thickness) increases, the wrinkle wavelength monotonically increases, and the density of islands remains at a low level. The results imply that h-BN with the NH₃/Itrp/TEB/Itrp mode grows in a layer-by-layer fashion.

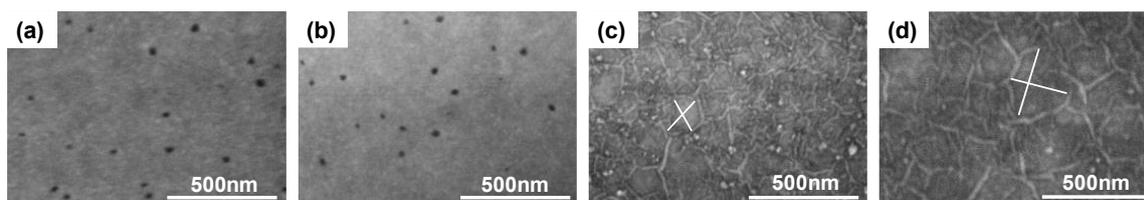


Figure 2. The SEM images of BN films with fixed 150 growth loops under four FME modes: (a) NH_3/TEB , (b) $\text{NH}_3/\text{Itrp}/\text{TEB}$, (c) $\text{NH}_3/\text{TEB}/\text{Itrp}$, (d) $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$. White crossed line segments within wrinkled domains in (c,d) are used to estimate the wrinkle wavelength.

The bonding patterns of B and N atoms were investigated by FTIR. As depicted in Figure 3a, the FTIR spectrums of all samples with fixed 150 growth loops have obvious reflection peaks around 1372 cm^{-1} , which is corresponding to the in-plane B-N transverse optical modes (E_{1u} mode) of the sp^2 -bonded h-BN [32]. Weak reflection peaks locating at 1243 cm^{-1} are also observed, which are contributed by the C-N bonds [33]. The unintentional incorporation of carbon might occur during the growth process and/or the inevitable surface absorption during the FTIR measurement. Figure 3b shows the XRD 2θ - ω scanning curves to analyze the structural properties of h-BN films. There are no obvious BN-related diffraction peaks in the films with NH_3/TEB and $\text{NH}_3/\text{Itrp}/\text{TEB}$ growth modes because the BN films are too thin. For samples grown in $\text{NH}_3/\text{TEB}/\text{Itrp}$ and $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ modes, the (002)-plane diffraction peaks of h-BN are at 25.97° (with a FWHM of 1.6°) and 26.15° (with a FWHM of 1.4°), respectively. The corresponding c-lattice constants are estimated to be 6.86 \AA and 6.80 \AA , respectively. The deviation from the reported value of bulk h-BN (6.66 \AA) may be attributed to weakly ordered turbostratic BN inclusions [34]. The h-BN film grown in the $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ mode has a smaller FWHM value and c-lattice constant closer to that of the bulk crystal, demonstrating that further introducing an interruption after the NH_3 injection can enhance the phase purity. Besides, a broad and weak diffraction peak around 36.0° is found in four samples, which should be derived from the (002)-plane w-AlN formed during the nitridation of sapphire substrates [35].

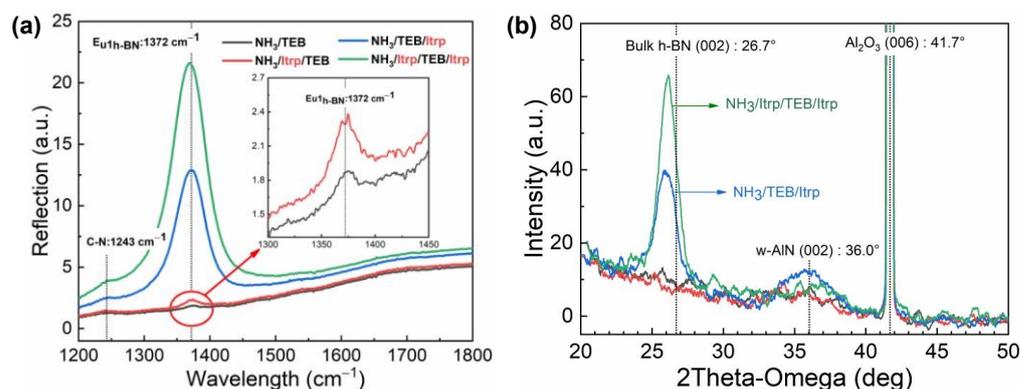


Figure 3. (a) FTIR spectra and (b) XRD 2θ - ω scans of the h-BN films with fixed 150 growth loops under four FME modes. The inset is magnified spectra in the red circle in (a).

The surface chemical states of h-BN under different modes were investigated using XPS. High-resolution scans were performed on peaks of B-1s, N-1s, O-1s, C-1s and Al-2p. All peaks were peak-differentiated and imitated using a linear combination of Gaussian and Lorentzian line shapes, commonly referred as Pearson VII function. Results are shown in Figures 4, S5 and S6. The main peaks at a binding energy around 190.6 eV for the B 1s and 398.2 eV for the N 1s are in good agreement with the reported values of B-N bonding [35,36]. In Figure 4c,d, sp^3 B-O [37] and sp^2 B-C [38] bonds are found in the samples with a growth interruption after TEB injection. During the growth process, TEB is first decomposed into solid B and C atoms [39,40], followed by reaction with NH_3 to form sp^2 -BN and CH_4 . The

growth interruption after the TEB injection might result in insufficient supply of NH_3 , which hinders the second half of the reaction. Therefore, the C impurity is incorporated as sp^2 -BC [39,41–43]. The oxygen impurity should come from the degradation of sapphire substrates at high temperature [44]. Neither sp^3 B-O and sp^3 N-O bond are observed in the sample without any interruption. It is attributed to the severe passivation of N-terminal growth front and the rapid migration rate of O atoms. The integral intensity of B-O bond in Figure 4c is relatively higher in the h-BN film with the $\text{NH}_3/\text{TEB}/\text{Itrp}$ mode, while the integral intensities of B-C bond in Figure 4d and C-B bond in Figure 4l are higher in the h-BN film with the $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ mode. This is because the faster growth rate in the $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ mode leads to more C impurities incorporated into the film. The B/N atomic ratios of h-BN films under $\text{NH}_3/\text{TEB}/\text{Itrp}$ and $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ modes are estimated to be 1.41 and 1.45 respectively, indicating of B-rich growth environment. The B/N atomic ratios of h-BN films under NH_3/TEB and $\text{NH}_3/\text{Itrp}/\text{TEB}$ modes are 0.95 and 1.02 respectively, meaning that the films have a good stoichiometric ratio. In addition, strong N-Al [45] bonds observed in Figure 4e,f, which are consistent with the XRD scanning results. As the thickness of h-BN increases, the surface N-Al bond becomes invisible in Figure 4g,h. The Sp^3 N-O bond located at 400.1 eV [46] is found in h-BN film grown in the $\text{NH}_3/\text{Itrp}/\text{TEB}$ mode in Figure 4f. With the assistance of sp^3 N-O bonds, h-BN debris particles are more likely to be formed in the $\text{NH}_3/\text{Itrp}/\text{TEB}$ mode compared to that in the NH_3/TEB mode in Figures S1 and S2.

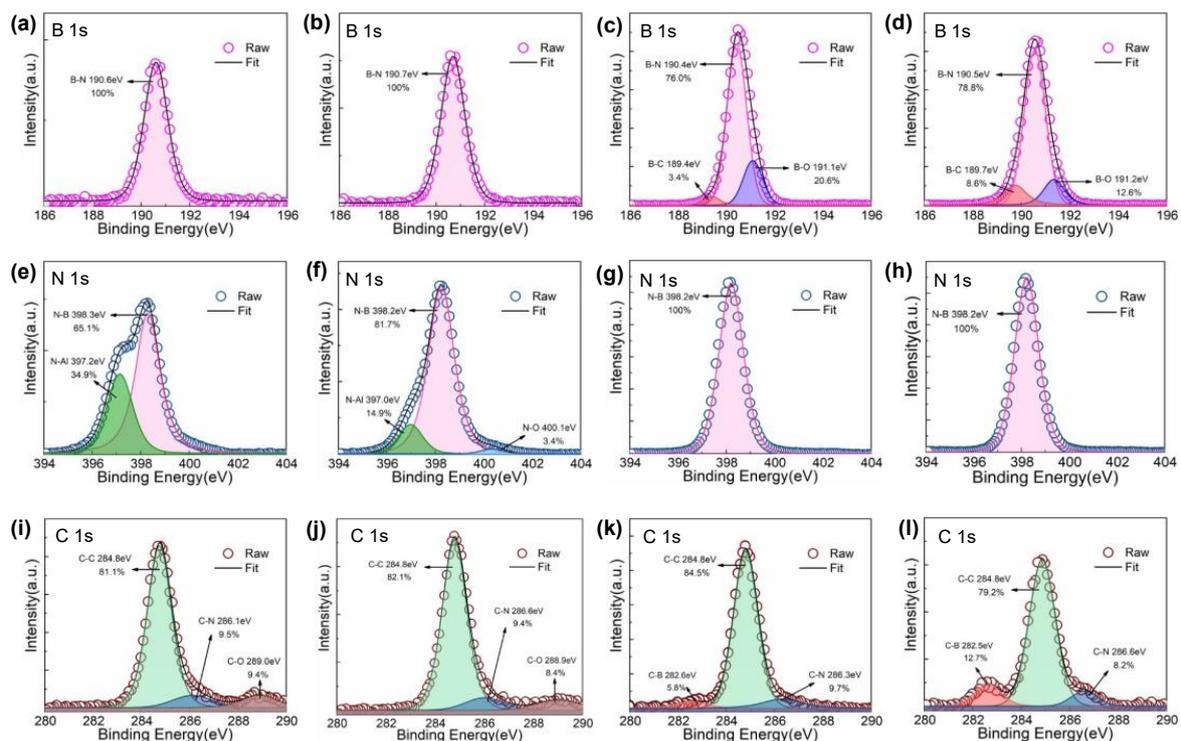


Figure 4. The XPS spectra of (a–d) B-1s, (e–h) N-1s and (i–l) C-1s in h-BN film under four FME modes. (a,e,i) NH_3/TEB , (b,f,j) $\text{NH}_3/\text{Itrp}/\text{TEB}$, (c,g,k) $\text{NH}_3/\text{TEB}/\text{Itrp}$, (d,h,l) $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$.

The optical properties of h-BN films grown under four FME modes were evaluated by the UV-VIS transmission spectra as shown in Figure 5a. The exact optical bandgap energy (E_g) of h-BN is estimated from the Tauc's plot in the inset of Figure 5a. The E_g values are 5.88, 5.85, 5.83 and 5.79 eV, respectively, for the NH_3/TEB , $\text{NH}_3/\text{Itrp}/\text{TEB}$, $\text{NH}_3/\text{TEB}/\text{Itrp}$, and $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ modes. According to previous reports [20,26], the energy bandgap should correspond to the free exciton transition. The h-BN film with the $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ mode has the smallest E_g value, indicating of highest defect

concentration. There is also an obvious valley in the transmission spectrum at ~300 nm (4.1 eV) of this sample, which is attributed to the transition from C_N to V_N .

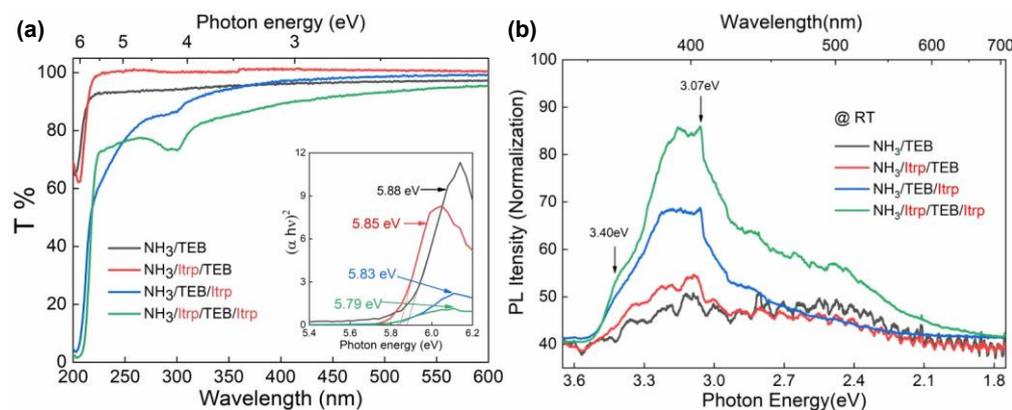


Figure 5. (a) The UV-vis transmission spectra and (b) normalized RT-PL spectra of the h-BN films with fixed 150 growth loops under four FME modes. The inset of (a) shows the $(\alpha hv)^2$ versus photon energy $h\nu$ for determining the optical bandgap energy of h-BN.

The normalized RT-PL spectra of four samples were displayed to characterize the defect luminescence by dividing the PL intensity by the film thickness. In Figure 5b, the samples under the $NH_3/TEB/Itrp$ and $NH_3/Itrp/TEB/Itrp$ modes show broad luminescence bands from 3.5 to 2.0 eV. There are two intensive peaks near 3.40 and 3.07 eV, which are probably concerned with the donor-acceptor pair (DAP) recombination involving a shallow O_N donor and a deep C_N acceptor [47]. The peak at 3.40 eV corresponds to the zero-phonon line (ZPL) of (C_N-O_N) -complex. The wide asymmetric emission band around 3.07 eV is associated with transitions of phonon-assisted (C_N-O_N) -complex [48–50]. The transition from C_N to the valence band with an energy of 2.3 eV might also submerge in the broad luminescence spectra. The defect luminescence intensities in h-BN films with the $NH_3/TEB/Itrp$ and $NH_3/Itrp/TEB/Itrp$ growth modes are stronger than those with the NH_3/TEB and $NH_3/Itrp/TEB$ modes. There are two reasons responsible for this phenomenon: (1) the B-rich growth conditions lower the formation energy of C_N and O_N defects [51,52] and result in high-concentration defects; (2) the rapid growth rates facilitate the incorporation of impurities.

Considering the B-rich growth environment and high concentration impurities in the $NH_3/Itrp/TEB/Itrp$ mode, a series of experiments were carried out to study the effect of the duration of NH_3 supply. As shown in Figure 6a–c, the surface morphology is nearly identical as the NH_3 injection duration increases from 2 s to 12 s. The thickness decreases from 29 nm to 25 nm, and the corresponding growth rate decreases from 5.78 nm/min to 5.02 nm/min. It should be noted that the growth rates are somehow higher than that of the above experiments because of the state fluctuations of facilities at different stages. Furthermore, the ratios of the B-C (B-O) bond to the B 1s peak are 10.9% (13.1%), 9.4% (14.8%), and 8.2% (14.7%) for samples with NH_3 injection durations of 2 s, 4 s and 12 s, respectively, and the B/N atomic ratios are estimated to be around 1.46–1.43. It seems that the increase of NH_3 injection duration in each loop could suppress the incorporation of C impurity, whereas increase the incorporation probability of O impurity; the growth rate would be slightly decreased due to the reduced surface migration of B adatoms [27] and the aggravated passivation of N-terminal growth front. More careful optimization of growth conditions under $NH_3/Itrp/TEB/Itrp$ mode are needed to inhibit the concomitant incorporation of C and O impurities, which are beyond the scope of this work.

Based on the morphological and chemical states analysis, the growth mechanisms of h-BN under four FME modes are discussed as below. As shown in Figure 7, in the early stage of the growth, BN nucleates primarily around the H_2 etching caused pits on the nitrated substrate surface. In the absence of growth interruptions, the growth rate is

quite slow due to the passivation of N-terminal growth fronts by hydrogen atoms [53], and the low surface mobility of B adatoms. Introducing the growth interruption after NH_3 injection could remove the passivation of N-terminal fronts, while introducing the growth interruption after TEB injection could enhance the migration of B adatoms. Considering the huge difference in the growth rates between the samples under $\text{NH}_3/\text{Itrp}/\text{TEB}$ and $\text{NH}_3/\text{TEB}/\text{Itrp}$ modes, we can conclude that the growth rate is dominantly determined by the surface migration ability of B adatoms. Adopting growth interruptions after NH_3 and TEB injections would suppress the possible parasitic reaction more thoroughly, further increases the growth rate and improves the surface morphology. In addition, the high growth rate leads to the incorporation of C and O impurities to substitute N sites, forming sp^2 B-C bonds and sp^3 B-O bonds.

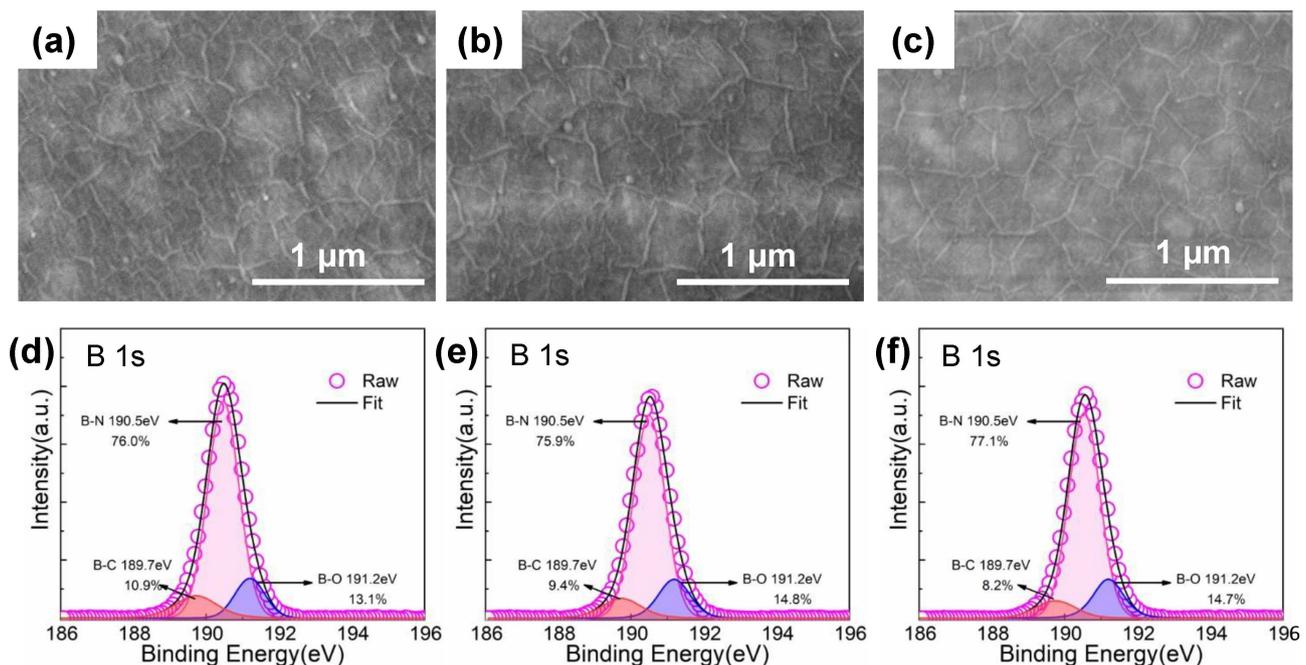


Figure 6. The SEM images and XPS spectra of h-BN films with different NH_3 injection durations under $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ modes: (a,d) 2 s, (b,e) 4 s and (c,f) 12 s. The TEB injection duration and the growth loop were kept 2 s and 150, respectively.

Finally, h-BN films with a similar thickness (2 ± 0.3 nm) were prepared using different FME methods with 4 s NH_3 injection durations by adjusting the growth loops. Figure 8 shows the surface morphology of h-BN films grown by four FME methods. The surface roughness decreases after introducing the growth interruption. The sample using the $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ growth mode has the smoothest surface because of the enhanced surface mobility of B adatoms and weakened parasitic reaction.

In Figure 9a,c, the characteristic peaks of h-BN are significant in FTIR and Raman spectra for all samples. The sapphire substrate has a characteristic peak at 1353.8 cm^{-1} (marked as peak1) in Figure 9c. It might interfere the observation of the characteristic peak of thin h-BN, which is around 1370 cm^{-1} contributed by the E_{2g} vibration mode [54]. Hence, we used multi-peaks gaussian fitting to obtain the calibrated FWHM values and the Raman shifts of h-BN. The fitted FWHM values of fixed peak1 is around 37 cm^{-1} for all samples, confirming that the fitting results are reliable. The h-BN sample under $\text{NH}_3/\text{Itrp}/\text{TEB}$ FME mode has the narrowest FWHM values of characteristic FTIR and Raman peaks, 26 cm^{-1} and 23 cm^{-1} , respectively, indicating that h-BN with excellent crystalline quality can be achieved by solely introducing an interruption after the NH_3 injection. The passivation of the N-terminals can be efficiently eliminated during the interruption, thus promote the

lateral merging of nucleation islands, and improve the crystallinity of h-BN. On the other hand, the relative slow growth rate reduces the concentration of N-related defects.

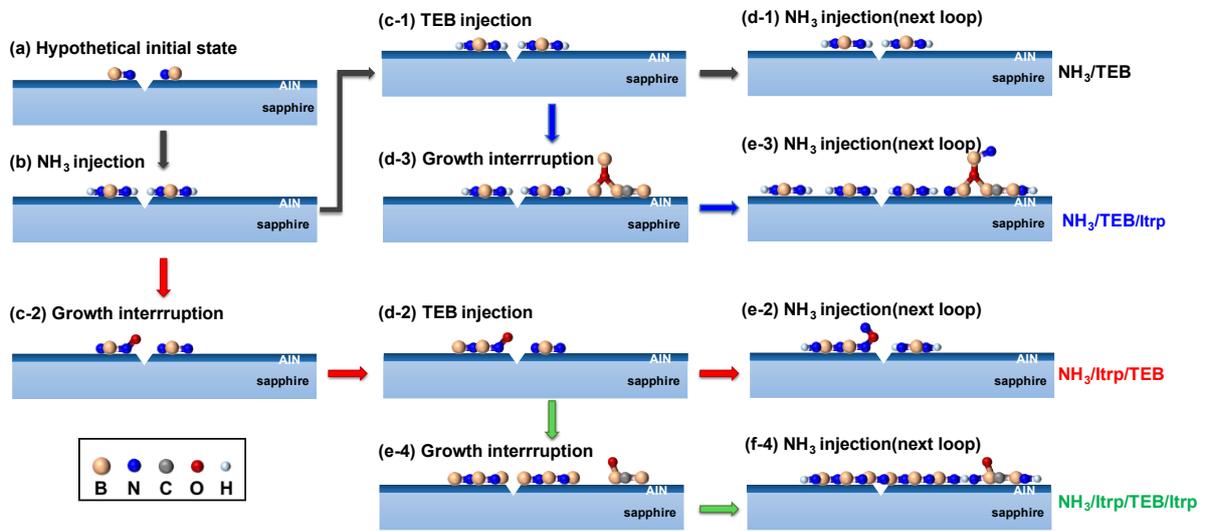


Figure 7. Schematic growth model of h-BN grown by NH_3/TEB (a,b,c-1,d-1), $\text{NH}_3/\text{Itrp}/\text{TEB}$ (a,b,c-2,d-2,e-2), $\text{NH}_3/\text{Itrp}/\text{TEB}$ (a,b,c-1,d-3,e-3) and $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$ (a,b,c-2,d-2,e-4,f-4).

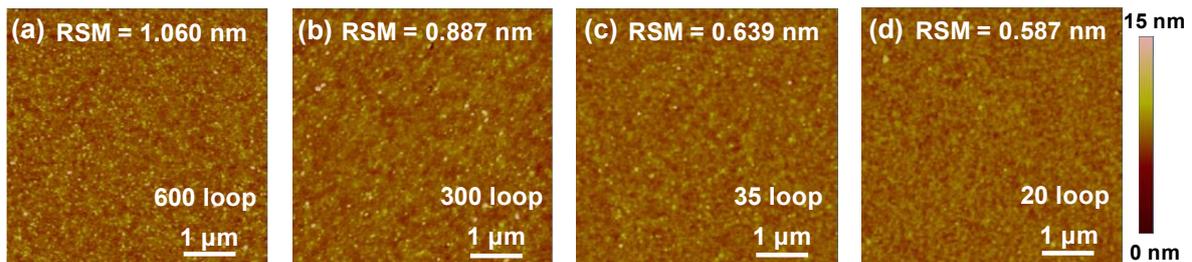


Figure 8. The AFM images of 2-nm-thick BN films grown by four FME modes: (a) NH_3/TEB , (b) $\text{NH}_3/\text{Itrp}/\text{TEB}$, (c) $\text{NH}_3/\text{TEB}/\text{Itrp}$, (d) $\text{NH}_3/\text{Itrp}/\text{TEB}/\text{Itrp}$.

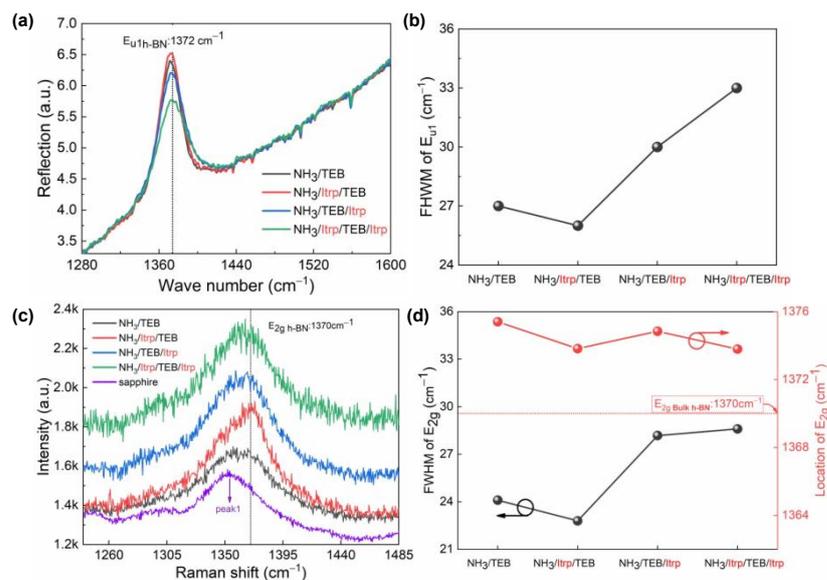


Figure 9. (a) FTIR spectra, (b) the variations of FWHM of E_{u1} peaks, (c) Raman spectra and (d) the variations of FWHM (left axis in black) and location of E_{2g} (right axis in red) of the h-BN with a similar thickness grown by four FME modes.

4. Conclusions

In summary, the effect of the growth interruption on the surface morphology and crystalline quality of h-BN by MOCVD was investigated. It was found that the growth interruption after the TEB injection could enhance the surface mobility of B adatoms and improve the growth rate of h-BN dramatically; while the growth interruption after the NH₃ injection could eliminate the N-terminal passivation and reduce the parasitic reactions between precursors. As a result, the h-BN film grown in the NH₃/Itrp/TEB/Itrp mode presents the smoothest surface morphology and the fastest growth rate, providing a feasible method to prepare thick h-BN films. The surface RMS of 24 nm-thick h-BN film is 2.01 nm after the 150-loop NH₃/Itrp/TEB/Itrp growth mode, which is lower than that of 20 nm-thick reported in [26] (RMS = 3.77 nm). But further optimization of growth conditions is required to suppress the concomitant incorporation of C and O impurities. Meanwhile, thin h-BN with excellent crystalline quality can be obtained by introducing a growth interruption solely after the NH₃ injection due to the promotion of the lateral growth of BN domains and the low concentration of defects. Under this mode, the FWHM values of E_{2g} peaks of 2 nm-thick h-BN is 23 cm⁻¹, which is compatible to the results in [26,29,30] (27–36 cm⁻¹).

Supplementary Materials: The following supporting information can be downloaded at <https://www.mdpi.com/article/10.3390/cryst13030486/s1>. Figure S1: The surface morphology variations of h-BN films grown by NH₃/TEB with the growth loops; Figure S2: The surface morphology variations of h-BN films grown by NH₃/Itrp/TEB with the growth loops; Figure S3: The surface morphology variations of h-BN films grown by NH₃/TEB/Itrp with the growth loops; Figure S4: The surface morphology variations of h-BN films grown by NH₃/Itrp/TEB/Itrp with the growth loops; Figure S5: The XPS spectra of Al 2p peak in h-BN film under four FME modes. (a) NH₃/TEB, (b) NH₃/Itrp/TEB, (c) NH₃/TEB/Itrp, (d) NH₃/Itrp/TEB/Itrp; Figure S6: The XPS spectra of O 1s peak in h-BN film under four FME modes. (a) NH₃/TEB, (b) NH₃/Itrp/TEB, (c) NH₃/TEB/Itrp, (d) NH₃/Itrp/TEB/Itrp; Table S1: The variations of binding energy, FWHM and percentage content of different bonds of B 1s, N 1s and C 1s XPS core level spectra in h-BN films by four FME modes.

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