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# Natural Porous Carbon Derived from Popped Rice as Anode Materials for Lithium-Ion Batteries

Ruttapol Boonprachai<sup>1</sup>, Thanapat Autthawong<sup>1,2</sup>, Orapim Namsar<sup>1</sup>, Chawin Yodbunork<sup>1</sup>, Waewwow Yodying<sup>1</sup> and Thapanee Sarakonsri<sup>1,2,3,\*</sup>

- <sup>1</sup> Department of Chemistry, Faculty of Science, Chiang Mai University, Chiang Mai 50200, Thailand; ruttapol\_b@cmu.ac.th (R.B.); thanapat.chem@gmail.com (T.A.); aorrapim\_nam@hotmail.com (O.N.); chawin\_yo@cmu.ac.th (C.Y.); waewwow\_yodying@cmu.ac.th (W.Y.)
- <sup>2</sup> Material Science Research Center, Faculty of Science, Chiang Mai University, Chiang Mai 50200, Thailand
- <sup>3</sup> Center of Excellence for Innovation in Chemistry (PERCH-CIC), Chiang Mai University, Chiang Mai 50200, Thailand
- \* Correspondence: tsarakonsri@gmail.com

Abstract: Popped rice carbons (PC) were derived from popped rice by using a facile and low-cost technique. PC was then activated by different kinds of activating agents, such as potassium hydroxide (KOH), zinc chloride (ZnCl<sub>2</sub>), iron (III) chloride (FeCl<sub>3</sub>), and magnesium (Mg), in order to increase the number of pores and specific surface area. The phase formation of porous activated carbon (PAC) products after the activation process suggested that all samples showed mainly graphitic, amorphous carbon, or nanocrystalline graphitic carbon. Microstructure observations showed the interconnected macropore in all samples. Moreover, additional micropores and mesopores were also found in all PAC products. The PAC, which was activated by KOH (PAC-KOH), possessed the largest surface area and pore volume. This contributed to excellent electrochemical performance, as evidenced by the highest capacity value (383 mAh g<sup>-1</sup> for 150 cycles at a current density of 100 mA g<sup>-1</sup>). In addition, the preparation used in this work was very simple and cost-effective, as compared to the graphite preparation. Experimental results demonstrated that the PAC architectures from natural popped rice, which were activated by an optimal agent, are promising materials for use as anodes in LIBs.

Keywords: porous carbon; graphite; anode material; popped rice; lithium-ion batteries

## 1. Introduction

The growing demand for the usability of portable electronic devices (e.g., smartphones, cameras, laptops, medical devices, and other modern-life appliances), and the driving force of renewable energy industries and electric vehicles (EVs), can widely trigger research on batteries [1–3]. Lithium-ion batteries (LIBs) attract the most attention because the energy storage and working potential of LIBs are higher than those of other batteries. Moreover, LIBs have almost no memory effects and low amounts of environmental pollutants, which means they dominate the battery market [4]. The key to fabricating the collective potential of LIBs is almost determined by the performance of the electrode itself [5]. It is well known that graphitized carbon material is commercially used as negative electrodes in LIBs because of its high structural stability and reversibility. The regular distance between graphite planes can appropriately accommodate the size of Li<sup>+</sup>, which has the possibility to form stable Li intercalation due to the discharge–charge process [6,7]. Besides stability, commercial graphite has high conductivity, which can improve electrons and ions diffusion in the electrode. However, it has a limited theoretical capacity (372 mAh  $g^{-1}$ ) and high temperature in the synthesis process (more than 2500 °C). Pleasantly, the graphitization temperature is decreased by catalysts which can transform the amorphous carbon to graphitized carbon at a temperature of around 800–1000 °C [8,9]. Transition metals such as iron, cobalt, nickel, and magnesium have been widely studied in the catalytic graphitization process [10,11].



Citation: Boonprachai, R.; Autthawong, T.; Namsar, O.; Yodbunork, C.; Yodying, W.; Sarakonsri, T. Natural Porous Carbon Derived from Popped Rice as Anode Materials for Lithium-Ion Batteries. *Crystals* 2022, *12*, 223. https:// doi.org/10.3390/cryst12020223

Academic Editors: Umberto Prisco, Zhao Zhang, Severo Raul Fernandez-Vidal and Ana Pilar Valerga Puerta

Received: 27 December 2021 Accepted: 2 February 2022 Published: 3 February 2022

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In addition to graphite, amorphous carbon and porous carbon materials appeal to researchers, owing to cost efficiency, environmental benefits, and sustainability. Amorphous carbon can be easily extracted at a low temperature from biomass materials (i.e., rice husk, bamboo leaves, pollen grains, cotton, etc., [12–16]), which have been widely studied in battery storage. On the other hand, porous carbon materials are also among the materials that are getting attention in battery applications, due to their porosity and high surface areas. These properties improved contact between the materials and the electrolytes, which led to a reduction of the distance the lithium ions must diffuse. This, in turn, resulted in a good-rate performance [12]. Moreover, porous carbons can obtain a higher capacity than graphitized carbon due to expanded interlayer distances and shortened ion transportation pathways [7]. Apart from battery applications, the carbonaceous- and porous-based materials have also been utilized in several applications, such as electrocatalysts and capacitors [17–19]. Commonly, the techniques of synthesized amorphous carbon are directly pyrolysis or hydrothermal treatment, which use lower temperatures than the techniques of synthesized graphite. Hemicellulose, cellulose, and lignin in biomass, can be decomposed to create porous structures at different temperatures. Biomass-derived carbon can keep natural-characteristic structures, such as the shape, tube and pore of each biomass. These structures have a significant impact on electrochemical performance [20]. Therefore, many researchers have begun to focus on the morphology of biomass-derived carbon to use as anode materials in LIBs. Recently, amorphous carbon materials with interconnected porous networks have been seen as promising candidates for various storage applications in the electrochemical energy community (i.e., lithium-ion batteries, sodium-ion batteries, and supercapacitors, etc. [21–23]). The special attractiveness of the interconnected porous networks is in the ability of mass mobilization and accessibility within porous structures [24]. The large mesopore content promotes ion transport and meso- and micropores support ion storage with increases of the local uptake rate of Li<sup>+</sup> [25,26]. Therefore, activating agents  $(ZnCl_2, H_3PO_4, KOH, K_2CO_3, and FeCl_3, etc.)$  were used to improve pore content in carbon structures during the thermal treatment process [27–29].

H. Jianhua et al. [30] reported on the preparation of puffed rice carbon. The rice was chosen as a starting material source, which was converted into puffed rice by a heated pressure vessel in a closed container. The starch-containing materials were expanded, transforming into expanded porous-network materials, with a 10-fold increase of volume and surface area via the bombing process [24]. After being activated by KOH and thermal treatment, the puffed rice carbon with honeycomb-like macrostructures exhibited high specific surface areas (3326 m<sup>2</sup> g<sup>-1</sup>) [30]. Interestingly, popped rice can be prepared by Thai local wisdom. It is used in various Thai ceremonies and can be easily prepared from paddy. The preparation of popped rice uses low temperatures for a few minutes in a pan. This process involves compression and the instantaneous release of the internal vapor pressure in the paddy. Using this method, the porous material can be easily received in a rapid process, which is clean and eco-friendly. This method is more convenient than a heated pressure vessel in a closed container and it is also easy to expand production capacity.

This research is a guideline for the material designing and structural optimization of high-performance porous carbon materials from biomass sources to cater to the increasing demands for energy that is eco-friendly. This article highlights the facile synthesis and development of porous carbon materials from paddy by using different types of activating agents. Their final characteristics and electrochemical performances were also investigated to evaluate the potential of these materials for use as anodes in LIBs.

#### 2. Materials and Methods

## 2.1. Material Preparation

San-Pah-Tawng paddy was used as a raw material in this research, which was collected in Chiang Mai, Thailand. To prepare the popped rice carbon (PC), the paddy was first placed into the pot (Kashiwa, Chiba Prefecture, Japan, KW-378) and then was heated. After 1–2 min, the moisture in the paddy became a vapor that was collected within the hole of rice. When the pressure was suitable, it popped out of the pericarp to become the popped rice. After that, it was heated at 500 °C for 1 h with a heating rate of 5 °C min<sup>-1</sup> under nitrogen flow to form popped rice carbon. After pre-calcination, it was mixed with different types of activating agents. The activating agents used in this work were potassium hydroxide (KOH; QRëC, 25%, AR grade, Selangor, Malaysia), zinc chloride (ZnCl<sub>2</sub>; Sigma-Aldrich, >98%, Reagent grade, MO, USA), Iron (III) chloride hexahydrate (FeCl<sub>3</sub> $\cdot$ 6H<sub>2</sub>O; Sigma-Aldrich, Reagent grade, >98%, St. Louis, MO, USA), and magnesium powder (Mg; Sigma-Aldrich, 98%, Reagent grade, St. Louis, MO, USA). The ratio of the popped rice carbon: activating agent was 1:2 wt%. The KOH and ZnCl2 were prepared as solution in deionized (DI) water before it was stirred overnight while Mg and FeCl<sub>3</sub> were directly mixed by mortar. The mixture products were dried at 100 °C overnight and then the activated products were thermally treated at 800 °C for 3 h with a heating rate of 5 °C min<sup>-1</sup> under nitrogen gas flow. After the treatment process, all samples were soaked in 2 M hydrochloric acid (HCl; RCI Labscan, 37%, AR grade, Samutsakorn, Thailand) to rinse the activating agents. Finally, all products were again rinsed and neutralized with deionized water before being dried. All final products were collected and therefore can be labeled as PAC-KOH, PAC-ZnCl<sub>2</sub>, PAC-FeCl<sub>3</sub>, and PAC-Mg. All PAC products were then characterized in a comparison with non-activated PC sample.

#### 2.2. Material Characterizations

Phase formation of the synthesized products was investigated by X-ray diffractometer (XRD; Rigaku Miniflex II desktop, Tokyo, Japan). Morphology and structure of the produced materials were examined using a scanning electron microscope (SEM; JEOL, JSM-IT300, Tokyo, Japan). To study the characteristic of crystal structure and graphitic degree, Raman spectra were operated by Raman spectrometer (Jobin Yvon Horiba, model T64000 triple monochromator, Palaiseau, France). The surface area and the pore size distribution were obtained using the Brunauer–Emmett–Teller (BET; Model Autosorb 1 MP Quantachrome, Boynton Beach, FL, USA) method and Barrett–Joyner–Halenda (BJH) theory.

#### 2.3. Electrochemical Measurements

All the prepared samples were manufactured as CR 2016-type coin cells to examine the electrochemical performances. Working electrodes were made by combining synthetic sample, conductive Super-P (NCM HERSBIT Chemical Co. Ltd., Beijing, China), and sodium alginate (SA) binder (Loba Chemie, 91%, Food grade, Mumbai, India) in a weight ratio of 70:15:15 in DI water to create the homogeneous slurry. The mixed slurry was then cast on Cufoil with a thickness of 150 µm and dried overnight in a vacuum oven at 80 °C to eliminate the solvent and moisture. The prepared electrodes were then trimmed into a 15 mm diameter circular to serve as an anode electrode. To avoid moisture and oxygen, the coin cell was built in an argon-filled glove box. A lithium metal chip was employed as the counter electrode in the coin cell construction. Both sides of the electrodes were separated using a polypropylene (PP; Celgard 2400, Xiamen TOB New Energy Technology Co., Ltd, Fujian, China) membrane, and then bathed in a 1 M lithium hexafluorophosphate (LiPF<sub>6</sub>) solution in 1:1 ethylene carbonate (EC)/dimethyl carbonate (DMC) (v/v) + 10% fluoroethylene carbonate (FEC) (Sigma Aldrich, Oakville, ON, Canada). The electrochemical measurements were examined in terms of galvanostatic discharge/charge and cycle stability for 150 cycles at a current density of 100 mA g<sup>-1</sup> on a battery test system (Neware BTS-4000, Shenzhen, China), which fixed a cut-off voltage window of 0.01–3.00 V at room temperature.

### 3. Results

After the PC products were activated by different types of activating agents, the phase formations and structural characteristics of the activated PAC were first analyzed and compared to the non-activated PC, as shown in Figure 1a. The XRD pattern of the non-activated PC product showed two broadened peaks at 16°–32° and 37°–50°, which were assumed to be amorphous carbon or nanocrystalline graphite. When the PC product was

activated by KOH and ZnCl<sub>2</sub>, it was observed that two broadened peaks were still detected, indicating that the amorphous carbon or nanocrystalline graphitic carbon still existed in both samples. Interestingly, the intensity of the broadening peaks located at  $16^{\circ}$ – $32^{\circ}$  of the PAC-KOH sample was much weaker and broader than that of the PAC-ZnCl<sub>2</sub>, which indicated a high derivative of *d*-spacing values in this sample. In the case of PAC-FeCl<sub>3</sub> sample, the broadened peaks, and a little peak located at ~ $26^{\circ}$  (corresponded to (002) of graphitic carbon [4]), were observed in the XRD pattern. This suggested the coexistence of amorphous carbon (or nanocrystalline graphite) and a low crystalline graphitic phase in this sample. The low crystalline graphitic phase in the PAC-FeCl<sub>3</sub> sample was formed by catalytic graphitization, which occurred simultaneously during the activation process. The reason was because the FeCl<sub>3</sub> can not only participate as an activating agent, but also act as a catalyst. According to a previous report by Xu et al. [31], FeCl<sub>3</sub> could thermally decompose into iron (III) oxide (Fe<sub>2</sub>O<sub>3</sub>). The oxide product could be further reduced into iron (II, III) oxide (Fe<sub>3</sub>O<sub>4</sub>) by carbothermal reduction, as shown in Equations (1)–(3):

$$200-330 \,^{\circ}\text{C: FeCl}_3 + 2\text{H}_2\text{O} \rightarrow \text{FeOOH} + 3\text{HCl} \tag{1}$$

$$330-700 \ ^{\circ}\text{C}: 2\text{FeOOH} \rightarrow \text{Fe}_2\text{O}_3 + \text{H}_2\text{O}$$

$$(2)$$

$$6Fe_2O_3 + C \rightarrow 4Fe_3O_4 + CO_2 \tag{3}$$



**Figure 1.** (a) XRD patterns and (b) Raman spectra of non-activated PC and PAC samples with different activating agents.

When the temperature increased to 700–800  $^{\circ}$ C, iron oxides would be reduced by carbon, which resulted in iron metal, as displayed in Equations (4)–(6). These reactions also induce pore formation in final products [32]:

$$700-800 \ ^{\circ}C: 2Fe_2O_3 + 3C \to 4Fe + 3CO_2 \tag{4}$$

$$Fe_3O_4 + 2C \rightarrow 3Fe + 2CO_2 \tag{5}$$

$$Fe_3O_4 + 4C \rightarrow 3Fe + 4CO \tag{6}$$

The iron metal acted as the catalyst to convert amorphous carbon into graphitic carbon through iron carbide formation, then subsequently decomposed into iron and graphitic carbon [33]:

$$800 \,^{\circ}\text{C}: 3\text{Fe} + \text{C} \to \text{Fe}_3\text{C} \tag{7}$$

$$Fe_3C \rightarrow 3Fe + C \text{ (graphitic carbon)}$$
 (8)

For the PAC-Mg product, two peaks located at  $\sim 26^{\circ}$  and  $\sim 44^{\circ}$ , of a low crystalline graphitic phase, were mainly observed. This result indicated that the Mg was a catalyst in the graphitization process, which could increase the graphitization degree in the carbon structure. During the thermal treatment process, amorphous carbon reacted with a metal catalyst to form metal carbides. The metal carbides can decompose to graphitic carbon and metal. The graphitization reactions by metal catalysts occurred as expressed in Equation (9) [32]:

$$M + C \rightarrow MC$$
 (carbide)  $\rightarrow$  graphitic carbon + M (9)

After the activation process, the byproducts in this work were eliminated by acid treatment.

To further investigate the structural formation of the non-activated PC and PAC products, Raman spectroscopy was employed. Raman spectra of all five samples are shown in Figure 1b. It can be seen that the spectra of all five samples exhibited two obvious characteristic peaks located at ~1338 cm<sup>-1</sup> and ~1583 cm<sup>-1</sup>, which corresponded to the disordered (D band) and graphitic (G band) structure of carbon [34,35]. According to the XRD results, the graphitic carbon peaks were found in PAC-Mg and PAC-FeCl<sub>3</sub> samples. Moreover, graphitic materials displayed less broad D bands proportional to the sharpness of the graphitic peaks in the XRD patterns, which further confirmed the presence of the graphitic phase. Hence, the  $I_{\rm D}/I_{\rm G}$  of all samples were calculated to indicate the graphitization degree of the graphitic carbon material. Larger values of  $I_D/I_G$  referred to the lower graphitization degree [32]. The  $I_{\rm D}/I_{\rm G}$  values of non-activated PC, PAC-KOH, PAC-ZnCl<sub>2</sub>, PAC-FeCl<sub>3</sub>, and PAC-Mg samples were 1.90, 2.05, 2.02, 1.78, and 1.15, respectively. The  $I_D/I_G$  values of PAC-FeCl<sub>3</sub> and PAC-Mg samples were lower than other PAC samples, suggesting that both samples exhibited a higher graphitization degree than other PAC samples, which was consistent with previous XRD results. For non-activated PC, PAC-KOH, and PAC-ZnCl<sub>2</sub> which exhibited higher  $I_D/I_G$  values, it was clear that the D bands presented in Raman spectra were broader than that of the graphitic materials. The broadening of *D* bands indicated more variety of defects in amorphous carbon, which could be assumed to be the raw materials that were decomposed to create porous structures during the activation process [36]. However, the presence of the D band could also be generated from the edges of the graphitic planes. Therefore, it was also possible that the non-activated PC, PAC-KOH, and PAC-ZnCl<sub>2</sub> materials possessed nanocrystalline characteristics [37,38].

The influence of the activating agents on the surface structure and micromorphology of the PC and PAC products can be investigated by the SEM technique. Figure 2 shows SEM images of non-activated PC, and the PAC samples. The non-activated PC sample showed the interconnected macropores with a pore diameter of ~10  $\mu$ m. The macroporous networks were formed by the compression and instantaneous release of the internal vapor pressure in the paddy [24]. However, some interconnected macropores, which broke the carbon sheets into individual sheets, were also observed in the non-activated PC sample, as shown in Figure 2b. The sizes of the broken carbon sheets were in the range of 10–20  $\mu$ m. Figure 2c–f shows SEM images of PAC-KOH, PAC-ZnCl<sub>2</sub>, PAC-FeCl<sub>3</sub>, and PAC-Mg samples, respectively. The PAC-KOH, PAC-ZnCl<sub>2</sub>, and PAC-FeCl<sub>3</sub> samples showed a random distribution of pores in the macroporous networks. In addition, the agglomeration of spherical particles on the interconnected macropores is detected in the PAC-Mg sample. However, it is difficult to observe the resulting improvement in porosity (micropore and mesopore) from SEM images. Further studies to confirm the improvement will be discussed in the BET section.



**Figure 2.** SEM images of (**a**,**b**) non-activated PC and (**c**–**f**) PAC samples with different activating agents of (**c**) KOH, (**d**) ZnCl<sub>2</sub>, (**e**) FeCl<sub>3</sub>, and (**f**) Mg.

The physical adsorption method of nitrogen gas was used to measure the specific surface area of all five samples, as shown in Figure 3a–e. In Figure 3a–e, the N<sub>2</sub> adsorptiondesorption isotherm of non-activated PC, PAC-FeCl<sub>3</sub>, and PAC-Mg were measured at 77 K. The measured adsorption isotherms of non-activated PC, PAC-FeCl<sub>3</sub>, and PAC-Mg can be classified as type IV (IUPAC classification) [39]. The initial part of this isotherm shows the formation of a monolayer adsorption, followed by a formation of a multilayer adsorption. However, the hysteresis of all three samples indicated adsorption and desorption from mesoporous materials. On the other hand, the measured adsorption isotherms of PAC-KOH and PAC-ZnCl<sub>2</sub>, which can be classified as type I (IUPAC classification), corresponded to the microporous adsorbent of activated carbon. Furthermore, the hysteresis in PAC samples indicated the capillary condensation of adsorption and desorption in mesoporous materials [40]. Table 1 also lists the surface areas and pore-structure parameters of the non-activated PC and PAC samples after using activating agents. When the PC was activated by KOH, ZnCl<sub>2</sub>, and FeCl<sub>3</sub>, the surface area was significantly increased from  $56 \text{ m}^2 \text{ g}^{-1}$  (non-activated PC) to  $1695.58 \text{ m}^2 \text{ g}^{-1}$  (PAC-KOH),  $1677.66 \text{ m}^2 \text{ g}^{-1}$  (PAC-ZnCl<sub>2</sub>) and 732.62 m<sup>2</sup> g<sup>-1</sup> (in PAC-FeCl<sub>3</sub>). However, the PAC-Mg sample had a surface area of 46.34 m<sup>2</sup> g<sup>-1</sup>, which was lower than that of the non-activated sample. It can be seen that the PAC-KOH and PAC-ZnCl<sub>2</sub> samples exhibited higher surface areas than PAC-FeCl<sub>3</sub> and PAC-Mg. In addition to the effects of the strong activating agent, the different mixing

methods between the activating agent and non-activated PC also played an important role in the increase of the surface area. The PAC-KOH and PAC-ZnCl<sub>2</sub> samples used the mixing method in the solution, which was indirect precipitation. This indirect precipitation from the salt solution caused the activating agents to diffuse into the inside of the non-activated PC structure [41]. This, in turn, resulted in a good agent distribution and an increase of the contact area between the non-activated PC and activating agents in the activation process. The increase of the contact area contributed to more activation and higher surface areas in PAC samples. Meanwhile, the PAC-FeCl<sub>3</sub> and PAC-Mg samples used the solid-state mixing method, the distribution of which depends on the particle sizes of activating agents [41]. From this limitation, the contacting area (between the non-activated PC and activating agents) in the solid-state mixing is lower than in the solution mixing. The reduction of the contact area led to a reduction of sites for activation. Because of the reasons above, the surface areas of the PAC-KOH and PAC-ZnCl<sub>2</sub> samples were greatly improved compared to the PAC-FeCl<sub>3</sub> and PAC-Mg samples. When considering pore density in terms of pore volume, it was found that the pore volume of all four activated samples increased compared to the non-activated sample (0.0720 cm<sup>3</sup> g<sup>-1</sup>). The pore volume of PAC-KOH, PAC-ZnCl<sub>2</sub>, PAC-FeCl<sub>3</sub>, and PAC-Mg was 0.9442, 0.9364, 0.3725, and 0.1119 cm<sup>3</sup> g<sup>-1</sup>, respectively. The pore volume in this study was directly proportional to the surface area of all PAC samples. Namely, the samples that had higher surface areas also had higher pore volumes. These experimental results revealed that the highest pore volume was achieved in the PAC-KOH sample, while the PAC-Mg sample possessed the lowest pore volume. This is because solid-state sintering by Mg could cause the pores to shrink and collapse. Consequently, the pores became spherical and isolated [41]. These effects led to the reduction of pore volume in the PAC-Mg sample.

These results indicated that KOH, ZnCl<sub>2</sub>, and FeCl<sub>3</sub> can improve porosity in the carbon structure of PAC samples. The reaction mechanisms of the activation processes by KOH, ZnCl<sub>2</sub>, and FeCl<sub>3</sub> were discussed as follows.

The reaction mechanisms of KOH were first described in Equation (10). During the activation process, carbon reacted with KOH to transform into carbonate ion and potassium carbonate ( $K_2CO_3$ ), then both products intercalated in carbon. At high temperatures,  $K_2CO_3$  decomposed to a carbon gasification of carbon dioxide (CO<sub>2</sub>), which advocated to form pores [42]:

$$6KOH + 2C \rightarrow 2K + 3H_2 + 2K_2CO_3 \tag{10}$$

In the part of the activation processes by  $ZnCl_2$ , the reaction mechanisms were described in Equations (11) and (12) [43,44]. The glycosidic bonds in the popped rice carbon structure were eliminated by  $ZnCl_2$ , which acted as a strong dehydrating agent and a cutting catalyst. With increasing temperatures, the dehydration reactions and the cutting of biopolymer chains formed the slippage of the short polymer chains and promoted the formation of the fluid phase. Then, zinc oxide chloride hydrate ( $Zn_2OCl_2 \cdot 2H_2O$ ) was obtained after  $ZnCl_2$  reacted with  $H_2O$ :

$$C_x H_y O_z + 2ZnCl_2 \rightarrow C_x H_{y-6} O_{z-3} + Zn_2 OCl_2 \cdot 2H_2 O + 2HCl + Tar$$
(11)

At high temperatures, the  $Zn_2OCl_2 \cdot 2H_2O$  was decomposed to gasify  $ZnCl_2$ . This gas could diffuse in the fluid phase to produce the micro- and mesopores:

$$Zn_2OCl_2 \cdot 2H_2O \rightarrow ZnCl_2 + ZnO + 2H_2O$$
 (12)

The reaction mechanisms of the activation processes by  $FeCl_3$  were described in Equations (13)–(18) [31,44]. When temperatures increased,  $FeCl_3$  decomposed to create iron oxyhydroxides (FeOOH), and then FeOOH decomposed to form  $Fe_2O_3$ . The carbon reacted with  $Fe_2O_3$  to form  $Fe_3O_4$  via a reduction reaction (Equations (13)–(15)):

$$FeCl_3 + 2H_2O \rightarrow FeOCl \cdot H_2O + 2HCl \rightarrow FeOOH + 3HCl$$
 (13)

$$2FeOOH \rightarrow Fe_2O_3 + H_2O \tag{14}$$

$$3Fe_2O_3 + C \rightarrow 2Fe_3O_4 + CO \tag{15}$$

At high temperatures,  $Fe_2O_3$  and  $Fe_3O_4$  acted as catalysts for the separation of adjacent carbon. Both catalysts reacted with carbon into low molecular weight gases, like carbon monoxide (CO) and CO<sub>2</sub> (Equations (16)–(18)), favoring the formation of pores in the carbon structure:

$$2Fe_2O_3 + 3C \rightarrow 4Fe + 3CO_2 \tag{16}$$

$$Fe_3O_4 + 2C \rightarrow 3Fe + 2CO_2 \tag{17}$$

$$Fe_3O_4 + 4C \rightarrow 3Fe + 4CO \tag{18}$$



**Figure 3.** N<sub>2</sub> adsorption–desorption isotherm of (**a**) non-activated PC and PAC electrodes using different activating agents of (**b**) KOH, (**c**) ZnCl<sub>2</sub>, (**d**) FeCl<sub>3</sub>, and (**e**) Mg. (**f**) Pore size distribution of all samples calculated with the BJH model.

	Surface and Pore Parameters			Discharge Capacity (mAh $g^{-1}$ )		
Materials	Surface Area (m <sup>2</sup> g <sup>-1</sup> )	Pore Volume (cm <sup>3</sup> g <sup>-1</sup> )	Average Pore (nm)	1st Cycle	2nd Cycle	150th Cycle
Non-activated PC	54.56	0.0720	2.639	842	293	189
PAC-KOH	1695.58	0.9442	1.116	2008	759	383
PAC-ZnCl <sub>2</sub>	1677.66	0.9364	1.114	911	392	370
PAC-FeCl <sub>3</sub>	732.62	0.3725	1.017	1004	373	320
PAC-Mg	46.34	0.1119	4.831	356	280	252

**Table 1.** Surface area and pore structure parameters, and capacity of non-activated PC and activated PAC samples.

After the activation and heat treatment process, the remaining activating agent in the PAC samples was removed by acid treatment.

Based on Table 1, the average pore size of all five samples was also investigated. It can be clearly seen that KOH and  $ZnCl_2$  were the strongest activating agents to create porous carbon structures, with an average pore size in the range of ~1.1 nm. In addition, FeCl<sub>3</sub> can also create the porous structure with a similar pore size of ~1.0 nm, but its efficiency to create pores was lower than those of the KOH and  $ZnCl_2$  agents. Nevertheless, Mg can partially produce pores in the PAC structure, but the average pore size was relatively high (~4.8 nm).

The pore size distribution was explained in the terms of differential pore volume versus diameter (dV/dD) to present pore size distributions which were calculated through Equation (19) [45]:

$$\frac{dV}{dD} = \frac{V_{i+1} - V_i}{D_{i+1} - D_i}$$
(19)

The pore size distribution was evaluated by BJH theory (Figure 3f). From all samples, there existed a broad peak with a range from 1.5 to 5.0 nm. After the PC sample was activated by the activating agents, it can be found that the dV/dD peak intensity increased compared to the non-activated PC sample. The increase of dV/dD peak intensity indicated the increase in the number of pores. This suggested that the pore size of the non-activated PC sample was improved after activation processes. Furthermore, the samples PAC-KOH and PAC-ZnCl<sub>2</sub> showed a sharp peak at around 1.5 nm. This sharp peak reflected that activating agents such as KOH and ZnCl<sub>2</sub> can create a high content of micropores (<2 nm [46]). These obviously increased pores (micropores and mesopores) will improve ion transport and ion storage in electrochemical performances [26,47].

In order to estimate the performances of the PAC samples for use as anode materials in LIBs, the electrochemical performances of the PAC samples were investigated compared to the non-activated PC samples. Figure 4a-e shows the discharge/charge curves of the non-activated PC and the PAC electrodes at a constant current density of 100 mA  $g^{-1}$ . In the first cycle, the specific discharge capacities of the non-activated PC, PAC-KOH, PAC-ZnCl<sub>2</sub>, PAC-FeCl<sub>3</sub>, and PAC-Mg were 841, 2008, 911, 1004, and 356 mAh  $g^{-1}$ , respectively, and the specific charge capacities were 283, 775, 357, 355, and 221 mAh  $g^{-1}$ , respectively. The first cycle was an irreversible capacity, which was caused by the formation of a solid electrolyte interface (SEI) and the decomposition of the electrolyte. Furthermore, the PAC-KOH electrodes delivered the highest initial capacities compared to the other products. This was mainly due to the effect of the surface area. As mentioned previously, the PAC-KOH possessed the largest surface area. The large surface area can provide more sites for SEI formation, leading to the high initial capacity in this sample [48]. The formation of the SEI layer in all samples was confirmed by the two plateaus at  $\sim 1.0$  and  $\sim 1.5$  V [49]. Moreover, the additional plateau at below 0.2 V was also observed in the first discharge curve of all samples. This indicated the reaction between carbon and lithium-ion [50], as shown in Equation (20) [1]:



**Figure 4.** Electrochemical measurements of all prepared electrodes as anode materials for LIBs: discharge/charge curves of (**a**) non-activated PC and PAC electrodes using different activating agents of (**b**) KOH, (**c**)  $\text{ZnCl}_2$ , (**d**) FeCl<sub>3</sub>, and (**e**) Mg; (**f**) cycle performance of all samples at 100 mA g<sup>-1</sup>.

Moreover, the peak below 1.75 V includes two overlapped processes of adsorption and insertion, which have important lithium storage forms in porous carbons [47]. After the 1st cycle, all plateaus were not observed in the discharge/charge profile of all samples. This suggested the SEI formation mainly occurred in the 1st cycle.

Figure 4f shows the cycling stability of all electrodes at a current density of 100 mA g<sup>-1</sup>. It can obviously be seen that the initial discharge capacities of all samples were higher than the later cycles. This was predominantly due to the formation of SEI, as discussed previously. For PAC-KOH and PAC-ZnCl<sub>2</sub> electrodes, the capacity of both electrodes tended to continuously drop in the initial stage and then were fluctuated at higher cycle numbers. This fluctuation of cycle performance was ascribed to the amorphous nature of carbon [51]. Meanwhile, PAC-FeCl<sub>3</sub> and PAC-Mg electrodes showed the reduction of capacity in the initial stage and then the capacity remained stable in the consequent cycles.

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This suggested that the PAC-FeCl<sub>3</sub> and PAC-Mg electrodes exhibited more stability in the long-term cycling test. The stability of both electrodes was improved from the increased existence of graphite in both samples, which possessed properties of structural stability and reversibility in the Li<sup>+</sup> insertion process [52].

At the 150th cycle, the non-activated PC, PAC-KOH, PAC-ZnCl<sub>2</sub>, PAC-FeCl<sub>3</sub>, and PAC-Mg electrodes have the specific capacities of 189, 383, 370, 320, and 252 mAh  $g^{-1}$ , respectively. It can be seen that the capacities of all samples were related to their pore volume values. Namely, the higher the pore volume, the higher the capacity. These results suggested that the specific capacities of the non-activated PC sample were improved after activation by the activating agents. This improvement was caused by the increased number of pores. All PAC samples exhibited microporous, mesoporous, and macroporous structures which can not only provide more active sites for Li<sup>+</sup> adsorption and storage but also can allow better contact between materials and electrolyte to shorten the distance of Li<sup>+</sup> ion transport. These facilitated fast Li<sup>+</sup> ion diffusion and electrolyte transport, and thereby, the capacity of all activated samples was improved [25,26]. Furthermore, the micropore and mesopore can increase surface areas to store more Li<sup>+</sup>, while the interconnected macropores can function as electrolyte reservoirs, which can greatly reduce the Li<sup>+</sup> diffusion [53–55]. Interestingly, the PAC-KOH sample exhibited a higher capacity than that of the nonactivated PC and other PAC samples. The highest capacity in this sample was mainly due to its large surface area and high pore volume. The larger surface area and higher pore volume of this sample can provide the local uptake of Li<sup>+</sup> and Li<sup>+</sup> adsorption. This, in turn, resulted in an improvement of capacity in this sample. When considering the surface area, PAC-FeCl<sub>3</sub> delivered a half-lower specific surface area than that of the PAC-ZnCl<sub>2</sub>. Interestingly, the specific capacity of PAC-FeCl<sub>3</sub> was almost the same. This phenomenon was caused by the existence of graphite in PAC-FeCl<sub>3</sub>. The increase of graphite content can increase the intercalation host of lithium-ion, which Li-ion intercalation described in the Equation (20) [1]. With increased intercalation hosts, more Li<sup>+</sup> ions can be stored in PAC-FeCl<sub>3</sub> samples. Therefore, the capacity of PAC-FeCl<sub>3</sub> was improved.

The cycle performance of the materials in this work was further compared to graphite and other carbonaceous-based materials, as listed in Table 2. It was found that the new products synthesized in this work exhibited a better cycle performance compared to the conventional graphite (372 mAh g<sup>-1</sup>) [56], other carbonaceous-based materials, and biomass/biowaste-derived activated carbons. Moreover, the preparation of products in this work was facile, cost effective, and environmentally friendly. Therefore, this suggested that the new materials in this work could be potentially used as anodes in LIBs.

Materials	Capacity (mAh g <sup>-1</sup> )	Cycle Number	Current Density (mA g <sup>-1</sup> )	Ref.
Non-activated PC	189	150	100	This work
PAC-KOH	383	150	100	This work
Pristine graphite	~290	50	100	[57]
Recovered graphite	~280	200	100	[58]
Porous carbon	~330	50	100	[59]
Pure carbon	248.9	30	74.4 (0.2C)	[60]
N-doped 3D porous carbon (at 1000 °C)	224	100	200	[61]
Carbon nanofibers (at 1000 °C)	239.6	200	100	[62]

**Table 2.** Comparison of cycle performance of the PAC products in this work, graphite, other carbonaceous-based materials, and other biomass/biowaste-derived activated carbons.

Materials	Capacity (mAh g <sup>-1</sup> )	Cycle Number	Current Density (mA g <sup>-1</sup> )	Ref.
Carbon nanoparticles	320	200	100	[63]
Waste avocado seeds-derived carbon	315	100	100	[64]
Spheroidal carbon	342	100	100	[65]
Graphene-coated pyrogenic carbon	288	50	50	[66]

Table 2. Cont.

#### 4. Conclusions

The porous materials (PAC) were successfully prepared through the activation process using various types of activating agents. The raw material in this work was paddy, which is low cost and environmentally friendly. Paddy can be easily prepared to provide popped rice by using the popping approach. This approach is convenient, safe, low cost, and time saving. The expanded structure of popped rice improved the surface area of paddy. This larger surface area of popped rice could provide more active sites for activating agents and also increase the activation rate. This, in turn, resulted in the formation of PAC products with a higher porosity. The phase characteristics of the PAC products can be described as an amorphous or nanocrystalline graphitic phase. Moreover, the porous structures were formed after using the activating agents, which was confirmed by an increase in the surface area and pore volume of the activated materials. This, in turn, resulted in an enhancement of electrochemical performances. Some of the activated materials delivered a higher specific capacity than the conventional graphite, especially PAC-KOH, which provided the highest electrochemical performance among all five samples. This confirmed that the KOH activating agent possessed high ability and would be useful for the activation of other carbonaceous materials. This work demonstrated that porous materials with good electrochemical performance can be synthesized using a low cost and convenient process. Therefore, the new anode materials produced in this work have the potential to be used as anode materials in LIBs.

**Author Contributions:** Conceptualization, R.B. and T.S.; data curation, O.N. and C.Y.; formal analysis, R.B., W.Y. and. T.S.; funding acquisition, T.S.; investigation, R.B. and T.A.; methodology, R.B. and C.Y.; project administration, T.A. and T.S.; resources, R.B.; supervision, O.N. and T.S.; validation, T.A., O.N. and T.S.; visualization, R.B.; writing—original draft preparation, R.B.; writing—review and editing, O.N., W.Y. and T.S. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Acknowledgments: The authors would like to thank the Renewable Energy Laboratory Research Group, and the Department of Chemistry, Faculty of Science, Chiang Mai University, for facility supports. This work was financially supported by post-doctoral fellowships, Chiang Mai University, and financial funding by the Center of Excellence for Innovation in Chemistry (PERCH-CIC) and Material Science Research Center (MsRC). This work also received financial support from TSRI, and Fundamental Fund 2022, Chiang Mai University.

Conflicts of Interest: The authors declare no conflict of interest.

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