



# Article Vapour Diffusion Sitting Drop Method to Induce Nucleation of Calcium Phosphate on Exfoliated Graphene and Graphene Oxide Flakes

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**Abstract:** The preparation of graphene/apatite and graphene oxide/apatite hybrid nanocomposites has recently attracted great attention in the biomaterial community. The sitting drop vapor diffusion technique has been assessed as a preparative method for such nanocomposites in this work. The technique has been employed to induce heterogeneous nucleation and growth of calcium phosphate in the presence of exfoliated graphene and commercial graphene oxide flakes, both labeled with L-Alanine. Exfoliated multilayered graphene flakes were produced by sonication-assisted liquid-phase exfoliation of graphite. In both composites, the apatite nanocrystals displayed similar size and shape, but different labile and B-type carbonation contributions. Graphene and graphene oxide flakes also influenced the carbonation degree of the apatite, which was almost half that measured for the apatite blank, as well as the aggregation state of their composites. In this regard, those composites with graphene oxide formed larger aggregates because of their wider size distribution, with a high-volume percentage of nanosheets (of about 4 nm length). Overall, the method is very useful to prepare small amounts of nanocomposite with high reproducibility.

**Keywords:** apatite; vapor diffusion; heterogeneous nucleation; exfoliated graphene; graphene oxide; composites

## 1. Introduction

In the last decades, heterogeneous nucleation and growth of calcium phosphates (hereafter CaP) on metallic supports (namely Ti and its alloys) has been a focus of intense research because of the necessity of fabricating CaP coated metallic implants for load bearing applications in the orthopedic and dental fields [1–5]. Comparatively, the interest on deposition of CaP on non-metallic supports, i.e., inorganic substrates and polymers, aimed to prepare implants, hybrid composites or scaffolds for applications in bone tissue engineering is more recent. In this regard, the deposition of nanocrystalline apatite (nAp) on graphene nanosheets and its derivatives to produce graphene/apatite hybrid nanocomposites, combining the bioactive properties of the nAp with the mechanical strength of graphene, has attracted much attention in the biomaterial field, with the first studies published in 2009 [6].

Synthetic nAp mimicking the apatitic constituent of bone and teeth exhibit excellent bioactivity and biocompatibility, lack of toxicity or inflammatory and immunity responses, and a relatively high bioresorbability. Comparing to stoichiometric hydroxyapatite [HA,  $Ca_{10}(PO_4)_6(OH)_2$ ], which is the more stable and insoluble CaP, nAp is nonstoichiometric -Ca<sup>2+</sup> and -OH deficient, incorporates carbonate ions in its crystal structure, provides a huge surface/volume ratio derived from its nanodimensions and thus, a higher solubility [7].

Graphene is a single layer of carbon atoms with sp<sup>2</sup> hybridization bound by highly stable covalent bonds [8]. Graphene displays exceptional features such as zero-effective mass,



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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). excellent thermal conductivity, extreme stiffness, fracture toughness, no gas permeability, high mobility of charge carriers, and optical transparency [9]. It is worth highlighting the investigations of Hone and coworkers [10], who measured the mechanical properties of single-layer graphene by nanoindentation, and considered graphene as 'the strongest material ever measured'. In addition, graphene and its derivatives, such as graphene oxide (GO) and reduced graphene oxide (rGO), have shown a good biocompatibility, which is a requirement for its biomedical applications [11]. Because of its peculiar properties, graphene is an ideal candidate as reinforcement material of CaPs nanocomposites [12].

Different preparation methods of hybrid graphene/apatite nanocomposites and their derivatives nanomaterials have been proposed along this decade of research including in situ synthesis, biomimetic mineralization, hydrothermal synthesis and chemical vapour deposition. Other methods, such as electrophoretic deposition, electrochemical deposition and thermal spray have been proposed to coat Ti-based orthopedic implants with graphene/apatite composites, improving the adhesion to the metal-composite interfaces [6].

Our laboratory has developed a biomimetic route, based on the vapour diffusion sitting drop micro-method (hereafter SDVD) [13], which has been used to induce the heterogeneous nucleation and growth of CaP films on mica sheets [14] and exfoliated multilayer graphene (G) [15]. The obtained nAps by this method are Ca- and OH- deficient and, in addition, are doped with  $CO_3^{2-}$  ions. The average formula can be written as  $Ca_{(5-x)}OH_{(1-x)}(PO_4)_{(3-x)}(CO_3)_x$ , with  $0 \le x \le 1$ . The G flakes were prepared by the sonication assisted liquid-phase exfoliation technique of graphite (LPE [16]) using lysozyme, L-tryptophan, N-acetyl-D-glucosamine and chitosan as dispersing surfactants. The LPE technique produced multilayer flakes. The SDVD method is performed in a closed environmental microreactor called *crystallization mushroom*, which is composed of a crystallization chamber in the upper part, and a gas generation chamber on the lowest side containing  $NH_4HCO_3$  [13–15]. We deposit 12 aqueous Ca<sup>2+</sup>- and HPO<sub>4</sub><sup>2-</sup>-bearing droplets arranged circularly in the crystallization chamber. The deposition of CaP in these droplets takes place by diffusion of CO<sub>2</sub> and NH<sub>3</sub> gases (produced in situ by decomposition of NH<sub>4</sub>HCO<sub>3</sub>) through the droplets, where the substrates are found dipped. When using chitosan-G as heteronucleant, the nAp/chitosan-G composites were more homogeneous than with the other biomolecule-G flakes.

In this work, our aim is to assess the SDVD route as a preparative method of G/nAp and GO/nAp nanocomposites. L-alanine (L-Ala) is the biomolecule used as dispersing surfactant to assist LPE of graphite, and for the equilibration of GO suspensions by sonication. L-Ala, a non-essential aminoacid with an isoelectric point (i.e., p.) close to neutrality (L-Ala, i.e., p. = 6.00), is expected to not alter significantly the pH profile of the droplets, and then their aqueous speciation and CaP saturation indices, but to stimulate the biocompatibility of the resulted composite [17]. We have analyzed the following aspects of the crystallization process in detail: (i) the evolution of aqueous speciation and CaP supersaturation triggered by the diffusion of CO<sub>2</sub> and NH<sub>3</sub> inside the Ca/acetate/phosphate bearing droplets of the mushroom, (ii) the morphological, structural and spectroscopic characteristics of the precipitated solids, and (iii) the particle size distribution (PSD) and  $\zeta$ -potential of their aqueous suspensions. Finally, we have compared SDVD with previous G/nAp preparation techniques to highlight the benefits of this method, and provided a plausible formation mechanism of the nanocomposites.

#### 2. Materials and Methods

#### 2.1. Preparation of G and GO Suspensions in Presence of L-Ala

The G flakes were prepared by LPE using L-Ala as dispersing surfactant. 20 mL glass vials containing 10 mL of suspensions prepared by mixing 100 mg of graphite powder (purity 99.99%, Sigma-Aldrich, St. Louis, MO, USA) and 1.78 mg of L-Ala (purity 99%, Sigma-Aldrich, St. Louis, MO, USA) in ultrapure water ((Milli-Q, Millipore, Burlington, MA, USA), were sonicated in an ice bath for 5 h. The suspensions were centrifuged at

3500 rpm for 5 min and the supernatant was again sonicated for 1 h and centrifuged for 5 min. After centrifugation, the supernatant was carefully removed with a micropipette. The pH of graphite suspensions prior LPE was 5.23, and after sonication, the pH of as-prepared G-Ala suspensions was 6.24. These samples were stored at 4  $^{\circ}$ C prior the mineralization experiments. They were stable for more than 1 week.

The GO-Ala suspensions (10 mL) were prepared by mixing 1 mL of GO (purity 99.99%, Sigma-Aldrich, St. Louis, MO, USA) with 1.78 mg of L-Ala, and sonicated for 30 min. The pH of GO suspensions was 1.73, and after sonication in presence of L-Ala, it raised to 3.15.

#### 2.2. Precipitation Method

Precipitation experiments were carried out by SDVD method implemented in a crystal*lization mushroom* (Triana Sc. & Tech, S.L., Armilla, Spain) at 20 °C. The setup is composed of two cylindrical glass chambers and a glass cover. The crystallization (upper) and gas generation chambers (lower) are connected through a hole of 6 mm diameter to allow vapour diffusion. The glass cover and the crystallization chamber were sealed with silicon grease. Each mushroom hosted 12 droplets of 40 µL in the crystallization chamber. Droplets were prepared by mixing 20 µL of either G or GO suspensions plus 50 mM Ca(CH<sub>3</sub>COO)<sub>2</sub> with 20  $\mu$ L of 30 mM (NH<sub>4</sub>)<sub>2</sub>HPO<sub>4</sub>, whereas the gas generation chamber contained 3 mL of a 40 mM NH<sub>4</sub>HCO<sub>3</sub>. Control droplets without G or GO flakes were included in each mushroom. Trials lasted 21 days. At the end of the experiments, the mushrooms were opened, and each droplet was collected and transferred to an eppendorf. After centrifugation for 15 min and 10,000 r.p.m the supernatant was collected and the pellet was washed with 1 mL of ultrapure water. Again, centrifugation was used to retire the supernatant. Two washes were performed. The final pellet was left to dry at ambient temperature for 1 day. The average pH of the droplets after nAp mineralization was 8.40 for those containing G and 7.50 for those containing commercial GO.

#### 2.3. Characterization Methods

Ionic solutions inside the *crystallization mushroom* were modeled with speciation software Visual MINTEQ 3.1 [18]. Characterization of precipitates was carried out by X-ray diffraction (XRD), Fourier transform infrared spectroscopy (FTIR/ATR), Raman microspectroscopy, electron microscopies (SEM and TEM), dynamic light scattering (DLS) and electrophoretic mobility ( $\zeta$ -potential).

XRD patterns were acquired with a Bruker D8 Advance Series II Vario diffractometer (Bruker AXS, Karlsruhe, Germany) equipped with a Ge (111) primary monochromator and a LynxEye fast silicon strip detector. Generator operating conditions were 40 kV and 40 mA, using Cu K $\alpha$  radiation. Measurements were performed in transmission geometry between Mylar foils with the beam focalized in the detector.

Fourier transform infrared spectra (FTIR) were recorded in transmittance mode within the wavelength range from 4000 cm<sup>-1</sup> to 400 cm<sup>-1</sup> using a Perkin-Elmer Spectrum One FTIR spectrometer (Perkin Elmer, Shelton, USA). Pellets with ~1 wt% sample in anhydrous KBr were prepared and pressed with a hydraulic pump at 10 tons. Pure KBr pellets were used to record the background. Deconvolution of the peak in the wavelength range from 850–890 cm<sup>-1</sup> attributed to the  $v_2CO_3$  vibration mode was done with Magic Plot Student 2.9.3. Software (Magicplot Systems, LLC, Saint Petersburg, Russia).

Raman spectra were recorded with a LabRAMHR spectrometer (Jobin–Yvon, Horiba, Tokyo, Japan). The excitation line was provided by a diode laser emitting at a wavelength of 532 nm while a Peltier cooled charge–couple device (CCD) (1064 6 256 pixels) was used as detector.

TEM observations were performed with a TEM Libra 120 Plus instrument at 80 kV (Carl Zeiss, Jena, Germany) provided of Microanalysis by Electron Energy Loss Spectroscopy (EELS). Prior to observation, samples were dispersed in absolute ethanol ( $\geq$ 99.8% v/v) and deposited on copper microgrids coated with FORMVAR carbon film. FESEM observations were done with a GEMINI LEO 1500 model Instrument (Zeiss, Jena, Germany).

Samples were deposited on conventional supports, and then they were carbon–sputtered prior the observation.

Crystal size distribution (CSD) and electrophoretic mobility ( $\zeta$ -potential) were analyzed with a Zetasizer Nano ZS analyzer (Malvern Instruments Ltd., Malvern, UK) in aqueous suspensions (~0.5 mg/ mL, 25 °C) contained in disposable polystyrene cuvettes. For  $\zeta$ -potential versus pH measurements, the MPT-2 autotitrator (Malvern Instruments Ltd., Malvern, UK) was employed to adjust the pH of the suspensions. Diluted HCl and NaOH solutions (0.25 and 0.1 M, respectively) were used as titration agents without any additional electrolyte.

## 3. Results

## 3.1. Ionic Speciation and Evolution of Saturation Indices Respect to Main CaP Phases

Our target is to assess the SDVD method as a tool to prepare G/nAp and GO/nAp nanocomposites by inducing CaP heterogeneous nucleation on G and GO flakes. Firstly, we have studied the progression of the ionic speciation and supersaturation in such a system.

Figure 1a shows the evolution with pH of the activities of main aqueous species, namely calcium, acetate, phosphate, and ionic and neutral pairs, determined by using Visual MINTEQ 3.1 software [18]. For the sake of simplicity, the activity of L-Ala was not considered in the calculations, and activities of carbonate species (except that of  $CO_3^{2-}$ ) and ammonium are not plotted. It is shown a slight decrease in the activity of Ca(CH<sub>3</sub>COO)<sup>+</sup> with pH whereas the activity of Ca<sup>2+</sup> rises suddenly, which indicates that the free increase of pH allows the destabilization of the complex, and leads to Ca<sup>2+</sup> delivery into the solution. In addition, it is observed a decrease in the activity of Ca(H<sub>2</sub>PO<sub>4</sub>)<sup>+</sup> ion pair with pH, whereas the activity of both CaPO<sub>4</sub><sup>-</sup> and CaHPO<sub>4</sub><sup>0</sup> pairs increase with it.



**Figure 1.** (a) Activity of aqueous species against pH. (b) Evolution of saturation indices respect to the main CaP phases (ACP, DCPD, OCP, and HA) and CaCO<sub>3</sub> (calcite).

It should be noted that soluble  $CaPO_4^-$  pairs were proposed as the growth units on apatite precipitation in the nineties [19]. However, for a long time, there was some consensus around the Posner 'cluster, a spherical aggregate of composition  $Ca_9(PO_4)_6$ with a diameter of ca. 9.5 Å, as the structural building unit of the amorphous calcium phosphate (ACP) [20], the precursor phase of apatite [21]. More recent investigations revealed that soluble aggregates of  $[Ca(HPO_4)_3]^{4-}$  species act as pre-nucleation clusters and, after taking up  $Ca^{2+}$  from the solution they form insoluble post-nucleation clusters of  $[Ca_2(HPO_4)_3]^{2-}$  that precipitate as ACP [22]. Because of the ability of ACP to quickly transform into Ap (more stable phase) in aqueous media, ACP coated with citrate and doped with fluoride ions delays its conversion, and has been proposed as a potent dental remineralizing agent [23].

Figure 1b shows the progressive supersaturation (S.I. > 1) of the aqueous phase either with respect to HA above pH 4.5, OCP above pH 5, or ACP above pH 6. However, it remains slightly supersaturated with respect to DCPD in the whole pH interval. It is also shown that S.I. increases with pH in the order ACP < OCP < HA while it decreases

for DCPD, whose stability interval is located at the acidic pH range. Thus, according to Ostwald's rule of stages, the precipitation sequence at pH > 6 is first the ACP, then OCP, and finally HA. The probability of CaCO<sub>3</sub> (calcite) precipitation in the whole pH range is negligible.

In a previous reference additive-free-sheets-free SDVD essay (blank) the pH value increased slowly from 5.4 to reach a plateau of pH 8.2 after 7 days [13]. The OCP phase was observed after 1 day of vapour diffusion, and the nAp after 7 days, being the OCP to nAp transformation almost complete. There were no observations at shorter times. In the present work, we decided to extend the experimental time to 21 days. The pH variations when using G-Ala and GO-Ala were from 6.24 to 8.40 and from 3.15 to 7.50, respectively.

#### 3.2. Structural, Morphological and Spectroscopic Features of Precipitated Solids

The XRD patterns of precipitated solids after 3 weeks using both supports (Figure 2a) shows the characteristic reflections of the apatite phase (PDF 01-1008) whose peaks are located at  $2\theta = 25.87^{\circ}$  corresponding to the (002) plane, the triplet at  $31.77^{\circ}$ ,  $32.19^{\circ}$  and  $32.90^{\circ}$  (planes (211), (112) and (300)) respectively, the reflections at  $33.9^{\circ}$ ,  $35.48^{\circ}$  and  $39.81^{\circ}$  (planes (202), (301) and 310)) and other minor peaks in the  $2\theta$  range from  $40-55^{\circ}$ . There are no remarkable differences between both precipitates. The reflections of G and GO are hidden by those of nAp, as the latter is the majority phase of the composite. The broadness of the unsolved reflection between  $31^{\circ}$  and  $33^{\circ}$  is characteristic of nAp [7,13,24]. The presence of additional CaP phases as octacalcium phosphate (OCP, Ca<sub>8</sub>H<sub>2</sub>(PO<sub>4</sub>)<sub>6</sub>·5H<sub>2</sub>O, PDF 44-0778) and brushite (DCPD, ASTM 11-295) is ruled out because of the absence of the main reflections at  $4.8^{\circ}$ , plane (100) of OCP, and at  $11.6^{\circ}$ , plane (020) of DCPD.



**Figure 2.** (a) XRD patterns of G, GO, G-Ala-Ap, GO-Ala-Ap, and Ap (blank). (b) FTIR spectra of G, GO, Ap (blank), G-Ala-Ap and GO-Ala-Ap, and (c) Raman spectra of Ap (blank), G-Ala-Ap and GO-Ala-Ap.

Figure 2b shows FTIR spectra of either G-Ala, GO-Ala, Ap (blank), and both G-Ala-Ap and GO-Ala-Ap composites prepared by VDSD. The significant peaks are shown in Table 1. The FTIR spectrum of G do not show any significant feature, however the GO shows a broad peak around 3650 cm<sup>-1</sup> in the high frequency zone attributed to the stretching mode of O-H bond, and the C=O stretching, appearing at 1720 cm<sup>-1</sup> in pristine GO, which characterize carboxylic groups. The main band at 1000–1100 cm<sup>-1</sup> corresponds to the asymmetric stretching mode of PO<sub>4</sub><sup>3–</sup> groups ( $v_3$ PO<sub>4</sub>) while the small band at ~958–960 cm<sup>-1</sup> is ascribed to the symmetric stretching ( $v_1$ PO<sub>4</sub>). The less intense bands at ~608 and 564 cm<sup>-1</sup> are due to the bending mode of PO<sub>4</sub><sup>3–</sup> groups ( $v_4$ PO<sub>4</sub>), while that at ~470 cm<sup>-1</sup> corresponds to the  $v_2$ PO<sub>4</sub> vibration mode. The presence of carbonate (CO<sub>3</sub><sup>2–</sup>) signals is attested by vibrational  $v_3$ CO<sub>3</sub> mode, with maxima around ~1414 cm<sup>-1</sup> and 1473 cm<sup>-1</sup>, and the  $v_2$ CO<sub>3</sub> mode with a small peak around 875 cm<sup>-1</sup>.

FTIR Band	Wavenumber
Graphene Oxide	
O–H stretching	$3650 \ {\rm cm}^{-1}$
C=O stretching	$1720 \text{ cm}^{-1}$
PO4 <sup>3-</sup>	
$v_3PO_4$ asymmetric stretching	$1000-1100 \text{ cm}^{-1}$
$v_1 PO_4$ symmetric stretching	$958-960 \text{ cm}^{-1}$
$v_2 PO_4$ symmetric bending	$470 \text{ cm}^{-1}$
$v_4PO_4$ asymmetric bending	$608$ and $564$ cm $^{-1}$
$CO_{3}^{2-}$	
$v_3CO_3$	$1414~\mathrm{cm}^{-1}$ and $1473~\mathrm{cm}^{-1}$
$v_2CO_3$	$875 \text{ cm}^{-1}$
L-Ala	
-OCO- antisymmetric stretch	$1620 { m cm}^{-1}$
$-NH_3^+$ antisymmetric deformation	$1590 \text{ cm}^{-1}$

Table 1. Characteristic FTIR bands of the obtained nanocomposites.

The overall degree of carbonation of the nAp can be assessed from the intensity of carbonate bands relative to those of phosphate using the area ratio rCO<sub>3</sub>/PO<sub>4</sub> between the  $v_3CO_3$  and the  $v_1v_3PO_4$  contributions [25]. Following this method, overall carbonation degrees of  $3.3 \pm 0.3$ ,  $1.40 \pm 0.2$ , and  $1.78 \pm 0.2$  were estimated for Ap (blank), G-Ala-Ap, and GO-Ala-Ap, respectively. The heteronucleant surfaces strongly influence carbonate incorporation to the apatite nanoparticles of the composites leading to carbonation degrees of around one-half of that estimated for the Ap (blank). Bands at 1620 cm<sup>-1</sup> are assigned to antisymmetric stretching as -OCO- and that at 1590 cm<sup>-1</sup> to antisymmetric deformation  $\delta_{as}NH_3^+$  of L-Ala, characteristic of the zwitterionic form [CH<sub>3</sub>CH(NH<sub>3</sub><sup>+</sup>)COO<sup>-</sup>] [26].

The complementary spectroscopic characterization by Raman spectroscopy (Figure 2c) shows that spectral features of apatite arise at 958–962 cm<sup>-1</sup> ( $v_1PO_4$ ), 430 cm<sup>-1</sup> ( $v_2PO_4$ ), 585–588 cm<sup>-1</sup> ( $v_4PO_4$ ), and 1043 cm<sup>-1</sup> ( $v_3PO_4$ ), while those of CO<sub>3</sub> ( $v_1CO_3$ ) are found at around 1069–1071 cm<sup>-1</sup> [27]. No clear spectroscopic signals of G could be observed, i.e., the characteristic D, G, and 2D signals of the graphene flakes at around 1330, 1560, and 2670 cm<sup>-1</sup>, respectively [28]. However, the GO-Ala-Ap spectrum displays two bands at 1350 and 1590 cm<sup>-1</sup> respectively, which could be due to D and G bands, because of a higher mass percentage of GO respect to apatite.

Detailed analysis of the deconvoluted  $v_2CO_3$  peak of the FTIR spectra of Ap precipitated in the presence of G-Ala (Figure 3a) and GO-Ala (Figure 3b) revealed the chemical environments of the carbonate species within the apatite phase [29,30]. We found three major contributions at ~880 cm<sup>-1</sup> (equal intensity in both spectra), ~873 (low intensity in G-Ala-Ap, main contribution in GO-Ala-Ap), 867–864 cm<sup>-1</sup> (main contribution in G-Ala-Ap). These bands correspond to A-type ( $CO_3^{2-}$  ions replacing -OH), B-type ( $CO_3^{2-}$ ions replacing -PO<sub>4</sub><sup>3-</sup>), and labile (surface  $CO_3^{2-}$  species entrapped in the non-apatitic hydrated layer of the apatite). A-type substitutions were similar in both samples, while labile  $CO_3^{2-}$  species and B-type substitution were found predominant in the nAp particles of the G-Ala-Ap and GO-Ala-Ap samples, respectively.

TEM images of the nanocomposites show a polydisperse population of isolated flakes with an irregular shape, along with nAp needles deposited on some flakes (Figure 4b,c). The nAp particles display a thin hexagonal shape with their long axis parallel to the *c* crystallographic axis. They are similar to those shown in the reference sample (Figure 4a). In both images no clump of crystals outside the flake surfaces was found. The length of the exfoliated G flakes, measured in the TEM images, roughly oscillated between 30 and 350 nm (Figure 4b), whereas in GO flakes it fell in the range from 30 nm to 150 nm (Figure 4c). Bigger flakes were found when inspected the samples under scanning electron microscopy (see Supporting Information, Figure S1). The average length (L) and width (W) of nAp bonded to G and GO were L=  $58 \pm 6$  nm, W=  $6 \pm 1$ nm (Figure 4b), and L =  $49 \pm 13$  nm, W=  $5 \pm 1$  nm (Figure 4c), respectively.



**Figure 3.** Detailed FTIR analysis of the  $v_2CO_3$  region for Ap precipitated in the presence of (**a**) G-Ala and (**b**) GO-Ala.



**Figure 4.** TEM micrographs of (**a**) Ap, (**b**) G-Ala-Ap, and (**c**) GO-Ala-Ap samples prepared by SDVD method. The scale bar is 100 nm.

The presence of graphite with incipient exfoliation coexisting with G flakes was, nevertheless, observed with SEM. This trouble indicated that exfoliation by LPE was uncompleted (not shown), and was the reason by which the XRD pattern of the exfoliated G sample (Figure 2a), containing residues of graphite, was almost similar to that of graphite.

## 3.3. *Z*-Potential and Particle Size Distribution

The analysis of the electrophoretic mobility (i.e.,  $\zeta$ -potential) of pristine graphite particles vs pH allows us to gain insights into the stability of its aqueous suspensions, which is necessary for exfoliation by sonication, as well as about the induced nucleation ability of CaP of its surface.

The tendency of the colloid to disperse or aggregate is related to the size and surface charge of the particles, the latter related to the sign and absolute value of the  $\zeta$ -potential. As higher is the  $\zeta$ -potential in absolute value, higher is the stability of the suspension. In this regard, the decrease of  $\zeta$ -potential with pH (Figure 5a) reveals the high stability of aqueous graphite suspensions, after an initial period of wetting by agitating the particles in distilled water and sonication. After LPE and SDVD crystallization the pH raised to 8.4 and  $\zeta$ -potential tended to 0, leading to aggregation of the G-Ala-Ap composite. The same trend was found after nucleation of nAp on GO flakes. Comparing PSD of GO and G, it was observed the wider PSD of GO with averages sizes centered around 4, 28, 396, and 5560 nm, the latter being representative of a small group of flakes, as that shown in Figure S1b. In G, the PSD was centered at 342 and 712 nm, being those sizes representative of the G flakes, as shown in Figure S1a. After Ap nucleation and growth, the G-Ala-Ap composites displayed PSD centered at 1100 nm, and the GO-Ala-Ap at 1990 and 4800 nm. Comparing the average sizes of G, GO, and nAp with those of their composites a trend of the composites to aggregate is inferred. This tendency is higher for GO-Ala-Ap than for G-Ala-Ap.



**Figure 5.** (a) ζ-potential versus pH of aqueous suspensions of pristine graphite, and of Ap, G-Ala-Ap and GO-Ala-Ap composites prepared by SDVD method. (b) Particle size distribution of exfoliated G (blue) and of G-Ala-Ap composites (red). (c) Particle size distribution of GO (blue) and of GO-Ala-Ap composite (red).

## 4. Discussion

The VDSD method allowed us to prepare G-Ala-Ap and GO-Ala-Ap composites by nucleation of CaP on exfoliated G and commercial GO. The method was implemented in a *crystallization mushroom*, a multi-droplet device with useful functionalities: (i) it allows to prepare several samples under different conditions in the same trial, (ii) enables in situ observation and monitoring of the precipitation by optical microscopy and microspectroscopy [27], and (iii) the amount of additive (i.e., biomolecules) needed for the study is very small. Other methods reported in the literature to produce this type of composites such as hydrothermal synthesis, chemical vapor deposition, biomimetic mineralization, or in situ synthesis [6] yield larger quantities of sample. These methodologies present, however, some disadvantages such as only a condition per trial is permitted, the impossibility of monitoring the precipitation process by microscopic characterization, and the relatively high consumption of 'tailored additives'. Thus, considering the features of VDSD, this method can be very useful to prepare small amounts of sample.

Notable differences in the average size and homogeneity of G-Ala-Ap and GO-Ala-Ap composites were found in spite of the average length and width of the nAp crystals coating their surfaces were similar. Only small differences were observed concerning their carbonation degree and the different contribution of labile and B-type carbonation. The differences in size and homogeneity of the composites were found to be due to the trend of GO-Ala-Ap composite to form larger aggregates. Considering that both G and GO neutralize surface charge after Ap deposition (the  $\zeta$ -potential tended to zero), even when starting from a different functionalization with L-Ala (pH 6.24 and 3.15, respectively), the tendency of GO to form larger aggregates might be due to its wider PSD compared to G. In the formation of those aggregates the smaller GO flakes are the mainly involved. The LPE technique thus yielded multilayer G flakes with a narrower PSD than commercial GO flakes, even assuming that exfoliation was not successfully completed.

The difference in L-Ala functionalization of G and GO flakes is due to the hydrophobic/hydrophilic character of their surfaces and the different sonication times to which they were exposed. Exfoliation of graphite required a minimum of 5 h, being the function of the dispersing biomolecule to intercalate between G layers, preventing G from re-aggregation [31] and to label the flakes surfaces

Due to the zwitterionic character of L-Ala ( $[CH_3CH(NH_3^+)COO^-]$ ; i.e., p. = 6.0), within the pH interval at which the exfoliation took place, between 5.23 and 6.24, the aminoacid remained with net charge ( $z^+ + z^-$ ) close to 0. As it behaved as a nonpolar aminoacid, the bonding to the more hydrophobic G surface could have taken place by Van der Waals interactions. This type of interactions was also involved in the adsorption of L/D-Ala on carbon nanotubes [32].

In GO flakes, instead, the hydrophilicity of their surfaces resulted from the distribution of oxygen-containing functional groups such as epoxides (C-O-C), hydroxyl (-OH), carboxylic acids (-COOH), and other carbonyls (C=O) groups [33]. The pH of the aqueous suspension was 1.73. The functionalization with L-Ala (pH interval from 1.73 to 3.15) must have taken place through hydrogen bonding between -COOH groups of the L-Ala and the oxygenated groups of GO at the surface, rather than through electrostatic interactions of -NH<sub>3</sub><sup>+</sup> groups with the carboxylates present at the edge the GO sheets [34], since the latter ones were protonated at these pHs. The interaction GO/L-Ala is very weak comparing to that with aminoacids with cationic, polar, or aromatic groups [35].

In both cases, the labeling with the biomolecule must favor the stability of the suspensions, and the interaction at the solid-solution interface between the flakes and the early formed CaP. In particular, the -COO- groups of the anchored L-Ala, at pH above 6 point toward the solution, thus providing electrostatic repulsion of the flakes between themselves and acting as nucleators of CaP, by anchoring Ca<sup>2+</sup> ions from the surrounding supersaturated solution.

On the other hand, the findings in TEM images suggest the role of the functionalized G and GO in surface-induced nucleation, diminishing the energy barrier for nucleation, thus favoring the heterogeneous nucleation and the growth of the apatite [36]. The presence of the flakes in the supersaturated solution can also explain from a thermodynamic point of view why the apatite particles displayed nanosized dimensions. The decrease of Gibbs free energy in the system can take place either by the growth of the nuclei or by primary aggregation of the early nanosized units. If the second mechanism is active, the template may interact with the primary particles, stabilizing them and minimizing their tendency to aggregation, thus favoring the formation of nanocrystals, rather than larger crystals [13].

### 5. Conclusions

The preparation of G-Ala-Ap and GO-Ala-Ap composites by surface induced nucleation of CaP on exfoliated G and commercial GO employing the SDVD method has been analyzed and compared. In both composites, nanocrystalline apatite particles were found coating the flakes. The nanocrystals displayed similar shape and size, but different contributions of labile and B-type carbonation. G and GO flakes also influenced the carbonation degree of the apatitic part of the composites, which is almost half that measured for the nAp blank. DLS measurements revealed the tendency of GO-Ala-Ap composites to form larger aggregates compared to those G-Ala-Ap. This finding was related to the wider size distribution of GO sheets and the presence of a high-volume percentage of GO nanosheets of about 4 nm length. Labeling of G and GO surfaces with L-Ala was dominated by Van der Waals and H-bond interactions, respectively. The method allows the preparation of small amounts of nanocomposite with high reproducibility.

**Supplementary Materials:** The following are available online at https://www.mdpi.com/article/10 .3390/cryst11070767/s1, Figure S1. (a) SEM image showing pristine graphite and G flakes prepared by sonication assisted liquid phase exfoliation of graphite in presence of Ala, and (b) SEM micrograph showing a commercial GO flake.

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