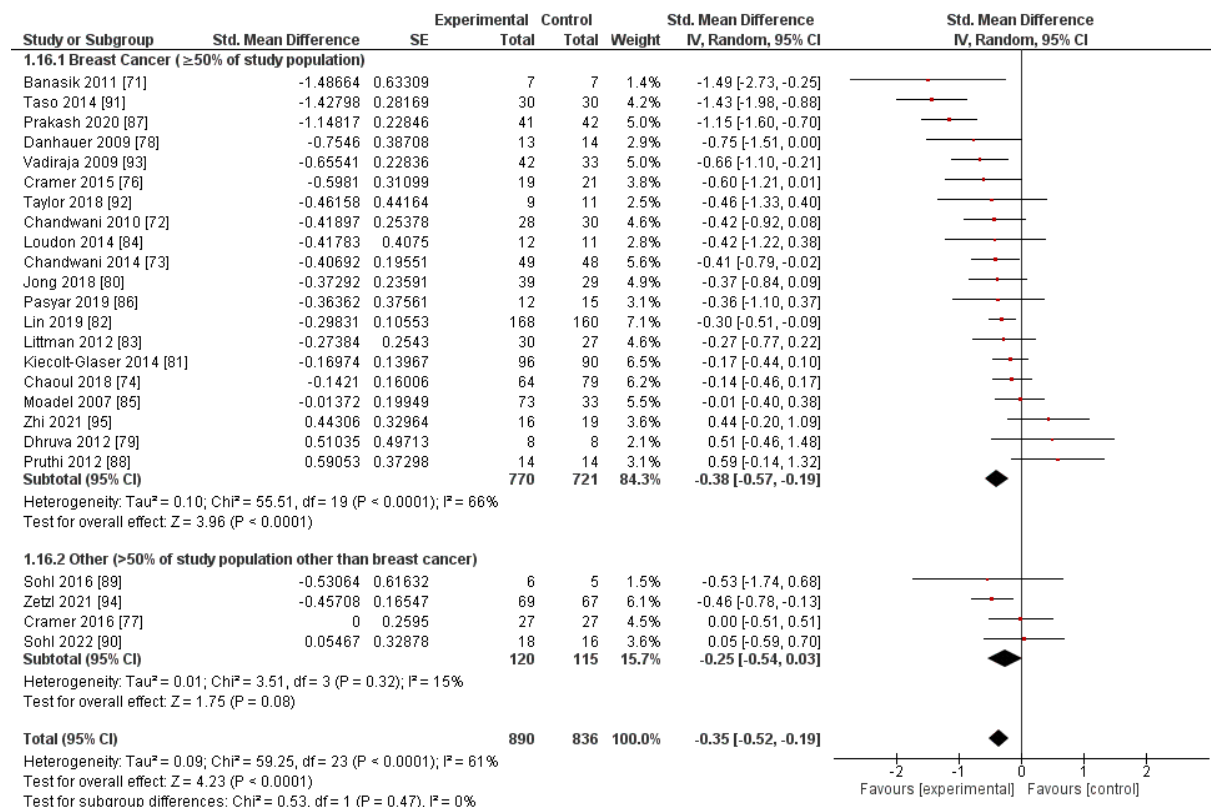
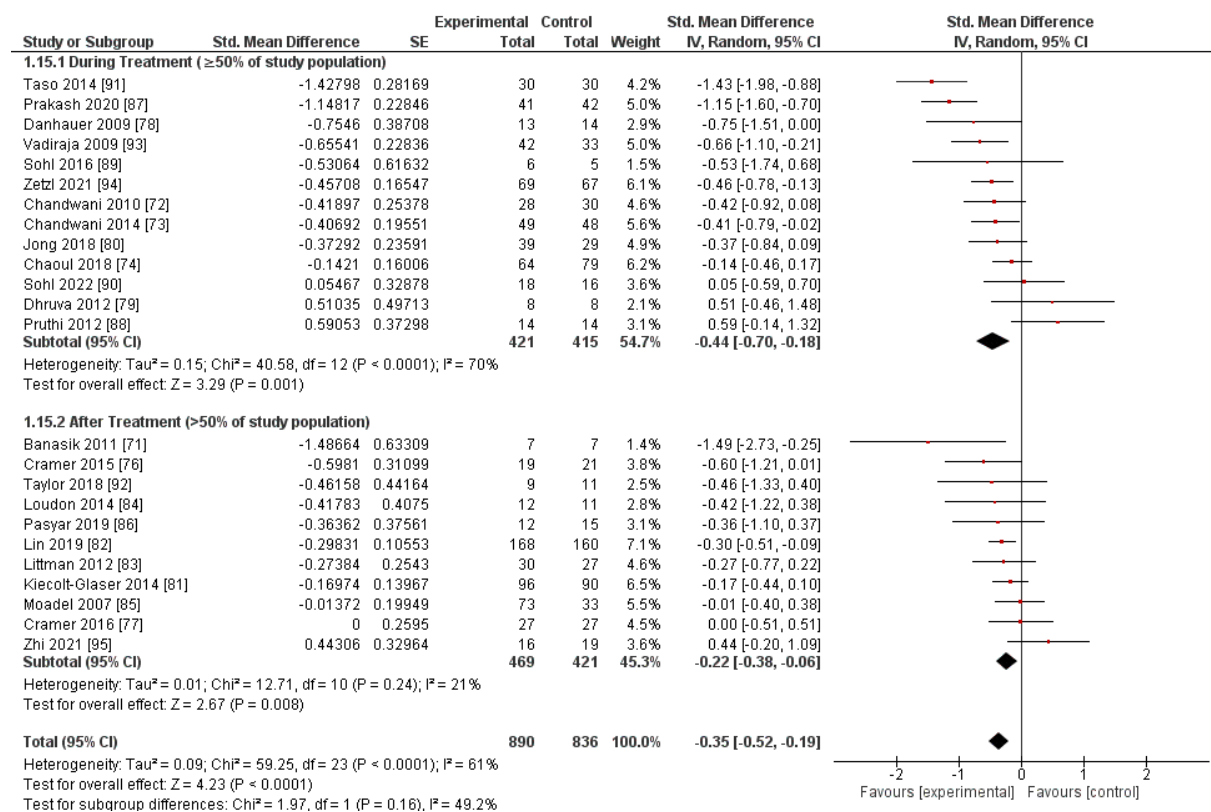


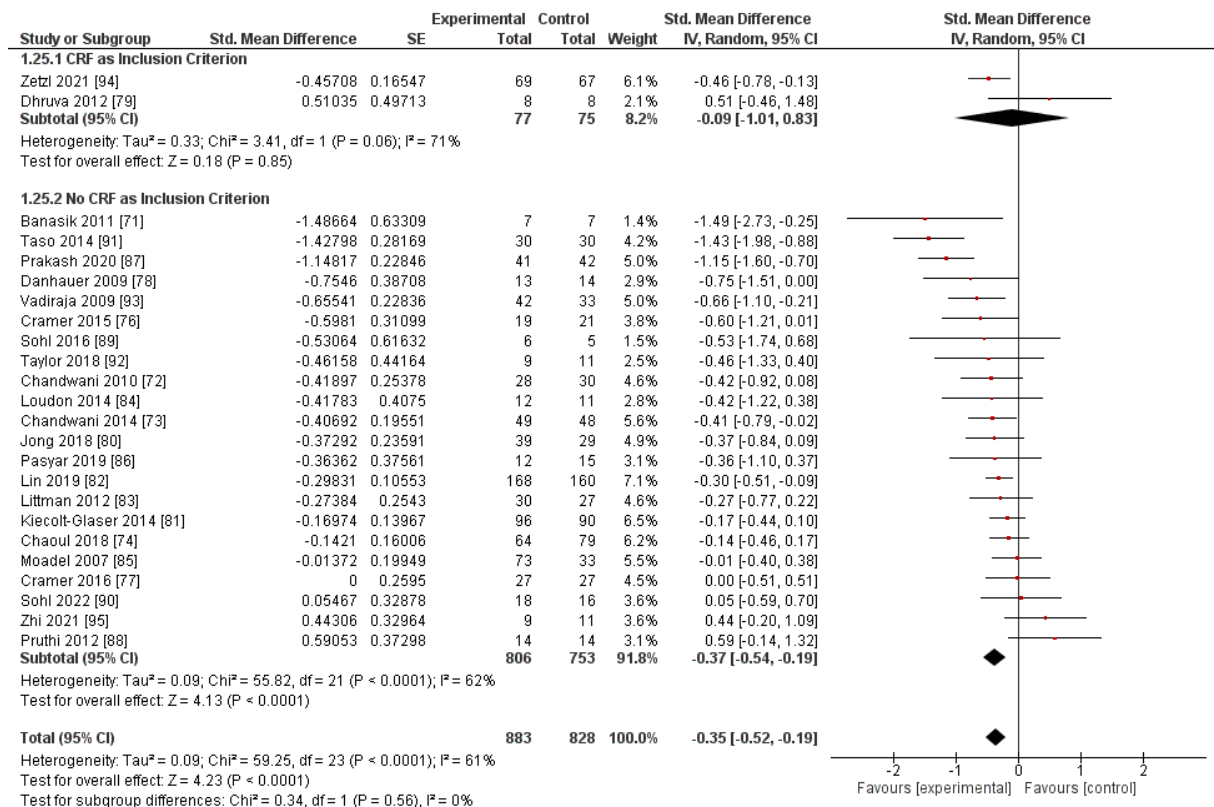
## Section S.1.1. Yoga Interventions



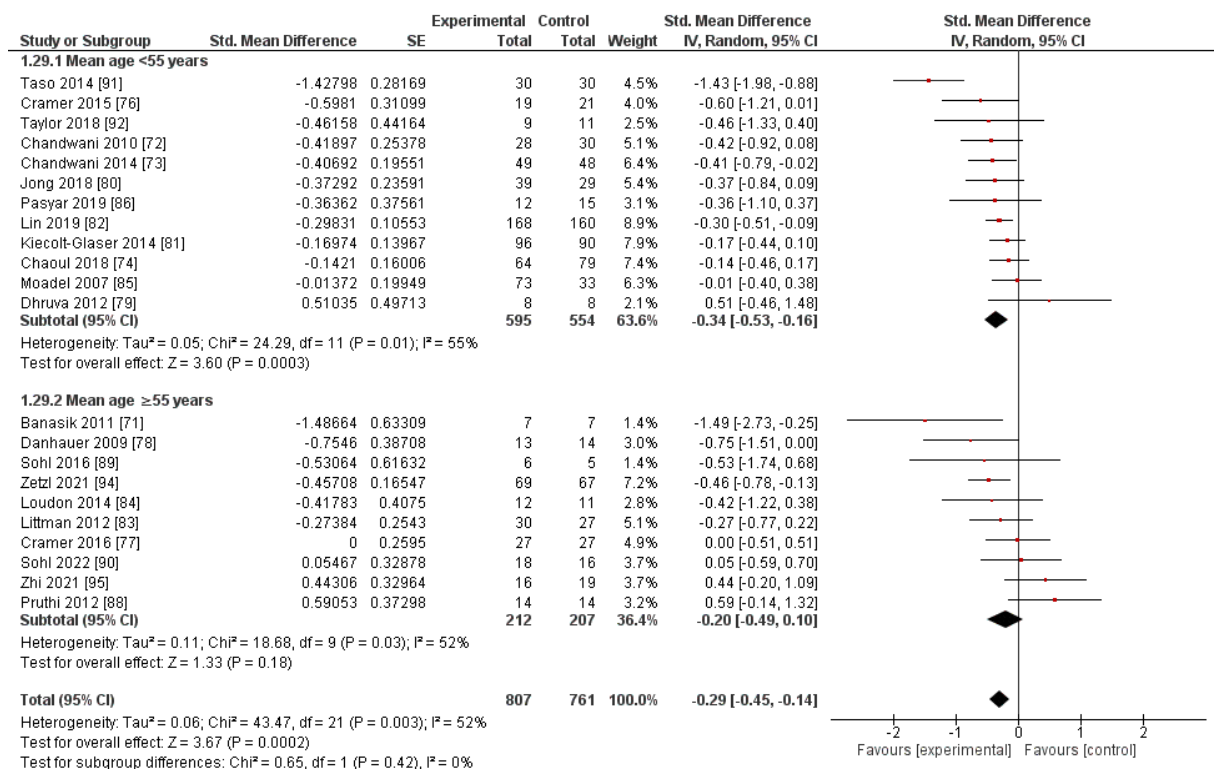
**Figure S1.1.1.** Comparison of yoga interventions regarding entity of study population (at least 50% of study population having breast cancer vs. other).



**Figure S1.1.2.** Comparison of yoga interventions regarding treatment status of study population (at least 50% of study population during treatment vs. other).

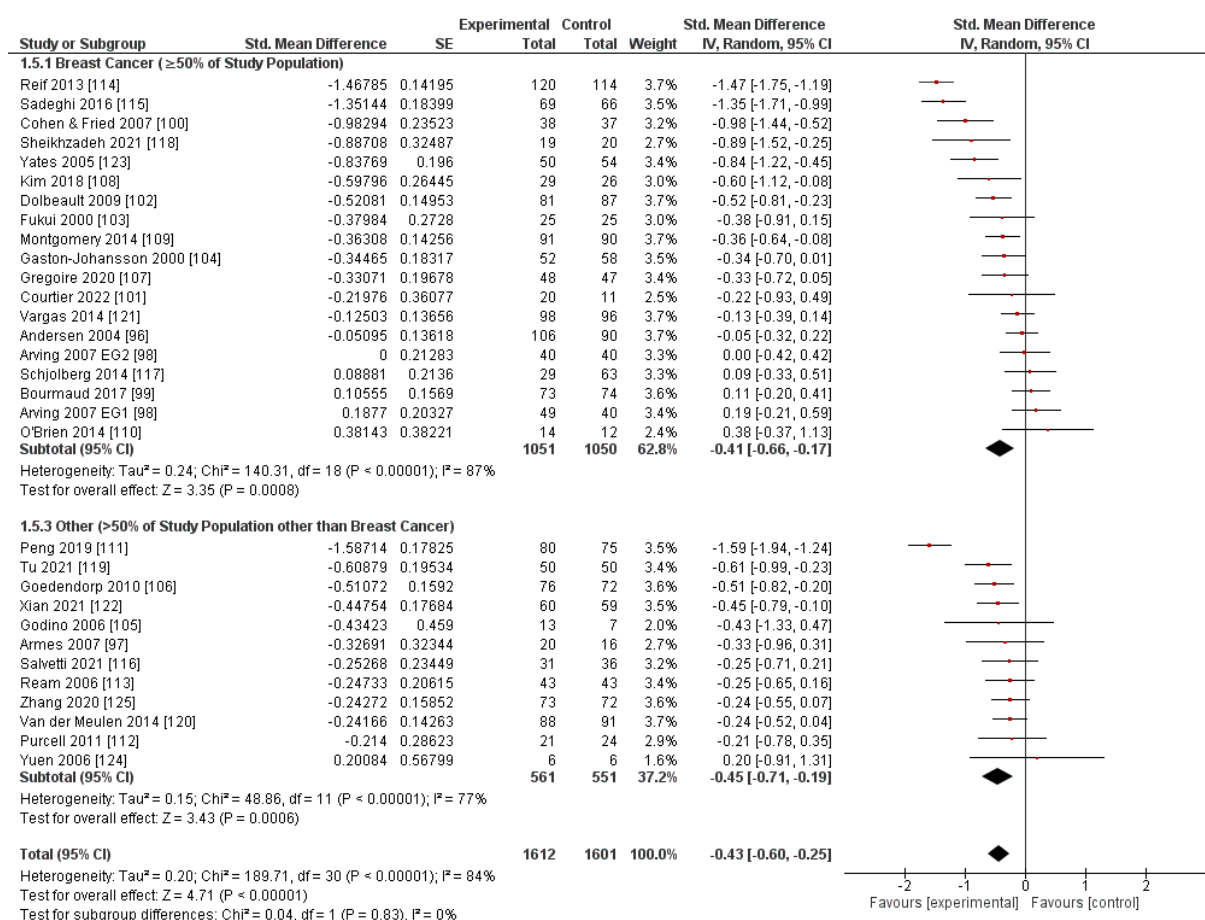


**Figure S1.1.3.** Comparison of yoga interventions regarding whether a specific level of cancer-related fatigue was required as an inclusion criterion. *Note:* CRF = cancer-related fatigue.

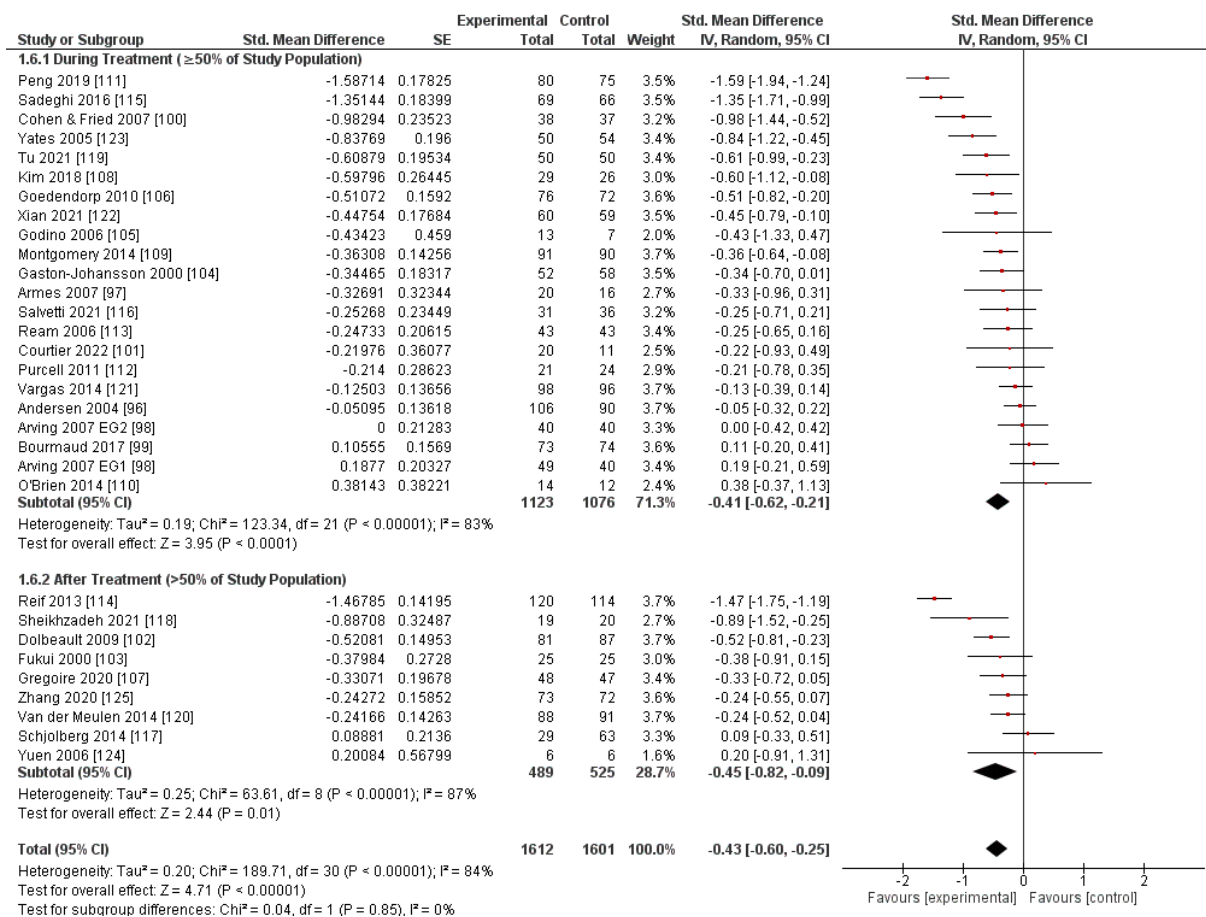


**Figure S1.1.4.** Comparison of yoga interventions regarding age of study population (cut-off was oriented towards median ( = 54.3 years)). *Note:* Two studies ((Prakash (2020) [87] and Vadiraia (2009) [93]) did not report a mean age.

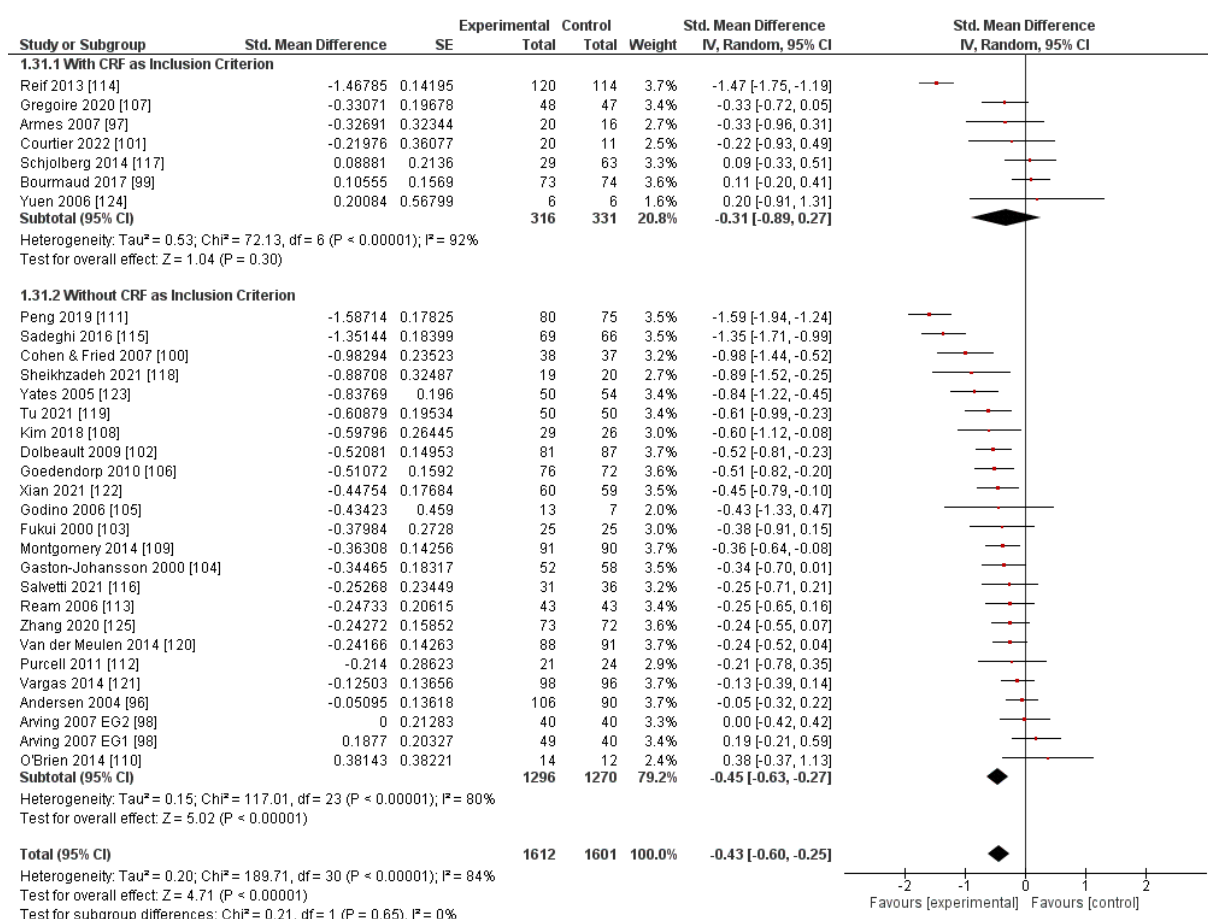
## Section S1.2. Psychosocial Interventions



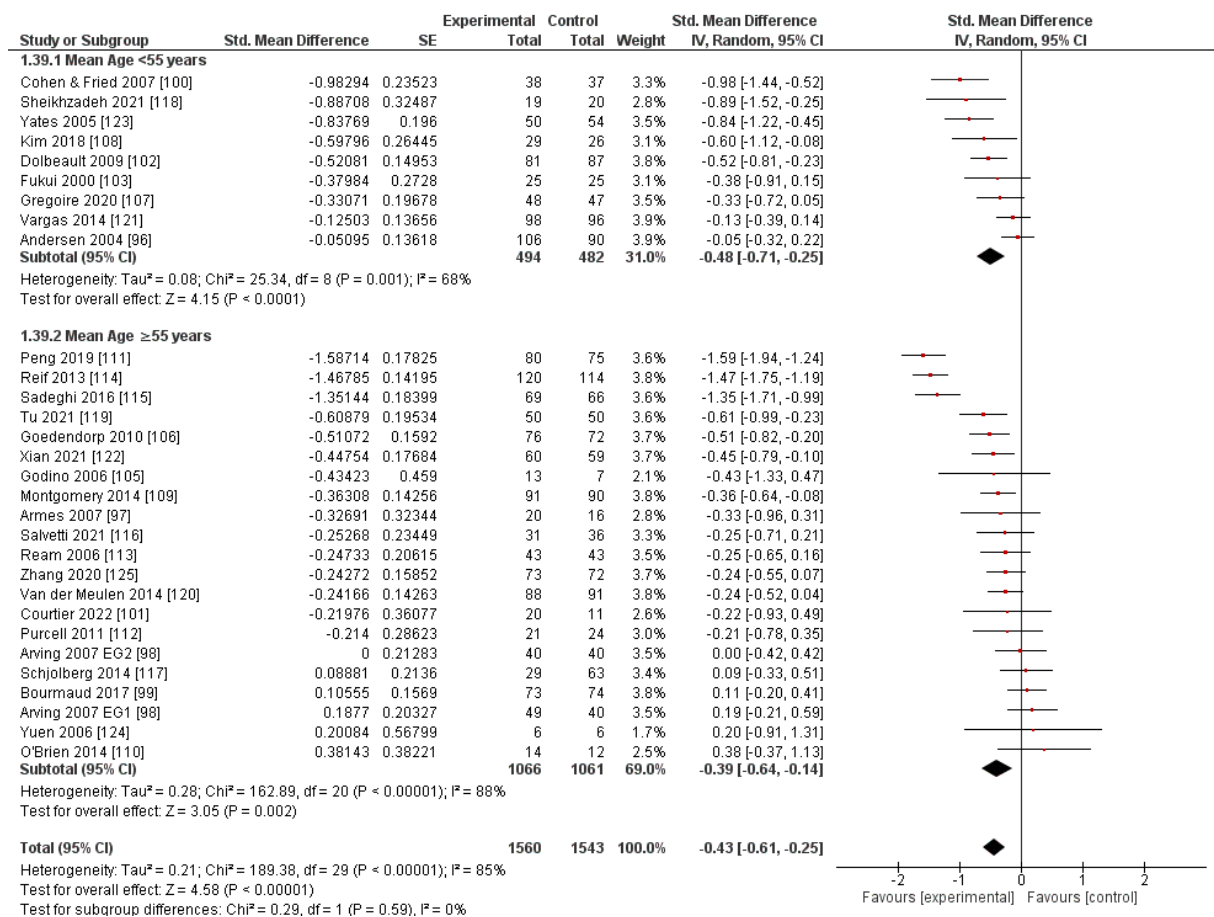
**Figure S1.2.1.** Comparison of psychosocial interventions regarding entity of study population (at least 50% of study population having breast cancer vs. other).



**Figure S1.2.2.** Comparison of psychosocial interventions regarding treatment status of study population (at least 50% of study population during treatment vs. other).

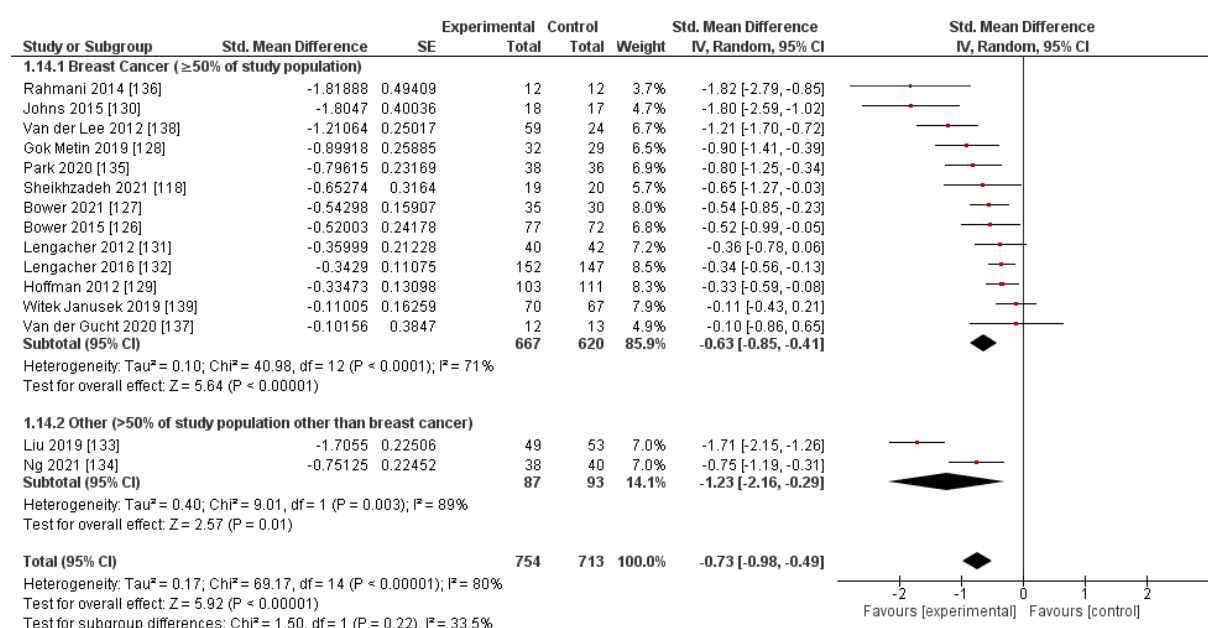


**Figure S1.2.3.** Comparison of psychosocial interventions regarding whether a specific level of CRF was required as an inclusion criterion. *Note:* CRF = cancer-related fatigue.

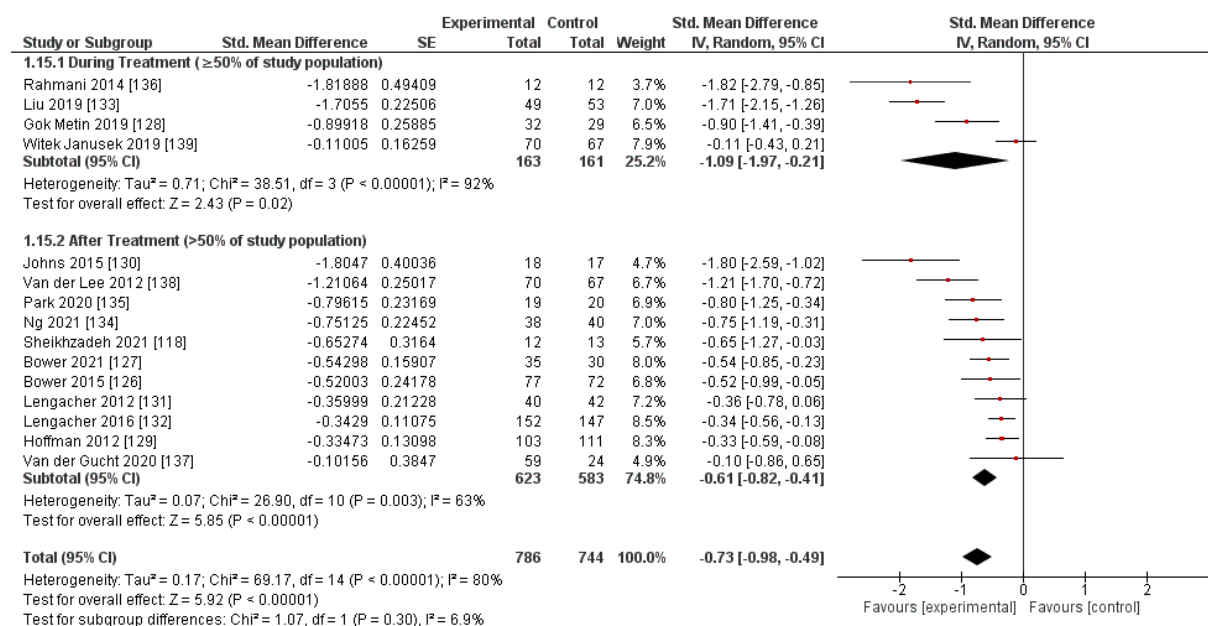


**Figure S1.2.4.** Comparison of psychosocial interventions regarding age of study population (cut-off was oriented towards median (=55.8 years)). *Note:* One study (Gaston-Johansson (2000) [104]) did not report a mean age.

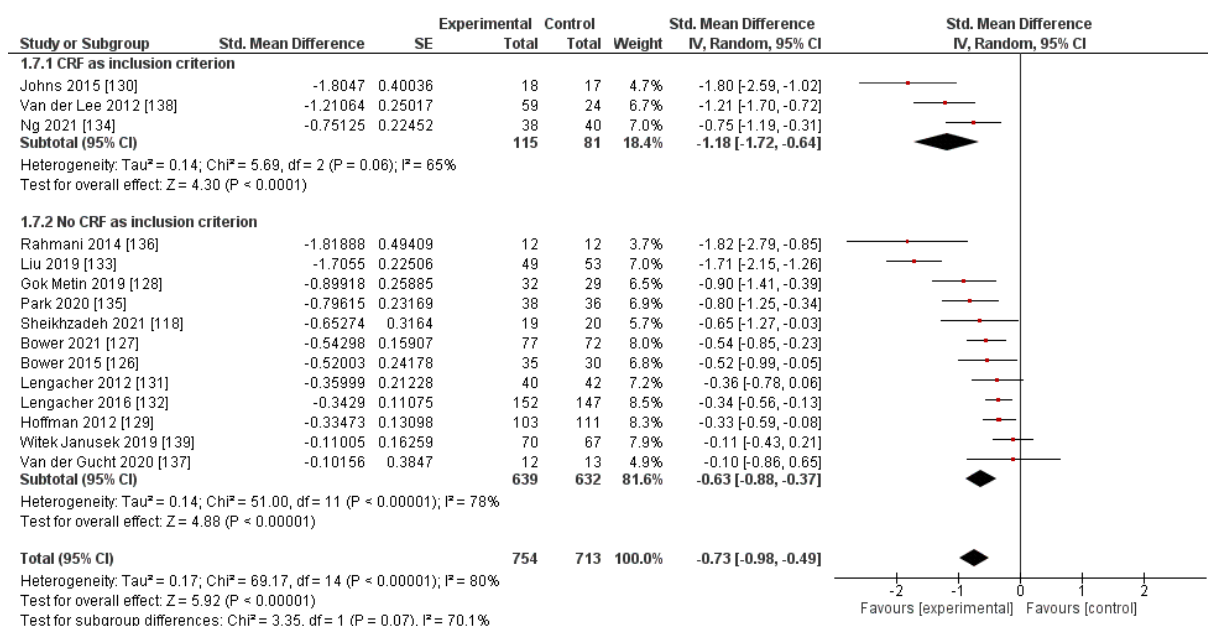
## Section S1.3.Mindfulness-based Interventions



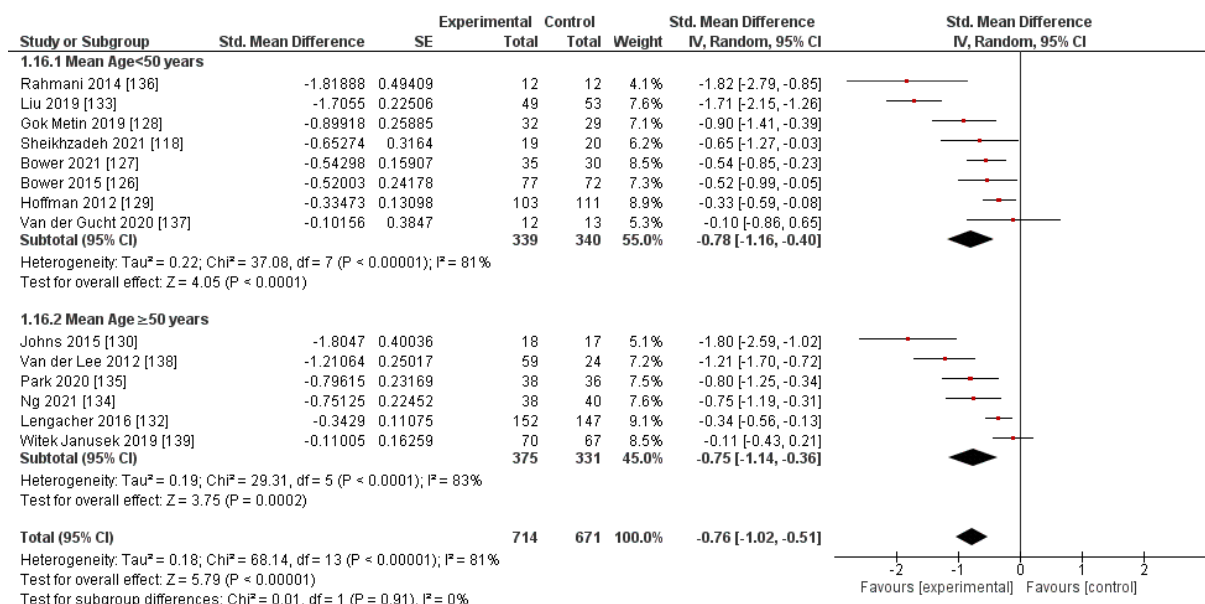
**Figure S1.3.1.** Comparison of mindfulness-based interventions regarding entity of study population (at least 50% of study population having breast cancer vs. other).



**Figure S1.3.2.** Comparison of mindfulness-based interventions regarding treatment status of study population (at least 50% of study population during treatment vs. other). *Note:* Studies that did not report treatment status (Ng (2021) [134]; Park (2020) [135]; Sheikhzadeh (2021) [118]) were assigned to after treatment.



**Figure S1.3.3.** Comparison of mindfulness-based interventions regarding whether a specific level of CRF was required as an inclusion criterion. *Note:* CRF = cancer-related fatigue.



**Figure S1.3.4.** Comparison of mindfulness-based interventions regarding age of study population (cut-off was oriented towards median (=48.7 years)). *Note:* One study (Lengacher (2012) [131]) did not report a mean age.

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