

Table S1. Nutritional assessment classification in children and adults [24,25].

Outcomes	Anthropometric measures and cut points	Nutritional status
<i>Children</i>		
BMI-for-age	BAZ < -2 SD	Thinness
	BAZ < -3 SD	Severely thinness
Wasting	WHZ < -2 SD	Wasted
	WHZ < -3 SD	Severely wasted
Stunting	HAZ < -2 SD	Stunted
	HAZ < -3 SD	Severely stunted
<i>Adults (caretakers)</i>		
BMI	BMI < 18.5	Underweight
	18.5 ≤ BMI < 24.9	Normal
	25 ≤ BMI < 29.9	Overweight
	BMI ≥ 30	Obese