

Supplementary Figure 2. Plasma glucose and insulin responses to a test meal evaluated as increase/decrease from fasting values (Panel A and C) and iAUC (Panel B and D) at baseline and after 8 weeks of dietary intervention with the MUFA (red lines and white bars) (n=22) or multifactorial diet (blue lines and bars) (n=21). Data are mean \pm SEM. *p <0.05 Multifactorial vs. MUFA diet, unpaired t-test; §p <0.05 Multifactorial vs. MUFA, 8-week values adjusted for baseline by ANCOVA.

