

## SUPPLEMENTARY MATERIALS

### TABLES

**Table S1.** Experimental groups and treatments ( $n = 10$  in each group).

Group	Treatment	Intraperitoneal injection	Diet
NC (normal control) group	sterile distilled water	saline	control diet
MC (model control) group	sterile distilled water	streptozotocin	high-fat diet
PC1 (the first positive control) group	200 mg·kg <sup>-1</sup> metformin	streptozotocin	high-fat diet
PC2 (the second positive control) group	5 mg·kg <sup>-1</sup> glimepiride	streptozotocin	high-fat diet
EC30 (30 mg·kg <sup>-1</sup> epimedin C) group	30 mg·kg <sup>-1</sup> epimedin C	streptozotocin	high-fat diet
EC10 (10 mg·kg <sup>-1</sup> epimedin C) group	10 mg·kg <sup>-1</sup> epimedin C	streptozotocin	high-fat diet
EC5 (5 mg·kg <sup>-1</sup> epimedin C) group	5 mg·kg <sup>-1</sup> epimedin C	streptozotocin	high-fat diet

**Table S2.** Effects of epimedin C on fasting blood glucose (FBG) at 0 and 28 d.

Group	FBG levels at 0 d (mmol·L <sup>-1</sup> )	FBG levels at 28 d (mmol·L <sup>-1</sup> )	Changes of FBG levels	Significant differences
NC group	6.8±0.1 <sup>d</sup>	6.9±0.3 <sup>d</sup>	increase 1.47%	
MC group	18.7±0.5 <sup>c</sup>	21.5±1.1 <sup>a</sup>	increase 14.97%	*
PC1 group	22.6±0.6 <sup>a</sup>	14.5±0.7 <sup>c</sup>	decrease 35.84%	*
PC2 group	22.8±0.3 <sup>a</sup>	14.2±1.2 <sup>c</sup>	decrease 37.72%	*
EC30 group	18.7±1.6 <sup>c</sup>	13.5±1.1 <sup>c</sup>	decrease 27.81%	*
EC10 group	17.1±1.1 <sup>b</sup>	12.1±0.2 <sup>b</sup>	decrease 17.14%	*
EC5 group	21.0±0.3 <sup>c</sup>	17.4±1.0 <sup>b</sup>	decrease 6.86%	

Note: Different superscript letters indicate significant differences between groups ( $P<0.05$ ); \*, significant differences of FBG levels between 0 and 28 d ( $P<0.05$ ).

**Table S3.** Effects of epimedin C on insulin contents in serums and homeostasis model assessment of insulin resistance (HOMA-IR).

Group	Insulin content (mIU·L <sup>-1</sup> )	HOMA-IR
NC group	9.6±0.7 <sup>a</sup>	2.9±0.5 <sup>d</sup>
MC group	7.6±0.3 <sup>d</sup>	7.0±1.0 <sup>a</sup>
PC1 group	9.0±0.1 <sup>abc</sup>	5.7±0.9 <sup>abc</sup>
PC2 group	9.2±0.4 <sup>ab</sup>	6.3±1.0 <sup>ab</sup>
EC30 group	8.9±0.7 <sup>abc</sup>	5.1±0.9 <sup>bc</sup>
EC10 group	8.1±0.2 <sup>cd</sup>	6.0±0.8 <sup>ab</sup>
EC5 group	7.8±0.7 <sup>d</sup>	5.5±1.1 <sup>abc</sup>

Note: Different superscript letters indicate significant differences between various groups ( $P<0.05$ ).

**Table S4.** Gene ontology (GO) assay of key differentially expressed proteins (DEPs).

GO identity	Function	Protein/Gene	GO classification
GO:0044282	small molecule catabolic process	Acacb/ Dbi/ Thnsl2/ Acox2/ Got1/ Mat1a/ Oat/ Pck1/ Sult1b1/ Sult1e1	biological process
GO:0006631	fatty acid metabolic process	Acacb/ Cyp4a14/ Dbi/ Fads1/ Fads2/ Thnsl2/ Acox2/ Aldh3a2/ Cyp2a4/ Pck1/ Ptges3	biological process
GO:1901605	alpha-amino acid metabolic process	Gart/ Gm4952/ Thnsl2/ Adss/ Dglucy/ Got1/ Mat1a/ Oat	biological process
GO:0046394	carboxylic acid biosynthetic process	Acacb/ Cyp4a14/ Fads1/ Fads2/ Gart/ Thnsl2/ Got1/ Ptges3/ Rbp1	biological process
GO:0016053	organic acid biosynthetic process	Acacb/ Cyp4a14/ Fads1/ Fads2/ Gart/ Thnsl2/ Got1/ Ptges3/ Rbp1	biological process
GO:0016054	organic acid catabolic process	Acacb/ Dbi/ Thnsl2/ Acox2/ Got1/ Mat1a/ Oat/ Pck1	biological process
GO:0046395	carboxylic acid catabolic process	Acacb/ Dbi/ Thnsl2/ Acox2/ Got1/ Mat1a/ Oat/ Pck1	biological process
GO:0009156	ribonucleoside monophosphate biosynthetic process	Gart/ Prps1/ Umps/ Adss	biological process
GO:0016042	lipid catabolic process	Acacb/ Apob/ Ces3a/ Ces3b/ Dbi/ Pla2g12b/ Acox2/ Pck1/ Sult1e1	biological process
GO:0006520	cellular amino acid metabolic process	Gart/ Gm4952/ Thnsl2/ Adss/ Dglucy/ Got1/ Mat1a/ Oat	biological process
GO:0005852	eukaryotic translation initiation factor 3 complex	Abce1/ Eif3d/ Eif3g	cellular component
GO:0032994	protein-lipid complex	Apob/ Dbi/ Clu	cellular component
GO:0005767	secondary lysosome	Fth1/ Hrg	cellular component
GO:0005697	telomerase holoenzyme complex	Dkc1/ Ptges3	cellular component
GO:0030904	retromer complex	Snx2/ Snx5	cellular component
GO:0150034	distal axon	Ap1s1/ Ctsz/ Palld/ Clu/ Got1/ Myh10	cellular component
GO:0045178	basal part of cell	Ceacam1/ Eppk1/ Slco1a4	cellular component
GO:0034364	high-density lipoprotein particle	Apob/ Clu	cellular component
GO:0097038	perinuclear endoplasmic reticulum	Dbi/ Clu	cellular component
GO:0005732	small nucleolar ribonucleoprotein complex	Gar1/ Dkc1	cellular component
GO:0031406	carboxylic acid binding	Acacb/ Cyp4a14/ Thnsl2/ Acox2/	molecular function

GO:0043177	organic acid binding	Got1/ Mat1a/ Pck1 Acacb/ Cyp4a14/ Thnsl2/ Acox2/ Got1/ Mat1a/ Pck1	molecular function
GO:0016903	oxidoreductase activity, acting on the aldehyde or oxo group of donors	Aldh1a7/ Aox3/ Aldh3a2/ Htatip2	molecular function
GO:0019842	vitamin binding	Acacb/ Thnsl2/ Got1/ Oat/ Rbp1	molecular function
GO:0016831	carboxy-lyase activity	Umps/ Got1/ Pck1	molecular function
GO:1901567	fatty acid derivative binding	Acbd5/ Cyp4a14/ Dbi	molecular function
GO:0043531	ADP binding	Prps1/ Mat1a/ Myh10	molecular function
GO:1901681	sulfur compound binding	Acacb/ Acbd5/ Apob/ Dbi/ Prelp/ Hrg	molecular function
GO:0003743	translation initiation factor activity	Eif3d/ Eif3g/ Eif4e	molecular function
GO:0016829	lyase activity	Thnsl2/ Umps/ Dglucy/ Got1/ Pck1	molecular function

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## FIGURE LEGENDS

**Figure S1.** Chemical structure of epimedin C.

Glc, glucose; Rha, rhamnose.

**Figure S2.** Volcano plots of differentially expressed proteins (DEPs).

A, DEPs in NC vs MC groups; B, DEPs in EC30 vs MC groups; C, DEPs in NC vs EC30 groups.

**Figure S3.** Hierarchical clustering analysis of DEPs.

A, DEPs in NC vs MC groups; B, DEPs in EC30 vs MC groups; C, DEPs in NC vs EC30 groups.

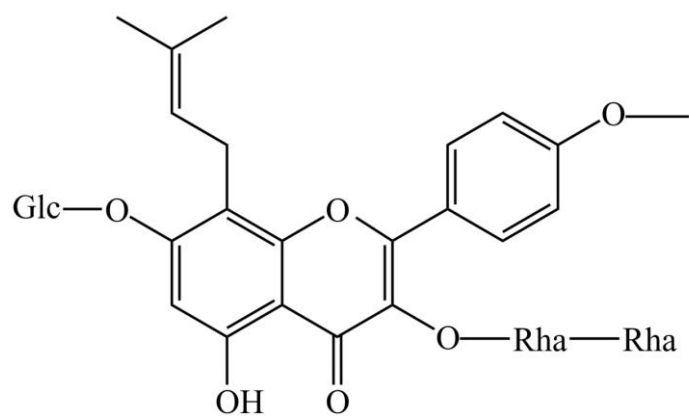
**Figure S4.** Gene-concept network (CNET) assay of gene ontology (GO) functions.

A, biological process (BP) and key enriched DEPs; B, cellular component (CC) and key enriched DEPs; C, molecular function (MF) and key enriched DEPs.

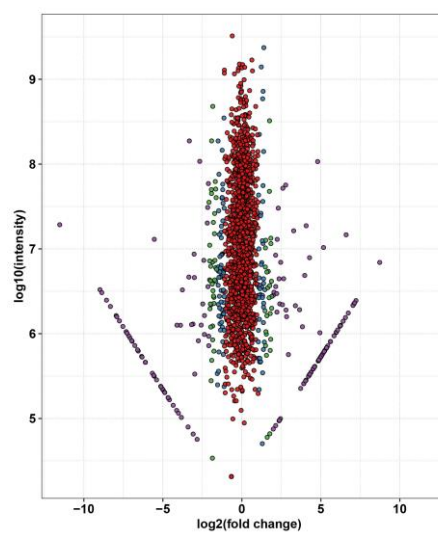
**Figure S5.** Typical Kyoto encyclopedia of genes and genomes (KEGG) pathways.

A, peroxisome proliferator-activated receptor (PPAR) signaling pathway; B, glycolysis/gluconeogenesis.

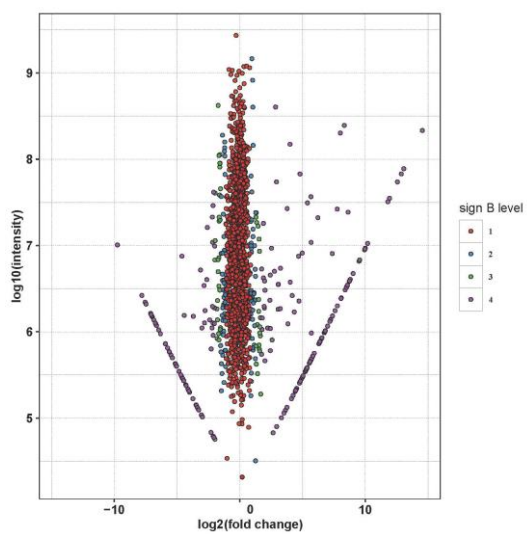
Red boxes represent up-regulated DEPs, and blue boxes represent down-regulated DEPs.



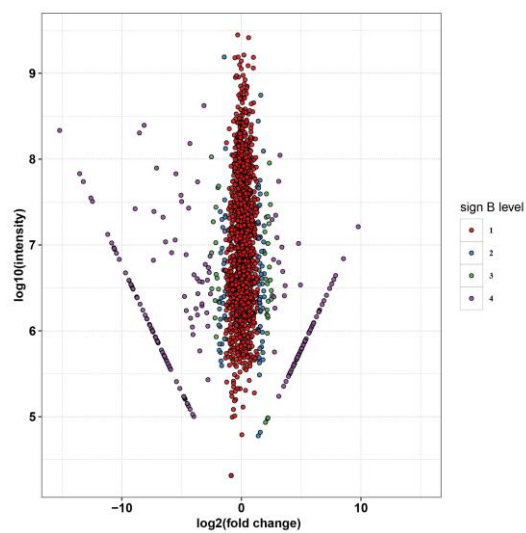
**Figure S1**



**A**



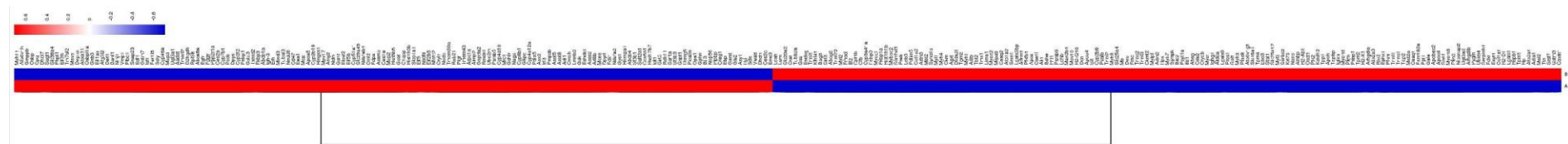
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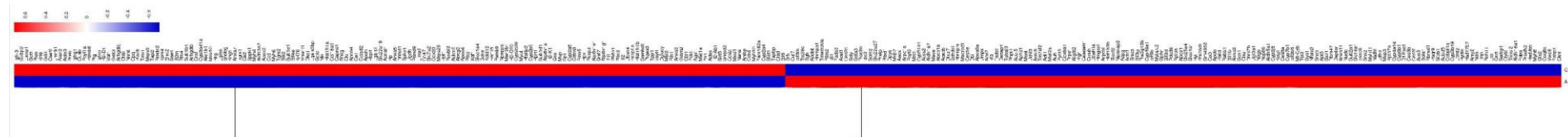
**C**

**Figure S2**

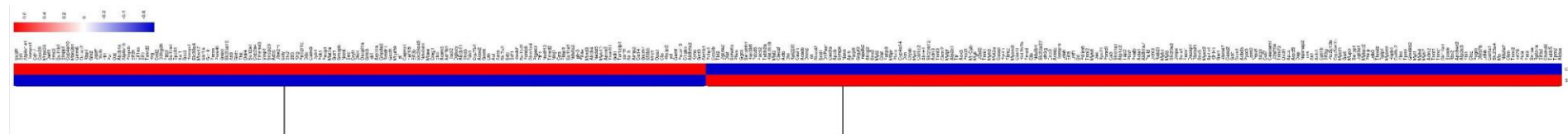




A

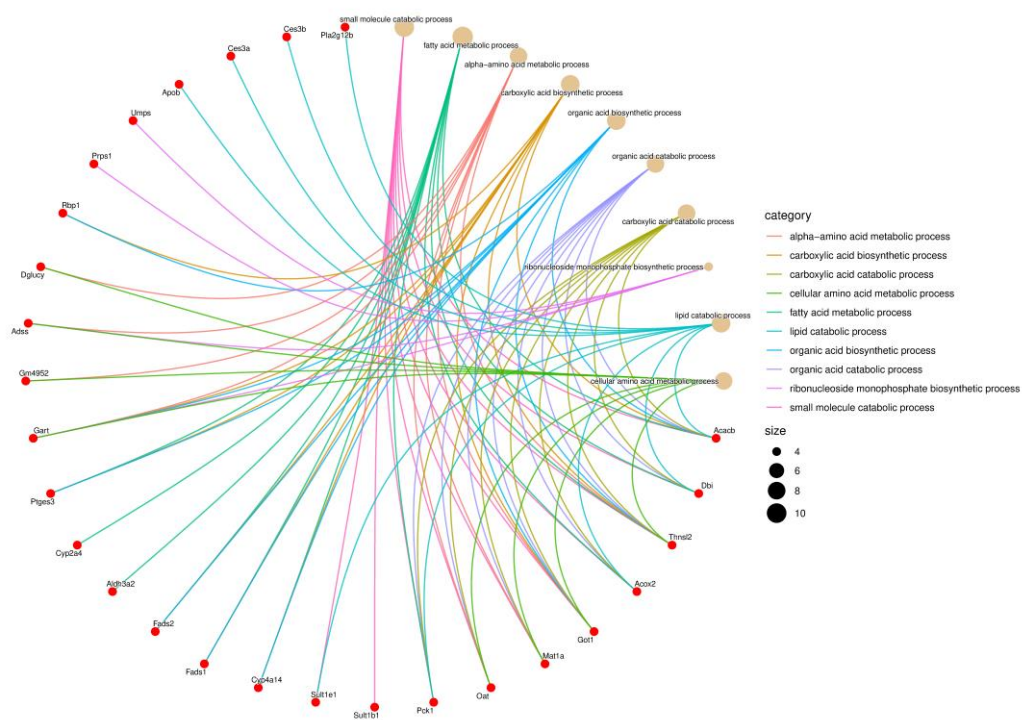


B

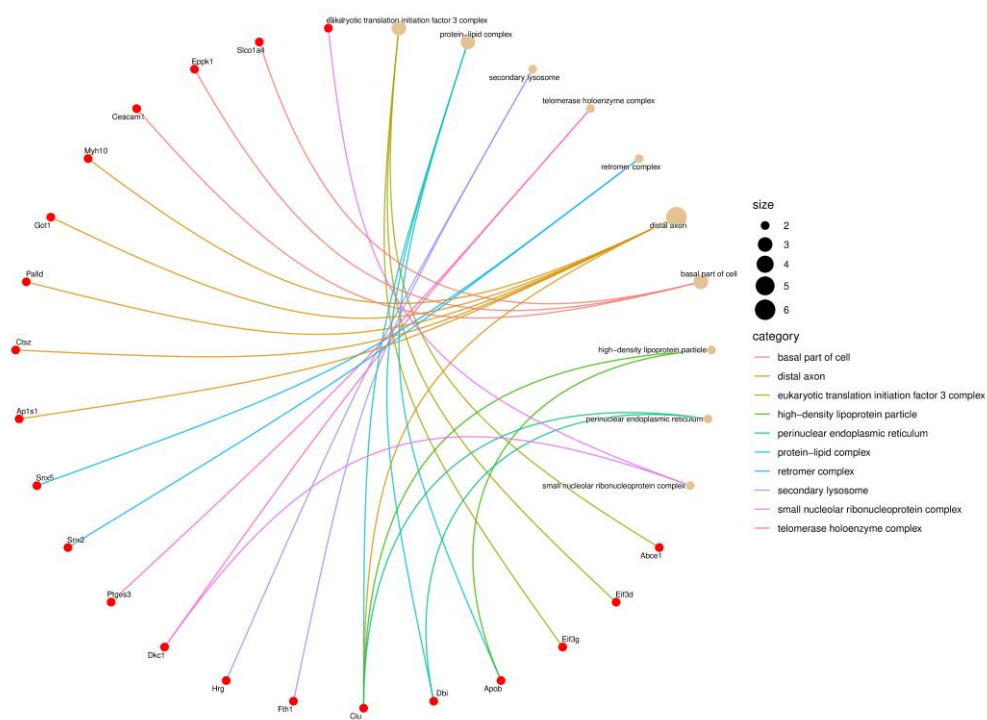


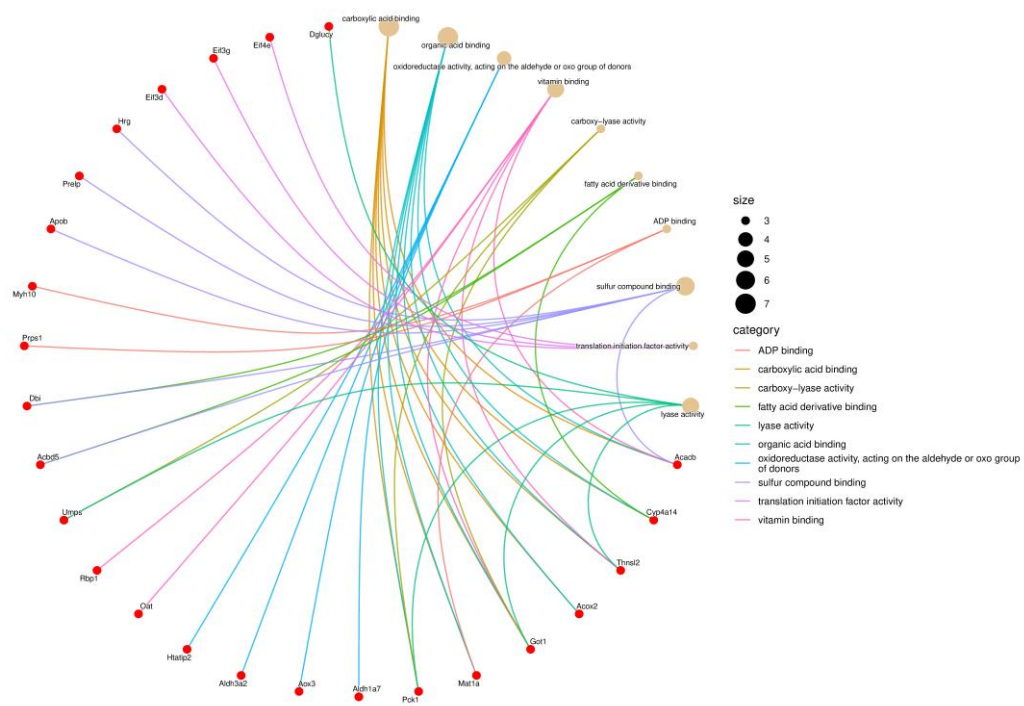
C

Figure S3

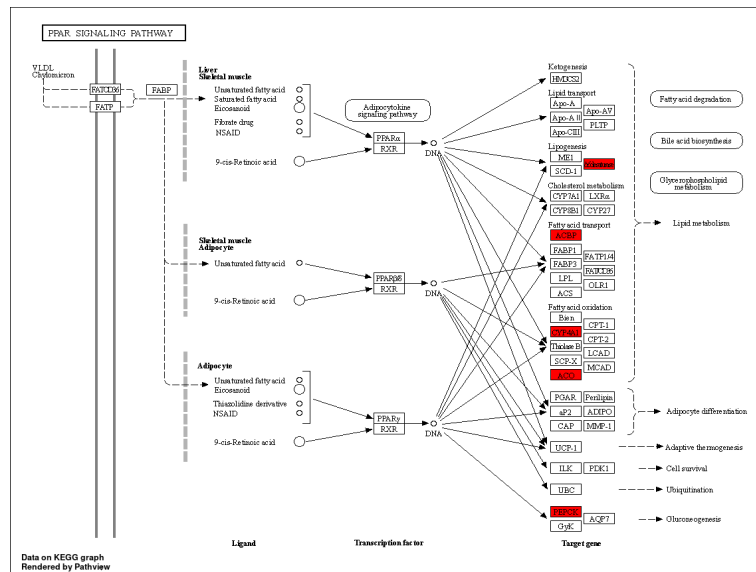


A

**B**



**C**  
**Figure S4**



**Figure S5**