

Supplementary Tables

Table S1: modified GLIM criteria

PHENOTYPIC CRITERIA
 Weight loss > 5% in the last 6 months or > 10% beyond 6 months
 Low BMI: < 20 if age < 70 years or < 22 if age > 70 years
 ETIOLOGIC CRITERIA
 Reduced food intake or assimilation
 Inflammation: acute disease or chronic disease

Table S2: Variables included in the computation of the frailty index

| Variables included in the computation of the frailty index |
|---|
| Istitutionalized |
| Hypertension |
| Diabetes |
| Dyslipidemia |
| Coronary artery disease |
| Atrial fibrillation |
| Heart Failure |
| Pulmonary Embolism/Deep venous thrombosis |
| Asthma |
| Stroke/TIA |
| Parkinson |
| Alzheimer |
| Other dementia |
| Other neurologic disorders |
| Arthrosis |
| Depression |
| Hepatic disease |
| Anemia (chronic) |
| myelodysplastic syndrome/myeloproliferative syndrome |
| Solid tumor |
| taking psychoactive drugs |
| polytherapy |
| Chronic ACB score elevated |
| Any ACB elevated during hospital stay |
| Any Na high or low |
| Any SO2/FiO2 moderately altered |
| Any K low or high |
| Any ANEMIA of moderate degree |
| Any glycemia > 200 mg/dl |

Table S3: evaluations performed during the study

| | Hospital admission | Hospital stay | One month after hospital discharge |
|-------------------------------|--|---------------|------------------------------------|
| MUST | x | | |
| GLIM criteria of malnutrition | x | | x |
| MNA-SF | | | x |
| 4AT | x | x | |
| Height | | | x |
| Weight | | | x |
| Calf circumference | | | x |
| Waist circumference | | | x |
| SARC-F | | | x |
| SPPB | | | x |
| 6MWT | | | x |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| LEGEND | | | |
| MUST | Malnutrition Universal Screening Tool | | |
| GLIM | Modified Global Leadership Initiative on Malnutrition | | |
| MNA-SF | Mini-Nutritional Assessment Short Form | | |
| SARC-F | Strength, Assistance with walking, Rising from a chair, Climbing stairs, and Falls | | |
| SPPB | Short Physical Performance Battery | | |
| 6MWT | 6-minute walk test | | |