

Demographic Questionnaire

Name _____

Date _____

What is the sex of your child?

☐ Male ☐ Female

What age is your child?

What is your child's ethnic or cultural background (tick most appropriate box)?

A. White

1. ☐ Irish
2. ☐ Irish Traveller
3. ☐ Any other White background

B. Black or Black Irish

4. ☐ African
5. ☐ Any other Black background

C. Asian or Asian Irish

6. ☐ Chinese
7. ☐ Any other Asian background

D. Other including mixed background

8. ☐ Other, write in description

What is the highest level of education you the parent/guardian have completed?

[illegible]

[illegible]

Fish/shellfish <i>(Eaten at home or from restaurant/take away. Cooked any way including crumbed/ battered or in meals like stir-fry, pasta or soup)</i>	Never or less than once a month		Once a month		Once in 2 weeks		Once a week		2-3 times per week		4-6 times per week		Once a day		More than once a day	
	Iodine intake (µg)	Portion size (g)														
OTHER																
Fish paste/fish spread/ Fish pâté																
Fish pie																
Dairy alternative products																
Milk – What type of dairy alternative milk does your child drink? How much do they drink in one week?																
SMA wysoy																
Neocate																
<i>If yes, how do you make it up?</i>																
Soya																
Almond/Nut																

Oat

Pea

Coconut

Would your child ever consume dairy alternative milks outside the home? For eg in tea, hot chocolate etc

If so, how much and how often?

[illegible]

Permitted cheeses	Never or less than once a month		Once a month		Once in 2 weeks		Once a week		2-3 times per week		4-6 times per week		Once a day		More than once a day	
	Iodine intake (µg)	Portion size (g)														
Comté, Emmental, Jarlsberg, Italian Parmesan, Grana Padano, Vintage/Extra Mature cheese																
Dairy alternative cheeses or other cheeses	Never or less than once a month		Once a month		Once in 2 weeks		Once a week		2-3 times per week		4-6 times per week		Once a day		More than once a day	
	Iodine intake (µg)	Portion size (g)														
Egg																
How many eggs does your child eat per week? <i>What type of egg? Normal/duck</i> <i>Do they eat the whole of the egg? Do they have a preference for the white or the yolk?</i>																

[illegible]

[illegible]