

Table S1: Additional DXA and MicroCT parameters of the trabecular and cortical bone in ovariectomized mice supplemented with dried plum or the crude extract for 5 or 10 weeks.

	Sham-Con	OVX-Con	OVX-DP	OVX-Crude	P-Value
<b>5 weeks</b>					
Whole Body					
BMC (mg)	524.77 ± 11.34 <sup>b</sup>	472.46 ± 7.47 <sup>c</sup>	552.85 ± 9.09 <sup>ab</sup>	567.27 ± 11.41 <sup>a</sup>	<0.0001
BMA (cm <sup>2</sup> )	10.17 ± 0.23 <sup>b</sup>	9.72 ± 0.15 <sup>b</sup>	10.94 ± 0.16 <sup>a</sup>	10.99 ± 0.19 <sup>a</sup>	<0.0001
Femur Mid-Diaphysis					
Medullary Area (um <sup>2</sup> )	37.57 ± 0.50	38.03 ± 0.70	37.72 ± 0.68	37.62 ± 0.60	0.9550
Cortical Porosity (%)	4.44 ± 0.10	4.55 ± 0.10	4.65 ± 0.05	4.37 ± 0.09	0.1331
<b>10 weeks</b>					
Whole Body					
BMC (mg)	540.36 ± 8.69 <sup>a</sup>	453.71 ± 8.32 <sup>c</sup>	531.14 ± 10.74 <sup>ab</sup>	507.70 ± 9.96 <sup>b</sup>	<0.0001
BMA (cm <sup>2</sup> )	10.20 ± 0.28 <sup>a</sup>	9.24 ± 0.13 <sup>b</sup>	10.32 ± 0.12 <sup>a</sup>	9.97 ± 0.16 <sup>a</sup>	<0.0001
Femur Mid-Diaphysis					
Medullary Area (um <sup>2</sup> )	36.76 ± 0.27	37.50 ± 0.39	32.54 ± 3.07	36.90 ± 0.55	0.0752
Cortical Porosity (%)	4.27 ± 0.04	4.50 ± 0.07	4.47 ± 0.12	4.29 ± 0.05	0.0505

Data were analyzed using 1-way ANOVA and are presented as mean ± SE. Within a given row, groups that do not share the same superscript letter are significantly different from each other. Bone mineral content (BMC), bone mineral area (BMA). Sham-operated (SHAM), ovariectomized (OVX), control diet (Con), diet supplemented with dried plum (DP), diet supplemented with crude polyphenol extract (Crude).

Table S2: Simple effects of the PP and CHO components of the crude extract on other whole body DXA and trabecular and cortical microCT parameters.

	OVX-Con	OVX-Crude	OVX-PP	OVX-CHO	P-Values							
					PP vs Con	CHO vs Con	PP vs Crude	CHO vs Crude				
<b>5 weeks</b>												
Whole Body												
BMC (mg)	472.46 ± 7.47	567.27 ± 11.41	510.31 ± 10.37	531.93 ± 7.05	<b>0.0184</b>	<0.0001	<0.0001	<b>0.0105</b>				
BMA (cm <sup>2</sup> )	9.72 ± 0.15	10.99 ± 0.19	10.14 ± 0.15	10.53 ± 0.13	0.1759	<b>0.0003</b>	<0.0001	0.0620				
Distal Femur												
TbTh (mm)	0.041 ± 0.001	0.041 ± 0.001	0.041 ± 0.002	0.042 ± 0.001	0.7550	0.9079	0.7413	0.9215				
TbN (1/mm <sup>2</sup> )	3.09 ± 0.10	3.81 ± 0.04	3.22 ± 0.06	3.71 ± 0.11	0.2509	<0.0001	<0.0001	0.4110				
TbSp (mm)	0.32 ± 0.01	0.26 ± 0.003	0.31 ± 0.007	0.27 ± 0.008	0.2141	<b>0.0001</b>	<0.0001	0.4130				
Lumbar Vertebra												
TbTh (mm)	0.043 ± 0.001	0.048 ± 0.0004	0.046 ± 0.001	0.047 ± 0.001	<b>0.0113</b>	<b>0.0003</b>	0.0657	0.3479				
TbN (1/mm <sup>2</sup> )	3.94 ± 0.09	3.95 ± 0.06	3.80 ± 0.08	3.96 ± 0.07	0.2073	0.8652	0.1774	0.9416				
TbSp (mm)	0.260 ± 0.01	0.255 ± 0.004	0.267 ± 0.006	0.255 ± 0.005	0.1885	0.8139	0.1385	0.9588				
Femur Mid-Diaphysis												
Medullary Area (um <sup>2</sup> )	38.03 ± 0.70	37.62 ± 0.60	39.17 ± 1.16	39.75 ± 0.79	0.3524	0.1738	0.1963	0.0865				
Cortical Porosity (%)	4.55 ± 0.10	4.37 ± 0.09	4.73 ± 0.15	4.57 ± 0.09	0.2669	0.9212	<b>0.0229</b>	0.2159				
<b>10 weeks</b>												
Whole Body												
BMC (mg)	453.71 ± 8.32	507.70 ± 9.96	499.13 ± 6.25	524.10 ± 5.53	<b>0.0004</b>	<0.0001	0.4975	0.1727				
BMA (cm <sup>2</sup> )	9.24 ± 0.13	9.97 ± 0.16	9.64 ± 0.05	10.11 ± 0.12	<b>0.0420</b>	<0.0001	0.1190	0.4633				
Distal Femur												
TbTh (mm)	0.045 ± 0.001	0.045 ± 0.001	0.047 ± 0.002	0.043 ± 0.001	0.4481	0.2021	0.4481	0.2427				
TbN (1/mm <sup>2</sup> )	2.81 ± 0.08	3.28 ± 0.08	2.98 ± 0.05	3.53 ± 0.11	0.1936	<0.0001	<b>0.0304</b>	0.0520				
TbSp (mm)	0.36 ± 0.01	0.30 ± 0.01	0.33 ± 0.01	0.28 ± 0.01	0.0673	<0.0001	<b>0.0346</b>	0.0914				
Lumbar Vertebra												
TbTh (mm)	0.047 ± 0.0004	0.050 ± 0.001	0.050 ± 0.001	0.050 ± 0.001	<b>0.0041</b>	<b>0.0029</b>	0.5906	0.4979				
TbN (1/mm <sup>2</sup> )	3.37 ± 0.08	3.88 ± 0.19	3.67 ± 0.04	4.13 ± 0.11	0.1246	<b>0.0002</b>	0.2465	0.1460				
TbSp	0.30 ± 0.01	0.26 ± 0.01	0.27 ± 0.003	0.24 ± 0.01	0.0721	<b>0.0001</b>	0.4567	0.0673				
Femur Mid-Diaphysis												
Medullary Area (um <sup>2</sup> )	37.50 ± 0.39	36.90 ± 0.55	36.43 ± 0.48	36.46 ± 0.39	0.1167	0.0839	0.5020	0.4806				
Cortical Porosity (%)	4.50 ± 0.07	4.29 ± 0.05	4.12 ± 0.10	4.36 ± 0.10	<b>0.0068</b>	0.2118	0.2337	0.5694				

Data are presented as mean ± SE. Bone mineral content (BMC), bone mineral area (BMA). Ovariectomized (OVX), control diet (Con), diet supplemented with crude polyphenol extract (Crude), phenolic enriched diet (PP), and carbohydrate enriched diet (CHO).