



Erratum

# Erratum: Sharp et al. Phytoplankton Supplementation Lowers Muscle Damage and Sustains Performance across Repeated Exercise Bouts in Humans and Improves Antioxidant Capacity in a Mechanistic Animal. *Nutrients* 2020, 12, 1990

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### Modifications to the Main Text

The authors would like to correct a typographical error in their prior publication [1]. In the original article, there was a mistake regarding the treatment dosage in the animal model. The correct treatment dosage for Exercise + Oceanix 1 (E + Oc1) was 2.55 mg/kg/day, not 2.55 mg/day. Similarly, the correct dosage for Exercise + Oceanix 2 (E + Oc2) was  $5.1 \, \text{mg/kg/day}$ , not  $5.1 \, \text{mg/day}$ .

### **Modifications to Back Matter Sections**

**Author Contributions:** Conceptualization, M.S. (Matthew Sharp), K.S., R.L., S.D. and J.W.; data curation, M.S. (Matthew Sharp), M.S. (Matthew Stefan), C.O., R.G., D.R., N.S. and M.T.; formal analysis, M.S. (Matthew Sharp), C.O., N.S., M.T. and J.W.; investigation, M.S. (Matthew Sharp), M.S. (Matthew Stefan), C.O., R.G., D.R., N.S. and M.T.; methodology, M.S. (Matthew Sharp) and J.W.; Writing—Original draft, M.S. (Matthew Sharp), K.S. and J.W.; writing—review and editing, M.S. (Matthew Sharp), K.S., R.L. and J.W. All authors have read and agreed to the published version of the manuscript.

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Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

**Data Availability Statement:** The data presented in this study are available on request from the corresponding author.

## Abbreviations

E + Oc1 Exercise + Oceanix 1 (2.55 mg/kg/day) E + Oc2 Exercise + Oceanix 2 (5.1 mg/kg/day) Nutrients **2022**, 14, 408 2 of 2

The authors apologize for any inconvenience caused and state that the scientific conclusions are unaffected.

# Reference

1. Sharp, M.; Sahin, K.; Stefan, M.; Orhan, C.; Gheith, R.; Reber, D.; Sahin, N.; Tuzcu, M.; Lowery, R.; Durkee, S.; et al. Phytoplankton Supplementation Lowers Muscle Damage and Sustains Performance across Repeated Exercise Bouts in Humans and Improves Antioxidant Capacity in a Mechanistic Animal. *Nutrients* 2020, 12, 1990. [CrossRef] [PubMed]