

Table S1. Prevalence of consumption of ultra-processed foods with sleep duration in adolescents. São Luís, Maranhão, Brazil, 2016/2017.

Food consumption	Sleep duration		p-value
	(≥ 6 hours) Mean	(<6 hours) Mean	
Ultra-processed			
<i>Cakes and cookies</i>	7.79	7.90	0.823*
<i>Sweets and candies</i>	5.50	5.11	0.267*
<i>Fast food</i>	4.58	4.92	< 0.001 **
<i>Sugar-sweetened beverages</i>	3.92	3.66	0.322*
<i>Salty cookies and potato french fries</i>	3.86	3.51	< 0.000 **
<i>Cream cheese/industrialized yogurt</i>	1.40	1.28	0.439*
<i>Margarine</i>	1.15	1.33	0.025 **
<i>Sausage and instant noodles</i>	1.06	1.11	0.543*
<i>Ketchup and mayonnaise</i>	0.51	0.52	< 0.001 **
<i>Breakfast cereals and cereal bars</i>	0.53	0.35	< 0.000 **

Caption: * Student's t-test; ** Rank sum test.