

Supplementary Material for

The interactive effects of severe vitamin D deficiency and iodine nutrition status on the risk of thyroid disorder in pregnant women

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Table S1. Interaction between low UIC and vitamin D deficiency on the risk of hypothyroidism/TgAb/TPOAb/TrAb positive in the first trimester

| Vitamin D (ng/ml) | UIC: 150 – 249 ug/L | | UIC < 150 ug/L | | OR for within category of vitamin D | UIC | RERI (95%CI) | AP (95%CI) |
|---|---------------------------|------------------|---------------------------|------------------|--|-----------------------|----------------------|------------|
| | Hypothyroidism/Normal(N) | OR (95%CI) | Hypothyroidism/Normal(N) | OR (95%CI) | | | | |
| ≥ 12 | 45/288 | 1 | 80/544 | 1.08(0.73, 1.61) | 1.08(0.73, 1.61) | -0.352(-1.440, 0.735) | -0.499(-2.15, 1.15) | |
| < 12 | 8/44 | 1.10(0.48, 2.52) | 10/91 | 0.69(0.33, 1.44) | 1.53(0.53, 4.37) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 1.10(0.48, 2.52) | - | 0.74(0.37, 1.49) | - | - | - | |
| | TgAb positive /Normal(N) | OR (95%CI) | TgAb positive /Normal(N) | OR (95%CI) | | | | |
| ≥ 12 | 17/316 | 1 | 48/576 | 0.66(0.37, 1.17) | 0.66(0.37, 1.17) | 0.652(-1.065, 2.370) | 0.345(-0.437, 1.128) | |
| < 12 | 2/50 | 0.66(0.15, 2.96) | 9/92 | 1.79(0.76, 4.18) | 0.41(0.08, 2.00) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 0.66(0.15, 2.96) | - | 1.25(0.59, 2.66) | - | - | - | |
| | TPOAb positive /Normal(N) | OR (95%CI) | TPOAb positive /Normal(N) | OR (95%CI) | | | | |
| ≥ 12 | 73/260 | 1 | 148/476 | 0.91(0.66, 1.26) | 0.91(0.66, 1.26) | 0.072(-0.858, 1.001) | 0.061(-0.714, 0.835) | |
| < 12 | 11/41 | 0.97(0.47, 1.99) | 26/75 | 1.17(0.69, 1.99) | 0.75(0.32, 1.74) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 0.97(0.47, 1.99) | - | 1.03(0.63, 1.68) | - | - | - | |
| | TrAb positive /Normal(N) | OR (95%CI) | TrAb positive /Normal(N) | OR (95%CI) | | | | |
| ≥ 12 | 68/265 | 1 | 151/473 | 0.78(0.56, 1.08) | 0.78(0.56, 1.08) | 0.128(-0.822, 1.078) | 0.100(-0.604, 0.800) | |
| < 12 | 9/43 | 0.84(0.39, 1.83) | 25/76 | 1.27(0.74, 2.15) | 0.60(0.24, 1.46) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 0.84(0.39, 1.83) | - | 1.05(0.64, 1.71) | - | - | - | |

Table S2. Interaction between high UIC and vitamin D deficiency on the risk of hypothyroidism/TgAb/TPOAb/TrAb positive in the first trimester

| Vitamin D (ng/ml) | UIC: 150 – 249 ug/L | | UIC ≥ 249 ug/L | | OR for UIC within category of vitamin D | UIC RERI (95%CI) | AP (95%CI) |
|--|---------------------------|------------------|---------------------------|-------------------------|---|----------------------------|----------------------------|
| | Hypothyroidism/Normal(N) | OR (95%CI) | Hypothyroidism/Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 45/288 | 1 | 31/249 | 0.80(0.49, 1.31) | 0.80(0.49, 1.31) | 0.434(-1.140, 2.008) | 0.287(-0.614, 1.189) |
| < 12 | 8/44 | 1.10(0.48, 2.52) | 8/35 | 1.38(0.59, 3.19) | 1.61(0.50, 5.21) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 1.10(0.48, 2.52) | - | 1.90(0.79, 4.58) | - | - | - |
| | TgAb positive /Normal(N) | OR (95%CI) | TgAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 17/316 | 1 | 16/264 | 1.03(0.50, 2.09) | 1.03(0.50, 2.09) | - | - |
| < 12 | 2/50 | 0.66(0.15, 2.96) | 0/43 | - | - | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.66(0.15, 2.96) | - | - | - | - | - |
| | TPOAb positive /Normal(N) | OR (95%CI) | TPOAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 73/260 | 1 | 73/207 | 1.21(0.83, 1.76) | 1.21(0.83, 1.76) | -0.139(-1.288, 1.009) | -0.127(-1.232, 0.978) |
| < 12 | 11/41 | 0.97(0.47, 1.99) | 10/33 | 1.10(0.51, 2.36) | 1.08(0.37, 3.12) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.97(0.47, 1.99) | - | 0.84(0.39, 1.83) | - | - | - |
| | TrAb positive /Normal(N) | OR (95%CI) | TrAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 68/265 | 1 | 55/225 | 0.94(0.63, 1.41) | 0.94(0.63, 1.41) | 1.910(0.054, 3.766) | 0.700(0.367, 1.032) |
| < 12 | 9/43 | 0.84(0.39, 1.83) | 17/26 | 2.62(1.32, 5.22) | 3.55(1.32, 9.54) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.84(0.39, 1.83) | - | 2.66(1.33, 5.32) | - | - | - |

Bold indicates statistical significance after adjustment for age, BMI, annual household income, educational level, gestation week, season, smoking and drinking status as well as vitamin D intake

Table S3. Interaction between low UIC and vitamin D deficiency on the risk of hypothyroidism/TgAb/TPOAb/TrAb positive in the second trimester

| Vitamin D (ng/ml) | UIC: 150 - 249 ug/L | | UIC < 150 ug/L | | OR for UIC within category of vitamin D | RERI (95%CI) | AP (95%CI) |
|--|--------------------------|------------------|---------------------------|------------------|---|----------------------|----------------------|
| | Hypothyroidism/Normal(N) | OR (95%CI) | Hypothyroidism/Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 35/321 | 1 | 71/658 | 0.98(0.64, 1.51) | 0.98(0.64, 1.51) | 0.804(-0.261, 1.871) | 0.575(-0.043, 1.195) |
| < 12 | 3/48 | 0.62(0.18, 2.12) | 14/94 | 1.38(0.71, 2.69) | 0.32(0.08, 1.29) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.62(0.18, 2.12) | - | 1.35(0.73, 2.51) | - | - | - |
| TgAb positive /Normal(N) | | OR (95%CI) | TgAb positive /Normal(N) | OR (95%CI) | 1.27(0.69, 2.36) | - | - |
| ≥ 12 | 17/339 | 1 | 29/700 | 1.27(0.69, 2.36) | | | |
| < 12 | 0/51 | - | 6/102 | 1.14(0.43, 2.98) | | | |
| OR for vitamin D deficiency within category of UIC | - | - | - | 1.49(0.60, 3.70) | | | |
| TPOAb positive /Normal(N) | | OR (95%CI) | TPOAb positive /Normal(N) | OR (95%CI) | 1.39(1.01, 1.93) | 0.085(-0.780, 0.949) | 0.096(-0.872, 1.064) |
| ≥ 12 | 74/282 | 1 | 120/609 | 1.39(1.01, 1.93) | | | |
| < 12 | 12/39 | 1.16(0.57, 2.37) | 21/87 | 0.90(0.52, 1.56) | | | |
| OR for vitamin D deficiency within category of UIC | - | 1.16(0.57, 2.37) | - | 1.24(0.74, 2.09) | | | |
| TrAb positive /Normal(N) | | OR (95%CI) | TrAb positive /Normal(N) | OR (95%CI) | 1.30(0.95, 1.76) | 0.029(-0.918, 0.977) | 0.027(-0.845, 0.902) |
| ≥ 12 | 86/270 | 1 | 145/584 | 1.30(0.95, 1.76) | | | |
| < 12 | 15/36 | 1.24(0.64, 2.41) | 28/80 | 1.09(0.66, 1.79) | | | |
| OR for vitamin D deficiency within category of UIC | - | 1.24(0.64, 2.41) | - | 1.41(0.88, 2.27) | | | |

Table S4. Interaction between high UIC and vitamin D deficiency on the risk of hypothyroidism/TgAb/TPOAb/TrAb positive in the second trimester

| Vitamin D (ng/ml) | UIC: 150 – 249 ug/L | | UIC \geq 249 ug/L | | OR for UIC within category of vitamin D | RERI (95%CI) | AP (95%CI) |
|--|---------------------------|------------------|---------------------------|--------------------------|---|-----------------------|-----------------------|
| | Hypothyroidism/Normal(N) | OR (95%CI) | Hypothyroidism/Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 35/321 | 1 | 28/209 | 1.17(0.69, 1.99) | 1.17(0.69, 1.99) | -0.030(-1.243, 1.183) | -0.044(-1.820, 1.733) |
| < 12 | 3/48 | 0.62(0.18, 2.12) | 3/38 | 0.75(0.21, 2.66) | 1.74(0.27, 11.23) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.62(0.18, 2.12) | - | 0.54(0.16, 1.91) | - | - | - |
| | TgAb positive /Normal(N) | OR (95%CI) | TgAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 17/339 | 1 | 8/229 | 0.76(0.32, 1.80) | 0.76(0.32, 1.80) | - | - |
| < 12 | 0/51 | - | 5/36 | 2.94(0.98, 8.84) | - | - | - |
| OR for vitamin D deficiency within category of UIC | - | - | - | 3.53(1.14, 11.98) | - | - | - |
| | TPOAb positive /Normal(N) | OR (95%CI) | TPOAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 74/282 | 1 | 41/196 | 0.78(0.50, 1.20) | 0.78(0.50, 1.20) | 0.244(-0.874, 1.369) | 0.222(-0.708, 1.15) |
| < 12 | 12/39 | 1.16(0.57, 2.37) | 11/30 | 1.15(0.54, 2.45) | 0.96(0.35, 2.59) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 1.16(0.57, 2.37) | - | 1.42(0.64, 3.15) | - | - | - |
| | TrAb positive /Normal(N) | OR (95%CI) | TrAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 86/270 | 1 | 48/189 | 0.77(0.52, 1.16) | 0.77(0.52, 1.16) | -0.064(-1.161, 1.033) | -0.066(-1.228, 1.095) |
| < 12 | 15/36 | 1.24(0.64, 2.41) | 10/31 | 0.95(0.44, 2.05) | 0.71(0.27, 1.8) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 1.24(0.64, 2.41) | - | 1.27(0.57, 2.80) | - | - | - |

Bold indicates statistical significance after adjustment for age, BMI, annual household income, educational level, gestation week, season, smoking and drinking status as well as vitamin D intake

Table S5. Interaction between low UIC and vitamin D deficiency on the risk of hypothyroidism/TgAb/TPOAb/TrAb positive in the third trimester

| Vitamin D (ng/ml) | UIC: 150 – 249 ug/L | | UIC < 150 ug/L | | OR within category of vitamin D | UIC | RERI (95%CI) | AP (95%CI) |
|---|--------------------------|------------------|--------------------------|-------------------|---------------------------------------|-----------------------|----------------------------|------------|
| | Hypothyroidism/Normal(N) | OR (95%CI) | Hypothyroidism/Normal(N) | OR (95%CI) | | | | |
| ≥ 12 | 43/232 | 1 | 97/619 | 1.20(0.81, 1.78) | 1.20(0.81, 1.78) | -0.587(-1.708, 0.535) | -1.414(-4.452, 1.624) | |
| < 12 | 8/35 | 1.20(0.51, 2.83) | 7/86 | 0.42(0.18, 1.00) | 2.63(0.80, 8.65) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 1.20(0.51, 2.83) | - | 0.52(0.23, 1.16) | - | - | - | |
| TgAb positive /Normal(N) | | | | | | | | |
| ≥ 12 | 3/272 | 1 | 18/698 | 0.42(0.12, 1.46) | 0.42(0.12, 1.46) | - | - | |
| < 12 | 0/43 | - | 2/91 | 1.83(0.29, 11.61) | - | - | - | |
| OR for vitamin D deficiency within category of UIC | - | - | - | 0.89(0.20, 4.02) | - | - | - | |
| TPOAb positive /Normal(N) | | | | | | | | |
| ≥ 12 | 41/234 | 1 | 142/574 | 0.71(0.48, 1.03) | 0.71(0.48, 1.03) | -0.042(-0.924, 0.841) | -0.048(-1.08, 0.987) | |
| < 12 | 3/40 | 0.39(0.11, 1.37) | 12/81 | 0.87(0.43, 1.74) | 0.50(0.13, 1.94) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 0.39(0.11, 1.37) | - | 0.59(0.31, 1.12) | - | - | - | |
| TrAb positive /Normal(N) | | | | | | | | |
| ≥ 12 | 47/228 | 1 | 156/560 | 0.74(0.51, 1.06) | 0.74(0.51, 1.06) | 0.859(-0.214, 1.932) | 0.465(0.005, 0.924) | |
| < 12 | 5/38 | 0.57(0.21, 1.57) | 25/68 | 1.75(0.99, 3.08) | 0.26(0.08, 0.82) | - | - | |
| OR for vitamin D deficiency within category of UIC | - | 0.57(0.21, 1.57) | - | 1.34(0.81, 2.20) | - | - | - | |

Bold indicates statistical significance after adjustment for age, BMI, annual household income, educational level, gestation week, season, smoking and drinking status as well as vitamin D intake

Table S6. Interaction between high UIC and vitamin D deficiency on the risk of hypothyroidism/TgAb/TPOAb/TrAb positive in the third trimester

| Vitamin D (ng/ml) | UIC: 150 – 249 ug/L | | UIC \geq 249 ug/L | | OR for UIC within category of vitamin D | RERI (95%CI) | AP (95%CI) |
|--|---------------------------|------------------|---------------------------|--------------------------|---|----------------------|----------------------------|
| | Hypothyroidism/Normal(N) | OR (95%CI) | Hypothyroidism/Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 43/232 | 1 | 27/151 | 0.92(0.54, 1.58) | 0.92(0.54, 1.58) | 1.238(-1.226, 3.702) | 0.534(-0.105, 1.174) |
| < 12 | 8/35 | 1.20(0.51, 2.83) | 6/13 | 2.43(0.86, 6.89) | 1.79(0.47, 6.85) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 1.20(0.51, 2.83) | - | 2.66(0.92, 7.71) | - | - | - |
| | Tgab positive /Normal(N) | OR (95%CI) | Tgab positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 3/272 | 1 | 9/169 | 4.02(1.04, 15.61) | 4.02(1.04, 15.61) | - | - |
| < 12 | 0/43 | - | 0/19 | - | - | - | - |
| OR for vitamin D deficiency within category of UIC | - | - | - | - | - | - | - |
| | TPOAb positive /Normal(N) | OR (95%CI) | TPOAb positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 41/234 | 1 | 34/144 | 1.24(0.74, 2.07) | 1.24(0.74, 2.07) | 0.791(-0.956, 2.538) | 0.561(-0.177, 1.298) |
| < 12 | 3/40 | 0.39(0.11, 1.37) | 4/15 | 1.39(0.42, 4.69) | 3.63(0.66, 20.08) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.39(0.11, 1.37) | - | 1.32(0.39, 4.47) | - | - | - |
| | Trab positive /Normal(N) | OR (95%CI) | Trab positive /Normal(N) | OR (95%CI) | | | |
| ≥ 12 | 47/228 | 1 | 31/147 | 0.95(0.57, 1.58) | 0.95(0.57, 1.58) | 2.123(-0.451, 4.697) | 0.829(0.512, 1.146) |
| < 12 | 5/38 | 0.57(0.21, 1.57) | 7/12 | 2.70(0.96, 7.54) | 5.95(1.31, 27.05) | - | - |
| OR for vitamin D deficiency within category of UIC | - | 0.57(0.21, 1.57) | - | 3.22(1.10, 9.45) | - | - | - |

Bold indicates statistical significance after adjustment for age, BMI, annual household income, educational level, gestation week, season, smoking and drinking status as well as vitamin D intake