

Supplementary Figures

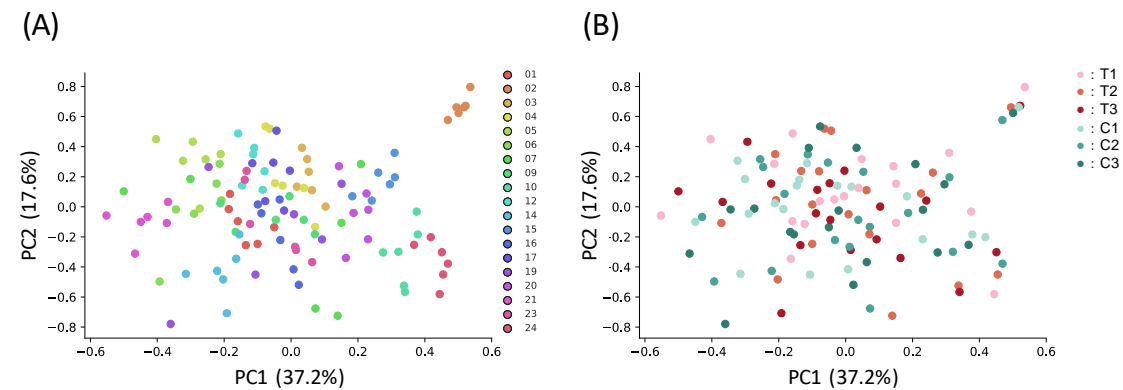


Figure S1. Individual differences were larger than the influence of barley or control food consumption on microbiome (weighted UniFrac distance)

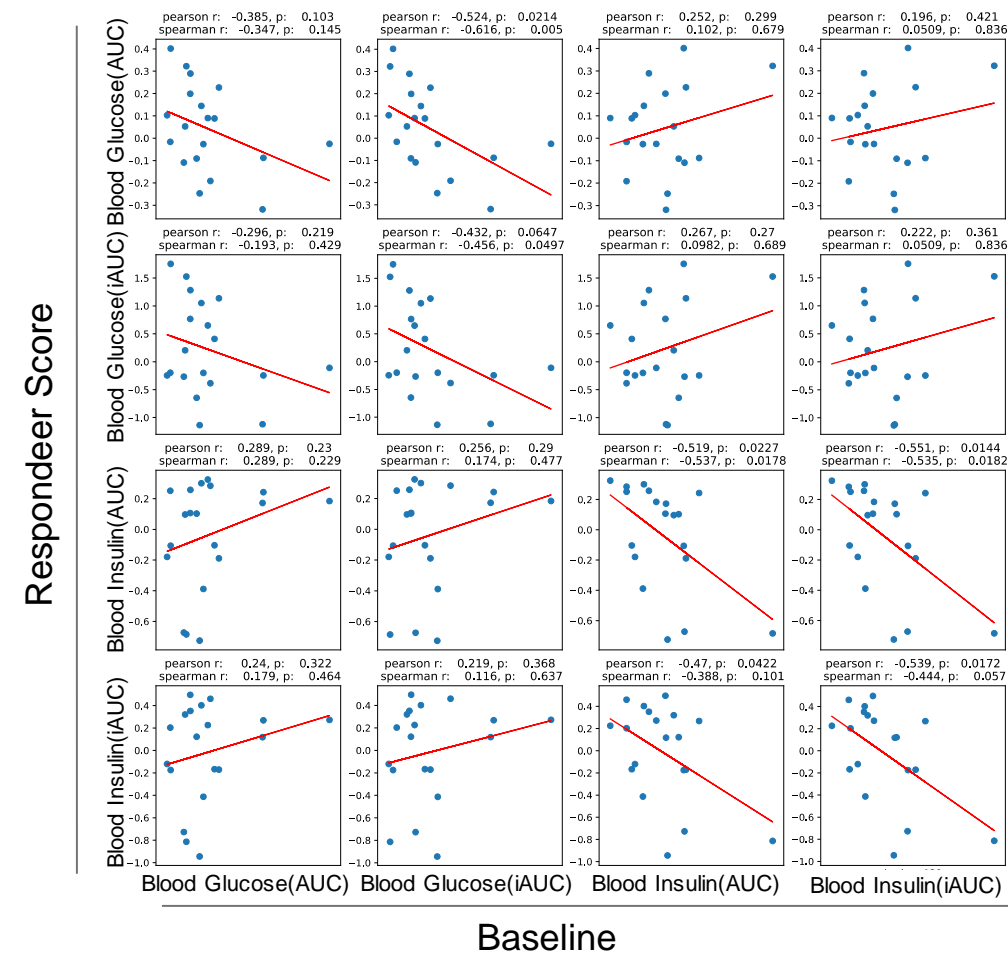


Figure S2. Improvement of blood glucose AUC/iAUC by barley intake does not depends on blood insulin AUC/iAUC at baseline and vice versa.