

Certainty Assessment							Summary of Findings				
Participants (studies) Follow up	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Overall certainty of evidence	Study event rates (%)		Relative effect (95% CI)	Anticipated absolute effects	
							With Usual care	With Lifestyle intervention		Risk with Usual care	Risk difference with Lifestyle intervention

The effect of the lifestyle intervention with overweight/obese pregnant women in relation to neonatal adiposity

1494 (4 RCTs)	very serious a,b	not serious	not serious	not serious	none	⊕⊕○○ LOW	737	757	-	The mean the effect of lifestyle intervention with overweight/obese pregnant women on neonatal adiposity was 0	MD 1 higher (0.92 lower to 0.5 higher)
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Birth weight

607 (3 RCTs)	serious a,b	not serious	not serious	not serious	none	⊕⊕⊕○ MODERATE	300	307	-	The mean birth weight was 0	MD 1 higher (102.73 lower to 149.24 higher)
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Gestational weight gain

651 (3 RCTs)	serious a,b	not serious	not serious	not serious	none	⊕⊕⊕○ MODERATE	326	325	-	The mean gestational weight gain was 0	MD 1 higher (1.24 lower to 2.7 lower)
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Body fat-free mass

1296 (3 RCTs)	serious a,b	not serious	not serious	not serious	none	⊕⊕⊕○ MODERATE	645	651	-	The mean fat-free mass was 0	MD 1 higher (72.87 lower to 71.51 higher)
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Supplementary Figure S4. Summary of findings: The effect of the lifestyle intervention with overweight/obese pregnant women in relation to the neonatal adiposity.