	Wave 1	Wave 2	Wave 3	Wave 4	Wave 5
Hospital 1	Control	Intervention	Intervention	Intervention	Intervention
Hospital 2	Control	Control	Intervention	Intervention	Intervention
Hospital 3	Control	Control	Control	Intervention	Intervention
Hospital 4 and 5 ^a	Control	Control	Control	Control	Intervention

 $^{^{\}rm a}$ Training occurred at the same time as these study sites shared a dietetic department.

Supplementary Figure 1 Sequence of intervention roll-out in the stepped-wedge design.

Supplementary File 2.

Inter- and Intra- Rater Reliability

Inter-rater reliability (between the two coders) and intra-rater reliability (for each coder) for the study specific checklist was assessed using Cohen's kappa. For the BECCI and CTS-R competence and interpersonal effectiveness items, inter-rater and intra-rater reliability were assessed using two-way mixed, absolute agreement, single measure intraclass correlation coefficients (ICC). All indices of inter-rater and intra-rater reliability were interpreted according to published guidelines[1]: 0.01 ('poor' agreement); 0.02-0.2 ('slight' agreement); 0.21 to 0.40 ('fair' agreement); 0.41 to 0.60 ('moderate' agreement); 0.61 to 0.80 ('substantial' agreement); 0.81 to 1 ('almost perfect' agreement).

The level of inter-rater and intra-rater reliability achieved is summarised in Supplementary Table One. The majority of items within and between raters fell within the substantial to almost perfect range. Lower inter-rater reliability (slight to fair) was demonstrated by one study checklist item and both cognitive therapy scale items.

Supplementary Table One.

Summary of inter and intra-rater reliability for behaviour change outcomes

	Study Specific Checklist						BECCI	Cognitive Therapy Scale	
	Eating as Integral to RT	Reasons for RT	Plan	Nutrition	Validated Nutrition Assessment	Adequacy of Intake	Overall Practitioner Score		Interpersonal Effectiveness
Inter-rater Relia	bility		•						
Cohen's Kappa	.73 (Substantial)	1.0 (Almost perfect)	.61 (Substantial)	.81 (Almost perfect)	0.84 (Almost perfect)	0.15 (Slight)			
ICC Single Measures							0.56 (Moderate	0.38 e) (Fair)	0.15 (Slight)
Intra-rater Relia	bility (Rater Or	ne)							
Cohen's Kappa	.95 (Almost perfect)	1.0 (Almost perfect)	1.0 (Almost perfect)	.93 (Almost perfect)	.97 (Almost perfect)	.79 (Substantial)			
ICC Single Measures							.94 (Almost perfect)	`	.95 (Almost perfect)
Intra-rater Relia	bility (Rater Tv	vo)							
Cohen's	1.0	1.0	.96	.95			0.		
Kappa	(Almost perfect)	(Almost perfect)	*	`	*	*	most fect)		
ICC Single Measures							(Alı	91 .82 most (Almo fect) perfec	•

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