

Caffeine in the diet: Country-level consumption and guidelines

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Supplementary Information

Table S1. Country Specific Guidelines Pertaining to Dietary Caffeine

Country	Date	Intended audience
Benin ^{LI}	2015	Healthy population 2+ years, primarily in urban and semi-urban settings. Specific guidelines for children, pregnant/nursing women, and other age groups.
Nigeria ^{LMI}	2001	Healthy population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Seychelles ^{HI}	2006	Healthy population 2+ years. Specific guidelines for children and pregnant/nursing women.
Sierra Leona ^{LI}	2016	Healthy population. Specific guidelines for children, pregnant/nursing women, and other age groups.
South Africa ^{UMI}	2012	General population 5+ years. Specific guidelines proposed for children 0–5 years and pregnant/nursing women.
Afghanistan ^{LI}	2015	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Australia ^{HI}	2013	Healthy population 2+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Bangladesh ^{LMI}	2013	General population. Specific guidelines for children <2 years and pregnant/nursing women.
China ^{UMI}	2016	Healthy population 2+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Fiji ^{UMI}	2013	Healthy population. Specific guidelines for children and pregnant/nursing women.
India ^{LMI}	2011	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Indonesia ^{LMI}	2014	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Japan ^{HI}	2010	Healthy population. Specific guidelines for children.
Malaysia ^{UMI}	2010	General population 2+ years.
Nepal ^{LI}	2012	General population. Specific guidelines for children and pregnant/nursing women.
New Zealand ^{HI}	2008 2012 2008 2013	Infants and toddlers (0-2 years) Children and young people (2-18 years) Pregnant/nursing women Older people
Republic of Korea ^{HI}	2010	Specific guidelines for children, pregnant/nursing women, and other age groups.
Sri Lanka ^{LMI}	2011	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Thailand ^{UMI}	2008-10	General population 6+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Vietnam ^{LMI}	2013	General population. Specific guidelines for children and pregnant/nursing women.
Iran ^{UMI}	2015	General population 2+ years.
Lebanon ^{UMI}	2013	Adult population. Specific guidelines for children and pregnant/nursing women.
Qatar ^{HI}	2015	Healthy population 2+ years. Specific guidelines for children and pregnant/nursing women.
Albania ^{UMI}	2008	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.

Austria ^{HI}	2010	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Belgium ^{HI}	2005	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Bulgaria ^{UMI}	2006	Adult population. Specific guidelines for children and pregnant/nursing women.
Croatia ^{HI}	2002	Specific guidelines for pregnant/nursing women and other age groups.
Cyprus ^{HI}	2007	General population. Specific guidelines for age groups.
Denmark ^{HI}	2013	Healthy population 3+ years. Specific guidelines for children and pregnant/nursing women.
Estonia ^{HI}	2006	General adult population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Finland ^{HI}	2014	Healthy population. Specific guidelines for children, pregnant/nursing women, and other age groups.
France ^{HI}	2011	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Georgia ^{UMI}	2005	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Germany ^{HI}	2013	Healthy population.
Greece ^{HI}	1999	Adult population.
Hungary ^{HI}	2004 2016	Healthy adult population. Specific guidelines for pregnant/nursing women.
Ireland ^{HI}	2012	General population 5+ years. Specific guidelines for children and pregnant/nursing women.
Israel ^{HI}	2008	General population.
Italy ^{HI}	2003	Healthy population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Latvia ^{HI}	2008 2003 2007	Adults (and pregnant/nursing women) Children Elderly
Malta ^{HI}	2016	General adult population. Specific guidelines for children and pregnant/nursing women.
Netherlands ^{HI}	2016	General population. Specific guidelines for children and pregnant/nursing women.
Norway ^{HI}	2014	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Poland ^{HI}	2010	General adult population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Portugal ^{HI}	2003	Healthy population. Specific guidelines for children and pregnant/nursing women.
Romania ^{UMI}	2006	Healthy population. Specific guidelines for children and pregnant/nursing women.
Slovenia ^{HI}	2011	Healthy population 2+ years.
Spain ^{HI}	2008	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Sweden ^{HI}	2015	Healthy population 2+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Switzerland ^{HI}	2011	Healthy adult population. Specific guidelines for age groups.
Turkey ^{UMI}	2006	General population. Specific guidelines for children and pregnant/nursing women.
United Kingdom ^{HI}	2016	General population 2+ years. Specific guidelines for children and pregnant/nursing women.

Antigua and Barbuda ^{HI}	2013	General population 2+ years.
Argentina ^{UMI}	2015	General population 2+ years. Specific guidelines for children and pregnant/nursing women.
Bahamas ^{HI}	2002	Healthy population 2+ years. Specific guidelines for children and pregnant/nursing women.
Barbados ^{HI}	2017	General population 2+ years.
Belize ^{HI}	2012	Healthy population 2+ years.
Bolivia (Plurinational State of) ^{LMI}	2013	Healthy population 2+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Brazil ^{UMI}	2014	General population 2+ years. Specific guidelines for children <2 years and pregnant/nursing women.
Chile ^{HI}	2013	General population 2+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Colombia ^{UMI}	2014	Healthy population 2+ years. Specific guidelines for children, pregnant/nursing women, and other age groups.
Costa Rica ^{UMI}	2010	Healthy population 2+ years.
Cuba ^{UMI}	2009	General population 2+ years. Specific guidelines for children <2 years and pregnant/nursing women.
Dominica ^{UMI}	2007	Healthy population 2+ years.
Dominican Republic ^{UMI}	2009	Healthy population 2+ years. Specific guidelines for children <2 years and pregnant/nursing women.
El Salvador ^{LMI}	2012	Healthy population 2+ years. Specific guidelines for children and pregnant/nursing women.
Grenada ^{UMI}	2016	Healthy population 2+ years.
Guatemala ^{LMI}	2012	General population 2+ years. Specific guidelines for children <2 years and pregnant/nursing women.
Honduras ^{LMI}	2013	Healthy population 2+ years. Specific guidelines for children and pregnant/nursing women.
Jamaica ^{UMI}	2015	General population 2+ years.
Mexico ^{UMI}	2015	General population. Specific guidelines for children, pregnant/nursing women, and other age groups.
Panama ^{UMI}	2013	Healthy population 2+ years. Specific guidelines for children and pregnant/nursing women.
Paraguay ^{UMI}	2015	General population 2+ years. Specific guidelines for children <2 years and pregnant/nursing women.
Saint Kitts and Nevis ^{HI}	2010	Healthy population 2+ years.
Saint Lucia ^{UMI}	2007	Healthy population 2+ years.
Saint Vincent and the Grenadines ^{UMI}	2006	Healthy population 2+ years.
Uruguay ^{HI}	2016	General population 2+ years. Specific guidelines for children and pregnant/nursing women.
Venezuela ^{UMI}	1991	General population 2+ years. Specific guidelines for children and pregnant/nursing women.
Canada ^{HI}	2007	General population 2+ years. Specific guidelines for children and pregnant/nursing women.
United States ^{HI}	2016	General population 2+ years. Specific guidelines for children and pregnant/nursing women.

HI: high-income; LI: low-income; LMI: lower-middle-income; UMI: upper-middle-income

Figure S1. Data Collection Strategy for Dietary Caffeine Guidelines

