



Article Bioconversion of Agro-Residues into Microbial Oil-Based Oleochemicals Employing Packed Bed Bioreactor

Erminta Tsouko ¹, Aikaterini Papadaki ¹, Miguel Carmona-Cabello ², MP Dorado ², Denise Maria Guimarães Freire ³, Seraphim Papanikolaou ¹ and Apostolis A. Koutinas ^{1,*}

- ¹ Department of Food Science and Human Nutrition, Agricultural University of Athens, Iera Odos 75, 11855 Athens, Greece
- ² Department of Physical Chemistry and Applied Thermodynamics, Universidad de Córdoba, Edificio Leonardo da Vinci, Campus de Rabanales, Campus de Excelencia Internacional Agroalimentario ceiA3, 14071 Cordoba, Spain
- ³ Biochemistry Department, Chemistry Institute, Federal University of Rio de Janeiro, Av. Athos da Silveira Ramos 149, Bloco A, Lab 549, Rio de Janeiro 21941-909, Brazil
- * Correspondence: akoutinas@aua.gr

Abstract: Lignocellulosic waste-streams are resources worth investigating to produce value-added bioproducts due to their low-cost, renewability, versatility, and abundance. This study evaluated five Zygomycota strains as potential oleaginous microorganisms for direct bioconversion of cakes derived from the vegetable-oil-milling industry into microbial oil. Solid-state fermentation (SSF) conditions in tray bioreactors revealed that temperature, moisture content, and substrate affected lipid production and fatty acids composition. Employing SSF, under optimal conditions (30 °C, 65% initial moisture content), and substrate supplementation with nitrogen sources increased lipid productivity 1.1-fold on palm kernel cake (PKC) substrate. Supplementation strategies using glycerol, molasses, or mineral solution did not favor lipid production. When cotton seed cake (CoSC) was applied, C. echinulata was able to produce 304.1 mg/gfs of biomass with a lipid content of 40.2% (w/w) in tray bioreactors. Scaling-up SSF using CoSC in packed bed reactors led to the highest biomass production (320.5 mg/gfs), while lipids production was unaffected. Then, microbial oil was enzymatically converted into polyol esters achieving the highest conversion yield of 80% after 2 h. Physicochemical properties of polyol esters demonstrated their potential utilization as biolubricants. The present study showed the perspective of bioconverting industrial side streams into microbial oil and a route for sustainable synthesis of oleochemicals.

Keywords: palm kernel cake; cotton seed cake; castor seed cake; fungal oil; neopentyl glycol esters; *Zygomycota*; solid-state fermentation

1. Introduction

Waste valorization employing biological routes could lead to increased resources' sustainability and reduced environmental impact. Several bioprocesses, including submerged fermentation and solid-state fermentation (SSF), have been employed to produce value-added products valorizing agro-industrial residues. Amongst the most promising biometabolites are biopolymers, organic acids, enzymes, microbial oil and carotenoids [1], polyols, biopesticides, and biosurfactants [1–11]. The alternative of SSF could overcome obstacles such as catabolite repression and substrate inhibition, while low requirements of energy, wastewater output and production cost, render SSF a very attractive bioprocess for the production of microbial metabolites. Selection of an efficient microbial strain, cost-effective, nutrient rich and abundant feedstock and efficient bioreactor configuration are critical factors for a cost-feasible implementation of SSF [12]. The main challenge in SSF is the heat production that affects the metabolism of the microorganisms leading to moisture losses and low yields of the target products. Thus, the design of bioreactors configurations



Citation: Tsouko, E.; Papadaki, A.; Carmona-Cabello, M.; Dorado, M.; Freire, D.M.G.; Papanikolaou, S.; Koutinas, A.A. Bioconversion of Agro-Residues into Microbial Oil-Based Oleochemicals Employing Packed Bed Bioreactor. *Sustainability* 2022, *14*, 14135. https://doi.org/ 10.3390/su142114135

Academic Editor: Changhyun Roh

Received: 30 August 2022 Accepted: 23 October 2022 Published: 29 October 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). focuses on the maximum heat removal [13]. Packed bed reactors (PBR) are closed systems with forced aeration offering advantages, such as limited bacterial contaminations, CO₂ elimination by substitution with air, and heat removal which is poor in large-scale procedures. Nevertheless, porosity reduction of the bed during the fermentation seems to deteriorate its efficiency [8].

SSF requires substrates with adequate amounts of macro-nutrients, that is, carbon and nitrogen, and different micro-nutrients that can fulfill the microbial requirement for biomass growth and can induce the production of desired compounds such as enzymes and organic acids, among others. Renewable resources derived from lignocellulosic side streams normally could serve as carriers for nutrient absorption for several fungi, yeasts, and bacteria when they are cultivated under solid-state conditions [14]. Cakes from palm kernel (PKC), cotton seed (CoSC), and castor seed (CaSC) are major by-products of the oil milling industry, generated as solid residues after the oil extraction process. They are low-cost materials that are conventionally used for steam and electricity generation, or they are disposed in landfills. Efficient valorization of these streams should focus on the development of integrated biorefinery concepts being in line with circular bioeconomybased practices. Regarding the aforementioned oilseed cakes, their high protein and carbohydrates content combined with several minerals render them promising matrices for SSF. Oil palm is the main source of palm- and palm-kernel oil. The palm tree generates around 90% of waste biomass, including PKC and palm-pressed fiber (PPF) besides others, while only 10% corresponds to oil production [15]. Oil palm constitutes a significant contributor to the deforestation of tropical areas, with soybeans, maize, oil palm, rice, and sugar cane creating almost 50% of the 69 Mha deforestation associated with cropland expansion [1]. The worldwide production of PKC and CoSC reached 10.44 million t and 15.12 million t in 2021/2022, respectively [16]. The worldwide production of CaSC was estimated around 698 thousand t in 2018, while this kind of biomass needs specific managing strategies due to toxic substances such as ricin, ricinine, and allergens [17].

To date, the direct conversion of lignocellulosic biomass into microbial oil is rather limited in cited publications during the last decade [18]. Mostly strains of oleaginous *Zygomycota*, belonging to the genera *Thamnidium* sp., *Cunninghamella* sp., and *Mortierella* sp., have been cultivated on cereals, apple pomace, spent malt grains, wheat straw/bran, soybean hull, and barley, for the production of various bioactive compounds such as carotenoids and intracellular lipids rich in polyunsaturated fatty acids [19–23]. In addition to this, *Zygomycota* can also produce more common fatty acids, that is palmitic (C16:0), palmitoleic (C16:1), oleic (C18:1), and stearic acid (C18:0) that could be valorized as renewable and sustainable feedstock for biodiesel [24] and other oleochemicals production [23,25]. Lipogenesis is a secondary metabolic process that is highly affected by several macro and micro environmental phenomena occurring in the SSF, including mineral supplementation, carbon and nitrogen sources, humidity and water activity (Aw) of the substrate, temperature, and aeration [26].

Lubricants are compounds that are applied to decrease wear and friction between contacting surfaces. They are mainly produced from fossil-based raw materials while implications related to stricter environmental norms, biodegradability, and toxicity have increased demand for biolubricants production [27]. The worldwide market for biolubricants will grow at a CARG of 5.4% within the forecast period of 2016 to 2024 [28]. It has been demonstrated that biolubricants are superior to petroleum-based ones in terms of biodegradability, viscosity, and lubricity. Recently, more sustainable alternatives have been developed for biolubricants production using non-food lipid resources, i.e., oleaginous plant-based feedstock [29], microbial oil from oleaginous yeasts using confectionery industry wastes [27], and waste cooking lipids [30].

The main objective of this study was the evaluation of microbial oil produced by oleaginous fungal strains for the production of polyol esters with lubricant properties. Five fungal strains were initially used for microbial oil production via SSF on PKC. Further evaluation of the fermentative conditions with *C. echinulata* was used as the basis for tech-

nology transfer to a packed bed bioreactor with cotton seed cake as the substrate. Microbial oil was extracted from the fermented solids, and it was subsequently used for enzymatic ester production with Lipomod 34-MDP using neopentyl glycol. The potential utilization of the produced polyol esters as biolubricants was evaluated by the determination of their physicochemical properties.

2. Materials and Methods

2.1. Raw Materials and Microorganisms

Microbial oil production was studied using the fungal strains, *Cunninghamella echinulata* ATHUM 4411, *Mortierella ramanniana* MUCL 9235, *Mortierella ramanniana* ATHUM 2922, *Mortierella isabellina* ATHUM 2935, and *Thamnidium elegans*, which were maintained on potato dextrose agar (PDA) slopes and petri dishes at 4 °C. Spores were further propagated in 250 mL Erlenmeyer flasks containing PDA as substrate. Specifically, 10 mL of deionized water supplemented with Tween 80 (0.01 %, v/v) (Sigma-Aldrich, St. Louis, MO, USA) were added into each slope, and the surface was scratched with a wire loop. Subsequently, 1 mL of the spore suspension was used to inoculate each PDA flask. Incubation was performed at 30 °C in an orbital shaker (ZHWY-211C Series Floor Model Incubator, Shanghai, China) for 4–6 days. Subsequently, 50–120 mL of deionized water supplemented with Tween 80 was added to the PDA flask, and after vigorous shaking using glass beads of 4 mm diameter, a spore suspension was obtained (3–6 × 10⁶ spores/g substrate), which was used as inoculum for SSF conducted in tray or packed-bed bioreactors.

Crude molasses (46.7%, w/w purity) and glycerol (78.1%, w/w purity) were kindly provided by Petrobras (Rio de Janeiro, Brazil). PKC and palm pressed fiber (PPF) (provided by Agropalma-Pará, Brazil) and CoSC and CaSC (provided by Petrobras, Rio de Janeiro, Brazil) were used as substrates for SSF.

2.2. Solid-State Fermentation in Tray Bioreactors

SSF were initially conducted in a non-humidified chamber. Erlenmeyer flasks of 250 mL were filled with 5 g of solid substrate, and they were inoculated with appropriate quantity of fungal spore suspension, as described in Section 2.1, to adjust the moisture content of the substrate. Initially, a screening of five fungal strains was implemented using PKC as substrate. Their ability to grow and produce lipids was studied at 30 °C and 65% (w/w) initial moisture content for up to 15 days. In sequential experiments, *C. echinulata* and *M. ramanniana* MUCL 9235 were chosen for further evaluation. Microbial oil production was assessed in terms of temperature (25, 27, 30, 33, and 35 °C), initial moisture content (55, 60, 65, 70, and 75%), and PKC to PPF ratios (1:0, 1:1, and 3:1).

The best performed fermentation conditions were repeated in tray bioreactors using air humidified chambers, controlled at 90% air saturation with both *C. echinulata* and *M. ramanniana* MUCL 9235. In this case, 600 mL beakers were filled with 12 g of substrate.

In a sequential step, the performance of SSF with *C. echinulata* (600 mL beakers, air humidified chambers, 65% initial moisture content, and 30 °C) was evaluated using PKC that was supplemented with: (a) glycerol (5%, w/w), (b) molasses (5%, w/w), (c) mineral solution (g/L: KH₂PO4, 7.0; Na₂HPO₄, 2.5; MgSO₄·7H₂O, 1.5; FeCl₃, 0.09; ZnSO₄·7H₂O, 0.02; MnSO₄·H₂O, 0.06; CaCl₂·2H₂O, 0.15), and (d) nitrogen sources (yeast extract 0.5%, w/w and (NH₄)₂SO₄ 0.16%, w/w).

Thereinafter, two agro-industrial residues, richer in protein content than PKC, namely, CoSC and CaSC were assessed for lipid production through SSF. Samples were taken at regular intervals to evaluate microbial oil, fungal biomass, proteases, and lipases production along with water activity and humidity loss during fermentations.

2.3. Solid-State Fermentation in PBR

SSF of *C. echinulata* was performed in water-jacketed PBR-Raimbault columns (height, 20 cm; diameter, 4 cm) containing 30 g of CoSC for 10 days. Temperature (30 °C) was controlled with circulating coolant water. Aeration via saturated air was pumped through

the columns and controlled at 10 L air/min/kg with a flowmeter attached to the column air outlet. The inoculum was prepared in a tray bioreactor as mentioned in Section 2.1. Samples were taken at regular intervals to evaluate microbial oil, fungal biomass, proteases, and lipases production along with water activity and humidity loss during fermentation.

2.4. Polyol Esters Production

Reactions for the production of polyol esters were catalyzed by commercial lipases, employing a solvent-free system. The process was conducted in water jacketed closed vials, agitated on a hotplate stirrer, at 165 rpm. Samples of 100 μ L were taken at regular intervals and centrifuged (9000× *g*, 10 min) to separate the enzyme from the reaction mixture.

Microbial oil extracted from SSF of *C. echinulata* cultivated on CoSC was applied to produce polyol esters. The commercial lipase Lipomod 34MDP (from *Candida rugosa*) was kindly provided by Professor Denise M.G. Freire (Federal University of Rio de Janeiro, Brazil). Initially, Lipomod 34MDP was applied as biocatalyst for the hydrolysis of microbial oil. The synthesis of polyol esters was carried out through esterification reactions using neopentyl glycol (NPG) polyol (Sigma-Aldrich). Esterification conditions for the enzymatic production of NPG esters have been previously reported [27]. Specifically, reactions were carried out using an alcohol to oil molar ratio of 2:1 and 1% (w/w) deionized water. The reaction mixture was equilibrated at 45 °C using a hotplate stirrer, prior to 4% (w/w) enzyme addition. The average molecular weight of the applied microbial oil was calculated based on their fatty acid profile, according to the methodology given by Shrestha and Gerpen [31].

2.5. Analytical Methods

2.5.1. Physicochemical Characterization of the Agro-Residues

Total Kjeldahl Nitrogen (TKN) content was measured using a Kjeltek TM 8100 distillation Unit (Foss, Denmark). Oil content was determined according to the AACC Approved Method 30–25 [32]. Carbon content was determined as follows. One mg of samples was weighed in a silver capsule and introduced into a combustion reactor (Euro vector EA-3010). Oxygen was used for combustion and helium as carries gas. The products were detected by a thermal conductivity detector.

2.5.2. Assay of Enzymes Activity in Solid-State Fermentations

Lipases were determined as previously described by Freire et al. [33] with slight modifications. Briefly, 0.4 g of fermented solids was added to a 20 mL mixture prepared as follows and incubated for 20 min at 35 °C and 200 rpm. Soybean oil (5%, *w/v*) was emulsified with Arabic gum (5%, *w/v*) in 100 mM sodium phosphate buffer at pH 7.0 and homogenized for 3 min prior to each batch of enzymatic reactions. Afterwards, 20 mL of 1:1 ethanol-acetone (*v/v*) were added to the aforementioned solution and incubated for 10 min under the same conditions. The free fatty acids produced were titrated with 0.04 N NaOH until a pH 11 was achieved, using an automatic titration apparatus (Mettler DL21). One lipase activity unit (U) was defined as the amount of enzymes that releases 1 µmol free fatty acids (FFA) per 1 min.

For the determination of proteases activity, enzymes were extracted from the fermented solids (2.5 g) using 50 mL of 200 mM phosphate buffer (pH 6). Protease activity was quantified by the FAN production during hydrolysis of 15 g/L casein solution (5 mL) with the enzyme extract (5 mL) at 55 °C for 30 min. One U of proteolytic activity was defined as the amount of protease that releases 1 μ g free amino nitrogen (FAN) in 1 min, under the assayed conditions. FAN concentration was assayed by the ninhydrin colorimetric method [34].

2.5.3. Determination of Microbial Oil, Moisture Content, and Water Activity

The water activity and moisture content of the solids were determined using an electronic hygrometer (AquaLab, Series 3TE, Decagon Devices Inc., Pullman, WA, USA).

Fermented solids were dried at 85 °C for 24 h and left to cool down in a desiccator. Subsequently, dry fermented solids were grinded to fine powder, and microbial oil was solvent-extracted using a chloroform/methanol solution (2:1, v/v) [35]. After filtration, the chloroform/methanol solution was separated from the lipids via vacuum evaporation. Lipids were determined gravimetrically in pre-weighed round bottom flasks. Microbial oil production was determined by subtracting the initial oil content of the respective solid substrate (Table 1) from the fermented solids. Microbial oil production was expressed as g lipids produced per g of fermented solids.

Table 1. Moisture, protein, and oil content as well as C/N ratio of palm kernel cake (PKC), palm pressed fiber (PPF), cotton seed cake (CoSC), and castor seed cake (CaSC).

Composition	РКС	PPF	CoSC	CaSC
Moisture (% w/w)	4.1 ± 0.2	3.9 ± 0.1	4.6 ± 0.2	4.5 ± 0.1
Protein (6.25 \times N) (% w/w)	12.7 ± 0.6	4.1 ± 0.2	24.4 ± 1.3	35.4 ± 1.9
C/N ratio	25.2 ± 0.9	69.5 ± 2.7	11.5 ± 0.5	8.0 ± 0.4
Oil (% w/w)	9.2 ± 1.3	4.4 ± 0.2	9.2 ± 0.3	6.7 ± 1.8

2.5.4. Determination of Fungal Biomass

Fungal biomass quantification was carried out under a two-step methodology. Initially, dried fermented solids (0.5 g) and pure fungal biomass (various quantities, 20–140 mg) were hydrolyzed with 6 N HCl and the released N-acetyl glucosamine was determined using Erhlick's reagent according to Aidoo et al. [36]. Optical density was read at 530 nm using a spectrophotometer against a blank reagent and after fitted to a standard curve of N-acetyl glucosamine. N-acetyl glucosamine was calculated for all samples, and it was correlated with the pure fungal biomass.

2.5.5. Determination of Fatty Acid Composition of Microbial Oil

The analysis of fatty acid composition in microbial oil was conducted with the production of fatty acid methyl esters (FAMEs) employing transesterification with sodium methoxide followed by esterification with methanol using HCl as catalyst. The determination of FAMEs was carried out by Gas Chromatography Fisons 8060 equipped with a chrompack column (60 m \times 0.32 mm) and a flame ionization detector using helium as carrier gas (2 mL/min) [6]. The ratio of saturated to unsaturated lipids (RSU) was expressed as the sum of the saturated fatty acids divided by the sum of the unsaturated fatty acids.

2.5.6. Hydrolysis of Microbial Oil

Microbial oil was hydrolyzed using 2% (w/w, calculated by oil weight) of the lipase Lipomod 34MDP and 0.1 M Tris-HCl buffer (pH 8) at a ratio of 1:1 (v/v). The hydrolysis of microbial oil and the recovery of free fatty acid fraction was carried out as described in previous studies [27,30].

2.5.7. Quantification of Polyol Esters

Conversion yield of polyol esters production was calculated based on the difference of the acidity between the free fatty acid fraction which was the substrate and the final product. A specific amount of sample was diluted in 40 mL acetone:ethanol solution (1:1, v/v) followed by autotitration with 0.04 M NaOH [27,30].

2.5.8. Characterization of Polyol Esters

Structure and purity analysis of polyol esters were conducted by ¹H and ¹³C Nuclear Magnetic Resonance (NMR) using an Agilent INOVA-300 (7.05T) spectometer. Samples were prepared in CDC13 at 25 °C at 5% ¹H and 20% ¹³C and successively compared with spectra of pure compounds.

Differential scanning calorimetry (DSC) measurements were carried out in a DSC Q2000 (TA Instruments) calorimeter calibrated for temperature and enthalpy by melting

high purity indium. The temperature range that was evaluated was -60 °C to 110 °C. Viscosity was determined with a calibrated viscometer tube (Cannon–Fenske) at two different temperatures (40 °C and 100 °C). Viscosity index was calculated according to the ASTM D445 international viscosity index table using cSt units.

Acid number was determined according to ASTM D664, and it was expressed as mg of KOH required to neutralize the FFAs per g of sample.

2.6. Statistical Analysis

Statgraphics was used for statistical analysis. The data were compared using analysis of variance (ANOVA) and Pearson's linear correlation at 5% significance level. Significant differences between means were determined by Honest Significant Difference (HSD-Tukey test) at level of p < 0.05. Data were reported as mean values \pm standard deviation of three independent replicates (p < 0.05, 95%).

3. Results and Discussion

3.1. Characterization of the Agro-Residues

The composition of the agricultural residues that were used in this study as solid matrices for microbial lipid production is presented in Table 1. Moisture content of all substrates was similar (3.9-4.6%). CaSC showed the highest protein content (35.4%), followed by CoSC (24.4%), PCK (12.7%), and PPF (4.1%). The highest oil content (9.2%) was reported for PKC and CoSC, while PPF and CaSC presented the lowest oil content values (up to 6.7%). C/N ratios were reversely related to the protein content, with CaSC corresponding to the lowest value (8.0) and PPF to the highest (69.5). Slightly different C/N ratios (6) with very similar total protein values (37.9%) have been reported for de-oiled CaSC [37]. The protein content of CoSC has been reported to vary within 27–51%, while the oil percentage has been found to be similar to the one in this study (8%) [38]. PKC and PPF have been previously characterized by Tsouko et al. [35]. Protein and oil contents were very similar to those in this study. The fundamental macromolecular structure of solid matrices that are involved in SSF, with respect to holocellulose, protein, starch, etc., provides an inert source for carbon and energy supply [14]. C/N ratios of 16 are generally considered to favor the capability of microorganisms to convert diverse industrial side-streams and waste into valuable products and thus to promote the fermentation efficiency. In the cases where the biometabolite is partially or not related to the microbial growth, this ratio can highly vary [13].

3.2. Screening of Fungal Strains for Lipid Production

Fungal strains were initially screened on PKC for their ability to grow and accumulate intracellular lipids during a 15-day cultivation period. Figure 1a presents the microbial oil production of *C. echinulata*, *M. ramanniana* MUCL, and *M. ramanniana* ATHUM obtained in SSF with 65% initial moisture content in non-humidified chambers. The maximum microbial oil production was determined for *C. echinulata*, reaching 129.1 mg/gfs after 11 days of fermentation. In this case, the maximum productivity (11.7 mg/gfs/day) was also observed. After 15-days, cultures of *C. echinulata* showed enhanced sporulation tendency, due to nutrient depletion, while lipid concentration was reduced to 35.5 mg/gfs. *M. ramanniana* MUCL and ATHUM strains presented lower lipid production capacity, reaching up to 33.8 mg/gfs (after 5 days of fermentation) and 25.0 mg/gfs (15 days of fermentation), respectively. Statistically significant differences (p < 0.05) were detected in lipids produced by *C. echinulata* at 11 days of fermentation, *M. ramanniana* MUCL at 5 days of fermentation, and *M. ramanniana* ATHUM at 15 days of fermentation. Tukey test revealed significant differences in all possible combinations.



Figure 1. Microbial oil production (**a**) and moisture loss (**b**) during solid-state fermentation of (\blacktriangle) *C. echinulata*, (\blacklozenge) *M. ramanniana* MUCL, and (\triangledown) *M. ramanniana* ATHUM, using palm kernel cake as substrate at 30 °C and initial moisture content of 65%.

T. elegans and *M. isabellina* displayed a lipolytic tendency (data not presented in Figure 1), resulting in the depletion of the initial oil content of PKC, by 94.2% (after 15 days) and 62.2% (after 11 days), respectively. In these cases, the biotransformation of the initial PKC oil to fungal microbial oil was not possible to determine. This observation suggests that these two strains used the lipids contained in PKC as an energy source for growth, probably owing to their inability to utilize other carbon and nutrient sources of the growth medium. Similar phenomena have been reported by Ferreiera et al. [39] who performed SSF with *M. aplina* and verified that the content of microbial oil in the fermented rapeseed cake, sunflower cake, and soybean cake was lower compared to the unfermented ones.

When SSF was carried out using *M. isabellina*, moisture losses were higher than 50% whereas the minimum moisture loss (14%) was determined in the case that SSF was performed with *C. echinulata* (Figure 1b). These results indicated that the higher lipid production was positively related to lower moisture losses. This may be attributed to the higher mycelium growth and therefore lipid accumulation, of *C. echinulata*, *M. ramanniana* MUCL and *M. ramanniana* ATHUM than the other fungal strains, which was based on a macroscopic observation at this stage of the study.

The synthesis of microbial oil is a bioprocess that is highly affected by numerous macroand micro-factors of the fermentation environment including inoculum size, temperature, substrate's supplementation with nutrients, initial pH, and pretreatment strategy. The specificity and affinity of the microbial strains (reflected by their active enzymatic complexes and their ability to catalyze targeted molecules and processes) to the fermentation matrix can lead to variations in the production of microbial oil. For example, Stredansky et al. [19] screened twenty-three strains of the genera Mortierella, Cunninghamella, Rhizopus, Mucor, and Thamnidium for lipid production on apple pomace and spent malt grains impregnated with a nutrient solution. Cunninghamella strains produced lipids varying between 150–166 mg/gfs during 8 days of cultivation while *M. isabellina*, reached a lipid content of 168 mg/gfs. Slightly higher lipids production (172 mg/gfs) was achieved with T. elegans. In another study, several fungal strains of the order Mucorales were screened for lipid production on pearl barley. Cunninghamella strains showed higher ability to produce microbial oil (141–158 mg/gfs) compared to Mortierella strains (106–121 mg/gfs). Lower microbial oil production (47.9 mg/gfs) was achieved when *M. isabellina* was cultivated on soybean hull applying an inoculums size of 104/g soybean hull, 75% initial humidity, and 7-day spores without nutrient addition [21].

Table 2 depicts the fatty acid composition of unfermented PKC oil and fermented PKC by the aforementioned fungal strains. PKC oil mainly consisted of lauric acid (C12:0) (47.7%), myristic acid (C14:0) (15.3%), C16:0 (9.3%), and C18:1 (15.1%) with a RSU equal to 4.7. At the end of SSF, all fungal strains were able to transform the fatty acid composition of unfermented PKC oil, reducing the RSU within the range of 0.8–1.5. It is remarkable that C12:0 was reduced to 13.1–27.7%, while C18:1 and C16:0 were substantially increased,

varying within 27.6–34.9% and 12.2–17.3%, respectively. The highest γ -linolenic acid (GLA) (C18:3) content was observed in lipids produced by *C. echinulata* (5.3%), followed by *M. ramanniana* MUCL (2.7%), *M. isabellina* (1.7%), and *M. ramanniana* ATHUM (0.8%). In the case of *T. elegans*, GLA was not detected. Evidently, the increased production of C18:1 may be attributed mostly to de novo lipogenesis rather than the partial saturation of linoleic acid (C18:2), since C18:2 was also increased throughout the fermentation. Higher GLA contents have been reported for *M. isabellina* (4.2–5.3%) when SSF was implemented on pearl barley or mixtures of apple pomace and spent malt grains supplemented with nutrients [19,20]. GLA production in lipids derived from *Cunninghamella* strains has been determined up to 11.6% [20] while significant GLA amounts (7.5–9.1%) have been reported for *T. elegans* under solid-state cultivation [19,20].

Table 2. Fatty acid profile and the ratio of saturated to unsaturated fatty acids (RSU) of oil derived from unfermented palm kernel cake (PKC) as well as from the fermented by the five fungal strains PKC.

010	Fatty Acid Methyl Esters (% <i>w/w</i>)										
Oil Source	C8:0	C10:0	C12:0	C14:0	C16:0	C18:0	^{Δ9} C18:1	^{Δ9,12} C18:2	^{Δ6,9,12} C18:3	RSU	
Unfermented PKC	3.5	3.6	47.7	15.3	9.3	3.0	15.1	2.5	-	4.7	
C. echinulata	1.5	1.9	27.7	10.8	12.2	3.0	27.6	9.9	5.3	1.3	
M. ramanniana MUCL	0.6	0.7	13.1	8.4	17.3	4.2	34.9	18.0	2.7	0.8	
M. ramanniana ATHUM	1.5	2.0	24.7	9.4	15.9	6.0	34.2	5.6	0.8	1.5	
M. isabellina	-	1.2	22.5	11.9	14.5	5.0	33.7	9.4	1.7	1.2	
T. elegans	-	0.9	19.7	10.8	16.5	5.3	33.0	9.3	-	1.2	

Lower filamentous fungi are able to follow versatile metabolic pathways, leading to fatty acid biosynthesis and bioconversion processes, as pointed out in this section [40]. As it was observed in Table 2, the initial oil contained in unfermented PKC showed much higher RSU value compared to the fermented cake. The saturated fraction of PKC oil was 82.4% with respect to C8:0, C10:0, C12:0, C14:0, C16:0, and C18:0. Decreasing the RSU ratio of several discarded and low-value cakes applying fungi can be a very interesting strategy to obtain lipids rich in mono-unsaturated and poly-unsaturated fatty acids. Cakes enriched in unsaturated fatty acids could be directly supplied in animal diets, with several health benefits such as enhanced milk production, decrease of the saturated lipids in cheese, etc. [41]. Alternatively, unsaturated lipids (low RSU ratios) could be extracted from these cakes and further integrated in food and cosmetics formulations, as they function as key compounds of antimicrobial food additives preventing the growth of undesired microorganisms. Both C18:1 and C18:2 act synergistically as an important antibacterial agent in herbs [42]. Unsaturated lipids are also valuable for the chemical industry to produce numerous oleochemicals [43]. Novel and sustainable enzymatic and biotechnological techniques have been recently employed by the modern organic chemistry to produce fatty acid-based chemicals [44].

3.3. Effect of Temperature

C. echinulata and *M. ramanniana* MUCL were the most efficient strains for lipid production among all fungal strains that were evaluated, and thus, they were selected for further investigation of the fermentation conditions (temperature). Results concerning the effect of temperature on lipid production are presented in Figure 2. Different temperature regimes showed a significant effect (p < 0.05) on lipids produced from *C. echinulata* at 11-days of SSF. Tukey's test demonstrated that solely data obtained from 27 °C and 30 °C did not differ significantly when compared between them. Low lipid production was achieved at 25 °C (75.5 mg/gfs) and 35 °C (40 mg/gfs) (after 11 days). The most effective temperature was



 $30 \,^{\circ}$ C yielding a maximum lipid production of 129.1 mg/gfs after 11 days, while at 27 $^{\circ}$ C and 33 $^{\circ}$ C, lipid production was up to 111 mg/gfs (Figure 2a).

Figure 2. Microbial oil production and moisture loss during solid-state fermentation of *C. echinulata* (**a**,**b**) and *M. ramanniana* MUCL (**c**,**d**) at \blacklozenge : 25 °C, \blacktriangledown : 27 °C, \blacktriangle : 30 °C, \triangle : 33 °C, and \Diamond : 35 °C, using palm kernel cake as substrate at an initial moisture content of 65%.

In the case of *M. ramanniana* MUCL, the most efficient temperature was 27 °C resulting in 100 mg/gfs of lipids after 7 days (Figure 2c). Further increase or decrease in temperature resulted in a significant decrease of microbial lipids without significant differences (p < 0.05) (regarding comparison of lipids production after 7 days of SSF at 25 °C, 30 °C, and 33 °C). Lipid production varied between 31.4 and 35.7 mg/g at 25 °C, 30 °C, and 33 °C without significant differences (p < 0.05), whereas at 35 °C, only a 30.4% depletion of initial PKC oil content was observed. It should be stressed that an increase in temperature led eventually to increased moisture loss for both fungal strains (Figure 2b,d).

Temperature constitutes an important variable for SSF performance as it directly affects the growth of microorganism and metabolites production. This is related to phenomena like protein denaturation, enzyme inhibition, and cell death [13]. Temperature control is complicated when dealing with SSF due to its static nature and poor thermal conductivity of solids matrices [13]. Although lipid production is a bioprocess that is affected by multiple factors, the results of this part of the study indicated that the temperature impact on lipid biosynthesis could be mostly related to the use of non-humidified chambers that led to fluctuations of the moisture content of the substrate.

Table 3 shows the effect of different temperature on the fatty acid profile of oil derived from fermented PKC after 11-days of SSF with *C. echinulata* and *M. ramanniana* MUCL. Temperatures of 25 °C and 35 °C did not favor the production of microbial oil when both fungal strains were applied, and thus, the ability of the fungi to biotransform the oil contained in the unfermented PKC was quite low. This was mainly reflected by the high content of C12:0 (40.1–42.9%) (Table 3) that was detected in the fatty acids that was quite close to that of unfermented PKC (47.7%) (Table 2).

Termination (°C)	Fatty Acid Methyl Esters (% w/w)									
Temperature (°C) –	C8:0	C10:0	C12:0	C14:0	C16:0	C18:0	^{Δ9} C18:1	^{Δ9,12} C18:2	^{Δ6,9,12} C18:3	RSU
						C. echinul	ata			
25	1.5	2.4	41.5	15.5	12.9	4.5	18.0	3.2	0.5	3.6
27	1.3	2.1	28.1	11.1	12.5	3.6	26.9	9.9	4.5	1.4
30	1.8	1.9	25.6	11	17.1	5.7	23.5	7.5	3.8	1.8
33	0.9	2.6	39.3	16.3	10.6	3.5	20.7	5.7	0.5	2.7
35	1	2.0	40.1	15.5	12.7	5.3	18.3	3.9	1.2	3.3
	M. ramanniana MUCL									
25	3.2	3.3	42.9	14.1	9.4	3.1	19	4.2	0.8	3.2
27	0.6	0.7	13.1	8.4	17.3	4.2	34.9	18.0	2.7	0.8
30	3.1	3.1	40.6	14	10	3.8	21.4	3.7	0.5	2.9
33	3	3.1	40.3	13.5	10.9	4.7	19.6	4.0	0.8	3.1
35	3.2	3.4	42.9	14.4	9.8	3.3	19.7	3.0	0.3	3.4

Table 3. Effect of temperature on the fatty acid profile and the ratio of saturated to unsaturated fatty acids (RSU) of oil derived from fermented palm kernel cake after 11-days of solid-state fermentation with *C. echinulata* and *M. ramanniana* MUCL.

Lipids derived from both fungal strains when fermentations were performed at 27 °C, 30 °C, and 33 °C demonstrated an increasing RSU as temperature was increased, while the lowest temperature regime of 27 °C displayed the lowest RSU (0.8–1.4). In the case of *C. echinulata*, the increase in the unsaturation degree at 27 °C and 30 °C was mostly attributed to the increase of C18:1, C18:2, and C18:3 as well as the substantial decrease of C12:0 and C14:0 (compared to the oil of the fermented PKC and of the fermented PKC at 25 °C). A similar tendency was observed for lipids that derived from *M. ramanniana* MUCL at a temperature regime of 27 °C. More specifically, in this case, the fatty acid profile of lipids was 2.7% GLA, 34.9% C18:1, and 18.0% C18:2, whereas C12:0 was reduced by 72.5%. The best performing fermentations in terms of total lipids production, resulted in the highest GLA production of 3.8–4.5% in the case of *C. echinulata* and 2.7% in the case *M. ramanniana* MUCL (Table 3).

Fatty acids are regulators of membrane fluidity and permeability [45]. Investigating the correlation between temperature and lipid saturation degree, it has been reported that increasing temperature values of fermentation tend to increase the saturation degree of fatty acids in microbial oil and decrease their average chain length [46,47]. Théberge et al. [46] found that growth in temperature, obviously affected the fatty acid composition of free-living bacteria *Rhizobium leguminosarum* bv. *viciae*. More specifically, the percentage of saturated fatty acids, i.e., C16:0 and C18:0, increased with a decrease in temperature. In the case of unsaturated fatty acids, C18:1 increased substantially by lowering the temperature. An unsaturated fatty acid (octadecenoic) varied from undetectable when 22 °C and 30 °C were applied to 14% at 10 °C and 15 °C. In another study, *Chlorella sorokiniana* was cultivated at temperatures varying from 14 °C to 38 °C. Saturated fatty acids dominated at 38 °C with a percentage of 46%, while lower temperatures favored the formation of tri-unsaturated and di-unsaturated fatty acids [47].

3.4. Effect of Initial Moisture Content

The effect of the initial moisture content of the substrate on lipid production by *C. echinulata* (30 °C) and *M. ramanniana* MUCL (27 °C) was studied in the range of 55–75% (Figure 3). In the case of *C. echinulata*, the ANOVA analysis (regarding the production of lipids at 11-days of SSF) showed that the initial moisture content of the solid substrate significantly affected lipids yield. Tukey test revealed significant differences at all possible combinations. The highest lipids production was achieved at 65% initial moisture content, followed by 108.8 mg/gfs at initial moisture content of 70%, after 11 days. Moisture levels lower than 65% were insufficient for the growth of *C. echinulata*, resulting in the reduction of PKC oil content (of the initial substrate) by 71.9% and 79.8% at 55% and 60% initial

moisture, respectively (data not presented in Figure 3). In these cases, moisture losses were determined to be between 53 and 76% at the end of the fermentation. The highest initial moisture content of 75% led to the lowest microbial oil production and to the lowest moisture loss after 11 days of fermentation (Figure 3a,b).



Figure 3. Microbial oil production and moisture loss during solid-state fermentation of *C. echinulata* at 30 °C (**a**,**b**) and *M. ramanniana* MUCL at 27 °C (**c**,**d**), using palm kernel cake as substrate at initial moisture contents (%, w/w) of **E**: 60, \Box : 65, •: 70, Δ : 75.

SSF of *M. ramanniana* MUCL led to the maximum lipid production of 110.1 mg/gfs at 70% initial moisture content at 7 days of cultivation. Satisfactory lipid production (100.1 mg/gfs) was achieved at initial moisture contents of 65% while no statistically significant differences were detected. When the initial moisture content of 75% was applied, lipids production reached 93.8 mg/gfs at 7 days, with statistically significant differences, compared to data obtained from the initial moisture content of 70%. Initial moisture content of 60% resulted in a significant decrease (p < 0.05) in lipid production (26.7 mg/gfs at 11 days of cultivation) when compared to data obtained from all the aforementioned moisture contents. The moisture level of 55% was insufficient for microbial lipids production, since only depletion of PKC oil content (27%) was determined. In all cases, moisture losses were found higher with decreased initial moisture contents (Figure 3b,d).

The importance of water in SSF lies on the fact that most viable cells possess high moisture contents (70–80%). This study showed that a moisture content around 65–70%, depending on the microorganism, is required for maximum lipid production, since lower moisture levels are related to difficulties in nutrient diffusion, i.e., decreased the solubility of nutrients and microbial growth, while higher levels (>70%) led to substrate conglomeration, hindering of gas transfer phenomena, and bacterial contamination [48].

Fatty acid composition of the 11-day fermented PKC (Table 4) presented notable changes in comparison to the fatty acid composition of the unfermented PKC, for both fungal strains. A moisture level of 65% in the case of *C. echinulata* enhanced the mono- and polyunsaturated fatty acid content of lipids. Particularly, fermented solids of *C. echinulata* showed increased content of C18:1 (26.2%) and C18:2 (10.0%). C12:0 was decreased from 47.7% to 28.5% while GLA reached up to 4.5%. With respect to *M. ramanniana* MUCL, initial moisture contents of 55% and 60% did not influence the fatty acid composition of

55

60

65

70

75

3.3

3.3

0.6

1.1

1.7

oil (contained in the unfermented solids of PKC) while the produced GLA was rather low (0.5–0.7%). This indicated the very limited potential of the fungal strain to grow and produce lipids at relatively low moisture contents. At higher initial moisture levels, C16:0 and C18:1 contents were increased while C12:0 was significantly decreased. GLA formation reached its maximum value of 3.3% at initial moisture contents (70%) that favored lipids accumulation. Initial moisture contents within 70–75% have been reported to favor the production of ω –6 PUFAs [49] while values within 65–75% have been proven optimal for total PUFAs production and C18:2 production. The initial moisture content of the solid matrix significantly affects the fatty acids proportion of lipids produced under SSF while the critical range that favors lipids production is narrow [49,50].

solid-state fermentation using C. echinulata and M. ramanniana MUCL. Fatty Acid Methyl Esters (% w/w) Moisture RSU Δ6,9,12C18:3 ^{Δ9,12}C18:2 Content (% w/w) Δ9C18:1 C10:0 C12:0 C8:0 C14:0 C16:0 C18:0 C. echinulata 2.5 55 2.4 2.6 34.6 11.3 13.7 6.2 22.9 6.3 2.2 31.2 2.3 60 2.6 11.8 14.86.4 22.6 6.0 2.4 65 1.5 1.9 28.5 11.8 12.2 3.4 26.2 10.0 4.5 1.5 70 0.9 1.738.9 16.5 11.73.2 20.7 4.6 1.9 2.7 34.3 75 0.5 0.7 18.413.6 4.722.44.2 1.2 2.6

9.9

10.1

17.3

14.9

13.4

M. ramanniana MUCL

17.9

17.7

34.9

34.6

39.4

3.3

3.3

18.0

10.9

6.9

3.2

3.3

4.2

6.5

6.0

Table 4. Effect of initial moisture content on the fatty acid profile and the ratio of saturated to unsaturated fatty acids (RSU) of oil derived from fermented palm kernel cake after 11-days of solid-state fermentation using *C. echinulata* and *M. ramanniana* MUCL.

3.5. Effect of Different PKC to PPF Ratios

14.8

14.7

8.4

10.6

11.6

43.9

43.7

13.1

16.8

26.6

3.2

3.2

0.7

1.2

2.0

In an attempt to increase the surface area of SSF and its capacity to interchange with microbial growth and heat and mass transfer phenomena, two different ratios of PKC to PPF were studied (1:1 and 3:1, w/w). PPF is normally utilized for the prevention of the solids packing and porosity increase, serving mostly as a supporting matrix or a texturizer rather as a nutrient source [51]. In the case of 1:1 ratio, the produced microbial oil did not exceed the initial oil content of the unfermented substrate. Specifically, it was observed a depletion of PKC oil by 62.9% and 23.9% for C. echinulata and M. ramanniana MUCL, respectively, after 11 days of fermentation. This was possibly related to the lignin-rich and protein-low content of PPF. More specifically, the protein content of PKC was found to be 12.8% while that of PPF was substantially lower (4.2%) (Table 1). Rationally, the capacity of C. echinulata to produce proteases (Section 3.7) could lead to efficient enzymatic hydrolysis of rich in protein substrates, i.e., PKC, resulting in the release of amino acids and peptides, and thus favoring the fungal growth. Regarding lignin, PPF has been reported to possess a significant higher content (26.9%) compared to PKC (13.3%) [35]. High lignin contents of lignocellulosic matrices have been related to the adsorption of enzymes onto the lignin structure, reducing the available amounts of the former for targeted action and thus limited nutrients uptake by the fungal strain for cell growth and metabolite synthesis [52]. The moisture loss was 33.0% for C. echinulata and 19.1% for M. ramanniana MUCL. C. echinulata showed similar behavior when cultivated at a PKC:PPF ration of 3:1. Considering M. ramanniana MUCL, it produced 69.9 mg/gfs of lipids after 11 days of fermentation, when applying the 3:1 solid ratio with a moisture loss equal to 17.1%.

Fatty acid composition of lipids produced by *C. echinulata* under the two different solid ratios was quite different compared to the initial fatty acid composition of the unfermented solids (Table 5). C12:0 and C14:0 were decreased to 17.7–18.9% and 6.9%, respectively.

0.5

0.7

2.7

3.3

2.5

3.6

3.6

0.8

1.0

1.6

C16:0 and C18:1 were increased, reaching 20.0–21.0% and 23.3–36.7%, respectively. When *C. echinulata* was cultivated in the 1:1 ratio, the GLA content was slightly higher (3.2%) than in the 3:1 ratio (2.7%). The RSU was importantly decreased in both ratios. The ratio of C/N is the main factor of microbial growth and microbial oil production. Tailoring this ratio, the microbial metabolism can be shifted towards the biosynthesis of unsaturated fatty acids [50]. Desirable C/N ratios can be obtained by mixing two solid substrates of different C and N concentrations, i.e., PKC (low C/N ratio = 25.2) and PPF (high C/N ratio = 69.5) (Table 1). In the case of *M. ramanniana* MUCL, the fatty acid profile of 1:1 ratio was similar to the initial unfermented substrate. At 3:1 ratio, a substantial increase of C18:1 (31.9%) and decrease of C12:0 (22.1%) was monitored. The GLA content of microbial oil was increased up to 1.9%.

Table 5. Effect of different palm kernel cake (PKC) to palm pressed fiber (PPF) ratios on the fatty acid profile and the ratio of saturated to unsaturated fatty acids (RSU) of oil derived from unfermented PKC:PPF, as well as from fermented PKC:PPF, after 11-days of solid-state fermentation using *C. echinulata* and *M. ramanniana* MUCL.

PKC:PPF	KC:PPF Fatty Acid Methyl Esters (% w/w)									DCU		
Ratio (w/w)	C8:0	C10:0	C12:0	C14:0	^{Δ9} C14:1	C16:0	^{Δ9} C16:1	C18:0	^{Δ9} C18:1	^{Δ9,12} C18:2	^{Δ6,9,12} C18:3	KSU
	Unfermented substrate											
1:1	3.0	2.7	37.3	11.3	0.9	15.8	0.8	3.0	21.6	3.6	-	2.8
3:1	3.5	3.2	42.5	13.9	0.7	12.4	0.6	2.6	18.0	2.6	-	3.6
							C. echinula	ta				
1:1	-	1.5	17.7	6.9	7.4	20.0	5.2	3.8	26.7	7.5	3.2	1.0
3:1	2.1	1.5	18.9	6.9	6.4	21.0	4.1	6.4	23.3	6.8	2.7	1.3
	M. ramanniana MUCL											
1:1	2.1	2.3	32.0	12.0	1.7	13.8	1.3	3.7	25.5	4.6	1.0	1.9
3:1	1.3	1.7	22.1	8.7	1.2	18.4	1.2	4.9	31.9	6.8	1.9	1.3

3.6. Effect of Nutrient Supplementation

SSF with *C. echinulata* and *M. ramanniana* MUCL (under the best performing conditions of temperature and initial moisture content) were repeated in an air humidified chamber with 90% air saturation. Surprisingly, the lipids yields did not show considerable alterations compared to the results of SSF that was conducted in a non-humidified chamber. These results could be partially related to the fact that when *C. echinulata* was cultivated under the best conditions on non-humidified chambers, the moisture losses were quite low (~20%) and quite comparable with the values obtained when humidified chambers were used (~21.5%).

Consequently, experiments with C. echinulata demonstrated the highest potential for lipid accumulation, and therefore, this fungal strain was selected for further evaluation. In this case, an attempt to monitor the biomass production was conducted via the estimation of fungal glucosamine content. Four sets of fermentations were carried out, with individual supplementation of PKC with 5% molasses, 5% crude glycerol, and a mixture of mineral solution or nitrogen sources. Except for nitrogen sources, the other supplements resulted in high moisture losses, up to 51.0% after 8 days of fermentation and low biomass production, varying between 54.0 and 83.5 mg/gfs. The produced intracellular lipids did not exceed the initial oil of the unfermented PKC. The initial oil content of the unfermented solids (Table 1) was depleted by 64.4–80.8% after 8 days of fermentation. Enrichment of PKC with nitrogen sources seemed to trigger lipid production. Maximum lipid production of 91.0 ± 3.9 mg/gfs was achieved at 7 days in the presence of nitrogen source, indicating that PKC enrichment with additional nitrogen sources could enhance lipid productivity in SSF. Moreover, the high biomass formation in this case (144.3 mg/gfs) seemed to deteriorate moisture loss of the substrate to 8.6% after 8 days of fermentation, which is very favorable. In the study by Conti et al. [20], mixtures of barley and spent malt grains were supplemented with yeast extract, peptone, Mg²⁺, phosphates, and trace minerals to enhance lipids production by *C. elegans*

CCF. However, lipids production was not favored, indicating that the aforementioned compounds were present in the cereals, at adequate levels.

Fatty acid profile of oil that derived from all the different supplementation treatments showed alterations in comparison to the oil of the unfermented PKC (Table 6). C12:0 was reduced in all cases varying between 24.8 and 39.0%, while C18:1 and C16:0 were increased in the range of 23.4–39.1% and 10.3–18.1%, respectively. C14:0 remained either almost stable (14.8%) as in the case of nitrogen sources enrichment, or it was decreased (7.7–10.4%). Moreover, GLA was not detected in any of the applied treatment.

Table 6. Effect of different supplementation treatments on the fatty acid profile and the ratio of saturated to unsaturated fatty acids (RSU) of oil derived from fermentation by *C. echinulata*, palm kernel cake, after 10-days of solid-state fermentation.

Coursel on the	Fatty Acid Methyl Esters (%)								
Supplement	C10:0	C12:0	C14:0	C16:0	C18:0	^{Δ9} C18:1	^{Δ9,12} C18:2	RSU	
Nitrogen sources	-	39.0	14.8	15.1	3.8	23.4	3.9	2.7	
Minerals	1.6	33.5	10.4	10.3	2.1	39.1	2.9	1.4	
Glycerol	-	24.8	7.7	18.1	9.6	34.2	5.5	1.5	
Molasses	-	29.8	9.7	17.1	7.6	30.2	5.5	1.8	

3.7. Screening of Protein-Rich Agricultural Residues for Lipid Production

Based on the results of Section 3.6, it was indicated that *C. echinulata* may perform better in solid matrices with higher protein content than PKC. Thus, two agricultural residues, namely, CoSC and CaSC, which are very rich in protein (Table 1), were selected for subsequent solid-state experiments. Figure 4 presents biomass growth, lipids accumulation, proteases activity, and lipases activity during SSF of PKC, CoSC, and CaSC. *C. echinulata* was efficiently grown in all the renewable resources, with CoSC being the most efficient for biomass (304.1 mg/gfs) and lipid production (122.2 mg/gfs) with an intracellular lipid content of 40.2% at 6 days of SSF. Biomass production obtained on CoSC at 6-days of SSF showed significant differences (p < 0.05) compared to those obtained using PKC and CaSC at 11 days and 10 days of SSF, respectively. The use of PKC and CaSC as SSF substrates did not reveal any statistical difference regarding biomass production.

The concertation of lipids production was not affected when SSF was implemented on PKC or CoSC. Thus, the productivity of the produced microbial oil in the case of PKC was two folds lower in comparison to CoSC while biomass production amounted to 234.1 mg/gfs, after 11 days of fermentation. SSF of CaSC led to a fungal biomass of 252.1 mg/gfs with low intracellular lipid content (29.9%) which was attributed to the low C/N ratio of the substrate (Table 1). In this case, lipids concentration showed a statistically significant difference (p < 0.05) compared to PKC and CoSC. Higher C/N ratios favor intracellular lipids production while lower ratios up to a particular threshold have been proven to be beneficial for biomass growth [33]. As it is depicted in Table 1, CaSC showed the lowest C/N ratio (8.0), followed by CoSC (11.5) and PKC (25.2). Moreover, the presence of a potent toxin (ricin) and an allergenic protein fraction (CB-1A or 2S albumin isoforms) may also have influenced the metabolism of lipogenesis since they are limiting factors for the assimilation of castor seed waste by living organisms [53].



Figure 4. Kinetics of biomass production (**a**), microbial oil accumulation (**b**), and proteases (**c**) and lipases (**d**) activities, during solid-state fermentation of *C. echinulata* using palm kernel cake (\mathbf{V}), cotton seed cake (\mathbf{M}), and castor seed cake (\mathbf{A}) as substrates at 30 °C and 65% initial moisture content.

Proteases production was quite enhanced in the three solid matrices. In the case of CaSC and CoSC, maximum respective values of 112.8 U/gfs after 7 days of fermentation and 114.2 U/gfs after 3 days of fermentation were achieved. Proteolytic activity in PKC was 146.7 U/gfs after 3 days and reached the maximum value of 201.2 U/gfs after 7 days of fermentation. Lipases activity in all substrates was quite low. The highest value was observed on CoSC at the 3rd day (8.5 U/gfs) while it sharply decreased thereafter (0.5 U/gfs). Considering CaSC, lipases activity reached the maximum value of 5.2 U/gfs at the 4th day of fermentation while it decreased to 0.1-0.4 U/gfs thereafter, whereas in the case of PKC, it was in the range of 0.4–1.5 U/gfs throughout the fermentation. Vegetable oils, including castor, soybean, olive, corn, and palm oils, have been investigated as potential inducers of lipase production, with castor oil being the most efficient for maximal enzymatic activity [18]. Rationally, castor oil and palm kernel oil contained in CaSC and PKC would lead to enhanced lipases production in the respective fermentations. Thus, the low lipases production that were determined in this study are attributed to the fact that lipases activity has been reported to be negatively affected by proteolysis [33]. This has been validated via an unstructured mathematical model that describes time course variations of extracellular lipases and proteases activities for batch fermentations of the fungus Penicillium restrictum [54]. Due to the aforementioned, high proteases released in the solid medium in this particular study appear to be in detriment of lipases production, leading to their inactivation.

Moisture losses for CoSC and CaSC reached 9.6% and 12.8% (after 11 days of fermentation), respectively, while PKC resulted in 25.5% loss at the same fermentation time (Figure 5a). Aw constitutes a thermodynamic factor that indicates the available water of the solid substrate, participating in several reactions that take place during the SSF procedure. Aw decreased during SSF as a result of moisture losses of the solid substrates. Decrease of initial moisture of PKC was higher than that of the other substrates, therefore leading to higher Aw changes and finally reduced to 0.96. For CoSC and CaSC, Aw was reduced up to 0.98 at the end of fermentation (Figure 5b).



Figure 5. Moisture loss (**a**) and water activity (**b**) during 11 days of solid-state fermentation with *C*. *echinulata*, using palm kernel cake (\mathbf{V}), cotton seed cake (\mathbf{I}), and castor seed cake (\mathbf{A}) as substrates, at 30 °C and 65% initial moisture content.

Table 7 shows the fatty acid profile of microbial lipids produced during the cultivation of *C. echinulata* on CoSC and CaSC. The initial oil of CoSC and lipids extracted from the fermented CoSC presented similar profile, mainly consisting of C18:2 (49.7–51.9%) and C16:0 (27.1–27.5%) followed by C18:1 (16.6–17.1%). Lipids extracted from fermented CaSC showed alterations compared to the initial substrate's oil. Ricinoleic acid ((12R) C18:1) was the predominant fatty acid, and it was decreased to 65.2%. C16:0 and C18:1 were increased to 9.5% and 10.3%, respectively. GLA content of the fermented CoSC and CaSC was quite low (0.8%).

Table 7. Fatty acid profile and ratio of saturated to unsaturated fatty acids (RSU) of intercellular lipids produced by *C. echinulata*, on cotton seed cake (CoSC) and castor seed cake (CaSC) after 11 days of solid-state fermentation.

0110				Fatty Acid	l Methyl Esters (%	- w/w)		
Oil Source	C12:0	C16:0	C18:0	^{Δ9} C18:1	(12R) ^{Δ9} C18:1	^{Δ9,12} C18:2	^{Δ6,9,12} C18:3	RSU
Unfermented CoSC	-	27.1	4.5	16.6	-	51.9	-	0.5
Fermented CoSC	-	27.5	4.6	17.5	-	49.7	0.8	0.5
Unfermented CaSC	-	5.7	2.7	8.6	74.2	8.8	-	0.1
Fermented CaSC	2.2	9.8	3.0	10.7	65.2	8.3	0.8	0.2

3.8. SSF in PBR

Lipid production was scaled up from tray bioreactor to lab-scale PBR. Maximum biomass growth (320.5 mg/gfs) was observed after 5 days of fermentation with a lipid content of 37.7%, and a productivity of 0.024 g/gfs/d (Figure 6). Although biomass and lipids production were lower than those achieved in tray bioreactors, the productivity was higher. Lipases activity was low (0.3–1.4 U/gfs) while maximum proteases activity was achieved after 2 days of fermentation (133.1 U/gfs) which then gradually decreased to 62.2 U/gfs at the 7th day of fermentation. Moisture losses were quite controllable until the 6th day of fermentation reaching up to 11.5% while they increased thereafter (30.9–36.5%). This is probably attributed to porosity reduction of the bed that was observed during the fermentation, creating a packed cotton matrix [26]. The formation of the packed solid column can result in limited aeration of the fermentation and is consequently allied to deteriorations in its efficiency. Fatty acid analysis showed that C18:2 (45.8%) was the predominant fatty acid, followed by C16:0 (33.9%), C18:1 (16.4%), and C18:0 (3.9%).





Studies that deal with lipids production via SSF are rather limited. Several attempts have been reported in shake flasks, Petri dishes or plastic bags. Stredansky et al. [19] demonstrated the efficient lipid production varying between 150 and 168 mg/gfs with productivities of 0.019-0.026 g/gfs/d, when Cunninghamella and Mortierella strains were cultivated on apple pomace and spent malt grain (SMG) impregnated with a nutrient solution. GLA content fluctuated between 4.2 and 7.4%. In the same study, T. elegans resulted in 212 mg/gfs of lipids with a GLA content of 9.1% when it was cultivated on a mixture of apple pomace and SMG impregnated with peanut oil and a nutrient solution under forced aeration [19]. Conti et al. [20] screened several fungal strains of the order Mucorales for lipid production. C. elegans was the most efficient strain resulting in 172 mg/gfs of lipids, productivity of 0.024 g/gfs/d, and 11.6% GLA when cultivated in a 15:5:1 barley–SMG–peanut oil and nutrient solution. In the study by Dulf et al. [22], Actino*mucor elegans* and *Umbelopsis isabellina* were evaluated for their ability to produce lipids on grape pomace. U. isabelline yielded the highest amount of microbial oil (160 mg/gfs) with a GLA content of 3.8 mg/gfs while A. elegans produced around 120 mg/gfs of microbial oil with a lower GLA content (1.9 mg/gfs). Lower lipids production has been reported by Peng and Chen [55] (23–42 mg/gfs), Peng and Chen [56] (79.0 mg/gfs), Hui et al. [57] (62.9 mg/gfs), and Zhang and Hu [21] (47.9 mg/gfs) with productivities ranging between 0.002 and 0.01 mg/gfs/d using wheat straw and bran and soybean hulls as substrates. This indicates that the composition of substrate plays a key role in lipid production and fatty acid composition.

To the best of our knowledge, this is the first study that reports microbial oil production in PBR. Overall, the microbial oil production that was achieved (121.0 mg/gfs) and the productivity (0.024 g/gfs/d) were quite comparable with most of the aforementioned studies or even higher. Experiments conducted on tray reactors led to the production of microbial oil varying between 75.4 and 129.1 mg/gfs when PKC, CoSC, and CaBC were employed as the fermentative substrate while GLA was in the range of 0.8–4.5% and productivities of 0.008–0.02 mg/gfs/d. Further investigation on SSF supplementation, pretreatment, and aeration of substrate need to be investigated in order to achieve microbial oil concentrations and GLA content efficient for industrial implementation.

3.9. Polyol Esters Production and Characterization

Microbial lipids with fatty acid composition similar to vegetable oils are suitable for the production of oleochemicals [43], eliminating thus the utilization of food-grade vegetable oils for this purpose. The microbial oil derived from *C. echinulata*, which was extracted from fermented CoSC, was initially hydrolyzed to obtain a free fatty acid-rich fraction. The enzymatic bioconversion of free fatty acids to polyol esters was monitored via the reduction of the acidity, since analytical standards of polyols esters are not commercially available. Initial acidity of microbial oil was 18.0% while after 24 h of enzymatic hydrolysis, it was increased to 87.7%. Conversion yield reached up to 74.3% after 30 min of reaction while a conversion yield higher than 80% was achieved after 2 h, remaining almost stable thereafter (Figure 7).



Figure 7. Kinetic profile of polyol esters that were produced by the enzymatic esterification of neopentyl glycol and hydrolyzed microbial oil (produced after packed bed reactor experiments using *C. echinulata* and cotton seed cake as the substrate). Different letters indicate statistically significant differences (p < 0.05).

Vegetable oils have been reported to have great potential to be applied as lubricants, while biocatalysts, i.e., lipases are very efficient to bioconvert vegetable oils into fatty acid methyl esters with high conversion rates (up to 99%) [58]. The main disadvantage of vegetable oils is the fact that their availability highly depends on the climatic conditions; they compete with food, and they require agricultural land [59]. Thus, alternative oil sources are of outmost importance. Research dealing with microbial oil as the initiating material for biolubricants production is limited in the cited publication. Papadaki et al. [27] reported the successful utilization of microbial oil produced from oleaginous yeasts to produce biolubricants with a conversion yield of 88% (NPG esters at 72 h). In another study, microbial oil derived from *Rhodotorula glutinis* was enzymatically converted to trimethylolpropane fatty acid triesters with a yield of 89.5%. The produced biolubricants showed better tribological properties compared to fossil-based lubricants of the same viscosity [60].

The composition of NPG esters concerning the content of di- and mono-esters was determined via NMR analysis (Table 8). According to the data obtained, monoester content (29.6%, w/w) was quite lower than the diesters content (56.1%, w/w). The non-esterified content of NPG was 3.5% while fatty acids content was 10.8%. This could be improved by using surplus free fatty acid content during esterification. For instance, Cavalcanti et al. [61] reported that enzymatic esterification of free fatty acids of soybean oil with NPG resulted in 100% esterification of the OH groups when applying a molar ratio of free fatty acids to polyol equal to 3.75:1.

Compound	Molar (%)	Mass (%)
Fatty acids	15.7 ± 0.85	10.8 ± 0.42
Neopentyl glycol но сон	13.5 ± 0.73	3.5 ± 0.16
Neopentyl glycol diesters	37.6 ± 1.79	56.1 ± 3.3
Neopentyl glycol monoesters	33.2 ± 1.97	29.6 ± 0.99

Table 8. NMR analysis of polyol esters that were produced at 24 h, via the esterification of neopentyl glycol and hydrolyzed microbial oil (produced after packed bed reactor experiments using *C. echinulata* and cotton seed cake as the substrate).

Desirable viscosity values and indices are related to high working efficiencies of mechanical devices and low energy requirements, as a result of favorable friction forces that lead to prevention of collision and rubbing between two contacting surfaces. High viscosity indices ensure that lubricants remain effective even at high temperatures by maintaining the thickness of the oil film. The polyol esters were characterized in terms of acid number (23.2 mg KOH/g), kinematic viscosity (30.1 mm²/s at 40 °C and 6.2 mm²/s at 100 °C) and viscosity index (161). The viscosity index is quite comparable with esters produced via enzymatic esterification of NPG with free fatty acids derived from yeast lipids (181–183) or soybean oil (214) [61]. Since microbial oil consists of triglycerides that maintain intermolecular interactions in elevated temperatures, the viscosity index of microbial oil-based lubricants is normally higher than that of mineral oils [62].

4. Conclusions

This study demonstrated that the valorization of protein-rich waste streams could favor microbial oil production employing a solid-state bioconversion strategy. Microbial oil accumulation with the fungal strain *C. echinulata* reached a threshold of around 120 mg/gfs, and the concentration was no further increased even when SSF was scaled up in PBR using CoSC. An antagonistic phenomenon was observed between proteases and lipases production, possibly affecting the nutrient uptake. The produced fungal lipids were successfully converted to polyol esters with potent lubricant properties through a solvent free enzymatic reaction. A high conversion yield was achieved during enzymatic ester production of NPG with microbial oil (80%). The present study showed that agricultural residues can be employed as fermentation feedstock for the production of fungal lipids for specialty chemicals production. Moreover, a future in-depth study focusing on these fungal strains would enlighten their different growth behavior.

Author Contributions: Conceptualization, A.A.K.; methodology, E.T. and M.C.-C.; software, E.T.; validation, E.T. and A.P.; formal analysis, E.T. and A.P.; investigation, E.T.; writing—original draft preparation, E.T.; writing—review and editing, E.T., A.P. and A.A.K.; supervision, A.P. and A.A.K.; project administration, M.D., D.M.G.F., S.P. and A.A.K. All authors have read and agreed to the published version of the manuscript.

Funding: This research has been co-financed by the European Union and Greek national funds through the Operational Program Competitiveness, Entrepreneurship, and Innovation, under the call RESEARCH–CREATE–INNOVATE (project code: Brew2Bio, MIS 5071807), and sub-action 'Production of sustainable biofuels and value-added products from municipal organic solid wastes of catering services'.

Acknowledgments: The authors gratefully acknowledge the Hellenic Foundation for Research and Innovation (ELIDEK), for providing a scholarship in the framework of the Action: "1st proclamation ELIDEK for PhD candidates". The authors would also like to acknowledge the Spanish Ministry of Science and Innovation (PID2019-105936RB-C21) and the Andalusian Research Council (PY20_00449 (PLASFOOD-NOWASTE).

Conflicts of Interest: The authors declare no conflict of interest.

References

- Mavria, A.; Tsouko, E.; Protonotariou, S.; Papagiannopoulos, A.; Georgiadou, M.; Selianitis, D.; Pispas, S.; Mandala, I.; Koutinas, A.A. Sustainable Production of Novel Oleogels Valorizing Microbial Oil Rich in Carotenoids Derived from Spent Coffee Grounds. J. Agric. Food Chem. 2022, 70, 10807–10817. [CrossRef]
- Lin, S.-P.; Huang, S.-H.; Ting, Y.; Hsu, H.-Y.; Cheng, K.-C. Evaluation of Detoxified Sugarcane Bagasse Hydrolysate by Atmospheric Cold Plasma for Bacterial Cellulose Production. *Int. J. Biol. Macromol.* 2022, 204, 136–143. [CrossRef] [PubMed]
- Tsouko, E.; Papadaki, A.; Papapostolou, H.; Ladakis, D.; Natsia, A.; Koutinas, A.; Kampioti, A.; Eriotou, E.; Kopsahelis, N. Valorization of Zante Currant Side-streams for the Production of Phenolic-rich Extract and Bacterial Cellulose: A Novel Biorefinery Concept. J. Chem. Technol. Biotechnol. 2020, 95, 427–438. [CrossRef]
- Okoro, O.V.; Shavandi, A. An Assessment of the Utilization of Waste Apple Slurry in Bio-Succinic Acid and Bioenergy Production. Int. J. Environ. Sci. Technol. 2022, 19, 1323–1334. [CrossRef]
- 5. Martinez-Silveira, A.; Garmendia, G.; Rufo, C.; Vero, S. Production of Microbial Oils by the Oleaginous Yeast Rhodotorula Graminis S1/2R in a Medium Based on Agro-Industrial by-Products. *World J. Microbiol. Biotechnol.* **2022**, *38*, 46. [CrossRef]
- Tsouko, E.; Papadaki, A.; Papanikolaou, S.; Danezis, G.P.; Georgiou, C.A.; Freire, D.M.G.; Koutinas, A. Enzymatic Production of Isopropyl and 2-Ethylhexyl Esters Using γ-Linolenic Acid Rich Fungal Oil Produced from Spent Sulphite Liquor. *Biochem. Eng. J.* 2021, 169, 107956. [CrossRef]
- Kourmentza, C.; Costa, J.; Azevedo, Z.; Servin, C.; Grandfils, C.; De Freitas, V.; Reis, M.A.M. Burkholderia Thailandensis as a Microbial Cell Factory for the Bioconversion of Used Cooking Oil to Polyhydroxyalka-noates and Rhamnolipids. *Bioresour. Technol.* 2018, 247, 829–837. [CrossRef]
- 8. Arora, S.; Rani, R.; Ghosh, S. Bioreactors in Solid State Fermentation Technology: Design, Applications and Engineering Aspects. *J. Biotechnol.* **2018**, 269, 16–34. [CrossRef] [PubMed]
- 9. Sarubbo, L.A.; Silva, M.d.G.C.; Durval, I.J.B.; Bezerra, K.G.O.; Ribeiro, B.G.; Silva, I.A.; Twigg, M.S.; Banat, I.M. Biosurfactants: Production, Properties, Applications, Trends, and General Perspectives. *Biochem. Eng. J.* **2022**, *181*, 108377. [CrossRef]
- 10. Mejias, L.; Estrada, M.; Barrena, R.; Gea, T. A Novel Two-Stage Aeration Strategy for Bacillus Thuringiensis Biopesticide Production from Biowaste Digestate through Solid-State Fermentation. *Biochem. Eng. J.* **2020**, *161*, 107644. [CrossRef]
- 11. Loman, A.A.; Islam, S.M.M.; Ju, L.-K. Production of Arabitol from Enzymatic Hydrolysate of Soybean Flour by Debaryomyces Hansenii Fermentation. *Appl. Microbiol. Biotechnol.* **2018**, *102*, 641–653. [CrossRef] [PubMed]
- Kumar, V.; Ahluwalia, V.; Saran, S.; Kumar, J.; Patel, A.K.; Singhania, R.R. Recent Developments on Solid-State Fermentation for Production of Microbial Secondary Metabolites: Challenges and Solutions. *Bioresour. Technol.* 2021, 323, 124566. [CrossRef] [PubMed]
- Chilakamarry, C.R.; Mimi Sakinah, A.M.; Zularisam, A.W.; Sirohi, R.; Khilji, I.A.; Ahmad, N.; Pandey, A. Advances in Solid-State Fermentation for Bioconversion of Agricultural Wastes to Value-Added Products: Opportunities and Challenges. *Bioresour. Technol.* 2022, 343, 126065. [CrossRef] [PubMed]
- Šelo, G.; Planinić, M.; Tišma, M.; Tomas, S.; Koceva Komlenić, D.; Bucić-Kojić, A. A Comprehensive Review on Valorization of Agro-Food Industrial Residues by Solid-State Fermentation. *Foods* 2021, 10, 927. [CrossRef] [PubMed]
- Tsouko, E.; Alexandri, M.; Fernandes, K.V.; Guimarães Freire, D.M.; Mallouchos, A.; Koutinas, A.A. Extraction of Phenolic Compounds from Palm Oil Processing Residues and Their Application as Antioxidants. *Food Technol. Biotechnol.* 2019, 57, 29–38. [CrossRef] [PubMed]
- 16. United States Department of Agriculture. 2022. Available online: http://apps.fas.usda.gov/psdonline/psdquery.aspx (accessed on 5 May 2022).
- 17. Silva, R.V.S.; Gonçalves, A.D.; Vinhal, J.O.; Cassella, R.J.; Santos, R.C.; Sasso, M.A.D.; Peixoto, B.S.; Borba-Santos, L.P.; Rozental, S.; Azevedo, D.A.; et al. Bioproducts from the Pyrolysis of Castor Seed Cake: Basic Dye Adsorption Capacity of Biochar and Antifungal Activity of the Aqueous Phase. *J. Environ. Chem. Eng.* **2021**, *9*, 104825. [CrossRef]
- Khot, M.B. Solid-State Fermentation: An Alternative Approach to Produce Fungal Lipids as Biodiesel Feedstock. In *Status and Future Challenges for Non-Conventional Energy Sources Volume 2*; Joshi, S.J., Sen, R., Sharma, A., Salam, P.A., Eds.; Clean Energy Production Technologies; Springer Nature Singapore: Singapore, 2022; pp. 123–137. [CrossRef]

- Stredansky, M.; Conti, E.; Stredanska, S.; Zanetti, F. γ-Linolenic Acid Production with Thamnidium Elegans by Solid-State Fermentation on Apple Pomace. *Bioresour. Technol.* 2000, 73, 41–45. [CrossRef]
- Conti, E.; Stredansky, M.; Stredanska, S.; Zanetti, F. γ-Linolenic Acid Production by Solid-State Fermentation of Mucorales Strains on Cereals. *Bioresour. Technol.* 2001, 76, 283–286. [CrossRef]
- Zhang, J.; Hu, B. Solid-State Fermentation of Mortierella Isabellina for Lipid Production from Soybean Hull. Appl. Biochem. Biotechnol. 2012, 166, 1034–1046. [CrossRef]
- Dulf, F.V.; Vodnar, D.C.; Toşa, M.I.; Dulf, E.-H. Simultaneous Enrichment of Grape Pomace with γ-Linolenic Acid and Carotenoids by Solid-State Fermentation with Zygomycetes Fungi and Antioxidant Potential of the Bioprocessed Substrates. *Food Chem.* 2020, 310, 125927. [CrossRef]
- Carota, E.; Crognale, S.; D'Annibale, A.; Petruccioli, M. Bioconversion of Agro-Industrial Waste into Microbial Oils by Filamentous Fungi. Process Saf. Environ. Prot. 2018, 117, 143–151. [CrossRef]
- Chintagunta, A.D.; Zuccaro, G.; Kumar, M.; Kumar, S.P.J.; Garlapati, V.K.; Postemsky, P.D.; Kumar, N.S.S.; Chandel, A.K.; Simal-Gandara, J. Biodiesel Production from Lignocellulosic Biomass Using Oleaginous Mi-crobes: Prospects for Integrated Biofuel Production. *Front. Microbiol.* 2021, 12, 658284. [CrossRef]
- Caporusso, A.; Capece, A.; De Bari, I. Oleaginous Yeasts as Cell Factories for the Sustainable Production of Microbial Lipids by the Valorization of Agri-Food Wastes. *Fermentation* 2021, 7, 50. [CrossRef]
- 26. Soccol, C.R.; da Costa, E.S.F.; Letti, L.A.J.; Karp, S.G.; Woiciechowski, A.L.; Vandenberghe, L.P. de S. Recent Developments and Innovations in Solid State Fermentation. *Biotechnol. Res. Innov.* **2017**, *1*, 52–71. [CrossRef]
- Papadaki, A.; Fernandes, K.V.; Chatzifragkou, A.; Aguieiras, E.C.G.; da Silva, J.A.C.; Fernandez-Lafuente, R.; Papanikolaou, S.; Koutinas, A.; Freire, D.M.G. Bioprocess Development for Biolubricant Production Using Microbial Oil Derived via Fermentation from Confectionery Industry Wastes. *Bioresour. Technol.* 2018, 267, 311–318. [CrossRef]
- Ho, C.K.; McAuley, K.B.; Peppley, B.A. Biolubricants through Renewable Hydrocarbons: A Perspective for New Opportunities. *Renew. Sustain. Energy Rev.* 2019, 113, 109261. [CrossRef]
- Bolina, I.C.A.; Gomes, R.A.B.; Mendes, A.A. Biolubricant Production from Several Oleaginous Feedstocks Using Lipases as Catalysts: Current Scenario and Future Perspectives. *Bioenerg. Res.* 2021, 14, 1039–1057. [CrossRef]
- Hussein, R.Z.K.; Attia, N.K.; Fouad, M.K.; ElSheltawy, S.T. Experimental Investigation and Process Simulation of Biolubricant Production from Waste Cooking Oil. *Biomass Bioenergy* 2021, 144, 105850. [CrossRef]
- Shrestha, D.; van Gerpen, J. Biodiesel from Oilseed Crops. In *Industrial Crops and Uses*; Singh, B.P., Ed.; CABI: Wallingford, UK, 2010. [CrossRef]
- 32. American Association of Cereal Chemists Inc (AACC). *Approved Methods of the American Association of Cereal Chemists*, 8th ed.; AACC: St. Paul, MN, USA, 1983.
- Freire, D.M.; Teles, E.M.F.; Bon, E.P.S.; Sant'Anna, G.L. Lipase Production by Penicillium Restrictum in a Bench-Scale Fermenter: Effect of Carbon and Nitrogen Nutrition, Agitation, and Aeration. In *Biotechnology for Fuels and Chemicals*; Davison, B.H., Wyman, C.E., Finkelstein, M., Eds.; Humana Press: Totowa, NJ, USA, 1997; pp. 409–421. [CrossRef]
- 34. Lie, S. The EBC-Ninhydrin Method for Determination of Free Alpha Amino Nitrogen. J. Inst. Brew. 1973, 79, 37-41. [CrossRef]
- Tsouko, E.; Kachrimanidou, V.; dos Santos, A.F.; do Nascimento Vitorino Lima, M.E.; Papanikolaou, S.; de Castro, A.M.; Freire, D.M.G.; Koutinas, A.A. Valorization of By-Products from Palm Oil Mills for the Production of Generic Fermentation Media for Microbial Oil Synthesis. *Appl. Biochem. Biotechnol.* 2017, 181, 1241–1256. [CrossRef] [PubMed]
- Aidoo, K.E.; Hendry, R.; Wood, B.J.B. Estimation of Fungal Growth in a Solid State Fermentation System. Eur. J. Appl. Microbiol. Biotechnol. 1981, 12, 6–9. [CrossRef]
- 37. Jain, R.; Naik, S.N. Adding Value to the Oil Cake as a Waste from Oil Processing Industry: Production of Lipase in Solid State Fermentation. *Biocatal. Agric. Biotechnol.* **2018**, *15*, 181–184. [CrossRef]
- Tegtmeier, D.; Hurka, S.; Klüber, P.; Brinkrolf, K.; Heise, P.; Vilcinskas, A. Cottonseed Press Cake as a Potential Diet for Industrially Farmed Black Soldier Fly Larvae Triggers Adaptations of Their Bacterial and Fungal Gut Microbiota. *Front. Microbiol.* 2021, 12, 634503. [CrossRef] [PubMed]
- 39. Ferreira, M.; Fernandes, H.; Peres, H.; Oliva-Teles, A.; Belo, I.; Salgado, J.M. Bio-Enrichment of Oilseed Cakes by Mortierella Alpina under Solid-State Fermentation. *LWT* **2020**, *134*, 109981. [CrossRef]
- 40. Abu, O. Changes in Lipid, Fatty Acids and Protein Composition of Sweet Potato (Ipomoea Batatas) after Solid-State Fungal Fermentation. *Bioresour. Technol.* 2000, 72, 189–192. [CrossRef]
- Vargas-Bello-Pérez, E.; Darabighane, B.; Miccoli, F.E.; Gómez-Cortés, P.; Gonzalez-Ronquillo, M.; Mele, M. Effect of Dietary Vegetable Sources Rich in Unsaturated Fatty Acids on Milk Production, Composition, and Cheese Fatty Acid Profile in Sheep: A Meta-Analysis. *Front. Vet. Sci.* 2021, 8, 641364. [CrossRef] [PubMed]
- 42. Das, U.N. Arachidonic Acid and Other Unsaturated Fatty Acids and Some of Their Metabolites Function as Endogenous Antimicrobial Molecules: A Review. J. Adv. Res. 2018, 11, 57–66. [CrossRef]
- Spagnuolo, M.; Yaguchi, A.; Blenner, M. Oleaginous Yeast for Biofuel and Oleochemical Production. *Curr. Opin. Biotechnol.* 2019, 57, 73–81. [CrossRef] [PubMed]
- 44. Biermann, U.; Bornscheuer, U.T.; Feussner, I.; Meier, M.A.R.; Metzger, J.O. Fatty Acids and Their Derivatives as Renewable Platform Molecules for the Chemical Industry. *Angew. Chem. Int. Ed.* **2021**, *60*, 20144–20165. [CrossRef]
- 45. Cold Adaptation of Microorganisms. Phil. Trans. R. Soc. Lond. B 1990, 326, 595–611. [CrossRef]

- 46. Théberge, M.; Prévost, D.; Chalifour, F. The Effect of Different Temperatures on the Fatty Acid Composition of *Rhizobium Leguminosarum* Bv. *Viciae* in the Faba Bean Symbiosis. *New Phytol.* **1996**, *134*, 657–664. [CrossRef] [PubMed]
- 47. Patterson, G.W. Effect of Culture Temperature on Fatty Acid Composition OfChlorella Sorokiniana. *Lipids* **1970**, *5*, 597–600. [CrossRef] [PubMed]
- 48. Krishna, C. Solid-State Fermentation Systems—An Overview. Crit. Rev. Biotechnol. 2005, 25, 1–30. [CrossRef] [PubMed]
- 49. Jang, H.; Yang, S. Polyunsaturated Fatty Acids Production with a Solid-State Column Reactor. *Bioresour. Technol.* 2008, 99, 6181–6189. [CrossRef]
- Asadi, S.Z.; Khosravi-Darani, K.; Nikoopour, H.; Bakhoda, H. Evaluation of the Effect of Process Variables on the Fatty Acid Profile of Single Cell Oil Produced by Mortierella Using Solid-State Fermentation. Crit. Rev. Biotechnol. 2015, 35, 94–102. [CrossRef]
- 51. Oliveira, A.C.; Amorim, G.M.; Azevêdo, J.A.G.; Godoy, M.G.; Freire, D.M.G. Solid-State Fermentation of Co-Products from Palm Oil Processing: Production of Lipase and Xylanase and Effects on Chemical Compo-sition. *Biocatal. Biotransformation* **2018**, *36*, 381–388. [CrossRef]
- 52. Yuan, Y.; Jiang, B.; Chen, H.; Wu, W.; Wu, S.; Jin, Y.; Xiao, H. Recent Advances in Understanding the Effects of Lignin Structural Characteristics on Enzymatic Hydrolysis. *Biotechnol. Biofuels* **2021**, *14*, 205. [CrossRef]
- Godoy, M.G.; Gutarra, M.L.E.; Maciel, F.M.; Felix, S.P.; Bevilaqua, J.V.; Machado, O.L.T.; Freire, D.M.G. Use of a Low-Cost Methodology for Biodetoxification of Castor Bean Waste and Lipase Production. *Enzym. Microb. Technol.* 2009, 44, 317–322. [CrossRef]
- Freire, D.M.G.; Sant'Anna, G.L.; Alves, T.L.M. Mathematical Modeling of Lipase and Protease Production by Penicillium Restrictum in a Batch Fermenter. In *Twentieth Symposium on Biotechnology for Fuels and Chemicals*; Davison, B.H., Finkelstein, M., Eds.; Humana Press: Totowa, NJ, USA, 1999; pp. 845–855. [CrossRef]
- 55. Peng, X.-W.; Chen, H.-Z. Microbial Oil Accumulation and Cellulase Secretion of the Endophytic Fungi from Oleaginous Plants. *Ann. Microbiol.* **2007**, *57*, 239–242. [CrossRef]
- 56. Peng, X.; Chen, H. Single Cell Oil Production in Solid-State Fermentation by Microsphaeropsis Sp. from Steam-Exploded Wheat Straw Mixed with Wheat Bran. *Bioresour. Technol.* 2008, *99*, 3885–3889. [CrossRef]
- Hui, L.; Wan, C.; Hai-tao, D.; Xue-jiao, C.; Qi-fa, Z.; Yu-hua, Z. Direct Microbial Conversion of Wheat Straw into Lipid by a Cellulolytic Fungus of Aspergillus Oryzae A-4 in Solid-State Fermentation. *Bioresour. Technol.* 2010, 101, 7556–7562. [CrossRef]
- Afifah, A.N.; Syahrullail, S.; Wan Azlee, N.I.; Che Sidik, N.A.; Yahya, W.J.; Abd Rahim, E. Biolubricant Production from Palm Stearin through Enzymatic Transesterification Method. *Biochem. Eng. J.* 2019, 148, 178–184. [CrossRef]
- Attia, N.K.; El-Mekkawi, S.A.; Elardy, O.A.; Abdelkader, E.A. Chemical and Rheological Assessment of Produced Biolubricants from Different Vegetable Oils. *Fuel* 2020, 271, 117578. [CrossRef]
- Ma, X.; Zhang, Y.; Song, Z.; Yu, K.; He, C.; Zhang, X. Enzyme-Catalyzed Synthesis and Properties of Polyol Ester Biolubricant Produced from Rhodotorula Glutinis Lipid. *Biochem. Eng. J.* 2021, 173, 108101. [CrossRef]
- Cavalcanti, E.D.C.; Aguieiras, É.C.G.; da Silva, P.R.; Duarte, J.G.; Cipolatti, E.P.; Fernandez-Lafuente, R.; da Silva, J.A.C.; Freire, D.M.G. Improved Production of Biolubricants from Soybean Oil and Different Polyols via Esterification Reaction Catalyzed by Immobilized Lipase from Candida Rugosa. *Fuel* 2018, 215, 705–713. [CrossRef]
- Zainal, N.A.; Zulkifli, N.W.M.; Gulzar, M.; Masjuki, H.H. A Review on the Chemistry, Production, and Technological Potential of Bio-Based Lubricants. *Renew. Sustain. Energy Rev.* 2018, 82, 80–102. [CrossRef]