

Table S1. Copenhagen Burnout Inventory (CBI-R). Scales, items and response frequencies.

Response Category and Scoring:						
	Always or To a very high degree (Scoring 100) %	Often or To a high degree (Scoring 75) %	Sometimes or somewhat (Scoring 50) %	Seldom or To a low degree (Scoring 25) %	Never/ almost never or To a very low degree (Scoring 0) %	Score Mean (SD)
PB. Personal burnout (α=0.87, N=83)						
1. How often do you feel tired?	12	50.6	26.5	7.2	3.6	65.0 (23.0)
2. How often are you physically exhausted?	7.2	41	36.1	13.3	2.4	59.3 (22.3)
3. How often are you emotionally exhausted?	10.8	44.6	26.5	15.7	2.4	61.4 (24.1)
4. How often do you think: “I can’t take it anymore”?	4.8	33.7	33.7	19.3	8.4	51.8 (25.8)
5. How often do you feel worn out?	1.2	27.7	47	15.7	8.4	49.3 (22.7)
6. How often do you feel weak and susceptible to illness?	6	28.9	32.5	19.3	13.3	48.7 (28.1)
Total average score						55.9 (19.2)
WB.Work-related burnout (α= 0.82, N=83)						
1. Is your work emotionally exhausting?	26.5	42.2	18.1	10.8	2.4	69.8 (25.8)
2. Do you feel burnt out because of your work?	16.9	41	25.3	12	4.8	63.2 (26.5)
3. Does your work frustrate you?	7.2	12	36.1	21.7	22.9	39.7 (29.4)
4. Do you feel worn out at the end of the working day?	12	32.5	28.9	19.3	7.2	55.7 (27.9)
5. Are you exhausted in the morning at the thought of another day at work?	7.2	19.3	37.3	13.3	22.9	43.6 (30.4)
6. Do you have enough energy for family and friends during leisure time? (inverse scoring)	7.2	15.7	36.1	24.1	16.9	43.0 (28.0)
7.Do you feel that every working hour is tiring for you?	9.6	30.1	30.1	20.5	9.6	52.4 (25.2)
Total average score						52.5 (20.6)
CB. Client-related burnout(α=0.88, N=83)						
1. Do you find it hard to	4.8	21.7	32.5	22.9	18.1	43.07 (28.5)

work with clients?						
2. Do you find it frustrating to work with clients?	2.4	8.4	30.1	30.1	28.9	31.3 (26.1)
3. Does it drain your energy to work with clients?	3.6	14.5	32.5	27.7	21.7	37.6 (27.4)
4. Do you feel that you give more than you get back when you work with clients?	15.7	19.3	28.9	21.7	14.5	50 (31.9)
5. Are you tired of working with clients?	3.7	15.9	19.5	28	32.9	32.3 (29.7)
6. Do you sometimes wonder how long you will be able to continue working with clients?	7.3	19.5	14.6	28	30.5	36.2 (32.6)
Total average score						38.4 (23.1)

Table S2. T-test results: Perceived job stress level and system type.

t-test for Equality of Means											
Group	N	Mean	S. D.	t	df	p	Mean Difference	Std. Error Difference	CI4		
									Lower	Upper	
Public system	59	8.97	1.48	3.36	80	0.001	1.27	0.378	0.519	2.022	
Private system	23	7.70	1.66								

Table S3. T-test results: Burnout scales –Paired Differences.

t-test for Equality of Means								
	S. D.	t	df	p	Mean Difference	Std. Error Difference	CI4	
							Low	Uper
Work-Personal	17.49	-1.77	82	0.07	-3.41	1.92	-7.23	0.40
Work-Client	19.2	6.69	82	0.00	14.15	2.11	9.94	18.36
Personal- Client	25.4	6.28	82	0.00	17.57	2.79	12.01	23.12

Table S4. Chi-Square Tests - Level of work-related burnout.

	Pearson Chi-Square Value	df	Asymp. Sig. (2-sided)	Phi Value	Approx. Sig.
Intention to resign from work	17.36	3	0.001	0.45	0.000
Intention to change profession	14.94	3	0.002	0.41	0.003
Intention to change the category of beneficiaries	6.38	3	0.094	0.28	0.074

Table S5. The high perceived workload, organisational support and level of work-related burnout.

		t-test for Equality of Means									
Group		N	Mean	S. D.	t	df	p	Mean Difference	Std. Error Difference	CI4	
										Lower	Upper
High perceived workload	Organizational suport (no)	16	67.18	18.18	2.58	40	0.014	17.66	6.83	3.85	31.83
	Organizational suport (yes)	26	49.51	23.28							