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# Climate Change Impacts on a Tropical Fishery Ecosystem: Implications and Societal Responses

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Abstract: The present study aimed to map out the current threats and anticipated impacts of climate change on the most important hilsa shad (Tenualosa ilisha) fishery and the associated fishing communities based on fieldwork in six coastal fishing communities. To collect empirical data, individual interviews, focus group discussions, oral history, and key informant interviews were conducted. To supplement the empirical findings, time-series data of cyclones and sea-borne depressions in the Bay of Bengal were also analyzed. Analysis of secondary data regarding climate change-induced events and regional studies suggested that the biophysical conditions of the Bay of Bengal are likely to be aggravated in the future, potentially causing more frequent extreme events and affecting the livelihoods of coastal fishing communities in Bangladesh. The fisher respondents revealed that the main target hilsa shad fishery is particularly vulnerable to climate change in terms of alterations to migration patterns and breeding and growth performance. The fishers reported constant climate-related risks because they live in seafront locations, exposed to extreme events, and their occupation entails risky sea fishing. Fishers claimed that they often need return to the coast due to unsuitable weather conditions related to cyclones and frequent tropical depressions, which can cause financial losses or even causalities. Such events negatively affect fishers' livelihoods, and wellbeing. To cope with the impacts of climate change the fishers have adopted various strategies at both sea fishing and household levels. However, these strategies only support the fishers in terms of immediate survival; they are not enough for long-term resilience. To improve the resilience of the hilsa fishers, the study argues for the implementation the Small-Scale Fisheries Guidelines (SSF Guidelines), which call for longer-term development goals, including in the immediate relief phase, and rehabilitation, reconstruction, and recovery to reduce vulnerabilities to climate and anthropogenic risks.

Keywords: tropical fishery; hilsa shad fishery; climate change; adaptation; small-scale fisheries guidelines

## 1. Introduction

Climate change currently poses as one of the greatest threats to global biodiversity [1,2]. The fifth report of the Intergovernmental Panel on Climate Change (IPCC-AR5) has predicted that due to

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anticipated climate change, by the mid-21st century and beyond, marine species will redistribute their niches. Consequently, marine biodiversity will be reduced in climate-sensitive regions, challenging the flow of fisheries and other ecosystem services [3]. Marine species are shifting due to temperature increases [4,5], placing additional pressure on fishery systems, which are already experiencing overfishing, habitat loss, pollution, and other stresses [6,7]. The unpredictable impacts of climate change, coupled with existing stressors such as overfishing or habitat degradation, may provide complications for fisheries managers [8,9]. Climate change is expected to both directly and indirectly affect marine and freshwater fisheries, with consequences for economies dependent on fisheries, coastal fishing populations, and ecosystems [10]. Coastal communities in developing countries in tropical regions have been identified as particularly vulnerable to climate change, for several reasons: for instance, they are highly dependent economically and nutritionally on fish and they lack resources to enhance their adaptability to climate change [11,12]. Economic returns from fishers' livelihood strategies have been significantly implicated by climate change's impacts and variability. This, in turn, can affect household and community vulnerability and adaptive capacity [13]. Overall, climate change is likely to have significant consequences for fisheries and will affect the livelihoods and security of millions of people around the world [9]. Although these impacts are felt at the global scale, tropical marine habitats and fish stocks are particularly vulnerable, necessitating a comprehensive understanding of the risks of climate change in the tropical region for better informed responses [14].

Bangladesh is ranked 18th in terms of national vulnerability to the impacts of climate change on marine fisheries [15] because of its low-lying topography, climate-sensitive agrarian economy, widespread poverty, high population density, and poor governance. Of these reasons, Bangladesh's geophysical setting is the reason that primarily explains the country's susceptibility to the effects of climate change and that also renders it extremely hard to protect. The country's coast is experiencing rising sea levels [16,17]. Only 10% of Bangladesh's land is one meter or more above the mean sea level, while one-third is under tidal influence and, thus, susceptible to serious natural disasters, such as tropical cyclones [18]. Climate change is significantly challenging the country's ability to achieve high economic growth [19]. The coastal fisheries-dependent population of Bangladesh is exceptionally vulnerable to climate change, which is likely to threaten the country's water and fishery resources [20].

Consequently, adaptation is necessary to challenge the shocks and stresses posed by climate change [20]. Although societies, including their fishing communities, do not sit idly by but rather continuously adapt to changing climatic conditions via different strategies, the efficacy of any response is not consistent across space [21]. Fishing communities are particularly vulnerable because they live close to the coast in order to enjoy easy access to fishing grounds; they also depend on climate-sensitive fisheries resources and their social position can often be defined as underprivileged [22]. Therefore, fishing communities deserve more attention within climate change adaptation debates, as they face complex climate change impacts, along with non-climatic pressures [7]. Again, it is important to recognize that not all fishing communities are equally vulnerable, as vulnerability is context-specific. Communities that are dependent on local supplies of just a few species are likely to become especially susceptible to stock fluctuation, whether due to overfishing, climate variability or other causes [23]. A crucial point in understanding fishers' vulnerability is that communities dependent on fisheries are likely to experience increased vulnerability due to higher volatility in catches and incomes, changes in the quantity and quality of fish and risks to their safety [24]. Overall, climate change is expected to have enormous implications for fisheries and affect millions of people worldwide [9].

## 2. Hilsa (Tenualosa Ilisha) Fisheries: Biology, Ecosystem, and Society

Hilsa shad (*Tenualosa ilisha*) is a euryhaline anadromous fish species, which is found in marine, coastal, estuarine, and freshwater environments. The species is distributed across a large part of the tropical ecosystem, from the Strait of Malacca near Malaysia to the Euphrates River in Iraq. The fishery stock of hilsa shad is also shared with India and Myanmar, although only Bangladesh has been trying to improve the stock through effective conservation initiatives [25]. The habitat in Bangladesh covers the

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Bay of Bengal's coastal and marine waters and all major coastal rivers, including the Padma, the Jamuna, and the Meghna. This fast-swimming species [26] can travel vast distances upstream: 50–100 km is usually reasonable in Bangladesh's rivers. Favorable water conditions are prerequisites for successful spawning. The most suitable temperature range for spawning is 20–25 °C, with 0–2 ppt salinity and >5 ppm dissolved oxygen. Rainfall is an essential factor for the breeding of hilsa. The suitable range of rainfall varies between 150 and 300 mm/m [27]. After spawning, the eggs are deposited in fresh water; hatching then takes place within 23–26 h at an average temperature of 23 °C. For 5–6 months, larvae and juveniles start their migration downstream. In about 6–10 weeks, fry grows to about 12–20 cm and becomes juvenile (locally known as *jatka*). At this stage, the juveniles start migrating to marine waters for further growth and maturity. After spending a year in the sea, hilsa become mature and begin migrating back towards inland rivers for spawning [28]. Generally, the growth of hilsa varies from one ecosystem to another or even in the same environment due to differences in ecology, food availability, habitat characteristics, population size, and density-dependent growth factors [29].

Hilsa is the national fish of Bangladesh and constitutes the largest and most important fishery in Bangladesh, contributing 12.09% (in 2017–2018) of total fish production and ~1% to the Gross Domestic Product [30]. The economic, social, and cultural importance of hilsa is immense. About half a million fishers are directly engaged in hilsa fishing. An additional 2.5 million people are indirectly involved in the hilsa sector through boat and gear making, fish transport, ice production, fish processing, trading and export [27]. Hilsa fishers are the most vulnerable and most impoverished communities in Bangladesh due to their incomes being below the marginal level [31,32]. They remain vulnerable to disasters of waterborne origin. During rough weather fishing, casualties are frequent and policy makers still fail to pay adequate attention [33]. Dependence on hilsa fisheries is very high and the hilsa species is threatened by climatic variability [34]. Using the sustainable livelihood approach (SLA) as a theoretical lens, the present study aims to extrapolate the potential changes of climate and their impacts on fishers' livelihood assets, emphasizing the natural capital of hilsa fisheries. The study also assesses the affected communities and the government's response to address their vulnerability to climate change.

# 3. Sustainable Livelihood Approach (SLA): A Framework for Analyzing Fishers' Livelihoods

Livelihood is defined as the capabilities, assets, and activities that constitute a person's means of living [35]. The sustainable livelihood concept seeks to bring together the assets, events and critical factors that affect household strategies' vulnerability or strength [36,37]. A livelihood is sustainable if it can cope with and recover from stresses and shocks and maintain or enhance its capabilities and asset base both now and in the future, without undermining its natural resource base [38]. Using the SLA for developing adaptation strategies and initiatives will ensure a people-oriented and bottom-up approach to adaptation, which tackles potential climate change by reducing existing vulnerabilities [39]. The SLA is particularly relevant to understanding climate change vulnerability as it provides a framework for analyzing the principal components (that make up livelihoods) and the contextual factors that influence them. They are closely linked to the elements that make a household or community more sensitive or exposed to climate change impacts and that affect their ability to cope with environmental change [40].

Globally, 39 million people are employed in capture fisheries [41] and about 90% of them work in the small-scale fisheries sector [42]. However, small-scale fisheries (SSF) are exposed to uncertainty in supply and demand and fishing activities are usually influenced by social and institutional factors that qualify the SLA as a beneficial form of fisheries management [37]. Through understanding climate change adaptation at the community level, the SLA can provide insights into small-scale fisheries management in developing countries [40,43]. Indeed, the livelihood status and sustainability of fishing communities can be analyzed more effectively through the SLA framework. According to this framework (Figure 1), a fishery-based livelihood including fishers' individual or household assets, activities, and strategies produces more livelihood outcomes, generates more income, and improves food security.

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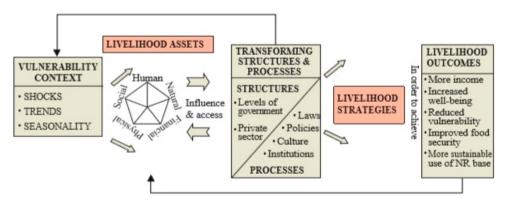


Figure 1. Sustainable Livelihood Approach (SLA) framework [44].

Natural capital refers to the natural resources (e.g., fish stock, aquatic habitats, freshwater source) from which fishing people accrue benefits [45]. Physical capital refers to the types of tools or equipment and infrastructure that are used to support livelihoods: for example, fisheries-related resources such as fish landing centers, ice plants, boats, engines, gears, processing plants, and equipment as well as non-fisheries-related resources such as roads, houses, schools, markets, hospitals, water supply systems, and cyclone shelters [37,45]. In addition, knowledge, fishing skills, and physical ability are considered as human capital. Moreover, social capital refers to social resources such as membership in cooperative organizations or political parties, kinship, and trading linkages [45], while financial capital refers to the financial resources that people use to achieve their livelihood objectives, such as cash, bank deposits and remittances [43].

#### 4. Materials and Methods

Bhola

Char Kukri Mukri (Char Fesson)

Total

This research was based on both primary data and secondary data. Using a semi-structured questionnaire, primary data were collected from six coastal communities in Bangladesh. The study sites were: Hatempur in Barguna district; Fatapur, Mahipur and Char Gangamoti in Patuakhali district; Laharhut in Barisal district; and Char Kukri Mukri in Bhola district (Table 1 and Figure 2). The study was conducted in three phases from January 2016 to April 2016, October 2016 to December 2016, and February 2017 to March 2017. The main selection criteria were the settlements' fishers' livelihood characteristics, the dependency level of communities on fisheries, and their exposure to past climatic effects. This study adopted a mixed-methods approach, comprising both quantitative methods like semi-structured questionnaires and qualitative methods comprising oral history interviews, key informant interviews, and focus group discussions.

Study Sites		Geographical Position	Data Collection Methods and Sample Size			
District	Location (Sub-District)	<ul> <li>System Location</li> </ul>	II	KII	ОН	FGD
Barguna	Hatempur (Patharghata)	22°03′06″ N, 89°56′59″ E	30	5	3	2
Patuakhali	Char Gangamoti (Kalapara)	21°48′52″ N, 90°13′06″ E	20	4	4	1
Patuakhali	Fatapur (Kalapara)	21°57′54″ N, 90°08′50″ E	20	5	3	2
Patuakhali	Mahipur Bazar (Kalapara)	21°51′29″ N, 90°07′34″ E	20	5	4	1
Barisal	Laharhut (Barisal Sadar)	22°40′09″ N, 90°28′18″ E	15	3	4	2

**Table 1.** Source of primary information, study sites sampled, methods used, and sample size.

21°56′00″ N. 90°38′45″ E

45

150

5

3

24

3

11

II = individual interview, KII = key informant interview, OH = oral history FGD = focus group discussion.

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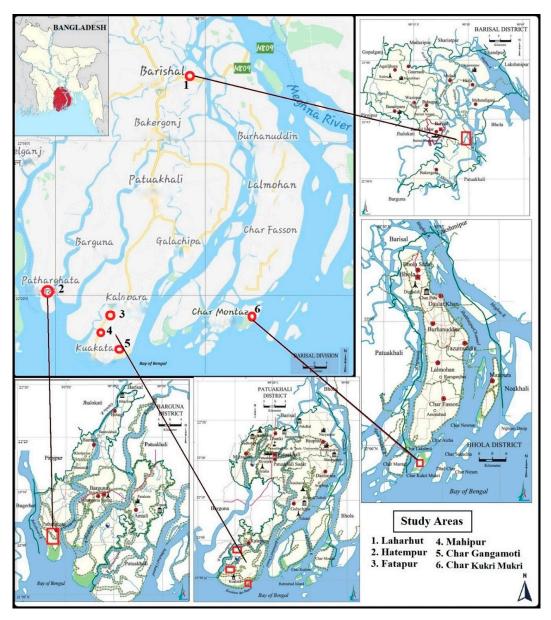


Figure 2. Location of study sites in coastal Bangladesh.

The questionnaire was designed based on the specific context of coastal fishing communities in Bangladesh. Only household heads (who are male) were interviewed because they were deemed knowledgeable of their household's vulnerability, security and livelihood [45]. A total of 150 in-depth interviews were conducted. The key informants included individuals from inside (i.e., community leaders and members with relevant knowledge) and outside (i.e., government officials, Non-Government Organizations-NGOs/development organizations and researchers) the communities. Twenty-seven key informant interviews were conducted during the data collection process. Eleven focus group discussions (FGDs) were conducted in all study areas, involving seven to ten fishers per session. Each FGD session ran for about 45 to 60 min. Twenty-four oral history interviews were also conducted. Among the respondents, 10% respondents were less than 18 years old. Most of the respondents (71.33%) were 18 to 40 years old. Another 10% fishers were in the 41 to 50 range. The remaining 8.67% respondents were over 50 years old. The majority of hilsa fishers belonged to a joint family with an average household size of 5.9 persons, higher than the national average (4.6 persons) [46].

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The meteorological data for assessing climate change trends were collected from the Bangladesh Meteorological Department (BMD) Dhaka. Other data were mainly collected from secondary sources, including official documents and statistics, and reports by the government, NGOs, and other relevant organizations. The data were analyzed using Microsoft Excel and SPSS 20. Analysis of the qualitative data involved triangulating the information obtained from field notes, transcribed interviews, and secondary sources. Data were coded according to predetermined themes (developed intrinsically from the interview texts), and analyzed using content analysis to extract the main findings.

#### 5. Results and Discussion

## 5.1. Regional (Physical) Prediction of Climate Change and Variability

According to the IPCC-AR5, warming in South Asia is likely to exceed the global average of around 3.3 °C. Warming is predicted to be significant from 1.6 to 2 °C by 2050 [47]. The National Adaptation Program of Action (NAPA) of Bangladesh has predicted 1.0, 1.4, and 2.4 °C temperature rises by 2030, 2050, and 2100, respectively [48]. The projection of the regional climate model (RCM) has indicated a consistent increase in temperature throughout the 21st century in Bangladesh [46]. By the 2060s, the temperature is projected to increase by between 1.5 and 2.7 °C, ranging between 2.6 and 4.8 °C by the 2090s [46]. A study projected SST about 30.8 °C in 2030 and 31.7 °C after 2050 in the Bay of Bengal [32]. According to the IPCC, rainfall in South Asia is predicted to increase by 5–7% in the 2020s, 10–13% in the 2050s, and 15–26% in the 2080s [47]. The rate of sea-level rise (SLR) along Bangladesh's coast has been found to be much higher than the global average of 1.0–2.0 mm/year in the 20th century. Based on IPCC reports and other studies, the NAPA has anticipated SLRs of 14, 32, and 88 cm for 2030, 2050 and 2100, respectively [48]. As a possible implication, future storm surges may be even higher than those experienced presently due to the combined effects of increased temperature and rising sea level. According to the IPCC, the ocean will continue to warm and acidify, with negative implications for marine wildlife and fisheries [49]. As a result of rising sea levels, communities in low-lying areas will face coastal flooding from storm surges. They will also experience more frequent and acute health problems due to heat waves.

The species distributions will affect functional diversity (related to the ecological functions and services played by the species) due to climate-driven changes [50]. Climate change impacts under greenhouse emissions scenario A1B are likely to reduce the potential production of the hilsa population by 10% in the Bangladesh Exclusive Economic Zone (EEZ); moreover, even under sustainable management practices, a significant (25%) decline in hilsa catch is expected by 2060 [32]. Fernandes et al. (2016) have added that if overexploitation is allowed, the catches are projected to fall even further, by almost 95% by 2060 [32]. Potentially, the hilsa population will be severely affected, including in terms of its spawning grounds and juvenile survival rate due to climate change and anthropogenic activities.

#### 5.2. Current Processes of Environmental Risks Resulting from Extreme Events in the Bay of Bengal

According to the BMD data, the country frequently suffered severe cyclonic storms from 1985 to 2015 (Table 2). During the last 30-year period, tropical cyclones have registered an increase in annual frequency by 0.006 cyclones per year. During this period, the Bay of Bengal has produced about 77 severe cyclonic storms (average 3.48 storms per year) with an average wind speed of 175.84 km/h. Moreover, several severe cyclonic storms with a core of hurricane wind have been observed in the last 55 years. Among them, the cyclones in 1970, 1988, 1991, 1994, 1997, and 1998 caused enormous losses and had maximum wind speeds of 224 km/h, 160 km/h, 225 km/h, 278 m/h, 232km/h, and 173 km/h, respectively.

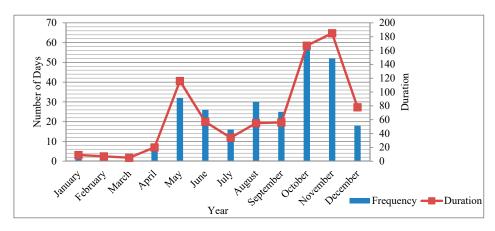
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**Table 2.** List of devastating cyclonic storms in each year from 1960 to 2017 [51].

Date of Occurrence	Nature of Phenomenon	Maximum Wind Speed in km/h	Tidal Surge Height in ft.
31.10.60	Severe cyclonic storm	193	20
30.05.61	Severe cyclonic storm	160	6–15
28.05.63	Severe cyclonic storm	209	8–12
15.12.65	Severe cyclonic storm	210	8–10
01.11.66	Severe cyclonic storm	120	20–22
12.11.70	Severe cyclonic storm with a hurricane wind	224	10–33
28.11.74	Severe cyclonic storm	163	9–17
09.11.83	Severe cyclonic storm	136	5
24.05.85	Severe cyclonic storm	154	15
29.11.88	Severe cyclonic storm with a hurricane wind	160	2–14.5
29.04.91	Severe cyclonic storm with a hurricane wind	225	12–22
02.05.94	Severe cyclonic storm with a hurricane wind	278	5–6
25.11.95	Severe cyclonic storm	140	10
19.05.97	Severe cyclonic storm with a hurricane wind	232	15
20.05.98	Severe cyclonic storm with a hurricane wind	173	3
15.11.07	Severe cyclonic storm (Sidr)	223	15–20
25.05.09	Cyclonic storm (Aila)	70–90	4–6
16.05.13	Cyclonic storm (Mahasen)	100	-
30.07.15	Cyclonic storm (Komen)	65	5–7
21.05.16	Tropical cyclonic storm (Roanu)	110	8.2–8.9
28.05.17	Cyclonic storm (Mora)	111	5.5–6.5

Analysis of the 40 years of data (1975–2015) revealed that Bangladesh experienced many tropical depressions in the Bay of Bengal during this period. According to data from the BMD, during the past 40 years, about 267 occurrences of depressions were recorded in the Bay of Bengal, with an average of 12.85 events per year. During this period, the average total duration of tropical depressions per year was 37.34 days. The occurrence of tropical depressions significantly varied in different months, although most depressions and cyclones were formed in October (58 observations) and November (52 observations). Furthermore, the longest durations of depressions were recorded in November (185 days), followed by October (167 days) and May (116 days) (Figure 3). According to the respondent fishers, the peak season of hilsa fishing is June to October.

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**Figure 3.** The total number of depression events (left side) and duration (right side) per month between 1975 and 2015 [51].

#### 5.3. Fishers' Perceptions of Vulnerability to Climate-Related Hazards

Almost all of the respondents claimed to have experienced the variability and impacts of climate change during their fishing campaigns. In the last 10 years, they have faced more intense cyclones, more frequent storm surges and more substantial waves and ocean currents during fishing. The respondents also perceived variations in temperature and rainfall. According to the respondents, the risk of accidents during fishing in the Bay increased, their homestead land too more exposed to salt-water intrusion and flooding (Figure 4).

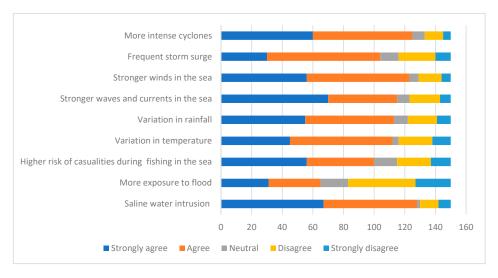


Figure 4. Fishers' perceptions of changes in climate-change induced events in the last 10 years.

#### 5.4. Fishers' Livelihood Assets and Climate Change Impacts

#### 5.4.1. Human Capital

The majority (40.67%) of the fishers were illiterate and a similar percentage (38.67%) have received up to five years of schooling (Table 3). Such widespread illiteracy is likely to limit their capacity for alternative livelihoods and overall resilience. Most of the fishers regarded fishing as a risky profession, exacerbated by increasingly rough weather conditions. Sadly, some of the fishers have lost colleagues due to death or because they have disappeared at sea. Many of the fishers have also suffered physical injuries due to extreme weather-related mishaps. The illness or physical inability of earning member(s) of the family are significant issues that may push families into poverty, often leading to family bankruptcy and worsening the health of other family members. According to one respondent

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from Fatapur, "During cyclone events, the surging water contaminates drinking water sources via sewage and salt water". Many fishers lack immediate access to medical facilities due to the remoteness of their location, yet their low health resistance may undermine their fishing activities and livelihoods. Most of the schools in the coastal area are designed and used as cyclone shelters during disaster events. As one key informant from Mahipur stated, the loss of educational materials, the unsuitability of schools for study and family crises all directly affect children's education.

**Table 3.** Summary of demography and livelihood capital.

Criteria/Characteristics and a Brief Description	Parameters	
Summary of Demographic Features		
Age (%)	<18 years	10
	18–40 years	71.33
	41–50 years	10
	>50 years	8.67
Average household member	5.9	
Human Capital		
Education (%)	Illiterate	40.67
	Primary	38.67
	Secondary	16.66
	Higher Secondary	4
Access to health facilities (%)		73
Year of fishing experiences		11.2
Natural Capital		
Access to safe drinking water (%)		93
Dependency on hilsa fishery (percentage of income)		86
Ownership of land (decimal)		0.92
Physical Capital		
Live in own house (%)		91
Types of house (%)	Kacha (floor with mud/clay and roof made of natural materials (e.g., nypa palm leaves weaved with bamboo slice)	63.33
	Semi-pacca (cement floor and tin wall and roof)	29.33
	Pacca (cement floor and iron sheet wall and roof)	7.34
Access to toilet facilities (%)		
	Kacha (made of bamboo with leaves)	52
	Semi-pacca (made of tin or wood, cement floor )	24
	Pacca latrine (made of brick with cement and with an effective drainage system).	22.66
	Open place	1.34
Access to electricity (%)		79
Social Capital	Membership of organization (%)	76
	Receive support from a relative during crises (%)	83
	Receive assistance from the government (%)	77
Financial capital		
Mean monthly income (Bangladeshi taka-BDT)		8524 (3445
Poverty status (self-assessment) (%)	Very poor	7.34
	Poor	59.34
	Middle income	26.66
	Higher middle income	6.66

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#### 5.4.2. Natural Capital

Landlessness was said to be a significant issue among the respondent fishers (0.92 decimal), with a rate far higher than the national average. Many fishers live on or close to government-owned coastal embankment areas that form a protection wall against rising seawater (known as khas land). Most of the fishers have access to safe drinking water. Many households depend on natural resources in different ways, such as collecting fuel materials and grazing land for domestic animals. More importantly, the respondent fishers mostly depend on hilsa fisheries for a high percentage (86%) of households' income. Thus, the hilsa fisheries is considered as their most valuable natural asset. Most of the respondent fishers (74%) agreed that hilsa fishery is subjected to ongoing environmental degradation in the region. One 60-year-old fisher from Hatempur said, "When we were young, we'd go out for an hour and come back with enough fish for a day. But now we go for eight hours, we go fishing deeper, fish further out, and still come up with less than half the fish compared to my younger days". The FGDs in the study sites revealed several anthropogenic factors, which they attributed to the degradation of hilsa fisheries in Bangladesh, including the building of upstream barrages and dykes, river pollution, destructive monofilament nets, fishing juveniles and brood species. Climate change was said to have accelerated this decline. The fishers mainly noted changes in terms of the availability of hilsa related to climatic variability.

The Potential Impact of Climate Change on Various Stages of the Hilsa Life Cycle

The larval stage is crucial in the hilsa life cycle. Inappropriate water quality harms the feeding and nursing of larvae, thus reducing larval growth. Moreover, ocean acidification and temperature change have also been shown to reduce fish larvae's ability to find a suitable habitat and to find their way home [52]. Thus, all of these changes are likely to affect the different life stages of the hilsa shad species (Figure 5).

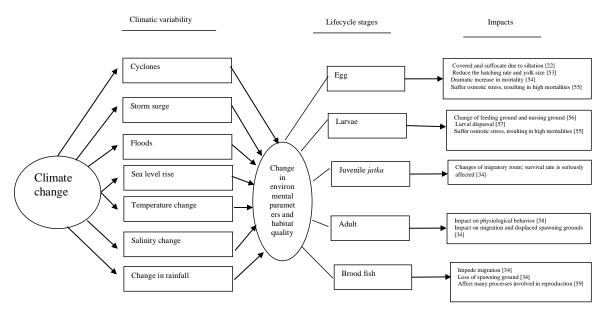


Figure 5. The potential impact of climate change on various stages of the hilsa life cycle [53–60].

Climatic variability affects the stock of the hilsa fishery. Increased sedimentation into riverbeds, changes to monsoon and rainfall patterns (rain is necessary for breeding) and changes in coastal morphology can all negatively affect the availability of hilsa species, as recognized by one key informant at the Department of Fisheries. This issue is particularly significant in the Bangladesh estuarine system. About 735 million metric tons of sediment have been estimated in the river systems every year, especially around the Hatia-Barisal-Patuakhali area, where the sediment is 18 km thick [60]. The high level of sedimentation (>200–300 mg/l) can cause fish mortality. Changes in water temperature are likely

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to affect the spatial and temporal distribution of spawning. Changes in spawning times, spawning areas and migratory behaviors are possible, with subsequent effects on stock sizes and fisheries [61]. As a key informant from the Department of Fisheries (DoF) claimed, "Due to sea level rise and salinity intrusion, hilsa have to migrate longer distances upstream to search for favorable water parameters, but on the other hand, upstream river discharge with heavy sediment loads constrains this migration by decreasing depth, creating submerged sandbars (*dubochar*)".

The fishers perceived that the migration routes of hilsa species have changed, so the production of hilsa species has decreased in areas where they were once abundant. Due to submerged sandbars along the coast and estuaries due to excessive siltation, the fish were assumed to have altered their course of movement from former breeding grounds. Furthermore, changes in rainfall patterns sometimes cause drought, which accelerates the impact of dryness and reduces water flow. Riverbed siltation is one of the most noteworthy causes of the diversion of hilsa migration routes. Brood hilsa need deep water, but now the river is becoming so heavy with silt that hilsa do not travel far upstream in rivers to do so, reducing their stock. As one fisher from Mahipur Bazar said, emotionally, "Where will you get fish in the river? Now the water in the river only reaches up to your knee, so no mature fish come to the river, only <code>jatkar</code>.

## 5.4.3. Physical Capital

Fishers' physical capital include fishing equipment, boats, shelter, transportation, and road networks. Climatic extremities have a direct impact on physical assets. The hilsa fishers undertake fishing trips of various lengths, whether short-, medium-, or long-term (Table 4).

	Types of Fishing Campaigns		
	Short Duration	Medium Duration	Long Duration
Fishing days	Daily fishing	7–10 days	15 days or more
Fishing boats	Small boat (20 ft.)	Medium boat (22 ft.)	Large boat (30–55 ft.)
Engine power (HP)	20–22	60–75	100–110
Manpower	2–5	10–15	10–20
Fishing gear	Gillnet	Gillnet	Gillnet
Fishing area	Inshore	Offshore	Deep seawater
Target species	Hilsa, jewfish, shrimp	Hilsa, pomfret	Hilsa

Table 4. Different types of fishing (based on FGDs in Char Gangamoti and Fatehpur).

Fishers must invest a large amount of money for any kind of trip, with significant costs involved in boats, engines, fishing gear and maintenance. Any natural calamity in the sea causes damage or a loss of fishing equipment, especially boats and nets. One fisher from Char Gangamoti said, "To save ourselves from the strong winds and storm surges of cyclones we have to return to the shore quickly, leaving our fishing gear on the water. Sometimes we must return to the shore without any catch. Thus, we face financial losses from incomplete trips".

Most fishers live close to the coast or a river for easy access to a water body, exposing them to waterborne disasters that may cause severe damage to their villages' already weak and fragile infrastructure. Most households (63.33%) live in houses made of mud and leaves, which can be easily destroyed by wind or tidal surges. Respondents stressed that when a cyclone strikes, coastal dams and other infrastructure wash away. Thus, villages are either waterlogged or inundated by the high water flow of the daily tide. Loss of house and homestead land due to river or coastal erosion are driving forces that push many fishers to migrate. One victim of the devastating Cyclone Sidr in 2007 from Hatempur said, "After getting warnings, we stopped fishing and went back to a nearby cyclone shelter, putting down fishing nets in the sea. I was unable to communicate with my family. The next

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day, when I came home, I saw nobody in my destroyed house. I lost my two cows and four goats. Although I found most of my family members in a nearby shelter, unfortunately we are still waiting for my missing younger brother". Due to increased salinity and reduced subsoil water level, drinking water is a general concern in coastal areas in Bangladesh. Most of the respondents (52%) claimed to use *kacha* latrines (made of bamboo with leaves), 24% use *semi-pacca* (made of tin or wood), and 22.66% use *pacca* latrines (made of brick with cement and with an effective drainage system), while 1.34% claimed not to have a sanitary facility and to instead use open places (Table 3).

#### 5.4.4. Social Capital

By working as a group while fishing in the Bay, most of the fishers claimed to feel a strong form of social bonding. The findings of the FGDs revealed that in the immediate aftermath of a disaster, poor coastal fishers initially try to survive by drawing support from social connections, such as help from neighbors or nearby relatives. However, with the increasing intensity and occurrence of climate-induced extreme events, social cohesion alone is inadequate for disaster preparedness and livelihood recovery. Increasing the number of hard-core poor and widening income inequality among fishing communities creates social envy, opportunism, and conflicts of interest (FGDs in Fatapur). Rehabilitation and relief programs after any disaster also create disputes between beneficiaries and non-beneficiaries. Consequently, tensions may rise among fishers, loosening social bonding. Information gathered from the FGDs revealed that genuine fishers are sometimes may deprived of relief due to nepotism and bias related to partisan politics.

## 5.4.5. Financial Capital

The monthly income of the hilsa fishers was found to average 8524 BDT (~USD 100). Therefore, the overall socioeconomic conditions of the hilsa fisher folk are deplorable. Moreover, suppose that production declines, the socioeconomic conditions of the hilsa fishers will worsen further. One fisher from Fatapur said, "The hilsa are disappearing in our fishing area, and we have to travel long distances in the sea to chase fish, requiring more fuel and investment". The majority of the fishers (60%) claimed to have no secondary occupation, with fishing, thus, their sole income source. The peak availability of hilsa was said to be from June to October. However, even in the peak-fishing season, hilsa fishing is hampered by recurrent depression and cyclone events in the Bay. The fishers' groups invest lots of money for a single fishing trip. Most of these groups take credit (locally known as dadon) from moneylenders or microcredit from NGOs at high interest rates for each fishing trip's operating costs. Following the issuance of disaster warnings, fishers in the Bay are forced to return to the shore without completing their fishing trips, leading to economic hardship, and putting a strain on their livelihoods, especially in the peak fishing period. Based on the calculations of the FGD in Char Gangamoti, before considering boats and nets, one incomplete trip costs a minimum of BDT 76,400 (~900 USD) for miscellaneous expenses such as fuel, ice, and groceries. Many fishers have lost their boats and fishing gear due to turbulent weather conditions. This can put fishers into double problems; firstly, they cannot re-arrange their nets for fishing; secondly, their previous credit and debt burden puts them in critical social and economic conditions [20], ultimately forcing them into a poverty trap [31]. As one boat owner from Mahipur said, "During Cyclone Sidr, my two fishing trawlers were destroyed. I took BDT 50,000 (~590 USD) as a loan with a one-year duration to reconstruct a boat, and I have to pay 500 taka per month as interest. Still, due to the turbulent weather this year, the income is not so good".

#### 5.5. Livelihood Strategies to Deal with the Impacts of Climatic Variability Concerning Capital

Cyclones and tropical depressions were the most cited extreme events that profoundly affect the respondent fishers' livelihood assets. Most of the fishers receive cautionary signal warnings of a severe cyclone. After receiving a rough weather signal, many of them return close to the shore and continue fishing, but return home if the situation worsens. However, in some cases, fishers may fail to return to the shore swiftly and so they must stop fishing and keep their boat in a specific position considering

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the wind direction and force. They then tie their net floats together tightly and keep plastic bottles or drums beside them for safety. In severe conditions, they may choose to throw their fishing gear into the sea to keep their boat lighter against strong waves and stay in the boat. To overcome losses and damage caused by a disaster, most of the respondents quickly return to fishing as an immediate coping strategy (Table 5).

**Table 5.** Fisher livelihood strategies to deal with the impacts of climatic variability concerning livelihood assets.

Livelihoods	Short-Term Strategies		Long-Term Strategies	Livelihood Outcomes	
Assets	Before an Extreme Event	After an Extreme Event	Long-term strategies	Livelinood Outcomes	
Natural	End fishing campaign and return to shore	Immediately return to fishing	Increased fishing efforts	Food security and income security	
	Tighten the house with a rope around a tree		Tree plantation around home		
Physical	Bring boat and fishing gear to a safer place	Re-construct house with local materials	Construct house on a higher plinth and with concrete	Asset accumulation (house, fishing gear including boats and fishing nets)	
	Store valuable physical assets in a safe place	Reconstruct fishing gear to start fishing	Migrate to a more secure place		
Human	Take shelter in a cyclone center	Treat injured family members	Better education for capacity building to find a safer occupation	Well-being and high status in the community/poverty reduction	
	Take shelter in neighboring house built from concrete materials	Remove children from school to reduce family costs	Migrate to a safer location with higher income		
		Send children to work	Leave the fishing profession		
		Reduce food intake			
Social	Communicate and relay disaster messages and information	Communicate with peers for comfort and psychological support		Social bonding	
Financial	Buy necessary groceries. Borrow essential groceries from relatives	Liquidate personal savings and assets	Take alternative income-generating activities, particularly by other family members	Changes in well-being and poverty status	
		Taking a loan from a moneylender	Adopt saving strategies, particularly by women		
		Relief from government and NGOs			
		Reduce expenditures	Migration		

Fishers also adopt different land strategies, such as going to a cyclone shelter or a neighbor's or relative's house during a cyclone event. However, before doing so, they manage their household assets. They move to a cyclone shelter with valuable assets and dry food. Some fishers stay at home and take precautionary measures. Most of them receive direct or indirect support from their relatives during adverse conditions. Due to unfortunate financial situations, they tend to reduce their expenditures (97%) and food intake (75%). Many of them (56%) stop their children's education and send them to work. Fishers may also sell their livestock and physical assets to support the family.

Moreover, due to mass destruction and a lack of alternative income sources, many fishers (69%) migrate to another area, changing their profession. Relief from the government and NGOs and loans from moneylenders/fishery entrepreneurs often help them to restart their livelihoods. The rehabilitation of damaged structures is also supported by the government, i.e., financial, physical, and instrumental assistance. However, as regards relief distribution, some fishers complained about favoritism, and conflicts that compromise their resilience. Some fishers also migrate to find a safer place and a better income.

In the case of long-term strategies, some fishers said that to compensate for the losses caused by disaster events, they often increase their fishing efforts. In such cases, fishers often use illegal Sustainability **2020**, 12, 7970 14 of 21

monofilament gill nets. One fisher from Char Kukri Mukri said that "Due to heavy siltation in the estuary, the current water has slowed down, so traditional gears do not catch much fish, hence many fishers use monofilament gill nets to indiscriminately catch all size and species". Wealthier coastal fishers may also plant trees around their house, or build it on a higher plinth and use concrete. Many fishers shift their homes further inland. Some fishermen foresaw a better future for their children and thus invested in education so that they could find a safer occupation. Women in fishing households are also actively involved in alternative occupations that occasionally help them put aside some savings for crisis periods. Both temporary and permanent migration was also noted by the fishers. However, many of the fishers claimed to want to continue fishing. As one fisherman from Mahipur explained, "A fisherman is always a fisherman; fish are in our thoughts; fish are our dreams; a fishy smell comes from our skin; fish are in our every discussion. We are gambling for fish throughout life; we are crazy for fish". This saying indicates a secure attachment to their profession and place.

#### 5.6. Institutional Capacity and Responses

The majority (84%) of the fishers claimed to receive messages of cautionary weather signals, mainly by radio or short message service (SMS). Cyclone shelters constitute the most critical government-supported facility for cyclone-affected communities during adverse climatic conditions. Slightly less than eighty percent (77%) of the respondents claimed to have a cyclone center under 2 km away. Union Parishad is the lowest tier of the local government, from which 71% of the respondents have received support, mainly relief materials after a cyclonic disaster. Along with the government, various national and international non-government organizations come forwards to help victims after a disaster. However, immediate access to health services is weak, as only 39% of the respondents agreed that they had access to the government facilities they required during a previous disaster (Table 6). Few key informants reported the remoteness of their locations or higher demand for rush services as the primary reasons for poor health services during a disaster.

Institutions and Services	Description	Percentage
Cyclone shelter  If the respondent has access to a cyclone shelter 2 km distance during adverse climatic condi		77
Local government administration (Union Parishad)	If the respondent receives support during the response to an extreme climatic event	71
Fishers' organization	If the respondent receives help from own organization during adverse climatic conditions	44
Cautionary weather signal	If the respondent receives appropriate information during adverse climatic conditions	84
Support from NGOs	If the respondent receives support from NGOs during adverse climatic conditions	62
Access to health services	If the respondent has access to proper health services during adverse climatic conditions	39

The FGDs revealed that many of the respondents have also received some training and have participated in an awareness-building program organized by the Department of Fisheries about using protective safety measures while fishing in the sea. The Bangladesh government has also arranged a compensation scheme for any fisher who dies while fishing in the Bay, whereby the deceased fisher's family receives BDT 50,000 (~590 USD). Furthermore, the FGDs in Char Kukri Mukri revealed that the coastal afforestation program of the Department of Forest has substantially reduced the risks associated with high-intensity cyclones through creating a bio-shield.

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## 5.7. Resulting Systemic Vulnerabilities and Recommendations for Better Livelihood Outcomes

The present study's findings confirm that Bangladesh's coastal fisheries sector is exposed to environmental hazards and is vulnerable to projected climatic variability. Climatic shocks and trends are increasing gradually, with detrimental implications for fishers' primary target species, hilsa. The unpredictable patterns of extreme events also take a toll on fishers' safety. Such coastal small-scale fishers in Bangladesh face a double problem [21]. The hilsa shad species are vulnerable to climate change's impacts. Changing climatic variables will profoundly alter the effects of environmental conditions (e.g., temperature, water flow, rainfall, availability of nutrients) on biological and ecological processes and the sensitivities of species in the niche [62]. These changes are particularly profound in tropical fisheries and habitats [14]. Climate change impacts will be further compounded by other anthropogenic threats such as over-exploitation, environmental pollution, or habitat degradation. These stresses will erode the resilience of the ecosystem to fight against climate change. This case is particularly evident in the case of hilsa fisheries. Hilsa shad (*Tenualosa ilisha*) is a highly migratory and anadromous fish that shares similar migratory and breeding behaviors as Atlantic salmon (Salmo sp.). Various anthropogenic disturbances, such as increased siltation and rising riverbeds, have disrupted or even destroyed the migratory routes and spawning grounds of hilsa over time. Consequently, over the last twenty years, hilsa production from inland waters has declined by about 20%, whereas the marine water yield has increased nearly three times [34]. This indicates that the significant hilsa ground has gradually shifted from inland to marine waters. Many experts believe that different oceanographic changes, namely high turbidity, increased flooding, tidal action and salinity changes, have accelerated the shift in hilsa migration patterns of spawning, growth and production [34]. As a direct consequence of this shift, fishers must travel long distances or from estuarine and marine waters for their catch. This involves risks, in terms of both increased fuel and time, and facing more stormy weather conditions that may lead to casualties.

Environmental risks related to climate change are likely to aggravate economic hardship in coastal fisheries of Bangladesh [19]. Small-scale coastal fishers are more vulnerable than any other professional group. They depend on climate-sensitive hilsa fisheries for the majority of their income. Such dependency on a single species may lead to a risk of livelihood failure if the stock collapses. Given their generally strong attachment to their place and occupation and their limited skill set for alternative occupations, the scenario appears particularly severe for small-scale fisheries. The present study's findings confirm that vulnerability is context-specific and that small-scale coastal fishers are especially vulnerable due to their socio-ecological context, hence, they deserve more attention. Although the legal and policy frameworks related to climate change and disaster risk reduction in Bangladesh have several provisions related to increasing focus on vulnerable populations (Table 7), coastal fishing communities have tended to be regarded as a broader part of coastal communities, with very little attention paid by the government to small-scale fisheries. Even though many NGOs are working in Bangladesh, very few of them consider small-scale fisheries-related issues. Thus, a lack of institutions targeting coastal and marine fisheries is apparent [33]. This disadvantaged situation needs to be changed, considering the vulnerability of many fishing populations and the social and economic contribution of fisheries to the national economy.

The small-scale fisher's group are one of the most vulnerable groups exposed to disaster risks and climate change impacts. Thus, the SSF Guidelines (which was endorsed by the Food and Agricultural Organizations of the United nations) [42] are an appropriate and timely instrument for initiating policy change to make small-scale fisheries more resilient [4].

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**Table 7.** Legal, policy and institutional frameworks to climate change responses of small-scale fishers in Bangladesh (modified from [33]).

Legal and Policy Framework	Provisions/Aims and Possible Linkages with Climate Change Responses of Small-Scale Fishers
Disaster Management Act of 2012	<ul> <li>Mitigate and adapt to potentially adverse climate change impacts and hazardous events on a legal basis.</li> <li>Fund risk management related to disaster and climate change impacts.</li> <li>Provide necessary assistance for affected vulnerable communities, especially for ultra-poor people (the many small-scale fishers are among the ultra-poor and vulnerable).</li> <li>Penalty and imprisonment for facilitate saline water intrusion or flood water in any area for own interest or with negligence.</li> <li>Compensation for human-created disasters for individuals or firms.</li> <li>Emergency assistance for the most vulnerable people.</li> <li>Prepare guidelines for disaster management committees at all levels and implement them</li> </ul>
National Plan for Disaster Management (NPDM)	<ul> <li>according to specific plans.</li> <li>This plan's vision is to take effective measures protecting Bangladesh's vulnerable population from the adverse effects of climate change and global warming.</li> </ul>
Standing Orders on Disaster (SOD)	<ul> <li>The Department of Fisheries is responsible for providing immediate support, relief, rehabilitation, reconstruction, and recovery to affected small-scale coastal fishers.</li> <li>To ensure social justice for fishers in relief activities (both governmental and non-governmental) at the local level.</li> </ul>
National Plan for Disaster Management 2010–2015	<ul> <li>Special protection for poor and vulnerable people at risk of natural and human-induced hazards by the government in coordination with NGOs and international organizations.</li> </ul>
Bangladesh Climate Change Strategy and Action Plan (BCCSAP)	<ul> <li>Provide essential services such as housing for the poorest and most vulnerable people and ensure food security and employment.</li> <li>Ensure development and enhance capacity building in governmental agencies, civil society and private sectors.</li> </ul>
Comprehensive Disaster Management Program (CDMP)	<ul> <li>Create a national framework for Climate Risk Management and Disaster Risk Reduction for understanding climate change risks, impacts, and implications, with sectoral and cross-sectoral perspectives.</li> <li>Introduce a holistic, multi-hazard approach for reducing the nation's vulnerability;</li> <li>Develop funding and awareness of hazard risks and adaptation to climate change impacts.</li> </ul>
National Disaster Management Policy (NDMP) 2015	<ul> <li>Disaster risk management fund.</li> <li>Disaster risk management from an ecosystem-based approach.</li> <li>Assessment and management of disaster risk in the fisheries sector through community participation.</li> </ul>
Seventh Five Year Plan 2016–2021	<ul> <li>Develop plans, policies, and programs for mainstreaming risk reduction and climate change adaptation principles.</li> <li>Gradually expand training efforts and national training capacity to sustain the program.</li> </ul>
Institutional Framework	Activities Related to Climate Change Responses of Small-Scale Fishers
Ministry of Disaster Management and Relief (MoDMR)	<ul> <li>A paradigm shift in disaster management from conventional response and relief to a more comprehensive risk reduction culture.</li> <li>Promotion of food security as an essential factor in ensuring the resilience of communities when faced with hazard impacts.</li> <li>Safety net programs for poor and vulnerable communities.</li> </ul>
Department of Disaster Management (DDM)	Relief and assistance for the capacity building of vulnerable and poor people through coordinating between the government and NGOs.
District, Upazila and Union Disaster Management Committee	Activities to evacuate and rescue vulnerable and affected people to safe places through the coordination of government, NGOs, and volunteer organizations.
Cyclone Preparedness Program (CPP)	Community-based disaster management system on the coast for warning, relief, and rehabilitation.

The SSF guidelines rightly mention and state the different vulnerabilities of various sectors for small-scale fisheries and develop specific policies and plans. The guidelines also address climate change adaptation, mitigation, emergency response, and disaster preparedness through consultation with local fishing communities. These adaptations and policies can be steered effectively in societal responses for sustaining small-scale fisheries [14]. Considering the ecological perspective, the riverine habitats and migration routes of hilsa should be rehabilitated by dredging silted river channels to improve and sustain the river flow and riverine ecosystem. Another set of required actions is natural de-siltation (tree plantation) in order to prevent siltation and improve the flow of the rivers and their tributaries. The indiscriminate discharge of various wastes, chemicals, and industrial effluents into aquatic habitats must be regulated to control rivers, estuaries and seas [29]. In addition, to cease

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siltation in natural river de-siltation, tree plantation should be adopted. These efforts may help in 'building back better' small-scale fisheries as stipulated in the SSF Guidelines. Climate change risks are affecting small-scale fisheries in Bangladesh at different spatial and temporal scales. Thus, in line with the SSF Guidelines, an integrated and holistic approach that includes cross-sectoral collaboration is required. In the present study, different human-induced, non-fisheries-related factors like pollution, coastal erosion, and destruction of coastal habitats have been found to undermine fishing communities' livelihoods. These communities' abilities to adapt to the possible impacts of climate change need to be increased. Ecosystem-based fisheries management will be the right step forward.

In terms of post-disaster intervention, short-term loss and damage tend to draw the attention of policy makers and donor agencies, while the long-term residual impacts of extreme events receive less attention [33]. However, effective anticipation and knowledge are required to reduce future losses and damage [33]. To achieve this objective, long-term development strategies are required throughout the emergency sequence, including in the immediate relief phase, rehabilitation, and reconstruction. Furthermore, a recovery measure should include reducing vulnerabilities to potential future threats. The concept of 'building back better' should be applied in disaster response and rehabilitation (SSF Guidelines, para. 9.7) [42]. Security in offshore fishing needs to be ensured through accurate and timely warning systems and lifesaving opportunities onboard. Moreover, on land, fishing settlements need to be further protected through concrete embankments and a mangrove bio-shield. For this existing artificial mangrove, plantation should be strengthened to protect the land from siltation and to reduce the intensity of strong winds. Ensuring easy access to and safety in cyclone shelters alongside the expansion of necessary facilities should be other priorities. To ensure long-term resilience and well-being, essential civic facilities, such as access to safe drinking water, sanitation, and community medical facilities should also be provided. This might be achieved through small-scale fishing communities' transparent access to adaptation funds, facilities, and culturally appropriate technologies (SSF Guidelines para. 9.9) [42].

## 6. Conclusions

The present study was undertaken to assess the impacts of climate change on the hilsa fishery system and the adaptive measures taken by fisher communities in Bangladesh's coastal region. The study found that climate change has enormous adverse effects on the country's most impoverished fishing communities by affecting their livelihood assets, specifically by reducing the hilsa stock upon which their livelihoods are based. Climate change has potential impacts on the life cycle stages and migration patterns of hilsa. Furthermore, damage to physical assets, fishing equipment, houses, and infrastructure, for instance, intensify these communities' vulnerability. In the coming decades, the vulnerability of hilsa fishers' livelihoods may substantially increase because of climate change. Heavy dependence on climate-vulnerable hilsa shad species risk the livelihood failure of fishers if the stock collapses. Such changes in fish production and subsequent impacts on fishery-based livelihoods will have significant implications for achieving the UN Sustainable Development Goals [14]. Based on this study's findings, it is essential to ensure increased hilsa production through limiting anthropogenic causes because fishers' livelihoods are based on it. Providing a suitable environment and conservation of hilsa is necessary. Security in deep sea fishing was said to be the highest priority of hilsa fishers. The modernization of fishing technology (such as higher quality fishing boats) and radio signaling may help save lives reduce damage to fishing assets, particularly from cyclones. Possible initiatives need to be undertaken to protect physical infrastructure. Priority should be given to constructing cyclone shelters at a reasonable distance from the sea and with adequate facilities. The government and/or NGOs should support or provide an alternative source of income-generating opportunities for coastal fishing communities when they have no work available in order to reduce their livelihood vulnerability. It is also vital to make a list of actual victims to support them properly. Access to less expensive financial credit through institutional reform may help to transform fishing, build human capital, facilitate necessary migration, and assist the diversification of livelihoods. The SSF

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Guidelines have important provisions on making small-scale fishers more resilient. This article has mainly focused on households and the community scale. Although this research attended to both fish and fishers, more intensive research is needed to analyze the impacts of climate change on hilsa fish biology. A further study might consider fishers' performances toward alternative livelihoods.

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