

Superiority of EHO-85, a novel amorphous antioxidant hydrogel, containing an extract of *Olea europaea* leaves, over a standard hydrogel in accelerating early wound healing. A randomized controlled trial.

SUPPORTING INFORMATION

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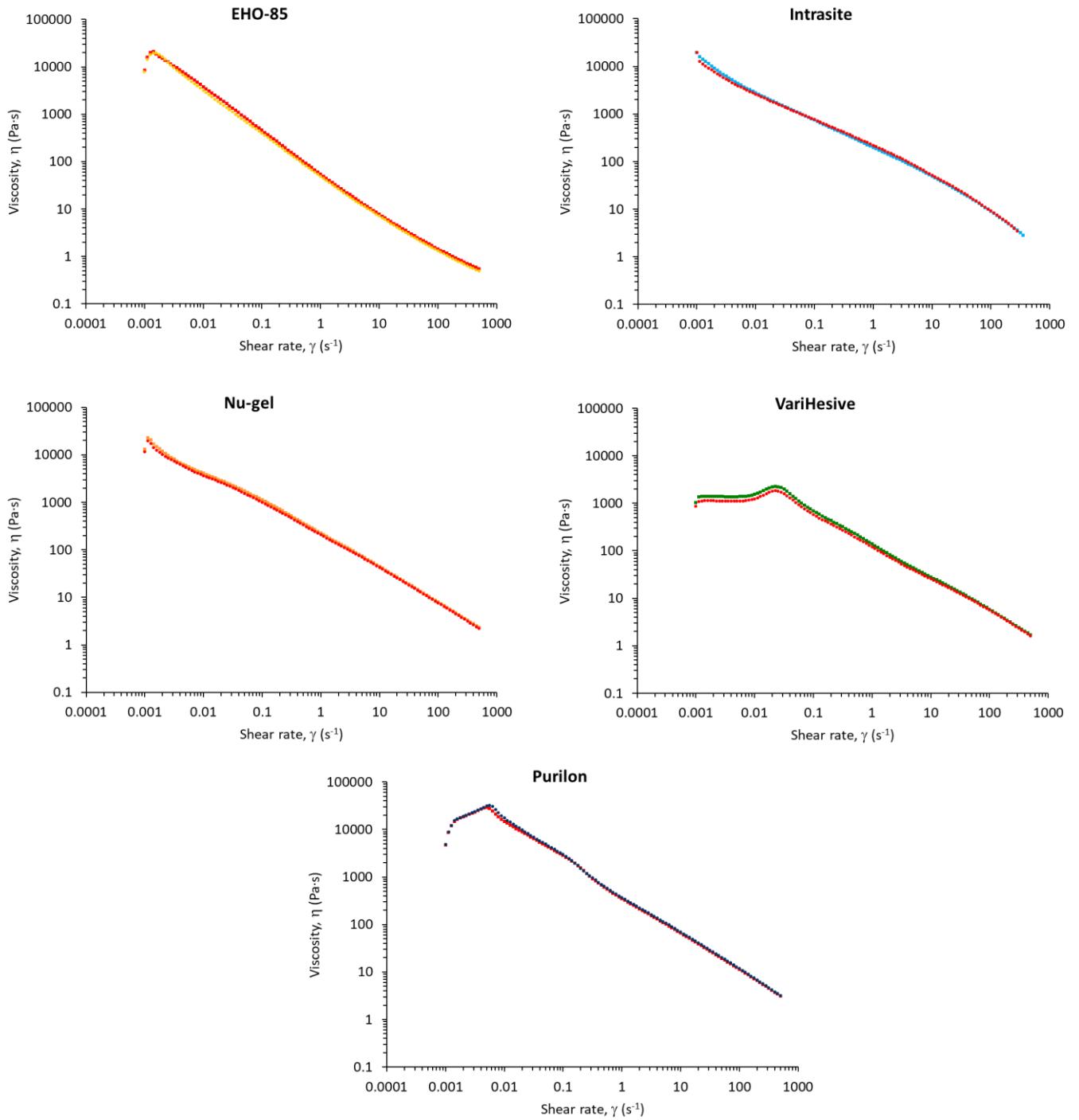


Figure S1. Flow curves, showing the viscosity as a function of shear rate (two replicates), for the five hydrogel samples (EHO-85, Intrasite, Nu-gel, VariHesive and Purilon). The results of the two replicates are shown. The differences between replicates is small and the two curves overlap each other, confirming the reproducibility of these rheological determinations.



Figure. S2. Visual aspect of the different gel samples (EHO-85, Purilon, VariHesive, Intrasite and Nu-gel). The EHO-85 formulation was denoted as “Ulcox”. Samples were gently placed on a horizontal surface, allowed to rest for a few seconds and photographed from a vertical perspective. Then, the shear rate can be considered to be approximately zero. Intrasite and Nu-gel were quite stiff gels, while VariHesive appeared as the most fluid product. EHO-85 and Purilon seemed to have intermediate fluidity.

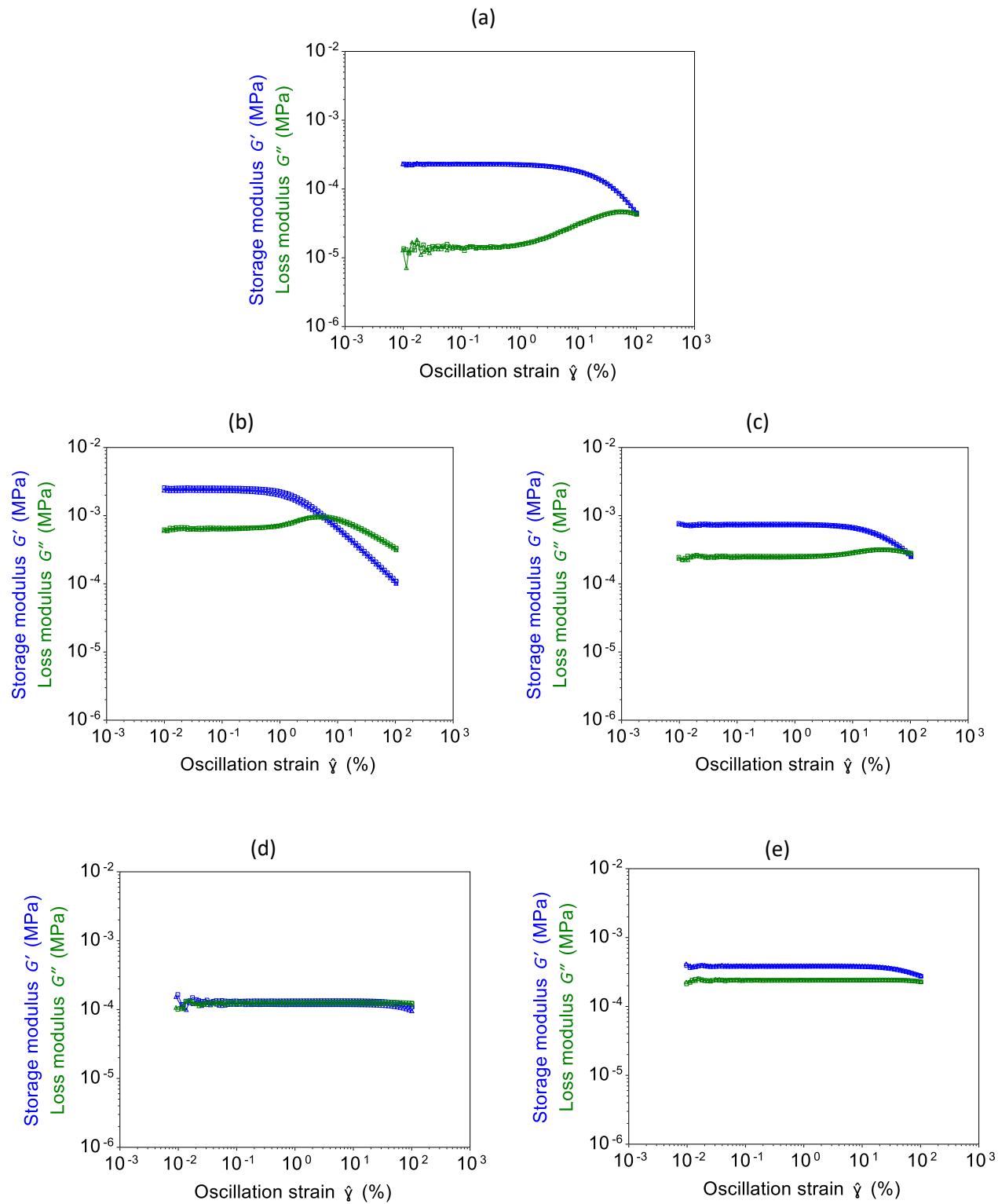


Figure S3. Strain sweep of gel samples. Plots show storage (elastic) modulus G' and loss (viscous) modulus G'' , as a function of strain. (a) EHO-85, (b) Intrasite, (c) Nu-gel, (d) VariHesive and (e) Purilon.

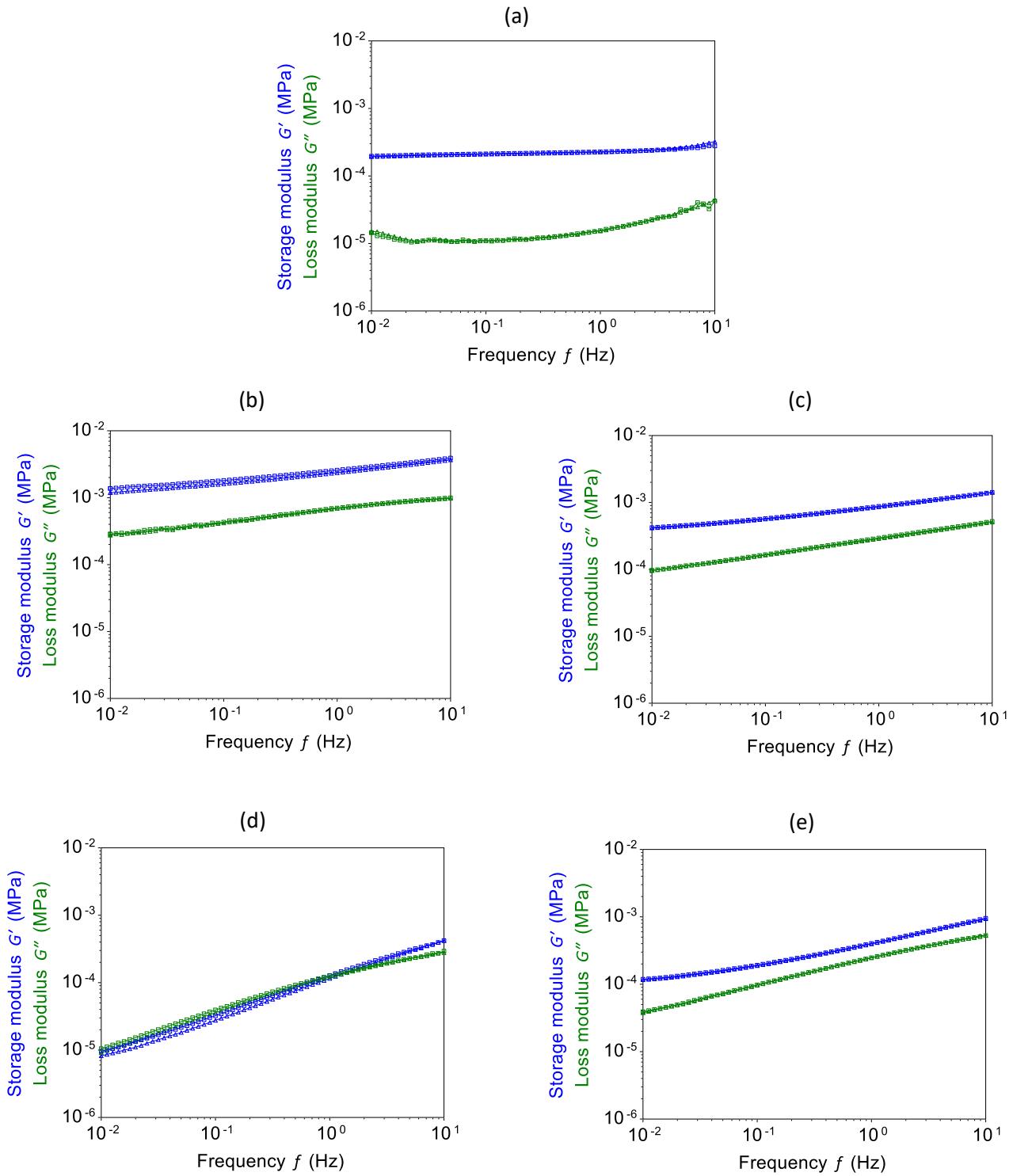


Figure S4. Frequency sweep of gel samples. Graphs show storage (elastic) G' and loss (viscous) modulus G'' , as a function of frequency. (a) EHO-85, (b) Intrasite, (c) Nu-gel, (d) VariHesive and (e) Purilon

Table S1. Baseline characteristics of patients. According to the planning of clinical investigation, only one ulcer per patient was treated. Only patients able to complete the questionnaire are shown.

Characteristic	EHO-85 (<i>n</i> = 103) Mean ±SD or <i>n</i> (%)	VariHesive (<i>n</i> = 92) Mean ±SD or <i>n</i> (%)	<i>p</i>
Sex, women	70 (68.0%)	59 (64.1%)	0.68
Age, years	78.0 ±13.1	79.5 ±14.8	0.18
BMI, kg/m²	27.4 ±6.0	28.8 ±8.1	0.36
Ankle/brachial index (ABI), VLU only	1.0 ±0.2	1.0 ±0.2	0.98
Diabetes mellitus	41 (39.8%)	30 (32.6%)	0.37
Current smoker	7 (6.8%)	5 (5.4%)	0.31
Alcohol intake	9 (8.7%)	7 (7.6%)	0.98
Place of patient care			0.74
Health center	22 (21.4%)	24 (26.1%)	
Own home	52 (50.5%)	44 (47.8%)	
Nursing center	29 (28.1%)	24 (26.1%)	
Autonomy level			0.18

Characteristic	EHO-85 (<i>n</i> = 103) Mean ±SD or <i>n</i> (%)	VariHesive (<i>n</i> = 92) Mean ±SD or <i>n</i> (%)	<i>p</i>
Can walk easily	22 (21.4%)	24 (26.1%)	
Some difficulty to walk	45 (43.7%)	47 (51.1%)	
Unable to walk, bedridden	36 (34.9%)	21 (22.8%)	
Blood test			
Serum albumin (3.40 to 5.0 g/dl)	3.7 ±0.5	3.5 ±0.5	0.13
Creatinine clearance (80 to 120 ml/min)	105.1 ±46.8	107.3 ±57.1	0.93

Table S2. Description of ulcers and prior treatments.

Characteristic	EHO-85 (<i>n</i> = 103) Mean ± SD or <i>n</i> (%)	VariHesive (<i>n</i> = 92) Mean ± SD or <i>n</i> (%)	<i>p</i>
Etiology			0.81
Venous	36 (34.9%)	36 (39.1%)	
Pressure	62 (60.2%)	51 (55.4%)	
<i>EPUAP II</i>	42 (67.7%)	33 (64.7%)	
<i>EPUAP III</i>	20 (32.3%)	18 (35.3%)	
Diabetic foot	5 (4.9%)	5 (5.4%)	
<i>Wagner I</i>	2 (40.0%)	3 (60.0%)	
<i>Wagner II</i>	3 (60.0%)	2 (40.0%)	
Total number of ulcers per patient ^a			0.65
1	68 (66.0%)	55 (59.8%)	
2	19 (18.5%)	19 (20.6%)	
≥3	16 (15.5%)	18 (19.6%)	
Evolution time, months	7.1 ± 8.5	8.2 ± 9.4	0.56
Duration, >6 months	35 (34.0%)	34 (37.0%)	0.78
Wound area, cm²	5.4 ± 9.0	3.4 ± 4.2	0.45
Wound area, >10 cm²	28 (27.2%)	25 (27.2%)	1.00
Granulation tissue, over total ulcer (%)	71.0 ± 40.4	79.9 (35.6)	0.14

Characteristic	EHO-85 (<i>n</i> = 103) Mean ± SD or <i>n</i> (%)	VariHesive (<i>n</i> = 92) Mean ± SD or <i>n</i> (%)	<i>p</i>
Exudate			0.82
None	14 (13.6%)	9 (9.8%)	
Low	47 (45.6%)	45 (48.9%)	
Intermediate	36 (35.0%)	34 (37.0%)	
High	6 (5.8%)	4 (4.3%)	
Recurrent ulcer	35 (34.0%)	31 (33.7%)	1.00
Previous hospitalizations due to treated ulcer	9 (8.7%)	3 (3.3%)	0.20
Ulcer pain			0.77
No pain nor discomfort	16 (28.6%)	14 (28.6%)	
Slight pain or discomfort	17 (30.4%)	19 (38.8%)	
Moderate pain or discomfort	19 (33.9%)	15 (30.6%)	
Intense pain or discomfort	4 (7.1%)	1 (2.0%)	
Extreme pain or discomfort	0 (0.0%)	0 (0.0%)	
Cures during previous month			0.75
Cure in dry environment	16 (15.5%)	16 (17.4%)	
Cure in moist environment	82 (79.6%)	74 (80.4%)	
Both	2 (1.9%)	0 (0.0%)	

Characteristic	EHO-85 (<i>n</i> = 103) Mean ± SD or <i>n</i> (%)	VariHesive (<i>n</i> = 92) Mean ± SD or <i>n</i> (%)	<i>p</i>
Unknown	3 (2.9%)	2 (2.2%)	
Debridement in last month	45 (43.7%)	39 (42.4%)	0.97
Sharp/surgical debridement, 24 to 72 h before visit 1	9 (8.7%)	16 (17.4%)	0.11

Table S3. List of collaborating nurses (sub-investigators) by centers

Clinical Trial Centers and Principal Investigator	Nurse researchers	Health-center and nursing-centers
Centro Salud Huerta de la Reina Francisca Cuevas Pareja (PI)	Jose Juan Garés Laguna Adoración Muñoz Alonso	Centro Salud Huerta de la Reina Centro Salud Huerta de la Reina
	Fernanda Moreno Vargas Ana Belén Castellano Cano María Antonia Salcines Muñoz Francisco Escribano Villanueva Francisca Tocado Narganes	Centro Salud Huerta de la Reina Centro Salud Huerta de la Reina
Centro Salud Levante Sur	<i>Juana Pérez Valero</i>	Centro Salud Levante Sur
<i>María Muro Guerrero (PI)</i>	<i>Teresa Rubio Berlanga</i>	Centro Salud Levante Sur
	<i>Margarita Madrid Querol</i>	Centro Salud Levante Sur
	<i>Eva María Luque Marin</i> <i>Francisco Manuel Jurado Rojo</i> <i>Rafaela Simoni Pedrera</i>	Centro Salud Levante Sur Centro Salud Levante Sur Centro Salud Levante Sur
	<i>Matilde Membrillo Fuentes</i>	Centro Salud Levante Sur
	<i>Antonio García Ocaña</i>	Centro Salud Levante Sur
	Francisco López Torres <i>Montserrat Encuentra Lerma</i> Lidia Gutiérrez Sánchez Aurora Servanda Martínez Pérez Brígida Jurado Galván	Centro Salud Levante Sur Centro Salud Levante Sur Centro Salud Levante Sur Centro Salud Levante Sur Centro Salud Levante Sur
Centro Salud Levante Norte	Carmen Canales Salguero	Centro Salud Levante-Norte
Antonia Carmona Priego (PI)	Manuel Toledano Estepa Carmen María Fuentes Madrid Antonio Emilio Martínez Más Pilar Ortiz Morales Maria Dolores Rubio González Sacramento Rosel Castro Carmen María Rodríguez Garriguet Carmen Albañil Albalá Belén Jiménez Holgado	Centro Salud Levante-Norte Centro Salud Levante-Norte
Centro Salud Lucano	Mª Angeles Rodríguez Castillo Antonia Becerra Fernandez Jose Manuel Fernández Granados Manuela Hidalgo Morillo Antonio Jesús Cecilia Moral Matilde Cano Merlo	Centro Salud Lucano Centro Salud Lucano Centro Salud Lucano Centro Salud Lucano Residencia Santísima Trinidad Residencia Santísima Trinidad
Centro Salud Occidente	Manuela Urbano Priego	Centro Salud Occidente
Caridad Dios Guerra (C)	Maria Dolores López Espejo Rosalía Serrano Berni María Azahara García Bono Carmen Fernández Gutierrez María Salud Nieto González Rosario Dios Guerra	Centro Salud Occidente Centro Salud Occidente Centro Salud Occidente Consultorio El Higuerón Consultorio El Higuerón Consultorio Villarrubia
Centro Salud Poniente	Magdalena García Carrasco Manuel Moreno Rodríguez Inmaculada Guzmán Castilla Araceli Alcaide Guirao Teresa Martinez de la Torre Luis Heredia Borrego Rosell de la Oliva Ramírez Sergio Garrido Bollo Jorge Rafael Padilla Maestre Palomira I. Gallego Huertas	Centro Salud Poniente Centro Salud Poniente
Centro Salud Santa Rosa	Angela María González García	Centro Salud Santa Rosa
Santiago Cruz Velarde (PI)	Federico Urbano Ramirez Milagrosa Aguilar Villalba Mª Carmen Luna Poyato Sonia Calero Juárez Cristina López Olivares Ana Pozo Olivares Juan Jose García Zamudio Teresa Ruiz López Mª Encarnación Pulido Sanchez Pilar Conde Moya	Centro Salud Santa Rosa Centro Salud Santa Rosa Centro Salud Santa Rosa Centro Salud Santa Rosa Residencia ORPEA Centro Residencia ORPEA Centro Residencia ORPEA Centro Residencia ORPEA Sierra Consultorio Bda. El Naranjo Consultorio Bda. El Naranjo

Clinical Trial Centers and Principal Investigator	Nurse researchers	Health-center and nursing-centers
Centro Salud Montilla (cont.) María Dolores de la Cruz Hidalgo (PI)	María José Pérez Pérez Marcos Bellido Sánchez Verónica Galán Marín Carmen María Comino Montilla	Centro Salud Montilla Residencia San Juan de Dios Residencia San Juan de Dios Residencia San Juan de Dios
Centro Salud Lucena I y II Antonio José Rivas Ogalla (PI)	Nicolasa García Gallardo María Isabel Luna Corredera Inmaculada Cañete Muñoz María Luisa González Delgado Inmaculada Jiménez Corredera Juan B. Guerrero Muñoz Antonio Martos Cárdenas	Centro Salud Lucena Centro Salud Lucena Centro Salud Lucena Centro Salud Lucena Centro Salud Lucena Centro Salud Lucena Centro Salud Lucena
Centro Salud Cabra Matilde Romero López (PI)	Purificación María Servian Rodríguez Leonardo Llado Salas Gertrudis Roldán Molina María Pilar Esteo Domínguez María del Rosario Altés Comino María Teresa Aguilar del Río José Manuel Chacón Jiménez María Ruz Ruiz María del Mar Moreno Ruiz Juan Rabadán López Ana Ortiz Roldán Mª Sierra Pérez Gallego María José Cubero Muñoz Angeles Lopera Parraga Alba María Pérez-Vico Contreras	Centro Salud Cabra Centro Salud Cabra Residencia PROMI Residencia PROMI Consultorio Doña Mencía Consultorio Nueva Carteya Consultorio Nueva Carteya
Centro Salud Fernan Nuñez Isabel Alcaide Aguilar (PI)	Miguel García Jiménez Ana Arjona Martín María Angeles Carmona López María Jesús Pérez Cobos	Centro Salud Fernan Nuñez Centro Salud Fernan Nuñez Centro Salud Fernan Nuñez Centro Salud Fernan Nuñez

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