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Development of Wood Composites from Recycled Fibres Bonded with Magnesium Lignosulfonate

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Abstract: The potential of producing ecofriendly composites from industrial waste fibres, bonded with magnesium lignosulfonate, a lignin-based formaldehyde-free adhesive, was investigated in this work. Composites were produced in the laboratory using the following parameters: a hot press temperature of 210 °C, a pressing time of 16 min, and a 15% gluing content of magnesium lignosulfonate (on the dry fibres). The physical and mechanical properties of the produced composites were evaluated and compared with the European Standard (EN) required properties (EN 312, EN 622-5) of common wood-based panels, such as particleboards for internal use in dry conditions (type P2), load-bearing particleboards for use in humid conditions (type P5), heavy-duty load-bearing particleboards for use in humid conditions (type P7), and medium-density fibreboards (MDF) for use in dry conditions. In general, the new produced composites exhibited satisfactory mechanical properties: a bending strength (MOR) (18.5 N·mm⁻²) that was 42% higher than that required for type P2 particleboards (13 N·mm⁻²) and 16% higher than that required for type P5 particleboards (16 N·mm⁻²). Additionally, the modulus of elasticity (MOE) of composites (2225 N·mm⁻²) was 24% higher than that required for type P2 particleboards (1800 N·mm⁻²) and equivalent to the required MOE of MDF panels for use in dry conditions (2200 N·mm⁻²). However, these ecofriendly composites showed deteriorated moisture properties, i.e., 24 h swelling and 24 h water absorption, which were a distinct disadvantage. This should be further investigated, as modifications in the lignosulfonate formula used and/or production parameters are necessary.

Keywords: wood composites; waste fibres; magnesium lignosulfonate; bioadhesives

1. Introduction

Optimisation of resource efficiency is one of the key objectives to implement the principles of circular economy and face the challenges of increased demand for wood and wood-based products worldwide. Cascading use of lignocellulosic resources, defined as "the efficient utilisation of resources by using residues and recycled materials for material use to extend total biomass availability within a given *system*", is one of the leading principles for achieving this goal [1,2]. Every year, pulp and paper industries generate significant quantities of nonhazardous solid waste and sludge, which require efficient utilisation as waste materials or by-products [3,4]. Pulp and paper sludge contains fibres and can therefore be re-used for the manufacturing of new composites [5–9].

Conventional adhesive systems used for wood composites are commonly made of fossil-derived constituents, which are based on formaldehyde, urea, phenol, melamine, and/or isocyanates [10–13]. Due to their high reactivity, chemical versatility, cost effectiveness, and technological performance regarding their strength of adhesion and moisture resistance, formaldehyde-based polycondensation



adhesives have been widely used in wood-based panel industries [14–20]. Nonetheless, they have a major disadvantage, that is, their hazardous emission of volatile organic compounds (VOCs), such as formaldehyde, from finished panel products, especially in indoor environments [21,22]. In 2004, formaldehyde was reclassified from "probable human carcinogen" to "known human carcinogen" by the International Agency for Research on Cancer [23]. This, combined with increased environmental concerns, has changed the trend in the global wood industry from synthetic formaldehyde-based adhesives towards the development of biobased adhesives for the production of green composites [11–13,24–35]. This term, "green composites", refers to composites fabricated from both natural fibres and a biobased matrix [36,37]. Thus, such new wood composites, having acceptable physical and mechanical properties, can offer several important advantages, such as renewability,

Following cellulose, lignin is the second most abundant polymer encountered in nature [44]. With an estimated 300 billion tons in the biosphere and an annual re-synthesis of ca. 20 billion tons [45,46], it is present in wood, grass, agricultural residues, and other plants [47]. In addition, lignin is considered as a valuable byproduct of the chemical pulping process of wood (i.e., lignosulfonates originating from the sulphite pulping process and kraft lignin from the sulphate pulping process), with an annual accumulation of more than 50–75 million tons worldwide [27,48,49]. Nevertheless, only 10% of technical lignin is further utilised industrially; the rest of it is mainly incinerated for energy purposes or remains unutilised [50–52]. Thus, lignin appears to be an abundant and renewable raw material for value-added chemicals [53], as well as for wood adhesives [12,13,26,32,54–61]. Due to its phenolic structure, lignin has favourable properties, such as high hydrophobicity and low polydispersity, for the formulation of new adhesives suitable for the wood-based panel industry [62]. However, the aromatic structure of lignin lowers the reactivity of the resin, which represents a significant drawback in applications where fast-curing times are needed.

biodegradability, and lower production costs [26,32,33,38–43].

Lignosulfonates (R-SO3H), the salts of lignin sulfonic acid, are one of the main sources of technical lignins. They are water-soluble anionic polyelectrolytes obtained as the byproducts of the sulphite process in which delignification of wood is performed by means of HSO₃⁻ and SO₃²⁻ ions [63,64]. Lignosulfonates derived from sulphite lignin processing have a relatively high molecular weight (15,000–50,000 g·mol⁻¹), a high content of inorganics (up to 25%), and a sulphur content of approx. 8% [49,65]. Lignosulfonates are produced as dry solids in relatively large quantities, e.g., the annual production is approximately 1.1 million tons [66,67]. Increased scientific and industrial interest in lignin-originating compounds, including lignosulfonates, is due to the phenolic structure of lignin allowing partial replacement of phenol (C₆H₆O) in the formulation of lignin–phenol–formaldehyde (LPF) resins to formulate adhesives for wood products [12,28,68–71], in order to decrease production costs and reduce toxicity. The use of unpurified sulphur-containing lignosulfonates results in lower reactivity of the resin, leading to extended pressing times [72,73]. In order to use lignosulfonates as main components of adhesives, this lower reactivity should be compensated by a suitable cross-linker [26] or by modifying the parameters for the production of new composites [74,75].

The aim of this research work was to investigate the potential of producing ecofriendly composites from waste wood fibres, bonded with a lignin-based adhesive, namely, magnesium lignosulfonate, complying with the requirements of the European Standards.

2. Materials and Methods

Industrial waste fibre mass (Figure 1) composed of two softwood species, namely, Scots pine (*Pinus silvestris* L.) and Norway spruce (*Picea abies* Karst.), oven dried to 12% moisture content, was supplied by the company Mondi Stambolyiski EAD, a Bulgarian paper mill (Stambolyiski, Bulgaria). The bulk density of it was 4468 kg·m⁻³. The main fibre fraction appeared to have a length between 500 and 1000 μ m and a reduced lignin content of 7%.



Figure 1. Industrial waste fibre mass (photo by V. Savov).

Magnesium lignosulfonate additive (CAS No. 8061-54-9), which is named Borresperse 390 Paper (Borregaard, Germany), was utilised as a main binder at 15% gluing content on the dry weight of the fibres. This additive had the following characteristics: magnesium content: 6%; reduced sugars: 7%; sulphate content: 2%; and total solids content: 51.2%. European beech (*Fagus sylvatica* L.) veneer sheets, having a thickness of 1.1 mm and a moisture content of approximately 8%, provided by the company Welde Bulgaria AD (Troyan, Bulgaria), were used for veneering the surface layers of the composites.

Firstly, fibreboards were produced in the laboratory at a thickness of 16 mm and a target density of 720 kg·m⁻³. Industrial waste fibres were mixed with the lignosulfonate-based adhesive in a high-speed laboratory glue blender (850 min⁻¹). Hot pressing was performed in a laboratory press (PMC ST 100, Italy). The press temperature used was 210 °C. The pressing regime applied consisted of the following four stages: In the first stage, the pressure was increased to 4.5 MPa for 1 min, then, it was gradually decreased to 2.23 MPa for 3 min, followed by decreasing the pressure to 0.74 MPa for 10 min. The last pressing period was implemented at a pressure of 1.78 MPa for 2 min. Following hot pressing, the produced fibreboards were conditioned in a laboratory acclimatising chamber at 20 °C and 60% relative humidity, for a period of 7 days.

After that, the fibreboards were veneered with beech veneer sheets, using magnesium lignosulfonate as a binder, at a gluing content of 80 g/m². The applied veneering press factor was 1 min mm⁻¹ of panel thickness, at a pressure of 0.6 MPa and a press temperature of 200 °C.

The physical and mechanical properties of the new composites were determined according to the European Standards EN 310, EN 317, EN 322, and EN 323 [76–79]. Thickness swelling and water absorption tests were carried out for 24 h. Precision balance (Kern, Germany) with a readability of 0.01 g and a digital calliper with a readability of 0.01 g were used to determine the mass and dimensions of the test specimens, respectively. For measurement of the mechanical properties of the composites, a universal-material testing machine Zwick/Roell Z010 was used.

Formaldehyde emission of the fabricated composites was measured in the laboratory of the factory Kronospan Bulgaria EOOD (Veliko Tarnovo, Bulgaria) on four samples using the perforator method [80].

In the last part, variational and statistical analysis of the results was performed with the specialised software QstatLab 6.0.

3. Results and Discussion

3.1. Formaldehyde Emission

The formaldehyde emission of the produced composites was estimated to be 1.1 mg/100 g (\pm 0.1), according to the standard EN ISO (International Organization for Standardization) 12460-5 (2015). This emission value is exceptionally low and is considered as a zero formaldehyde value [13,80]. Formaldehyde is a naturally occurring compound in wood, formed by its main polymeric components (i.e., cellulose, hemicellulose, and lignin) or extractives [81,82]. Thus, the determined formaldehyde emission value, which is much lower than 2 mg/100 g, i.e., the emission of natural wood [13,26], allows for the defining of fabricated composites as ecofriendly composites.

3.2. Physical and Mechanical Properties

A summary of the physical and mechanical properties of the composites, comprising recycled wood fibres and magnesium lignosulfonate, is shown in Table 1. The respective variational and statistical data are also presented. The density of the composites varied from 681 to 772 kg·m⁻³, relatively close to the projected value. The difference in this main characteristic of the composites was significantly below 5%; thus, this will not have an effect on the other physical and mechanical properties.

Property	Average (Mean Value) \overline{X}	Standard Deviation S_x	Standard Error <i>m_x</i>	Probability (<i>p</i> -Value) <i>P_x</i> , %	Sample Size
Density ρ , kg·m ⁻³	743	23.9	7.5	1.0	10
Water absorption (24 h) <i>A</i> , %	168.4	12.9	4.1	2.4	10
Thickness swelling (24 h) <i>Gt</i> , %	82.8	5.9	1.9	2.3	10
Bending strength (MOR) <i>fm</i> , N·mm ⁻²	18.5	1.6	0.6	3.1	8
Modulus of elasticity (MOE) <i>Em</i> , N·mm ⁻²	2255	228	81	3.6	8

Table 1. Physical and mechanical properties of the laboratory-produced composites.

In order to analyse the technical properties of the produced composites, which were fabricated from recycled lignocellulosic fibres, bonded with magnesium lignosulfonate, and veneered with beech veneers (experimental boards; labelled as Eb), their physical and mechanical properties were compared with the minimum required properties of common wood-based panels, such as (i) particleboards for internal use (including furniture) in dry conditions (type P2), (ii) load-bearing particleboards for use in humid conditions (type P5), (iii) heavy-duty load-bearing particleboards for use in humid conditions (type P7) [83], and (iv) medium-density fibreboards (MDF) for use in dry conditions [84]. Particleboards of type P2 and MDF were selected, since they are the most commonly used panels. Particleboards of types P5 and P7 were selected because of the very stringent requirements in respect of their mechanical and swelling properties.

As is known in the art [10,11,13], water absorption (WA) and thickness swelling (TS) are critical physical properties, strongly related with the dimensional stability of wood-based composites. WA is not a standardised technical property; nonetheless, according to the literature [85], the WA of common MDF typically varies between 50% and 70%. In this work, the WA of the laboratory-fabricated composites was found to be approximately 168%, i.e., three times higher than that of a standard-grade MDF panel. Consequently, magnesium lignosulfonate, as a lignin-based compound, will require a chemical modification, among others, in order to increase its chemical reactivity and bonding efficiency [49,70].

A graphical representation of the TS of the compared wood-based composites is presented in Figure 2. The particleboard for internal use (type P2) is not included, as the thickness swelling limit is not required by the standard EN 312 (2010).



Figure 2. Thickness swelling of composites produced (experimental board: Eb). (Error bar represents the standard deviation.)

As seen in Figure 2, the composite Eb exhibited very high swelling values, i.e., 6 times higher than the minimum limit of MDF for use in dry conditions, 7 times higher than the minimum limit of load-bearing particleboards for use in humid conditions (type P5), and 9 times higher than the minimum limit of heavy-duty load-bearing particleboards for use in humid conditions (type P7).

In addition, a graphical representation of the mean bending strength (MOR) of composite Eb and the minimum required MOR limit values of typical wood-based panels is shown in Figure 3.



Figure 3. Bending strength (MOR) of the produced composite panels vs. MOR limit values of typical wood-based panels. (Error bar represents the standard deviation.)

The produced ecofriendly composite Eb exhibited very satisfactory bending strength properties, i.e., the MOR was 42% higher than the minimum required MOR value of particleboards for interior fitments

(type P2; 13 N·mm⁻²). Composite Eb showed higher MOR values as compared with the minimum accepted MOR for load-bearing particleboards for use in humid conditions (type P5; 16 N·mm⁻²). Furthermore, ecofriendly composite Eb exhibited a mean MOR strength of 18.5 N·mm⁻², which was slightly lower than the minimum MOR limit for MDF panels (i.e., 20 N·mm⁻²) and the minimum MOR for heavy-duty load-bearing particleboards for use in humid conditions (type P7; 20 N·mm⁻²). Thus, these MOR values were quite comparable. It should be noted that, typically, P7-type particleboards are heavy or very heavy wood panels, while the composite Eb produced in this work had significantly lower densities.

Finally, a graphical representation of the average modulus of elasticity (MOE) of composite Eb and the minimum required MOE limit values of selected wood-based panels is shown in Figure 4.



Figure 4. Modulus of elasticity (MOE) of the produced composite panels vs. MOE limit values of typical wood-based panels. (Error bar represents the standard deviation.)

The mean MOE of the composite Eb was found to be ca. $2225 \text{ N}\cdot\text{mm}^{-2}$. This value is 24% larger than the minimum accepted for particleboards for interior fitments for use in dry conditions (type P2; 1800 N·mm⁻²) and almost equivalent to the MOE limit value of MDF for use in dry conditions (2200 N·mm⁻²). The composite Eb showed a lower MOE property as compared with the minimum MOE limit of load-bearing particleboards for use in humid conditions (type P5; 2400 N·mm⁻²) and heavy-duty load-bearing particleboards for use in humid conditions (type P7; 3100 N·mm⁻²). Laboratory-made composites cannot be utilised for load-bearing applications, in which quite an increased load resistance is needed. As a whole, it is a positive outcome that developed ecofriendly composites exhibited much higher strength properties than the minimum required for particleboards for interior fitments, including furniture (type P2), and similar strength properties as compared to common MDF boards.

4. Conclusions

Ecofriendly composites with acceptable physical and mechanical properties according to ENs, except for thickness swelling, may be produced from industrial waste fibres, bonded with a lignin-based formaldehyde-free adhesive, namely, magnesium lignosulfonate. The composites were manufactured in the laboratory using 15% gluing content of magnesium lignosulfonate as a binder, following the covering of composites with beech veneers, also glued with magnesium lignosulfonate. As above, laboratory-fabricated composites showed quite satisfactory mechanical properties, such as MOR and MOE, which were higher than the minimum required for particleboards for interior fitments for use in dry conditions (type P2) and equivalent to the least required for MDF panels of standard grade.

Markedly, the produced ecofriendly composites had "almost zero" emission of formaldehyde (ca. 1.1 mg per 100 g of composite), as measured by the standard perforator method.

Nonetheless, the produced composites exhibited a deteriorated dimensional stability, as found in panel properties like thickness swelling and water absorption (24 h), which was a major drawback; this disadvantage could be resolved by modifications of the lignosulfonate formula. Therefore, future research should focus on optimising the production and pressing parameters, as well as further investigating the bonding mechanism between lignosulfonate and fibres.

Nevertheless, new ecofriendly composites represent promising alternatives to conventional wood-based panels, which utilise only petroleum-derived adhesives. As this research showed, waste fibres from the pulp and paper industries, as raw materials, can be efficiently utilised, and industrial waste discharge can be reduced, thus contributing to the implementation of circular economy principles.

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