

Article

MDPI

Abundance and Impacts of Competing Species on Conifer Regeneration Following Careful Logging in the Eastern Canadian Boreal Forest

Louis-Philippe Ménard¹, Jean-Claude Ruel^{1,*} and Nelson Thiffault^{1,2}

- ¹ Centre for Forest Research (CFR), Department of Wood and Forest Sciences, Université Laval, 2405 de la Terrasse, Québec City, QC G1V 0A6, Canada; louis-philippe.menard.1@ulaval.ca (L.-P.M.); nelson.thiffault@canada.ca (N.T.)
- ² Canadian Wood Fibre Centre, Canadian Forest Service, Natural Resources Canada, 1055 du P.E.P.S., P.O. Box 10380, Stn. Sainte-Foy, Québec City, QC G1V 4C7, Canada
- * Correspondence: jean-claude.ruel@sbf.ulaval.ca

Received: 4 February 2019; Accepted: 18 February 2019; Published: 19 February 2019



Abstract: Managing competing vegetation is crucial in stand establishment strategies; forecasting the abundance, composition, and impact of competing vegetation after harvesting is needed to optimize silviculture scenarios and maintain long-term site productivity. Our main objective was to identify factors influencing the short-term abundance and composition of competing vegetation over a large area of the Canadian boreal forest. Our second objective was to better understand the mid-term evolution of the regeneration/competing vegetation complex in cases of marginal regeneration conditions. We used operational regeneration surveys of 4471 transects sampled \approx 5 years after harvesting that contained data on regeneration, competing vegetation, elevation, ecological classification, soil attributes, and pre-harvest forest stands. We performed a redundancy analysis to identify the relationships between competing vegetation, harvesting and biophysical variables. We then estimated the probability of observing a given competing species cover based on these variables. In 2015, we re-sampled a portion of the sites, where conifer regeneration was marginal early after harvesting, to assess the temporal impact of different competing levels and species groups on the free-to-grow stocking, vigour and basal area of softwood regeneration. Results from the first inventory showed that, after careful logging around advance growth, ericaceous shrubs and hardwoods were not associated with the same sets of site attributes. Ericaceous shrubs were mainly found on low fertility sites associated with black spruce (Picea mariana (Mill.) BSP) or jack pine (Pinus banksiana Lamb.). The distinction between suitable environments for commercial shade-intolerant hardwoods and non-commercial hardwoods was less clear, as they responded similarly to many variables. Analysis of data from the second inventory showed a significant improvement in conifer free-to-grow stocking when commercial shade-intolerant hardwood competing levels were low (stocking 0%–40%) and when ericaceous shrubs competing levels were moderate (percent cover 26%–75%). In these conditions of marginal regeneration, the different types and intensities of competition did not affect the vigour or basal area of softwood regeneration, 9-14 years after harvesting.

Keywords: silviculture; natural regeneration; careful logging around advance growth; boreal forest; conifer; competing vegetation

1. Introduction

Stand renewal is a crucial step in any silvicultural system. At this stage, desired species can experience competition by a suite of species that can impact longer-term stand composition and

productivity. However, these effects are a function of the silvics of the desired species and the nature of competing vegetation.

Hardwoods can compete with conifers for light [1], water [2] and nutrients [3]. Competing problems seem to occur when hardwoods reach a certain density threshold that varies depending on species [4–6]. However, they can also facilitate conifer growth and survival. Facilitation can result from better protection against insects, disease, photoinhibition, photooxidation, temperature and moisture extremes [7,8], by improving soil productivity [9], or by nutrient gains through associations with mycorrhizae [10].

Ericaceous shrubs can quickly invade a site after disturbances such as fires or harvesting operations [11]. These plants may directly inhibit conifer growth through competition for nutrients [12]. Additionally, ericaceous shrubs can impede conifer germination and primary root growth through allelopathy [13]. Ericaceous shrubs can have long-lasting effects and lead to the formation of unproductive heaths [14]. However, the inhibition level and competition mechanisms affecting conifer growth may vary depending on ericaceous species, coniferous species and site types [14,15].

Management of competing vegetation requires an understanding of the factors influencing its abundance, its impacts on target species and the evolution of these relationships. Such factors include climate, site characteristics, and harvesting methods. Understanding the role of these factors would help focus vegetation monitoring and enable predicting sites where site preparation or tending operations will be required.

Our main objective was to identify factors influencing the short-term abundance and the composition of competing vegetation in a large area of the Canadian boreal forest. A second objective was to gain a better understanding of the medium-term impact on desired regeneration of intermediate levels of competition. To reach these objectives, a database of operational regeneration inventories was used, supplemented by an additional sampling of sites that initially presented marginal levels of conifer regeneration.

2. Materials and Methods

2.1. Study Area

The study area is located in northern Quebec, Canada, between $48^{\circ}29'34.44''$ N and $50^{\circ}47'44.16''$ N of latitude and 74°24′15.12″ W and 71°8′20.4″ W of longitude (Figure 1). Inventory sites are found in the western balsam fir (Abies balsamea (L.) Mill.)—paper birch (Betula papyrifera Marsh.) bioclimatic sub-region (which includes ecological regions 5c and 5d), the eastern black spruce (Picea mariana (Mill.) B.S.P.)—moss bioclimatic sub-region (which includes ecological region 6h), western black spruce—moss bioclimatic sub-region (which includes ecological regions 6c, 6d and 6g) and the northern part of the eastern balsam fir-yellow birch (Betula alleghaniensis Britt.) bioclimatic sub-region (which includes ecological region 4e) [16]. The climate is characterized by a mean annual temperature ranging from -2.0 to 2.5 °C and mean annual precipitations ranging from 850 to 1450 mm. Fires and insect outbreaks are the main disturbances driving forest dynamics in the study area. Conifer stands dominate in the northern part of the study region (85%, area-based), followed by mixedwood stands (5%–10%) and northern hardwood stands (2%–3%) [17]. The proportion of mixed and hardwood stands increases from north to south. The most common conifer species are black spruce, balsam fir and jack pine (Pinus banksiana Lamb.). The most common hardwoods are trembling aspen (Populus tremuloides Michx.) and paper birch. Even though they have commercial values, these hardwoods are often considered as competing species because they can impede the growth and survival of the more economically valuable conifers. Other common competing hardwoods are mountain maple (Acer spicatum Lam.), pin cherry (Prunus pensylvanica L. f.) and speckled alder (Alnus incana subsp. rugosa (Du Roi) J. Clausen) [18]. Ericaceous competition is mainly caused by bog Labrador tea (Rhododendron groenlandicum (Oeder) K.A. Kron and Judd), sheep laurel (Kalmia angustifolia L.) and blueberries (Vaccinium spp.) [19].



Projection: NAD83(CSRS) / MTM Zone 8

Figure 1. Location of the study area and sampling sites in Quebec (Canada). Gray dots represent transects from the 2007–2011 inventory and red dots represent transects that were re-sampled in 2015. Ecological regions are those defined by [16].

2.2. Post-Harvest Inventory

To understand factors influencing the short-term abundance and composition of competing vegetation, we used data collected operationally between 2007 and 2011 by AbitibiBowater Inc. (now Resolute Forest Products Inc.) in post-harvest regenerating stands. Monitoring was conducted within the first eight years (usually four or five years) following operational careful logging around advance growth. Sampling was conducted in north-oriented transects of 10 micro-plots separated 5 m from each other (Figure 2a). Each micro-plot consisted in two superimposed circular plots with radii of either 1.13 m (plots $\approx 4 \text{ m}^2$) for conifer observations, or 1.69 m (plots $\approx 9 \text{ m}^2$) for hardwood observations [20]. Data collected in each micro-plot consisted in (1) presence/absence of regenerating trees by species and height class (15–30 cm, 30–60 cm, 60–100 cm, >100 cm), and (2) percent cover for groups of competing species (ericaceous shrubs and non-commercial hardwoods) using 25%

classes (0%, 1%–25%, 26%–50%, 51%–75%, 76%–100%). Percent cover was collected by groups for non-commercial hardwoods and ericaceous shrubs. Using data from the micro-plots, we calculated stocking at the transect level by species (spruce sp., balsam fir, jack pine, trembling aspen, paper birch) and species groups (conifers, hardwoods).



Figure 2. (a) Configuration of the micro-plots in a transect used in the 2007–2011 monitoring of post-harvest regenerating stands. (b) Configuration of the plot and the microplots in a transect for the 2015 stratified inventory.

For each transect, metadata from the inventory was cross-validated using external data sources. Time since harvesting was determined from known harvesting dates, and harvesting seasons were verified using Landsat images. The presence/absence of delimbing areas, skidding cones and orthogonal trails were used to validate the use of cut-to-length or full tree harvesting methods. Sites that had been affected by wildfires since 1969 were eliminated from the database.

Transect altitude was determined from Quebec's topographic database. Pre-harvest forest stands and soil attributes were derived from the governmental forest ecological survey dataset [21]. Sites classified as alder groves, dry barrens or wet barrens were discarded, being considered as unproductive from a forest management perspective. As a result, 4471 transects were retained, representing 43,972 microplots distributed in 1277 cutblocks.

2.3. Re-Sampling of Sites with Marginal Regeneration Conditions

During summer 2015, we re-sampled 72 of the transects from the previous inventory to evaluate the evolution of regeneration in stands with free-to-grow stockings between 40% and 60% that were still accessible. Seedlings were considered free-to-grow when no vegetation within a 1 m radius exceeded half the height of the target tree [22]. The choice of focusing on this range of stocking was based on the fact that, five years after harvesting, a conifer stocking of 60% is about the minimum threshold for a stand to reach maximum yield at maturity [23] and a site is generally considered as non-regenerated when its commercial species stocking is less than 40% [24]. Between these two thresholds, conifer establishment success is uncertain. Sites were divided into three strata representing the initial level of competing vegetation (low, medium, high; see Table 1) and two strata representing the initial type of dominant competing vegetation (Table 1). Sites initially dominated by non-commercial hardwoods were not included in the stratification due to a lack of transects belonging to the "high" level of competition. Transects that had been submitted to mechanical site preparation and/or plantation were also avoided.

Based on the initial sampling, we established transects of 10 circular micro-plots separated by 5 m from each other, except for the fifth whose centre was distanced 7 m from the adjacent micro-plots (Figure 2b). Micro-plot areas and vegetation cover classes were similar to the initial inventory. In each micro-plot, we noted the presence/absence and free-to-grow status of regeneration by species and height class. Saplings were counted in a 5.64 m radius plot superimposed over the fifth micro-plot.

In this micro-plot, three sample trees representative of the modal height of the regeneration were selected; we noted the species, height, length of the live crown, length of the terminal shoot and length of the longest lateral branch of the last whorl. Tree height and length of the live crown were used to calculate live crown ratio [25]. Length of the terminal shoot and length of the longest lateral branch of the last whorl were used to calculate apical dominance ratio [26]. Live crown ratio and apical dominance ratio are two indices used to estimate conifer vigour.

Table 1. Distribution of transects in the stratified inventory based on dominance by competing vegetation groups and levels of competition.

Level of Competition	Type of Dominant Competing Vegetation			
	Commercial Shade-Intolerant Hardwoods	Ericaceous Shrubs		
Low	10	10		
Medium	13	14		
High	14	11		

Ericaceous shrubs: low = percent cover between 1%-25%, medium = percent cover between 26%-75%, high = percent cover between 76%-100%. Commercial shade-intolerant hardwoods: low = stocking between 0%-40%, medium = stocking between 40%-60%, high = stocking between 60%-100%.

2.4. Data Analysis

To identify factors influencing the abundance and composition of competing vegetation, we performed a redundancy analysis [27] (RDA) on data from the first inventory, using the *vegan* package [28] in R version 3.3.3 [29]. We split data into two matrices. The first matrix (the Y matrix) contained the dependent variables, namely, the percent cover of ericaceous shrubs, the percent cover of non-commercial hardwoods and the stocking of commercial shade-intolerant hardwoods. The second matrix (the X matrix) contained explanatory variables, namely, harvesting and forest characteristics such as pre-harvest stand dominant species group, type and year of the original disturbances, drainage, surficial materials, ecological region, elevation, harvesting method and harvesting season. Before the RDA, we kept explanatory variables containing more than 20 observations (n > 20), to detect reasonable size effects with reasonable power [30]. We also applied a Hellinger transformation to the Y matrix to give low weights to variables with low counts and many zeros and thus maintain an ecologically meaningful distance among sites in the ordination [31]. We also performed a forward selection using a double-stopping criterion [32] to select the best subset of explanatory variables and avoid strong multicollinearity. We verified multicollinearity by making sure variance inflation factors (VIF) were <10 for the explanatory variables [27].

To estimate the probability of observing a given competing species group according to harvesting and environmental characteristics, we performed a linear mixed-effects analysis [33] (LMM) of the commercial shade-intolerant hardwood stocking with the *lme4* package [34] in R. Degrees of freedom and p-values for the LMM were obtained using the *lmerTest* package [35]. We also performed two cumulative link mixed analyses [36] (CLMM) of the cover of non-commercial hardwoods and ericaceous shrubs with the *ordinal* package [37]. For LMM and CLMMs, cutblocks were used as a random effect factor and the X variables identified in the RDA were used as fixed effects. Commercial shade-intolerant hardwood stocking was used as a dependent variable for the LMM and percent cover of ericaceous shrubs or commercial shade-intolerant hardwoods were used as dependent variables for the CLMMs. We calculated a pseudo-R² for the LMM with the *MuMIn* package [38].

To evaluate the evolution of regeneration in stands with free-to-grow stockings between 40% and 60%, we performed four mixed analyses of variance (ANOVAs) [39] (also referred to as "nested ANOVA") using the *nlme* package [40] and the *anova* function of R. When a significant effect was detected (p < 0.05) for an interaction or a main effect, we proceeded to a pairwise comparison of the least square means with the *lsmeans* package [41]. For the first mixed ANOVA, we checked whether the competing cover type and level affected free-to-grow conifer stocking. To do so, we used the

conifer stocking measured in both inventories as dependent variables and the six strata of competing cover (Table 1), as well as the time of the inventory (1 for the first inventory, 2 for the second) as fixed effects. For the random effects, we used sites (to account for the repeated measures) and cutblocks (to account for the nested design). We tested for interaction between time and competing vegetation cover. For the second and third analyses, we asked if the competing level measured during the first inventory influenced the vigour of the conifer regeneration assessed at the second inventory. To do so, we relied on the two vigour indices (live crown ratio and apical index) and performed a mixed ANOVA using each of these as dependent variables and strata of competing covers as a fixed effect. We used cutblocks as a random effect to account for the nested design. Finally, we asked if the competing level measured in the first inventory influenced sapling basal areas measured in the second inventory. To do so, we used sapling basal area as a dependent variable and the six strata of competing covers as a fixed effect. To account for the nested design, we used cutblocks as a random effect design, we used cutblocks as a random effect.

3. Results

3.1. Variables Significantly Linked to Competing Vegetation Cover

Explanatory variables (Table 2) selected for the RDA accounted for 35.3% of the variation in the composition of competing vegetation; axes 1 and 2, respectively, explained 32.98% and 2.02% of the variance (Figure 3). Permutation tests indicated that the global model and canonical axes were significant at p = 0.001. Axis 1, which contains most of the information, contrasts conditions associated with ericaceous shrubs and those associated with other competing vegetation types. The ericaceous shrubs were positively correlated with imperfect drainage, altitude, hills of Lake Péribonka and pre-harvest stands dominated by black spruce (Figure 3). Hardwoods were negatively correlated with all the above and positively correlated to the hills surrounding Lake Saint-Jean, tills 50–100 cm thick, pre-harvest stands dominated by paper birch and pre-harvest stands dominated by both balsam fir and paper birch. Non-commercial hardwoods were also positively correlated to partial harvesting.



Figure 3. Redundancy analysis (RDA) ordination biplot showing the correlation between competing species groups (black arrows) and explanatory variables selected using a forward selection approach (grey arrows). Only variables with the highest contribution to axes RDA1 or RDA2 are labeled (i.e., coordinate on one axis was >90th quantile or <10th quantile of the distribution of variables coordinates on the same axis). Refer to Table 2 for variables description.

9	Code	Description			
Altitude	ALTITUDE	Altitude			
Drainage	DR20	Good			
0	DR31	Moderate and lateral			
	DR40	Imperfect			
	DR50	poor			
	4e	Plain of Lake Saint-Jean and Saguenay			
	5d	Hills surrounding Lake Saint-Jean			
Ecological region	6c	The plain of Lake Opemisca			
	6g	Hillsides of Lake Manouane			
	6h	Hills of Lake Péribonka			
	AE	Full tree harvesting, mechanical felling			
Harvesting method	BT	Cut-to-length logging, mechanical felling			
	MA	Chainsaw felling, skidding			
	AUT	Harvested in fall			
Harvesting season	ÉTÉ	Harvested in summer			
	HIV	Harvested in winter			
	CHP	Partial windthrow			
Pre-harvest stand's	CHT_M	Total windthrow			
original disturbance	СР	Partial harvesting			
	CT_M	Clearcutting			
	EL	Mild epidemic			
	BBBB	Betula papyrifera (>75% ^a)			
	BBBBE	Betula papyrifera (>75% ^a) with Picea mariana (>50% ^b)			
	BBBBS	Betula papyrifera (>75% ^a) with Abies balsamea (>50% ^b)			
	BBPE	Betula papyrifera (50%–75% ^a) with Populus tremuloides (25%–50% ^a)			
	BJmR	Betula alleghaniensis (25–50% of the basal area) with conifers			
	EBB	Picea mariana (>50% ^b) with Betula papyrifera (>50% ^a)			
Pre-harvest stand	EE	Picea mariana (>75% ^b)			
The full vest starte	EPG	Picea mariana (50%–75% ^b) with Pinus banksiana			
	ES	Picea mariana (50%–75% ^b) with Abies balsamea			
	PGE	Pinus banksiana (50%–75% ^b) with Picea mariana			
	PGPE	Pinus banksiana (> 50% ^b) with Populus tremuloides (> 50% ^a)			
	PGPG	Pinus banksiana (>75% ^b)			
	SBB	Abies balsamea (>50% $^{\rm b}$) with Betula papyrifera (>50% $^{\rm a}$)			
	SE	Abies balsamea (50%–75% ^b) with Picea mariana			
	D_1AY	Till (50–100cm)			
	D_1BP	Disintegration moraine			
Surficial materials	D_2A	Ice-contact deposits			
	D_2BE	Outwash			
	D_7T	Thin organic deposits			

Table 2. Description of the independent variables identified in the redundancy analysis and later used in the linear mixed model and the cumulative link mixed models.

^a of the hardwood basal area; ^b of the conifer basal area.

The linear mixed-effects (LMM) analysis predicting the probability of observing a given level of commercial shade-intolerant hardwoods had a marginal pseudo-R² of 0.34. Its coefficient estimates (Table 3) show that the chances of observing this group significantly increased in the presence of good drainage, full tree-harvesting, tills 50–100 cm thick, and pre-harvest stands dominated by paper birch and accompanied by trembling aspen. These chances significantly decreased in the presence of imperfect drainage, ecological regions 6g or 6h, winter harvesting, pre-harvest stands originating from total windthrow, clearcutting or mild epidemic, pre-harvest paper birch stands, pre-harvest stands containing black spruce or jack pine as a dominant or co-dominant species, disintegration moraine, ice-contact deposit, and outwash.

Theme	Variable	Estimate	Standard Error	df	t Value	Pr (> t)
-	(Intercept)	0.54370	0.05373	1531	10.120	<0.001
Altitude	ALTITUDE	0.00009	0.00008	1900	1.153	0.249
Drainage	DR20	0.07027	0.01119	4309	6.278	<0.001
-	DR31	-0.01313	0.02284	4464	-0.575	0.565
	DR40	-0.06080	0.01560	4452	-3.897	< 0.001
	DR50	-0.10780	0.06686	4468	-1.613	0.107
Ecological region	4e	0.06302	0.05910	1443	1.066	0.286
	5d	0.02577	0.01754	1470	1.469	0.142
	6c	-0.11330	0.07517	1213	-1.507	0.132
	6g	-0.13250	0.06537	2211	-2.027	0.043
	6h	-0.22990	0.02273	949	-10.116	<0.001
Harvesting method	AE	0.07429	0.02909	1068	2.554	0.011
	BT	-0.03012	0.02895	1061	-1.040	0.299
	MA	0.05013	0.05282	1333	0.949	0.343
Harvesting season	AUT	-0.04905	0.02591	1494	-1.893	0.059
	ÉTÉ	-0.01959	0.02511	1674	-0.780	0.435
	HIV	-0.11760	0.02502	1437	-4.699	<0.001
Pre-harvest stand's	CHP	-0.02564	0.02166	4470	-1.184	0.237
original disturbance	CHT_M	-0.19060	0.05479	4276	-3.480	<0.001
	CP	-0.01894	0.03065	3683	-0.618	0.537
	CT_M	-0.16920	0.03891	4439	-4.348	< 0.001
	EL	-0.04465	0.01382	4099	-3.232	0.001
Pre-harvest stand	BBBB	-0.05861	0.02013	3702	-2.912	0.004
	BBBBE	-0.09851	0.02590	4373	-3.804	<0.001
	BBBBS	-0.04788	0.03123	4303	-1.533	0.125
	BBPE	0.07814	0.02977	3557	2.624	0.009
	BJmR	-0.10780	0.05573	3560	-1.935	0.053
	EBB	-0.11740	0.02796	4462	-4.199	<0.001
	EE	-0.28480	0.01368	4099	-20.815	< 0.001
	EPG	-0.25630	0.02618	3929	-9.789	<0.001
	ES	-0.15870	0.01834	4444	-8.656	<0.001
	PGE	-0.24760	0.02642	4209	-9.372	<0.001
	PGPG	-0.14080	0.03621	3425	-3.889	<0.001
	SBB	-0.04816	0.02719	4206	-1.771	0.077
	SE	-0.11720	0.02307	4470	-5.082	<0.001
Surficial materials	D_1AY	0.06825	0.00954	4388	7.157	<0.001
	D_1BP	-0.10830	0.04932	4407	-2.196	0.028
	D_2A	-0.13000	0.02921	3908	-4.451	< 0.001
	D_2BE	-0.14630	0.03152	3843	-4.642	< 0.001
	D_7T	-0.06660	0.06767	4460	-0.984	0.325

Table 3. Summary of the linear mixed models predicting commercial shade-intolerant hardwood stocking as a function of harvesting and biophysical variables.

Refer to Table 2 for variable description. Bold indicate significance at $\alpha = 0.05$.

Proportional odds assumption was not met for the CLMMs of the ericaceous shrubs and non-commercial hardwoods; the explanatory variables did not have the same effect on the odds from one threshold to another. This assumption is, however, rarely met [30], especially in the presence of many explanatory variables and a large sample size [42], as in our case. However, these models can still be useful; estimates obtained from both models provided a general idea of the changes in competing species' percent cover induced by the explanatory variables. Furthermore, for both CLMMs, altitude was excluded to avoid convergence problems.

The CLMM's coefficient estimates (Table 4) show that the chances of observing non-commercial hardwoods significantly increased in the presence of good drainage, in ecological regions 4e or 5d, in pre-harvest stands originating from partial windthrow or partial harvesting, in pre-harvest paper birch stands and pre-harvest stands dominated by paper birch with balsam fir or trembling aspen

as companion species. These chances significantly decreased in the presence of imperfect or poor drainage, in ecological region 6h, in pre-harvest stands originating from total windthrow, in pre-harvest stands dominated by black spruce, in pre-harvest stands dominated by jack pine, in pre-harvest stands dominated by balsam fir and accompanied by black spruce, in disintegration moraine, ice-contact deposit and outwash.

Threshold Coefficients					
	Threshold	Estimate	Std. Error	z Value	
	0 0.13	-5.0714	0.4069	-12.463	
	0.13 0.38	0.3689	0.3915	0.942	
	0.38 0.63	2.5542	0.3977	6.422	
	0.63 0.88	4.9381	0.4204	11.746	
Sı	ummary of the	Cumulative l	Link Mixed Mo	del	
Theme	Variable	Estimate	Std. Error	z Value	Pr (> z)
Drainage	DR20	0.3812	0.1114	3.422	0.001
0	DR31	0.0696	0.2300	0.303	0.762
	DR40	-0.4878	0.1657	-2.943	0.003
	DR50	-2.3104	0.6536	-3.535	<0.001
Ecological region	4e	2.5180	0.5172	4.869	<0.001
0 0	5d	0.7600	0.1328	5.722	< 0.001
	6c	-0.6781	0.7818	-0.867	0.386
	6g	0.9201	0.6364	1.446	0.148
	6h	-1.9205	0.2282	-8.417	<0.001
Harvesting method	AE	-0.0384	0.2872	-0.134	0.894
0	BT	-0.5390	0.2868	-1.880	0.060
	MA	-0.2286	0.5125	-0.446	0.656
Harvesting season	AUT	-0.0861	0.2516	-0.342	0.732
0	ÉTÉ	-0.0249	0.2438	-0.102	0.919
	HIV	-0.3902	0.2428	-1.607	0.108
Pre-harvest stand's	CHP	0.5077	0.2218	2.290	0.022
original disturbance	CHT_M	-1.8587	0.6112	-3.041	0.002
Ū	СР	1.2115	0.2920	4.149	< 0.001
	CT_M	-0.5768	0.3873	-1.489	0.136
	EL	-0.0037	0.1378	-0.027	0.979
Pre-harvest stand	BBBB	0.9485	0.1881	5.043	<0.001
	BBBBE	-0.3060	0.2482	-1.233	0.218
	BBBBS	0.9878	0.2905	3.400	0.001
	BBPE	1.1753	0.2680	4.386	< 0.001
	BJmR	0.4597	0.5042	0.912	0.362
	EBB	-1.1451	0.2888	-3.965	< 0.001
	EE	-1.9998	0.1430	-13.986	< 0.001
	EPG	-1.1734	0.2714	-4.324	< 0.001
	ES	-1.4700	0.1912	-7.689	< 0.001
	PGE	-1.7468	0.2773	-6.300	< 0.001
	PGPG	-0.7324	0.3504	-2.090	0.037
	SBB	-0.1708	0.2596	-0.658	0.511
	SE	-1.4806	0.2460	-6.018	<0.001
Surficial materials	D_1AY	0.0994	0.0963	1.032	0.302
	D_1BP	-1.3321	0.5583	-2.386	0.017
	D_2A	-0.6868	0.3020	-2.274	0.023
	D_2BE	-0.9578	0.3340	-2.867	0.004
	D 7T	0.8254	0.6412	1.287	0.198

Table 4. Threshold coefficients and summary of the cumulative link mixed model predicting non-commercial hardwood percent cover as a function of harvesting and biophysical variables.

Refer to Table 2 for variable description. Bold indicate significance at $\alpha = 0.05$.

The chances of observing ericaceous shrubs (Table 5) significantly increased in ecological region 6h, after winter harvesting, in pre-harvest stands originating from total windthrow, clearcutting,

in pre-harvest stands dominated by paper birch and accompanied by black spruce, pre-harvest stands dominated by black spruce or jack pine, in ice-contact deposits and in outwash. Those chances significantly decreased in the ecological regions 4e or 5d where there was full tree harvesting, cut-to-length logging, pre-harvest stands originating from partial windthrow or mild epidemic, pre-harvest paper birch stands, pre-harvest stands dominated by paper birch with balsam fir or trembling aspen as companion species, pre-harvest stands dominated by balsam fir with paper birch as companion species.

Threshold Coefficients					
	Threshold	Estimate	Std. Error	z Value	
	0 0.13	-2.5516	0.3616	-7.056	
	0.13 0.38	1.0497	0.3589	2.925	
	0.38 0.63	2.7395	0.3618	7.572	
	0.63 0.88	4.7524	0.3694	12.866	
Su	mmary of the	Cumulative l	Link Mixed Mo	del	
Theme	Variable	Estimate	Std. Error	z Value	Pr (> z)
Drainage	DR20	0.0668	0.1002	0.667	0.505
C C	DR31	-0.3836	0.2063	-1.860	0.063
	DR40	0.0989	0.1344	0.736	0.462
	DR50	-0.4695	0.5956	-0.788	0.431
Ecological region	4e	-1.1891	0.5260	-2.261	0.024
	5d	-0.5362	0.1198	-4.475	< 0.001
	6c	-0.5223	0.6569	-0.795	0.427
	6g	0.3594	0.5326	0.675	0.500
	6h	1.7799	0.1968	9.045	< 0.001
Harvesting method	AE	-0.8260	0.2625	-3.147	0.002
0	BT	-0.8409	0.2618	-3.212	0.001
	MA	0.3715	0.4652	0.799	0.425
Harvesting season	AUT	0.4521	0.2311	1.956	0.050
0	ÉTÉ	0.1765	0.2251	0.784	0.433
	HIV	0.9542	0.2237	4.265	<0.001
Pre-harvest stand's	CHP	-0.6950	0.1941	-3.581	<0.001
original disturbance	CHT_M	1.2666	0.4657	2.720	0.007
0	СР	-0.3474	0.2776	-1.251	0.211
	CT_M	1.7252	0.3484	4.951	< 0.001
	EL	-0.3673	0.1250	-2.939	0.003
Pre-harvest stand	BBBB	-1.2135	0.1884	-6.442	<0.001
	BBBBE	0.5869	0.2302	2.549	0.011
	BBBBS	-1.2338	0.2977	-4.145	< 0.001
	BBPE	-0.7174	0.2776	-2.584	0.010
	BJmR	-0.7653	0.5338	-1.434	0.152
	EBB	0.5780	0.2499	2.312	0.021
	EE	1.7337	0.1236	14.031	< 0.001
	EPG	1.4064	0.2289	6.145	< 0.001
	ES	0.9399	0.1625	5.784	< 0.001
	PGE	1.4891	0.2289	6.506	< 0.001
	PGPG	1.0648	0.3196	3.332	0.001
	SBB	-1.0221	0.2571	-3.975	<0.001
	SE	0.2655	0.2063	1.287	0.198
Surficial materials	D_1AY	-0.0539	0.0848	-0.636	0.525
	D_1BP	0.0940	0.4140	0.227	0.820
	D_2A	0.6050	0.2516	2.405	0.016
	D_2BE	0.6132	0.2703	2.268	0.023
	D 7T	1.0095	0.6018	1.677	0.093

Table 5. Threshold coefficients and summary of the cumulative link mixed model predicting ericaceous shrub percent cover as a function of harvesting and biophysical variables.

Refer to Table 2 for variable description. Bold indicate significance at $\alpha = 0.05$.

3.2. Temporal Impact of Competing Vegetation in Conditions of Marginal Regeneration

There was a significant interaction between time and competing cover strata (F(5, 66) = 2.7, p = 0.028). However, pairwise comparisons of the least square means showed that the increase in stocking was only statistically significant for low competing levels of commercial shade-intolerant hardwoods (t(66) = -5.992, p < 0.001) and moderate competing levels of ericaceous shrubs (t(66) = -5.653, p < 0.001) (Figure 4). We did not detect statistically significant differences over time for low competing levels of ericaceous shrubs (t(66) = -3.205, p < 0.081), high competing levels of ericaceous shrubs (t(66) = -3.300, p < 0.607), moderate competing levels of commercial shade-intolerant hardwoods (t(66) = -3.300, p < 0.063) and high competing levels of commercial shade-intolerant hardwoods (t(66) = -2.709, p < 0.245) (Figure 4). Free-to-grow conifer stocking had a tendency to improve over time in every strata of competing cover (Figure 4). On average, at the time of the second inventory, we observed free-to-grow conifer stocking exceeding 60% for every strata (Figure 4).



Figure 4. Free-to-grow conifer stocking per strata of competing cover and over two time periods. LIH: low competing level of commercial shade-intolerant hardwoods, MIH: moderate competing level of commercial shade-intolerant hardwoods, HIH: high competing level of commercial shade-intolerant hardwoods, LES: low competing level of ericaceous shrubs, MES: moderate competing level of ericaceous shrubs, HES: high competing level of ericaceous shrubs. Bold indicate significance at $\alpha = 0.05$.

There were no significant difference in live crown ratio (F(5, 13) = 2.296, p = 0.106) and apical index (F(5, 13) = 1.030, p = 0.440) according to competing cover strata. Most sampled trees were vigorous. For each competing cover strata, average live crown ratio was higher than 70% and average apical index was higher than 1.20. Least square means did not detect any significant difference in sapling basal area between the different competing cover strata. Average sapling basal area ranged from 1.67 to 5.19 m²/ha for each competing cover strata.

4. Discussion

4.1. Variables Significantly Linked to Competing Vegetation Cover

Our results contrast the nature of competing vegetation between two major ecosystem types differing in terms of climate and fertility. Ericaceous shrubs were more commonly associated with black spruce or jack pine ecosystems while the opposite was true for intolerant hardwoods and non-commercial hardwoods.

Ericaceous shrubs were more associated with colder ecological regions located to the north of the study area or sites located at higher altitudes. They were also associated with black spruce and jack pine stands that are typical in these conditions [43,44]. In these stands, ericaceous shrubs are often present in the understory and can expand after harvesting [14]. Cold climate slows down decomposition rates and favours the accumulation of organic matter [45], a substrate more favourable to black spruce and ericaceous shrub growth. These species also often occur together on poorly

drained soils [19]. Poor drainage favours the accumulation of organic matter, hence reducing nutrient availability, a condition less favourable to hardwood development [46]. The abundance of sphagnum mosses on poorly drained soils favours the creation of acidic, wet and cold soils that decrease the decomposition rate of the organic matter, nutrients availability, microbial activity and plant growth [47]. At the other end of the drainage gradient, jack pine can grow on very xeric sandy sites that are also less favourable to hardwoods, but on which ericaceous shrubs like sheep laurel can also thrive [19,48].

Both hardwood categories shared many influencing factors, which made it difficult to separate them clearly. They were more associated with well-drained sites located in warmer ecological regions located to the south of the study area. They were also less common in black spruce or jack pine ecosystems. Drainage and soil texture effects were closely linked, which explains that shade-intolerant hardwoods were more likely to be found on tills 50–100 cm thick and less on disintegration moraines and ice-contact deposits. Outwash generally feature low nutrient availability [49], which can explain why this deposit had a negative effect on the probabilities to encounter hardwoods. Similarly, previous observations have shown that paper birch, trembling aspen, pin cherry, mountain maple and speckled alder are seldom found on fluvioglacial deposits such as ice-contact deposits and outwash [50].

The link between the pre-harvest canopy abundance of intolerant hardwoods and their regeneration is not clear since some positive relationships between the abundance of paper birch in the canopy and regeneration of intolerant species were found in the RDA while negative relationships were observed in the linear mixed models. Even though paper birch can invade cutovers, it mostly regenerates through seeds that can disperse over relatively long distances [51], making it less tightly linked to the harvest site. A positive relationship was found between the presence of aspen in the canopy and regeneration of intolerant hardwoods in the linear mixed models, but not in the RDA. Since trembling aspen mainly propagates via root suckering [52], regeneration of this species is highly dependent on its presence within the canopy of the previous stand.

The abundance of non-commercial hardwoods in the regeneration layer was generally positively associated with pre-harvest hardwood stands. Although aspen and paper birch can have detrimental effects on conifer growth by intercepting light, their canopies can attenuate weather extremes and increase humidity for understory vegetation and regeneration [8,53]. Their litter decomposes rapidly and increases nutrient availability [54,55]. In addition, hardwoods let more light reach the understory than conifers [56], which could help semi shade-tolerant species such as mountain maple to persist under their cover. They could then expand after canopy removal.

The difficulty of differentiating between conditions conducive to a high abundance of either intolerant or non-commercial hardwoods could also be explained by the fact that the non-commercial hardwoods group included species with very different behaviours. Mountain maple and pin cherry are generally present on relatively well-drained sites [50]. Speckled alder, on the other hand, is commonly associated with poorly drained sites [50]. Analyzing competing vegetation by functional groups might have affected our ability to predict the presence of hardwoods like speckled alder on imperfectly or poorly drained sites. In addition, both groups could respond to common factors.

The relationship with some variables may, however, not be direct. Hence, the effect of harvesting season may be linked to the fact that wet sites, favourable to ericaceous shrubs [57] (e.g., bog Labrador tea and sheep laurel), are often selected for winter harvesting. It is also possible that the snow cover on the ground may help protect pre-established shade-tolerant regeneration during harvesting [58], making it harder for shade-intolerant hardwoods to repopulate those sites. Full tree harvesting improved the odds to encounter commercial shade-intolerant hardwoods after harvesting and had the opposite effect on ericaceous shrubs. Dragging the trees disturbs the soil, which increases soil surface temperatures and creates mineral seedbeds [59]. Higher soil temperatures stimulates trembling aspen suckering [52] and the mixing of organic and mineral soil layers favour paper birch germination [60]. We also observed that cut-to-length harvesting had a negative impact on the chances to encounter ericaceous shrubs after harvesting. This system has been reported to cause less damage to pre-established regeneration than full tree harvesting [59], which could help regeneration to overcome

ericaceous competition. However, a given harvesting approach is usually used over a large area, so the effects of harvesting system and harvesting season may well reflect the ecosystems in which they are applied. Winter harvesting, for instance, is often preferred for wet sites where trafficability is lower and road construction costs are higher.

The effect of original disturbance could also be indirect, reflecting the vulnerability of different stand types to specific disturbances. Non-commercial hardwoods were more likely to be present after the harvesting of stands that originated from partial windthrow or partial harvesting. Hardwoods are less vulnerable to windthrow in comparison with softwoods, so partial windthrows would be more frequent in mixedwood stands and total windthrow would be more common in coniferous stands [61]. Partial cutting would also be more likely in complex stands, such as mixedwood stands. Non-commercial hardwoods were probably established before these disturbances and the small gaps created could have allowed semi shade-tolerant species like mountain maple to maintain themselves in the stand until the clearcut [62,63] and then invade the cutovers [64]. The negative effect of clearcutting and total windthrow on the probability of encountering commercial shade-intolerant hardwoods seems counter-intuitive at first, as the increase in light availability should have benefited these species. It is likely, however, that these disturbances were more common on cold or less fertile sites typical of black spruce or jack pine ecosystems, these being more favourable to ericaceous shrubs.

4.2. Temporal Impact of Competing Vegetation in Conditions of Marginal Regeneration

The different combinations of competing vegetation studied did not negatively affect the evolution of conifer stocking on sites with marginal regeneration, as this variable tended to improve in all combinations. In addition, significant increases of conifer free-to-grow stocking were observed on sites with either a low level of shade-intolerant hardwoods or a moderate level of ericaceous shrubs at the first inventory. In the first case, the higher availability of light provided better growth conditions for the regeneration. In the second case, this increase is likely linked to the characteristics of the sites supporting this specific combination. Most sites featuring low competition by ericaceous shrubs were imperfectly or poorly drained, while most sites featuring moderate competition by ericaceous shrubs had good or moderate drainage. Therefore, conifers happened to have better growing conditions on sites where moderate ericaceous shrubs competition occurred. Even though black spruce and balsam fir can grow on imperfectly drained sites, they have better growth rates on moderately drained sites [65]. The general tendency for free-to-grow conifer stocking to improve, no matter the competition type or intensity, could be the result of the shade tolerance and nutrient requirement of the conifers. Almost every conifer encountered on the field were balsam fir or black spruce, and these species are respectively very shade-tolerant or with a broad spectrum [66] and can tolerate relatively poor nutrient levels [67]. They can grow under competing vegetation covers for many decades, until they finally overtop hardwoods or ericaceous shrubs. It must be remembered here that this analysis did not include sites that were scarified and planted between the first and the second sampling. However, these treatments would normally be applied in stands that do not reach 40% conifer stocking. Since free-to-grow stocking is almost always greater than total stocking, the impact should remain minor.

Our results for sites with marginal regeneration also show that the different combinations of competition levels and composition had no effect on medium-term regeneration vigour and basal area. At the second inventory, seedlings showed good vigour based on live crown ratio and apical index. Average live crown ratio was always greater than 66% and average apical index was always greater than 1, conditions that have been associated with vigorous seedlings [25]. The shade tolerance of the regenerating species could again explain the good conditions of seedlings at the second inventory.

5. Conclusions

The abundance and composition of competing vegetation were closely linked to broad ecosystem characteristics, namely climate, altitude, soil characteristics and dominant canopy species. Since these constitute the foundation of the ecological classification in use in Quebec [68], this classification forms

a promising framework to plan efforts in competing vegetation management (e.g., mechanical site preparation, release treatment). Ericaceous shrubs were mainly found in less productive environments associated with black spruce and jack pine ecosystems, while the opposite was observed for intolerant hardwoods and non-commercial hardwoods. The low productivity could be related to either climate, altitude, soil texture or drainage.

The distinction between suitable environments for commercial shade-intolerant hardwoods and non-commercial hardwoods was less clear since they responded similarly to many variables. It is also difficult to make general statements regarding sites invaded by non-commercial hardwoods, since the diverse species included in this group represent a wide array of site requirements and regeneration strategies.

We detected some effects of harvesting system and season. However, one should be cautious in drawing general conclusions for these variables as there was some level of association between these factors and broad ecosystem characteristics in which they are preferentially applied.

Our results help to anticipate the abundance and nature of competing vegetation. One could then optimize regeneration inventories by placing less emphasis on conditions where competition levels are expected to be either very low, then requiring no tending, or very high, where tending would likely be needed. Our results also show that the impact of competition may be less critical than expected, as seedlings tended to overcome competition at marginal levels of free-to-grow stockings.

The database that served as the starting point of our study represented both a strength and a weakness. On the one hand, it provided information describing competition problems over a large section of the boreal forest of eastern Canada. On the other hand, the data were collected in an operational context, which resulted in limited details regarding non-commercial species. Non-commercial hardwoods and ericaceous shrubs were grouped into two large groups without mention of species. It would have been interesting to differentiate species since these have different ecological requirements and impact on regeneration.

Author Contributions: Conceptualization, L.-P.M., J.-C.R. and N.T.; Formal analysis, L.-P.M.; Funding acquisition, J.-C.R.; N.T. Investigation, L.-P.M.; Methodology, L.-P.M. and N.T.; Supervision, J.-C.R. and N.T.; Writing—original draft, L.-P.M.; Writing—review & editing, J.-C.R. and N.T.

Funding: This study was funded by the Fonds Québécois de la Recherche sur la Nature et les Technologies (FQRNT, Québec, Canada), through a project led by Jean Bégin, Université Laval.

Acknowledgments: We are grateful to Marie-Laure Lusignan and Gabriel Cliche for their help in fieldwork, and to Martin Riopel for data management. We also express our thanks to Pierre Grondin, Josianne DeBlois and Marc Mazerolle for advice on data analyses. Louis Bélanger and Benoit Lafleur reviewed a previous version of the paper.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Filipescu, C.N.; Comeau, P.G. Aspen competition affects light and white spruce growth across several boreal sites in western Canada. *Can. J. For. Res.* **2007**, *37*, 1701–1713. [CrossRef]
- Lieffers, V.J.; Mugasha, A.G.; MacDonald, S.E. Ecophysiology of shade needles of *Picea glauca* saplings in relation to removal of competing hardwoods and degree of prior shading. *Tree Phys.* 1993, 12, 271–280. [CrossRef]
- Simard, S.W.; Sachs, D.L. Assessment of interspecific competition using relative height and distance indices in an age sequence of seral interior cedar-hemlock forests in British Columbia. *Can. J. For. Res.* 2004, 34, 1228–1240. [CrossRef]
- 4. Légaré, S.; Paré, D.; Bergeron, Y. The responses of black spruce growth to an increased proportion of aspen in mixed stands. *Can. J. For. Res.* **2004**, *34*, 405–416. [CrossRef]
- Hawkins, C.D.B.; Dhar, A.; Rogers, B.J. How much birch (*Betula papyrifera*) is too much for maximizing spruce (*Picea glauca*) growth: A case study in boreal spruce plantation forests. *J. For. Sci.* 2012, *58*, 314–327. [CrossRef]

- 6. Hawkins, C.D.B.; Dhar, A. Birch (*Betula papyrifera*) × white spruce (*Picea glauca*) interactions in mixedwood stands: Implications for management. *J. For. Sci.* **2013**, *59*, 137–149. [CrossRef]
- 7. Gerlach, J.P.; Reich, P.B.; Puettmann, K.; Baker, T. Species, diversity, and density affect tree seedling mortality from *Armillaria* root rot. *Can. J. For. Res.* **1997**, *27*, 1509–1512. [CrossRef]
- 8. Man, R.; Lieffers, V.J. Effects of shelterwood and site preparation on microclimate and establishment of white spruce seedlings in a boreal mixedwood forest. *For. Chron.* **1999**, *75*, 837–844. [CrossRef]
- Laganière, J.; Paré, D.; Bradley, R.L. How does a tree species influence litter decomposition? Separating the relative contribution of litter quality, litter mixing, and forest floor conditions. *Can. J. For. Res.* 2010, 40, 465–475. [CrossRef]
- 10. Philip, L.; Simard, S.; Jones, M. Pathways for below-ground carbon transfer between paper birch and Douglas-fir seedlings. *Plant Ecol. Diver.* **2010**, *3*, 221–233. [CrossRef]
- 11. Mallik, A.U. Conversion of temperate forests into heaths: Role of ecosystem disturbance and ericaceous plants. *Environ. Manag.* **1995**, *19*, 675–684. [CrossRef]
- 12. Thiffault, N.; Titus, B.D.; Munson, A.D. Black spruce seedlings in a *Kalmia-Vaccinium* association: Microsite manipulation to explore interactions in the field. *Can. J. For. Res.* **2004**, *34*, 1657–1668. [CrossRef]
- 13. Inderjit; Mallik, A.U. Can *Kalmia angustifolia* interference to black spruce (*Picea mariana*) be explained by allelopathy? *For. Ecol. Manag.* **2002**, *160*, 75–84. [CrossRef]
- Mallik, A.U. Conifer regeneration problems in boreal and temperate forests with ericaceous understory: Role of disturbance, seedbed limitation, and keystone species change. *Crit. Rev. Plant Sci.* 2003, 22, 341–366. [CrossRef]
- 15. Yamasaki, S.H.; Fyles, J.W.; Titus, B.D. Interactions among *Kalmia angustifolia*, soil characteristics, and the growth and nutrition of black spruce seedlings in two boreal Newfoundland plantations of contrasting fertility. *Can. J. For. Res.* **2002**, *32*, 2215–2224. [CrossRef]
- Saucier, J.P.; Robitaille, A.; Grondin, P. Cadre bioclimatique du Québec. In *Manuel de Foresterie, 2nd Edition*; Doucet, R., Côté, M., Eds.; Ordre des ingénieurs forestiers du Québec, Éditions Multimondes: Québec City, QC, Canada, 2009; pp. 186–205.
- Morneau, C.; Landry, Y. Guide de Reconnaissance des Types écologiques des Régions écologiques 6h–Collines du lac Péribonka et 6i–Hautes Collines du Réservoir Aux Outardes; Ministère des Ressources naturelles et de la Faune, Direction des Inventaires Forestiers: Québec City, QC, Canada, 2007.
- 18. Thiffault, N.; Roy, V. Living without herbicides in Québec (Canada): Historical context, current strategy, research and challenges in forest vegetation management. *Eur. J. For. Res.* **2011**, *130*, 117–133. [CrossRef]
- 19. Thiffault, N.; Grondin, P.; Noël, J.; Poirier, V. Ecological gradients driving the distribution of four *Ericaceae* in boreal Quebec, Canada. *Ecol.* 2015, *5*, 1837–1853. [CrossRef]
- 20. Ministère des Ressources naturelles et de la Faune. *Méthodes d'échantillonnage Pour Les Inventaires d'intervention et Pour Les Suivis des Interventions Forestières—Exercices 2010–2013;* Direction de l'aménagement et de l'environnement forestiers: Québec City, QC, Canada, 2011; p. 187.
- 21. Létourneau, J.-P.; Bard, A.; Lambert, J.; Lord, G.; Faucher, A. *Normes de Cartographie écoforestière*—*Troisième Inventaire écoforestier*; Ministère des Ressources Naturelles et de la Faune, Direction des Inventaires Forestier: Québec City, QC, Canada, 2009; p. 95.
- 22. Méthot, S.; Blais, L.; Gravel, J.; Latrémouille, I.; St-Pierre, S.; Vézeau, S. *Guide d'inventaire et d'échantillonnage en Milieu Forestier*; Ministère des Ressources naturelles, Direction de l'aménagement et de l'environnement forestiers: Québec City, QC, Canada, 2014.
- 23. Pominville, P.; Ruel, J.-C. Effets de la coupe à blanc et de la coupe par bandes sur la régénération obtenue après 5 ans dans des pessières noires du Québec. *Can. J. For. Res.* **1995**, *25*, 329–342. [CrossRef]
- 24. Pominville, P.; Doucet, R. *Coefficients de Distribution de la Régénération Nécessaires au Maintien de la Production des Peuplements de Pin Gris, d'Épinette Noire et de Sapin Baumier;* Gouvernement du Québec, Ministère des forêts, Direction de la recherche: Sainte-Foy, QC, Canada, 1993; p. 15.
- Ruel, J.-C.; Messier, C.; Doucet, R.; Claveau, Y.; Comeau, P.G. Morphological indicators of growth response of coniferous advance regeneration to overstorey removal in the boreal forest. *For. Chron.* 2000, *76*, 633–642. [CrossRef]
- 26. Parent, S.; Messier, C. Effets d'un gradient de lumière sur la croissance en hauteur et la morphologie de la cime du sapin baumier régénéré naturellement. *Can. J. For. Res.* **1995**, *25*, 878–885. [CrossRef]
- 27. Borcard, D.; Gillet, F.; Legendre, P. Numerical Ecology with R.; Springer: New York, NY, USA, 2011.

- Oksanen, J.F.; Blanchet, G.; Friendly, M.; Kindt, R.; Legendre, P.; McGlinn, D.; Minchin, P.R.; O'Hara, R.B.; Simpson, G.L.; Solymos, P.; et al. *Vegan: Community Ecology Package*, R package version 2.4-2; 2017. Available online: https://CRAN.R-project.org/package=vegan (accessed on 1 September 2018).
- 29. *R: A Language and Environment for Statistical Computing;* R Foundation for Statistical Computing; R Core Team: Vienna, Austria, 2017; Available online: https://www.r-project.org/ (accessed on 1 September 2018).
- Harrell, F.E.J. Regression Modeling Strategies—With Applications to Linear Models, 2nd ed.; Logistic Regression, and Survival Analysis; Springer: New York, NY, USA, 2015; p. 582.
- Legendre, P.; Gallagher, E. Ecologically meaningful transformations for ordination of species data. *Oecologia* 2001, 129, 271–280. [CrossRef] [PubMed]
- 32. Blanchette, F.G.; Legendre, P.; Borcard, D. Forward selection of explanatory variables. *Ecology* 2008, *89*, 2623–2632. [CrossRef]
- 33. Zuur, A.F.; Leno, E.N.; Walker, N.; Saveliev, A.A.; Smith, G.M. *Mixed Effects Models and Extensions in Ecology with R.*; Springer: New York, NY, USA, 2009.
- Bates, D.; Mächler, M.; Bolker, B.M.; Walker, S.C. Fitting linear mixed-effects models using lme4. *J. Stat. Softw.* 2015, 67, 1–48. [CrossRef]
- Kuznetsova, A.; Brockhoff, P.B.; Christensen, R.H.B. *LmerTest: Tests in Linear Mixed Effects Models*, R package version 2.0-33; 2016. Available online: https://CRAN.R-project.org/package=lmerTest (accessed on 1 September 2018).
- 36. Agresti, A. Categorical Data Analysis, 2nd ed.; John Wiley & Sons, Inc.: Hoboken, NJ, USA, 2002.
- Christensen, R.H.B. Ordinal—Regression Models for Ordinal Data, R package version 2015.6-28; 2015. Available online: http://www.cran.r-project.org/package=ordinal/ (accessed on 1 September 2018).
- Barton, K. MuMIn: Multi-Model Inference, R package version 1.15.6; 2016. Available online: https://CRAN.R-project.org/package=MuMIn (accessed on 1 September 2018).
- 39. McDonald, J.H. Handbook of Biological Statistics, 3rd ed.; Sparky House Publishing: Baltimore, MD, USA, 2014.
- 40. Pinheiro, J.; Bates, D.; DebRoy, S.; Sarkar, D. *NLME: Linear and Nonlinear Mixed Effects Models*, R package version 3.1-131; 2017. Available online: https://cran.r-project.org/package=nlme (accessed on 1 September 2018).
- 41. Lenth, R.V. Least-Squares Means: The R package Ismeans. J. Stat. Softw. 2016, 69, 1–33. [CrossRef]
- 42. O'Connell, L.M.; Mosseler, A.; Rajora, O.P. Impacts of forest fragmentation on the reproductive success of white spruce (*Picea glauca*). *Can. J. Bot.* **2006**, *84*, 956–965. [CrossRef]
- Pastor, J.; Mladenoff, D.J. The Southern Boreal-Northern Hardwood Forest Border. In A Systems Analysis of the Global Boreal Forest; Shugart, H.H., Leemans, R., Bonan, G.B., Eds.; Cambridge University Press: Cambridge, UK, 1992; pp. 216–240.
- 44. Sirois, L. The Transition Between Boreal Forest and Tundra. In *A Systems Analysis of the Global Boreal Forest;* Shugart, H.H., Leemans, R., Bonan, G.B., Eds.; Cambridge University Press: Cambridge, UK, 1992; pp. 196–215.
- 45. Kurz, W.A.; Shaw, C.H.; Boisvenue, C.; Stinson, G.; Metsaranta, J.; Leckie, D.; Dyk, A.; Smyth, C.; Neilson, E.T. Carbon in Canada's boreal forest—A synthesis. *Environ. Rev.* **2013**, *21*, 260–292. [CrossRef]
- 46. Lafleur, B.; Cazal, A.; Leduc, A.; Bergeron, Y. Soil organic layer thickness influences the establishment and growth of trembling aspen (*Populus tremuloides*) in boreal forests. *For. Ecol. Manag.* **2015**, *347*, 209–216. [CrossRef]
- Fenton, N.J.; Lecomte, N.; Légaré, S.; Bergeron, Y. Paludification in black spruce (*Picea mariana*) forests of eastern Canada: Potential factors and management implications. *For. Ecol. Manag.* 2005, 213, 151–159. [CrossRef]
- Rudolph, T.D.; Laidly, P.R. *Pinus banksiana* Lamb. Jack pine. In *Silvics of North America Volume 1: Conifers*; Burns, R.M., Honkala, B.H., Eds.; USDA, For. Serv.: Washington, DC, USA, 1990; pp. 280–293.
- 49. Marquis, F.; Paré, D. The role of permanent site factors in the assessment of soil treatment effects: A case study with a site preparation trial in jack pine plantations on glacial outwashes. *Can. J. Soil Sci.* 2009, *89*, 81–91. [CrossRef]
- 50. Jobidon, R. *Autécologie de Quelques Espèces de Compétition d'Importance pour la Régénération Forestière au Québec. Revue de Littérature;* Mémoire de Recherche Forestière 117; Ministère des Ressources naturelles, Direction de la recherche forestière: Québec City, QC, Canada, 1995; p. 180.
- 51. Greene, D.F.; Johnson, E.A. Long-distance wind dispersal of tree seeds. *Can. J. For. Res.* **1995**, *73*, 1036–1045. [CrossRef]

- 52. Frey, B.R.; Lieffers, V.J.; Landhäusser, S.M.; Comeau, P.G.; Greenway, K.J. An analysis of sucker regeneration of trembling aspen. *Can. J. For. Res.* 2003, *33*, 1169–1179. [CrossRef]
- 53. Man, R.; Lieffers, V.J. Seasonal photosynthetic responses to light and temperature in white spruce (*Picea glauca*) seedlings planted under an aspen (*Populus tremuloides*) canopy and in the open. *Tree Phys.* **1997**, *17*, 437–444. [CrossRef]
- 54. Man, R.; Lieffers, V.J. Are mixtures of aspen and white spruce more productive than single species stands? *For. Chron.* **1999**, *75*, 505–513. [CrossRef]
- 55. Wang, J.R.; Zhong, A.L.; Simard, S.W.; Kimmins, J.P. Aboveground biomass and nutrient accumulation in an age sequence of paper birch (*Betula papyrifera*) in the Interior Cedar Hemlock zone, British Columbia. *For. Ecol. Manag.* **1996**, *83*, 27–38. [CrossRef]
- 56. Messier, C.; Parent, S.; Bergeron, Y. Effects of overstory and understory vegetation on the understory light environment in mixed boreal forests. *J. Veg. Sci.* **1998**, *9*, 511–520. [CrossRef]
- 57. Hébert, F.; Thiffault, N. The Biology of Canadian Weeds. 146. *Rhododendron groenlandicum* (Oeder) Kron and Judd. *Can. J. Plant Sci.* **2011**, *91*, 725–738. [CrossRef]
- 58. Pothier, D. Ten-year results of strip clear-cutting in Quebec black spruce stands. *Can. J. For. Res.* 2000, 30, 59–66. [CrossRef]
- 59. Waters, I.; Kembel, S.W.; Gingras, J.-F.; Shay, J.M. Short-term effects of cut-to-length versus full-tree harvesting on conifer regeneration in jack pine, mixedwood, and black spruce forests in Manitoba. *Can. J. For. Res.* **2004**, *34*, 1938–1945. [CrossRef]
- 60. Marquis, D.A.; Bjorkbom, J.C.; Yelenosky, G. Effect of seedbed condition and light exposure on paper birch regeneration. *J. For.* **1964**, *62*, 876–881. [CrossRef]
- 61. Anyomi, K.A.; Mitchell, S.; Perera, A.; Ruel, J.-C. Windthrow dynamics in boreal Ontario: A simulation of the vulnerability of several stand types across a range of wind speeds. *Forests* **2017**, *8*, 233. [CrossRef]
- 62. Bose, A.K.; Harvey, B.D.; Brais, S. Sapling recruitment and mortality dynamics following partial harvesting in aspen-dominated mixedwoods in eastern Canada. *For. Ecol. Manag.* **2014**, *329*, 37–48. [CrossRef]
- 63. Bourgeois, L.; Messier, C.; Brais, S. Mountain maple and balsam fir early response to partial and clear-cut harvesting under aspen stands of northern Quebec. *Can. J. For. Res.* **2004**, *34*, 2049–2059. [CrossRef]
- 64. Archambault, L.; Morissette, J.; Bernier-Cardou, M. Forest succession over a 20-year period following clearcutting in balsam fir-yellow birch ecosystems of eastern Québec, Canada. *For. Ecol. Manag.* **1998**, 102, 61–74. [CrossRef]
- 65. Bélanger, L.; Paquette, S.; Morel, S.; Bégin, J.; Meek, P.; Bertrand, L.; Beauchesne, P.; Lemay, S.; Pineau, M. Indices de qualité de station du sapin baumier dans le sous-domaine écologique de la sapinière à bouleau blanc humide. *For. Chron.* **1995**, *71*, 317–325. [CrossRef]
- 66. Humbert, L.; Gagnon, D.; Kneeshaw, D.; Messier, C. A shade tolerance index for common understory species of northeastern North America. *Ecol. Indic.* **2007**, *7*, 195–207. [CrossRef]
- 67. Morrison, I.K. *Mineral Nutrition of Conifers with Special Reference to Nutrient Status Interpretation: A Review of Literature;* Publication No. 1343; Canadian Forestry Service: Ottawa, ON, Canada, 1974; p. 74.
- 68. Bergeron, J.-F.; Saucier, J.-P.; Robert, D.; Robitaille, A. Québec forest ecological classification program. *For. Chron.* **1992**, *68*, 53–63. [CrossRef]



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).