



Article Effect of LaCoO₃ Synthesized via Solid-State Method on the Hydrogen Storage Properties of MgH₂

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Abstract: One of the ideal energy carriers for the future is hydrogen. It has a high energy density and is a source of clean energy. A crucial step in the development of the hydrogen economy is the safety and affordable storage of a large amount of hydrogen. Thus, owing to its large storage capacity, good reversibility, and low cost, Magnesium hydride (MgH₂) was taken into consideration. Unfortunately, MgH₂ has a high desorption temperature and slow ab/desorption kinetics. Using the ball milling technique, adding cobalt lanthanum oxide (LaCoO₃) to MgH₂ improves its hydrogen storage performance. The results show that adding 10 wt.% LaCoO₃ relatively lowers the starting hydrogen release, compared with pure MgH₂ and milled MgH₂. On the other hand, faster ab/desorption after the introduction of 10 wt.% LaCoO₃ could be observed when compared with milled MgH₂ under the same circumstances. Besides this, the apparent activation energy for MgH₂–10 wt.% LaCoO₃ was greatly reduced when compared with that of milled MgH₂. From the X-ray diffraction analysis, it could be shown that in-situ forms of MgO, CoO, and La₂O₃, produced from the reactions between MgH₂ and LaCoO₃, play a vital role in enhancing the properties of hydrogen storage of MgH₂.

Keywords: cobalt lanthanum oxide; magnesium hydride; metal oxide; solid-state hydrogen storage

1. Introduction

Hydrogen is increasingly seen as an energy carrier owing to its non-toxicity, abundant resources, positive environmental impact, and high energy density [1–3]. Nowadays, searching for effective hydrogen storage technologies is commonly recognized as one of the major difficulties faced by the hydrogen economy [4,5]. Solid-state hydrogen storage materials have drawn a significant amount of interest because of their safety consideration, cheapness, and high gravimetric capacity [6]. Over the past decade, MgH_2 gained research interest due to its outstanding reversibility, low cost, non-toxicity, an abundance of resources, and high gravimetric hydrogen capacity (7.60 wt.%) [7–9]. Fortunately, practical applications of MgH₂ are severely restricted by the slow reaction kinetics and high dissociation temperature [10–12]. Recently, significant improvements have been made by producing nanocrystalline MgH₂ powders by the addition of metal oxide additives such as Nb₂O₅ [13], TiO₂ [14], CoTiO₃ [15], CoMoO₄ [16], and MnMoO₄ [17], through ball milling method to enhance hydrogen storage performance of MgH_2 . Rare earth metals are considered as one of the most intriguing additives/catalysts used in solid-state materials. For example, Ismail [18] found that after the addition of 10 wt.% LaCl₃ into MgH₂, hydrogen started to be released at 300 °C, 50 °C lower than with milled MgH₂. It is revealed that the formation of MgCl2 and Mg-La alloy during the heating process of the composites



Citation: Sazelee, N.; Md Din, M.F.; Ismail, M.; Rather, S.-U.; Bamufleh, H.S.; Alhumade, H.; Taimoor, A.A.; Saeed, U. Effect of LaCoO₃ Synthesized via Solid-State Method on the Hydrogen Storage Properties of MgH₂. *Materials* **2023**, *16*, 2449. https://doi.org/10.3390/ ma16062449

Academic Editors: Alessandro Dell'Era, Erwin Ciro Zuleta and Haralampos N. Miras

Received: 8 February 2023 Revised: 8 March 2023 Accepted: 14 March 2023 Published: 19 March 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). gives a vital role in enhancing the performance of hydrogen storage of MgH₂. In our previous study [19], adding 10 wt.% LaFeO₃ to MgH₂ positively affected the hydrogen sorption properties of MgH₂. Compared with pure MgH₂, the introduction of 10 wt.% of LaFeO₃ reduced the desorption temperature by 120 °C. Further studies have exposed that ab/desorption kinetics of MgH₂ were improved by the formation of Fe, MgO, and La_2O_3 phases during the heating process. For instance, Soni et al. [20] introduced LaF_3 into MgH₂ and proved that the samples started to release hydrogen at 320 °C, 40 °C lower than with milled MgH₂. In addition, milled MgH₂ absorbed only 2.00 wt.% hydrogen in 2.5 min, while $MgH_2 + LaF_3$ could absorb 4.90 wt.% of H_2 under the same circumstances. Wu et al. [21] reported that adding LaNiO₃ significantly enhanced the desorption and absorption kinetics of MgH₂. Further investigation revealed that in situ formations of Mg₂NiH₄ and LaH₃ have a synergistic effect that can serve as a "hydrogen pump", hence enhancing the sorption kinetics of MgH₂. The research led by Zhang and co-workers [22] discovered that after introducing LaNi_{4.5}Mn_{0.5} to MgH₂, excellent catalytic activity was observed. Interestingly, at 300 $^{\circ}$ C, the composites could desorb 6.60 wt.% of H₂ in less than 360 s.

Besides this, according to Juahir et al. [23], doping MgH₂ with Co₂NiO lowered the starting hydrogen release and enhanced the ab/desorption kinetics of MgH₂. According to their research, the formation of Co_{1.29}Ni_{1.71}O₄ and Mg–Co alloy served as a real catalyst in enhancing the hydrogen sorption properties of MgH₂. In comparison to other ferrites (ZnFe₂O₄, CoFe₂O₄, MnFe₂O₄, and Mn_{0.5}Zn_{0.5}O₄), Zhang et al. [24] came to the finding that CoFe₂O₄ had the best catalytic performance in enhancing the hydrogen storage performance of MgH₂. Furthermore, Cabo et al. [25] discovered that the addition of Co₃O₄ and NiCo₂O₄ additives decreased the starting desorption temperature of MgH₂. In particular, Mandzhukova et al. [26] analyzed the effect of NiCo₂O₄ on the kinetic performance of the Mg/MgH₂ system, and revealed that the kinetic properties of Mg were drastically enhanced. Liu et al. [27] used a reduction reaction method to synthesize Co@CNT and found that the doped samples began to release hydrogen at 324 °C, which was lower than that of the bulk samples (420 °C). Further research indicated that the energy barrier for hydrogen dissociation can be substantially reduced by Co and Co(II).

Motivated by previous research, two promising materials (La and Co) clearly demonstrate that LaCoO₃ improves hydrogen ab/desorption kinetics and lowers the MgH₂ desorption temperature. In this paper, different amounts of LaCoO₃ were milled together to make MgH₂-x wt.% LaCoO₃ (where x is 5, 10, 15, and 20) composites. LaCoO₃ was used as an additive to see how this material affected the hydrogen sorption properties of MgH₂. To date, this is the first research into the hydrogen storage performance of MgH₂/LaCoO₃ composites for solid-state materials.

2. Materials and Methods

The LaCoO₃ material was synthesized by using citric acid (\geq 98% pure; Sigma Aldrich, St. Louis, MO, USA), lanthanum oxide (\geq 99.9% pure; Aldrich Chemical Compound, Milwaukee, WI, USA), and pure cobalt oxide (99.99% pure; Sigma Aldrich, St. Louis, MO, USA) as starting materials with 0.121 g, 0.081 g, and 0.040 g respectively. The powders were mixed and thoroughly ground in an agate mortar. The solid mixture was then placed into crucibles made of alumina and calcined at 950 °C in a furnace for 5 h. In a planetary ball mill (NQM-0.4), using stainless steel vials and 4 balls at 400 rpm with a 40:1 ball-to-powder ratio, the various weight percentage (5, 10, 15, and 20) of LaCoO₃ were milled together with MgH₂ (\geq 95% pure; Sigma Aldrich, St. Louis, MO, USA). This milling approach was carried out for 1 h in different directions (milling = 15 min, rest = 2 min, mill again = 15 min). In an argon atmosphere, the MBRAUN UNIIab glove box was used for all the preparations (including weighing).

Sievert-type pressure composition temperature (Advanced Materials Corporation, Pittsburgh, PA, USA) was used to investigate the temperature-programmed-desorption (TPD) and hydrogen ab/desorption kinetics for all of the samples. Approximately,

400 mg of the samples were used in each test. All the samples were heated to 450 °C from ambient temperature for the TPD analyses at a rate of 5 °C/min. The absorption kinetics were carried out at 250 °C (33.0 atm), meanwhile, the desorption kinetics were evaluated at 300 °C (1.0 atm). To observe the hydrogen desorption behavior of MgH₂, differential scanning calorimetry (DSC) was performed on a Mettler Toledo TGA/DSC 1. The samples were heated from 30 to 500 °C at rates of 15, 20, 25, and 30 °C/min under constant argon flow (50 mL). An alumina crucible in a glove box was filled with about 3–5 mg, and to prevent oxidation, the samples were then placed in a sealed glass bottle. To scrutinize the phase structure of the samples, X-ray diffraction (XRD) spectra were recorded in the range of 20°–80° using Cu-K α radiation to analyze the phase structure of each sample. Scan speeds of 2.00°/min were used for θ –2 θ scans. Prior to this, a small portion of the samples was evenly distributed on a sample holder and sealed with scotch tape to prevent oxidation.

The morphology of the samples was examined using scanning electron microscopy (SEM; JEOL, Akishima, Tokyo, Japan) (JSM-6360LA). In a vacuum state, the gold spray was applied to the samples after being prepared on carbon tape. Moreover, to further examine the sample's chemical bond, a Shimadzu IRTracer-100, Kyoto, Japan Fourier Transform Infrared spectroscopy was used. Attenuated total reflectance (ATR) was used to measure the spectra at room temperature for 40 scans, between 2000 and 400 cm⁻¹, with a resolution of 4 cm⁻¹. At room temperature, Raman spectroscopy was performed using Renishaw Raman spectroscopy (532 nm radiation) extended with 0.1% power laser measurement.

3. Results and Discussion

Calcining the samples at 950 °C for 5 h yielded well-crystallized pure LaCoO₃ (JCPDF: 25-1060), in the rhombohedral structure as shown in Figure 1a. All diffraction lines corresponding to (012), (110), (202), (006), (024), (122), (116), (214), (018), (220), (208), (306), and (134) planes were closely matched to 23.25°, 32.89°, 40.64°, 41.32°, 47.49°, 53.24°, 53.78°, 58.79°, 59.73°, 68.93°, 69.90°, 74.32°, and 78.74°, respectively, and were all closely matched to the previously reported data [28,29]. The crystallite sizes (L) were estimated at 20.85 nm, through the Scherrer formula as shown in Equation (1) below:

$$L = K\lambda/\beta \cos\theta \tag{1}$$

where shape factor K = 0.94 constant, λ = X-ray used (0.154 nm), β (physical broadening) = full width at half the maximum, and θ = angle of Bragg's diffraction. The FTIR transmission of LaCoO₃ is indicated in Figure 1b. A peak at 508 cm⁻¹ is ascribed to the Co–O bond as reported by Sarker and Razzaque [28], and Worayingyong et al. [30]. The La–O bond as confirmed by Radev et al. [31], corresponds to the peak at 410 cm⁻¹. The Raman spectra shown in Figure 1c illustrates typical characteristics of LaCoO₃ at 478 cm⁻¹, confirming the formation of La–O [32]. It can be evidenced that the pure LaCoO₃ was successfully synthesized by using the solid-state method based on the results of XRD, FTIR, and Raman spectroscopy. Meanwhile, Figure 1d shows the morphology of LaCoO₃, where the agglomeration of particles of different sizes can be seen as indicated in a previous study [33]. Besides this, the particle sizes distribution (PSD) of the LaCoO₃ particle was calculated by using ImageJ (version 2022). Based on Figure 1e below, the PSD of LaCoO₃ was 82.71 µm.

The impact of LaCoO₃ on the desorption temperature of MgH₂ was measured using the TPD profile of gas desorption from the samples, as displayed in Figure 2a. Pure MgH₂ and milled MgH₂ both had onset desorption temperatures of 420 °C and 350 °C, respectively. It was discovered that the milling process had an impact on the decomposition of MgH₂. According to Sokano et al. [34], milled MgH₂ has a lower onset desorption temperature, which is 328 °C, compared with that of pure MgH₂ (418 °C). However, the onset desorption temperature was shifted from 350 °C to a starting temperature below 325 °C when different weight percent of LaCoO₃ were added to MgH₂. The onset desorption temperature of 5, 10, 15, and 20 wt.% of LaCoO₃ with MgH₂ was 316, 322, 310, and 323 °C, respectively. Meanwhile, the desorption capacity of 5, 10, 15, and 20 wt.% of LaCoO₃ with MgH₂ was 6.57, 6.06, 6.03, and 5.30 wt.%, respectively. A study led by Pandey et al. [35] proved that adding TiO₂ to MgH₂ lowered the onset desorption temperature to 335 °C, 55 °C lower than that of pure MgH₂. Despite the fact that adding LaCoO₃ lowered the desorption temperature of MgH₂, the hydrogen desorption capacity of xwt.% of LaCoO₃ (where x is 5, 10, 15, and 20 wt.%) with MgH₂ decreased due to the dead weight of LaCoO₃.



Figure 1. (a) XRD pattern, (b) FTIR spectra, (c) Raman spectra, (d) SEM images, and (e) PSD of LaCoO₃.

The isothermal absorption measurement of the milled MgH₂ and xwt.% of LaCoO₃ (where x is 5, 10, 15, and 20 wt.%) with MgH₂ was further conducted under 33.0 atm at 250 °C, as depicted in Figure 2b. The result proved that adding 5, 10, 15, and 20 wt.% of LaCoO₃ with MgH₂ could absorb 7.30, 7.30, 6.99, and 5.49 wt.%, respectively, within 20 min. Meanwhile, milled MgH₂ could only absorb 6.68 wt.% under the same circumstances. The amount of hydrogen absorption for 20 wt.% of LaCoO₃ with MgH₂ was lower by 1.19 wt.%, compared with that of milled MgH₂. This was due to the possibility that too much additive in the composite may block the diffusion path of hydrogen [36]. A previous study reported by Sulaiman et al. [37] indicated that the amount of Na₃FeF₆ affects the hydrogen absorption behavior of MgH₂. The addition of excess Na₃FeF₆ catalyst into MgH₂ obstructs the hydrogen diffusion by blocking the diffusion path, which limits the Mg-H reaction. However, faster absorption kinetics of MgH₂ could be seen within 4 min after the addition of 20 wt.% LaCoO₃. As evidenced by the above experimental results, the hydrogen absorption kinetics of MgH₂ can be improved by the presence of LaCoO₃.

To compare hydrogen desorption properties of different weight percentages of LaCoO₃ with MgH₂ and milled MgH₂, an isothermal desorption test was conducted at 300 °C for 1 h, as presented in Figure 2c. It is clear that MgH₂–LaCoO₃ composites demonstrated faster desorption kinetics than milled MgH₂. An amount of 5 wt.% of LaCoO₃ with MgH₂, and 10 wt.% of LaCoO₃ with MgH₂ released H₂ at approximately 2.46 and 3.24 wt.%, respectively. In addition, 15 wt.% of LaCoO₃ with MgH₂, respectively. However, milled MgH₂ only released 0.34 wt.% of H₂ under the same circumstances. Table 1 summarizes the onset desorption temperature, the capacity of absorption kinetics at 250 °C, and desorption kinetics at 300 °C for pure MgH₂, milled MgH₂, and composites of different LaCoO₃ weight percent-

ages with MgH₂. Considering the onset desorption temperature, absorption and desorption kinetics of each sample, 10 wt.% of LaCoO₃ with MgH₂ composites were chosen for further investigation.



Figure 2. (a) Temperature-programmed desorption, (b) Isothermal absorption kinetics at 250 $^{\circ}$ C, and (c) Isothermal desorption kinetics at 300 $^{\circ}$ C.

Samples	Onset Desorption Temperature (°C)	Absorption Capacity (wt.%)	Desorption Capacity (wt.%)
Pure MgH ₂	420	-	-
Milled MgH ₂	350	6.68	0.34
5 wt.% LaCoO ₃ with MgH ₂	316	7.30	2.46
10 wt.% LaCoO ₃ with MgH ₂	322	7.30	3.24
15 wt.% LaCoO ₃ with MgH ₂	310	6.99	2.04
20 wt.% LaCoO ₃ with MgH ₂	323	5.49	4.53

Table 1. Temperature-programmed desorption, absorption and desorption capacity of each sample.

To obtain a greater understanding of the kinetic mechanism in hydrogen storage materials, kinetic models were used to describe absorption and desorption behaviors. In this study, the kinetic mechanism was investigated by using the Johnson-Mehl-Avrami (JMA) and Contracting Volume (CV) equations as can be seen in Table 2 [38].

Integrated Equation	Model	
$\alpha = kt$	Surface-controlled (chemisorption)	
$[-\ln(1-\alpha)]^{1/2} = kt$	JMA, n = 2 (e.g., two-dimensional growth of existing nuclei with constant interface velocity)	
$[-\ln(1-\alpha)]^{1/3} = kt$	JMA, n = 3 (e.g., two-dimensional growth of existing nuclei with constant interface velocity)	
$1 - (1 - \alpha)^{1/3} = kt$	CV 2D: contracting volume, three-dimensional growth with constant interface velocity	
$1 - (2\alpha/3) - (1 - \alpha)^{2/3} = kt$	CV 3D: contracting volume, three-dimensional growth diffusion controlled with decreasing interface velocity	

Table 2. The equations for kinetic models used for absorption and desorption kinetics of this study.

Where k = reaction rate constant, t = time, and α = reacted fraction.

The absorption and desorption kinetic curves for 10 wt.% LaCoO₃ with MgH₂ composites are illustrated in Figure 3a,b below. The kinetic curves for the composites were calculated for the reacted fraction in the range from 0 to 80%. Based on the figure below, the absorption process at 250 °C can be best described by the CV 3D decrease surface while the desorption process at 300 °C can be best described by the JMA 2D.



Figure 3. The resulting calculation of different kinetic equations is described in Table 2 for (a) absorption kinetics at 250 °C and (b) desorption kinetics at 300 °C of 10 wt.% of LaCoO₃ doped MgH₂.

DSC analyses were used to look into the effect of LaCoO₃ on the desorption kinetics of MgH₂. Figure 4a exhibits the DSC curves of milled MgH₂, while Figure 4b indicates the 10 wt.% of LaCoO₃ with MgH₂ composites heated at various heating rates. As the heating rises, the hydrogen desorption peaks move to a higher temperature. An endothermic peak for both samples was detected in Figure 4c for a heating rate of 25 °C/min, revealing that the decomposition from MgH₂ to Mg had occurred. As indicated in Figure 4c, the endothermic peak for milled MgH₂ was 433 °C, while the temperature was shifted to a lower temperature after 10 wt.% of LaCoO₃ with MgH₂, the desorption peak temperature by DSC and TPD were 415 °C and 322 °C, respectively. This was due to the different atmospheres and heating rates as explained in our previous research [39,40]. A similar outcome had been observed by Verma et al. [41], which revealed that different desorption temperatures for DSC and TPD could be detected when the experiment was conducted under different circumstances.



Figure 4. DSC curves of (**a**) milled MgH₂ at 15, 20, 25, and 30 $^{\circ}$ C/min, (**b**) 10 wt.% of LaCoO₃ with MgH₂ at 15, 20, 25, and 30 $^{\circ}$ C/min, and (**c**) milled MgH₂ and 10 wt.% of LaCoO₃ with MgH₂ at 25 $^{\circ}$ C/min.

The Kissinger method was used for both samples to evaluate the effect of $LaCoO_3$ additives on desorption apparent activation energy (E_A), as shown in Equation (2) below

$$\ln\left[\beta/T_p^2\right] = -E_A/RT_p + A \tag{2}$$

where A = linear constant, T_p = peak temperature in the DSC curve, R = gas constant, and β = heating rate of the samples. Hence, the E_A of the thermal decomposition for 10 wt.% of LaCoO₃ with MgH₂ based on Equation (2) was approximately 90 kJ/mol, as demonstrated in Figure 5. Conversely, the E_A for milled MgH₂ was only 133 kJ/mol. The E_A of 10 wt.% of LaCoO₃ with MgH₂ was lower than those of the other additives from previous studies, such as MgH₂–KNbO₃ [42], MgH₂–Co@C [43], and MgH₂–SrFe₁₂O₁₉ [6]. According to the findings, overcoming the barrier for converting MgH₂ into Mg requires an E_A of 90 kJ/mol, in the presence of 10 wt.% LaCoO₃. It is also worth noting that LaCoO₃ additives lower the desorption peak temperature during the desorption processes of MgH₂.

The morphologies of pure MgH₂, milled MgH₂, and 10 wt.% of LaCoO₃ with MgH₂ were investigated by SEM as shown in Figure 6. The SEM of pure MgH₂ shown in Figure 6a revealed that the particles have a larger size and flakelike shapes, as reported by Czujko et al. [44]. Even though the samples were analyzed at different magnifications, as displayed in Figure 6b,d, both samples suggest that ball milling produces inhomogeneity, some agglomeration, and reduction in the MgH₂ samples caused by the ball collision. Smaller particle sizes for the milled MgH₂ suggests an enhancement in the desorption temperature of MgH₂. Besides, Shang and colleagues [45] indicated that the particle sizes in the submicron range can be achieved by milling Mg with or without the presence of additives. Compared with milled MgH₂ samples, it was obvious that particles the size of 10 wt.% of LaCoO₃ with MgH₂, as illustrated in Figure 6c,e, became smaller and less

agglomerated, which may accelerate the desorption and absorption kinetics of MgH₂ due to the increase of specific surface area, even when the samples were investigated at different magnifications. Chawla et al. [46] exposed that mechanical milling of Mg with PdCl₂ increases the surface area, resulting in a reduction in hydrogen atom diffusion length and an improvement in hydrogen ab/desorption kinetics. A similar outcome was also reported by Zinsou and co-workers [47] which also revealed that smaller particles are expected to release hydrogen at a lower temperature than samples that have larger particle sizes.



Figure 5. Activation energy of milled MgH₂ and 10 wt.% of LaCoO₃ with MgH₂.



Figure 6. SEM images of (**a**) pure MgH₂, (**b**) milled MgH₂ at 5000× magnification, (**c**) 10 wt.% of LaCoO₃ with MgH₂ at 5000× magnification, (**d**) milled MgH₂ at 10,000× magnification, and (**e**) 10 wt.% of LaCoO₃ with MgH₂ at 10,000× magnification.

Particle size distribution was calculated by using Image J. The particle size distribution for pure MgH₂ is generally known to be 70 μ m, as displayed in Figure 7a. Meanwhile, based on Figure 7b, the particle size distribution of MgH₂ started to decrease after MgH₂ was milled for 1 h (approximately $0.34 \mu m$). Xiao and colleagues [48] have described that the particle size of commercial MgH₂ significantly reduced to ~300 nm after MgH₂ was milled. However, it is safer to assume that longer milling times would not result in a reduction in particle size as revealed by Rahmaninasab et al. [49]. Rahmaninasab et al. [49] also reported that the particle size of MgH_2 increased to 372 nm after the samples were milled for 40 h. Moreover, the particles of 10 wt.% of LaCoO₃ with MgH₂ were similar in size and less agglomerated, compared with those of milled MgH₂, and most of the particles were single particles with 0.13 μ m for particles size distribution, as indicated in Figure 7c. The addition of additive and milling methods effectively alters the distribution of MgH₂. According to Si et al. [50], the increase in the small particles size was caused by the addition of Ni particles, which potentially improved the hydrogen storage performance of MgH₂. Therefore, adding 10 wt.% of LaCoO₃ reduces the particles size and shortens the diffusion length of MgH₂, and contributes in improving MgH₂ performance as observed.



Figure 7. The PSD curves (a) pure MgH₂, (b) milled MgH₂, and (c) 10 wt.% of LaCoO₃ with MgH₂.

Figure 8 presents the FTIR spectra of the samples before and after being doped with 10 wt.% LaCoO₃. As seen from the figure below, the obvious signature bands for the Mg–H bending and Mg–H stretching are located between 400–800 cm⁻¹ and 900–1200 cm⁻¹, respectively, for pure MgH₂, milled MgH₂, and 10 wt.% of LaCoO₃ with MgH₂. The results suggest that no obvious reactions occurred due to its relatively low content of LaCoO₃. Moreover, after adding 10 wt.% of LaCoO₃ to MgH₂, the bending bands of the samples tend to shift to lower wavenumbers, implying the weakness of the Mg–H bonds as proposed in a previous study [51].



Figure 8. FTIR spectra of pure MgH₂, milled MgH₂, and 10 wt.% of LaCoO₃ with MgH₂.

The XRD pattern shown here in Figure 9 was used to clarify the mechanism of 10 wt.% of LaCoO₃ on MgH₂ hydrogen storage performance. After 10 wt.% of LaCoO₃ with MgH₂ was milled for 1 h, as shown in Figure 9a, the peaks of the composites mainly corresponded to parent materials which are MgH₂ and LaCoO₃, indicating that LaCoO₃ had not reacted with MgH₂ during the milling process. Based on Figure 9b, after the composites were heated up to 450 °C, MgH₂ peaks completely disappeared and transformed to Mg, implying that the decomposition process had occurred completely. A new peak of CoO, La₂O₃, and MgO was detected. The 10 wt.% of LaCoO₃ with MgH₂ during the absorption process at 250 °C had also been conducted, as shown in Figure 9c. The Mg peaks were converted to MgH₂, revealing that the hydrogen absorption process had completely occurred. However, the peak of CoO, La₂O₃, and MgO were still detected. The following equation (Equation (3)) can be used to predict the reaction between 10 wt.% of LaCoO₃ with MgH₂:

$$MgH_2 + 2LaCoO_3 \rightarrow 2CoO + La_2O_3 + MgO + H_2$$
(3)



Figure 9. XRD pattern of 10 wt.% of LaCoO₃ with MgH₂ (a) milled for 1 h, (b) after desorption temperature at 450 $^{\circ}$ C, and (c) after absorption at 250 $^{\circ}$ C.

A prior study conducted by Rahman et al. [42] discovered that adding KNbO₃ greatly reduced the onset desorption temperature from 370 $^{\circ}$ C to 327 $^{\circ}$ C, and lowered the E_A by 61 kJ/mol, when compared with milled MgH₂. Additionally, when as-synthesized Co@C was added to MgH₂, the desorption temperature was reduced by 99 $^{\circ}$ C compared with milled MgH₂ [43]. Furthermore, at 300 °C, MgH₂-Co@C composites absorbed 5.96 wt.% of H_2 in 10 min, and desorbed 5.74 wt.% of H_2 in 1 h. Another metal oxide catalyst, SrFe₁₂O₁₉, also exhibited superior performance for MgH₂ [6]. In comparison to milled MgH₂, the introduction of SrFe₁₂O₁₉ decreased the E_A and onset desorption temperature from 350 °C to 270 °C, and 133.31 kJ/mol to 114.22 kJ/mol, respectively. According to the findings, the in-situ formation of SrO, $MgFe_2O_4$, and Fe plays a crucial role in enhancing the hydrogen storage properties of MgH_2 . In this study, according to the results of the onset desorption temperature, ab/desorption kinetics, and the activation energy, adding the LaCoO₃ (metal oxides) additive greatly enhances the hydrogen storage performance of MgH₂. The onset desorption temperature was reduced by 28 °C and the E_A was lowered by 43 kJ/mol. In addition, this composite could absorb 7.30 wt.% of H₂ at 250 °C and desorb 3.24 wt.% of H₂ at 300 $^{\circ}$ C, which is faster in kinetics compared with milled MgH₂. The further study exposed that in situ-generated CoO, La₂O₃, and MgO could play a significant role in enhancing the dehydrogenation performance of MgH₂.

According to Lee et al. [52], adding CoO has the best impact on the hydrogen sorption properties of Mg. Reactive grinding of Mg with Co/CoO causes defects and cracks in the surface of Mg particles, thus shortening diffusion distances between the samples. In addition, adding a minimal amount of CoO diminishes the dehydrogenation temperature and speeds up the dehydrogenation rate of LiBH₄.NH₃–3LiH system [53]. Furthermore, adding La₂O₃ to MgH₂ improves the sorption properties [54]. Our previous study [19] also found that the introduction of 10 wt.% LaFeO₃ positively affected the sorption kinetics of MgH₂. After the addition of LaFeO₃, the E_A decreased by 32 kJ/mol. Besides this, when MgH₂ was milled with MgO, the hydrogen kinetics were dramatically improved compared with MgH₂ [55]. At 300 °C, faster hydrogen absorption and desorption kinetics can be accomplished in <100 s. Based on the discussions above, the introduction of LaCoO₃ lowered the onset desorption temperature and enhanced the kinetic properties of MgH₂ via the formation of in situ-generated CoO, La₂O₃, and MgO.

4. Conclusions

In conclusion, the different weight percentages of LaCoO₃ have different effects on the hydrogen storage performance of MgH₂. In comparison to milled and pure MgH₂, the addition of $LaCoO_3$ allows hydrogen to be released at a lower temperature. For 5 wt.%, 10 wt.%, 15 wt.%, and 20 wt.% of LaCoO₃-doped MgH₂ composites, the composites decomposed at 316 °C, 322 °C, 310 °C, and 323 °C, respectively, which were at lower temperatures than those of milled MgH₂ and pure MgH₂. In the reversibility evaluation, 5 wt.%, 10 wt.%, 15 wt.%, and 20 wt.% of LaCoO₃-doped MgH₂ samples absorbed 7.30 wt.%, 7.30 wt.%, 6.99 wt.%, and 5.49 wt.%, respectively, at 250 °C within 20 min. Meanwhile, milled MgH₂ could absorb less than 6.68 wt.% of H₂ under the same conditions. In addition, the isothermal desorption kinetics for 5 wt.%, 10 wt.%, 15 wt.%, and 20 wt.% of LaCoO₃-doped MgH₂ were 2.46 wt.%, 3.24 wt.%, 2.04 wt.%, and 4.53 wt.%, respectively, which were higher than that of milled MgH₂ (0.34 wt.%). Through the DSC and Kissinger equation, the activation energy of 10 wt.% of $LaCoO_3$ with MgH₂ was 90 kJ/mol, which was 43 kJ/mol lower than that of milled MgH₂. Furthermore, the doped samples present a smaller particle size compared with pure and milled MgH₂, which allows more hydrogen to be absorbed/released. According to the XRD results, the in-situ formation of CoO, La₂O₃, and MgO plays a synergistic role in significantly improving MgH₂ hydrogen storage performance.

Author Contributions: N.S., Writing—original draft, methodology; M.F.M.D., writing—review and editing; M.I., supervision, writing—original draft; S.-U.R., writing—review and editing; H.S.B., writing—review and editing; H.A., writing—review and editing; A.A.T., writing—review and editing; U.S., writing—review and editing. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by Institutional Fund Projects under grant no. (IFPIP: 408-135-1443).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

Acknowledgments: The authors gratefully acknowledge technical and financial support provided by the Ministry of Education and King Abdulaziz University, DSR, Jeddah, Saudi Arabia.

Conflicts of Interest: The authors declare no conflict of interest.

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