

TS2: Filters and limits used for the search

Database or platform	Filters and limits
Web of Science (WoS)	Selection of "All fields" Set publication date (from 2011-01-01)
CINAHL	Deselect all search fields except from "Publication date" and "Age groups" Set publication date (from January 2011) Selection on "Age groups: Adolescence"
PsycInfo	Deselect all search fields except from "Publication date" and "Age groups" Set publication date (from January 2011) Set publication date (from January 2011) Selection on "Age groups: Adolescence"
PubMed	Selection of "All fields" Deselect all search fields Select: <ul style="list-style-type: none">- Randomized Controlled Trial- Custom range: from 2011-01-01- Age: Adolescent (13-18 years)