

Table S1. The level of depression according of BDI and climacterium symptoms according of BKMI of the respondents depending on socio demographic variables

Variables		BDI		BKMI	
		M	SD	M	SD
Marital status	Formal relationship (n=126)	8.86	8.28	17.6	11.34
	Informal relationship (n=24)	9.96	8.45	15.33	10.62
	Divorced (n=31)	6.19	6.53	18	11.78
	Single (n=17)	10.65	10.76	10.94	8.21
	Widowed (n=20)	7.15	8.05	19.85	10.27
	p*	0.304		0.099	
Place of residence	Village (n=34)	11.68	9.72	18.85	10.88
	city with up to 10,000 people (n=15)	7.87	1	16.93	13.7
	city with 10,000–100,000 people (n=40)	8.32	8.47	18.05	10.78
	city with over 100,000 people (n=129)	7.93	7.88	16.35	11.03
	p*	0.141		0.553	
Education	Basic [A] (n=11)	13.27	10.18	14.64	11.29
	Professional [B] (n=24)	7.12	6.84	18.58	12.25
	Secondary [C] (n=65)	6.52	6.54	16.89	10.59
	Higher [D] (n=118)	9.58	8.96	17.13	11.26
	p*	0.063		0.855	
Professionally active	Yes (n=183)	8.8	8.53	17.32	10.41
	No (n=35)	7.43	6.95	15.89	14.43
	p&	0.473		0.228	

M—mean; SD—standard deviation, p—significance level, * Kruskal-Wallis test ^ & Mann-Whitney test, p—significance level BDI- Beck Depression Inventory; BKMI- The Blatt-Kupperman Index; p—significance level

Table S2. The social support according of ISSB of the respondents depending on socio demographic variables

Variables		ISSB							
		emotional support		information support		instrumental support		appraisal support	
		M	SD	M	SD	M	SD	M	SD
Marital status	Formal relationship (n=126)	31.95	8.38	46.82	11.61	59.41	10.35	17.42	5.16
	Informal relationship (n=24)	31.33	7.85	44.17	11.47	57.67	11.33	16.58	5.5
	Divorced (n=31)	30.94	7.83	45.35	12.08	55.55	12.39	17.52	4.63
	Single (n=17)	35.53	6.78	48.94	10.97	59.24	12.12	17.82	5.55
	Widowed (n=20)	33.3	8.34	49.95	10.34	61.35	9.48	18.1	5.39
	p*	0.311		0.304		0.236		0.865	
Place of residence	Village (n=34)	31.91	9.09	46.29	12.38	57.35	13.2	17.26	6.25
	city with up to 10.000 people (n=15)	35.53	8.19	50.67	10.28	61.13	7.99	18.6	5.64
	city with 10.000–100.000 people (n=40)	32.17	8.05	45.55	11.76	57.6	11.37	17.6	5
	city with over 100.000 people (n=129)	31.8	7.9	46.82	11.35	59.34	10.31	17.29	4.85
	p*	0.505		0.418		0.843		0.812	
	Education	Basic [A] (n=11)	34.09	11.24	47.36	14.17	54.09	18.69	18.09
Professional [B] (n=24)		33.21	6.73	46.54	10.02	59.42	9.08	17.17	4.82
Secondary [C] (n=65)		32.83	8.32	47.82	11.06	59.38	10.48	17.92	4.89
Higher [D] (n=118)		31.36	7.99	46.19	11.86	58.86±10.48	10.48	17.16	5.1
p*		0.297		0.722		0.986		0.497	
Professionally active		Yes (n=183)	31.65	8.38	46.15	11.9	58.14	11.39	17.07
	No (n=35)	34.71	6.23	50.03	8.6	62.46	6.41	19.37	4.16
	p&	0.05		0.109		0.073		0.014	
M—mean; SD—standard deviation. p—significance level. * Kruskal-Wallis test ^ & Mann-Whitney test, p—significance level , ISSB- The Inventory of Social Supportive Behaviors									

Table S3. The level of depression according of BDI and climacterium symptoms according of BKMI of the respondents depending on medical variables

Variables		BDI		BKMI	
		M	SD	M	SD
Menopausal status	Perimenopasal women (n=98)	9.46	8.95	15.6±	10.62
	Postmenopausal women (n=120)	7.87	7.68	18.3	11.42
	p*	0.264		0.077	
Get over COVID-19	Yes (n=90)	9.9	9.02	18.94	11.82
	No (n=128)	7.66	7.65	15.79	10.45
	p*	0.08		0.069	

M—mean; SD—standard deviation. p—significance level. Mann-Whitney test. BDI- Beck Depression Inventory; BKMI- The Blatt-Kupperman Index

Table S4. The social support according of ISSB of the respondents depending on medical variables

Variables		ISSB							
		emotional support		information support		instrumental support		appraisal support	
		M	SD	M	SD	M	SD	M	SD
Menopausal status	Perimenopasal women (n=98)	31.67	7.56	45.63	11.24	57.86	11.97	16.74	5.09
	Postmenopausal women (n=120)	32.52	8.59	47.7	11.68	59.63	9.82	18	5.14
	p*	0.38		0.074		0.416		0.06	
Get over COVID-19	Yes (n=90)	31.09	8.52	45.51	11.79	57.3	11.83	16.74	5.49
	No (n=128)	32.88	7.81	47.66	11.26	59.91	10.01	16.74	5.49
	p*	0.102		0.138		0.151		0.115	

M—mean; SD—standard deviation. p—significance level. * Kruskal-Wallis test ^ & Mann-Whitney test, p—significance level, ISSB- The Inventory of Social Supportive Behaviors