

Figure S1. The mediating role of active and passive leisure activities in the association between depression and physical function (only adjusted for age and sex in the models, $n = 353$). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at $p < .05$, and dashed lines represent nonsignificant effects; Path a_1 represents the effect of mild depression on active leisure activities; Path a_2 represents the effect of mild depression on passive leisure activities; Path a_3 represents the effect of moderate/severe depression on active leisure activities; Path a_4 represents the effect of moderate/severe depression on passive leisure activities; Path b_1 represents the effect of active leisure activities on physical function; Path b_2 represents the effect of passive leisure activities on physical function; Path c_1 indicates the total effect of mild depression on physical function; Path c'_1 represents the direct effect of mild depression on physical function; Path c_2 indicates the total effect of moderate/severe depression on physical function; Path c'_2 represents the direct effect of moderate/severe depression on physical function; * $p < .05$, ** $p < .01$, *** $p < .001$.

Table S1. Bootstrap tests for the mediating effects of active and passive leisure activities ($n = 353$), adjusted for age and sex in the model.

Effect	Mild ^a		Moderate/severe ^a		Effect size
	Coefficient	95% CI	Coefficient	95% CI	
Total indirect effect	-0.027	-0.069, 0.015	-0.084**	-0.135, -0.038	49%
Specific indirect effect					
Active leisure activities	-0.017	-0.056, 0.018	-0.056*	-0.095, -0.020	33%
Passive leisure activities	-0.011	-0.036, 0.001	-0.028	-0.069, 0.002	16%

Note: CI: confidence interval; ** $p < .01$, * $p < .05$

^aReference group: no depression

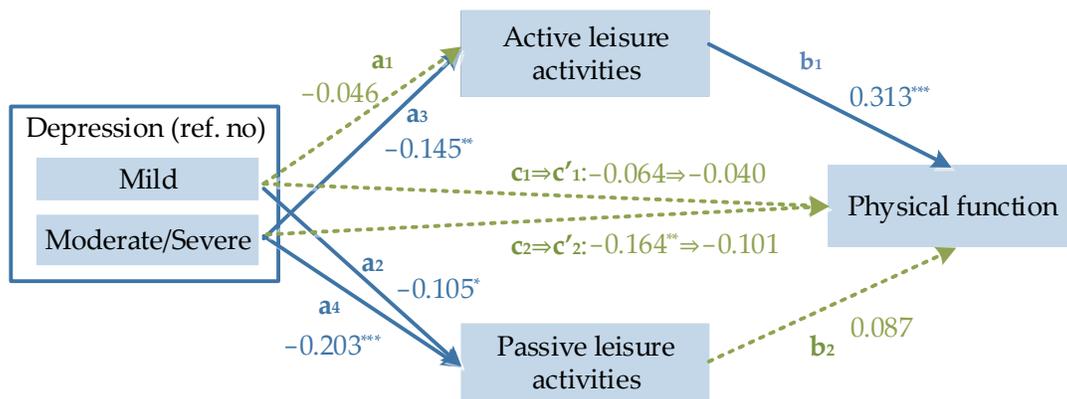


Figure S2. The mediating role of active leisure activities and cognitive (passive) leisure activities in the association between and physical function (removed “watching television/listening to the radio/watching theatrical performances” from the category of passive leisure activities and renamed cognitive leisure activities, $n = 353$). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at $p < .05$, and dashed lines represent nonsignificant effects; adjusted for age, sex, years of schooling, having a spouse, self-reported economic conditions, comorbidity conditions, and body mass index; Path a_1 represents the effect of mild depression on active leisure activities; Path a_2 represents the effect of mild depression on passive leisure activities; Path a_3 represents the effect of moderate/severe depression on active leisure activities; Path a_4 represents the effect of moderate/severe depression on passive leisure activities; Path b_1 represents the effect of active leisure activities on physical function; Path b_2 represents the effect of passive leisure activities on physical function; Path c_1 indicates the total effect of mild depression on physical function; Path c'_1 represents the direct effect of mild depression on physical function; Path c_2 indicates the total effect of moderate/severe depression on physical function; Path c'_2 represents the direct effect of moderate/severe depression on physical function; $*p < .05$, $**p < .01$, $***p < .001$.

Table S2. Bootstrap tests for the mediating effects of active leisure activities and cognitive leisure activities (removed “watching television/listening to the radio/watching theatrical performances” from the category of passive leisure activities and reclassified them as cognitive leisure activities, $n = 353$)

Effect	Mild ^a		Moderate/severe ^a		Effect size
	Coefficient	95% CI	Coefficient	95% CI	
Total indirect effect	-0.023	-0.064, 0.016	-0.063**	-0.111, -0.021	38%
Specific indirect effect					
Active leisure activities	-0.014	-0.051, 0.018	-0.045*	-0.084, -0.013	27%
Cognitive leisure activities	-0.009	-0.032, 0.002	-0.018	0.051, 0.005	11%

Note: CI: confidence interval; $**p < .01$, $*p < .05$

^aReference group: no depression

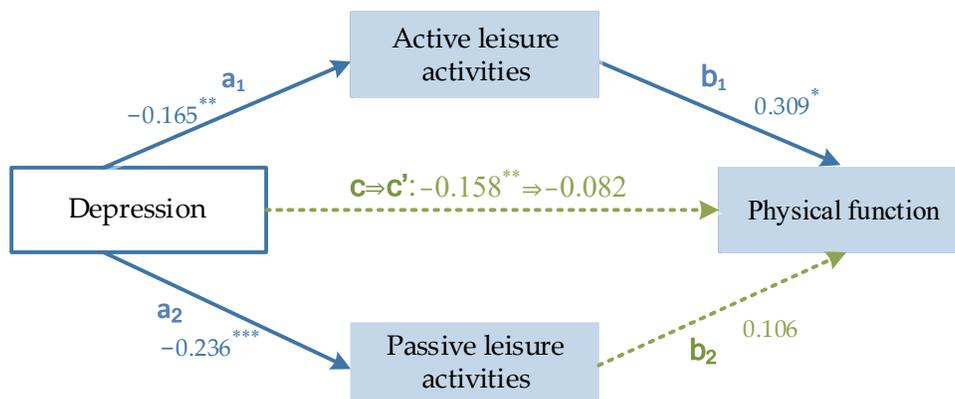


Figure S3. The mediating role of active and passive leisure activities in the association between and physical function (using depression as a continuous variable, $n = 353$). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at $p < .05$, and dashed lines represent nonsignificant effects; adjusted for age, sex, years of schooling, having a spouse, self-reported economic conditions, comorbidity conditions, and body mass index; Path a_1 represents the effect of depression on active leisure activities; Path a_2 represents the effect of depression on passive leisure activities; Path b_1 represents the effect of active leisure activities on physical function; Path b_2 represents the effect of passive leisure activities on physical function; Path c indicates the total effect of depression on physical function; Path c' represents the direct effect of depression on physical function; * $p < .05$, ** $p < .01$, *** $p < .001$.

Table S3. Bootstrap tests for the mediating effects of active and passive leisure activities (using depression as a continuous variable, $n = 353$)

Effect	Bootstrapped distribution		
	Coefficient	95% CI	Effect size
Total indirect effect	-0.076**	-0.122, -0.033	48%
Specific indirect effect			
Active leisure activities	-0.051*	-0.060, -0.002	32%
Passive leisure activities	-0.025	-0.091, 0.019	16%

Note: CI: confidence interval; ** $p < .01$, * $p < .05$

^aReference group: no depression

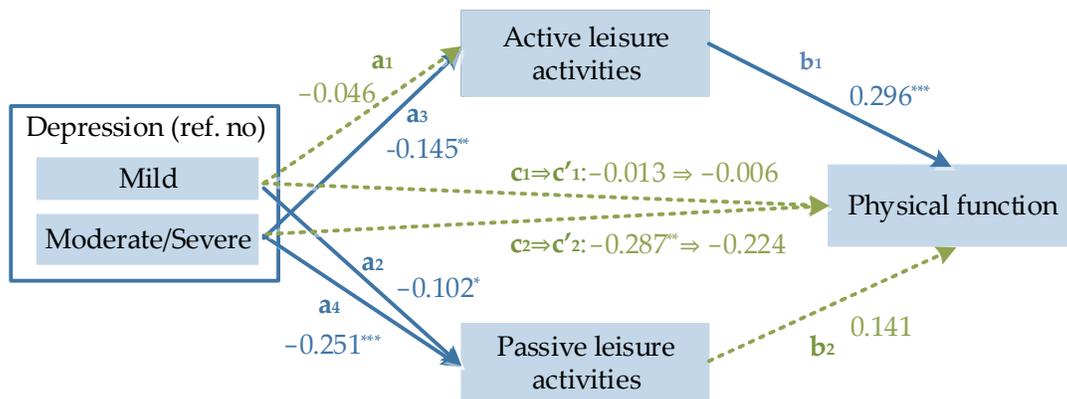


Figure S4. The mediating role of active and passive leisure activities in the association between depression and physical function (using physical function as the dichotomous outcome, $n = 353$). Standardized coefficients are shown along the path arrows; solid lines represent statistical significance at $p < .05$, and dashed lines represent nonsignificant effects; adjusted for age, sex, years of schooling, having a spouse, self-reported economic conditions, comorbidity conditions, and body mass index; Path a₁ represents the effect of mild depression on active leisure activities; Path a₂ represents the effect of mild depression on passive leisure activities; Path a₃ represents the effect of moderate/severe depression on active leisure activities; Path a₄ represents the effect of moderate/severe depression on passive leisure activities; Path b₁ represents the effect of active leisure activities on physical function; Path b₂ represents the effect of passive leisure activities on physical function; Path c₁ indicates the total effect of mild depression on physical function; Path c'₁ represents the direct effect of mild depression on physical function; Path c₂ indicates the total effect of moderate/severe depression on physical function; Path c'₂ represents the direct effect of moderate/severe depression on physical function; * $p < .05$, ** $p < .01$, *** $p < .001$.

Table S4. Bootstrap tests for the mediating effects of active and passive leisure activities (using physical function as a dichotomous variable, $n = 353$)

Effect	Mild depression ^a		Moderate/severe depression ^a		Effect size
	Coefficient	95% CI	Coefficient	95% CI	
Total indirect effect	0.028	-0.003, 0.088	0.078**	0.034, 0.161	27%
Specific indirect effect					
Active leisure activities	0.014	-0.010, 0.062	0.043*	0.015, 0.103	15%
Passive leisure activities	0.014	-0.001, 0.050	0.035	-0.002, 0.099	12%

Note: CI: confidence interval; ** $p < .01$, * $p < .05$

^a Reference group: no depression