

Supplementary material File S3.

Sensitivity analysis

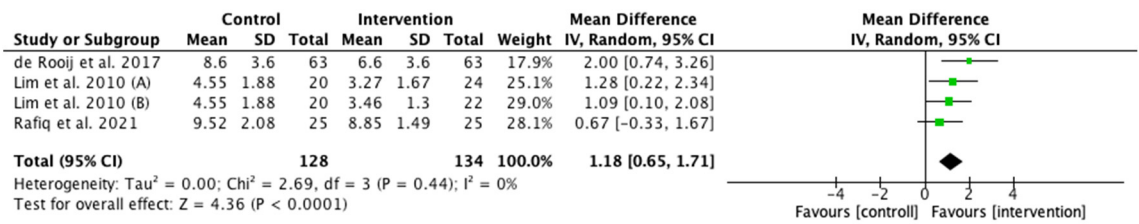


Figure S1. Sensitivity analysis excluding studies [26,29] comparing a 'diet and exercise' group versus a 'diet' group. Effects interventions on pain. CI, confidence interval.

Note: lower scores are indicating lower levels of pain.

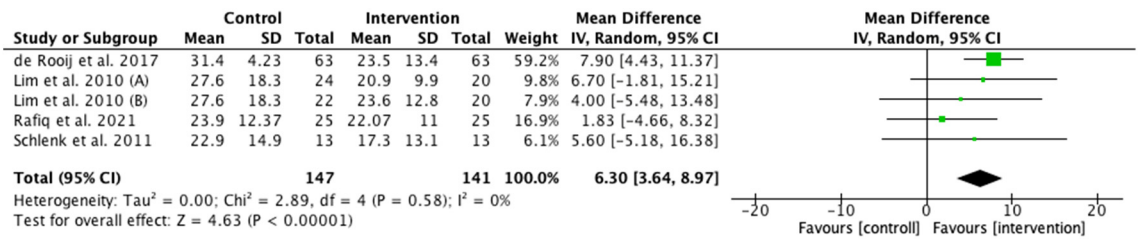


Figure S2. Sensitivity analysis excluding studies [26,29] comparing a 'diet and exercise' group versus a 'diet' group. Effects interventions on physical function. CI, confidence interval.

Note: lower scores indicating lower levels of symptoms or physical disability.

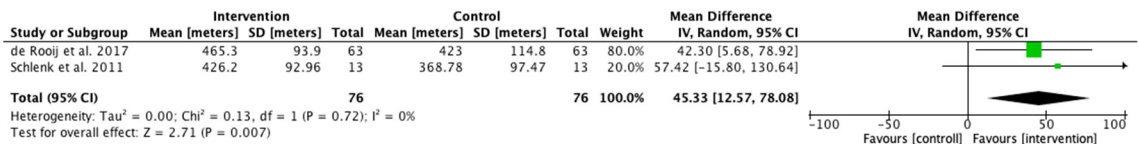


Figure S3. Sensitivity analysis excluding studies [26,29] comparing a 'diet and exercise' group versus a 'diet' group. Effects interventions on distance (meters) reached in the 6-minute test walk. CI, confidence interval.