

**Table S1.** Characteristics of the participants NDSHS (2004–2016).

	<b>2004</b>	<b>2007</b>	<b>2010</b>	<b>2013</b>	<b>2016</b>
<b>N</b>	28,582	22,912	26,157	23,521	23,425
	<b>Weighted % CI *</b>	<b>Weighted %CI *</b>			
<b>Sex</b>					
<b>Male</b>	49.2	49.4	49.5	49.5	49.4
<b>Female</b>	50.8	50.7	50.5	50.5	50.6
<b>Age groups</b>					
<b>(years)</b>					
<b>18–24</b>	12.6	12.6	12.6	12.0	11.8
<b>25–29</b>	7.8	7.6	8.6	9.0	8.7
<b>30–39</b>	18.0	17.4	17.3	16.8	17.1
<b>40–49</b>	18.1	17.6	17.2	16.9	16.3
<b>50–59</b>	15.4	15.5	15.2	15.5	15.2
<b>60–69</b>	11.8	13.0	11.3	12.0	12.6
<b>70+</b>	9.6	9.7	11.3	11.8	12.6
<b>Mental Health</b>					
<b>Status</b>					
<b>Well</b>	84.9	85.4	85.2	84.9	83.0
<b>Mild</b>	9.0	8.8	8.8	8.3	9.0
<b>Moderate</b>	3.7	3.6	3.5	3.7	4.5
<b>Severe</b>	2.4	2.2	2.6	3.1	3.5
<b>Heavy Episodic</b>					
<b>Drinking: **</b>					
<b>No</b>	63.6	64.4	65.1	67.1	68.2
<b>Yes</b>	36.4	35.6	34.9	32.9	31.8
<b>Long-term Risky</b>					
<b>Drinking: ***</b>					
<b>No</b>	80.2	80.5	80.1	82.0	83.1
<b>Yes</b>	19.8	19.5	20.0	18.0	17.0
<b>Location</b>					
<b>Urban</b>	67.6	67.7	68.4	71.2	70.0
<b>Semi-urban</b>	21.0	20.4	20.5	17.0	18.9
<b>Rural</b>	11.5	11.9	11.1	11.8	11.0

Notes: \* Sample counts are unweighted and all proportions are based on weighted data. \*\* Heavy episodic drinking is characterised as having 5+ standard drinks on an occasion in the last 12 months. \*\*\* Long-term risky drinking is characterised as having 2+ standard drinks per day in the last 12 months