

Supplementary Materials

Table S1. Impacts on children and families (those who agree or strongly agree with each statement)

	Italy		Australia	
	n	%	n	%
General				
My child's overall health and wellbeing has been impacted by the COVID-19 crisis	117	58.5	200	69.4
COVID has worsened pre-existing health conditions for my child	91	45.5	139	50
COVID has had an impact on my wellbeing	95	47.7	197	68.4
COVID has had an impact on my other children's wellbeing	56	36.4	164	57.1
Types of support				
My support networks have decreased significantly due to COVID	97	53.0	178	77.4
COVID has disrupted carer supports and services	79	44.9	127	71.8
COVID has disrupted respite arrangements	52	27.1	91	72.2
COVID has significantly disrupted the allied health services my child accesses (e.g. occupational therapy, speech therapy)	78	74.3	151	72.2
COVID has significantly disrupted my child's psychological therapy	42	56.0	114	68.7
COVID has significantly disrupted my child's behavioural therapy	58	70.7	97	74.1
My child has started taking more medication than normal due to the COVID pandemic	26	25.2	232	97.1

My child is taking less medication than usual because of the COVID pandemic	3	3.1	236	98.7
My child's ability to access specialists has been significantly impacted due to COVID	52	29.2	148	70.5
My ability to organize supports has been significantly impacted due to COVID (e.g. support workers)	41	28.1	114	71.7
COVID has significantly disrupted my child's other treatments and supports (e.g. physiotherapy, OT, speech therapy)	60	64.5	150	81.5
My child's contacts with people outside of the home have reduced since before the COVID pandemic	117	62.2	228	95.8
Family health				
COVID has significantly disrupted my child's routines	138	69.0	243	94.9
During the past two weeks, COVID restrictions have been stressful for my child	93	47.0	191	75.5
Home isolation has been stressful for me	119	60.1	183	72.335
Balancing work with childcare/family responsibilities has been difficult for me due to COVID	74	40.0	186	80.9
My pre-existing mental health conditions have been worsened due to COVID	38	32.5	110	57.0
My pre-existing physical health conditions have been worsened due to COVID	34	28.6	90	46.6
My family is feeling worried about COVID	122	61.6	146	57.9
The COVID restrictions have had significant negative effect on my life	114	57.6	130	51.8
The amount of quality time I spend with my child has reduced since before COVID-19	14	7.1	47	19.0

Changes related to the Coronavirus/COVID-19 crisis have created financial problems for me or my family	65	32.8	104	43.5
The COVID situation has resulted in changes to the employment status of people in my household	96	48.5	100	48.8
I am concerned about the stability of our living situation	52	26.3	72	31.3
I am worried about running out of food due to a lack of money	21	10.6	34	14.7
I am hopeful that the COVID crisis will end soon	189	94.5	186	73.2
I am worried about making it through future periods of isolation	122	61.9	122	48.2

Home based learning

COVID has prevented my child from attending educational facilities in person (e.g. childcare, school)	176	90.3	224	91.1
COVID has disrupted my child's learning	135	68.9	212	83.8
My child has completed home-based learning during the COVID-19 pandemic.	170	87.2		
I have adequate access to internet and online resources	163	84.0	217	87.2
My child has adequate capacity to engage in home-based learning	93	47.5	110	44.4
I have adequate capacity to support my child's educational needs	155	79.9	117	46.4

Child behaviours

My child has experienced reductions in sleep quality as a result of COVID-19	37	18.7	114	46.9
My child's exercise has decreased as a result of COVID-19	135	67.5	169	68.7

My child's diet has been poorer as a result of COVID-19	22	11.2	82	33.7
My child's ability to spend time outside has reduced as a result of COVID.	161	80.9	138	55.9
My child has difficulty following the recommendations for keeping away from close contact with people	52	27.5	136	57.1
My child has had difficulty maintaining relationships as a result of COVID	83	43.2	163	67.9
My child has become easily annoyed, irritable, and angry since the COVID-19 outbreak, compared to before the outbreak	120	60.6	159	65.2
The cancellation of important events (such as holiday, birthday celebration etc.) has been difficult for my family	52	28.0	159	63.1
My child has been watching significantly more TV or digital media (e.g., Netflix, YouTube, web surfing) since before COVID	144	73.1	203	82.2
My child has been using significantly more social media (e.g., Facetime, Facebook, Instagram, Snapchat, Twitter, TikTok) since before COVID	63	43.5	74	45.7
My child has been playing significantly more video games since before COVID	101	58.7	132	65.4
