

Proposed SEAM Training Schedule

Pre-training: survey on patient population/desired exercises

Initial Training (8 hours)

1. Morning

- Background/ Aims of the study
- Pt Pal introduction and navigations
- Puck/ Clip introduction
- Android/ iPhone manuals
- Billing information
- Documentation in Epic

2. Afternoon

- Create account
- Download app on phones
- Create “testing subjects”
- Develop sample order set
- Prescribe exercise program
- Perform exercises using app on phone and puck/clip
- Adjust exercises from the Pt Pal portal
- Refresh to make sure “subjects” receive updated exercise program

Follow up Training Meeting (4 hours)

- Q&A
- Quiz on “test subject” using different case scenarios: adding exercises, modifying exercise prescription, obtaining reports from Pt Pal, submitting appropriate billing codes, etc.

Weekly or bi-weekly meetings (1 hour)

- Enrollment updates
- Troubleshooting
- Hardware/software updates
- Billing reminder

Documentation/ Data or progress retrieval

- In Epic – patient’s chart
- Pt Pal

Technical support hotline

- Monitor seam system usage
- Monitor billing submission