



Table S1. DM and related conditions and relative risks.

| | Men | Women | Both | Reference |
|--|-----|-------|------|-----------|
| Cardiovascular Disease | | | | |
| I20 Angina pectoris | | | 1.89 | [3] |
| I21 Acute myocardial infarction | | | 1.74 | [3] |
| I23 Certain current complications following acute myocardial infarction | | | 1.74 | [3] |
| I24 Other acute ischaemic heart diseases | | | 1.74 | [3] |
| I22 Subsequent myocardial infarction | | | 1.74 | [3] |
| I25 Chronic ischaemic heart disease | | | 1.89 | [3] |
| I10 Essential (primary) hypertension | | | 1.68 | [1] |
| I11 Hypertensive heart disease | | | 1.36 | [4] |
| I12 Hypertensive renal disease | | | 2.55 | [2] |
| I50 Heart failure | | | 1.36 | [4] |
| I60 Subarachnoid haemorrhage | | | 1.14 | [3] |
| I61 Intracerebral haemorrhage | | | 1.14 | [3] |
| I62 Other non-traumatic intracranial haemorrhage | | | 1.14 | [3] |
| I63 Cerebral infarction | | | | [5] |
| Age group (years) 30–44 | | | 5.60 | |
| 45–59 | | | 3.60 | |
| 60–74 | | | 2.10 | |
| >=75 | | | 1.80 | |
| I65 Occlusion and stenosis of precerebral arteries, not resulting in cerebral infarction | | | 1.14 | [3] |
| I66 Occlusion and stenosis of cerebral arteries, not resulting in cerebral infarction | | | 1.14 | [3] |
| I67.2 Cerebral atherosclerosis | | | 1.76 | [3] |
| I69 Sequelae of cerebrovascular disease | | | 1.76 | [3] |
| G45 Transient cerebral ischemic attacks and related syndromes | | | | [5] |
| Age group (years) 30–44 | | | 5.60 | |
| 45–59 | | | 3.60 | |
| 60–74 | | | 2.10 | |

| | | |
|---|-------|-----|
| 75+ | 1.80 | |
| Renal diseases | 2.55 | [2] |
| N04 Nephrotic syndrome | | |
| R77.0 Abnormality of albumin | | |
| R80 Isolated proteinuria | | |
| N17 Acute renal failure | | |
| N18 Chronic kidney disease | | |
| N19 Unspecified kidney failure | | |
| Eye diseases | 3.22 | [2] |
| H25 Senile cataract | | |
| H28 Cataract and other disorders of lens in diseases classified elsewhere | | |
| H33 Retinal detachments and breaks | | |
| H34 Retinal vascular occlusions | | |
| H35.0 Background retinopathy and retinal vascular changes | | |
| H35.2 Other proliferative retinopathy | | |
| H36.0 Retinal disorders in diseases classified elsewhere | | |
| H42 Glaucoma in diseases classified elsewhere | | |
| H54 Visual impairment including blindness (binocular or monocular) | | |
| Neurological diseases | | |
| G90 Disorders of autonomic nervous system | 1.97 | [2] |
| G56 Mononeuropathies of upper limb | 1.97 | [2] |
| G57 Mononeuropathies of lower limb | 1.97 | [2] |
| G59.0 Diabetic mononeuropathy | 1.97 | [2] |
| G63 Polyneuropathy in diseases classified elsewhere | 1.97 | [2] |
| G52 Disorders of other cranial nerves | 1.97 | [2] |
| L97 Ulcer of lower limb, not elsewhere classified | 1.97 | [2] |
| S88 Traumatic amputation of lower leg | | [6] |
| Age group (years) 35–44 | 3.04 | |
| 45–54 | 9.82 | |
| 55–59 | 22.53 | |
| 60–64 | 35.36 | |

| | | | | |
|--|------|------|--------|-----|
| 65–74 | | | 63.52 | |
| 75+ | | | 163.49 | |
| S98 Traumatic amputation of ankle and foot | | | [6] | |
| Age group (years) 35–44 | | | 1.75 | |
| 45–54 | | | 5.01 | |
| 55–59 | | | 7.68 | |
| 60–64 | | | 9.86 | |
| 65–74 | | | 12.15 | |
| 75+ | | | 15.77 | |
| R02 Gangrene, not elsewhere classified | | | [6] | |
| Age group (years) 35–44 | | | 2.07 | |
| 45–54 | | | 6.50 | |
| 55–59 | | | 11.81 | |
| 60–64 | | | 16.49 | |
| 65–74 | | | 23.88 | |
| 75+ | | | 43.92 | |
| M86 Osteomyelitis | | | 5.80 | [7] |
| M87 Osteonecrosis | | | 5.80 | [7] |
| Respiratory and urinary infectious diseases | | | | |
| N10 Acute tubulo-interstitial nephritis | | | [8] | |
| Age group (years) 18–24 | 1.17 | 1.19 | | |
| 25–34 | 1.21 | 1.19 | | |
| 35–44 | 1.21 | 1.18 | | |
| 45–54 | 1.21 | 1.13 | | |
| 55–64 | 1.19 | 1.13 | | |
| 65–74 | 1.16 | 1.14 | | |
| 75+ | 1.16 | 1.12 | | |
| N15.1 Renal and perinephric abscess | | | [8] | |
| Age group (years) 18–24 | 1.17 | 1.19 | | |
| 25–34 | 1.21 | 1.19 | | |
| 35–44 | 1.21 | 1.18 | | |

| | | | |
|--|------|------|------|
| 45–54 | 1.21 | 1.13 | |
| 55–64 | 1.19 | 1.13 | |
| 65–74 | 1.16 | 1.14 | |
| 75+ | 1.16 | 1.12 | |
| N30.0 Acute cystitis | | | [8] |
| Age group (years) 18–24 | 1.17 | 1.19 | |
| 25–34 | 1.21 | 1.19 | |
| 35–44 | 1.21 | 1.18 | |
| 45–54 | 1.21 | 1.13 | |
| 55–64 | 1.19 | 1.13 | |
| 65–74 | 1.16 | 1.14 | |
| 75+ | 1.16 | 1.12 | |
| N30.8 Other cystitis | | | [8] |
| Age group (years) 18–24 | 1.17 | 1.19 | |
| 25–34 | 1.21 | 1.19 | |
| 35–44 | 1.21 | 1.18 | |
| 45–54 | 1.21 | 1.13 | |
| 55–64 | 1.19 | 1.13 | |
| 65–74 | 1.16 | 1.14 | |
| 75+ | 1.16 | 1.12 | |
| Respiratory infections | | 1.23 | [9] |
| J12 Viral pneumonia, not elsewhere classified | | | |
| J13 Pneumonia due to <i>Streptococcus pneumoniae</i> | | | |
| J14 Pneumonia due to <i>Haemophilus influenzae</i> | | | |
| J15 Bacterial pneumonia, not elsewhere classified | | | |
| J18 Pneumonia, organism unspecified | | | |
| Neoplasms | | | |
| Breast | | 1.20 | [10] |
| C50 Malignant neoplasm of breast | | | |
| D05.9 Carcinoma in situ of breast, unspecified | | | |
| Liver and intrahepatic bile ducts | | | |

| | | |
|--|------|------|
| C22.1 Intrahepatic bile duct carcinoma | 1.97 | [10] |
| C22.0 Liver cell carcinoma | 2.31 | [11] |
| C22.7 Other specified carcinomas of liver | 2.31 | [11] |
| C22.9 Malignant neoplasm of liver and intrahepatic bile ducts – liver, unspecified | 2.31 | [11] |
| Colorectal | 1.27 | [10] |
| C18 Malignant neoplasm of colon | | |
| C19 Malignant neoplasm of recto sigmoid junction | | |
| Endometrium | 1.97 | [10] |
| C54.1 Malignant neoplasm of corpus uteri | | |
| D07.0 Carcinoma in situ of other and unspecified genital organs | | |
| Pancreas | 1.94 | [12] |
| C25 Malignant neoplasm of pancreas | | |

Notes: Ref. [1]—RR calculated based on self-report prevalence of hypertension for diabetics in relation to non-diabetics according to the National Health Survey (PNS) of 2013. Ref. [4]—RR calculated according Grant (2014) [13].

Table S2. State level prevalence and hospitalization cost due to diabetes and related conditions, adults (20+ years), SUS, Brazil, 2014.

| State | Prevalence (%) | Population with Diabetes | Hospitalization (n) | Cost (in 000) |
|-------------------------|----------------|--------------------------|---------------------|------------------|
| Rondônia | 10.0 | 112,492 | 3511 | 1716.1 |
| Acre | 9.9 | 43,930 | 765 | 410.2 |
| Amazonas | 9.5 | 212,302 | 2862 | 1842.6 |
| Roraima | 9.0 | 25,459 | 745 | 376.5 |
| Pará | 10.3 | 495,189 | 9561 | 4068.2 |
| Amapá | 9.1 | 38,037 | 651 | 467.7 |
| Tocantins | 10.7 | 99,954 | 2859 | 1558.7 |
| <i>North region</i> | <i>10.0</i> | <i>1,027,363</i> | <i>20,955</i> | <i>10,439.4</i> |
| Maranhão | 11.1 | 449,367 | 11,976 | 4504.3 |
| Piauí | 12.1 | 247,729 | 6258 | 2358.8 |
| Ceará | 12.2 | 701,396 | 9070 | 7427.5 |
| Rio Grande do Norte | 12.2 | 276,781 | 4398 | 3574.6 |
| Paraíba | 12.8 | 333,033 | 4974 | 3178.1 |
| Pernambuco | 12.4 | 753,867 | 13,149 | 12,170.7 |
| Alagoas | 11.6 | 237,841 | 4554 | 3327.3 |
| Sergipe | 11.4 | 161,745 | 1745 | 1367.6 |
| Bahia | 12.1 | 1,211,736 | 27,944 | 14,003.8 |
| <i>Notheast region</i> | <i>12.0</i> | <i>4,373,495</i> | <i>84,068</i> | <i>51,912.8</i> |
| Minas Gerais | 13.1 | 1,895,874 | 38,797 | 35,628.5 |
| Espírito Santo | 12.3 | 329,834 | 5835 | 5207.4 |
| Rio de Janeiro | 14.2 | 1,669,845 | 18,093 | 16,846.7 |
| São Paulo | 13.1 | 4,102,950 | 66,884 | 70,818.1 |
| <i>Southeast region</i> | <i>13.3</i> | <i>7,998,504</i> | <i>129,608</i> | <i>128,500.7</i> |
| Paraná | 12.9 | 994,666 | 19,832 | 20,924.9 |
| Santa Catarina | 12.5 | 592,684 | 10,489 | 11,034.4 |
| Rio Grande do Sul | 14.5 | 1,169,597 | 25,247 | 24,056.9 |
| <i>South region</i> | <i>13.4</i> | <i>2,756,947</i> | <i>55,568</i> | <i>56,016.3</i> |
| Mato Grosso do Sul | 11.8 | 206,552 | 5116 | 4121.7 |
| Mato Grosso | 10.7 | 227,248 | 4806 | 2859.4 |
| Goiás | 11.5 | 509,315 | 10,080 | 8198.9 |

| | | | | |
|------------------|------|------------|---------|-----------|
| Distrito Federal | 11.2 | 220,916 | 3071 | 2818.2 |
| Midwest region | 11.3 | 1,164,030 | 23,074 | 17,998.2 |
| TOTAL * | 12.6 | 17,320,339 | 313,273 | 264,867.9 |

Note: The prevalence and population of diabetics correspond to the sum of the estimates calculated specifically for each sex, age at 13 intervals every 5 years from 20 years old and state from the data of self-reported prevalence obtained accordingly from the National Health Survey 2013 multiplied by 2 (see methodological section). * Numbers do not necessarily sum to totals because of rounding.

References

1. Instituto Brasileiro de Geografia e Estatística (IBGE). *Pesquisa Nacional de Saúde—2013: Percepção do Estado de Saúde, Estilos de Vida e Doenças Crônicas: Brasil, Grandes Regiões e Unidades da Federação*; IBGE: Rio de Janeiro, Brazil, 2014.
2. Donnan, P.T.; Leese, G.P.; Morris, A.D. Hospitalizations for people with type 1 and type 2 diabetes compared with the nondiabetic population of tayside, scotland: A retrospective cohort study of resource use. *Diabetes Care* **2000**, *23*, 1774–1779.
3. Sarwar, N.; Gao, P.; Seshasai, S.R.; Gobin, R.; Kaptoge, S.; Di Angelantonio, E.; Ingelsson, E.; Lawlor, D.A.; Selvin, E.; Stampfer, M.; et al. Diabetes mellitus, fasting blood glucose concentration, and risk of vascular disease: A collaborative meta-analysis of 102 prospective studies. *Lancet* **2010**, *375*, 2215–2222.
4. Kamalesh, M.; Cleophas, T.J. Heart failure due to systolic dysfunction and mortality in diabetes: Pooled analysis of 39,505 subjects. *J. Card. Fail.* **2009**, *15*, 305–309.
5. Jeerakathil, T.; Johnson, J.A.; Simpson, S.H.; Majumdar, S.R. Short-term risk for stroke is doubled in persons with newly treated type 2 diabetes compared with persons without diabetes: A population-based cohort study. *Stroke* **2007**, *38*, 1739–1743.
6. Lombardo, F.L.; Maggini, M.; De Bellis, A.; Seghieri, G.; Anichini, R. Lower extremity amputations in persons with and without diabetes in italy: 2001–2010. *PLoS ONE* **2014**, *9*, e86405.
7. Al-Mayahi, M.; Cian, A.; Kressmann, B.; de Kalbermatten, B.; Rohner, P.; Egloff, M.; Jafaar, J.; Malacarne, S.; Miozzari, H.H.; Uckay, I. Associations of diabetes mellitus with orthopaedic infections. *Infect. Dis. (Lond.)* **2016**, *48*, 70–73.
8. Fu, A.Z.; Iglay, K.; Qiu, Y.; Engel, S.; Shankar, R.; Brodovicz, K. Risk characterization for urinary tract infections in subjects with newly diagnosed type 2 diabetes. *J. Diabetes Complicat.* **2014**, *28*, 805–810.
9. Kornum, J.B.; Thomsen, R.W.; Riis, A.; Lervang, H.H.; Schonheyder, H.C.; Sorensen, H.T. Diabetes, glycemic control, and risk of hospitalization with pneumonia: A population-based case-control study. *Diabetes Care* **2008**, *31*, 1541–1545.
10. Tsilidis, K.K.; Kasimis, J.C.; Lopez, D.S.; Ntzani, E.E.; Ioannidis, J.P. Type 2 diabetes and cancer: Umbrella review of meta-analyses of observational studies. *BMJ* **2015**, *350*, doi:10.1136/bmj.g7607.
11. Wang, C.; Wang, X.; Gong, G.; Ben, Q.; Qiu, W.; Chen, Y.; Li, G.; Wang, L. Increased risk of hepatocellular carcinoma in patients with diabetes mellitus: A systematic review and meta-analysis of cohort studies. *Int. J. Cancer* **2012**, *130*, 1639–1648.
12. Ben, Q.; Xu, M.; Ning, X.; Liu, J.; Hong, S.; Huang, W.; Zhang, H.; Li, Z. Diabetes mellitus and risk of pancreatic cancer: A meta-analysis of cohort studies. *Eur. J. Cancer* **2011**, *47*, 1928–1937.
13. Grant, R.L. Converting an odds ratio to a range of plausible relative risks for better communication of research findings. *BMJ* **2014**, *348*, doi:10.1136/bmj.f7450.