

Gene	Forward	Reverse	Efficiency (%)	Reference
<i>Actin</i>	5' CTGCCTAACCTCATTGGA	5'TGGTTGTAGACGGTTCGTG	<b>99.5</b>	Bernabò et al., 2020
<i>Hsp70</i>	5'TGGGGACGACATACTCATGT	5'ACCGCTTGCATAAAAACACTG	<b>86.5</b>	Bernabò et al., 2020
<i>Hsp70 no intron</i>	5'CAAAAATCAAGTGGCAATGAATCC	5'TGAAC TGACTCTTCTGGAGC	<b>83.5</b>	Bernabò et al., 2020
<i>Cyp450</i>	5'GACATTGATGAGAATGATGTTGGT	5'TAAGTGGAACTGGTGGGTACA	<b>121.5</b>	Park et al., 2009
<i>Hsc70 (4)</i>	5'CGTGCTATGACTAAGGACAA	5'GCTTCATTGACCATACTGTT	<b>87</b>	Martín-Folgar et al., 2018

Table S1. Sequences of the primers and reference used in this study and their efficiencies obtained for *D. steinboecki*

References:

Bernabò, P; Viero, G; Lencioni, V. A long noncoding RNA acts as a posttranscriptional regulator of heat shock protein (HSP70) synthesis in the cold hardy *Diamesa tonsa* under heat shock. *PLoS ONE*, 2020, 15(4), 1–18.

Martín-Folgar, R; Aquilino, M; Ozáez, I; Martínez-Guitarte, J. L. Ultraviolet filters and heat shock proteins: effects in *Chironomus riparius* by benzophenone-3 and 4-methylbenzylidene camphor., *Enviro Sci & Pollution Res*, 2018, 25(1), 333–344.

Park, K; Bang, H.W; Park, J; Kwak, I.-S. Ecotoxicological multilevel-evaluation of the effects of fenbendazole exposure to *Chironomus riparius* larvae. *Chemosphere*, 2009, 77, 359–367.