



Article

# Polysaccharide from *Artocarpus heterophyllus* Lam. (Jackfruit) Pulp Ameliorates Dextran Sodium Sulfate-Induced Enteritis in Rats

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**Abstract:** A polysaccharide from *Artocarpus heterophyllus* Lam. (jackfruit) pulp (JFP-Ps) is known for its excellent bioactivities. However, its impact on small intestinal barrier function is still largely unexplored. The study aimed to examine the protection effect of JFP-Ps against dextran sodium sulfate-induced enteritis and its underlying mechanism. This research revealed that JFP-Ps mitigated small intestinal tissue damage by reducing the expression of pro-inflammatory cytokines and promoting the expression of the anti-inflammatory cytokine interleukin-10 in the small intestine. JFP-Ps diminished oxidative stress by bolstering the activity of antioxidant enzymes and reducing the concentration of malondialdehyde in the small intestine. In addition, JFP-Ps may restore the mechanical barrier and inhibit intestinal structure damage by augmenting the expression of short-chain fatty acids (SCFAs) receptors (GPR41/43) and up-regulating the expression of tight junction proteins (occludin). In conclusion, JFP-Ps may positively influence intestinal health by relieving oxidative stress in the small intestine, improving mechanical barrier function, activating the SCFA-GPR41/GPR43 axis, and inhibiting TLR4/MAPK pathway activation. The results augment our comprehension of the bioactivities of JFP-Ps, corroborating its great potential as a functional food.

**Keywords:** *Artocarpus heterophyllus* Lam.; polysaccharide; signaling pathway; inflammation; intestinal barrier



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## 1. Introduction

The alimentary canal, specifically the intestine, serves as the most extensive interface between organisms and their surrounding environment, primarily functioning as the principal site for the digestion and absorption of nutrients [1,2]. As the largest immune organ in the body, the intestine provides a crucial barrier for maintaining overall systemic health [3]. As a physical barrier, the intestine prevents the invasion of foreign antigens, such as microorganisms and toxins [4,5]. The intestinal mucosal barrier plays an important role in the maintenance of intestinal health [6]. Intestinal barrier dysfunction or immune dysregulation can lead to increased intestinal mucosal permeability, which promotes the translocation of intestinal pathogens, further exacerbates intestinal barrier damage, and even induces systemic infection [7]. Therefore, searching for active substances that regulate intestinal barrier function is crucial to human health.

Natural polysaccharides from animals, plants, algae, and microorganisms exhibit favorable bioactivities and have received much attention from researchers due to their low toxic side effects [8,9]. The protective effect of natural polysaccharides against inflammatory bowel disease (IBD) is a hot research topic. Natural polysaccharides have been reported

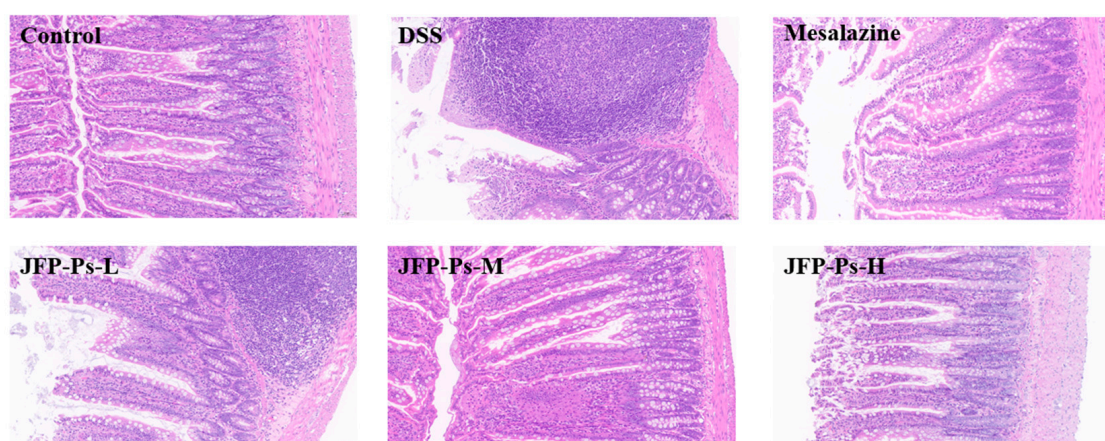
to enhance the integrity of the intestinal epithelial cell mainly through direct or indirect effects, affecting the intestinal immune and biological barriers [4]. Previous studies have shown that polysaccharides extracted from pacific abalone, alfalfa, astragalus, and ginseng maintained intestinal health by regulating the expression of inflammatory cytokines and activating the immune signaling pathway [10–12]. Zou et al. [13] found that seaweed-derived polysaccharides improved immune status and intestinal morphology, inhibited oxidative stress, and enhanced the expression of tight junction proteins. Feng et al. [14] discovered that polysaccharides from *yellow sweet potatoes* exerted anti-inflammatory activity by increasing the concentration of short-chain fatty acids (SCFAs) and upregulating the expression of GPR41 receptors.

A polysaccharide purified from the *Artocarpus heterophyllus* Lam. pulp (JFP-Ps) was composed of varied monosaccharides, including glucose, galactose, xylose, rhamnose, arabinose, and galacturonic acid [15]. The immunoregulatory and antitumor properties of JFP-Ps have been reported [16,17]. In our previous study, JFP-Ps was found to possess antioxidant activity, modulate lipid metabolism, and improve the structure of intestinal flora [15,18,19]. However, the protective effects of JFP-Ps on small intestinal injury induced by dextran sodium sulfate (DSS) in rats and its underlying mechanisms need to be further investigated.

## 2. Results

### 2.1. JFP-Ps Alleviated the Damage of Small Intestinal Mucosa

As depicted in Figure 1, the small intestines of rats from the control group showed normal histology, characterized by an unbroken epithelium, properly structured villi and crypts, minimal infiltration of leukocytes, and regular cup cells. In contrast, the DSS-treated rats showed significant histological abnormalities with epithelial erosion, damaged intestinal mucosa, intestinal villi atrophy, and loss of cupped cells. This indicated that DSS disrupted the surface structure of small intestinal tissue. However, JFP-Ps at different doses significantly ameliorated the abnormalities of small intestinal structures, with a relatively tighter arrangement of intestinal villi and higher mucosal layer thickness in the rats. The findings indicated that JFP-Ps effectively preserved the structural integrity of small intestinal mucosa.

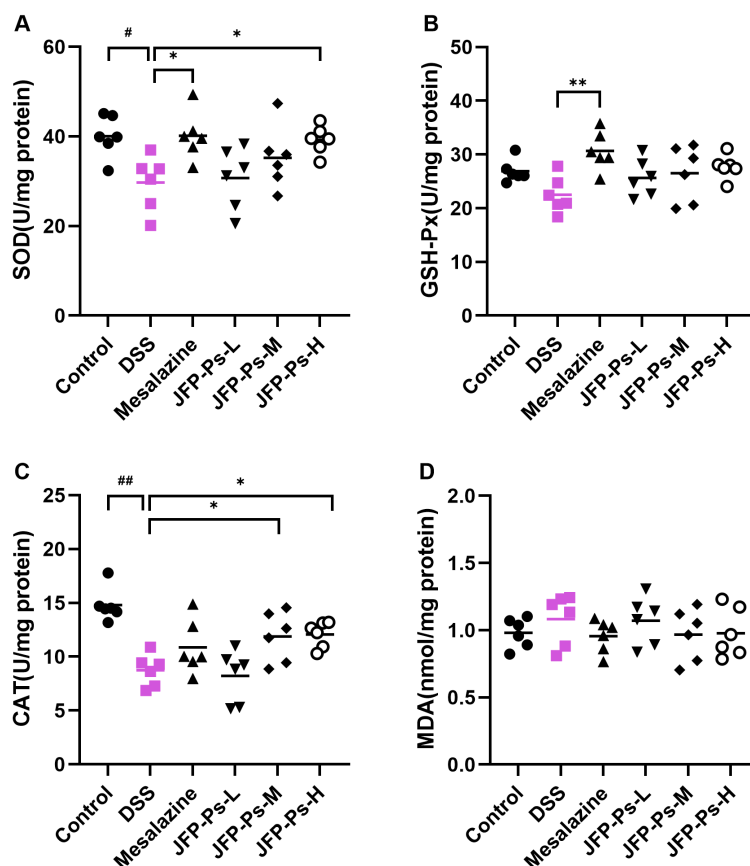


**Figure 1.** The micromorphology of small intestine (original magnification 200×).

### 2.2. JFP-Ps Enhanced the Antioxidant Activities

The protective influence of JFP-Ps against oxidative stress damage in the small intestine was evaluated. As shown in Figure 2, DSS decreased the activities of SOD, GSH-Px, and CAT compared with the control group. However, JFP-Ps and mesalazine increased the activities of antioxidant enzymes in the small intestine compared to the DSS treatment group. Notably, treatments with JFP-Ps-M and JFP-Ps-H increased the activities of SOD

and CAT significantly ( $p < 0.05$ ). JFP-Ps treatment also decreased the content of MDA in the small intestines of rats with DSS-induced enteritis.



**Figure 2.** The protective effect of JFP-Ps against oxidative stress in the small intestines of DSS-induced enteritis rats. (A) SOD activity, (B) GSH-Px activity, (C) CAT activity, and (D) MDA level. #  $p < 0.05$ , ##  $p < 0.01$  vs. Control group. \*  $p < 0.05$ , \*\*  $p < 0.01$  vs. DSS group.

### 2.3. JFP-Ps Improved Inflammatory Cytokine Homeostasis in the Intestine

As shown in Table 1, the levels of pro-inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IFN- $\gamma$ ) were significantly increased in the small intestines of the DSS-treated rats ( $p < 0.05$ ). However, JFP-Ps and mesalazine inhibited the DSS-induced increase in TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IFN- $\gamma$  contents. Compared to the control group, the level of anti-inflammatory cytokine IL-10 was diminished in the small intestines of the DSS-treated rats, whereas JFP-Ps and mesalazine significantly increased the concentration of IL-10 ( $p < 0.05$ ). These results suggested that JFP-Ps mitigated intestinal inflammation in the DSS-induced rats by modulating the secretion of pro- and anti-inflammatory cytokines.

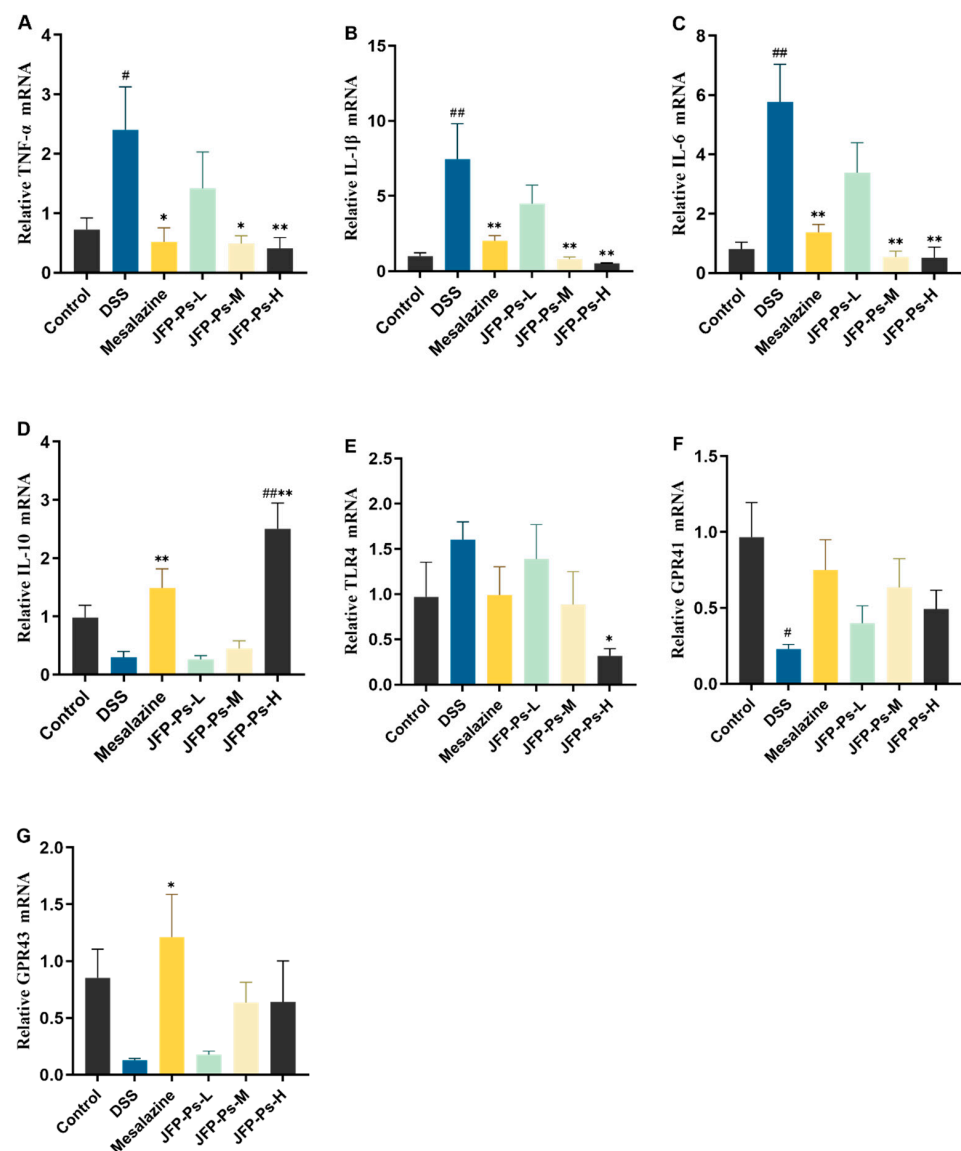
**Table 1.** Effect of JFP-Ps on the levels of inflammatory cytokines in the small intestine.

Group	TNF- $\alpha$ (pg/mL)	IL-1 $\beta$ (pg/mL)	IL-6 (pg/mL)	IL-10 (pg/mL)	IFN- $\gamma$ (pg/mL)
Control	281.22 $\pm$ 12.33	99.95 $\pm$ 7.09	106.86 $\pm$ 7.54	50.27 $\pm$ 1.11	1364.65 $\pm$ 46.68
DSS	325.74 $\pm$ 10.71 #	120.88 $\pm$ 5.01 #	132.06 $\pm$ 3.11 #	46.75 $\pm$ 1.47	1605.46 $\pm$ 46.63 #
Mesalazine	306.69 $\pm$ 7.84	116.94 $\pm$ 2.41 #	119.99 $\pm$ 5.36	54.18 $\pm$ 1.81 *	1478.45 $\pm$ 58.66
JFP-Ps-L	319.32 $\pm$ 10.15 #	120.44 $\pm$ 3.80 #	130.57 $\pm$ 3.99 #	52.97 $\pm$ 2.05 *	1579.04 $\pm$ 46.11 #
JFP-Ps-M	308.73 $\pm$ 2.76	117.31 $\pm$ 2.97 #	121.06 $\pm$ 2.83	54.12 $\pm$ 2.04 *	1569.89 $\pm$ 26.93 #
JFP-Ps-H	306.99 $\pm$ 10.67	111.03 $\pm$ 1.84 #	118.63 $\pm$ 2.82	54.36 $\pm$ 0.51 *	1446.95 $\pm$ 55.45 *

#  $p < 0.05$  vs. Control group; \*  $p < 0.05$  vs. DSS group.

#### 2.4. JFP-Ps Decreased the Expression of the Genes Associated with Inflammation

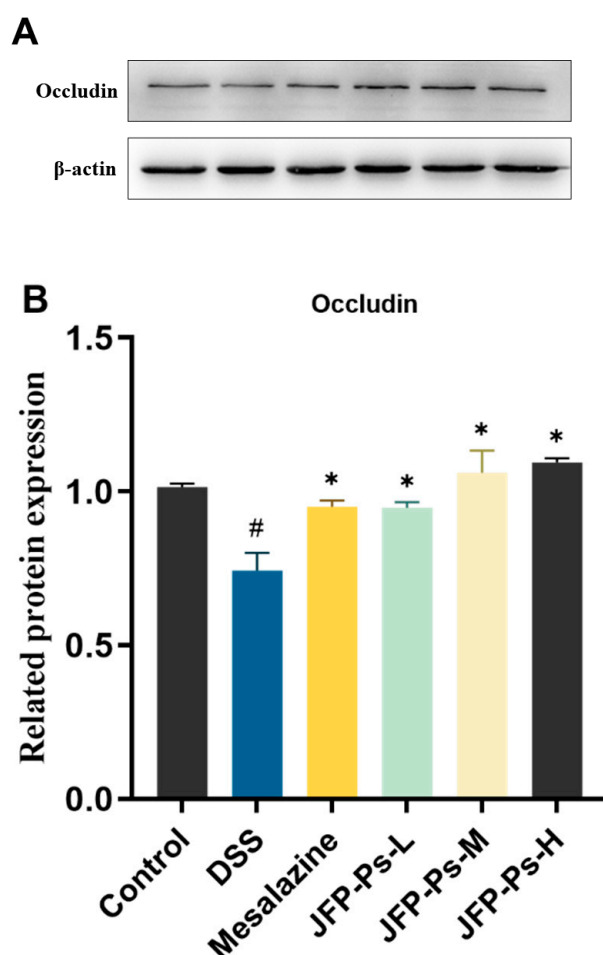
RT-qPCR results (Figure 3) showed that DSS induced a significant increase in the mRNA expression of the pro-inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$ , and IL-6) ( $p < 0.05$ ). However, the mRNA expression of pro-inflammatory cytokines was significantly attenuated by JFP-Ps and mesalazine compared with the DSS group ( $p < 0.05$ ). The IL-10 mRNA expression was enhanced in the mesalazine and JFP-Ps-H groups. The TLR4 mRNA expression was elevated in the small intestines of the DSS-induced rats, but suppressed by mesalazine and JFP-Ps. The mRNA expression levels of short-chain fatty acids (SCFAs) receptors GPR41 and GPR43 were diminished in the DSS-induced rats. However, mesalazine and JFP-Ps significantly increased the GPR41 and GPR43 mRNA expression ( $p < 0.05$ ). These results suggested that JFP-Ps could modulate intestinal inflammatory responses by regulating the expression of the genes related to inflammation in the intestine and promoting the expression of SCFAs receptors.



**Figure 3.** mRNA expression levels of (A) TNF- $\alpha$ , (B) IL-1 $\beta$ , (C) IL-6, (D) IL-10, (E) TLR4, (F) GPR41, and (G) GPR43 in the small intestine. #  $p < 0.05$ , ##  $p < 0.01$  vs. Control group. \*  $p < 0.05$ , \*\*  $p < 0.01$  vs. DSS group.

### 2.5. JFP-Ps Enhanced the Expression of the Tight Junction Protein in the Small Intestine

The impacts of JFP-Ps on the barrier function of the small intestine in the DSS-treated rats were investigated by examining the expression of the tight junction protein. Western blot analysis (Figure 4) showed a significant decrease in the protein expression level of occludin in the small intestines of the DSS-treated rats ( $p < 0.05$ ). JFP-Ps significantly increased the protein expression of occludin ( $p < 0.05$ ). These results indicated that JFP-Ps could enhance the mechanical barrier function of the small intestine by up-regulating the tight junction protein.

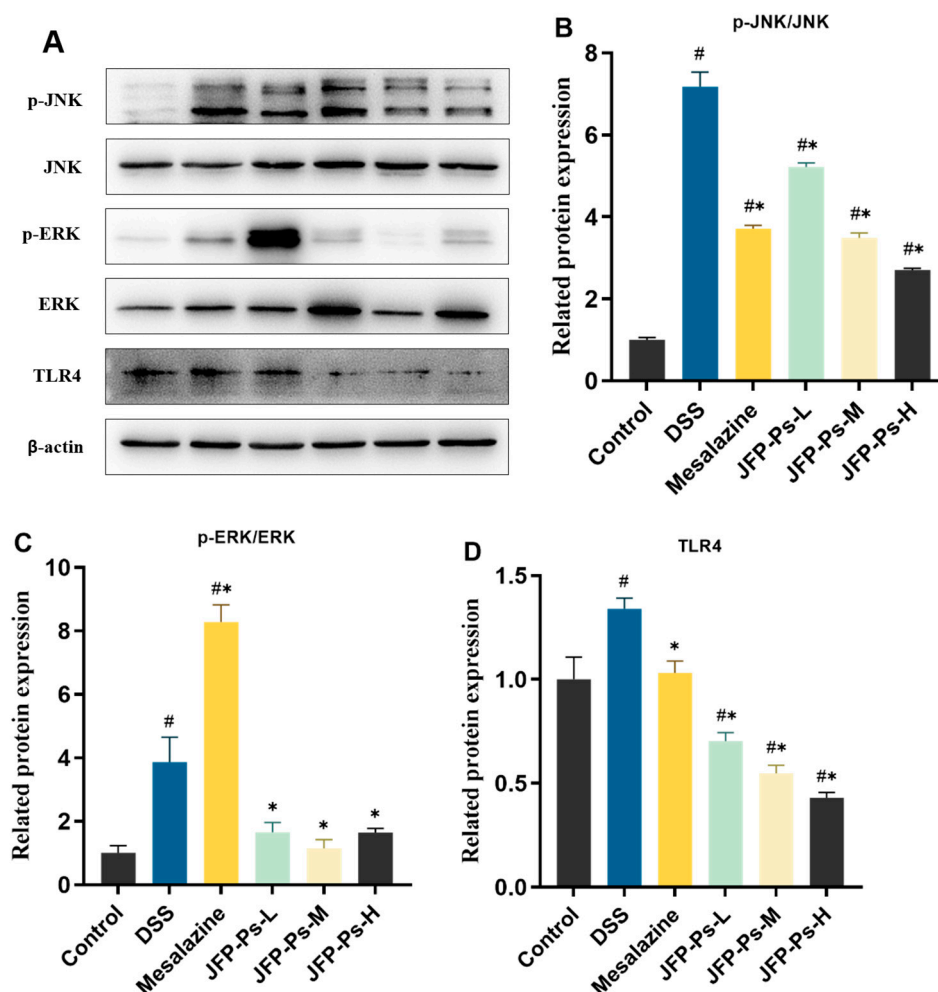


**Figure 4.** The expression of occludin in the small intestines. (A) Western blot analysis of occludin; (B) related protein expression of occludin. <sup>#</sup>  $p < 0.05$  vs. Control group. <sup>\*</sup>  $p < 0.05$  vs. DSS group.

### 2.6. JFP-Ps Modulated the TLR4/MAPK Signaling Pathway in the Rats' Small Intestines

The anti-inflammatory mechanism of JFP-Ps in the small intestinal mucosal barrier is shown in Figure 5. The phosphorylation levels of JNK and ERK, and the expression of TLR4 in the DSS-treated rats, were notably higher than those in normal rats ( $p < 0.05$ ). Compared to the DSS group, JFP-Ps substantially diminished the expression of TLR4 ( $p < 0.05$ ) and curtailed the hyperphosphorylation of JNK and ERK. These results suggest that JFP-Ps could exert anti-inflammatory activity by inhibiting the TLR4/MAPK signaling pathway and safeguarding the intestinal mucosal barrier.





**Figure 5.** Expression of the proteins related to inflammatory pathways in the small intestine. (A) Phosphorylation levels of ERK and JNK and expression levels of TLR4 were analyzed with Western blotting. (B) p-JNK/JNK, (C) p-ERK/ERK, and (D) TLR4 expression. <sup>#</sup>  $p < 0.05$  vs. Control group. <sup>\*</sup>  $p < 0.05$  vs. DSS group.

### 3. Discussion

Intestines are the largest organ for digestion and absorption in the body and possess crucial roles in human health. They are primarily composed of mucous membranes, which are involved in the digestion and assimilation of nutrients, and are the region with the most exposure to environmental factors [20]. As the body's largest immunological organ, the intestines are pivotal in sustaining homeostasis and regulating immune function. However, the gastrointestinal tract is frequently affected by diseases such as IBD or chronic infections caused by immune deficiencies [21]. It has been reported that phytochemicals in the diet may protect the body from diseases by regulating intestinal epithelial barrier function [2]. This research suggested that JFP-Ps may safeguard intestinal function and health by regulating the inflammatory response and bolstering the intestinal barrier function.

The height of the intestinal villi, unique to the small intestine, is correlated with the contact area between the small intestine and nutrients. The crypt, a tubular gland formed in the lamina propria, can partially reflect the renewal status of epithelial cells based on its depth [6]. The current study established a model of DSS-induced intestinal inflammation in rats. Notable histological abnormalities were observed in the inflamed small intestines of the rats, characterized by atrophy of the intestinal villi and loss of epithelial cells. JFP-Ps ameliorated the histological damage and increased the height of small intestinal villi,

suggesting that JFP-Ps may repair intestinal structural damage and alleviate the intestinal inflammatory response.

The intestinal mucosa serves as the body's primary defense against the invasion of bacterial toxins and other exogenous pathogens, primarily comprising intestinal epithelial cells and tight junction proteins [22,23]. Occludin, an essential tight junction protein, plays a crucial role in maintaining intestinal barrier function and is closely related to the body's antioxidant and anti-inflammatory capabilities [7,24]. Cui et al. [25] found that *Scutellaria baicalensis* Georgi polysaccharide improved the intestinal barrier by enhancing the expression of tight junction proteins, such as occludin. In this study, JFP-Ps notably augmented the expression of occludin, implying that JFP-Ps may mitigate intestinal mucosal damage and reinforce the mechanical barrier function of the small intestine.

Oxidative stress is closely associated with the inflammatory response, with episodes of intestinal inflammation potentially leading to an increased release of pro-inflammatory cytokines and chemokines. These can readily cause epithelial cell damage and result in the destruction of the intestinal mechanical barrier [26,27]. The antioxidant enzymes, SOD, GSH-Px, and CAT, are vital for the body to counteract oxidative stress damage and eliminate harmful oxidative metabolites produced by oxidative stress [28,29]. The level of MDA, a potent toxic product of lipid peroxidation, can serve as an indicator of cellular damage and excessive oxidative stress, reflecting the extent of tissue damage [30]. Lu et al. [31] reported that *Iljinskaja* polysaccharide and Chinese yam polysaccharide alleviated DSS-induced oxidative damage by regulating the activity of antioxidant enzymes. Our previous study found that JFP-Ps exhibited robust free radical scavenging ability [15]. In this study, JFP-Ps increased the activities of small intestinal SOD, GSH-Px, and CAT, and decreased MDA content. These results suggested that JFP-Ps may mitigate intestinal damage by enhancing antioxidant enzyme activity and modulating oxidative stress.

GPR41 and GPR43 are SCFAs receptors, which can influence the body's metabolic and immune responses through various mechanisms, including regulating inflammatory responses and peptide hormone secretion [32,33]. SCFAs can bolster the intestinal barrier and inhibit pathogen invasion by activating the GPR41 and GPR43 receptors [34]. Lin et al. [35] reported that *Tetrastigma hemsleyanum* polysaccharides modulated immune signaling via activation of the SCFAs-GPR41/43 pathway, thereby preserving intestinal immune homeostasis. In the present study, JFP-Ps up-regulated the expression of GPR41 and GPR43 compared to the DSS-induced rats. These observations indicate that JFP-Ps may mitigate inflammation in the small intestine and augment the intestinal barrier function in rats through the SCFAs-GPR41/GPR43 pathway.

The immune system maintains homeostasis by regulating the secretion of inflammatory cytokines [36,37]. Overexpression of pro-inflammatory cytokines may cause inflammation in the intestinal mucosa [38]. TNF- $\alpha$  is a primary instigator of inflammatory injury, which stimulates the expression of IL-1 $\beta$  and IL-6, and further exacerbates the inflammatory response [28,39]. In addition, IFN- $\gamma$  and anti-inflammatory cytokine IL-10 also play important roles in maintaining intestinal homeostasis. Guo et al. [40] reported that hawthorn polysaccharide mitigated intestinal inflammation by inhibiting the secretion of inflammatory cytokines, such as IL-1 $\beta$ , IL-6, and TNF- $\alpha$ . *Dictyophora indusiata* polysaccharide alleviated inflammatory injury by inhibiting the secretion of pro-inflammatory cytokines, such as TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IFN- $\gamma$ , and by increasing the level of the anti-inflammatory factor IL-10 [41]. In this study, JFP-Ps reduced the expression of pro-inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IFN- $\gamma$ ) and increased IL-10 secretion. This observation implies that JFP-Ps may effectively mitigate the DSS-induced inflammatory response in the small intestine.

NF- $\kappa$ B and MAPK are two important signaling factors that regulate the inflammatory response. Activation of the NF- $\kappa$ B pathway can incite cytokine storms [42,43]. MAPKs are one of the most important pathways of the NF- $\kappa$ B signaling pathway [44,45]. This pathway is mainly activated by phosphorylated JNK and ERK. Moreover, polysaccharides have been reported to modulate the MAPK signaling pathway through TLR4, subsequently inducing

cytokine expression [46]. Consistent with the results of previous studies on other natural plant polysaccharides [47], JFP-Ps significantly inhibited TLR4 expression and the phosphorylation of JNK and ERK. The findings indicated that JFP-Ps may mitigate inflammatory responses and preserve small intestinal barrier integrity through the modulation of the TLR4/MAPK signaling pathway.

#### 4. Materials and Methods

##### 4.1. Preparation of JFP-Ps

Jackfruits were obtained from the Xinglong Tropical Botanical Garden, Wanning, Hainan, China. JFP-Ps were extracted according to our previously reported method [15]. Jackfruits were collected at full maturity (14–16 weeks after flowering) and processed by dicing their flesh, followed by homogenization in a grinder. Subsequently, the homogenate was treated with 80% ethanol for a 24-hour period to remove non-target components. The dried material was dissolved in ultrapure water (material to liquid ratio, 1:30 mL/g) and subjected to extraction at 90 °C for 2.5 h in a water bath. The resultant aqueous extract was concentrated using a rotary evaporator at 55 °C under reduced pressure and subsequently filtered. Ethanol was added to precipitate the mixture at 4 °C overnight. The precipitate was redissolved in ultrapure water, and proteins were removed employing the Sevag method. Following a 72-hour dialysis, the solution underwent chromatographic separation and purification using a Sephacryl™ S-400 HR column (Sigma Chemical Co., St. Louis, MO, USA).

##### 4.2. Materials and Reagents

Dextran sodium sulfate (DSS) was purchased from MP Biomedicals (Irvine, CA, USA). Assay kits for MDA, CAT, GSH-Px, and SOD were procured from Grace Biotechnology Co. (Suzhou, China). All of the primers were purchased from Sangon Biotech (Shanghai) Co., Ltd. (Shanghai, China). IL-1 $\beta$ , IL-6, TNF- $\alpha$ , IL-10, and IFN- $\gamma$  ELISA kits were purchased from Shanghai Enzyme-linked Biotechnology Co., Ltd. (Shanghai, China). Polyclonal antibodies and secondary antibodies for occludin, JNK, P-JNK, ERK, P-ERK, and TLR-4 were from Proteintech Group, Inc. (Wuhan, China).

##### 4.3. Experimental Animal Model

All the animal experiments were approved by the Animal Care and Use Committee of Hainan University, China. Forty-eight healthy male SD rats (180  $\pm$  5 g) were purchased from Hunan SJA Laboratory Animal Co. (Changsha, China). They were maintained in individual cages under controlled temperatures (22–24 °C) and 12 h/12 h light/dark cycle conditions, with water and food provided ad libitum. After 1 week of adaptive feeding, the rats were randomly divided into 6 groups (8 rats per group): control group, DSS treatment group (DSS), mesalazine group, low, medium, and high dose JFP-Ps groups (JFP-Ps-L, JFP-Ps-M, and JFP-Ps-H). In the control group, rats were given distilled water, and rats in the DSS-induced group were given 3% DSS (*w/v*) solution periodically for 7 days. During the DSS treatment, the mesalazine group was given 10 mg/mL mesalazine solution by gavage daily, and the JFP-Ps-L (50 mg/kg JFP-Ps), JFP-Ps-M (100 mg/kg JFP-Ps), and JFP-Ps-H (200 mg/kg JFP-Ps) groups were orally treated with JFP-Ps daily.

##### 4.4. Histological Analysis

The small intestine samples were preserved in neutral formalin for 24 h. Subsequently, these tissues were embedded in paraffin and sectioned at a 4  $\mu$ m thickness. The sections were then mounted onto pre-treated slides and heated at 60 °C, then observed and analyzed using a light microscope after hematoxylin and eosin (H&E) staining.

##### 4.5. Cytokine Analysis

A volume of 1.0 mL pre-cooled phosphate buffer solution (PBS) (*w/v*, 1/10) was added to the small intestinal tissue (100 mg) and then homogenized using a homogenizer.



The supernatant was collected following centrifugation at  $12,000\times g$ ,  $4^{\circ}\text{C}$  for 20 min. All cytokine concentrations were quantified using ELISA kits (Shanghai Enzyme-linked Biotechnology Co., Ltd., Shanghai, China), adhering strictly to the instructions.

#### 4.6. Antioxidant Activity Assays

A hundred milligrams of ileal tissue were mixed with 1 mL of the extract ( $w/v$ , 1:10), followed by a homogenization procedure using a homogenizer. After centrifugation at  $12,000\times g$ ,  $4^{\circ}\text{C}$  for 15 min, the supernatant was segregated. All antioxidant enzyme activities and MDA content were quantified by employing assay kits in strict adherence to the manufacturer's instructions.

#### 4.7. mRNA Quantification

The TriQuick reagent (Beyotime, Beijing, China) was used to extract total RNA from small intestinal tissue. The absorbance ratio at 260 and 280 nm was measured to quantify the purity and concentration of the retrieved RNA, employing a Thermo Scientific<sup>TM</sup> NanoDrop<sup>TM</sup> 2000C spectrophotometer (Waltham, MA, USA). The BeyoRTTM III First-Strand cDNA Synthesis Kit (Beyotime, Shanghai, China) was used to perform reverse transcription on the obtained RNA. The relative gene expression was subsequently measured with the CFX Connect real-qPCR system (BioRad, Hercules, CA, USA) and the SuperReal Preix Plus kit (SYBR Green) (Tiangen, Beijing, China).  $\beta$ -actin was used as a housekeeping gene and the data are expressed as relative values determined using the comparative threshold cycle ( $C_q$ ) method ( $2^{-\Delta\Delta C_q}$ ). All primers utilized in this research are detailed in Table 2.

**Table 2.** The primer sequences for amplification in RT-qPCR.

Primer	Forward 5'-3'	Reverse 5'-3'
$\beta$ -actin	TGTCACCAACTGGGACGATA	GGGGTGTGAAGGTCTCAAA
TLR-4	GGTTGGCACTCTCACTTCCTCTTG	GTAAATGGTGGCAGGGCAGAGTC
IL-1 $\beta$	AATCTCACAGCAGCATCTCGACAAG	TCCACGGCAAGACATAGGTAGC
IL-10	GGCAGTGGAGCAGGTGAAGAATG	TGTCACGTAGGCTTCTATGCAGTTG
IL-6	ACTTCCAGCCAGTTGCCTTCTTG	TGGTCTGTTGTGGGTGGTATCCTC
TNF- $\alpha$	AAAGGACACCATGAGCACGGAAAG	CGCCACGAGCAGGAATGAGAAG
GPR41	TCTGCTCCTCTTCCTGCCATTCC	CGTTCTATGCTCACCCTCATCAGG
GPR43	TGCACCATCGTCATCATCGTTTCCAG	ACCAGGCACAGCTCCAGTCG

#### 4.8. Protein Quantification and Western Blotting

Total proteins were extracted from the small intestine according to Kanwal et al. [48], with slight modification. Briefly, 0.1 g of small intestine sample was mixed with RIPA lysate, protease inhibitors, and phosphatase inhibitors (Beyotime, Shanghai, China), and then homogenized and centrifuged ( $10,000\times g$ ,  $4^{\circ}\text{C}$ , 15 min). The protein concentration in the supernatant was quantified using a BCA protein assay kit (Solarbio, Beijing, China). The protein sample (35  $\mu\text{g}$ ) was resuspended in a sample loading buffer (with DTT) and boiled for 8 min, then separated by sodium dodecyl sulphate–polyacrylamide gel electrophoresis (SDS-PAGE). Proteins in the gels were electrophoretically transferred to polyvinylidene difluoride (PVDF) membranes using a transfer buffer containing ethanol at 120 V (constant voltage). The membrane was then treated with a western blocking buffer containing 5% bovine serum albumin (BSA) at room temperature for 1 h, then washed three times with TBST for 5 min each. Subsequently, the membrane was incubated at  $4^{\circ}\text{C}$  with specific antibodies overnight. After washing with TBST, the membrane was incubated with HRP-conjugated Affinipure Goat Anti-Rabbit IgG (H+L) at room temperature for 2 h. Proteins were detected via chemiluminescence, employing a Tanon 5200 Multi-Chemiluminescence Imaging System. The luminescence intensity was normalized to  $\beta$ -actin.

#### 4.9. Statistical Analysis

Results are expressed as mean  $\pm$  standard deviation (SD). Data were statistically analyzed with one-way ANOVA, followed by *t*-test using GraphPad Prism 9 and SPSS 26.0 software.  $p < 0.05$  was considered statistically significant.

#### 5. Conclusions

The current study demonstrated the potential of JFP-Ps to mitigate and prevent inflammation in the small intestines of DSS-induced rats. JFP-Ps may reduce inflammatory damage in the small intestine by suppressing inflammatory responses, augmenting antioxidant capacity, and strengthening intestinal barrier function. Specifically, JFP-Ps may alleviate inflammatory injury in the small intestine and maintain cytokine homeostasis by inhibiting the activation of the TLR4/MAPK pathway. The intervention of JFP-Ps increased the activities of oxidative stress-related enzymes and reduced the content of MDA in the rats' small intestines. JFP-Ps elevated the expression of GPR41/GPR43 mRNA and bolstered the protein expression of occludin. The findings of our study offer a theoretical foundation for the development of JFP-Ps as a natural immune regulator for intestinal health.

**Author Contributions:** Y.L.: investigation, methodology, data curation, and writing—original draft; Y.C.: methodology and data curation; C.L.: supervision and writing—review and editing; G.W.: conceptualization, data curation, and writing—review and editing; Y.H.: writing—review and editing; L.T.: writing—review and editing; and K.Z.: conceptualization, writing—original draft, funding acquisition, and supervision. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** All animal care and procedures were approved and performed following the guidelines of the Institutional Animal Care and Use Committee of Hainan University, China (Permit # HNUAUCC-2021-00118).

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The data that support the findings of this study are available from the corresponding author upon reasonable request.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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