

Supplementary

Table S1. Demographic, anthropometric and clinical features of the Liver Biopsy cohort (LBC, $n = 1155$).

	LBC ($n = 1155$)
Sex, M/F	546/609
Age, years	48.1 ± 12.8
BMI, kg/m ²	35.2 ± 8.6
IFG/T2D (0/1)	878/277
Total cholesterol, mmol/L	5.1 ± 1.07
LDL cholesterol, mmol/L	3.1 ± 0.97
HDL cholesterol, mmol/L	1.3 ± 0.37
Triglycerides, mmol/L	$1.59 \{0.98-1.91\}$
ALT, IU/l	32 {20–55}
AST, IU/l	24 {18–36}
GGT, IU/l	38 {21–78}
Steatosis ≥ 2 , yes (%)	560 (48)
Lobular inflammation ≥ 1 , yes (%)	749 (64)
Ballooning ≥ 1 , yes (%)	333 (29)
Fibrosis ≥ 2 , yes (%)	255 (22)
PLT count $\times 10^3$	246 ± 71
FIB-4	1.22 ± 1.55
APRI	0.32 ± 0.42
Forns' index	4.46 ± 2.08
<i>PNPLA3</i> rs738409, p.I148M	
CC, yes (%)	484 (41.9)
CG, yes (%)	485 (42)
GG, yes (%)	186 (16.1)

Values are reported as mean \pm SD, number (%) or median {IQR}, as appropriate. BMI: body mass index; IFG: impaired fasting; T2D: type 2 diabetes mellitus.

Table S2. Association of the *PNPLA3* rs738409 C>G variant with hematological parameters and liver-related outcomes and in the UK Biobank cohort (UKBBC).

Phenotype	Estimate (β)	p-Value
K70: Alcoholic liver disease	0.0009	1.71×10^{-14}
K74: Fibrosis and cirrhosis of liver	0.0009	2.32×10^{-11}
K75: Other inflammatory liver diseases	0.0006	2.06×10^{-08}
K76: Other diseases of liver	0.002	2.51×10^{-22}
K70-K77: Diseases of liver	0.003	3.38×10^{-25}
I85 Oesophageal varices	0.0007	3.03×10^{-14}
Platelet count	-1.54	2.9×10^{-45}
Haemoglobin concentration	0.02	9.09×10^{-35}
Platelet crit	-0.001	3.62×10^{-29}
Haematocrit percentage	0.06	2.94×10^{-25}
Mean corpuscular haemoglobin	0.03	2.28×10^{-19}
Mean platelet (thrombocyte) volume	0.01	9.53×10^{-18}
Mean corpuscular volume	0.07	9.44×10^{-16}
Monocyte percentage	0.04	4.70×10^{-15}
Mean spheroid cell volume	0.07	1.15×10^{-10}
Red blood cell (erythrocyte) distribution width	-0.011	5.84×10^{-08}
Neutrophil count	-0.016	7.00×10^{-08}
White blood cell (leukocyte) count	-0.019	3.69×10^{-07}
Red blood cell (erythrocyte) count	0.003	1.97×10^{-06}
D65-D69 Coagulation defects, purpura and other haemorrhagic conditions	0.0005	0.018
D69 Purpura and other haemorrhagic conditions	0.0003	0.04

Biochemical parameters were assessed in the entire cohort (n = 500,000 subjects). HWE: 0.06; MAF: 0.22. Reference allele: G.

Table S3: Demographic, anthropometric and clinical features of 167 severely obese patients of whom RNAseq data were available.

	Transcriptomic cohort (<i>n</i> = 167)
Sex, M/F	28/139
Age, years	43±10
BMI, kg/m ²	41.3±7.4
IFG/T2D (0/1)	150/17
Total cholesterol, mmol/L	5.3±1.2
LDL cholesterol, mmol/L	3.3±0.9
HDL cholesterol, mmol/L	1.4±0.35
Triglycerides, mmol/L	1.45±0.7
ALT, IU/l	16 {20-30}
AST, IU/l	15 {18-24}
GGT, IU/l	15 {24-43}
Steatosis ≥ 2, yes (%)	82 (49)
Lobular inflammation ≥ 1, yes (%)	94 (56)
Ballooning ≥ 1, yes (%)	24 (14)
Fibrosis ≥ 2, yes (%)	13 (8)
PLT count	274 ± 67
FIB-4	0.74 ± 0.48
APRI	0.20 ± 0.28
Forns' index	3.22 ± 1.47
<i>PNPLA3</i> rs738409, p.I148M	
CC, yes (%)	78 (47)
CG, yes (%)	74 (44)
GG, yes (%)	15 (9)

Values are reported as mean ± SD, number (%) or median {IQR}, as appropriate. BMI: body mass index; IFG: impaired fasting; T2D: type 2 diabetes mellitus.

Table S4. Correlation analyses of gene expression of PNPLA3 and genes involved in PLT biosynthesis and clearance in $n = 167$ patients belonging to the Transcriptomic cohort.

mRNA	PNPLA3 expression	
	Estimate (β)	<i>p-Value</i>
DIAPH1	1.24	<0.0001
ETV6	0.09	<0.0001
IKZF5	0.16	<0.0001
MYH9	2.50	<0.0001
ORAI1	0.07	<0.0001
STIM1	0.40	<0.0001

Supplementary References

1. Dongiovanni, P., et al., *Transmembrane 6 superfamily member 2 gene variant disentangles nonalcoholic steatohepatitis from cardiovascular disease*. Hepatology, 2015. **61**(2): p. 506-14.
2. Meroni, M. and M. Longo, *The rs599839 A>G Variant Disentangles Cardiovascular Risk and Hepatocellular Carcinoma in NAFLD Patients*. 2021. **13**(8).
3. Meroni, M., et al., *Low Lipoprotein(a) Levels Predict Hepatic Fibrosis in Patients With Nonalcoholic Fatty Liver Disease*. 2022. **6**(3): p. 535-549.

Supplementary Figure Legends

Figure S1: Impact of the *PNPLA3* rs2294918 protective variant genotype on platelet count. Platelets distribution in 1155 MASLD patients, stratified according to the presence of the *PNPLA3* rs2294918 (p.E434K, G>A) variant ($n=549$ GG (48%); $n=417$ GA (36%) and $n=189$ AA (16%)). The estimates (β) were obtained from ordinal logistic regression analysis adjusted for gender, age, body mass index (BMI), type 2 diabetes (T2D) by using an additive (Model 1 [°]) or recessive model (Model 2 [†]) (A).

Figure S2: Impact of the *PNPLA3* genotype on non-invasive tests in predicting fibrosis stage. ROC curves describe the accuracy of the non-invasive scores, AST to Platelet Ratio Index (APRI) (A) and Forns' index (B) in discriminating the histological stage of fibrosis in 1155 MASLD patients stratified according to the presence of *PNPLA3* homozygosity ($n=969$ CC/CG and $n=186$ GG). Area under the curves (AUC) are reported in the graphs.

Figure S1

A

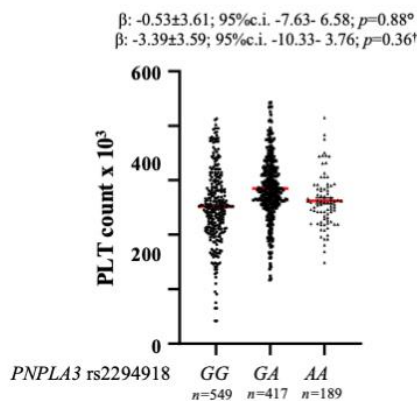


Figure S2

